



Cultured afternoons and clinical leadership

A large part of this year's Senior Medical Officers (SMO) engagement afternoon, held last Thursday, was on the importance of getting the culture right in the organisation. Unsurprisingly, the way we do things influences our culture, and our culture influences the way we do things. As we continue to strive to bring to life the best possible health system here in Canterbury, there are steps we can all take to ensure that continuing success is supported by the right culture.

The SMO engagement afternoon, entitled "An Afternoon of Culture," provided an opportunity for many of Canterbury's senior doctors to be part of a discussion about the many aspects of behaviour that impact on, and either enable or prevent, the development of a great culture. The presentations highlighted both the good and bad aspects of culture, including how to prevent counterproductive behaviour and bullying.

Bullying can take many forms, most often in plain sight – like the top of the iceberg. Beneath the surface, less obvious but more substantial, is counterproductive behaviour such as disrespect, sighs, sarcasm, dismissal of ideas, passive/aggressive behaviour such as not engaging or responding, and general put downs.

These behaviours are like the dripping tap that rattles nerves and wears away stone – relentless and destructive. When we see these behaviours and ignore them we are accepting them as being ok – we confirm them in our culture. Taking positive action requires us to be a little braver: Just saying "we don't talk or behave like that here" will help turn off the dripping tap.

Speakers that afternoon included Jan Bone who presented the "EDGE" project in ED. This was a really inspiring and uplifting example of how ED have gone about building a great team, inclusive of everyone in that department. Andrew Connolly, the Chair of the Medical Council, talked about professionalism and medical culture, sharing his wealth of experience and providing a useful external perspective. Liz Berryman, a fifth year medical student, spoke about "A story from the shop floor" and Lloyd Woods, Industrial Officer, Association of Salaried Medical Specialists, presented on "Bullying in the Profession – prevention not cure".

» Article continues on page 2



From left, CEO David Meates, Clinical Director (CD) Medical Capability Development Mark Jeffery, CD Special Projects Mary Olliver, Leadership Lab Tim Pidsley, Leadership Lab Peter Cammock, Association of Salaried Medical Specialists Lloyd Woods, Medical Student Liz Berryman and Chair MCNZ Andrew Connolly. Inset to the right, Consultant Emergency Physician Jan Bone.

In this issue

- » Canterbury Grand Round...page 2
- » Facilities Fast Facts...page 3
- » Committed to ensuring sustainable support and services are available for Pasifika people...page 5
- » The Great RACE...page 5
- » Think, don't click...page 6
- » #hellomynameis name badges ...page 7
- » Standing up, sitting less and moving more is great for cognitive function...page 8
- » Successful upgrade to e-Colp messaging for Canterbury and West Coast Colposcopy Services...page 9
- » Christchurch nurses win award for neuroscience paper...page 10

» Article continued from page 1

A few weeks ago the New Zealand Medical Students' Association (NZMSA) issued a statement saying that medical students are vulnerable to bullying in our hospitals, given the power imbalance that can exist. However, recent changes are beginning to have a positive effect and NZMSA applaud the progress being made in the campaign against workplace bullying, such as the introduction of anti-bullying training by the Royal Australian College of Surgeons.

Mark Jeffery (Clinical Director, Medical Capability Development) provided an overview of his interviews with all 58 Clinical Directors / Chiefs and Chairs from across our DHB. This highlighted areas where we are doing really well, and some areas where we have some great opportunities to do much, much better.



John Thwaites provided insight into the very positive culture of medical education at Canterbury DHB, which was highlighted and commended in the recent Medical Council Accreditation report reflecting how well CDHB is performing in this area.

The afternoon also featured insights from Peter Cammock and Tim Pidsley (The Leadership Lab) that again facilitated a great conversation about culture.

Thanks to all involved for their valuable insights.

Once again a big thank you to the over 4,000 people who took part in our staff wellbeing survey. In October we'll be holding focus groups to further flesh out the survey's findings and sound out some possible new approaches. If you'd like to be part of the focus groups [please express your interest by doing this quick two-minute survey](#). We'd love to hear from you.

David Meates
CEO Canterbury District Health Board

Canterbury Grand Round

Friday 16 September 2016 – 12.15pm to 1.15pm
with lunch from 11.45am

Venue: Rolleston Lecture Theatre

Speaker one: Dr Jan Bone, Medical Specialist, ED
"The EDGE (ED Get Exercising) 100 day challenge"

We had two main aims, to get people doing some regular exercise and to develop team ED and improve team spirit and camaraderie. How did we do? It went nuts! In a good way. Come and listen and have some fun.

Speaker two: Dr Charlotte Chambers, Principal Analyst, ASMS

"Tired, worn-out and uncertain: burnout in the New Zealand public hospital senior medical workforce"

Burnout is a well-recognised concern for the medical profession, with consequences for the delivery and quality of patient care, rates of staff turnover and job satisfaction. Heavy workloads, long hours of work, shift work and frustrations with poor quality leadership

appear some of the common factors associated with burnout in this cohort of the medical workforce covering 20 district health boards. This is the first study of its kind in NZ.

Chair: Ruth Spearing

Video Conference set up in:

- » Burwood Meeting Rooms 2.3a and 2.3b
- » Wakanui Room, Ashburton
- » Administration Building, Hillmorton
- » The Princess Margaret Hospital
- » Pegasus, 160 Bealey Ave, Room 3

All staff and students welcome.

These talks will be uploaded to the [intranet](#) within approximately two weeks.

Next Grand Round is Friday 23 September 2016.

Convener: Dr R L Spearing

Email: ruth.spearing@cdhb.health.nz

Facilities Fast Facts

Fast Facts - Acute Services Building

The precast panels for the façade of the Acute Services building are starting to be put in place on the west tower. Installation of the curtain wall (the frames that hold the glass) is expected to begin next month.

A concrete pour is planned for Level 6 of the west tower, after which steel framing will go up to Level 9.

The concrete blockwork that will form the lower ground walls is now being started. Also on the lower ground floor, the last of the intumescent paint coating is being applied – intumescent paint is fireproof and does not blister. The paint is being rolled on, rather than sprayed, to keep any fumes and smell to a minimum.



Looking south to Christchurch Women's Hospital and the Hagley Outpatients building, the photo shows the steel framing for the Emergency Department on the ground floor of the new building and for the Intensive Care Unit on the first floor.

Outpatients

Piling started last week on the Outpatients/St Andrew's Triangle site. Contractor Texco has a 50 tonne crane on site and is using a new piling method designed to keep ground vibration in the area to a minimum.

The Outpatients building needs 43 large piles, each more than a metre wide and around 26 metres deep, that will be drilled at a rate of three a week. The piling is expected to take at least three months. The structural steel for the building will start to arrive on site in January 2017.

The container walkway along the site boundary at the top of Antigua Street is now open for pedestrian use. A reminder to cyclists: Please dismount and use the walkway if travelling north towards the hospital.

Hospital Corner update

Last week further site work was done at the HREF building site on the corner of Antigua and Tuam Streets, with the demolition of the old electricity station building on the site. HREF stands for "Health Education & Research Facility", a building that will be used by staff, researchers and students from the hospital, the Ara Institute (formerly CPIT), the University of Otago and the University of Canterbury.

Simultaneously, the blue car parking building demolition is almost complete, and part of the Archibalds garage complex opposite the Outpatients building has been removed ahead of a redevelopment project there. Hospital Corner will be a very busy location for many months to come.



Bouquets

Coronary Care Unit, Christchurch Hospital

A big thank you for all the people involved in my treatment. Can't thank you enough. Thanks again. God bless.

Cardiology Department, Christchurch Hospital

Nicki (Technician, Echo) was wonderful, friendly, respectful, kind, patient and a joy to have as a technician for my Echo test.

Radiology, Christchurch Hospital

I would like to say how much I have appreciated the wonderful service from the radiologists, doctors and registrars. On most occasions the service has been prompt and efficient. The coffee service is a bonus.

Emergency response team

Thank you to the emergency response team who helped us out on Saturday night, especially John, Blair and Rochelle. Also the nurses on Ward 20 for their back-up too. Much appreciated and a great outcome.

Emergency Department, Ward 16, surgeons and theatre staff, Christchurch Hospital

I cannot praise the staff nurses highly enough for the wonderful friendly care I received during my stay. Also my grateful thanks and appreciation to all concerned with my gall bladder operation. From arrival at the Emergency Department until my discharge, their care, compassion and friendliness was outstanding. Also my grateful thanks and appreciation to Mr Grant Coulter, Mr James McKay and their theatre staff.

Rheumatology Clinic, Christchurch Hospital

What an excellently run department!

Friendly receptionist on arrival. Prompt specialist. Rafi Raja was compassionate, thorough, and all round excellent. No waiting for blood test. Superb. AAA!!

Ward 27, Christchurch Hospital

I would like to say thank you to Nurse Eden for the great care of my mother while she was in Ward 27 and to the rest of the staff, from the nurses to the catering staff. It really was a great ward full of caring people. The family appreciate the hard work you all do.

Ward 27, Christchurch Hospital

On behalf of my family I would like to thank all the staff on Ward 27 for their kind, caring attitude whilst my brother had a stay there recently. The ward appeared extremely busy over the time we visited but the nurses still had time to smile and joke with us which made us feel cared for. They are a credit to their profession.

Ward 27, Christchurch Hospital

On my recent stay on Ward 27 I was cared for by the top of nurses who were always busy through their shifts. All the staff were lovely, from the cleaner and food person to the hospital aides. I would like to thank RN Mimi and Healthcare Assistants, Adair and Vicky. Thank you for everything.

Gastro Day Unit, Christchurch Hospital

I was a patient in the Gastro Day Unit on Thursday 1 September and I would just like to say that all staff I had contact with were extremely professional and informative. I would especially like to acknowledge the nurse who admitted me to the unit and the second nurse who was in the procedure room. I had a colonoscopy which is not a pleasant procedure but somehow the

staff involved made it somewhat less daunting...Cheers to all involved, you all do a great job in an area that is not pleasant at times for the patients.

Security, Christchurch Hospital

Much appreciated your services. Keep up the good work.

Bone Marrow Transplant Unit, Christchurch Hospital

I would like to compliment the quality and choice of patient meals provided. They have been excellent. When you have been on the ward your meal coming is one thing that you look forward to. So if it arrives and it is bad it can be soul-destroying. On the ward at BMTU the food has been one less thing to worry about so I can focus on my transplant. I also find having snacks on a regular basis is really good for nausea during chemo.

Day Surgery Unit

Thank you all for the excellent care... when I came in for surgery.

(Photo below of flowers given to unit).



Committed to ensuring sustainable support and services are available for Pasifika people

Just over a week ago, the Pacific Trust Canterbury Board released a public statement that they were going into liquidation after some 17 years of providing services to the Canterbury Pasifika community.

On behalf of Canterbury District Health Board, David Meates had this to say at the time:

“Having worked with Pacific Trust Canterbury for a number of years, Canterbury District Health Board would like to acknowledge the contribution the organisation and its staff have made to the health of our Pasifika community.

“Together with PTC’s other funders, we collectively agreed we are unable to support a recovery plan for the Trust which would have involved providing additional funding to keep them viable. We will however, support them and their staff. They employ skilled and valued people we would like to keep in our health system. Our thoughts at this time are with anyone affected and we will extend our EAP (Employee Assistance Programme) services to staff of the Trust.

“The Canterbury Health System remains committed to the best possible health outcomes for the Pasifika community and will continue to work with key agencies to ensure appropriate and sustainable support and services are available in Canterbury.”

The following information describes the interim arrangements that are in place:

- » Pasifika people are being asked to call Homecare Medical for urgent medical advice.
- » People who need to be seen by a doctor can attend the 24 Hour Surgery for urgent care where they will be charged the usual Pacific Health Clinic fee, during usual clinic hours.
- » Pasifika people are being directed to the Pegasus Health website www.pegasus.health.nz “Locate a GP tool” to find a new practice to enrol with. The first consultation at their new practice will be free of charge. People who do not have access to the internet may need support in using this tool from Canterbury Health System staff.

We will share further information on future changes to health services for Canterbury Pasifika people as and when we can.

The Great RACE

On 1 and 2 September, the Canterbury Eye Service hosted the Royal Australia and New Zealand College of Ophthalmologists Advanced Clinical Exams.

The organising team of Ophthalmologists Sean Every and Rebecca Stack, Registrar Liz Conner and Orthoptist Lora Parsons worked hard over many months to make this event an outstanding success.

In all, 18 candidates from across Australasia were grilled by 12 college appointed Consultant examiners. Thankfully everyone flew in the night before as Christchurch Airport was closed due to fog the first morning.

There were also three RANZCO support staff and one ‘lay’ observer in attendance. Department staff acted as exam assistants, known strangely as ‘bulldogs’, ensuring the correct movement of the candidates, cases and examiners and enforcing the no speaking rule. The administration team managed to keep working as usual – albeit in very hushed tones.

A special thank you must go to the 18 patients who sat patiently to be examined 18 times by 18 different registrars. These patients were very happy to help in this way as they felt they were giving something back to a service that is so vital to them retaining their sight.

We are the smallest centre by far that will ever run the OSCE (Objective Structured Clinical Exam) - the other centres are Sydney, Melbourne, Brisbane, Adelaide and Auckland. However the College was so impressed at the organisation and patient selection that they have requested we host it again in 2019.



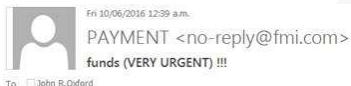
Above: Lora Parsons and Sean Every.

Think, don't click – more security threats and how to avoid the traps



Last week we talked about ransomware, what it does, and provided one or two tips to avoid making that potentially fateful click. And before we go further, yes we do have a very good firewall and anti-malware software, but they won't catch everything.

You were also promised some examples of how people all-too-easily get tricked, leaving out those now well-known emails from Nigerian princesses who just want your help in return for a huge reward. Here's a similar one received recently, a little more intriguing, but still not exactly subtle. Note the suspect English, and it seems unlikely a Colonel would refer to himself as a 'working brother'.



From: Col. John R. Oxford, Jr.

Hello, this is John R. Oxford, Jr. of the U.S. Army Aviation and Missile Research, Development, and Engineering Center (AMRDEC) base in Afghanistan.

It will interest you to know that I have named you my beneficiary to receive (\$20Million USD) containing in two trunks (boxes) which has just arrived the JFK Airport New York, United States.

My desire and purpose is to have the U.S Military Air & Surface Transportation Company in New York to deliver the funds to you (or) to any overseas address under your supervision as long as I'm assured that it will be safe in your care until I return home.

Please reply with your full contact information and address; the deal is 60/40 split (60% for me and 40% for you); I am not a greedy person and I hope you will not double cross a working brother who have sacrificed his life in the service of the nation.

May God bless you as you extend your helping hand to the needy!

God bless America...

Col. John R. Oxford, Jr. Deputy Director,
(AMRDEC)

Never respond to these, just delete them. Responding, even negatively, gives away the fact they have reached a genuine email and that you are at least willing to engage.

The cleverer ones play on your fear of something having gone wrong, or offer you something helpful or free. They're generally much less blatant than the above but ultimately even if they aren't malicious, they almost certainly want to sell you something you don't really need. This incidentally is the reason most of us can't download things directly to our computers, because of all the "up-selling" stuff that often comes with a download.

Typical "too good to be true" offers may for example:

- » offer to speed up your computer.
- » claim that a driver or other piece of software isn't working properly and that you need to download a fix.
- » say you have a UPS delivery waiting (and who doesn't love a parcel!). Just click to track your parcel, or to make arrangements for delivery. They often use the brand for a legitimate delivery company (UPS for example). There are tell-tales here – the company may not have a NZ base, and if you hover the address that pops up has nothing to do with the delivery company.
- » tell you that you have nine undelivered messages, click 'here' to receive them, or tell you some messages have been trapped as SPAM, but if you want to see them...
- » appear to be from an organisation you do actually do business with, such as a bank. These ones will ask you to update your details – DON'T. Banks never ask for that info online.



“#hellomynameis” name badges

Many of you will have noticed the “Hello My Name Is” name badges being worn around Canterbury DHB.

Staff in several areas are wearing “Hello/Kia Ora my name is” badges, including those in the Emergency Department (ED), Paediatrics, Neonatal, Haematology, Oncology and the Interpreter Service.

However, not everyone will know the story of the inspirational doctor behind this extraordinary global phenomenon which has resonated with so many healthcare professionals.

Kate Granger died on July 23, 2016 after a five year battle with metastatic cancer. She talked, blogged, wrote and tweeted relentlessly about her experiences of being on the “cold end of the stethoscope”.

She then launched the #hellomynameis campaign to try and lead a change in the way health professionals relate to patients.

ED Nurse Manager, Anne Esson, says when one of the CDHB champions of #hellomynameis, Mark Jeffery, presented about the campaign to ED, it “struck a chord”.

“He gave us some powerful examples about how effective the action of introducing yourself and your role is, in establishing the relationship with your patient.”

ED is the beginning of many patients’ journey and Mark’s presentation showed the effect that a single communication can have, Anne says.

“It sets the staff up to get it right from the beginning and that’s why we embraced it.”

She recalled Mark saying that patients assess the competency of their clinician within the first minute of meeting them.

“That was really powerful for me. The ED environment is very intense and high pressure at times and in that environment it is really important to remember the importance of simple communication.”

If you would like these badges they can be ordered through Oracle – just search for ‘badge’ and the options will pop up.



Above: ED staff wearing “hello my name is” badges. From left, Clerical Officer Robyn Pullan, Hospital Aide Juliette Smith, ED Nurse Manager Anne Esson, Nurse Yoko Hamada and Doctor Alasdair Joyce.

Standing up, sitting less and moving more is great for cognitive function

Sitting is the new smoking. The more you sit, the poorer your health.

There is a lot of evidence that physical activity is good for mental health, wellbeing, motivation and positivity. Not only are people who move more, more productive in the workplace, they are happier people who live longer. Sedentary lifestyles are associated with increased fatigue and risk of depression. So move more to lift your mood!

Tips to reduce sitting time at work:

- » Have standing or walking meetings.
- » Go for a walk at lunchtime or at least eat your lunch away from your desk.
- » Set a reminder to get up every 30 minutes or do some [computer and desk exercises](#).
- » Alternate working while seated and standing.
- » Stand or walk around while on the phone.
- » Turn a coffee or tea break into a walk break.
- » Walk to a co-worker's desk instead of emailing or calling.
- » Stand at the back of the room during presentations.
- » Park the car a little further away from your work so that you get more opportunity to walk.

If you are mobility impaired or a wheelchair user consult your health and physical advisor for what would best suit you to increase your physical activity.

What have you done in your workplace to create stand up sit less move more opportunities? What have been the barriers? Email your actions to meg.christie@cdhb.health.nz to be in for the draw to win a spot prize for your workplace!

Go [here](#) and [here](#) for more information on the perils of sitting and the advantages of standing and moving more. The World Health Organization also offers a fact sheet about [physical inactivity](#).

Sit less September...
STAND UP, SIT LESS, MOVE MORE

TELL US WHAT YOU
ARE DOING TO SIT LESS
AND BE IN TO WIN



Submit your Improvement Posters in the Canterbury Health System Quality Improvement & Innovation Awards

Enter a poster you have already prepared or use our template to showcase your quality improvement initiative.

Submit your poster by 30 September to amanda.bielski@cdhb.health.nz

Visit the [Quality Improvement and Innovation Awards](#) page for more information.



Successful upgrade to e-Colp messaging for Canterbury and West Coast Colposcopy Services

Canterbury and West Coast Colposcopy Services recently went live on e-COLP, with messages being sent to the National Cervical Screening Programme (NCSP) Register electronically.

The Colposcopy service is required to send information about visits, referrals and DNAs to the NCSP, to keep the Cervical Screening register up to date. Previously this involved manually entering data and sending 70-80 forms each week, which is time-consuming and has potential for errors to occur.

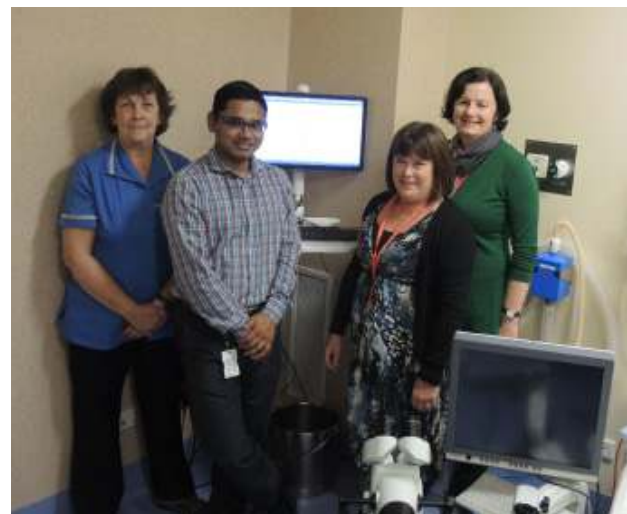
The NCSP Interface Service is a system for extracting Visits, Referrals and DNAs (i.e. Events) from the Gynaecology Plus database and converting them to secure HL7 messages and subsequently transporting them to the NCSP Register via the Health Network

Colposcopy staff including Charge Nurse Manager Nicki Forrest-McLernon, Lead Colposcopy Nurse Maureen Fletcher and Quality Coordinator Cathy Rewiri worked collaboratively with Roy Basu, Application Support Analyst ISG, firstly to upgrade to the most recent version of Gynaecology Plus and then to carry out extensive testing, with liaison between ISG and the NCSP Register.

This has been successful and has led to the initial round of e-COLP messages being sent to the NCSP Register without

any error. The Colposcopy team will now trigger the messages at the end of each day.

This new process provides a quicker and more accurate update to the NCSP register, ensuring women's information is up to date and they can receive the care they need.



Above: From left, Maureen Fletcher, Roy Basu, Nicki Forrest-McLernon and Cathy Rewiri.

JOIN CANTERBURY'S

DIGITAL



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DETOX

DISCONNECT TO RECONNECT

Register at allright.org.nz



all
right?

Christchurch nurses win award for neuroscience paper

Two nurses from Ward 28 at Christchurch Hospital have won a prestigious award at the Australasian Neuroscience Nurses Association (ANNA) Annual Scientific Meeting.

The conference was held in Sydney on September 1-2 in conjunction with the Neurosurgical Society of Australasia Annual Scientific Meeting.

Mandy Manning and Larissa Engel did a joint presentation entitled "Caring and Collobarating - A case study on a complex patient under multiple teams" and won the Tonnie Koenen Prize for the paper that makes the most significant comment on the practice of neuroscience nursing.

Mandy says she is "stoked".

"I never went to the conference with the aim of winning anything. I just wanted to speak about dealing with a difficult situation and what we could learn from it. I already felt successful just from doing that."

The case study looked at the importance of communication and collaboration in health care, using the example of a "very unwell" patient on Ward 28 who had required care from multiple medical teams and whose family spoke little English.

The case helped her and Larissa learn more about themselves as nurses and see areas that they could improve.

Larissa says they were very surprised to win the award, given the calibre of the presentations at the conference.

"We did the presentation to reflect on our care and the collaboration of teams and have definitely learnt a lot through looking back on the case. We received a lot of comments from very experienced nurses saying that we handled a difficult case with great maturity, which is nice to hear given we were quite critical on ourselves with nursing this patient."

Mandy and Larissa would like to say a special thank you to Neurosurgeon Claudio de Tommasi who was very supportive of them while they wrote the case study, took time out to help them interpret scans and supported them during the time of the patient's care.

"He's been great from start to finish, which has been really vital for us," Mandy says.

Charge Nurse Manager - Ward 28, Alison Watkins, says she is immensely proud of Mandy and Larissa's achievement which is extremely well deserved.

"In fact I am proud of all three nurses who attended conference and presented – Mandy Manning, Larissa Engel and Janine Kennedy.

"All three demonstrate a commitment and enthusiasm for the specialty of neurosciences and all took topics to conference that they had had first-hand experience in dealing with on the

ward and felt passionate about.

"I would also like to acknowledge the commitment of Trudy Keer-Keer who mentored these nurses and who is a strong advocate for nurses attending conference to present for both their professional development and to highlight what is occurring here in Christchurch. Well done all."

Clinical Nurse Specialist Trudy Keer-Keer, says the pair had worked so hard on the paper over and above their normal nursing duties on the ward.

"We are very proud of them".

Larissa won the "Best First Time Presenter" at the same conference last year.



Above: From left, Larissa Engel and Mandy Manning.

Dispelling myths about wheelchair users

Last Monday (September 5) was World Spinal Cord Injury (SCI) day and all across the world various organisations marked the event in different ways.

In Christchurch, The New Zealand Spinal Trust took the opportunity to give back to the community, to start spinal cord injury awareness young and to demonstrate independent meaningful living for people with an SCI.

The trust partnered with Northwood New World supermarket and Northcote School to provide a lunch for needy children.

"We lined up and made sandwiches for the kids, getting them up close to people who live life in wheelchairs", says New Zealand Spinal Trust CEO, Hans Wouters.

"At the same time we sought to dispel myths, break the ice, and show kids that folk in wheelchairs are just ordinary people.

'It's important for us to demonstrate that people living life in chairs are independent, confident and can have as much fun as everyone else.'

Burwood Spinal Unit nursing staff provided a short talk about the importance of looking after your spine for your whole life followed by some fun in the school yard in wheelchair rugby wheelchairs.

[View the CTV news item and Stuff.co.nz article.](#)



Above: Pupils of Northcote School have a go at driving wheelchair rugby wheelchairs.



Above: Northcote School pupils line up for lunch made by New Zealand Spinal Trust members.



eCALD®

Supporting the health workforce
to develop CALD Cultural Competence

eCALD® 12th News Edition

Exciting news! eCALD® Services is rolling out free CALD courses to non-governmental organisations outside Auckland and presents two brand new CALD resources. Additionally this edition contains Asian families' views about birthing units and two new publications. You may be interested to know there are 143 ethnic group profiles recorded in the 2013 Census Ethnic Profiles.

[View online](#)

One minute with... Aidan Hegarty, Transfer of Care RN, Christchurch Hospital

What does your job involve?

Facilitating timely pathways through the hospital system for those patients who face atypical challenges to discharge from hospital and beyond.

Why did you choose to work in this field?

Being able to make a tangible difference to the benefit of patients and colleagues alike.

What do you like about it?

The requirement to 'think out of the box'. In my role there is no such thing as 'normal'!

What are the challenging bits?

When I see a patient making a bad choice for themselves. The temptation is to try to intervene, and the challenge is recognising when one is in danger of crossing the line from advising to inappropriately interfering with the patient's right of choice.

Who inspires you at work and why?

My team leader Jane Evans. She has a fantastic ability to pluck information out of nowhere.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

It means striking a balance. A balance between establishing what is the best pathway towards the optimal outcome for the patient and/or their family while being aware of their cultural/social needs.

The last book I enjoyed was...

Rama Revealed, by Arthur C Clarke.

If I could be anywhere in the world right now it would be...

Alona Beach, Panglao Island, Bohol, Philippines.

My ultimate Sunday would involve...

Still celebrating a win for the Christchurch Hospital Cricket Team the previous day. If anyone would like to join the team please get in touch with me. We are looking for enthusiastic players to join. The team has been a part of the hospital scene

for some 30-plus years. Matches are usually played on a Saturday afternoon. Anyone interested in joining us please contact me on ext 89770 or (preferred) by email: aidan.hegarty@cdhb.health.nz for further details.

One food I really like is...

Lamb Rogan Josh.

My favourite music is...

Queen - music hasn't been the same since Freddie Mercury left us. I have a very broad taste in music. I am prone to the odd effort on karaoke as well, where I'm told I'm not too bad.



Above: Aidan Hegarty

If you would like to take part in this column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.

Two places have become available for Enhancing Leadership 10 – 14 October

This Otago University 5-day residential course enables you to be more effective in your leadership. You'll examine your leadership style and explore your strengths and development opportunities. Working with others across the health system creates opportunities for collective leadership as well as sharing of challenges.

More information: [Enhancing Leadership](#)

Registrations close Friday 16 September.

Email learninganddevelopment@cdhb.health.nz to register.



In brief

Ara Graduate Nursing Study

Study in 2017

Applications for study starting in Semester one, 2017 have now opened. Please apply using this online application form.

[Ara Online application form - funding round two](#)

Closing date for applications is Friday 21 October 2016.

[Timetable for Ara Graduate Nursing Study in 2017](#)

Applications for semester two in 2017 will open in March 2017.

Process:

After the application deadline applications are forwarded to CNMs to confirm support.

Confirmed applications are forwarded to the relevant Director of Nursing for final approval.



WEBSTER CENTRE FOR INFECTIOUS DISEASES

A UNIVERSITY OF OTAGO RESEARCH CENTRE

PUBLIC LECTURE

What New Zealanders need to know about bird flu: from the mutton bird to a cure for influenza

Professor Robert G. Webster FRS
Bird Flu pioneer

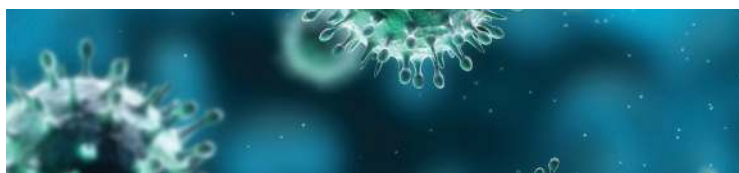
Robert Webster is a world-renowned virologist and leading influenza expert. His team identified the avian strain of influenza known as H5N1, the causative agent of avian influenza or "bird flu" that emerged in Hong Kong in 1997. The main focus of his research is the reservoir of influenza viruses in wild birds, their role in the evolution of new human pandemic strains and the development of a universal vaccine.

Born in Balclutha, Professor Webster studied microbiology at the University of Otago leading to a job with the New Zealand Department of Agriculture as a virologist. After receiving his PhD he moved to the USA where he established one of the world's leading centres of influenza research at St Jude Children's Research Hospital in Memphis. He is a member of the US National Academy of Sciences, a Fellow of the Royal Society (London) and Fellow of the Royal Society of New Zealand.

Tuesday 27 September | 6.30pm
Rollestone Lecture Theatre | University of Otago,
Christchurch | Ground Floor, 2 Riccarton Avenue



Professor Webster's visit to New Zealand is sponsored by The Webster Centre for Infectious Diseases at the University of Otago.



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Applications for HWNZ funding – Postgraduate Nursing Study in 2017

Applications for funding for postgraduate nursing study in 2017 are now open. Please apply using the [online application form: Health Workforce New Zealand \(HWNZ\) Funding - Postgraduate Nursing Education](#)

If you can't access through this link, please copy the following link and paste into your browser:

https://docs.google.com/forms/d/e/1FAIpQLSfXGtCh1U_1q_LC7JzDYxm2W5GczQGzFlwPhZUTn2ESldNrA/viewform

Further information regarding funding and eligibility is available on the [Postgraduate Nursing Education website](#).

Closing date for applications is Friday 21 October 2016.

Process: After the application deadline applications are forwarded to CNMs to confirm support.

Confirmed applications are forwarded to the relevant Director of Nursing for final approval.

Any queries should be directed to Jenny Gardner, Nurse Coordinator, PG Nursing Education on 68679 or email [Jenny Gardner](#) or to Margaret Bidois, Administrator, PG Nursing Education on 68680 or email [Margaret Bidois](#).

In brief

Christchurch



Health Research Open Day

Explore the laboratories and Simulation Centre

Meet our talented researchers and hear about
the latest health research advances

Find out about postgraduate health research
and study opportunities

Sunday 18 September | 1.00pm – 5.00pm
University of Otago, Christchurch building
2 Riccarton Ave | Christchurch Hospital Campus

otago.ac.nz/christchurch

