



Waipapa wows Director General during whistle-stop tour last week

Last Friday I was pleased to welcome Director General of Health Ashley Bloomfield, who visited teams across the Canterbury Health System.

Ashley spent time with our Community and Public Health and Incident Management teams to discuss and thank them for the work they continue to do on our COVID-19 response. While he was there he also had a chance to talk to the AllRight? team who shared their latest campaign work.

He also met with our Clinical Leadership and Executive Management teams.

The Director General of Health's visit was a great opportunity to show off our progress in preparation for this month's move into Waipapa. He joined Executive Lead for Facilities Development Rob Ojala, Acting Chief Medical Officer Richard French, Director of Nursing Lynne Johnson and Facilities Development Programme Manager Angela Mills and myself on a tour of the new facility.

We took Ashley from the spacious new entrance area through to the Emergency Department, Intensive Care Unit, Paediatric ward and



Director General of Health Ashley Bloomfield takes in the light and spacious main entrance area of Waipapa, along with Acting CEO Andrew Brant and Acting Chief Medical Officer Richard French

children's play room, adult neurosciences area, communal staff tea room, and finished with a look at the Radiology area with its impressive equipment, including fluoroscopy, two CT scanners and an MRI. By the end of our tour, we'd walked around three kilometres which gives you a sense of the size of Waipapa.

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The tour highlighted just how much the design of the building will support new and better ways of working, such as improving patient flow, additional isolation and decontamination areas that will help us respond to current and future pandemics, larger work spaces, roomier resus bays, improved line of sight for staff caring for patients, and a communal staff tea room with mod cons such as charging stations for devices and an enviable view of the lush gardens providing a sense of connection with nature. Waipapa will also offer an improved

patient and whānau experience, with multi-bed rooms in wards offering stunning views out the windows, yet designed to provide privacy as well as an opportunity to interact with staff and other patients; a whānau room in each ward; a 'heart space' near reception for patients to go for a change of scene; the bright and welcoming children's play room complete with its own fish tank and Radio Lollipop studio; and fold-out beds in the paediatric wards so parents and caregivers can get some rest.

Ashley was clearly impressed, commenting that it is an amazing, state-of-the-art health facility.

With just a week to go until the first inpatients are welcomed into Waipapa on Monday 16 November, there is still a lot to be done, but we are on track – an incredible achievement given all that the health system has endured this year.

What a way to end 2020, with a bustling new hospital offering the best care possible for our community.



Director General of Health Ashley Bloomfield with Acting Chief Medical Officer Richard French, Director of Nursing Lynne Johnson, Acting CEO Andrew Brant and Executive Lead for Facilities Development Rob Ojala



As the most recognisable public health official in the country, it was only a matter of time before someone recognised Ashley on the tour. Medical Radiation Technologist Katie Haldane grabbed the chance to have a selfie with him

Keep up with Waipapa move news by subscribing to our newsletter

We've established an electronic newsletter as a way to communicate important information about the move of wards and services to Waipapa. We will be sending through updates on what's happening when, as well as providing information about how the move may affect members of the public. People can subscribe to this newsletter by emailing Shannon.Beynon@cdhb.health.nz.

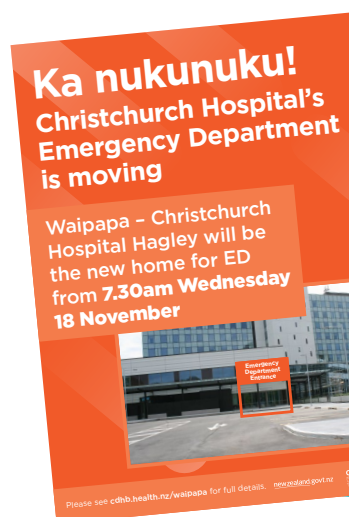
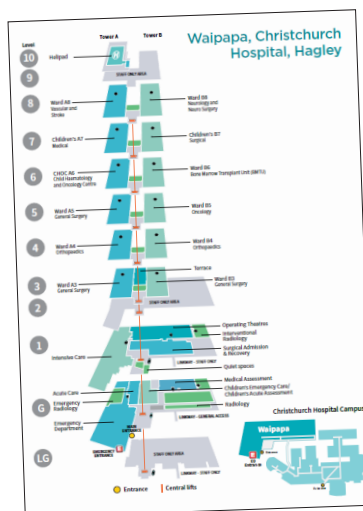
In addition to this newsletter we also have printed resources available. These include:

- › A3 and A4 Posters
- › Information leaflets
- › Table toppers
- › Maps

Display information is available for use in practice rooms or available for patients or clients and their whānau by emailing hagley@cdhb.health.nz

Downloadable posters are also available on the [Waipapa page](#) of the Canterbury DHB website.

Have a great week and remember for many it's a short week with Show Day this Friday 13 November. If you're heading away take care and enjoy the break. Thank you to those who are working through to ensure health services are available to our community.



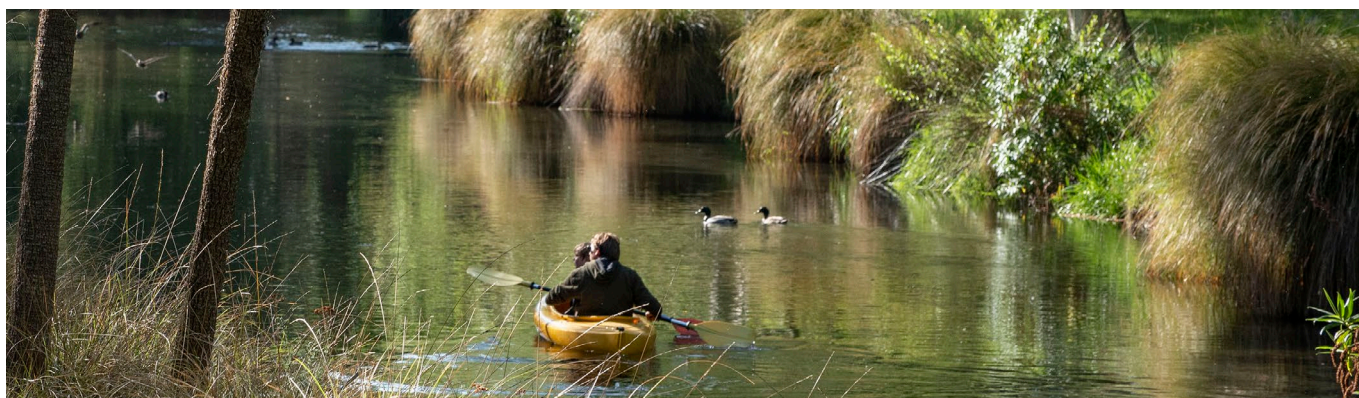
A selection of printed resources promoting Waipapa is available from the Canterbury DHB website

Ngā mihi nui

**Andrew Brant, Acting CEO
Canterbury District Health Board**

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



Bouquets

WellFood, Christchurch Hospital

I have recently spent three days in Ward 17. You need to know just how good your food is and how patient needs are catered to with efficiency, by happy staff. I was highly impressed and would be astonished if you were to receive any complaints. Thank you.

Radiology, Christchurch Hospital

I wanted to let you know how happy we were with our visit. My mum was taken before her appointment time and then on to the next appointment quick as. The nurses were so lovely with Mum and that meant a lot to us. So, thanks again and keep up with the good work.

Surgical Assessment and Review Area (SARA), Ward 19, Christchurch Hospital

I spent nine days in Christchurch Hospital recently. I was in SARA, then after my surgery, Ward 19. I found my visit to Christchurch Hospital to be pleasant and more professional than anything I had experienced before. The service and communication were exceptional, which I think is key to providing quality health care. I had no trouble being understood and had no trouble with the nurse's communication. All up a pleasant experience and has put my fears of hospital in Christchurch at ease, as I am new to Christchurch after moving from Auckland. Please keep up the good work.

Wards 12 and 10, Intensive Care Unit (ICU), and Cardiothoracic Team, Christchurch Hospital

My husband was admitted acutely to Christchurch Hospital and went on to have an urgent repair of a dissection of his aorta. From admission to discharge we cannot speak highly enough of the care he received. We are so thankful for everything that was done for him. The cardiothoracic, ICU and ward teams are a great credit to Christchurch Hospital, such skill and expertise. Heartfelt thanks to everyone involved in his care.

Emergency Department (ED), Christchurch Hospital

I would like to commend the ED staff who cared for me after crashing my bicycle. From Jamie at triage, the lovely ladies at reception, my nurse Tom Townson, the radiology technicians and physicians Scott Pearson and Amy Knight. Everyone was friendly, compassionate and professional. They ensured I was as comfortable as possible, arranged appropriate tests quickly. They explained everything along the way and gave me a plan for what to do when I went home. When I came back for a follow-up two days later, Dr Rosie Jukes was awesome as well, quickly coming up to speed on my condition and adjusting the treatment plan based on new information. I was treated with care and respect at every point. It reinforced what I already knew, we are extremely fortunate to have access to the best trained, most professional medical personnel anywhere. Thank you for doing what you do.

Big Shout Out

To: All the teams working in the Managed Isolation Quarantine Facilities

You gals and guys ROCK! Thank you for doing the work you do to keep our community and country safe, so we can have the freedoms we have. Not an easy job with all the world watching and criticising but do know that we do really appreciate you all and what you do! Kia kaha – you make us extremely proud!

From: The Nursing Workforce Development Team

Messages of support for the Managed Isolation Quarantine Facilities team can be sent through to cathy.king@cdhb.health.nz.

#carestartshere

ED, Urology Unit, Interventional Radiology, and WellFood, Christchurch Hospital

I was referred to ED because of my illness. On arrival after triage, ED supplied me a bed immediately, arranged X-rays and CT scans and the usual tests. Dr Evan was supported by Nurse Jason. The Urology Registrar Josh came to see me and provided me with an update as to why I was so unwell... I complimented Josh on his professional forthrightness as he had read my online Advanced Care Plan as I wanted clear outlines of my options. I am unsure who did the wonderful work in Interventional Radiology as I was under sedation for this to occur. I wish to acknowledge the orderlies who moved me around the hospital. Their concern and solicitousness was and is appreciated. In the Urology Unit of Christchurch Women's Dr Josh and Nurse Hannah carried out a procedure. My room was a wonder to behold. The view out of the window is so great for the spirit of recuperation, overlooking the Nurses' Memorial Chapel and out to the lovely trees in Hagley Park. The care I received from the team was fantastic. Whilst I can't remember who the nurses were on the graveyard shift, during the day I was spoilt with care from Nurses Hannah, Aula, Trish, May and Marie. As well we had support from our quietly efficient cleaners, ward aides and the WellFood assistants. Annie, your cheerful disposition was an antidote if one was feeling a bit down. I had a great talk to Eunice from Infection Control, followed the next day with Eunice and her manager Sarah... Dr Josh and Nurse Hannah were two constants at my bedside and they were really appreciated. Thanks to Dr Isaac for his work in collating the necessary for my discharge papers.

(ED) Christchurch Hospital

A very special thank you to Nurse Ros in ED. I was taken to ED in the early morning because of surgical bleeding. Ros's caring and professionalism made me forget the pain and made the process much easier. Thank you, Ros, you are amazing.

Bone Shop, Christchurch Hospital

Nurses, staff and facilities were pleasant, helpful and professional. Dr Alex Young was helpful.

Ward 14, Christchurch Hospital

My granny has been really well looked after. Thank you.

ED, Acute Admissions, and Ward 27 Christchurch Hospital

My daughter had the most amazing service from Meg the nurse at reception, Rachel the ED nurse, Rosie the doctor, then the lovely, lovely nurses and doctors on Ward 27. They were so kind and caring from the minute we walked through the door, including receptionist and aides. Best service had in hospital or a long time. Thanks so much.

SARA and Ward 11, Christchurch Hospital

I was recently in SARA and Ward 11 and wish to pass on my sincere thanks to all those involved in my care. Due to the nature of my condition the teams were very professional, maintained dignity as much as possible and were attentive. I unfortunately had to make another visit to SARA as the issue reoccurred a week later. Again, all those involved were amazing, had me sorted and on my way fairly smartly. Once again, my sincere thanks to all the wonderful staff involved in my care.

Big Shout Out

To: Interpreter Services team

Especially Graeme, who went above and beyond to organise an interpreter to see one of my patients at Rheumatology within half an hour. They are always friendly and efficient and a really reliable department to deal with which makes things much easier for everyone. Thank you.

From: Kathryn Baggott, Booking Coordinator for Neurology/Rheumatology Outpatients

#carestartshere

Welcome to Waipapa

MIGRATING TO CHRISTCHURCH HOSPITAL HAGLEY

The final countdown

With patient migration beginning next week, there will be a flurry of activity around wards and services with packing, preparing and getting ready to move into their new spaces. Equipment will also begin to be moved this week.

There should be no doubt at this stage what is and what isn't moving – if you have older furniture or equipment that is not to be moved, please contact Project Officer Heather Murray. Any furniture or equipment in the building that isn't approved will be removed.

Orientation and Wayfinding tours conclude this Thursday. If you haven't yet completed one and you need to, please book your space via [healthLearn](#). While on tours, please be respectful of spaces and don't touch or use equipment that you don't use or haven't been trained in. Please also be aware when waiting for your tour to commence that the Lower Ground Floor corridor is a busy thoroughfare so please allow space for colleagues and patients to pass.



Signage is up around Christchurch Hospital Campus

Activity this weekend

While many of us are looking forward to a long weekend, there's no rest for the Waipapa migration team.

This weekend – the offices for the Emergency Department and Children's Acute Assessment move, along with ICU office, Radiology and Allied Health equipment. Everything will be moved on cages and trollies through the Link so there will be a lot of activity on the Lower Ground Floor.

Monday 16 November – patient migration begins at 9.30am with the Bone Marrow Transplant Unit first cab off the rank, followed by Ward 26 in the afternoon.

Lift access – during migration, various lifts across campus will be reserved and used specifically for moving patients. Volunteers will be stationed at the lifts to help manage access. For a full list of which lifts will be used and when, check out the [Sharepoint](#) and [Prism](#) pages, and keep an eye out for a list of which lifts are needed each day in the Daily Global email.

Keep up-to-date – check the Daily Global email for each day's activity, including who is moving when each day and any other important information that you need to know. Also bookmark and frequently check the Sharepoint site where information will be added throughout the day during patient migration.

Live areas

There is increased staff and patient activity in the building, with Sterile Services now live and Perioperative and Radiology both carrying out Apps training and first cases this week. Please be mindful that staff are now using the facilities, including change rooms on the Lower Ground Floor.

Orientation and Wayfinding tours should always treat these areas as occupied. No tours should be scheduled to the Sterile Services area or the Perioperative suite without first being arranged with the appropriate line managers for these areas.

Paediatric Diabetes team ranks highly for results with young diabetes patients

Christchurch Hospital's Paediatric Diabetes team is achieving outstanding glycaemic control outcomes for children and adolescents aged 16 and under who have type 1 diabetes.

Glycaemic control refers to the blood sugar (glucose) control in a person with diabetes.

The team has been ranked second among 11 major children's hospitals including Starship Children's Hospital in Auckland and the Royal Melbourne Children's Hospital. The achievement was highlighted in a recent benchmarking report from the Australasian Diabetes Data Network.

The team has created clinics for newly diagnosed children with diabetes to ensure complete support and education for families, and new transition clinics held at the Diabetes Centre are conducted to optimise adolescents' move to the adult diabetes service.

Paediatric Endocrinologists Karen MacKenzie and Martin de Bock say the result is a credit to the efforts of dedicated and highly skilled multidisciplinary team (MDT), right from the first day a young person is admitted to hospital with a new diagnosis, through their adolescent journey and transition to adult services.

The MDT consists of two clinical nurse specialists, a specialised dietitian, two paediatric endocrinologists, a general paediatrician with an interest in diabetes, a dietitian and a clinical psychologist.

New advances in technology have improved oversight of blood sugar levels by the clinical team, which in turn facilitates appropriate and timely adjustments to insulin regimens.

Another factor is that children newly diagnosed with type 1 diabetes are started on a regimen which optimises



From left, Paediatric Dietitian Caroline Griffin, Paediatrician Janet Ferguson, Paediatric Diabetes Clinical Nurse Specialist Neil Owens, Paediatric Endocrinologist Martin de Bock, Paediatric Endocrinologist Karen MacKenzie, Paediatric Diabetes Clinical Nurse Specialist Olivia Sanders and Paediatric Diabetes Clinical Nurse Specialist Sharon Walsh

glycaemic control. This involves taking a longer acting form of insulin to keep blood glucose levels stable and separate injections of shorter acting insulin to prevent rises in blood glucose levels resulting from meals.

Chief of Child Health Clare Doocey says working with Canterbury DHB's philosophy of providing care closer to home, the team are providing the service outside of Christchurch Hospital, conducting outreach clinics on the West Coast, Rangiora and Ashburton.

'And there's a plan to start clinics at the new Selwyn Health Hub in Rolleston when commissioned. This reduces travel for families living in those regions.'

The team is committed to providing leading, quality clinical care to optimise outcomes for the children and their families under our service.

Results of a patient survey showed 80 to 95 per cent of respondents are satisfied with the service. The most common responses were regarding the positive relationship with the Diabetes team and how approachable and supportive they were, he says.

Health teams full of praise for Lyttelton Port workers

Canterbury DHB and Pegasus Health teams are full of praise for Lyttelton port workers who are playing their part in preventing another community coronavirus outbreak in New Zealand.

Marine pilots, launch crews, cargo handlers and security staff who transport ships' crew are undergoing COVID-19 testing every two weeks, after the Ministry of Health made testing mandatory for border-facing staff.

At Lyttelton, health teams are operating a regular COVID-19 testing clinic for port workers each Tuesday and Thursday.

The borders are our first line of defence against COVID-19, but it is important to remember what we are asking from the people who work in these places, says GP Clinical Lead for the Canterbury Primary Response Group Hannah Gordon.

"Most of them are being expected to have a nasopharyngeal swab every one to two weeks, and again if they become symptomatic.

"It's a good reminder that if these guys can do this every one to two weeks, the rest of us should probably front up to get a test when we are unwell. It's the least we can do."

Port workers must first register at the desk set up in the staff cafeteria at Lyttelton Port Company's main office, Waterfront House. They're then directed to the First Aid Room nearby where the swab test is administered.

"Keeping our people, community and all Port users safe continues to be the focus of our response to COVID-19 at Lyttelton Port Company," says CEO Roger Gray.



Cargo Handler, Shaun McSoriley, at his fortnightly COVID-19 test with Nurse Beth Lenihan

"We're proud of the way our people have adapted to a 'new normal' way of working."

Minister for COVID-19 Chris Hipkins also recently acknowledged the work the maritime industry and ports have done so far to implement changes for both workers and international seafarers.

"These changes balance the need to keep COVID-19 out at the border, while at the same time protecting the supply chain in order to ensure the flow of import and export goods to and from New Zealand."

Canterbury Health System testing staff would like to thank Lyttelton port workers for their co-operation in having the fortnightly test and stress the importance of regular testing to ensure New Zealand remains COVID-19 free.

Furry feline reassures child dental patients

Tim the cat's experience going to hospital to have his teeth fixed is helping reduce anxiety for children who need a general anaesthetic (GA) for their dental treatment.

From packing his favourite toy, to stepping on hospital scales and waking up sleepy after the procedure, 'Tim's Hospital Haerenga (Journey)' is packed full of child-friendly information.

About 900 children a year are seen at the Hospital Dental Service for dental treatment under GA and for many it is an anxious and emotional time, says Paediatric Dental Specialist Arun Natarajan.

"We know that children who receive dental treatment under GA are two-and-a-half times more likely to be dentally anxious at 17 years. We wanted to make that experience better to improve the long-term oral health journey for our tamariki and empower parents and caregivers to help their children cope better on the day."

There were limited resources available for young children and their whānau to explain the different steps related to dental treatment under GA in a child-friendly manner, so the idea of a short story book appeared as the right thing to do for improving young tamariki's experience.

It was written with input from parents, children, patient representatives, paediatric anaesthetists, and hospital dentists. Illustrated by Christchurch-based graphic designer and artist Manu Yadav, the book is a collaboration between the Christchurch Hospital Dental Service, Paediatric Anaesthesia, Medical Illustration, the Child Health Advisory Council, Canterbury DHB Te Reo Komiti, Māori Health Services, and the Faculty of Dentistry, Dunedin.

Creating the storybook involved visits by the illustrator, followed by a lot of working together to create something unique, Arun says.

"The illustrations were then fine-tuned by two Canterbury DHB graphic designers Ryan Smith and Jessica Tabke."

The texts for each illustration were initially written by 2019 Faculty of Dentistry fifth-year dental students Ruby Richardson and Samuel Snowden and was then piloted by 2020 Faculty of Dentistry fifth-year dental students Harrison Sayer and Harry de Lautour to investigate the value of a social story for children undergoing GA for dental treatment. This involved using a validated tool,



The Paediatric dental team, standing, from left, Dental Assistant Lisa Greenwood, Practice Coordinator Jacqui Power, Dental Assistant Lynette Brass, Paediatric Dental Specialist Arun Natarajan (on screen), Dental Specialist, Leonard Chia, Team Leader Dental Assistants Jude McLean, and Dental House Officer Iulia Stanesco. Seated, from left, Dental Assistant Ireland Guest, Paediatric Dentist Ellen Fei, Dental Assistant Malou Villegas Bautista, Administration Assistant Pauline Eagleton, and Dental House Officer Louisa Hemm.

Ensuring Quality Information for Patients (EQIP), which was developed by researchers from Great Ormond Street Hospital for Children NHS Trust.

"The feedback was overwhelmingly positive with parents confirming reduced anxiety levels after reading the book to their children and the integration of Te Reo Māori within the booklet was viewed positively."

Half of the patients reported learning new Māori words from the story and the pilot study showed that integration of Māori language has the potential to increase the level of communication with Māori users of the booklet who are over-represented in statistics for dental care under GA, Arun says.

Paediatric Anaesthetist Ben van der Griend says coming to hospital to have a dental treatment under GA will be a new experience for many children and their whānau. Anxiety, fear of the unknown makes the whole journey stressful and difficult, not only for the children and their whānau but for staff too. "Having this storybook helps them prepare for their visit, reducing anxiety and resulting in a better experience and outcome. Congratulations to Arun and the team for an outstanding initiative."

Arun advised the creation of the booklet would not have been possible without the support and assistance of his colleagues and their teams.



Leadership and commitment evident, audit says

A quarter of a century of meeting high standards has continued for the Medical Physics and Bioengineering (MPBE) department with another excellent audit result.

MPBE provides a wide range of scientific and technical services to Canterbury DHB's clinical services. These focus on ensuring the safe and effective use of radiation in patient care, and the design and manufacture of specialised items of equipment, surgical instruments, and various tools and fittings to make clinicians' job easier.

Because of the specialised and critical nature of this work, the department follows the ISO9001 international standard for quality management, inviting auditor Telarc to audit its performance, says MPBE Clinical Manager Richard Dove.

"The audits are on a three-year cycle, with this year being the start of a new cycle. This means a more intensive audit and the department of just 35 people was subjected to two full days of audit."

By the end the auditor had found just two minor points where the standard was not met, and the department now has approved plans in place to resolve these over the coming year. Two suggestions for improvement were also made by the auditor.

MPBE has been continuously certified as meeting ISO9001 for around 25 years and uses the standard as a way of controlling and developing its service, he says.

"I welcome the opportunity to be audited by someone who visits many different organisations in a variety of industries. Inevitably they bring fresh perspectives and



From left, Medical Physics and Bioengineering Clinical Manager Richard Dove, Quality Lead Annalie Ronaldson, and Bioengineering Team Leader Michael Sheedy. Michael is holding a custom-made titanium cranioplasty plate manufactured with the use of the department's 3D printing and computer controlled milling facilities. This is one of many processes covered by the ISO9001 protocols. The plates are used for patients with skull defects due to an accident or prior operation, to replace an area of missing skull

make suggestions from things they have seen elsewhere. This helps us to continuously improve our service.

"As a result, our ISO9001 certification will be renewed for the next three-year cycle."

The report says that MPBE's services vary from replacing a specialist battery in a piece of equipment, to as complex as commissioning a new radiation therapy machine:

"Leadership and commitment were evident throughout the audit process. It was found that the organisation is committed to continual improvement and provides all necessary resources to ensure the effective compliance of the management system."

Many highlights in long career at Canterbury DHB

After 26 years at Canterbury DHB, Burwood Hospital Operations Manager Sally Nicholas will this week say farewell to her colleagues and move on to another role in health.

In recent years Sally has been involved in the \$300m redevelopment of the Burwood Hospital site and the integration of services and staff from The Princess Margaret Hospital.

Another focus of her role has been on supporting major system and technology changes across health services, particularly people and change management to deliver improved patient care for patients, Sally says.

"I have also led our site's focus on Wellbeing Health and Safety and have had the privilege of being involved with the education sector in the development of the first Project Search Programme for New Zealand at Burwood Hospital, supporting young people with disabilities in a work environment."

Chief of Service and General Manager Older Persons Health and Rehabilitation (OPH&R) Helen Skinner says it has been a pleasure working with Sally over the years.

Her caring and conscientious nature shone through during her role as Emergency Operations Centre Controller for OPH&R during the COVID-19 lockdown period.

"I wish her well in her new position."

Sally, who is a trustee of the New Zealand Spinal Trust and Chairperson of the Burwood Hospital Volunteers, began her career at Canterbury DHB in August 1994. Prior to this she was an accountant with Fortex, followed by a role at KPMG.

She has held the roles of Accountant (Christchurch Hospital); Finance Manager (Christchurch Hospital); Service Manager (various departments at Christchurch Hospital, including Cardiology, Cardiothoracic Surgery and Respiratory); following her second maternity leave, she shared the role of Service Manager, Burwood Spinal Unit; then went on to be Operations Manager Burwood Hospital and OPH&R.



Sally escorting His Royal Highness Prince William through Burwood Hospital on his visit to Christchurch in 2019 following the 15 March attacks

"Highlights for me include being part of the team which brought cardiac surgery to Canterbury, the redevelopment of the Burwood Hospital facility, the development of the Project Search programme at Burwood Hospital, merging of the two Older Persons Health Specialist Services and Burwood Hospital into OPH&R, and hosting and meeting visitors to Burwood Hospital and Canterbury DHB – including prime ministers, the Dalai Lama, the Governor-General, and His Royal Highness Prince William."

Sally says it has been a privilege working with the fabulous managers and staff across the organisation.

"What I will miss most are the people I have worked with."

Sally is moving on to work for BUPA as an operations manager and says it will be nice to be still working in the health system.

Twin celebration for Rangiora Community Maternity Unit

It's a double celebration for Rangiora Community Maternity Unit as it marks another successful Baby Friendly Hospital Initiative (BFHI) accreditation and recently having breastfeeding twin babies at the facility.

The hospital has passed its sixth BFHI accreditation since 2003, says Charge Midwife Rangiora Health Hub Suzanne Salton.

"Staff have worked very hard with women and their whānau to continue to promote and protect breastfeeding."

BFHI is an international programme launched in 1991 by the World Health Organization and the United Nations Children's Fund to ensure all maternity services become centres of breastfeeding support worldwide.

The BFHI audit says Rangiora Health Hub has met the Baby Friendly criteria.

"Congratulations on passing your audit. Your breastfeeding rates are excellent, and you have a great team that support mothers to breastfeed."

As if to top the celebration, staff have had the pleasure of supporting parents Teri and Tu Tinirau and their gorgeous twin girls recently, Suzanne says.

"Thea and Quinn were transferred to Rangiora Maternity after being born at Christchurch Women's Hospital and were fully breastfeeding by the time they were discharged home.

"Their big brother Max is very proud and supportive of his new sisters. We are all in awe of Teri, her dedication, and beautiful family."



Cook Nikki Lamont, Charge Midwife Rangiora Health Hub Suzanne Salton, Ward Clerk Jenny Parata, Midwife Julie Cairns, Hospital Aide Ann Stewart and Midwife Marita Lundy



The twins, from left Thea and Quinn Tinirau

Christchurch doctor receives award for contribution to general practice

Clinical Advisor to Planning and Funding Graham McGeoch has been awarded the Distinguished Fellowship of The Royal New Zealand College of General Practitioners for his profound influence on the evolution of general practice.

Distinguished Fellowship is awarded to Fellows of The Royal New Zealand College of General Practitioners (GPs) who have made sustained contributions to general practice, medicine, or the health and wellbeing of the community.

Graham is one of the driving forces behind several online GP programmes, developed in Canterbury, that provide the information doctors need to make the right decisions about patient care, helping to maximise local resources and deliver the best outcomes.

He has been a co-founder and leader on HealthPathways, Hospital HealthPathways, HealthInfo, Allied Healthways, and several innovations including electronic request management, community-referred radiology, and an acute demand management service.

Graham has worked with Pegasus Health, Canterbury DHB, the general practice community, and others to organise and integrate the local health system and continues to provide leadership, guidance to Planning and Funding and as a clinical lead for Canterbury Initiative, while focusing on continuing to make services more efficient and effective for people.

Acting Executive Director Planning and Funding Ralph La Salle says it is a great honour for Graham to be recognised by his colleagues for the work he has done both for patients and general practice in general.

"We are proud to have him on our team and hope he continues that work for a very long time."

Graham's award was featured in the latest edition of the *GP Pulse* magazine, which you can read online [here](#).

Oral health team talks teeth at Outpatients

A promotion for NZ Oral Health Day was held last week in Christchurch Outpatients taking the opportunity to speak with many people about oral health issues.

A display of the amount of sugar, which is in commonly purchased drinks, alarmed many patients and staff.

The team answered questions about how to improve oral health and avoid decay and it was a great teaching opportunity to be shared with many parents and grandparents to be passed on to their children and grandchildren.

Many patients were not aware that they should spit only and not rinse their mouth after brushing (as rinsing washes away the fluoride from the toothpaste). Hopefully some improved toothbrushing habits will be undertaken over the next few days and into the future!

The BYTE Charitable Trust donated toothbrushes and Colgate donated toothpaste samples that proved very popular as giveaways.



Dental Assistant Kerry Humphreys and Dentist Sene Ioane from the Hospital Dental Service working on the oral health promotion desk in Christchurch Outpatients

Scooter donation will help orderlies

Norman Eden from Darfield has kindly donated a mobility scooter to the Christchurch Hospital Campus.

Norman, now in his 91st year, is a regular user of both Eye Outpatients and the Burwood Hospital Outpatients Procedure Unit.

Norman also wishes to acknowledge the staff support he received when his wife Maureen passed away in Christchurch Hospital after months of outpatient care from the Oncology services.

Orderly Manager Alan Heney says the scooter will be used to transfer blood products from the Blood Bank in Parkside to the new Waipapa.

"This journey takes an orderly around 17 minutes and we could do this journey several times a day. The trial with the scooter shows we can reduce each trip to eight minutes."

The kind donation from Mr Eden will ensure that orderlies can carry out this duty in an efficient and timely manner, Alan says.

A big thank you to Norman for this wonderful donation.



Norman Eden with the scooter he has donated to the Christchurch Hospital Campus



Senior Orderly Daniel Mayers with Orderly Cherie Begbie riding the scooter

One minute with... Anthony Easterbrook-Carter, Orderly, Burwood Hospital

What does your job involve?

The day-to-day transporting of patients around Burwood Hospital, as well as any other task requested to help support fellow staff in the smooth running of the hospital.

Why did you choose to work in this field?

I have a massive passion for helping others and have been involved with mission trips, youth work, youth mentoring, and fostering. My work as an orderly is another area that I am passionate to be a part of.

What do you like about it?

The patient contact, being there to comfort and potentially brighten people's day a little with my interaction.

What are the challenging bits?

When patients pass away and when they are suffering, and I am helpless to do anything. With regards to staff, the standard issue in any workplace, of retaining a peaceful, happy, supportive environment with so many different attitudes and personalities.

Who inspires you?

As a Christian, Jesus Christ. I am also inspired by my son. He has always been focused on his goals and achieved every one. He has never been a burden on us or put us through any struggles. He now lives in Japan with an excellent job.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

They are everything. They are my values as well, and this is why I like my job so much. I love getting paid to look after people and be nice to them. How easy is that?! I am not perfect by any tick of the clock, but I like that there is the ability and support at Canterbury DHB to better yourself.

Something you won't find on my LinkedIn profile is...

I don't use LinkedIn but a major passion in my life is music. I am a solo artist, sing in a duo, and have a show called 'Retro Rockin'. I contacted the nurse educator to discuss the opportunity of singing for the patients in my own time



as I used to sing at rest homes and I felt the patients would benefit from listening to the music they love and potentially bring memories and smiles to their day.

This was accepted, and I now sing in Ward C1 and Ward B1 at Burwood. I sing favourites such as, 'Only You' by The Platters, and 'Summer Holiday' by Cliff Richard. A couple of other wards have shown interest so potentially this could grow. I applied to the Burwood volunteers for the cost of a music PA system specifically for use in the Burwood wards for this entertainment and am so happy to find it has been accepted. This gives the flexibility to entertain in more wards without the issues of availability of the PA I have been using. A huge thank you to the Burwood volunteers for this.

If I could be anywhere in the world right now it would be...

In Japan, near my son and his wife.

What do you do on a typical Sunday?

Church and spend time with my wife.

What's your favourite food?

Chicken.

And your favourite music?

Music from the 50s, 60s, and 70s.

Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.



Pure Hair

449 Colombo Street,
Sydenham

Book in and get 15 percent
off all services.



Apollo Fitness

48 Fitzgerald Ave,
Christchurch Central

Get 15 percent off standard
membership, two hours of
free personal training, and a
free health scan.



MIDNIGHT
SHANGHAI

Midnight Shanghai

96 Oxford Terrace, Riverside
Market, Christchurch
Central

Get 20 percent off your food
order.



Kinder Care

Addington, Avonhead,
Bishopdale, Burwood,
Fendalton, Riccarton,
Spreydon, Wigram & more
15 percent off your weekly
fee when you enrol your
baby, toddler or pre-
schooler at any centre.

We also have plenty of other great deals from local businesses, check them out [here](#)!

Interprofessional Education and Practice Showcase 20 November 2020

Free event at Manawa Christchurch

Come and join us at Manawa in the Te Papa Hauora Health Precinct on the day to watch presentations streamed live from Auckland, network over refreshments, and take part in local discussions on IPE showcase topics.

Please email admin@healthprecinct.org.nz by Monday 16 November for catering purposes if you'd like to join us in person, or if you'd like more information about the event programme.

Supported by



Manawa
276 Antigua St
Christchurch

Auckland University of Technology & University of Auckland

Interprofessional Education and Practice Showcase: Developing & Sustaining Interprofessional Relationships



Friday 20 November 2020 at AUT

This inaugural combined universities forum provides an excellent opportunity to network within the interprofessional education, practice and research community.



The latest Canterbury Clinical Network (CCN) newsletter is now available. To learn about the importance of kōrero from a patient's perspective, a new diabetes education programme delivered in the community, and much more, visit the CCN website [here](#).

You can also read the key messages from the Alliance Leadership Team meeting held on Monday 19 October 2020 [online here](#).

South Island Alliance update



The South Island Alliance is a collaboration of the five South Island district health boards. The bimonthly update from the South Island Alliance Programme Office is available to read on their website [here](#).

**Unite
against
COVID-19**

To help keep you and your whānau COVID-free:

- Keep a record of where you've been by using the COVID tracer app and 'check in' with the QR codes when you're out and about or keep a written record of where you've been.
- Stay home if you're sick, and if you have flu-like symptoms call your general practice team and ask about getting tested.
- Wash and dry your hands thoroughly and frequently.

SEXUAL HEALTH SEMINAR



THURSDAY 26 NOVEMBER 2020
FROM 1.00PM – 4.30PM

Manawa, 276 Antigua Street,
Corner Antigua and Tuam Streets), Room 102B

1.00pm – 2.00pm WELCOME

Time to catch up with work we are currently involved in,
to share information, projects planned, new resources
and training opportunities.

2.00pm – 3pm

"KICK IT BEFORE IT KICKS YOU":
HEPATITIS C UPDATE AND PATCHZ TREATMENT STORY
PRESENTER: LEAH HIGGINS – HEPATITIS C COMMUNITY CLINIC
PATCHZ – HARM REDUCTION PEER WORKER

3.00pm – 3.30pm

AFTERNOON TEA

3.30pm – 4.30pm

MATES AND DATES IN CANTERBURY: A HEALTHY
RELATIONSHIPS PROGRAMME FOR YEARS 9 TO 13

PRESENTERS: SOPHIE BAILEY: NATIONAL MATES AND DATES MANAGER,
EMPOWERMENT TRUST, CANTERBURY MATES AND DATES FACILITATORS

Mates and Dates was created, in line with the NZ Curriculum,
to support young people to navigate happy and healthy
relationships as they grow into adults and to prevent sexual violence.

4.30pm

CLOSING

There is no cost for these seminars and afternoon tea will be provided. There will be a zoom option available [click here](#). Meeting ID: 815 9581 1636 Passcode: 144 067

Parking suggestions: park in CDHB car park in Deans Avenue and take the free shuttle to Christchurch Hospital nearby or walk through the park. The Lichfield Street Car Park is quite close. You may prefer to walk, cycle or bus to the venue.

Please let me know if you will be attending. Also whether you plan to attend in person or by zoom.

Diane Shannon, Health Promoter Community and Public Health (a division of Canterbury District Health Board)
P 03 378 6755 E diane.shannon@cdhb.health.nz