NU10.01.08 Dysuria

Definition
- **Dysuria**: painful or difficult urination
- **Nocturia**: excessive urination at night
- **Haematuria**: discharge of blood in the urine

Potential causes
Spinal cord compression, UTI, acute infection, chemotherapy, invasive pelvic procedures – TURP, cystoscopy, prostatectomy, radiation, brachytherapy.

Symptom Assessment
- Onset, duration, current voiding pattern – frequency, urgency, hesitation?
- Time of last void and volume?
- Appearance of urine: colour, clarity, presence of blood, clots or debris?
- Usual voiding pattern? Any smell to urine?
- Presence of pain: location, description, duration?
- Recent procedures: catheters, surgery, radiation, chemotherapy (cyclophosphamide/ifosphamide)?
- Any other symptoms: fever, fatigue, dizziness, SOB, flank pain?
- Does sexual activity exacerbate the problem?
- How much fluid intake in last 24 hours? Insatiable thirst or diabetes?
- Any history of UTI's?
- Date of last blood test, has a urine sample has been taken?
- Have other symptoms of spinal cord compression been excluded i.e. limb numbness, weakness, back pain, faecal incontinence.

Measurement/Evaluation

<table>
<thead>
<tr>
<th>CTCAE Grading Guidelines</th>
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<tr>
<td>Acute pain Incontinence</td>
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<td>Unable to void &gt; 10 hours with normal fluid intake</td>
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<tr>
<td>VERY URGENT</td>
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<table>
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<tr>
<th><strong>Requires immediate medical attention</strong></th>
<th><strong>Consult on call team/medical attention within 6-12 hours</strong></th>
<th><strong>Follow up within 24 hours, consider community provider support</strong></th>
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