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9(2)(a)



RE Official Information Act request CDHB 10779

I refer to your email dated 10 December 2021 requesting the following information under the Official Information Act from Canterbury DHB regarding gender affirming healthcare. Specifically:

1. Please advise (Y/N) whether the following gender-affirming healthcare treatments are provided by your DHB for transgender patients:

Treatment	Yes	No	Notes
Voice therapy / vocal training	yes		
Permanent facial hair removal by electrolysis, IPL, or laser treatment		no	
Chest binding prosthetics (binders).		no	
Chest reconstruction (double mastectomy & contouring for transgender men).	yes		
Breast augmentation for transgender women	yes		
Fertility preservation for sperm	yes		
Fertility reservation for eggs	yes		
GnRH Puberty suppressants (puberty blockade)	yes		
Readiness assessment for hormone therapy	yes		
Hormone therapy (estrogen, progesterone, and testosterone treatment)	yes		
Hysterectomy and oophorectomy	yes		

Orchidectomy / orchiectomy	yes		
DHB public pathway to care			Guidelines for clinicians are available on Community HealthPathways, a secure password-protected website. Information for the public is available on HealthInfo > <u>Gender Identity</u>.

- 2. Are gender-affirming healthcare services under your DHB based on the Guidelines for Gender Affirming Healthcare for Gender Diverse and Transgender Children, Young People and Adults in Aotearoa New Zealand (2018)? If not, which guidelines are they based on, if any?**

Yes. We refer you to the CDHB website to view a previous published OIA response, CDHB 10427.
<https://www.cdhb.health.nz/about-us/document-library/cdhub-10427-lgbtqia-funding-provided/>

- 3. Are there transgender training programmes routinely provided or promoted through your DHB? If so, which training programmes or materials are used, and which organisations provide these? If not, do you have mechanisms for providing or promoting such training, and is there a date by which you plan to provide these?**

Education is planned for general practice in March 2022 on transgender health care.

I trust that this satisfies your interest in this matter.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website after your receipt of this response.

Yours sincerely



Tracey Maisey
Executive Director
Planning, Funding & Decision Support