



## Ngā mihi nui

I want to thank and acknowledge the significant work of everyone involved in the moves to Waipapa. It's been a massive undertaking and it's great to see the years of planning come to fruition.



Children's A7 team celebrating their new space

So many people have gone above and beyond to ensure a safe move and by the end of the day tomorrow all those transferring into their new environment will be in their new areas in Waipapa. We've even had our first patients using the helipad and the new operating theatres are up and running.

## In this issue

- › Regulars – Kōrero ai... pg 4-8
- › Doing the right thing for patient, planet and bottom line... pg 9
- › Canterbury DHB wins international healthcare award... pg 10
- › Clinical Ethics Advisory Group established... pg 11
- › Waipapa patient catches the eye of Warrior sponsors... pg 12
- › Tribute to Daryn Elley... pg 13
- › New improved patient information boards... pg 14
- › 3D colour scanner invented by Canterbury DHB radiologist goes international... pg 15
- › Christchurch smokefree public areas now vape-free as well... pg 16
- › Wise and generous mentorship the hallmark of Haematology career... pg 17
- › One minute with... Annabelle Cummings, Medical Secretary, Orthopaedics... pg 18
- › Notices – Pānui... pg 19-20

It's a credit to everyone involved that things have gone so smoothly and safely, and I know that's due to the detailed planning and supreme efforts of individuals and teams – thank you.

You can see some of the action from the moves on [pages 6 and 7](#).

Check out this short [video](#) which gives the flavour of how patients and staff are enjoying Waipapa.



## Canterbury clinical team wins international UNIVANTS of Healthcare Excellence award

Congratulations to ED physician Martin Than and an integrated health system team whose research has changed the way heart attacks are diagnosed in Emergency Departments around the world. This breakthrough research has already saved lives, time and resources for many health systems, including our own. The UNIVANTS award recognises integrated teams who are breaking down silos and driving better care and outcomes. You can read all the details of how a new chest pain pathway for people with suspected heart attacks has improved diagnosis, increased clinician confidence, reduced unnecessary admission and lowered costs on [page 10](#).

## Save the Emergency Department for emergencies

The ED has been experiencing a significant increase in demand over the past few weeks and there's no let up. On one of their busiest days they cared for 359 people in a 24-hour period – on average that's one person coming through the door every four minutes. Yesterday they treated 348 people, with almost half needing to be admitted.

Please help us keep the ED free for those who need emergency care. Remind your friends and family/whānau – if it's not an emergency, contact your own General Practice team.

After-hours people in Canterbury can call their own General Practice team for free health advice from a nurse. Just call your GP's usual number and follow the instructions to be put through to a nurse.

Another option is to visit one of the three extended-hours Urgent Care practices in Canterbury:

- › 24 Hour Surgery – 401 Madras Street open every day, 24/7. Ph 03 365 7777
- › Moorhouse Medical – 3 Pilgrim Place. Open 8am – 8pm, 7 days a week. Ph 03 365 7900
- › Riccarton Clinic – 4 Yaldhurst Road. Open 8am – 8pm, 7 days a week. Ph 03 343 3661.

## Book in your annual leave

There's no doubt that this has been an extraordinary and demanding year with a lot of change. I encourage you all to book in some leave if you're able to over the coming months and Christmas holiday period to allow yourself time to refresh and recharge.

We all know that to look after others, we need to look after ourselves first. I also know it's not always easy to take leave when it's so busy, but now's the time to talk to your manager and make a leave plan.

With the end of the year just over a month away, and many people feeling the effects of a relentlessly busy year, please remember to be patient and kind to each other.

## Accelerating our Future

Overlaid across everything we are doing is the Accelerating our Future programme – the name given to the programme of work underway or being assessed, to help reduce costs. I am impressed by some of the ideas coming from staff – check out the story on [page 9](#) which showcases the work of a small team at Burwood who have switched products and work practices and look to save more than \$47,000 a year – and the bonus is they are also reducing the amount of waste we send to landfill. If you have ideas on doing the right thing for our sustainability email the Accelerating our Future programme management office on [pmo@cdhb.health.nz](mailto:pmo@cdhb.health.nz).

The [Accelerating our Future website](#) is the place to go for more information on the savings programme.

## Make summer unstoppable by keeping up good habits

Finally, to have an uninterrupted Kiwi summer with all the freedoms we expect (and take for granted), remember to keep up with your basic hygiene measures, wash and dry your hands frequently, stay home if you're sick, check in with the COVID-19 tracer app, and if you have any flu/COVID symptoms get tested. You can either call your General Practice team or visit one of the [Community Based Testing Centres](#).

As the Director General Ashley Bloomfield has said, we all need to 'get with the programme' to keep COVID-19 out of our communities and enjoy an Alert Level 1 Christmas.

Ngā mihi nui



**Andrew Brant, Acting CEO**  
**Canterbury District Health Board**

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



## Bouquets

### **Acute Stroke Team and Ward 24, Christchurch Hospital**

My husband spent three days in Ward 24 after a stroke. He wants to send the warmest thanks to everyone involved in his care and recovery. From the swift, efficient actions of the Acute Stroke Team, to the amazing therapists and nursing staff, whose friendly, competent, supportive care made his hospital stay so positive. Thank you. He remembers your names clearly, a sure sign of his steady recovery. We are extremely thankful for the standard of care he received from everyone. Best wishes to you all.

### **Julia and Carolyn, Dermatology, Christchurch Hospital**

No words can express the very wonderful care and treatment I have received from Dr Julia and Dr Carolyn for my condition. These two lovely doctors have made me better and have given me something to live for. Thank you.

### **Neonatal Intensive Care Unit (NICU), Christchurch Women's Hospital**

We recently had a baby who had a stay in NICU. We would like to pass on our thanks and gratitude to all the staff who work in and support NICU and for making our time there the best experience possible. Prior to arriving at NICU we had been told that the staff were fantastic, so we had high expectations, and our expectations were well and truly exceeded. While our primary contact was with the nurses and doctors, the entire staff were warm, friendly and caring. Not only was the medical care for our baby brilliant, but the staff's care of us, the parents, was excellent. I understand that the staff see hundreds of babies each year, but they were able to make us feel like our baby was the centre of their world too. We asked the same basic questions that the staff must hear over and over, yet those questions were always answered, and we never felt like we were asking a dumb question or wasting anyone's time. The level of care was exceptional from the moment we walked through the doors when we arrived, until when we left. Thank you very much to the entire staff at NICU.

### **Thomas Sharpe and Raenna Chan, and Ward 18, Christchurch Hospital**

My wife has asked me to write a small note of appreciation. Her surgeon Mr Sharpe was fantastic, and Dr Chan was amazing, very caring and extremely knowledgeable. She has also had three very good nurses, Bridget on internship from Ara Institute of Canterbury, Dee, and Brook to name a few. I was listening to Magic Radio when a patient called the announcer to say that he was in Christchurch Hospital and he wanted people to know about the great service he was receiving. Once again, many thanks.

### **Emergency Department (ED), Surgical Assessment and Review Area (SARA), Christchurch Hospital**

I would like to acknowledge the amazing service and high level of treatment that I received during my stay in both the ED and SARA. All the staff's care, politeness and help was appreciated. Thank you for providing us with high level help. Well done everyone.

### **Radiology, Burwood Hospital**

Very kindly treated. Thank you for all you are doing for me.

### **General Surgical, Christchurch Hospital**

I am writing to compliment your staff for an excellent appointment. What an excellent service, thank you.

### **Hospital and area not specified**

Thank you to everyone. God bless you all.

### **WellFood, Christchurch Hospital**

Wholesome meals.

### **SARA and Ward 16, Christchurch Hospital**

Dr Michael and Dr Rory were excellent. The nurses in SARA and Ward 16 treated [patient's name] with respect.

### **Christchurch Hospital (area not specified)**

We have had excellent service from Rachael and Dr Max.

### Dental Department, Christchurch Hospital

Amazing to have such kind and caring people. Dentists are scary enough, so I appreciate the fact that I could sense that Jessie and his assistant really are here to help.

### Plastics, Burwood Hospital

Excellent team.

### Day Surgery, Burwood Hospital

One of the best hospital experiences we have ever had.

### Christchurch Hospital

I had to attend ED with a kidney issue. Urology Register, Josh, very efficiently arranged for me to be seen by Nurse Steve and his team at Interventional Radiology. Then after a quick X-ray I was whisked up to the Urology Unit where I was greeted by Nurse Kuriachan. This was the man who farewelled me about four weeks ago, so it was with much joy to come under his care again. As usual, after my past visitations to this part of the hospital, I like to give credit to the many people who looked after me. Monica is a quietly efficient cleaner who is so pleasant as she goes about her most essential work. I need to pay an extra amount of praise to the WellFood team. Whilst I see their representation through the catering assistants, I acknowledge that back in the kitchen, the collators, tray staff, cooks and assistants are doing a sterling job, and gosh the food is yummy! Hats off to Diane who arranged for the kitchen to get me a lovely meal of spaghetti bolognese well after I arrived in the ward after all the other meals had been delivered. The following days I was looked after by smiling, happy Natasha. She always lifted my spirits and made sure, as a diabetic, I had my morning tea and supper and hot drinks! The nursing team of Hannah, Karen, Maria, Tenje, Ashleigh, Jincy, Zorira (who introduced herself as Tata) Amy, Ayla, and Jinni, without forgetting the aforementioned Kuriachan, were a well-coordinated team of skilled practitioners. They were ably assisted by the ward's aides Liz, Lianne and Mei. Thank you to registrars, Josh, Heidi and Cam who planned my treatment under the guidance of Consultant Kevin Bax. Many others made our patient journey so great; the many orderlies, phlebotomists and their laboratory staff, X-ray personnel and the ever-helpful volunteers and St John helpers in ED. There are a silent but essential group of clerical workers keeping track of the paperwork we generate.

### Colorectal surgery, Christchurch Hospital

My overall treatment and handling were first class. Sincere thanks.

### Radiology and Orthopaedics, Christchurch Hospital

So kind and efficient. We are so full of confidence in this hospital. My husband and I used your services for five hours. All I can say is we are so lucky to have this facility.

### Oncology Department, Christchurch Hospital

At every stage we have been phoned, received letters and supplied with information by the diligent Oncology staff. The commonality of all this is the expertise, excellence, integrity, timeliness and kindness of everyone involved. It seems to me that you have created a first-rate medical system, which offers patients excellent care. You seem to work co-operatively and in a streamlined way, which makes treatment available. Thank you all. We are impressed with your team. Other positive factors are the yellow line, the cheery receptionists at Oncology Outpatients, the drinks machine, the hospitable lady, and the Deans Ave carpark and shuttle. We very much enjoyed talking with the specialists but were mindful of the call on their time. We are profoundly grateful for the care you are all giving my husband.

### Ward 18, Christchurch Hospital

Really lovely group of nurses and helpers in this ward. We appreciated their kindness. It made our unexpected stay more enjoyable. We know they had a job to do but we felt they all made the extra effort. I just want them to know how much we appreciated that. Dee, Allen and Rachel – the young night nurses – were all wonderful.

### Ward 27, Shuttle driver John, and Catering Assistant Bernard, Christchurch Hospital

The Ward 27 nurses and nurse aides are fabulous, especially nurse aides Mannie and Polly. The shuttle driver John is exemplary, a great guy, and he still remembered me from when I was at the hospital visiting my mum in August. Bernard, from WellFood, is wonderful, so friendly and helpful, and lovely to chat with.

### Maxillofacial Department, Christchurch Hospital

Great service, well done, very efficient.

## Big Shout Out

### To: Waipapa volunteers and Security Service

On behalf of the Radiology service, which has been doing applications training in Waipapa for the past two weeks, we would like to pass on our thanks to the wonderful, cheerful team of volunteers who have escorted our patients to us. They have walked miles for us! Thank you also to the security staff who have managed the linkway.

### From: The Radiology Service

#carestartshere

# Welcome to Waipapa

## MIGRATING TO CHRISTCHURCH HOSPITAL HAGLEY

The first week of migration to Waipapa was a success in so many ways. All patients and staff arrived safely to their new spaces, ahead of schedule. The hours and hours of planning all paid off to ensure equipment was in place, the building was ready and the transition to new wards and spaces was seamless.

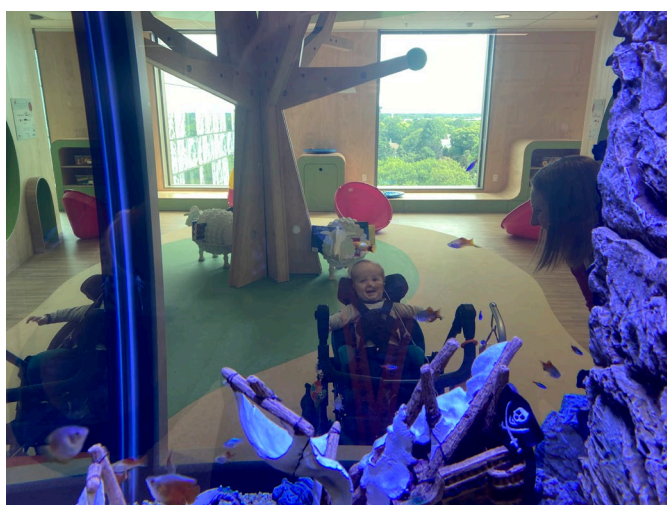
Check out the reactions from some of the staff and patients in [this short video](#).



Nurse Emily helps mum Anna and patient Cole get acquainted with their new room



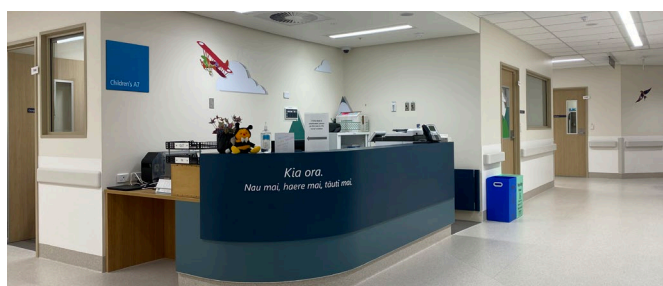
Team work in action, as patients were moved from the cramped old intensive care units to the modern new facilities in Waipapa last week



Cole is a fan of the play area's fish tank, complete with its own pirate shipwreck



Crown Relocations staff had to get scrubbed up to help with the move



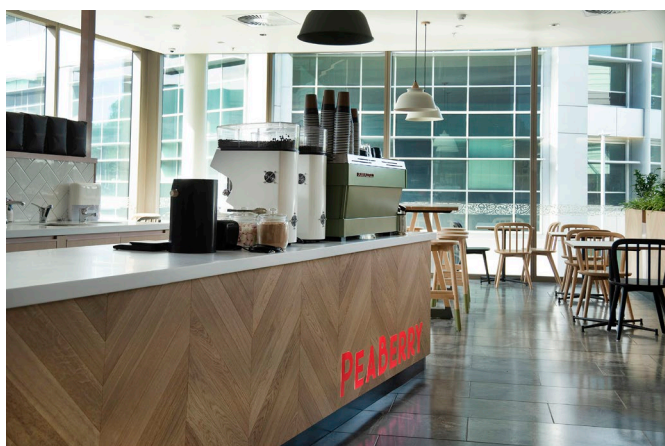
The light and bright reception area on Ward A7 offers a welcoming space for child patients and whānau



Bone Marrow Transplant Unit (BMTU) has a quick pow wow on the day they moved to WardB6



The ICU team getting ready to move



Peaberry café and Willow Lane shop are open for business in the main foyer of Waipapa



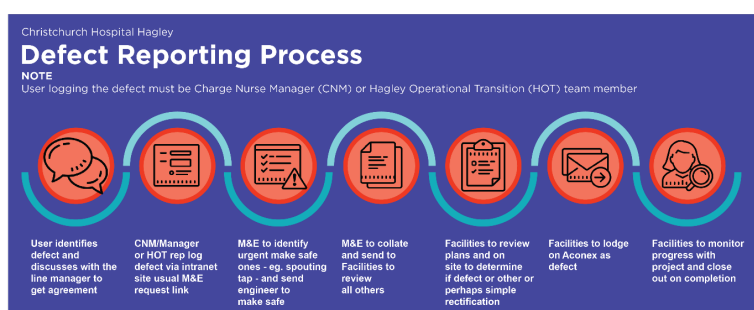
BMTU patient Tane settles into his new room in Waipapa



## Defect reporting and change requests

There will naturally be some teething problems as there always is when getting used to a new environment or using new equipment. There are clear processes for [reporting defects](#) (something that is broken or not working and is for the builder to resolve) and submitting [change requests](#) (if there's something you would like to be added, removed or changed). Both are illustrated here for your reference.

Please be sure to follow these processes and refrain from emailing members of the Maintenance and Engineering team or the Facilities Development Projects teams as both are experiencing higher than usual numbers of emails and there's a good chance your issue will get lost if it's not logged correctly.



## Parking at Waipapa

There are a number of time-restricted emergency drop-off and pick-up parks in front of Waipapa for members of the public. There are also time-restricted mobility parks for people with disabilities. These are currently being monitored by Security to ensure people are parking correctly.

There are also a limited number of drive and drop parks in the undercroft for clinical staff who are attending emergency situations. There is a clear process for accessing these parks, including registration of vehicles and staff members. Contact your immediate manager if you need to access these parks. Please note they are very limited and should be used only in the event of emergencies.

The new bike racks are in place in the undercroft and behind Christchurch Women's Hospital. When using these, please be aware that this is a shared and very busy thoroughfare so take extra care when entering or leaving the site, particularly if it's dark.

## Final farewell planned

A final farewell to the wards and services that have migrated to Waipapa will be held in the old Emergency Department in Parkside on Wednesday 25 November at 8.30am. Representatives from each ward or service that has migrated or been involved in the move are invited to attend.

This will be an opportunity to acknowledge the work that has been done and also remember the people and events that have been part of all of these spaces over the years. A video of the farewell will be made available following the event.

## SUBMITTING A CHANGE REQUEST

**Change Request:** something you would like to be added, removed or changed



### 1 SEEK APPROVAL

Seek approval from your line manager to submit a Change Request. If approved it might be the service that has to pay for it, so Manager support is required.



### 2 COMPLETE AND SUBMIT

Complete the Change Request form and submit it to Yvonne Williams via email.



### 3 REVIEW AND DECIDE

Yvonne Williams reviews to ensure the request is consistent with CDHB processes, or is not included in another change request. Alternatively, the request will be forwarded on to Governance.



### 4 GOVERNANCE REVIEW

Facilities Governance reviews the request and either:

1. Declines the request
2. Hold the request for 6 months and then reviews
3. Approve for the Project to complete
4. Approve for the Service to complete

## DIFFERENT FROM A DEFECT

**Defect:** something is broken or not working in the building, and is for the builder to resolve.  
Follow the Defect Reporting Process

ANY QUESTIONS EMAIL [YVONNE.WILLIAMS@CDHB.HEALTH.NZ](mailto:YVONNE.WILLIAMS@CDHB.HEALTH.NZ)



## ACCELERATING OUR FUTURE

Hapaitia te ara tika pūmau ai te rangatiratanga mo ngā uri whakatipu

# Doing the right thing for patient, planet and bottom line

When a team at Older Persons' Health spotted an opportunity to deal differently with incontinence products they had no idea how great a difference their work would make.

Nursing Director Older Persons' Health Caroline McCullough says that in many areas of Burwood Hospital's Older Persons' Health it had become almost a default to use a disposable linen bed pad product "just in case" patients had issues with incontinence.

Continence Clinical Nurse Specialist Di Poole says that there are national guidelines to follow on referring to the right incontinence treatment or product for patients, and in many cases it was not clinically appropriate to use the bed pad that had become commonplace.

"The bed pad product did not prepare patients for managing their incontinence at home as it's not something generally used outside the hospital and, because of its ridged surface, it increased the risk of pressure injuries, particularly for surgical patients."

In addition, high use of a disposable product had an obvious environmental impact.

Caroline says the Burwood leadership team were approached to see if the product, TouchDRY® Breathable Absorbent Pads, could become prescription-only, subject to approval by Di, and removed the product from imprest rooms (with some exceptions where appropriate).

"We went around all the wards and talked to people about the change and most charge nurses were supportive. Procurement worked with us to make sure the product can only be ordered via our product catalogue by Di as another check."

The change was implemented at the end of August and Caroline says the usage at Burwood has dropped to 900 across two months compared to 4860 for the previous two months.

At around \$2 per pad the move has saved Canterbury DHB \$7920 in two months, with projected annual cost savings of \$47,520, not to mention the reduction in product going to landfill.

"The feedback is that the wards aren't missing the product and it was just a habit people had fallen into," says Caroline.

"A lot of nurses are particularly excited about the environmental impact and we've started to see ideas come in about other ways to reduce our waste footprint."

Caroline has now been asked to be clinical lead for a Canterbury DHB-wide piece of work on continence consumables looking at some savings opportunities.

Accelerating our Future General Manager Dan Coward says the work is a prime example of the flow on effects of "doing the right thing".

"A lot of ideas that save costs also have a positive environmental impact – printing and photocopying less, reducing travel by meeting online, saving power by switching off computers and lights, choosing consumables and ordering wisely. For a health system this size, every small act has an impact when lots of people do it and every cent saved makes a dent in our sustainability."

Please share your ideas for doing the right thing for our sustainability or tell your story of how you're already made an impact by emailing [pmo@cdhb.health.nz](mailto:pmo@cdhb.health.nz) so we can celebrate your efforts and inspire others.

### Latest news on Accelerating our Future

Check out the [Accelerating our Future](#) website for an update on the savings programme and look out for more updates going forward as this work gathers momentum.

# Canterbury DHB wins international healthcare award

Canterbury health teams have been recognised in the prestigious international UNIVANTS of Healthcare Excellence Awards that recognise teams “who have achieved measurably better healthcare performance through unity and avant-garde thinking”.

UNIVANTS, which stands for ‘unity’ and ‘avant-garde’ is a healthcare industry award that annually recognises teams who collaborate across disciplines and transform healthcare delivery, and ultimately patient lives.

Canterbury DHB won the UNIVANTS of Healthcare Excellence 2020 Asia Pacific area award for a project called ‘Reducing Patient Risk and Enhancing Care through the Development and Implementation of a new chest pain pathway expedited by and for the COVID-19 era’.

There were 180 applications from 141 countries and the Canterbury project was unique in being the only application to receive seven stars of distinction from all judges.

The project included contributions from right across the Canterbury Health System including primary care and the Acute Demand Nursing Service; hospital and community laboratories; corporate services; researchers; and administration and clinical staff from the Cardiology and Emergency departments at Christchurch Hospital.

The project leaders were: Canterbury DHB Emergency Medicine Specialist Martin Than, Emergency Department (ED) Specialist Jacques Loubser, Associate Professor of the University



Top row, from left, Emergency/Cardiology Research Scientist Joanna Young, Cardiologist Alison Nankivel, Ward 12 Charge Nurse Manager Margaret Cumming, Cardiologist Sally Aldous, Cardiologist John Lainchbury, Data Scientist John Pickering, Project Manager Alieke Dierckx  
Front row, from left, Information Analyst Melanie Browne, Management Accountant Harue Akimoto, Consultant Physician Martin Than, Senior Research Nurse Felicity Turner, Consultant Physician Jacques Loubser, Canterbury Health Laboratories Patient and Client Service Manager Vanessa Buchan, Canterbury Health Laboratories Clinical Biochemist Professor Chris Florkowski

of Otago John Pickering, Clinical Biochemist Chris Florkowski, and Cardiologist Sally Aldous.

Martin says the initiative was a rapid response to redesign Canterbury DHB's processes for people who have suffered possible heart attacks being investigated at Christchurch Hospital.

“It was in response to the COVID-19 pandemic where we were trying to reduce admissions to hospital and reduce the amount of time people spend in ED, where they had the potential to pass on any infection.

“I’m very proud of the team for what they have done. But I am most proud of the collaborative history that sits behind the team that allowed us to make an effective, necessary and agile change,” says Martin.

Jacques Loubser says for clinicians it is nice to be able to offer this service and do it confidently.

“It’s good for the hospital system too. The capacity that it opens up is massive, especially if we are expecting an influx of patients,” Jacques says.

A statement from UNIVANTS says: “It is with great honour that we congratulate all participating teams while celebrating strategic activation and insights from clinical and laboratory medicine to achieve measurably better outcomes for patients, payors, clinicians and health systems.”

You can view a video of the team speaking about their work [here](#).

The full list of winners and projects is available [here](#).

# Clinical Ethics Advisory Group established

A formal ethics advisory service for Canterbury DHB has been established.

The Canterbury DHB Clinical Ethics Advisory Group is meeting monthly and is currently prioritising the development of processes to receive and respond to referrals. The intention is to provide support and guidance to clinical teams when facing challenging cases that involve ethical dilemmas or concerns.

The advisory group includes Canterbury DHB's corporate solicitors, the chief medical officer (Sue Nightingale will remain on the group until her departure in December) and a group of clinicians with expressed interest in clinical ethics. Several members also have formal ethics qualifications and together contribute considerable experience and wisdom.

Clinical Director of the Canterbury Integrated Palliative Care Service, Kate Grundy, accepted the invitation to be chair and the full group has been co-opted for an initial 12-month period.

The purpose of the group is to:

- › Provide Canterbury DHB staff and, where appropriate, the Canterbury Health System and our regional partners, with a consultative and supportive mechanism for making informed ethical decisions
- › Promote and support education in the area of clinical ethics
- › Raise ethical awareness within the Canterbury Health System
- › Provide advice about service issues and policy where appropriate
- › Ensure Māori and other vulnerable groups are specifically considered, in recognition of the need to ensure that any opinions/recommendations do not exacerbate existing health inequities.

The group is prioritising the development of its systems and processes and will ensure that these are communicated as soon as they are operational, Kate says.



From left, Corporate Solicitor Greg Brogden, Clinical and Academic Ethicist MaryLeigh Moore, Charge Nurse Manager Cindy Gibb, Anaesthetist Hamish Gray, Older Persons' Health Portfolio Manager Andrea Davidson, General Practitioner/Forensic Physician Clare Healey, Palliative Medicine Physician Kate Grundy, Emergency Medicine Specialist Michael Ardagh, Registered Nurse, Quality and Patient Safety John Hewitt, Executive Assistant to the Chief Medical Officer Rochelle Audeau, Nurse Researcher Sandra Richardson, Corporate Solicitor Elizabeth Browne, and Director of Midwifery Norma Campbell)

Absent: Director of Nursing, Ashburton and Rural Health Services Brenda Close, Nursing Director, Infection Prevention and Control Sarah Berger and Chief Medical Officer Sue Nightingale

"We acknowledge that ethical decision-making occurs every single day within and across healthcare teams, drawing on the expertise of clinicians at the point of care, and sees a formal ethics advisory service as a means to support and strengthen day-to-day practice through continuous shared learning and improvement."

In addition to providing advice on complex ethical dilemmas as and when required, the group will be working to raise awareness and promote education.

"We are happy to be contacted with suggestions for specific education materials or sessions that would be of use in the future," Kate says.

A SharePoint site is in development and will be up and running in December.

If you wish to make an enquiry, please email [clinicaethics@cdhb.health.nz](mailto:clinicaethics@cdhb.health.nz).

Referrals to the advisory group are best made through the SharePoint site and should not include any patient identifying information.

### Current members

- › Older Persons' Health Portfolio Manager Andrea Davidson
- › Director of Nursing, Ashburton and Rural Health Services Brenda Close
- › Charge Nurse Manager Cindy Gibb
- › General Practitioner/Forensic Physician Clare Healy
- › Corporate Solicitors Elizabeth Browne and Greg Brogden
- › Anaesthetist Hamish Gray
- › Registered Nurse, Quality and Patient Safety John Hewitt
- › Palliative Medicine Physician Kate Grundy
- › Clinical and Academic Ethicist, and former Emergency Physician Mary Leigh Moore
- › Emergency Medicine Specialist Michael Ardagh
- › Director of Midwifery Norma Campbell
- › Nurse Researcher Sandra Richardson
- › Nursing Director, Infection Prevention and Control Sarah Berger

Please feel free to approach or contact members to discuss the work of the group. They are interested in hearing your thoughts and ideas.

## Waipapa patient catches the eye of Warrior sponsors

Last week, one of the first patients to move in to Waipapa, Tane Loper, was featured in [this article on Stuff](#), sharing how impressed he was with the new facility and all of its features.

In the photo he wore his favourite shirt, featuring his team the Warriors. Eagle eyes from one of the team's gold sponsors, Asahi Beverages, spotted the photo and contacted the DHB to offer Tane a gift of some merchandise from his favourite team, along with their best wishes for Tane's recovery.

The team caring for Tane presented him with the unexpected gift of a 2020 shirt and signed ball earlier today. Tane has always been a warriors fan and is thrilled with the gift! Thanks to the Warriors and the team at Asahi.



Tane Loper with the Warriors merchandise and surrounded by hospital staff and members of his whānau

# Tribute to Daryn Elley

*Written by Bioengineering Team Leader Michael Sheedy.*

It is with great sadness we announce that Daryn Elley, Surgical Instrument Technician in the Medical Physics and Bioengineering department, passed away on 18 November at the age of 50.

Daryn was an enthusiastic and valued member of the department and his skills were highly regarded throughout Canterbury DHB.

He was passionate about helping people and enjoyed working in a place that allowed him to apply his engineering skills to make a difference in people's lives. His dedication to solving a problem saw him working with many departments across the DHB, including Operating Theatres, the Intensive Care Unit and Theatre Sterile Supply Unit.

During his four-and-a-half years working as an instrument technician, Daryn made many surgical instruments and many friends. His skill on the lathe was amazing and, after a quick discussion, an instrument would be crafted to suit a particular need.

Daryn was always fun to work with and his happy, cheerful manner meant that he was instantly liked. His colleagues enjoyed his wicked sense of humour and his ability to lighten the mood. He was an avid cyclist and spoke often of the times he spent in the weekends out in the hills on his own or with his children. Our thoughts go out to his wife and children in this difficult time.



Daryn, your father, who was also an engineer, would be really proud of your achievements and your legacy will live on in the many handcrafted surgical instruments that you have lovingly made. We are going to miss you.

## Holiday publication dates and deadlines for the CEO Update

The last *CEO Update* for 2020 will be a Christmas special, to be published on Monday 21 December, with a deadline of midday on Thursday 17 December.

Please send in your Christmas-themed photos – whether it's decorations, a tree, a festive team outing or activity. Share the love and help us spread some Christmas cheer.

The first issue for 2021 will be published on Monday 18 January, with a deadline of midday Thursday 14 January.

Feel free to share some holiday snaps to show how you made the most of some time off work.

Photos and stories should be sent to [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz).

We're always after new people to interview as part of our 'One Minute With' series – feel free to nominate a colleague or yourself.

# New improved patient information boards

Upgraded patient information boards, informally known as 'bedside boards', make it clear if a patient has communication challenges.

The boards are a visual tool to help inform the multidisciplinary health team, the patient and their family, about the patient's current communication needs, the assistance and equipment required for the patient to safely move about, and other important information necessary to keep the patient safe.

Having this information readily available is important as a lot of people come and go out of patient rooms every day.

The boards, which usually sit near the patient's bed, have always had alerts for hearing impairment (along with visual and communication impairment) but the poor state and design of the old laminated boards meant they weren't easy to use, and staff compliance wasn't good, says Medical Nursing Director Mark Crawford.

"We are anticipating a significant improvement with the upgraded signage. The final design was signed off by a working group after a series of iterations and pilots and we have also recently updated the guidelines that reinforce the expectation on staff to complete the different components of the board."

The new boards allow the care team to convey goals and important safety information and are a way of introducing members of the care team to the patient, and the patient to members of the care team, he says.

When patients have hearing problems, they can't always pick up what is being said, says, Canterbury DHB Consumer Council member Pauline Mohi.

"So, consumers asked if the information board could have 'Hard of Hearing' or 'Deaf' written on it."

Mark presented the new boards to the Better Breathing exercise and coffee group which Pauline runs, and they were well received.

Permanent wall mounted boards were introduced to Burwood Hospital, Ashburton Hospital, and rural hospitals in 2017. In 2018 Christchurch Women's Hospital implemented their bedside boards which are a wall adhesive version.



Medical Nursing Director Mark Crawford and Canterbury DHB Consumer Council member Pauline Mohi with one of the upgraded patient information boards



Nurses in Ward B3 with the new patient boards

The impact of these new boards in other divisions is demonstrated by an increase in staff compliance (80 percent, compared to 20 percent in 2017), says Nurse Co-ordinator Quality and Patient Safety Roxanne McKerras.

"There has also been an increase in the accuracy of information on the boards (90 percent, compared to 30 percent in 2017), and an increase in patient and whānau satisfaction levels when asked if they find the information on the board useful, 92 percent, compared to 60 percent in 2017."

# 3D colour scanner invented by Canterbury DHB radiologist goes international

International trials will begin in early 2021 on a low-radiation, compact 3D colour scanner designed by a Canterbury radiologist to better diagnose common wrist and hand injuries.

The development follows a successful pilot study of the scanner involving orthopaedic patients from Christchurch Hospital.

Radiologist and University of Otago, Christchurch, Professor Anthony Butler and his physicist father Phil invented the MARS spectral scanner more than a decade ago. It captures information about the density and composition of scanned materials, producing 3D colour images at very high resolution.

The team developed a compact version of the technology for diagnosing wrist injuries because they are common, can be difficult to diagnose, and often result in complications such as bones not healing properly, Anthony says.

A pilot study involving Christchurch orthopaedic patients in 2019 found the wrist scanner produced images as good as current CT, and potentially provides MRI-level information for improved diagnosis.

[Read a summary of the pilot study.](#)

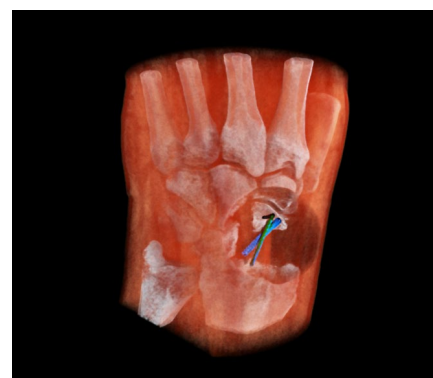
Anthony says the MARS team was excited the wrist and hand scanner would be tested in clinics internationally. Trials will begin from early 2021 with up to 150 patients at the 24-Hour clinic in Christchurch and at a clinic in Switzerland.

More centres in Europe are likely to join the trial over the next year, he says.

The international clinical trial will be run by MARS Bioimaging Ltd (MBI), a company founded to commercialise the invention, and the University of Canterbury.

Pending regulatory approvals, wrist scanners could be available for clinical use in the next year, Anthony says. The wrist scanner is the first in a range of products planned.

For more than a decade the Universities of Otago and Canterbury have studied different aspects of the scanner and its potential clinical uses. Pre-clinical versions of the MARS scanners are already used by researchers in many universities around the world.



3D colour scanner image



Professor Anthony Butler with the 3D colour scanner

# Christchurch smokefree public areas now vapefree as well

Areas designated by Christchurch City Council as smokefree will soon become vapefree as well, in part thanks to the dedication of Canterbury DHB Community and Public Health Team Leader Lee Tuki, Cancer Society Deputy Manager Health Promotion Amanda Dodd and the Smokefree Canterbury team.

Earlier this month Lee and Amanda made a presentation to the Council, advocating for vapefree to be included in all Christchurch smokefree public spaces.

The Council voted to amend its Smokefree Public Places Policy to include vaping. This means that parks, playgrounds, bus shelters and the entrances to Council buildings and facilities will become both smokefree and vapefree.

Lee says Community and Public Health greatly value their partnership with Christchurch City Council, as well as the dedicated collaboration and commitment from our partner who have all contributed to this fantastic outcome.

Amanda says the decision is a positive step towards protecting people's health and helps to de-normalise smoking and vaping in the community, especially for young people.

"We don't want young people who don't smoke to see vaping products as cool recreational products. Emerging evidence highlights associations with vaping and respiratory disorders such as asthma and lung disease."

There are also carcinogens in some products which are known to cause lung cancer even at low levels. The long-term health impacts of vaping are unknown, she says.



Public Health Team Leader Lee Tuki celebrating the Council decision to make smokefree areas vapefree as well

The decision is not a ban but aims to encourage people to do the right thing and make a positive choice not to smoke or vape in shared public spaces.

Christchurch City Council joins 15 other Councils in New Zealand which have also integrated vaping into their smokefree policies.

Smokefree Canterbury Chair Lisa Hesp says this is a great example of collaborative mahi resulting in a very positive outcome.

For more information, check out the news item on the [Christchurch City Council's website](#).

## Ensuring a healthy smokefree and vapefree environment on Christchurch Hospital Campus

With the opening of Waipapa last week, the Te Hā – Waitaha Stop Smoking Canterbury team has been on site, and will continue to be until 11 December, to help ensure visitors and patients know where they can and can't smoke or vape on the Christchurch Hospital Campus. This reinforces the campus's [Smokefree \(Auahi Kore\) Policy](#).

When appropriate, the team is also available to have a kōrero and offer support to those who would like to quit.

For free stop smoking support, including nicotine replacement therapy (NRT), check out the [Te Hā – Waitaha website](#).



Keep an eye out for the Canterbury DHB Smokefree team around Waipapa this week. From left, Nika Matenga, Sue Stevenson, Lorraine Young, Harata Franks, Erin Prattley, Mitchell Jordan and Smokefree Manager Maraea Peawini

# Wise and generous mentorship the hallmark of Haematology career

It's the end of an era this week when Haematology Specialist Steve Gibbons, retires, having served Canterbury DHB for 32 years.

Steve says he didn't think he would spend most of his career in Christchurch, having trained in medicine in Dunedin and Wellington, but this is where he ended up and he has been very happy with his choice.

"After I qualified I went off on an OE to England and did all sorts of medical and even surgical jobs. I picked up a locum appointment as a senior house officer in Haematology, which I didn't know much about – it always seemed too difficult at medical school."

That led to him being in the right place at the right time to apply for and succeed in getting a registrar appointment at King's College Hospital, London.

"I very much enjoyed the connection between the laboratory and the patient, having the opportunity to find out, using my own laboratory work, what was wrong with the patient and then, with laboratory support, treat patients with what, by the standards of the times, were highly sophisticated procedures requiring intensive monitoring, often with incredible results. I was hooked and decided to specialise as a haematologist."

Following this he worked for public research university, McMaster University in Canada.

A research position in Melbourne followed, looking at platelet function and then in 1984 Steve took his first consultant post in Clinical and Laboratory Haematology and Transfusion Medicine at Palmerston North.

In 1989 Steve took up the Regional Transfusion Director role for Christchurch Hospital as well as continuing with Haematology. He has been in Christchurch ever since. The transfusion medicine role was eventually separated from the health boards when the NZ Blood Service was established, but Steve continued with his transfusion medicine interests by serving as Chairman for the Hospital Transfusion Committee.

In the early 1990s Steve transferred to the Haematology Department and he has trained many of the current specialist and other clinical and laboratory staff in Haematology, who have greatly valued his wise and generous mentorship, says Service Manager Jane Trolove.

"Steve's leadership has been characterised by respect for every member of the team and the care he has taken to build and maintain departmental cohesiveness."

For these reasons Steve has successfully held all the senior roles in the department, including Clinical Director of Haematology, Medical Director (Haematology) at Canterbury Health Laboratories, Chair of the Haematology and Oncology Cluster, and in New Zealand more widely he has been Chair of the Southern Cancer Network.

Steve says during his career there has been a massive increase in understanding of cell biology and supportive treatments and arguably Haematology has been the greatest beneficiary of these advances.



"I have been privileged to be part of a transition to effective and practicable treatments for our patients, whose lives are in many cases now dramatically longer and better than when I started with my interest."

His colleagues say Steve has also been an inspiration in the physical fitness arena, having achieved the high standard of being a Coast-to-Coast finisher. His carbon footprint is smaller than most, thanks to commuting to work on his bike every day over the last 32 years. That's 60,000 kilometres of car travel saved.

We wish Steve and his wife Chris every happiness during their retirement.

# One minute with... Annabelle Cummings Medical Secretary, Orthopaedics

## What does your job involve?

I work closely with my consultant and patients, organising clinic appointments and making sure everything runs as smoothly as possible. I liaise with the patients to arrange their appointments to see the consultant and any other appointments such as X-rays for those in my Consultant's Fracture and Paediatric clinics.

## Why did you choose to work in this field?

I have always enjoyed working in a medical field and working with lots of different people.

## What do you like about it?

Everything. I am fascinated by the things our consultants can do to help a person have a better outcome from an injury or condition that they were born with.

## What are the challenging bits?

Changing clinics at the last minute.

## Who inspires you?

My dad – he was always level-headed, had good answers and he said what he thought.

## What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

These values are extremely important, both in my working environment and private life. They define who we are.



## Something you won't find on my LinkedIn profile is...

Nothing.

## If I could be anywhere in the world right now it would be...

Relaxing in Rarotonga with a Pina Colada in my hand.

## What do you do on a typical Sunday?

Catch up with my family for dinner, go for walks and try to chill out.

## What's your favourite food?

Asian fusion.

## And your favourite music?

Ed Sheeran, Celine Dion, Meat Loaf, Queen. I once left a Celine Dion CD in one of my boy's cars. I delivered his car back out to him at Burnham Military Camp and a bit later he and friends decided to go for drive. When he got in and started the car Celine was singing at full volume – he was not impressed. I believe my CD is somewhere between Burnham and Rolleston!!

If you would like to take part in the column or would like to nominate someone please contact [Naomi.Gilling@cdhb.health.nz](mailto:Naomi.Gilling@cdhb.health.nz).



## Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.

Check out Something For You on the intranet for more information on these deals and many more! Remember, you'll need your Canterbury DHB ID badge to claim these deals, so be sure to take it along with you.

This week's featured offer is from Noel Leeming. From Monday 23 November to Sunday 6 December, you and your whānau and friends can receive various discounts on a large range of items instore. Print [this flyer](#) or take a photo and show it on your device instore. Note all terms and conditions are listed down the bottom of the flyer.

Check out [Something For You on the intranet](#) for more information.

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## Information and guidance re clinical and company representatives visiting Canterbury DHB

Changes have been made regarding clinical and company representatives visiting Canterbury DHB. These include:

- › All clinical reps visiting Christchurch Hospital Campus are to sign in and out using Vistab. This is in the main reception area. Sign in at Burwood and other areas remains business as usual.
- › Company Reps must display any assigned visitor ID and own company ID at all times.
- › Company Reps showing new products must always inform the Clinical Product Coordinators /Pharmacy/ or Nutrition and Dietetics a minimum of 48 hours in advance of any appointment they make, unless the meeting has been agreed at shorter notice for operational reasons.
- › The email communication will include the reason for their visit or contact, and list the clinical staff they plan to see.
- › To allow CDHB to have visibility of when Company representatives are intending to be on premise or holding a virtual meeting appointments should be electronically made by the company reps using [companyreps@cdhb.health.nz](mailto:companyreps@cdhb.health.nz)
- › There is no cold calling.

An information leaflet outlining the changes has been provided to companies through the Central Supply Department, and further detail can be found on PRISM here: [Company Representatives Visiting CDHB](#).



# ROAD ACCIDENT REMEMBRANCE DAY

**Saturday, 28 November, 10.30am**  
**Lake Victoria, North Hagley Park**

## PLEASE JOIN US AS WE...

- Acknowledge survivors and those who have tragically lost their lives
- Recognise and thank those involved in post-accident care and recovery
- Hear compelling speeches from witnesses, survivors, medical personnel and emergency services.
- Relay important road safety messages
- Present Canterbury Road Trauma Awards.

For further information or enquiries please contact Sarah Dean  
[roadtraffict trauma@xtra.co.nz](mailto:roadtraffict trauma@xtra.co.nz) or 027 324 0918  
[roadtrafficaccidenttrust.org.nz](http://roadtrafficaccidenttrust.org.nz)



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