



# Children's Outreach Nursing Service

## Parent/Caregiver Information

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The Children's Outreach Nursing Service provides care for children who have been cared for by the Child and Youth Health Service and who require ongoing education, care and support to manage their condition.

### The Service aims to

- Provide specialised paediatric nursing care
- Assess, treat and monitor progress
- Validate parents' observations and assessment
- Assist parents with problem-solving
- Reduce admission rates and outpatient visits
- Reduce the length of inpatient stays
- Provide continuity of care by networking with community professionals and the hospital-based multi-disciplinary team
- Provide information and support to children and families, hospital staff and community groups and services
- Advocate for children and their families

These aims are achieved through a family-centred approach, recognising the family as the main caregiver and empowering, and strengthening the family/whānau ability to competently and safely care for their child at home.

### Service area

The service is provided to eligible people of Canterbury. The services are provided in the most appropriate location for the child and their family/whānau. In rural areas the service may be provided through local community services, but it remains the Children's Outreach Nursing Teams responsibility to facilitate appropriate services within the rural area.

### Referrals are made by

Any member of the hospital multi-disciplinary team can make a referral. All referrals must be via Cortex.

### Who can be referred

Any child with a chronic condition requiring ongoing monitoring and support can be referred. Children with other conditions may also be referred.

### Nurse Maude Paediatric Nurse Specialist

The Nurse Maude Paediatric Nurse Specialist works across primary and secondary care. They provide seamless integrated care, including educational support and practical advice for nurses and families, and facilitation of referrals. Because the Nurse Specialist works alongside the Christchurch Hospital Children's Outreach Team and Nurse Maude, families and community nurses are able to provide care in the home for complex cases, support early discharge from hospital and provide services to those families who need it the most.

**Referrals may be made directly from primary or secondary care to the Care Coordination Centre and must request specialist paediatric nursing.**

**Referrals from hospital settings can be made via Cortex.**

## **Staff**

To contact the Children's Outreach Nursing Service:

364 0033      General  
364 0097      Respiratory  
364 0865      Neurology (Epilepsy)  
378 6132      Diabetes  
364 0794      Allergy/Eczema  
027 677 8977   Nurse Maude Liaison

(messages can be left on voice mail)

Email: [childrensoutreachteam@cdhb.health.nz](mailto:childrensoutreachteam@cdhb.health.nz)

## **Hours**

Monday to Friday – 8.00am to 4.30pm

No service weekends or public holidays

## **Notes**

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For more information about:

hospital and specialist services, go to [www.cdhb.health.nz](http://www.cdhb.health.nz) | your health and medication, go to [www.healthinfo.org.nz](http://www.healthinfo.org.nz)