

# Te Whatu Ora Waitaha Pānui Health New Zealand Canterbury News

Issue No. 42 | 29 May 2023 | 29 Haratua 2023



**Te Whatu Ora**  
Health New Zealand  
Waitaha Canterbury





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# Kupu Arataki – Introduction

## Aotearoa Immunisation Week (29 May – 4 June)

The goal of Aotearoa Immunisation Week is for more infants, children, adults, whānau and communities to be protected from vaccine-preventable diseases, many of which can cause serious illness or even death. Immunisation is one of the best ways we can all lead happier and healthier lives.

COVID-19, lockdowns, working from home and general disruptions over recent years have all contributed to a decline in vaccination rates, across all ages and demographics.

Over the next week you will see a lot of immunisation promotion and pop-up events across the region and country (see the link below). Health providers will be out in force running local events to promote and provide vaccinations such as childhood immunisation, influenza, measles, whooping cough or COVID-19.

What vaccinations are you due for?



## Some helpful resources

- › [The New Zealand Immunisation Schedule](#) – free vaccinations for babies, children, adolescents, pregnant māmā and adults, and information on when they're due
- › [Create a child's personalised immunisation schedule](#) – Enter your tamariki's first name and age to get a personalised list of vaccinations up to the age of 13
- › [Vaccinate Canterbury and West Coast](#) – For all the vaccination clinics and to check your eligibility for immunisation
- › [COVID-19 vaccinations](#) – Reminders of what vaccinations you should have and getting the new bivalent booster
- › [Pop-up vaccination events](#) – What's happening in Canterbury this week for Aotearoa Immunisation Week?

Cover photo: Some of Te Whatu Ora Waitaha's longest serving staff enjoyed afternoon tea with the Minister of Health. From left: Dietitian Vicki Clarke, Registered Nurse Angela Wright, Charge Nurse Manager Viv Garrick, Midwife Pat Irvine, Director of Nursing Lynne Johnson, Minister of Health Hon. Dr Ayesha Verrall, Clinical Nurse Specialist Maggie Glasgow, Registered Nurse Sue Chambers, Nurse Coordinator Jo Greenlees-Rae, Occupational Therapist Glenda Fox and Clinical Records Coding Manager Janis Watson.



## World Smokefree Day 31 May

As we near the end of Smokefree May, we approach World Smokefree Day on Wednesday 31 May.

Te Hā – Waitaha and the Smokefree team went along to see how World Smokefree May was being celebrated in the Seager Unit at The Princess Margaret Hospital. The consumers have been busy producing artwork around Smokefree, with fantastic ideas about what being Smokefree means, including better health, more money, smelling better and more!

They also welcomed the new Social Worker Jeff to the unit, shared kai and a Smokefree quiz. Read more about Smokefree on [page 25](#).



From left: Tony, Gabby, Morgan, Jeff, Mandy, and Anne at the Seager Unit at Princess Margaret Hospital

## Ribbon cutting ceremony for new facilities on Hillmorton Campus

Last Thursday, the Minister of Health Hon. Dr Ayesha Verrall officially opened two new facilities at Hillmorton campus with a ribbon cutting ceremony, prior to staff and consumers transitioning to the new buildings next month.

The first of the new facilities (Building 14) will provide Child Adolescent and Family inpatient services, as well as outpatient services for mothers and babies and people with eating disorders.

The second facility (Building 12) will house an adult mental health inpatient service covering a range of treatment options, including extended treatment and intensive rehabilitation.

All these services will be moving to the new facilities from The Princess Margaret Hospital.

Go to [page 21](#) for more photos of the ribbon cutting ceremony and the new facilities.



Cutting the ribbon to officially open the new Hillmorton facilities. From left, Executive Director Facilities and Infrastructure Rob Ojala, Health Minister Hon. Dr Ayesha Verrall and Director of Lived Experience Bronwyne McCabe

## Samoa Language Week

Talofa lava and welcome to Samoa Language Week. The theme of this year's celebration is 'Mitamita i lau gagana, maua'a lou fa'asinomaga' which means 'Be proud of your language and grounded in your identity'.

Go to [page 8](#) for more information on this week and [page 19](#) for a tasty Pani Popo (Samoan Coconut Bread Rolls) recipe.

## Minister tours Energy Centre and views Waipapa Tower C build

Thursday was busy for the Health Minister who fitted in a few events after the Hillmorton ceremony.

Minister Verrall and Te Whatu Ora CEO Margie Apa toured the Christchurch campus Energy Centre and viewed the beginnings of the work on Waipapa Tower C which is scheduled to open in 2025.

Go to [page 22](#) for a story about the Christchurch campus Energy Centre.



Te Whatu Ora CEO Margie Apa looks in the boiler in the Christchurch Campus Energy Centre, with from left, Facilities and Engineering Manager Terry Walker, Health Minister Hon. Dr Ayesha Verrall and Energy Manager Tim Emson



Energy Manager Tim Emson (right) explains the working of the Energy Centre to Health Minister Hon. Dr Ayesha Verrall and Executive Director Facilities and Infrastructure Rob Ojala

## Afternoon tea for long-serving kaimahi

The Health Minister's whirlwind trip to Christchurch ended with an afternoon tea celebrating some of Te Whatu Ora Waitaha's longest-serving staff, many of whom have been with us more than 40 years. The group gathered in the Riverside building to share some kai and memories.



Te Whatu Ora's longest serving employee, Clinical Records Coding Manager Janis Watson with Health Minister Hon. Dr Ayesha Verrall



From left: Executive Director Maternity and Midwifery Norma Campbell, Health Minister Hon. Dr Ayesha Verrall and long-serving Midwife Pat Irvine



## Celebration of nurses

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Since International Nurses Day on 12 May we've run a series of stories that celebrate and profile nurses in our health system. As the month draws to a close, we conclude the series with a thank you for internationally qualified nurses who are a hugely welcome and appreciated section of the nursing workforce.

We also have some additional profiles of nurses who are making a difference in the facilities and communities in which they work.

Thanks again to all of the nurses, across the health system who provide clinical expertise, comfort and care every day.

## Crazy Socks for Docs Day

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Friday 2 June is Crazy Socks for Docs Day. The initiative started by Australian Cardiologist Geoff Toogood, is an awareness-raising event with the vision of breaking down the stigma around mental health issues in doctors and health professionals.

On Friday, people are encouraged to wear crazy socks and post photos to social media with the hashtag #crazysocksfordocs.

You can learn more about Geoff's personal story [here](#). Details about Crazy Socks For Docs Day and how you can participate and donate are available [here](#).



## Anniversary of the conquest of Everest

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On this day, 70 years ago, 33-year-old New Zealander Edmund Hillary and 39-year-old Nepalese Sherpa Tenzing Norgay became the first people to successfully summit Mount Everest. Much of Hillary's training took place here in Waitaha Canterbury on the slopes of Aoraki, Mount Cook.

It was an extraordinary achievement that put Aotearoa firmly on the world stage and set the freshly knighted Sir Edmund Hillary on the path to becoming one of the greatest New Zealanders of all time.

He said, "It's not the mountain we conquer but ourselves," when describing the physical and mental strength it took to reach the peak. He went on to exhibit that strength again and again throughout his life.

In honour of this anniversary, go to [page 7](#) to complete this week's quiz on Sir Edmund Hillary and Tenzing Norgay.



Edmund Hillary and Tenzing Norgay on Mount Everest

# Quiz – Sir Edmund Hillary and Tenzing Norgay

Seventy years ago, on 29 May 1953, Sir Edmund Hillary and Sherpa Tenzing Norgay summited Everest, becoming the very first human beings to do so. Probably the first person to put New Zealand firmly on the world map, Sir Ed went on to become an icon here and abroad. What do you know about this feat and the two men who achieved it?

- 1. What was Ed Hillary's occupation before climbing Mount Everest?**
  - a. P.E. teacher
  - b. Shop owner
  - c. Beekeeper
  - d. Farmer
- 2. How many times did Tenzing Norgay summit Everest?**
  - a. Once
  - b. Twice
  - c. Five times
  - d. Seven times
- 3. True or false. Hillary and Norgay climbed Everest without using bottled oxygen.**
  - a. True
  - b. False
- 4. What major event occurred as Hillary and Norgay descended from Everest?**
  - a. The Tangiwai railway disaster
  - b. The coronation of Queen Elizabeth II
  - c. The world sheep shearing record was broken by Godfrey Bowen in Opiki, Manawatu
  - d. The Korean War armistice was announced
- 5. Sir Edmund's son Peter has successfully summited Everest twice. What was significant about the first time he did this in 1990?**
  - a. He was the first person to climb Everest via the West Ridge
  - b. He made the climb with Tenzing's son Jamling Norgay
  - c. He did it on the anniversary of his father's summit
  - d. It meant he and Sir Ed were the first father and son to successfully climb Everest
- 6. What did Sir Edmund famously exclaim after his successful return from the summit of Everest?**
  - a. I climbed it because it was there!
  - b. Get me a DB!
  - c. We knocked the b\$%\*#@#d off!
  - d. Has anyone got a hottie?
- 7. Sir Edmund Hillary achieved a few 'firsts', which of the following is true?**
  - a. Led the first expedition to reach the South Pole in motor vehicles
  - b. First person to stand on both the North and South Poles and, the highest point on earth, Mount Everest
  - c. Led the first jet boat expedition up the Ganges River
  - d. All of the above
- 8. Where is Tenzing-Hillary Airport?**
  - a. Lukla
  - b. Kathmandu
  - c. Bengal
  - d. Pokhara
- 9. What famous person accompanied Sir Edmund to the North Pole in 1985?**
  - a. American footballer Joe Montana
  - b. Sir David Attenborough
  - c. Astronaut Neil Armstrong
  - d. Tennis player Martina Navratilova
- 10. Who actually reached the summit of Everest first?**
  - a. Sir Edmund Hillary
  - b. Tenzing Norgay
  - c. They stepped up together
  - d. No one knows

[Check your answers on page 28.](#)

# Ā mātou tāngata – Our people

## Samoa Language Week – be proud of your identity

Since last year, our Mana Taurite | Equity, Diversity and Inclusion team have implemented a 'Pasifika Kaimahi Fa'afaletui' (fa'afaletui is a Samoan word meaning 'weaving together' deliberations of different groups or 'houses').

It is derived from the Pacific philosophy of connectiveness and a collective holistic approach. These fa'afaletui are an opportunity for any Waitaha and Te Tai o Poutini Pasifika kaimahi to come together, grow networks, celebrate and share culture and identify any support needed within their mahi.

The events are held quarterly with online engagement through digital pānui. At Te Whatu Ora we have many Pasifika kaimahi from a diverse range of identities in various roles so it is important that our Pasifika communities have their authentic voice heard to empower a sense of belonging and inclusion.

Last week a small group of Pasifika kaimahi met at the second fa'afaletui for the year where one of the many things discussed were the upcoming Pasifika Language Weeks.

This week we celebrate Samoa Language Week. This year's theme is 'Mitamita i lau gagana, maua'a lou fa'asinomaga' which means 'Be proud of your language and grounded in your identity' with a focus on the importance of the Samoa language and identity and the need to not only understand the Samoan language, but to also use it as much as possible.

When you are proud of your language and can speak it, you will also be more grounded in your identity as a Samoan. For two of our Samoan kaimahi who attended the fa'afaletui it was an opportunity to reflect and share what makes them proud to be Samoan.

WellFood Food Services Supervisor Tiffany Aileone says what makes her proud to be Samoan is their reputation as friendly and warm people who offer smiles to those they greet or meet.



Some of the Pasifika kaimahi who attended the Pasifika Kaimahi Fa'afaletui



"That we are humble, compassionate and are faithful to traditional values, religion and church."

For Fuatino Kong who works in Christchurch Hospital's Environmental Services, she is very proud to be Samoan because of her values of respect, her culture of traditional clothes, songs and food, and especially tattoo (pea for men and malu for women).

"I am proud that as Samoan most of our young ones look after our elderly which also reflects our Te Whatu Ora value of care and respect for others."

This value for Tiffany is brought to life within her Samoan culture and tight-knit family-orientated community that is compassionate about its elders – children will drop everything to watch out for them.

When asked what their favourite Samoan traditions are, for both Tiffany and Fuatino it is faith, Sunday church and families staying together.

For more info and resources for Samoa Language Week visit the official [Ministry of Pacific People's website here](#).

If you are interested in finding out more about the Te Whatu Ora Pasifika Kaimahi Fa'afaletui contact: [ManaTaurite@cdhb.health.nz](mailto:ManaTaurite@cdhb.health.nz)



# Long walk for a good cause

Well done to kaimahi from Christchurch Hospital's Ward B5 who recently took part in the Selwyn District Cancer Society's Relay for Life.

The team of seven staff who called themselves 'Chemosabe' walked continuously for 12 hours from 10am to 10pm at Brookside Park in Rolleston.

It was a fun day but very long, says Ward B5 (Oncology and Gastroenterology) Charge Nurse Manager Vivienne Garrick.

"Having to endure something for just a short period gives us just a little look at what our cancer patients go through while they progress through their cancer treatments."

The team obtained some donations prior to completing the event and received further donations on the day, raising just under \$3,000.

Relay For Life - Te Ara Toiora is an inspiring community event that gives everyone a chance to celebrate cancer survivors and carers, remember loved ones lost to cancer and raise awareness and funds for the Cancer Society.

Teams and individuals fundraise and take turns walking or running around a track or path. It all started in 1985 in Tacoma, Washington when a doctor named Gordy Klatt walked and ran for 24 hours around a track in Tacoma raising \$27,000 to help the American Cancer Society.



From left, Ward B5 Charge Nurse Manager Viv Garrick, Registered Nurse Jess Boxall, Health Assistant Kelly Mako, Clinical Nurse Specialist Heather Bustin, and Registered Nurse Luana Homan



From left, Clinical Nurse Specialist Heather Bustin, Ward B5 Charge Nurse Manager Viv Garrick, Nurse Educator Nicky Simmons and Registered Nurses Jess Boxall and Luana Homan

# Thank you to the internationally qualified nurses in Waitaha Canterbury

Aotearoa, like much of the world, has a shortage of nurses with impacts felt across the country.

We are so fortunate to have many internationally qualified nurses (IQN) in our healthcare and aged residential care facilities who make a massive difference every day.

There are ongoing and active campaigns to recruit more nursing and healthcare staff from overseas and they will be welcome additions to our Te Whatu Ora whānau.

Thank you to all the IQNs who have chosen to come to Waitaha Canterbury to make their homes and pursue their careers. Thank you for sharing your clinical skills, knowledge and attributes, and for taking on a new culture and lifestyle; you are so appreciated.

## Meet our nurses: People are friendlier in small towns

Growing up with family members who worked in health and being empathetic in nature, Wita Svensson was probably destined to be a nurse.

She graduated with a Bachelor of Nursing Science from Binwan University in Jakarta Indonesia in 2008 before heading to Perth in 2010 where she started her career in aged care.

Moving with her husband to Ashburton to be closer to family in July 2022, Wita started in Ward 1 (the Acute Medical Unit) and has spent time in the Acute Assessment Unit (AAU). Wita now has a shift coordinator role for Wards 1 and 2.

Wita feels welcomed and supported in her role in Ashburton and as 'new arrival' to New Zealand. While she loves having

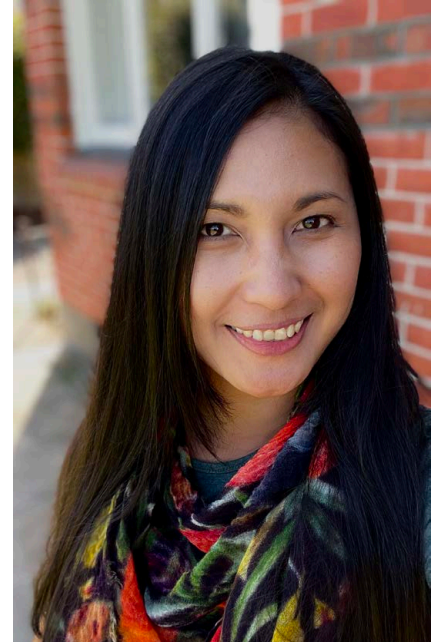
the ability to support patients and family through difficult health journeys. She says there are challenges in rural communities. These include limited resources and medical equipment, a lack of health education in the community and the struggle with staffing numbers.

Despite the occasional difficulties, Wita enjoys small-town New Zealand.

"I do feel like I get more support and people are friendlier here than in the big cities."

In the future, Wita would like to see more resources in rural communities.

"More support to maintain safe practice and more nurses in smaller towns and rural areas would be my hope for the future."



Ashburton Registered Nurse Wita Svensson



# Meet our nurses: People are priceless

Nurse Coordinator Jo Greenlees-Rae's health career started when she was 18 years old. From the Recovery Ward at The Princess Margaret Hospital, to Ashburton and rural hospitals, to gaining a Bachelor of Nursing, followed by a Master of Nursing, Jo's resume is a bullet-point list of achievements.



Jo Greenlees-Rae as a new nurse

"I was seconded to the Professional Development Unit at Christchurch Hospital to lead the Enrolled Nurse Transition to New Scope project in 2010. Alongside this I co-wrote the Graduate Nurse programme

(later NETP) and worked with the Nursing Council on the Competence Assessment team/committee. I have been in the Nursing Workforce Development Team as a Nurse Coordinator Projects working in NETP, DEU (Dedicated Education Unit), PDRP (Professional Development Recognition Programme) and now as the Post Graduate Nursing Coordinator."

Jo says that nurses and health care assistants are visible in every health service and contribute significantly to the health outcomes of the people they serve.

"While roles and responsibilities differ greatly from direct patient care, or research, or enrolled nursing, or nurse practitioner, the common denominator for all is to provide safe and competent patient and whānau care. Nurses are educated to be ethical and empathetic, and to adhere consistently to best practice principles, and Te Tiriti o Waitangi principles in a culturally safe manner. Nurses are knowledgeable, flexible, enabling, engaging, leaders and educators."

The best thing about nursing Jo believes, is working with, and meeting people from diverse communities.



Nurse Coordinator Post Graduate Education Te Whatu Ora Waitaha Jo Greenlees-Rae, today

Keeping up to date with change or best practice; new technologies and digital systems can pose challenges. Providing equity of care for all people can also be challenging and is the responsibility of every health worker.

Although she has witnessed great change throughout her career, including technological advances, improvements in education and greater autonomy for nurses, Jo says some things haven't changed, including the fact that "people are priceless."

# Meet our nurses: We have the potential to greatly improve health outcomes for women

It has been 43 years since Jill Lamb trained at Burwood Hospital as an Enrolled Nurse. She completed her training to qualify as a Registered Nurse in 2000 and became a Nurse Practitioner in women's health in 2012.

Jill has trained as a colposcopist and is now training as a hysteroscopist. Being a member of the Women's Health College has been instrumental in her career because the college developed the colposcopy and hysteroscopy training for nurses.

**Colposcopist** – Is a trained specialist who uses a colposcope to examine the cervix, vagina and vulva for the presence of suspicious areas of tissue that might indicate cancer.

**Hysteroscopist** – Hysteroscopy is a procedure that allows a trained specialist to look inside the uterus to diagnose and treat abnormalities.

"I really want to encourage other nurses to consider these areas as they have the potential to greatly improve health outcomes for women."

Jill believes that nurses' contribution to the patients' journey makes their role vital to health care.

"The best thing about what we do is the satisfaction of making a positive difference in people's lives. The worst thing is probably the number of emails I have to deal with!"



Nurse Practitioner Jill Lamb

Although systems and technology have changed during her career, Jill believes that the principles of nursing haven't with patients and nurses requiring professional and caring environments.

"I am excited about the future of nursing with its many different pathways and keen to support and assist in training in women's health."

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# Meet our nurses:

## "The Jack of all trades"

Kaikōura is a beautiful seaside town with great people and an even better lifestyle according to Nursing Entry to Practice Programme (NETP) Registered Nurse (RN) Stacey Pearson.

Growing up in Matamata, Stacey began training as a teacher after high school but soon realised it wasn't for her. Nursing had always been an interest (Stacey's mother is a nurse) so Stacey decided to start studying in 2018 and realised immediately that she had made the right career choice.

Stacey's initial training was at Wintec (Waikato Institute of Technology) with placements at Waikato Hospital but when COVID-19 hit in 2020, she took a break and moved to Kaikōura to be with her now husband. She completed the rest of her degree through Ara Te Pūkenga and graduated at the end of 2022.

Stacey describes nurses as 'the Jack of all trades'.

"For any patient we are of course involved in the clinical side of their care, but there is also the social, cultural, and supportive elements that vary for every patient. In nursing we can be part of the beginning then all the way

through to the end of life, and our role across the lifespan varies depending on people's specific needs at the time we see them. In many ways we play a part in all aspects of the health system."

This partnership with the patient through their health journey is what Stacey considers the best thing about her role. The most challenging thing about being a nurse, can also be the most exciting – never knowing what is coming through the door and what the next shift will bring.

"No two shifts are ever the same, and every day there is something different to be involved with and new to learn. As a new nurse this can be really tough, but I work alongside an amazing team of nurses and they always support me with things I find challenging."

Kaikōura is quite isolated so if there is a large emergency, a very unwell patient or a multi-casualty event, the local hospital is essentially 'it' until other services can arrive. If a helicopter can fly, it will take an hour, and it's three hours by road, assuming vehicles can get through.

"Being so far away from tertiary healthcare can make it difficult for patients and their families to



Registered Nurse Stacey Pearson

access this care in Christchurch. Often there are support services available in larger areas that may be of huge benefit to our patients, but they aren't available here. We are lucky to have a large multi-disciplinary team and usually we can make things work, but it can be hard when there are services we can't provide."

As she settles into her career, Stacey hopes in the future it will be more attractive for nurses to remain in New Zealand and it will be a more appealing career option for young people when they leave school.

# Te Papa Hauora Future Leaders Programme 2023

Congratulations to all the enthusiastic students who took part in the 2023 Future Leaders Programmes.

Two, week-long full-time programmes at Manawa have just been completed involving over 40 final-year health students. Students came from a range of disciplines including medical, nursing, speech and language pathology, social work, clinical and organisational psychology, osteopathy, health sciences, physiotherapy, pharmacy, and public health.

The students were encouraged to explore their leadership potential, to question how best to adopt leadership roles, to challenge the status quo and to recognise that leadership is vital at all levels, in all parts of our health system.

The programme involves input from health leaders sharing their experiences, technical aspects of leadership, plus presentations from futurists and business leaders. There is continuous two-way interaction during the week – the programme is designed to be experiential.

The entire course is embedded in the recognition of equity, with particular emphasis on Māori and learnings from a Māori perspective.

The programmes concluded with the students presenting their individual ideas on leadership, diversity and inclusion, and how they were going to 'nudge the system'.

These were all incredibly impressive, honest and insightful.

Feedback from some of the students included that the course was 'life changing' and that if it weren't for the programme they would not have had the opportunity to connect with and work alongside such a diverse group of amazing individuals. They also said that 'the content was exceptional, varied and valuable'.

We wish the students all the best finishing their studies, and in their future roles within our health system.

For more information about the programme, please contact [admin@healthprecinct.org.nz](mailto:admin@healthprecinct.org.nz)



The TPH graduate class



Te Papa Hauora leaders





# Te Papa Hauora research talks

Te Papa Hauora recently held its annual research talks 'We're talking hauora', an evening of talks focused on health and wellbeing.

Eight Canterbury researchers shared the inspiring work they are doing to improve health in our community. The event was held in association with the Canterbury Medical Research Foundation and the Health Research Society of Canterbury.

Thanks to those who joined us on the night. If you missed it, [you can watch the presentations here](#) or select the individual talks below!

## Using genetics to understand eating disorders

Professor Martin Kennedy, Head of Department and Research Professor, Pathology and Biomedical Science, University of Otago, Christchurch. [Click here](#)

## Accessible automated breast cancer screening with no compression or radiation – is it possible?

Dr Jessica Fitzjohn, Post Doctorate Fellow, Department of Mechanical Engineering, University of Canterbury. [Click here](#)

## The effects of alcohol on our emergency department

Dr Laura Joyce, Emergency Medicine Specialist, Te Whatu Ora Waitaha, Senior Lecturer in Emergency Medicine at University of Otago, Christchurch. [Click here](#)

## The invisible army – using microbiome to improve colorectal cancer treatment

Dr Rachel Purcell, Department of Surgery and Critical Care, University of Otago, Christchurch. [Click here](#)

## Youth in our cities: how can cities help our young people to live well and thrive?

Dr Kate Prendergast, Post-doctoral Fellow, Department of Political Science and International Relations, University of Canterbury; Research Fellow, Centre for the Understanding of Sustainable Prosperity. [Click here](#)



From left, Professor Suetonia Palmer, Deputy Dean, University of Otago Christchurch (MC for the evening), Dr Jessica Fitzjohn, Dr Laura Joyce, Dr Rachel Purcell, Dr Kate Prendergast, Professor Martin Kennedy, Dr Nienke Hagedoorn, and Professor Don Hine.

Not pictured Dr Megan Gath.



## Tackling antimicrobial resistance: how has the use of antibiotics in our community changed?

Dr Nienke Hagedoorn, Postdoctoral Research Fellow, Department of Primary Care and Simulation, University of Otago, Christchurch. [Click here](#)

## Climate change and youth mental health

Professor Don Hine, Head, School of Psychology, Speech and Hearing, University of Canterbury. [Click here](#)

# One minute with... Lisa Gillatt-Cowan, Registered Nurse (RN) and Authorised Vaccinator

## What does your job involve?

I am a Registered Nurse working on Ward B8 Neurology/Neurosurgery and work as an Authorised Vaccinator with Occupational Health.

My role as a vaccinator involves helping with general vaccination clinics, vaccinating new colleagues on the ward with their funded vaccines and assisting with the yearly influenza roll out across the hospitals. I work part-time so I try to help out when I can.

Ward B8 is the largest inpatient neuroscience facility in the South Island, dealing with Neurology and Neurosurgery patients. It is definitely a challenging and busy ward, with a high acuity patient load, however it can be extremely rewarding. We work with patients with conditions such as seizures, brain tumours, subarachnoid aneurysms, head injuries and a variety of neurological disorders. There is always something new to learn.

## What pathway got you to this job?

I qualified as an RN in the U.K and decided to move to Aotearoa New Zealand 14 years ago. I Googled New Zealand and found a city described as 'the garden city.' It sounded quaint so I called Christchurch Hospital and got a job in Neurosciences! I haven't looked back since.

After a few years working on the ward and later becoming a parent I heard a lot of misinformation surrounding vaccinations. I asked my charge nurse manager at the time if I could become a vaccinator. Occupational Health organised a course and I was able to attend the funded Authorised authorised vaccinator days held at the hospital. The course is really interesting and fun to do. You meet other vaccinators from other areas and there is always a lot of passionate discussion.

## What advice would you give someone keen to enter your field?

I would definitely recommend becoming an authorised vaccinator. It is a fascinating role and a break away from ward nursing. Not only do you get to educate and vaccinate your colleagues you are helping protect your patients. You also get to work with and meet interesting people from around the hospital.

## Who inspires you and why?

Lots of people inspire me. From Margaret Atwood and Malala Yousafzai to my clinical nurse specialist on Ward B8. There is also the team at Occupational Health, Stella Howard, Occupational Health Nurse Janet Tweedy, Educator and Staff Nurse Colin Woodhouse and Occupational Health Nurse Maries Villa who are hugely supportive. They are a wealth of knowledge and go above and beyond to help create a friendly network of vaccinators around the hospital. Their roles are vast however they are always willing to help.

## What do Waitaha Canterbury's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

To act professionally, be courteous and be understanding of our colleagues differing roles and responsibilities, and to know that all our roles are equally as important. Also, most importantly to acknowledge, accept and celebrate all our differences that make us who we are.

## If you could be anywhere in the world right now where would you be?

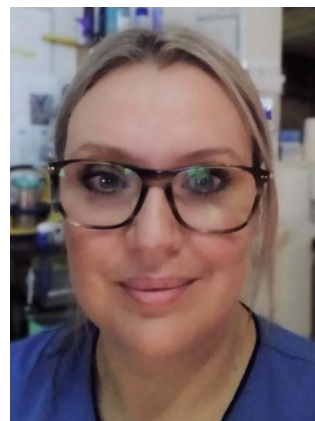
I would take my family to Europe, I haven't seen my parents in six years.

## Who would you want to play you if there was a movie made about your life?

This is such a difficult question, I'll randomly say Melanie Lynskey, as I'm currently watching Yellowjackets.

## What are your hobbies/interests outside of work?

I love reading. I am currently reading 'The Cemetery of Forgotten Books' series by Carlos Ruiz Zafon. I enjoy gardening and mountain biking but my favourite days are family days, spending time with my husband and my girls.



If you would like to take part in this column or would like to nominate someone please contact [Naomi.Gilling@cdhb.health.nz](mailto:Naomi.Gilling@cdhb.health.nz).



# Are you ready to share the aroha?

During a Sustainability Team meeting at Te Mana Ora Community and Public Health, the team was impressed that so many of our staff are caring for our planet at work and at home.

The team decided to run a monthly Sustainability Champion draw where kaimahi nominate colleagues who role model environmental sustainability practices.

“We’ve seen examples of setting up a work-pod recycling station to make collecting soft plastics, cardboard and paper easier; colleagues car-pooling (that also saves petrol and parking hassles); ensuring office lights are turned off at the end of the day, and cycling to meetings, to name just a few,” says Health Promoter Ann Vanschevensteen.

One of the Sustainability Team members suggested others in Te Whatu Ora Waitaha might also be interested in sharing their examples of caring for planet Earth to inspire others.

From next week the following question will be added to the Waitaha Canterbury Pānui’s ‘One minute with’ section.

## **‘What are some of the ways you and your whānau show aroha/love for our planet?’**

By asking staff members to share the ways they incorporate sustainability in their mahi and in their kāinga/ home, we can all see how easily this can be achieved. By making small changes, we can make big differences together.

We hope you’ll enjoy sharing the knowledge from your kete (basket of peace, goodness and love) to fill everyone’s kete, Ann says.



Sharing our love for the planet links well with Te Whatu Ora’s commitment to becoming an environmentally sustainable and climate resilient organisation, check out: [www.tewhatauora.govt.nz/about-us/environmental-sustainability-and-climate-resilience/#te-pae-tata-climate-change-actions](http://www.tewhatauora.govt.nz/about-us/environmental-sustainability-and-climate-resilience/#te-pae-tata-climate-change-actions)

Need more inspiration?

We can all use our talents and interests for the good of the planet – watch the short Ted Talk by Ayana Elizabeth Johnson and download a Venn Diagram that you can complete, to [discover your personal climate action here](#).

# Akoranga reo Māori – lesson #16

## Ngā wharanga hākinakina – Sports injuries

Tama tū, tama ora; tama noho, tama mate!

The industrious person flourishes; the idle one languishes!

Kei ngā kaiaka, kei ngā kaitākaro, e owha maioha ana.

To all you athletes and players of sport, warm greetings to you.

This week we are going to focus on something that is commonly seen throughout our health system, and that is sports injuries. This session would be useful to go through with our previous lesson on health-related words as well as the lesson on ngā wāhanga o te tinana (parts of the body).

### He whakapātaritari – A challenge

The next time you are dealing with an individual with a sports injury, try to utilise these new words. For instance, they might have a whati of their pūkaka (femur bone), or they might need some education on ārai whara for the future.

Āku aumihi nunui ki a koutou katoa e whakatairanga tonu ana i tēnei kuru tongarerewa

Huge thanks to you for the continued elevation of this treasured possession.

If you have any questions or feedback, please make contact via the email below. Hauora.  
Maori@cdhb.health.nz

Kupu (Word)	Whakamāramatanga (Definition)
Ārai whara	Injury prevention
Whara	Injured/injury
Toto	Blood
Marū	Bruise
Tīhaehae	Tear
Haukume	Pull
Takahuri	Twist
Kounu	Dislocate
Takoki/Tanoi	Sprain
Tanuku/Riaka	Strain
Whati	Break (of bone)





# International winter warmer recipes

## Pani Popo (Samoan Coconut Bread Rolls)

**Dish:** Bread (vegetarian)

**Country of Origin:** Samoa

**Ingredients:**

- › 2¼ tsp active dry yeast
- › 3 tbsp warm water
- › 1 can of coconut milk
- › 4 tbsp unsalted butter
- › 1 large egg
- › ¼ cup powdered milk (full-fat recommended)
- › ½ cup sugar
- › ½ – 1 tsp salt
- › 3½ cups all-purpose flour
- › 2-3 tbsp raw sugar (optional)

**Method:**

In a standing mixer combine warm water and yeast. Let it sit for about 5 minutes or until the yeast is dissolved.

In a microwave-safe medium bowl, combine 1 cup of the coconut milk (set the rest aside) with the butter pieces, sugar and salt and microwave on high for about 30 seconds to one minute. Stir until everything is melted.

Lightly whisk the egg and powdered milk into the butter mixture (if the mixture is too hot let it cool a little to prevent egg from curdling). Pour all of this into the yeast mixture.

Mix for 2 minutes at medium speed. Add the 3½ cups of flour and continue mixing. You may need to add a little more flour to make a nice soft dough.

Turn the dough out on to a lightly floured surface and knead for around 10 – 12 minutes or longer if you want airy bread.

Place the dough in a greased bowl, turning once to coat both sides and cover loosely with a clean cloth and let it rise in a warm, draft-free place for 1 – 2 hours or until doubled in size.

Preheat the oven to 180°C.



Punch the dough down and then shape into 12 equal pieces and roll into balls.

Place in a greased 12-inch (28cm) round pan.

Pour the remaining coconut milk into the pan. Brush the top of the buns with the coconut milk and then sprinkle with the raw sugar.

Bake until the crust is deep golden brown, and the bottom of the bread sounds hollow when tapped (about 20-25 minutes).

Remove from the pan and allow to cool a little before eating.

**These rolls will freeze, but best eaten fresh from the oven while still warm. They can be eaten as a side with any meal or on their own with a cup of tea or coffee.**

# Whakamihi – Bouquets



## **Jingjing Huang, Oral Health Therapist, Hornby Community Dental Clinic**

I would just like to pass on my appreciation of the manner Jingjing used with my daughter during her appointment, and the great way she talked to her and explained the procedure. It is the first time I have come across a dental therapist who was able to explain step by step what they were doing in an easy-to-understand (but not too childish) way.

## **Christchurch Hospital**

Excellent staff and service. Theatre staff brilliant. Made an unfortunate situation more than bearable.

## **Ward A5, Christchurch Hospital**

My stay was outstanding. The nurses and doctors, WellFood staff, and blood test staff were brilliant. Every person was so helpful, very polite and well-mannered and conducted themselves in a very professional manner. Great team work.

## **Ward A5, Christchurch Hospital**

I would like to thank all the nurses who cared for me while going through a cancer operation. Monica, Chloe, Princess and Tessa were all so caring and professional.

## **Radiology, Christchurch Hospital**

Excellent service in radiology, thank you.

## **Gastroendoscopy, Christchurch Hospital**

The service and care I received through the entire process was amazing. The staff were all helpful and supportive. Especially Ady, Jo and Dr Catherine Stedman. They alleviated my concerns

and explained the whole process. The nurse who did the admission process was also friendly and informative. It was a seamless process and I was surprised how quick the process was from getting the positive result to having the colonoscopy. I would especially like to thank Dr Stedman who phoned me with the histology results (much sooner than expected) and her empathetic and kind manner. She explained everything to me. I was very appreciative. I would like to thank everyone involved in my care. It can be a daunting experience going through the diagnostic process, but I had a very positive, supportive, informative and kind experience.

## **Christchurch Hospital**

Thank you very much for helping me to get better. The assistance has been wonderful. Thank you for everything.

## *Big Shout Out*

### **To: Bike park, Christchurch Hospital**

I used the new bike parking facilities at Waipapa and they're awesome! Thank you for your tireless good work on this mission. I cannot imagine the hours you must have spent bringing this project to fruition and I really appreciate it!

**From: a staff member**

#carestartshere



# Ā mātou kōrero – Our stories

## Photos from the ribbon cutting ceremony for new Hillmorton facilities

More than 60 people joined Te Whatu Ora CEO Margie Apa and Health Minister Hon Dr Ayesha Verrall at the opening ceremony at the Hillmorton campus last Thursday. Stakeholders, staff, consumers and local iwi were in attendance.

Some of the key features of the new facilities include:

- › A welcoming, homely environment that fosters hope and maintains dignity
- › Flexible spaces with natural light, centralised courtyards and single rooms with ensuites
- › Inclusive designs that support whānau/family.

There will be another ceremony in the coming weeks, closer to when consumers move in, which will include a broader group of invited consumers and staff.



Guests gather outside Building 12 for the opening ceremony



From left: Te Whatu Ora CEO Margie Apa looks on as Health Minister Hon. Dr Ayesha Verrall speaks with the media. Acting General Manager Specialist Mental Health Services Vicki Dent is standing behind



A lounge area inside Building 12



A bedroom in Building 12



Guests inside Building 12

# Clean, green energy for Christchurch Hospital

At midnight on 14 February, the steam wheel at the Christchurch campus Energy Centre was turned on and is now providing a safer, sustainable, modern and reliable energy supply to Christchurch Hospital.

The new boilers are using sustainably produced wood biomass. This more efficient and renewable energy source will reduce the hospital's overall carbon emissions by 50 percent.

Executive Director Infrastructure Te Whatu Ora Waitaha Canterbury and Te Tai o Poutini West Coast Rob Ojala says this is an exciting step in our environmental sustainability.

"The replacement of the coal boilers will deliver the reliable energy that our staff and patients deserve while honouring our commitment to drive towards a more environmentally sustainable organisation."

The process involved replacing earthquake-damaged coal boilers with new woody biomass boilers, which is a great way to dispose of waste wood and will emit about 60 times fewer emissions than coal boilers.

The budget for the boilers and the new boiler house was approximately \$45 million and funding for the project was drawn from the Earthquake Repairs Programme of Works, which was established with insurance settlement funds.

Te Whatu Ora Waitaha and Te Tai o Poutini are committed to reducing their carbon emissions and are part of the Toitū Carbon Reduction Programme. This has helped identify areas where changes were required, he says.

The vast majority of the hospital's emissions came from only one source – coal burned in hospital boilers – and the team carried out an intensive work programme to replace these boilers.

"Replacing the coal boilers with biomass boilers as part of the Burwood Hospital rebuild was the main contributor to us reducing our carbon emissions by 9727 tonnes in the 2017/18 year. Coal use accounts for nearly 50 percent of our total emissions."

In 2020, Te Whatu Ora Waitaha and Te Tai o Poutini were recognised by Toitū Envirocare as one of the top 10 national carbon reducers.

"There is a nationwide sustainability group called Sustainable Health Aotearoa which we are involved with as well as the Te Whatu Ora Waitaha and Te Tai o Poutini Transalpine Environmental Sustainability Governance Group"

"We are cutting our carbon footprint dramatically and we are working towards the carbon-neutral government programme targets," Rob says.



Looking down on the two silver biomass boilers and teal combustion chamber



A truck delivers fuel into one of two automated truck docking stations



# ICU and Selwyn Health Hub projects recognised

Intensive Care Unit (ICU) Pod 4, at Christchurch Hospital and the Toka Hāpai Selwyn Health Hub have won the top national award and a silver award respectively in the health category of the Registered Master Builders Association's New Zealand Commercial Project Awards.

The ICU Pod 4, in Waipapa won the award in the \$3-10 million category. The Toka Hāpai Selwyn Health Hub's silver award was for its fit out.

The projects were a team effort with our Waitaha Facilities and Infrastructure project managers, Maintenance and Engineering coupled with Clinical Engineering, and clinical/operational members with our external partners Proj-X Solutions as programme directors and Leighs Construction delivering the facility.

The judges said as COVID-19 lockdowns were easing, there was an anticipated surge in acute cases and an urgent need to increase ICU bed capacity at Christchurch Hospital.

"Utilising an empty shell adjacent to the existing ICU facility, this project required a highly experienced design and construction team who were able to work collaboratively with each other from the start. Clinical users were involved early to provide valuable insights on adjacent ICU areas, and requested changes were accommodated to minimise response time.

Then then Canterbury DHB was highly proactive, immediately ordering long-lead items before the contractor was even engaged. Clear communication of project objectives and prompt responses to RFIs and queries were essential to the success of this project. As a result, the build was completed safely, with minimal disruption, and well within the completion date.



ICU Pod 4 in Waipapa

Collaboration and speed were critical in addressing the urgent need to increase ICU bed capacity at Christchurch Hospital, the competition entry said.

"A high-trust culture underpinned the client, main contractor and designer relationship when the ICU Pod. Subcontractors worked as one entity, rather than individually, resulting in design and construction being completed within 24 weeks, versus the 42 weeks specified in the business case."

The programme was a significant challenge, with completion originally planned for August 2022. However, the team accepted the challenge to complete the project by April 2022, despite market challenges and supply chain disruptions.

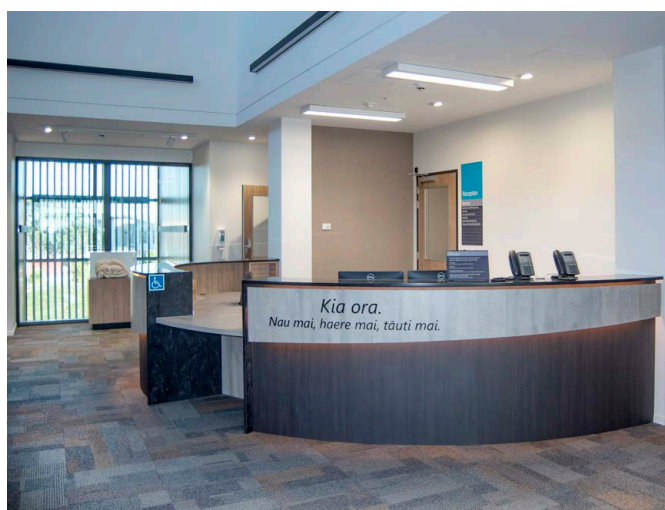
The decision to proceed with briefing, design, documentation and procurement in advance of approval allowed for timely delivery of products. The team also addressed challenges related to construction activity taking place adjacent to the operational ICU, staff contracting COVID-19 and disruptions in the supply chain. Overall, the project was completed safely, with minimal disruption, and well within the completion date.

Toka Hāpai Selwyn Health Hub in Rolleston includes the Oromairaki Maternity Unit, the Community Dental Service, Child Adolescent and Family Mental Health Service (South), Public Health Nursing, Older Person Health and Rehabilitation, along with visiting services: Vision and Hearing Service and Adult Community Therapy.

Coordinating the contracted works and construction programme with the base build and other on-site fitout contractors was important. Some areas of the ground floor were operating, including MRI services, meaning there was a need for careful coordination of any work that involved noise or vibration.

Managing and mitigating COVID-19 caused delays, and supply of long lead items from the USA, Europe and Australia were also challenging factors of the build. Contract Construction's cooperative attitude, good communication and organisational skills were crucial to the successful delivery of this project in Canterbury's fastest-growing district.

The New Zealand Commercial Project Awards is the only competition in New Zealand to recognise and showcase the contribution and innovation of the whole project team, the people, rather than just the building itself. The team collaboration and innovation, and what the team achieves together, are what these awards are all about.



The reception for the Oromairaki Maternity Unit



The waiting area for the Te Whatu Ora health services in Toka Hāpai | Selwyn Health Hub

**Aotearoa  
Immunisation  
Week**

29 May – 4 June

Prioritise to immunise  
this week

[www.immunise.health.nz](http://www.immunise.health.nz)

Te Aka Whai Ora  
Māori Health Authority

Te Whatu Ora  
Health New Zealand

A photograph of a man with a beard and a cap, and a young girl, both looking at a small green object. The man is wearing a green t-shirt and a black cap. The girl is wearing a yellow dress. They are outdoors, with green foliage in the background.



# Smokefree/vapefree study day

Expanding knowledge and skills to effectively implement the ABC strategy of smoking cessation was the aim of a smokefree/vapefree study day recently held at Manawa for secondary care smokefree champions.

Those who attended named it a resounding success with the high calibre of presenters adding to the value of the event, providing important insights and information on:

- › Smokefree / vapefree legislation and policy
- › Effective SmokeFree conversations
- › Smokefree support service – Te Ha Waitaha
- › Understanding the health risks associated with smoking and vaping
- › Cessation medications, including vaping

Feedback from participants was overwhelming positive and informative, and included comments such as:

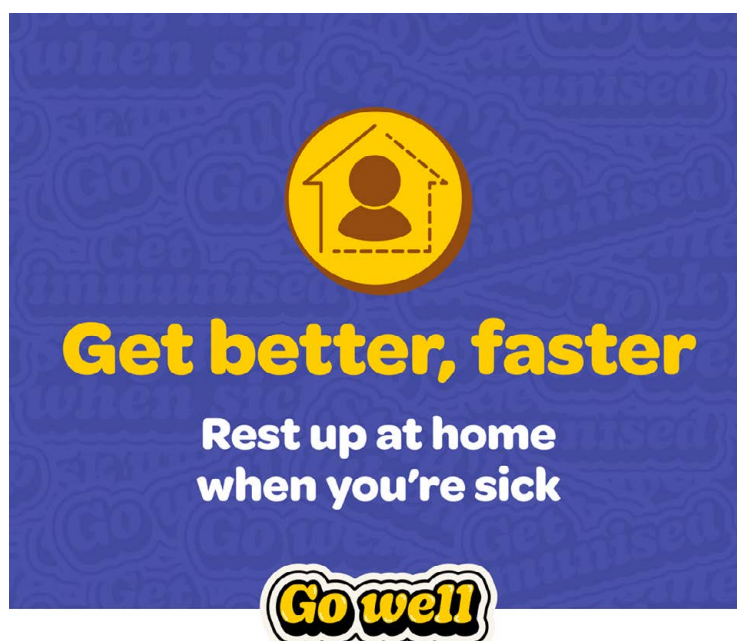
"I thoroughly enjoyed the day, the speakers were knowledgeable, interesting and great at delivering their message."



Participants in the recent smokefree/vapefree study day

The attendees also appreciated the opportunity to engage with their colleagues and share their experiences and insights.

The success of the study day has motivated the Smokefree team to repeat the event later in the year, with the hope of being able to include an even larger audience. The team say such events can play a significant role in promoting smokefree environments.



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New Zealand Government

Te Whatu Ora  
Health New Zealand

# Asking rangatahi what they need from sexual health services in Waitaha

A survey has been created to gather thoughts from rangatahi / young people about improvements they would like to see made to sexual and reproductive health services in Waitaha / Canterbury.

The survey is part of a project being facilitated by CCN's Child and Youth Workstream and follows a wānanga – a forum to observe, listen and learn, which was held in March and attended by consumers, their whānau and people who support rangatahi across the health and education system.

Child and Youth Workstream Facilitator Marie Mitchell says it's all about making sexual health services more accessible for rangatahi.

"To guide us in this mahi, we want to hear from young people about how they currently access these services (if they do), what kind of experiences they've had, and how they would like to see things working in the future," says Marie.

"We want to hear from a variety of young people from different parts of the community, so are asking people to share the survey link through their networks and display the poster ([download here](#)) in waiting rooms and spaces where young people visit."

The answers will be totally anonymous, securely stored, and will only be used to help improve the way sexual health services are provided to young people in Waitaha.

Young people can give as little, or as much information as they feel comfortable, and can abandon the survey at any time.

**Rangatahi / Young People  
12-24yrs**

**HAVE  
YOUR  
SAY**

Help us improve sexual and reproductive health services here in Waitaha/Canterbury

Go in the draw to win a \$50 Pak n Save Voucher

Complete our survey via the QR Code

Canterbury Clinical Network  
Transforming Health Care. Whānau Ora. Waitaha.

Te Whatu Ora  
Health New Zealand  
Waitaha Canterbury

For those that choose to include their contact details, they can go in the draw to win a Pak n Save voucher.

The survey is open until 2 June and takes about 10 minutes to complete. [Access the survey here](#).

If you'd like to know more the group doing this research, or you want to get in touch with us for any reason about the survey, you can [contact Marie Mitchell](#).

# Pegasus Health to enhance local healthcare access

Pegasus Health is launching an Acute Demand Navigation Service to help patients access the health services they need when they need them.

This is an extension of Pegasus Health's successful Acute Demand Co-Ordination Service. Beginning today (May 29) this service will help ensure people have access to acute care when needed, providing appropriate care options and supporting patients through their healthcare journey.

As the number of acute and semi-acute presentations in the healthcare system increases, the Acute Demand Navigation Service addresses rising demand and streamlines patient care. Patients will be referred to the service when their general practice team reaches capacity, and/ or they are assessed as needing care sooner than they can get an appointment.

A range of health professionals can refer into the service including Hato Hone St John, Whakarongorau (Healthline) and local general practice partners. A patient is referred into the service after being assessed by a health care professional.

Spearheading the Navigation Service are dedicated service navigators, experts in guiding patients through their care options and navigating our local health system. These non-clinical navigators engage patients in discussions about alternative care options, such as virtual consultations or appointments with allied health professionals, ensuring that each patient receives personalised care tailored to their unique needs.

"The Acute Demand Navigation Service is a vital addition to our healthcare system, allowing us to manage acute patient demand effectively while ensuring our community receive care appropriate to their needs," says Acute Demand Service Clinical Director Jasmine MacKay.



"Through this service, we aim to support and streamline the patient journey, increase health literacy in our community, and gain valuable insights to further improve access to care."

Supporting the launch and success of the Acute Demand Navigation Service is General Practitioner and Clinical Advisor to Pegasus Health Ben Hudson.

Ben emphasises the benefits of the service for his patients and the wider primary care community.

"The Acute Demand Navigation Service will provide my patients with access to the care they need within the appropriate timeframe. It will greatly assist in managing the high demand we are experiencing in general practice, ensuring that patients with complex needs or acute illnesses receive timely and appropriate care, while helping to relieve pressure on urgent and emergency care providers."

The Acute Demand Navigation Service is available for people who are assessed by a health professional and referred into the service. For people wanting information on the various health options available <https://yourbestcare.co.nz/>



# Pānui – Notices

## Something For You

Something for You is the Te Whatu Ora – Waitaha Canterbury employee benefits programme. The deals offered are from the New Zealand business community to say thank you for all that you do.

Please see below offers for you.



### Aroma Delight – 90 Hills Road

Offering Halal Indian takeaways with 10 percent off to staff (excluding Tuesday and Thursday when there is already a promotion). Show your staff ID to redeem.



### Placemakers – Antigua Street, Cranford Street, Hornby, Kaiapoi, Riccarton

Discounts off retail prices (excludes trade quotes, already discounted products and Know How Rewards) – [see more information here](#).



### Christchurch Adventure Park – 225 Worsleys Road

Get 25 percent off day passes, five uplift passes and sightseeing. Show your Staff ID to redeem.



### Best Start – Belfast, Burnside, Cashmere, Halswell, Kaiapoi, Merivale, Rangiora, Riccarton, Rolleston & more

Receive 15 percent off your child's first 12 months of fees. Show your Staff ID to redeem.

## QUIZ ANSWERS – Sir Edmund Hillary and Tenzing Norgay

1. c. Beekeeper
2. a. Once – He was involved in six failed attempts prior to his climb with Hillary and after that success, he never summited Everest again.
3. b. False. They did carry bottled oxygen. The first successful summit without supplemental oxygen occurred in May 1978.
4. b. The coronation of Queen Elizabeth II
5. d. It meant he and Sir Ed were the first father and son to successfully climb Everest
6. c. We knocked the b\$%\*@#d off
7. d. All of the above
8. a. Lukla – the airport was re-named Tenzing-Hillary Airport in 2008
9. c. Astronaut Neil Armstrong
10. a. Sir Edmund Hillary. Neither man let on for a long time, simply claiming it was a collaborative effort but Tenzing eventually let it slip that Sir Ed had reached the top first.

# Leadership and Team Learning for 2023

Enrolments are now open for a wide range of workshops across Waitaha Canterbury and Te Tai o Poutini West Coast for many dates throughout 2023 – all designed to enable effective leadership and cultivate high-performing teams.

These workshops are available to all kaimahi [staff]

**Please note:** Only the closest date is shown. Other dates are available

› [Building Teams & Resolving Conflict Workshop](#) (28 June)

High performing and supportive teams result in better patient care and a more enjoyable workplace. Through solidly researched team behaviours and practices you'll come away with a toolkit of strategies and techniques for building successful teams and for effectively managing conflicts.

› [Courageous Conversations Workshop](#) (7 June)

Having the courage to have challenging kōrero [conversations] is fundamental to ensuring we work well with each other. With proven techniques, we'll build your confidence to successfully have these courageous conversations. We'll share methods for making these easier to have and most importantly, chat about how you can prevent these situations arising in the first place.

› [Leading Self](#) (20 July)

No matter what role we are in, effective leadership requires understanding who we are and how our values, personality, and attitude influence our tikanga behaviour. This workshop will help you develop self-awareness through insights into your personality and values.




**Winter's on  
Masks on**

Heading out today?  
Look after yourself and  
others and wear a mask.


Te Kāwanatanga o Aotearoa  
New Zealand Government

**Go well**

**Te Whatu Ora**  
Health New Zealand



**Sick?  
Stay home.**



Health.govt.nz/gowell

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Health New Zealand



# Health and Disability Law Conference

Wellington - 3<sup>rd</sup> August 2023

Vida Law is pleased to provide details of the Health and Disability Law Conference, a full day conference to be held in Wellington on 3 August 2023.

The conference is focused on providing an update on key areas of health and disability law, and is aimed at lawyers, health professionals and others working in the health and disability sector. Every full paying registrant will receive copies of the newly released books - Iris Reuecamp Protection of Personal and Property Rights Act 1988: Act and Analysis (3rd edition) (Thomson Reuters, Wellington, 2023) and Iris Reuecamp Mental Health (Compulsory Assessment and Treatment) Act 1992: Act and Analysis (1st edition) (Thomson Reuters, Wellington, 2023).



## Cost

The cost of attending the conference is \$695.00 plus GST.

## Registration

To register for the conference, please email your name, contact details and any dietary requirements to [athenaeducationlimited@gmail.com](mailto:athenaeducationlimited@gmail.com). If you wish to pay on invoice, please send your name and the details of the organisation to be invoiced. In the event of any queries, please feel free to email or call 021 869 361.

## Topics at the conference include:

**Health and disability services and human rights** – Ahorangi | Professor Paul Hunt, Te Amokapua | Chief Human Rights Commissioner, Te Kāhui Tika Tangata | Human Rights Commission

**Health and disability services consumers' rights** – Morag McDowell, Te Toihau Hauora, Hauātanga | Health & Disability Commissioner

**Moving towards a more human rights consistent interpretation of the Mental Health Act pending repeal and an update on progress with law reform** – Iris Reuecamp, barrister and solicitor

**Assessing and monitoring the mental health and addiction system** – Tanya Maloney, Kaiwhakahaere Hauora Hinengaro, Waranga | Director Mental Health and Addiction Leadership, Te Hīringa Mahara | Mental Health and Wellbeing Commission

**Ngā Huarahi Whakatau – Review of Adult Decision-Making Capacity Law** – Geof Shirtcliffe, Kaikōmihana | Commissioner, Te Aka Matua o te Ture | Law Commission

**Adopting a restorative practice and hohou te rongo approach to addressing healthcare harm** – Jo Wailling, co-chair of the National Collaborative for Restorative Initiatives in Health and Senior Research Fellow/Facilitator & PhD Candidate, Te Ngāpara Centre for Restorative Practice, Te Kura Kawanatanga | School of Government, Te Herenga Waka | Victoria University of Wellington and Graham Cameron, co-chair of the National Collaborative for Restorative Initiatives in Health and the Ringatohu, Hauora Māori Tūmatanui | Director, Māori Public Health, National Public Health Service, Te Whatu Ora

**End of Life Choice Act** – Dr Jeanne Snelling, Senior Lecturer, Te Kaupeka Tātai Ture | Faculty of Law, Te Whare Wānanga o Ōtākou | University of Otago

**Sustainable Health Systems** – Ahorangi | Professor Jaime S. King, Tumu Ture Hauora | John and Marylyn Mayo Chair in Health Law, Te Wāhanga Ture o Tāmaki Makaurau, Waipapa Taumata Rau | Auckland Law School, University of Auckland



**VIDA LAW**

NEW ZEALAND



Be protected against

# Meningococcal disease

**It's a really serious disease that could affect you – but you can be protected.**

Immunisation against meningococcal disease is **FREE** for people aged 13 to 25 living in boarding school hostels or halls of residence.

For more information about getting immunised against meningococcal disease talk to your GP, nurse or health centre, or phone Healthline on **0800 611 116**

**Te Kāwanatanga  
o Aotearoa**

New Zealand Government  
HP8699 | Meningococcal – A4 Poster | 08.03.23

[immunise.health.nz/meningococcal](https://immunise.health.nz/meningococcal)

**Te Whatu Ora**  
Health New Zealand





Protect your tamariki against

# meningococcal disease

It's a really serious disease and can be life-threatening – but you can protect your tamariki.

FREE meningococcal B vaccines for all tamariki under 5 years old.

For more information about getting your tamariki immunised against meningococcal, talk to your doctor, nurse or healthcare provider, or call Healthline on **0800 611 116**

**Te Kāwanatanga  
o Aotearoa**  
New Zealand Government  
NIIP6756 | Mening. under-5 - A3 Poster | 23.05.23

[immunise.health.nz/meningococcal](https://immunise.health.nz/meningococcal)

**Te Whatu Ora**  
Health New Zealand



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