

CORPORATE OFFICE

Level 1
32 Oxford Terrace
Christchurch Central
CHRISTCHURCH 8011

Telephone: 0064 3 364 4160

Fax: 0064 3 364 4165

Ralph.Jasalle@cdhb.health.nz

16 December 2020

9(2)(a)

RE Official information request CDHB 10487

I refer to your email dated 18 November requesting the following information under the Official Information Act from Canterbury DHB. Specifically

For Maori and, separately, non-Maori, referred to mental health and addiction services at the DHB between 1 July 2019 and 30 June 2020:

1. Referral numbers for each service, e.g., child/adolescence/adult/older adult.

Table one: Referrals Mental Health and Addiction Services 2019/2020

Referral Numbers			
	Maori	non-Maori	Grand Total
Adult	4214	17483	21697
Child and Adolescent	937	3187	4124
Older Persons Mental Health Community	294	6484	6778

Note: The data for Older Persons Mental Health is 12 months from 1.11.2019 -31.10.20 but is representative of a 12-month period.

Please also note: The above table has the total referrals which includes multiple referrals for the same individual. This is referral data only. Not everyone referred is accepted into treatment

2. **What psychiatric diagnoses did these people present with? Please provide numbers of people per diagnosis, e.g., deferred diagnosis – 100; schizophrenia – 100.**

We do not hold this information in an easily retrievable electronic system. Diagnoses cover the spectrum of presentations seen within Specialist and Older Persons Mental Health Service which include mood and anxiety disorders, psychotic disorders, substance dependence, eating disorders

and personality disorders. We are therefore declining a response to the specific detail of this question pursuant to section 18(g) of the Official Information Act i.e. “...we do not hold this information” and section 18(f) of the Act i.e. “...to provide this information would require substantial research and collation”.

3. How many of those in point 1 and 2 were engaged with a psychologist for psychological assessment/treatment or both?

Please refer to the tables below for the numbers of Maori and non-Maori engaged with a psychologist within Specialist Mental Health Services.

Table two:

Adult Psychologist contact	Total
Total number of Maori contacts with a psychologist ³	565
Number of unique Maori clients with a psychologist contact ³	79
Total number of non-Maori contacts with a psychologist ⁴	5469
Number of unique non-Maori clients with a psychologist contact ⁴	505

Table three:

Child and Adolescent Psychologist contact	Total
Total number of Maori contacts with a psychologist ³	717
Number of unique Maori clients with a psychologist contact ⁴	131
Total number of non-Maori contacts with a psychologist ³	3184
Number of unique non-Maori clients with a psychologist contact ⁴	466

Table four:

Older Persons Mental Health Psychologist contact	Total
Total number of Maori contacts with a psychologist ³	20
Number of unique Maori clients with a psychologist contact ⁴	4
Total number of non-Maori contacts with a psychologist ³	671
Number of unique non-Maori clients with a psychologist contact ⁴	128

³The Psychologist contact extract in the above tables includes the following ranks: Clinical Psychologist, Clinical Psychologist trainee, Psychologist, Consultant Clinical Psychologist, Senior Clinical Psychologist, Psychology intern

⁴The unique NHI are the total individuals with one or more contacts during the period

4. How many were prescribed medication?
a. Of this number, how many were prescribed anti-psychotic medication?

We do not hold this information in an easily retrievable electronic system. We are therefore declining a response to the specific detail of this question pursuant to section 18(g) of the Official Information Act i.e. “...we do not hold this information”.

I trust this satisfies your interest in this matter.

You may, under section 28(3) of the Official Information Act, seek a review of our decision to withhold information by the Ombudsman. Information about how to make a complaint is available at www.ombudsman.parliament.nz; or Freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website after your receipt of this response.

Yours sincerely

A handwritten signature in blue ink, appearing to read "R La Salle". The signature is written in a cursive, slightly slanted style.

Ralph La Salle
Acting Executive Director
Planning, Funding & Decision Support