CEO UPDATE 24 February 2020 | 24 Hui-tanguru 2020



Hillmorton campus master planning now complete

Earlier this month I had the opportunity to present the finalised Hillmorton campus masterplan to our Specialist Mental Health Services staff.

It has been a long road to get to this point. Our mental health teams have continued to manage a unique set of pressures in recent years. I'm enormously proud of the way they have responded to the ongoing pressures of providing services from outdated facilities, which are not fit for purpose.

Having a masterplan to redevelop the Hillmorton campus, over time, came as a welcome boost for our Specialist Mental Health Services staff and it's also a boost for our patients, both local and regional, who will benefit from new purpose-built facilities.

The masterplan represents the first step in a full remodelling of the Hillmorton campus – a process which will, over the coming years, transform our mental health services – and sets out the potential size and positioning of new facilities on the site.

It has been a true collaboration between our Specialist Mental Health Services staff and architectural firm Klein, resulting in a co-designed campus plan that is fit for purpose, will increase our capacity to service the mental health needs of the community and is future-proofed for decades to come.

A staged approach to the redevelopment of the campus and replacement of most existing buildings is central to the masterplan. This allows us to sequence development works in order to enable us to sustain our current services with minimal disruption.

The plan is to split the site into adult services and child services. Services related to each other will be physically



Artist impression of the inside of the redeveloped Hillmorton campus

closer, allowing more collaboration. To help show how the new facilities will look, the plan includes images of the type of interiors we expect the new buildings to have, with light and airy surroundings, views to the outside green space and the warmth of natural timbers.

At the heart of the site there will be a multi-functional facility, intended to be a pivotal destination for staff, visitors and service users of the Hillmorton campus. This central building will be home to therapeutic and activity spaces, cultural and spiritual spaces, meeting rooms and staff training, with a café and whānau spaces – a central location for all.

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The aim of the masterplan is to create a campus that's more welcoming and accessible for tangata whaiora/ consumers and their whānau by developing an inter-connected network of mental health services on one site. The masterplan acts as a guiding document for the future development of the campus and will initiate a number of new business cases for new mental health facilities on the site. For our staff working in the current facilities, new facilities can't come soon enough. Over the next five months we will be starting to work on these business cases to progress the redevelopment of the campus and start to bring the plans to life.



Current map of Hillmorton campus



International recognition for Canterbury's disaster response and

recovery work

It was a privilege to host Virginia Murray at last Friday's Grand Round entitled "Local to global – how Christchurch has influenced the implementation of the Sendai Framework for Disaster Risk Reduction".

Virginia is Head of Global Disaster Risk Reduction at Public Health England and has been providing health, science and technology support for the implementation of the Sendai Framework for Disaster Risk Reduction 2015-2030. Virginia leads work on evidence-based information and advice on many hazards, including chemical incidents, flooding, heat, cold and climate change adaptation, and works closely with the World Health Organization (WHO), particularly on the WHO Health Emergency Disaster Risk Management Framework which was launched in 2019.

Unfortunately I was unable to be there, but I have heard that she was very complimentary about the role our people have played in shaping international thinking about disaster preparedness and response, and she applauded how the AllRight? campaign continues to resonate with Cantabrians and to provide people with useful advice that promotes community connection and enhances wellbeing. She also spoke of being impressed by Christchurch's visible recovery/reinvention – including the contribution to wellbeing and community cohesion that has been enhanced by our street art culture, Christchurch's green and open spaces, and the walk along the Avon past the Earthquake Memorial.

I know that many of you will have used that special space as a focus for your reflection on Saturday and to honour the 185 people who died on 22 February 2011. I am immensely proud to be a leader in the Canterbury Health System where our work continues to play a critical role in the recovery of our community. Putting people at the heart of all we do has been key to ensuring our efforts are targeted to where they can have the biggest impact.

I was pleased to hear that Virginia gave particular recognition to Emergency Medical Specialist Mike Ardagh who was both a key figure in the quake response and in how our response and recovery process has been perceived so positively internationally.

Haere ora, haere pai Go with wellness, go with care

David Meates CEO Canterbury District Health Board

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at <u>communications@cdhb.health.nz</u>. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please subscribe here.

regulars – kōrero ai

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Bouquets

Christchurch Hospital

Dear David Meates,

The purpose of this letter is to acknowledge many of your team at Christchurch Hospital for saving my life on 23 September 2019... A CT scan revealed my aorta was three times the normal size, resulting in a shock diagnosis of an aortic dissection. I was in the operating theatre for five hours' surgery... Allow me to name just a few of the people who have looked after me so well during the past few months in-cluding, but not limited to:

Doctors: Harsh Singh, Philippa Bowers, Christina Chan, Hajar Hasan Kheslat, Rachel, David Bain and his registrar John, Deborah Mason, Jenny Butler and Kenji.

Operating theatre: Charge Nurse Rebecca.

Acute Medical Assessment Unit nurses.

Intensive Care Unit: Mohammed, Kendall and Sarah.

Ward 12: Karren Wilder and Shon.

Ward 10: Nicki, Judy-Clare, Sandra and Hayley.

Clinical Nurse Specialists and Occupational Therapy: Vicky Ray, Ruth Davison, Mavis and Mary. Nurse trainer via Ara Institute of Canterbury, Jenna.

Orderlies.

District Nurses.

Radiologists who read the five CT scans, and Nurse Pete.

Cafeteria, cooks and order takers, and others not named but appreciated.

David, from my chats with doctors, nurses and others at Christchurch Hospital you are respected and liked by many. You have played a pivotal role in leading the effort to continuously improve the quality of care provided by Canterbury DHB, empowering and listening to your people. You and the entire team at Christchurch Hospital can be proud of and lay claim to creating a world-class healthcare system that is second to none.

Endocrinology Outpatients

I visited the Endocrinology department for a thyroid check-up and I was blown away by the whole experience. My appointment was at 9.45am and I arrived a couple of minutes beforehand. No sooner had I sat down than I was called in by the nurse, Sue, who was lovely. I went back to the waiting room and was called in to see Denis Chan to have what was probably one of the best consultations in my life. He was so caring and sharing of information. While this was going on, a patient's daughter was "helping" the receptionist – sitting at the reception desk drawing – and the receptionist was happy to look after her. After my visit, I had a blood test, which was the quickest I have ever experienced. I then called in at Kanuka café and had a fabulous piece of ginger slice. I work for a medical centre and couldn't wait to get back to tell them about my best medical visit experience ever. So, thanks to all your team – I couldn't fault your service at all.

Emergency Department (ED), Wards 14 and 12, Christchurch Hospital

I would like to thank all the staff at Christchurch Hospital for taking great care of me recently. I was admitted via ED twice within a few days and the guality of care I received both there and in the wards was outstanding. A big thank you to ED staff, and also to the cardiologists, doctors and nurses who looked after me. I was kept informed of what was happening even when ED was stretched to its maximum. Once in the ward, their understanding of my situation was greatly appreciated. Because of them I was able to make the Elton John concert in Dunedin and had a great night. I feel there is sometimes so much negative publicity aimed at the

public health service and I wanted to relay my personal experience, which was excellent, and to pass on to the staff how appreciated they are and that they are doing a great job for the community.

Ward 23, Christchurch Hospital

I want to pass on my family's thanks for the amazing care provided to my granny who passed away on Ward 23 at Christchurch Hospital. The nursing team was amazing, and we really appreciated the fantastic care provided by Nurse Mary Rose. A big thanks also to House Surgeon Garrick, and to Jonathan, from the Palliative Care team.

Nicholas Brennan, Paediatric Outpatients, Christchurch Hospital

Our daughter was extremely nervous and anxious about what was going to happen or how it was going to be done. Our nurse, Nicholas Brennan, went above and beyond and was by far a calming and nurturing comfort to both my daughter and me. Unfortunately, he wasn't around when we left, and I wanted to ask if you could pass a message to him, one of gratitude and thanks for being so patient and caring and understanding of her situation to help put her mind at ease.

Kelly Anderson, Physiotherapist, Adult Community Therapy Service team

I want to say a big thanks for the epic journey I made with Kelly Anderson last year in trying to find some solutions for my daughter's seating and physiotherapy needs. Kelly was an absolute dream to work with, straightforward, extremely capable, and always a relief and a pleasure to have her on our side... we are extra enormously grateful for the easy flow that Kelly created. I hope she sticks around, and I very much look forward to working with her in the future. Big thumbs up!!!

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Plastics Department, Christchurch Hospital

My appointment with the Plastics Department was excellent and has left me very confident about my upcoming surgery. Many thanks to all involved with my visit.

Big Shout Out

To: Sharon Minchington – Charge Nurse Manager, Ward 20 Subject: Whakaari/White Island eruption patients

On behalf of the Whakaari/White Island burn patients that were cared for by Canterbury DHB, as well our Plastic Surgery Department, I would like to extend our gratitude to all services that were directly and indirectly involved in their care.

Canterbury DHB is registered as a Regional Burns Unit and as such we typically are resourced to manage moderate burns on a regular basis. On 9 December, we were all tasked with managing an emergency situation of unusual enormity given the patient numbers and the severity of their mixed thermal and chemical burns. We appreciate the efforts made by the Emergency and Intensive Care departments to process and manage the burn victims in a timely and clinically-efficient manner, as well as the Anaesthetic and Theatre teams that provided multiple theatres to optimise early life- and limb-saving operations. Ultimately this extraordinary care resulted in as good outcomes as could have been by contemporary international standards in any major Burns Unit.

We would also like to thank the surgical specialties that either gave up their own acute and elective theatre capacity or contributed staff to help when as many 'hands on deck' were required. Orthopaedics and Ear, Nose and Throat (Otolaryngology) provided care of cases that were part of our usual acute and non-deferable workload which allowed our department to focus on burns care. There were also a number of support staff both clinically and in administration roles that went beyond the call of their normal duties for which we are similarly grateful.

Again, for what we consider another once-in-a-generational emergency event, the quality of care provided highlights the collegiality and willingness of all Canterbury DHB staff to work together for a common goal.

From: Plastic Surgery Department Clinical Director Christopher JW Porter For and on behalf of: The Plastic Surgery Consultant body

Mr Terrence A Creagh, Mr Dylan W James, Mr Howard W Klein, Dr Sally J Langley, Mr Barnaby J Nye, Mr Stewart W Sinclair, Mr Kirk Williams III, Mr Jeremy W Simcock, Mr Andrew Davidson

#carestartshere

Nephrology, Christchurch Hospital

I have had a hugely positive experience following my recent kidney transplant. The level of care and support was incredible. I felt like I was staying in a five-star resort. I cannot thank the team enough for all they have done for me.

Burwood Radiology

Great! Easy! Nice staff.

ED, Acute Medical Assessment Unit and Ward 24, Christchurch Hospital

We would like to thank the staff for caring for our mother... At all times, staff (orderlies, nursing assistants, nurses and medical staff) showed respect, empathy and care for Mum. We were kept informed and were involved in decision making through her 'end of life care'. The staff in Ward 24 supported us during Mum's last few days enabling us to share memories, have laughs and say goodbye. It has been comforting to know that Mum was cared for so well. We appreciate you all.

Frances Colgan and Radiology team, Christchurch Hospital

I had to send you a quick thank you note for all you did for me this morning. You and your team are something special. You put me completely at ease which is not that easy when I'm worried and a bit uptight. I will never forget the kindness you, Fiona and the rest of the team showed me. Thank you.

ED, Interventional Radiology, Surgical Progressive Care Unit (SPCU) and Urology, Christchurch Hospital

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Everyone who treated my husband... were beyond amazing in the level of care. Every contact has felt above and beyond. I don't remember all names, but Tom in ED and Dr Francis in Interventional Radiology especially stick in my mind as a terrified wife trying to hold it together for her husband. Everyone offered comfort and care and I will be forever grateful.

Big Shout Out

To: everyone at Ashburton Hospital

It has been a pleasure to work with everyone in Ashburton over the 2019 year... I wanted to let you all know what a rewarding and positive time I had as a Senior Medical Officer (SMO) in Ashburton.

A huge thank you to all the nurses. I have to say the nursing team in Ashburton is one of the best I have ever had the pleasure of working with. Your support and help was invaluable and helped me immensely as a new SMO.

To the Registered Medical Officers (RMOs), the work ethic and dedication of the RMO team was amazing and I know the learning opportunity in Ashburton is fantastic, though at times busy and stressful. I have to say the RMOs working in rural truly display a great wish and intent to want to learn and evolve as clinicians whatever their preferred future specialty.

To my fellow SMOs thank you for your support and guidance in a field of medicine somewhat new to me being a Community Urgent Care Fellow. I learnt a huge amount from you. Overall the team at Ashburton has given me a new and exciting direction as an SMO in Rural Medicine that without you all, I may never had considered or been able to develop.

Take care, all the best and I am sure I will see many of you again over the years to come.

From: Sam Bartholomew

#carestartshere



Hospital Falls Prevention Steering Group

This week, we talk to Sue Wood, Chair of the Hospital Falls Prevention Steering Group (HFPSG).

Falls prevention is a key patient safety priority for Canterbury DHB on our journey towards zero patient harm.

Falls are one of the most visible and reported incidents in our hospitals: In the 2018/2019 year, 25 percent of reported incidents were fall events.

HFPSG was set up in 2013 to identify, provide advice on and oversee key priorities to reduce harm from falls, including building the Canterbury DHB hospital-wide Falls Prevention Programme.

"To reduce inpatient harm from falls we have focused on latent failures in the system line. We have actively moved away from only identifying risk, to acting – to absolutely doing something about it," Sue says.

Making sustainable and systematic improvements has required a combined organisational approach to a wide range of improvement activities. The 'make it better' principle was fundamental in the change process.

"Finally, after years of work, we have seen clinical staff achieve a significant reduction in the number of patients injured, and a five percent reduction in inpatient falls compared with the 2017/2018 year," she says.

Initiatives HFPSG has worked on include:

- Standardising the Falls Prevention visual cues for safe mobility package.
- Introducing Bedside Boards to give visibility to falls risk and mobility status.
- Using the Releasing Time to Care (RT2C) Programme as a means of changing work practices, promoting visibility, consistency and standardisation of falls management.
- > Standardising post-fall care across our hospitals.
- Improving serious adverse event review timeliness and learnings.



24 February 2<u>020</u>

On the video conference screen, from left, Fracture Liaison Clinical Nurse Specialist Lynda Te Momo, Geriatrician Older Persons' Health Carl Hanger, and Nurse Coordinator Quality and Patient Safety Roxanne McKerras

Back row from left, Director Quality and Patient Safety (Chair), Susan Wood and Nursing Director Medical Medical/Surgical Mark Crawford Front row from left, Project Facilitator Quality and Patient Safety Michelle Morland-Mcrae and Consumer Trish Adams Absent: Director of Nursing Ashburton and Rural Health Services

Brenda Close, Physiotherapist Claire Martin, Director of Nursing Older Persons' Health and Rehabilitation Diana Gunn, General Medicine Physician Andrew Sidwell, and Canterbury DHB Falls Clinical Lead Ken Stewart

The committee meets monthly, and members include a consumer and clinicians from across the disciplines and hospitals.

"What I enjoy about being on this committee is the way we want to get to the root causes of the problems, and the dedication to the long-haul work required to improve systems across more than 43 clinical areas," Sue says.

For more information on HFPSG and the prevention work going on in our hospitals, check out the <u>Falls Prevention</u> <u>Programme intranet site</u>, or email HFPSG coordinator <u>Michelle Morland-Mcrae</u> with any questions.

Quality and Safety Matters

Health and Disability Services Standards audits

The Canterbury DHB Surveillance Audit is taking place between Tuesday 3 and Friday 6 March. Those areas that have a planned visit have been notified but all services could potentially be visited as part of the planned system tracers: Medication Management, Infection Prevention and Control, Deteriorating Patient, and Falls Management. Detailed information on Certification requirements, the Self-Assessment, Auditor Profiles and Time Table can be found on the Certification intranet page.

Patient Experience survey results

Did you know that you can see the inpatient and outpatients Patient Experience Survey results under Seeing Our System Portal on the intranet? Patients are generous in their feedback and share many gems of great practice and suggestions for areas for improvement. The portal allows services to view timely consumer feedback as part of their monitoring processes.

Where is the portal located?

The how to guide shows you how to change between the inpatient and outpatient portal, as well as how to filter on the different fields such as hospital, service and demographics.

The public can read what we have done with the feedback in the quarterly reports published on our website: see the <u>Inpatients</u> and <u>Outpatients</u> reports.



our stories – ā tātou kōrero

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Canterbury renews its commitment as an inclusive and enabling employer

Eight eager Project SEARCH* interns are settling into their new roles at Canterbury DHB, highlighting how diversity and inclusion are becoming part and parcel of the way we do things around here.

Chief People Officer Michael Frampton recently welcomed Michael, Sajal, Tyrone, Lee, Liam, Logan, Harrison and Kingsley to Burwood Hospital, which will once again host placement of Project SEARCH interns. Burwood Hospital combines the best possible environment with the best (and now most experienced) team of people to provide the support and mentoring these young people will need over the coming year.

"It makes me immensely proud to renew our commitment to Project SEARCH for the second year, to these young people, and to providing leadership to other employers," Michael says.

"The class of 2019 had a hugely successful year with us and learnt a whole range of skills – and they taught us as employers much about what being an inclusive employer really means. Our first year with Project SEARCH also confirmed just what fantastic people we already have working for us, who gave of themselves and went beyond all reasonable expectations to make the whole experience a success for all those involved."

To find out more, check this <u>December Project SEARCH</u> <u>story</u> from our CEO Update archives. Many of our class of '19 have found themselves employment and our SEARCH partnership comprising of Workbridge, CCS Disability Action, IHC (Intellectually Handicapped Children), Blind Low Vison NZ (formerly The Blind Foundation) and Riccarton High School will continue to support the others into the right jobs.

"We're committed to making Project SEARCH a success – not just as a provider of eight intern placements in 2020, but with the anticipated outcome that this programme will grow within the DHB and be picked up by other large Canterbury employers," Michael says.



Sajal with her dad Shiu and Burwood Hospital Operations Manager Sally Nicholas



Liam with his mum Donna



Tyrone with his mum Michelle



Lee with his dad Ciaran

*Project SEARCH is an internship programme that originated in the USA for high school leavers with learning disabilities, to give them the skills and work experience necessary to compete in the open job market.

24 February 2020

New Zealanders need to work together in preparation for likely coronavirus pandemic

The likelihood of New Zealand remaining coronavirus-free is low and the country should be preparing for a pandemic, says Dean of the University of Otago, Christchurch, and international expert in infectious diseases, David Murdoch.

Currently there are no cases of novel coronavirus disease (now referred to as COVID-19) in New Zealand. However, in an editorial in the latest issue of the *New Zealand Medical Journal* (NZMJ), David suggests the country's health and research sector needs to prepare for spread of the outbreak here as this outcome is likely.

David is also co-director of One Health Aotearoa, a collaborative group of scientists that focuses on the interplay between the health of humans, animals and the environment, including 'zoonosis' or infectious diseases that originate in animals and spread to humans.

He wrote the NZMJ editorial with One Health Aotearoa Co-Director Nigel French, who is a Distinguished Professor of Food Safety and Veterinary Public Health at Massey University.

David says considerable efforts are being made by the country's health system to prepare as best it can.

Public health units, primary care and hospitals are getting prepared, and testing for COVID-19 has already been established in several diagnostic laboratories.

The New Zealand Influenza Pandemic Action Plan provides a framework for pandemic responsiveness. While focused on influenza, it contains many principles that should apply to the current COVID-19 epidemic, David says.

"There is a chance that transmission of COVID-19 may coincide with our next seasonal epidemic of influenza, creating additional pressure on the health system."

New Zealand has an added pressure as a gateway to many small South Pacific nations that would be less able to deal with a pandemic.

COVID-19 is a disease that ranges clinically from a mild respiratory syndrome to life-threatening pneumonia, affecting both lungs, with severe disease associated with increasing age and other existing conditions, he says.

The transmissibility of COVID-19 is similar to influenza, but much less than measles. There has been little information about the impact in children, raising questions about whether severe disease is less common in this age group.

Evidence indicates that several animal to human transmission events occurred in December 2019 at Wuhan's Huanan Seafood Wholesale Market with the virus most closely related to a coronavirus from a horseshoe bat.

David says animal to human transmission episodes appear to be increasing.

"Understanding the complex systems that drive the spread of such disease is essential for informing strategies to tackle emerging and re-emerging infectious diseases."



David Murdoch

Professionals and researchers from a wide range of disciplines must work together and with communities to prevent and control infectious disease impacts.

The "One Health" approach is based on groups working together, and New Zealand has the opportunity to be a global leader in this transdisciplinary approach.

"This approach makes particular sense in New Zealand given the country's relatively isolated island ecosystem vulnerable to introduced pest and pathogens, economic dependency on agriculture and the physical environment, well-connected scientific community and an existing indigenous Māori world view and knowledge system that emphasises holism and interconnectivity between humans, animals and the environment."

Te Kupu o te Wiki (Word of the Week)

Māori Haematology Nurse Maarie Hutana's weekly te reo Māori tips have "gone viral" since she began emailing them to the Haematology team two years ago.

"Initially it was about getting to know my team and my team getting to know me, whakawhānaungatanga," she says.

Whakawhānaungatanga is the process of establishing links, making connections and relating to the people one meets by identifying in culturally-appropriate ways.

Now people from many areas of the hospital have asked to be included on the distribution list, Maarie says.

"I know the lessons reach people in the Social Work team, Psych services, Nursing Workforce Development, Bone Marrow Transplant Unit (BMTU) Palliative Care, Oncology, Planning and Funding, the Medical Day Unit (MDU) and Burwood Hospital. It's heart-warming to see so many people engaging in te reo and keen to learn more about Māori culture."

Te Kupu o te Wiki (Word of the Week) is a Haematology service improvement initiative that aims to help with pronunciation of te reo and encourage the use of simple kupu Māori (Māori words) in everyday practice.

It has had a positive response.

"In the Haematology service we have noticed an increase in the use of te reo Māori in clinic letters, emails, in the BMTU, and MDU, and along the hospital corridors".

The lessons also give insight into Māori values, beliefs and tikanga.



Māori Haematology Nurse Maarie Hutana

"When we increase our knowledge of Māori traditions and beliefs, we improve our ability to respond more effectively to the needs of the Māori population we serve," Maarie says.

This month's kupu Māori has focused on the pronunciation of Aotearoa/New Zealand place names that people often get wrong – such as Otago, Timaru, Kaikōura and Taupō.

"I use images, YouTube clips and audio soundbites in the emails, and place posters around the hospital to engage people and help make te reo accessible for everyone."

There are several online te reo Māori lessons and phone apps which Maarie encourages people to access. The difference with her lessons is that she aims to keep them relevant to a healthcare environment.



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Posters at Christchurch Hospital



Incubators donated for care of Australian bushfire animals

Two incubators that used to contain premature babies will soon have a different kind of precious life within their walls.

The incubators, one from Christchurch Hospital's Neonatal Intensive Care Unit (NICU) and the other from St George's Hospital, are being donated to Australian shelters caring for animals injured or orphaned in the bushfires.

An incubator is a self-contained unit with a clear plastic dome used to maintain the best environmental conditions for a newborn baby, protecting them from infection, cold, allergens, or excessive noise or light levels.

These two incubators were no longer in use as they have been replaced with newer models.

Newborn Hearing Screening Coordinator Angela Deken came up with the idea of donating an incubator after seeing heart-wrenching images of burnt koalas, kangaroos and other Australian wildlife.

"Also, I visited a wombat rescue centre in Tasmania last year and remembered staff saying they needed an incubator to save the 'pinkies' – the babies that don't yet have fur. These can be several kinds of animals, from kangaroos and wombats to koalas," Angela says.

The bushfires have resulted in many 'pinkies' at vets and wildlife rescue centres whose mothers have died but they have survived in the pouches.

"It's pretty horrible stuff; I just wanted to do something."

Incubators are a vital piece of equipment as they are substitutes for the mum's pouch, says Angela who contacted Air New Zealand's



Newborn Hearing Screening Coordinator Angela Deken and Clinical Engineer Gary Stevenson with the former Neonatal Intensive Care Unit incubator

community organiser and an Australian vet treating injured bushfire animals.

"I am thrilled that after so many phone calls and months of organising this is finally becoming a reality. I would like to thank Canterbury DHB Clinical Engineer Gary Stevenson who has been marvellous since I first mentioned the idea. He gave technical advice, user manuals, and information on the machines to give to Air New Zealand.

"Huge thanks also to go to Andrea Robinson the Charge Midwife manager at St George's Maternity Unit who located an old unused incubator for donation and of course a very big thank you to Air New Zealand."

Canterbury DHB Operations Manager Clinical Engineering Gareth Edmondson arranged for some IV pumps to be donated. They will be placed inside the incubator for transport and used to keep the larger animals sedated for longer periods of time for wound dressings and keeping the animals off their burnt feet so that healing can occur, Angela says.

Rangiora Community Maternity Unit has also provided small volume bottles that animals can be fed with.

"It all helps save money for the carers who volunteer their time and often pay for a lot of the treatment related costs."

Knowing that these items will help in the rehabilitation and treatment of animals affected by the bushfires is amazing, Angela says.



One minute with... Subhra Bhatta, Outpatient Co-ordinator, Gastroenterology, Christchurch Hospital

What does your job involve?

The role as a booking co-ordinator requires you to be able to multi-task. A few things that come to mind about the role are: making sure patients are notified in advance about their appointments; making sure urgent patients are seen on time; entering correct data/demographics about patients into our system; answering phone queries from patients and GPs; and completing clinic outcomes sheets. We do all these things so that on the day of any given clinic, interactions between consultants and patients run smoothly.

Why did you choose to work in this field?

This job picked me really. I was studying accounting and needed a summer job. I applied to Canterbury DHB and was given a casual role in different departments. I then had the opportunity to help at Hagley Outpatients. As fate would have it, soon after, I was offered a part-time contract and before I knew it, I was signing a full-time contract as the new Gastroenterology Outpatient Coordinator.

What do you like about it?

I like how I am a part of a great team of consultants, nurses and administrative staff that help people so that they can lead normal lives. I also like the variety of work involved in this role, and most importantly, I like the people I work with.

What are the challenging bits?

The most challenging parts of this role are the patients. We all know that clinicians are going to turn up to clinic, but we never know if patients will, even if you have confirmed the appointment with them over the phone the day before! Getting a call from a patient at 9am saying they cannot attend their 10.30am appointment is frustrating. But as a safeguard, we always have a list of patients who can come in at short notice.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

It means a lot to me. Making sure that the patient information is correct and that their records are kept confidential is part of patient care. We can also take Canterbury DHB's values and apply them to our own lives.

Who inspires you?

My parents Binita and Krishna Bhatta inspire me the most. They came to New Zealand with my brother,



Subhra Bhatta (centre) with his partner and daughter

Saumya, and I, leaving behind all their friends, family, and everything they knew back home to give us a better opportunity, and I want to thank them for that.

Something you won't find on my LinkedIn profile is...

That I am a huge NFL fan and I love watching Netflix way too much.

If I could be anywhere in the world right now it would be...

Kenya. I would like to see the majestic animals in the wild.

What do you do on a typical Sunday?

Just relaxing with my partner and the little one in the park or going on day trips with them and experiencing the sights and sounds of Canterbury.

What's your favourite food?

A lot of you will say it's not 'real food' but I like McDonalds.

And your favourite music?

Love my 2000s music.

If you would like to take part in the column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.

Friday, 28 February - 12.15pm to 1.15pm with lunch from 11.50am

Venue: Rolleston Lecture Theatre

Speaker 1: Anja Werno, Clinical Microbiologist "Microbiology – not just a pretty face" *Recipes for successful microbiology requesting and a quick glance at hot topics in the world of microbiology.*

Speaker 2: Dominic Fleischer, Emergency Specialist "Another bloody talk" The exsanguinating trauma patient in ED – activate the Massive Transfusion Protocol or are there other options?

Chair: TBA

It is requested out of politeness to the speakers that people do not leave half way through the Grand Rounds. This talk will be uploaded to the staff <u>intranet</u>. Video Conference set up in:

- > Burwood Meeting Room 2.6
- > Wakanui Room, Ashburton
- > Administration Building, Hillmorton
- > The Princess Margaret Hospital, Riley Lounge

All staff and students welcome Next Grand Round is on Friday 6 March, Rolleston Lecture Theatre

24 February 2020

Convener: Dr R L Spearing (email: <u>ruth.spearing@cdhb.</u> <u>health.nz</u>).

Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.

Check out <u>Something For You</u> on the intranet for more information on these deals and many more! Remember, you'll need your Canterbury DHB ID badge to claim these deals, so be sure to take it along with you.





F45 MARSHLAND – 412 Marshland Road, Marshland Join Marshland F45 and receive a discounted membership rate at \$55 per week (RRP \$66 per week), plus no contract term.



NEW ZEALAND COLLEGE OF MASSAGE

- 66B Wharenui Road, Riccarton

Book in for a one-hour relaxation or therapeutic massage with one of the New Zealand College of Massage students for just \$20.



OOOOBY – Receive 20 percent off your first fresh, organic, locally grown fruit and vegetable box, delivered to your door. Find the discount code under the 'Lifestyle and Entertainment' section.



PARKSIDE PHARMACY ON OXFORD TERRACE

- 32 Oxford Terrace, Christchurch Central
 Head into the brand-new pharmacy and receive 10 percent
 off the recommended retail price of all products (excludes
 prescriptions, pharmacist only medicines and items on special).

Fundraising event for International Women's Day

UN Women Aotearoa New Zealand are running a garden brunch at Pemberton Gardens (full buffet breakfast, bar and two speakers), with proceeds going to UN Women projects throughout the Pacific.

They are offering a corporate rate discount of 10 percent for a table of ten. People interested in attending can also purchase single tickets.

See more information here.

Volunteers wanted to collect green waste from staff kitchen areas

Grow some amazing vegetables and save Canterbury DHB a significant amount of money by taking home the green waste from your staff kitchen area.

You can request a four-litre container with a 'green waste' sticker on the lid from Medical Physicist Steven Muir, who will also send you some tips on how to make it work well and keep it hygienic.

If you're interested in volunteering or would like some more information, phone Steven on ext. 80854 or email <u>steven.muir@cdhb.health.nz</u>.



24 February 2020

IN THE AID OF MND NEW ZEALAND

MND NZ Charity Gala

> A BLACK TIE CHARITY EVENT MARCH 27 | 7PM SIXTYG ON PETERBOROUGH

RESERVE TICKETS AT EVENTBRITE.CO.NZ

Friends of the New Zealand Brain Research Institute



OPERA MEETS ART

24 February 2020

Christchurch Art Gallery Sat. 28 March 2020, 7PM

The NZ Brain Research Institute invites you to a special night of popular opera performed by The Opera Club together with a silent art auction. This is a must-see event for lovers of art and opera!

TICKETS \$77.50

Includes food, refreshments, superb entertainment and a chance to own a beautiful piece of art. Purchase tickets at www.cmrf.org.nz/Events Email barbara@cmrf.org.nz or phone 03 353 1245

Presented by:



In Association with



Canterbury Medical Research Foundation

24 February 2020

we're talking health...

An evening of talks from Canterbury researchers who are improving our healthcare.

Topics include: oral health in our tamariki, care of vulnerable communities in a disaster, and management of chronic pain. **9 topics, 9 researchers, one great evening.**

Wed 25th March, 5.30pm – 8.00pm Manawa Foyer, 276 Antigua Street, Christchurch

To register <u>click here</u> (limited seats available)

Supported by Te Papa Hauora's Partners







