



# ceo update

**Monday 1 September 2014**

## **Almost four years since the first quake – where's the time gone?**

It's incredible to think we're almost four years on from when our peaceful part of the world was first shaken up and life as we know it turned upside down, only to be shaken up, and turned upside down several thousand times more. Little did we realise back then just what we were in for after that rude awakening in the early hours of September 4, 2010.

Reflecting on those initial weeks and months, so much has changed in a relatively short time. Many of you have moved house at least two or three times in that period. Any many have 'moved house' at work as well – many more than once, and plenty of you have moved two or three times. It's disruptive and stressful.

It seems such a blur to many of us but the quake hangover lingers. For some it's been an ongoing night-mare. I've said this many times before, but really it's simply remarkable how our health system has stood up and flourished. It's a testament to the strength and character of everyone who works in our health system.

Despite the struggles we've endured at work and at home over the past four years, there are some positives to rise out of this adversity. Our relationships are closer – with colleagues, with neighbours, within our health system. Work that was underway before the quakes has been accelerated and our journey of transformation has attracted national and international interest.

As a system we are more closely integrated than ever before. Collaboration and alliancing are the way we work, and we have implemented dozens of innovative ideas with plenty more in the pipeline.

We have NZ's biggest health facilities redevelopment project underway. We're still delivering and exceeding most of our health targets and improving on others, and we're providing more care closer to people's homes.

You can't help but think 'what a ride it's been' – however, it's not over yet. The next few years will have their own set of challenges as we manage ongoing earthquake repairs, introduce new ways of working, move into our new facilities and bed-in new systems.

Throughout this period of constant change it's important we continue to look after ourselves and others. I'm proud of the wide range of support services and activities available to our staff, and I encourage you to make the most of the opportunities available.

Our patients and people we provide care for in the community rely on us to do our jobs well, we need to be ready and able to do our best every day. People remain at the centre of everything we do. It's vital that you take responsibility for your well-being. Make the time to do things that make you happy.

Our health system is going from strength to strength - well done to those of you who have stuck it out these past four years. And welcome and thank-you to those of you who have joined us since the quakes. We are privileged to live in a special part of the world – let's keep making it even better for the people of Canterbury!

### **Happy Random Act of Kindness Day!**

Today is Random Act of Kindness Day – surprise a friend or colleague – if you need some inspiration, check out the story on page eight.

*Continues on the following page...*





## Our health system features in recent WHO publication

In Kobe, Japan, last December, CDHB's General Manager Planning and Funding, Carolyn Gullery, made a presentation at the World Health Organization Global Forum on Innovations for Ageing Populations.

Following this a report has been published which talks about the benefits of an integrated health system and evidence presented suggests that community and home-based care could simultaneously reduce cost and improve care. It also has the essential benefit of improving autonomy and giving older individuals the power to make their own decisions over their health and daily living.

They even published our health system image.

[Read the full report.](#)

## Buildings don't make a health system – people do

This Friday a group of health consumers was invited back to our Design Lab to get an update on the planning and design of the Acute Services building.

As a DHB it's vitally important for us to listen to health consumers, to hear their voices and to get sensible, practical input into our new facilities from a service user perspective.

Friday's group, including representatives from Canterbury's elder care groups, consumer council, mental health groups, hearing and sight-impaired groups, as well as one horse-riding enthusiast with a great deal of experience as an orthopaedic patient – has been deeply involved with our facilities planning from the start.

The group's wide-ranging discussions with staff included feedback about the need for good directional signage in the new facilities, fire evacuation procedures, what is planned for quiet spaces and family/whanau spaces on wards – even checking that we'll build external footpaths to the correct width to make sure that guide dogs can use them.



*Nicky Topp (back to camera) discussing a proposed ward/bed layout with the consumer group.*



The group also took the opportunity to test a full-scale mock-up of a proposed toilet design for wheelchair users in the hospital's public spaces – which is precisely the sort of feedback that we need in order to provide fit-for-purpose facilities.

**Have a great week,  
David Meates**



### Burwood

This week, work has started on undercoating the structural steel beams with intumescent (fire-resistant) paint. This is a varying coat system that has different levels of fire rating. The paint being applied in the photo has a fire rating of 60 minutes.

The first precast panels are now in place on the first ward finger, and two further substantial concrete pours were done this week.

Thanks to Kyle Foley from the Leighs Cockram team for the second photo, showing progress on the framing for the ward blocks.



### Christchurch

User Groups are working through any outstanding actions. The perioperative group have been developing their requirements for communications within the theatre complex, covering task management and data capture. This information is being developed in conjunction with the ICT Project Manager and will integrate with the overall Digital Theatre requirements.

You may have seen newspaper or Facebook reports this week that the Christchurch campus is to become "car-free" once site work begins for the Acute Services building, and that security staff will provide a valet service for patients.

The full story is as follows. Although public car parking on site will largely cease, car access will still be possible for dropping off patients and for disabled drivers. After the site works begin, security staff will provide a "park and drop" car parking service only for DHB medical and mid-wife staff on emergency calls, and for the public only in life-threatening emergencies.

### General facts

An initial meeting has been held to kickstart a review of the supply process through Christchurch, Burwood and Princess Margaret Hospitals, to standardise processes and improve efficiency. A working party is being assembled to develop a proposal and key points of contact are being identified.

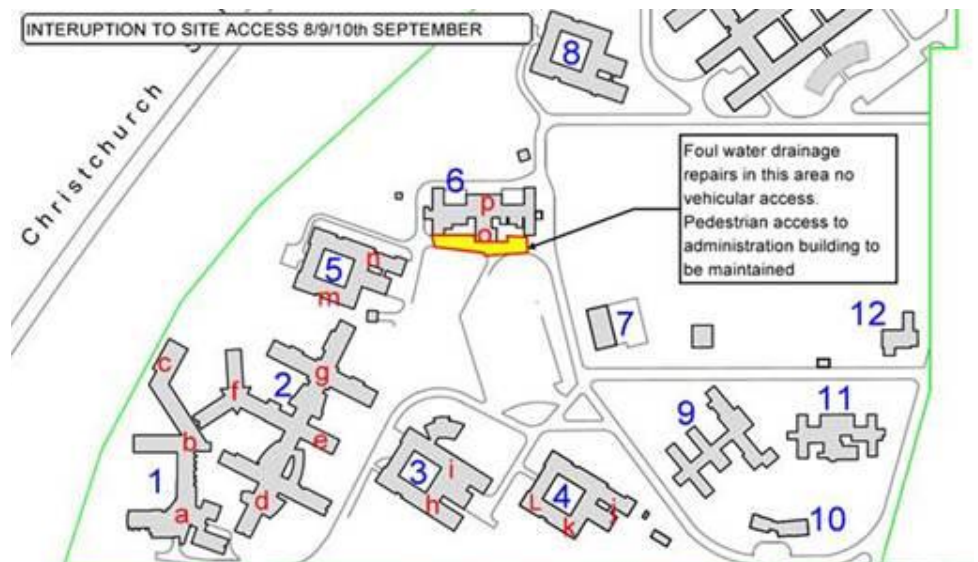
### Brewery Car park – partial closures over the next three weekends

Please note that the public car park at the corner of St Asaph and Antigua Streets known as 'the Brewery car park' will be partially closed over the next three weekends to allow further treatment of the surface of the car park. There will still be limited parking available on the site while this treatment takes place.

[Click here for full details.](#)

### Site Works

Site works will continue on September 8, 9 and 10 in front of the Avon Admin Building (indicated in yellow below). There will be no vehicle access through this area during this time. Signage will be erected indicating alternative routes. We apologise for any inconvenience this may cause.



# Bouquets

## **Rangiora Hospital**

Thanks you all for your wonderful care and delicious food while I was with you. I can only say everything was outstanding and I cannot praise you enough. With much love and appreciation for all that you have done for me and for your warm caring hospitality. Thank you for being such wonderful people.



## **Child Acute Assessment Unit (CAAU), Christchurch Hospital**

I would like to take this opportunity to let you know about the fantastic care and positive experience we had as a family when our son was admitted to the Child Acute Assessment Unit. We were admitted in a timely fashion and Nurse Claudia along with the medical team provided exceptional care that was regardful of our needs as a family. Our son was made comfortable instantly and staff communicated clearly with us and our boy as to the processes and treatment plan.

We were especially grateful for the way the ward environment and care was undertaken to ensure our child felt safe and was able to relax whilst he was in so much discomfort. The most important factor for us was having staff that were friendly and demonstrated excellent knowledge and ability to care for our child and the CAA Unit certainly exceeded these standards. Once again, thank you!

## **Emergency Department and Paediatrics, Christchurch Hospital**

I would like to say a massive thanks to the wonderful staff of ED and Paediatrics. Our daughter thought it was a good idea to swallow a 50c piece and when we got to hospital we were treated very promptly and efficiently. All the medical staff treated her so kindly and gently and she was reassured every step of the way, as were we. I can't remember everyone's name but they were all great. The Anaesthetics staff were also wonderful. Ben and Jennifer were so amazing and made her feel comfortable and kept her calm before theatre and the nursing staff in Paediatrics were so gentle and lovely. Thank you all so much, we really appreciate the first class care.

## **Orthopaedics, Burwood Hospital**

I am a 67 year old male who has just come home after a right hip revision operation done last week at Burwood hospital. I would like to comment very positively on the whole procedure from start to finish i.e. pre op orthopaedics, the admission, the operation and the post op care. I found all the people I dealt with were fantastic. Everybody was so helpful, knowledgeable and the systems in place seemed to fit in together really well. Burwood was a fantastic hospital to be at. It felt almost not like a hospital at all and the nurses were brilliant. For your information my surgeon was Rhett Mason and the anaesthetist Nigel Skellerup.

All in all a very positive experience, especially as this has been my third hip operation. All I need to do now to play my part in everyone's input is to give myself six weeks of proper rehab to make the job 100% successful, which it will be.

## **Emergency Department, Christchurch Hospital**

Thank you for your professional way you deal with everyone, especially my son. Amazing! You are all wonderful.

## **Ward 20, Christchurch Hospital**

To Doctor Langley, thanks for a job well done and you have a wonderful team.

## **Ward 11, Christchurch Hospital**

After my visit here for three days I want to say that my stay was made all the better by the most dedicated nurses I have had. They were efficient, polite, happy to attend to me and I believe went over and beyond in helping me with information at my request. Just amazing people – Therese, Audrey but there were others whose names escape me. They were fantastic, couldn't have asked for better.

## **TPMH Telephone Office**

I congratulate you on your staff you have on your switchboard, their manners are very good, diction perfect, and the thing is they don't come over you like a rash, they deal with you in a very, very competent manner.

## Canterbury Medical Grand Round

5 September 2014, 12.15-1.15pm (lunch from 11.50am)

Venue: (Rolleston Lecture Theatre)

**Speaker; Doug Sellman**

**Title; Food Addiction/Obesity**

The talk will discuss the relationship between food addiction and obesity, whether there are treatment programmes for food addiction/obesity, and finally present information about a new research-based obesity recovery network based on addiction treatment principles called Kia Akina.

**Speaker; Colin Woodhouse**

**Title; Both sides of the Counter**

The talk will cover my experience as a nurse working in neurosciences some of which covers caring for patients with head injuries. It will also cover my experience as a patient with a head injury and the relatively long, slow recover from this.

**Chair: Rick Acland**

Video Conference set up in:

- Burwood Meeting Room
- Meeting Room, Level 1 PMH
- Wakanui Room, Ashburton
- Telemedicine Room, Admin. Building 6 – Hillmorton



## Health Minister approves South Island Patient Information Care System

The South Island Alliance, a collaboration of the five South Island DHBs, is one-step closer to realising its vision for a more efficient and sustainable South Island health and disability system, as one of its core IT programmes was signed off by the Minister of Health last week.

The South Island Patient Information Care System (SI PICS), a single region-wide patient management and administration system, has been given the green light for regional implementation by Health Minister Tony Ryall.

Dr Andrew Bowers, chair of the Alliance's Information Services, which is responsible for managing SI PICS and other similar programmes, said the approval was an important milestone for the South Island Alliance.

"The South Island DHBs have, through the South Island Alliance, committed to taking a combined approach to delivering and improving information systems for the benefit of our health practitioners, their clients, and the community as a whole," he said. [Read full media release.](#)

## Certification Surveillance Audit—September 2 - 5

The CDHB is undergoing a Certification Surveillance Audit and a Physiotherapy services audit from September 2 to 5. The audits against sector standards are being carried out by the DAA Group.

The methodology used by the DAA Group audit team is based on international best practice standards (ISO 19011) for managing and performing audits. Audit techniques are a combination of observation of process, examination of documents and records, and interview of management, staff and consumers.

**All staff are welcome to attend the closing meeting** with the auditors which will be held 2pm - 3pm on Friday September 5<sup>th</sup> in the 5<sup>th</sup> Floor Lecture Theatre at Princess Margaret Hospital. At this meeting the audit team will present their findings and in particular any criteria in the standards that have not been met in full. There will also be comments to affirm the positive findings of the audit.

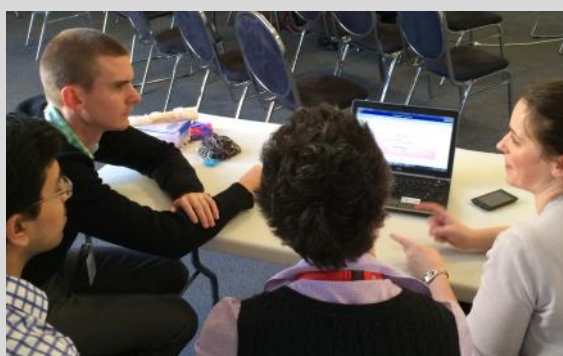


## Hillmorton eagerly awaits electronic prescribing

When I popped into ISG (Information Services Group) in Durham Street to see the eMeds HQ recently, the team were leaning forward in an excited circle just like the basketball teams do to psych themselves up before a game.

There is real sense of excitement and anticipation in the team and having seen them in action at the eMeds Roadshow in July, it's not the least bit surprising that excitement has spread to others. We are now in the third and final week of staff training ahead of the Hillmorton Go-Live for ePA (electronic prescribing and administration) on 9 September, and staff have been pleasantly surprised by the experience.

Kathryn Brankin, Registered Nurse at Te Awakura, Hillmorton Hospital who describes herself as a "reluctant computer user" was surprised at how user-friendly the training was.



"I think ePA will be a major improvement on how we presently give out meds – easy access to up-to-date, easy to read information on screen and no more worrying about illegible hand writing and poor charting. Bring it on I say!"

Executive sponsor for eMeds Stella Ward is delighted at Canterbury's imminent achievement, backed by its South Island Alliance partners and enabled by vendors, CSC Healthcare - a global leader in providing technology enabled business solutions and services.

"From the Go Live date, our initial focus will be on supporting Hillmorton clinicians in becoming familiar with MedChart – we need to introduce it into everyday practice seamlessly. It'll be a testimony to the eMeds Project Team's superb planning when the change takes place quietly and efficiently," Stella says.

Under the eMeds vision,

- Every patient will receive the correct medicines – the 5 Rs – right medicine in the right dose to the right patient by the right route and the right time
- Clinical Information Systems and Technology will be set up to support patient safety and reduce harm by creating a single source of truth (one record) for medications
- Continuity of care will be clear and accessible to all health professionals who prescribe or administer medicine
- A multidisciplinary approach to medicines management (that includes the patient) will apply to prescription, measurement and administration



*In the old days, they wrote it on paper.*

Future proofed facilities will support the digital technology required to deliver state of the art health care

The concept of electronic prescribing and administration systems has been talked about since I first started working at CDHB says Andrew McKean, Senior Pharmacist at Hillmorton Hospital.

"It is great to be a part of it now that it has finally arrived."

## Kia Ora Hauora Christchurch Hospital Work Placement Programme

Eight Māori year 12 and 13 Rangatahi (youth) from schools around Canterbury enjoyed a taste of the Canterbury Health System last week as part of a national initiative to encourage Māori into the health workforce know as Kia Ora Hauora.

Māori Health Services Kaiarahi (Team leader) Eru Waiti says the week long Canterbury DHB Māori Health Rangatahi Work Placement Programme was a great opportunity for the school students to see first-hand what health has to offer.

"Increasing the Māori health workforce is important if we're going to improve Māori health outcomes. There's a real shortage of Māori health professionals so we need to do all we can to attract the best and brightest of the next generation," says Eru.

Year 13 Christchurch Boys High Student John McCall said the day was a real eye opener.

"I'd been thinking about training to be a nurse next year and it was awesome to see the huge range of areas available to work in. I can't see myself getting bored!"

The high school students visited a wide variety of places during the week, including Māori health worker ward visits, Canterbury Health Labs, Women's & Baby's Health, health promotion with Community and Public Health, Radiology, diabetes management, and the Otago University Dept of Medicine. The week concluded with a Kōrero with Māori medical students.

*Right above: John McCall, wearing a sweatshirt provided to all Hauora Maori participants.*



## Bring your software challenges to Orion's Scratcharama

This week, starting today, our strategic partners, Orion Health, will have a teams on site at Christchurch Hospital, in the Innovation Lab (lower ground floor of Parkside, Christchurch Hospital) and at The Princess Margaret Hospital, with the Patient Information Care System team. (This is the team working on the replacement of our out of date patient administration systems).

Orion staff will be there, ready to apply their innovative and world-leading software expertise to solve some of the technical challenges or issues you face in delivering excellent healthcare. They will also be able to share what is happening in the development of our new patient information care system.

Orion client Director, Matt Hemens, says this is the fourth time we have had some software developers on site working with clinical teams to understand the technology issues facing our health system, as a result we have developed some solutions that we are now ready to showcase and share. We will also be happy to start working on solving some of the issues you bring to us, then and there.

"We want to engage with you and ask that you spare some of your valuable time for us, in the hope it will benefit you, the DHB or the wider health system one day soon," says Matt.

"We would love to spend some time working with you and if possible visiting your work environment with you," he says.

Stella Ward, Executive Lead- Innovation works closely with our strategic partners Orion and is keen for both partners to get the most from their symbiosis.

"This is an opportunity for our staff to talk to real live developers and problem solvers" says Stella. "We are extraordinarily lucky as we are the only partner that Orion health interacts with in this way and as a result we are starting to get what we need in our HCS and in our new developing PAS".

Matt can be contacted on 027 220 9783, or pop down to the Innovation Lab this week.

# ceo update

## Ten years of being randomly kind

Today is New Zealand's Random Acts of Kindness (RAK) Day.

It is also the tenth anniversary of the creation of this day. **Launched in 2004, New Zealand is the only country in the world to have a Random Acts of Kindness Day!**

New Zealand's RAK Day started after co-founder Josh de Jong was stuck in Auckland traffic one typical afternoon and watched some irate drivers ahead of him getting into a bit of a road rage stoush.

He began to think... what would it be like if on one day a year everyone in New Zealand was kind to a stranger? And thus the national day was born. Joined by a small team of four friends, the group chose September 1 to be Random Acts of Kindness Day as it was easy to remember: the first day of Spring. Then they set out to let the country know and to inspire kiwis to come up with some fun and crazy ways to surprise and delight others. For no reason other than it's a good thing to do.

### To lift the "kindness temperature" in our country.

Over the past nine years people have been RAK'd with strangers buying them coffee, paying for their parking, neighbours arriving with gift hampers or introducing themselves with a bottle of wine, schools throwing events for their community and even huge giveaways like flights and cruises given to unsuspecting people.

Here's some ideas if you're looking for some ways to be randomly kind (or you may be on the receiving end!)

- Pay for an extra coffee and ask the barista to give it to the next person who comes in
- Put a nice note inside a library book when you return it
- Pick flowers from your garden and take to your teacher
- Pay a stranger a compliment – you just don't know what they're going through
- Leave an encouraging note in your neighbour's letterbox
- Put a flower on a car windscreen
- Send a pizza to the local fire station, police station, school staff room
- Take muffins to work
- Give an employee an extra hour for lunch
- Let a car into the traffic ahead of you (!)
- Wash your mum or Dad's car
- Mow the neighbour's lawn
- Take a box of chocolates to neighbours you haven't met yet and introduce yourself
- Pay the bus fare for the passenger behind you
- Visit your local old people's home and spend time talking with a resident

For more ideas and resources visit <http://rak.co.nz/>



## Tell us what you think about Dry July

If you took part in Dry July this year – either as a DJ or a supporter, we'd like your views on a range of things, from events to our webpage.

Please visit <https://www.surveymonkey.com/s/dryjuly> and tell us what you liked about the way we ran Dry July and what we could have done better.

The survey will run until 15 September.



## Burwood Hydrotherapy Centre pool reopens

The Burwood Hydrotherapy Centre officially reopened with a splash last Tuesday.

Two physiotherapists, Paul Timothy and Brendon Vercoe decked out in floaties, plastic rings and flippers swam a length to mark the opening of the pool and a celebratory cake was cut.

The pool, which is open to Burwood Hospital patients and staff, as well as groups such as the Arthritis Society and Parafed, closed for earthquake repairs in December 2013.

Physiotherapy Department Clinical Manager, Nicola Rooney, says the centre has had a complete retiling and refit of services such as the showers.

"It's very exciting for staff and patients. We are extremely lucky that the CDHB chose to repair the pool, which reflects its importance and how it can assist with the treatment and wellbeing of our community.

General Manager, Older Persons Orthopaedic and Rehabilitation Services, Dan Coward, said he was really pleased the facility had reopened.

"It's been a long process for the team amongst the development and loss of functions across the Burwood site. Seeing the staff come today, and for two keen physiotherapists getting in the pool to officially open and swim the first length indicates the pride the wider team have in getting a facility back up and running."

For our patients I know this is a great step in providing a wide range of options for rehabilitation, he says.

The pool is open seven days a week from 6am to 9pm.



*Above: Physiotherapist, Paul Timothy, trying out the newly repaired Burwood Hydrotherapy Centre*



*Physiotherapists Paul Timothy and Brendon Vercoe swim a length of the pool*

## Being a successful agent to change in a complex system

**KO AWATEA**  
HEALTH SYSTEM INNOVATION AND IMPROVEMENT



**With Paul Plsek**, Consultant in Creativity, Innovation and Leadership of Change; Chair of Innovation at the Virginia Mason Health System Seattle; and former Director of the Academy for Large- Scale change in the UK.

This workshop is for Individuals, at any organisational level from senior leader to front-line staff, who genuinely want to transform care, but feel frustrated in their initial efforts.

[View the flyer](#)

[Register here](#) before Wednesday 3 September

**9 September 2014  
9.00am – 4.00pm**

**Copthorne Hotel, Commodore,  
Christchurch**



## Think about the ones you love this September

Who would care for your family if you couldn't?

Women all over New Zealand are being asked to consider this question during September which is Cervical Screening Awareness Month.

The focus on the month is to inspire women to think about the wider effect their health has on those they love – and how it is worth putting their health first.

"A cervical smear test usually takes less than 15 minutes and should be done every three years. Around 160 women in New Zealand develop cancer of the cervix each year. Approximately 60 women die from it every year. Some groups have higher rates of cervical cancer and it is those women we really need to go in and have a smear," says Vivienne Back, Regional Manager/ Register Coordinator, National Cervical Screening Programme - Canterbury Region.

Screening rates for Māori, Pacific and Asian women are around 10 to 20 percent lower than other groups – so these women are a particular priority. A cervical smear is all about finding changes early. The sooner the presence of abnormal cells is detected, the sooner a woman can be treated and the better her chances of recovery.

Call 0800 729 729 to see if you are up to date or check with your general practice team.



### Researcher wins Canterbury Innovation Medal

A leading New Zealand Communications Disorders Researcher, University Fieldwork Tutor at CDHB's Speech and Language department, Maggie-Lee Huckabee, has won the University of Canterbury's Innovation Medal for 2014.

Maggie-Lee is a world leader in cough-reflex research of stroke patients and will receive her medal at the Chancellor's annual dinner later this year.

Her research is about preventing pneumonia in post-stroke or post-surgical stroke patients. Maggie-Lee's work is nationally and internationally recognised and she has led clinicians from district health boards across New Zealand to change protocols.

At CDHB alone, the rate of pneumonia for patients who struggle to swallow following strokes dropped from 26 percent to 11 percent in a three year period following implementation of her research results.

#### Dr Maggie-Lee Huckabee

This has resulted in a potential cost savings to the national health system of about \$1.4 million. This innovation has not only improved patient outcomes and reduced health care costs, but has facilitated a culture of research and innovation for frontline clinicians, which is a key priority for the New Zealand Health Research Council. Maggie-Lee says she needs to acknowledge that the award is not just hers.

"The CDHB clinicians have been fantastic. This is as much theirs as mine."

While she generated the idea behind the research she could not have done the research itself as she does not work at Christchurch Hospital, she says.

Maggie-Lee's nomination received support from hospitals and speech therapists from around New Zealand and overseas.

Previous university medal winners are Professor Keith Alexander (spring free trampoline), Professor Tim Bell (computer science unplugged) and Professors Andy Buchanan and Stefano Pampanin and Dr Alessandro Palermo (pre-stressed laminated timber).



## Yoga classes available at CDHB sites

Did you know there is a yoga class held at the main Christchurch hospital sites every week?

CDHB is committed to providing staff with easily accessible options to help you improve your physical and mental wellbeing. One of those initiatives, run by the Staff Wellbeing Programme, is yoga.



*Yoga instructor, Jane Hardcastle.*

Yoga suits just about everyone and is great for improving your physical capabilities, increasing body awareness, and growing your mental resilience. Ashtanga, Hatha and Purna yoga are all offered across different CDHB sites.

As one attendee says, "I really appreciate having a class held every week in my workplace, as it makes it so much easier to get to".

Another yoga attendee at TPMH says, "I thoroughly recommend the yoga sessions – excellent stuff with a wonderful teacher".

All Yoga instructors who teach across each CDHB site are qualified and knowledgeable about their field of work.

Instructor, Jane Hardcastle, says teaching yoga is a pleasure.

"It's great to see people visibly relax, devote time and attention to themselves, and increase their flexibility and balance. The sense of achievement they get is wonderful. People look and feel better after class and leave with a smile".

Yoga classes are \$10 a session with discounted concessions cards available. For more information on class times refer to the table below or head onto the [Staff Wellbeing intranet page](#)

CDBH Site	Instructor	Day/time	Location
Burwood	Kate Westwood	Thursday 1645-1800	Utlely Gym
ChCh Campus	Sarah Ibbotson	Monday 1230-1330	Great Escape Lounge
	Sarah Ibbotson	Wednesday 1230-1330	Great Escape Lounge
	Lisa Wood	Monday 1645 - 1800	Great Escape Lounge
C&PH	Nadia Bartholomew	Monday 1715-1815	Aoraki Room
Hillmorton	Lisa Mills	Thursday 1645-1745	Lincoln Lounge, Admin (Bldg 6)
TPMH	Jane Hardcastle	Tuesday 1600-1700	Riley Gym

## Need to book in portfolios with the PDRP Office

Just a reminder for all nurses wishing to submit a new portfolio to the Professional Development and Recognition Programme (PDRP) Office. There are only 10 submission spaces available per submission date – 4 September, 7 October and 4 November.

All nurses with a **NEW** portfolio that are planning to submit on any of those dates will need to book in with the PDRP office.

Please call Serrani Bell 337 8835, [serrani.bell@cdhb.health.nz](mailto:serrani.bell@cdhb.health.nz). If you are unable to secure a submission date for your portfolio you can still submit your portfolio to the PDRP Office and it will be assessed on the first submission date in the New Year.

Any **resubmissions** of portfolios can be submitted at any time to the PDRP Office.



### What does your job involve?

I'm part of the initial patient contact team, where we meet our patients for their first time in our department. We assist them through their journey, from coordinating timely diagnostic investigations to streamlining education, treatment, and follow up appointments. We are a multi-faceted department and work closely together in order to obtain the best outcomes for our patients.

### Why did you choose to work in this field?

By default actually, my previous employer felt the role would be great for me - and I good for the role! It was the best move - absolutely no regrets.

### What do you love about it?

It's such an honour to have the initial and subsequent personal contact with lovely patients and their families. Also, the staff I work so closely with are so very genuine, caring and some of the most compassionate people I have met - many have a fantastic sense of humour which helps in difficult moments.



### What are the challenging bits?

That the patients coming in for treatment are going through a very difficult and uncertain time.

### Who do you most admire in a professional capacity at work and why?

Without a doubt my initial mentor and colleague, Glennis Wightman, who really is the backbone of our patient clinic, although she wouldn't realise what a great influence she has - consistently professional, friendly and knowledgeable and very little ruffles her feathers. I'd also say our Acting Charge Nurse, Hayley, whom I admire greatly for the way she juggles an incredibly large and at times challenging department.

### The last book I read was...

A song in the daylight - Paulina Simons

### My ultimate Sunday would involve...

Having brunch with my family, taking the labradors to the river and finally, eating antipasto with a glass of pinot on the deck with friends.

### One food I really dislike is...

KFC - never had a good experience.

### My favourite music is...

A huge variety really - classical, country and western, and pop, but my current favourite is Ave Maria by Beyonce'.

### If you would like to spend 'one minute with...' or nominate someone please contact

[Naomi.Gilling@cdhb.health.nz](mailto:Naomi.Gilling@cdhb.health.nz)

## Dell Optiplex 9010 NIC driver update

Information Services are aware of an issue with Dell Optiplex 9010 computers. Randomly these computers can cause "Broadcast storms" on our network. To solve this problem all existing Dell Optiplex 9010 computers need to be updated with new network card driver software.

After installation the computer needs a reboot to apply the new software. This update will run only on Dell Optiplex 9010 computers if needed...[for full details click here.](#)



## Vote in Advance!

Election Day is **Saturday 20 September**, but if you wish to vote earlier Advance Voting will be available from **Monday 8 September 2014** on the ground floor of Christchurch Hospital near the ATM.

Monday 8 – Friday 12 September: 10.00am to 4.30pm  
 Saturday 13 September: 10.00am to 2.00pm  
 Monday 15 – Friday 19 September: 10.00am to 4.30pm

This Voting Place will be issuing votes for Christchurch Central, Christchurch East, Port Hills, Ilam, Wigram, Selwyn, Waimakariri, Rangitata and Kaikoura as well as special votes for people who reside anywhere else in New Zealand.

## Voting on Election Day Saturday 20 September

A Voting Place will be located in the annex room beside The Great Escape Cafe from 9am – 7pm on Election Day. Remember to bring your 'EasyVote' card for fast service.

## People in Disasters Conference

24-26 February 2016

### The Air Force Museum of NZ, Christchurch

This is a joint venture between the Canterbury District Health Board and Researching the Health Implications of Seismic Events (RHISE) conference.



This conference is scheduled to coincide with the five year anniversary of the traumatic events of 2010 - 2011 which occurred across the Asia Pacific region. These included earthquake and tsunami events affecting New Zealand, Pacific nations, and Japan; bush fires in Australia and floods in Thailand, China, Indonesia and Australia. Typhoons affected the Philippines and other adverse weather effects such as hurricanes, cyclones and super storms have been felt within the Pacific Rim and more widely.

Key objectives in organising this event are to showcase the 'real life' stories of residents and workers across the health and emergency services, the dilemmas of living and working within a disaster context together with the development of informed best practice through the myriad of research projects following natural disasters across the Asia Pacific region.

Visit the conference website [www.peopleindisasters.org.nz](http://www.peopleindisasters.org.nz) and share this message with areas/ clusters/ services and persons/groups who may be interested in this conference.

If you have any queries or questions I would be pleased to answer these and can be contact on the below contact details.

Cathy King, Nurse Educator / Co-convenor People in Disasters 2016  
 337 7969 extension 33868, [cathy.king@cdhb.health.nz](mailto:cathy.king@cdhb.health.nz)



## Avon Rowing Club Inc—Corporate 8's Event 2014

**Corporate rowing is back in Christchurch, are you up for the challenge?**

This event is a unique opportunity to support the local rowing community and be involved in a highly enjoyable and effective teamwork initiative. Step outside your comfort zone, have fun trying your hand at one of New Zealand's most successful Olympic sports and feel what it's like to really have to work together!

This year we are offering two classes of racing, over 1000m and 500m, with the chance for the best performing crews to represent Christchurch at the Canterbury Corporate Championships on 22 November.

[Click here for full details.](#)



### LATEST OPPORTUNITIES

[Nurse Educator –  
Burwood Spinal Unit](#)

[Regional Coordinator](#)

[Procurement Analyst/  
Specialist](#)

[Registered Nurses  
Emergency](#)

See all vacancies at:  
<https://cdhb.careercentre.net.nz>

We are seeking a new member for our Laboratory Information Systems (LIS) team. Canterbury Health Laboratories (CHL) provide LIS services to a number of public sector laboratories across the country requiring team members to work closely together and liaise with both internal and external clients.

The successful candidate will assist in providing application and technical support for the Laboratory Information Systems to ensure reliable, effective and secure service to users.

The key tasks in this role include system administration, application maintenance, data reporting, programming/scripting and helpdesk support.

Applicants should have a relevant tertiary computer qualification or equivalent systems administration and network experience, including Unix/Linux experience, strong SQL skills and Lotus Notes experience. An understanding of medical laboratory operations and laboratory information systems, preferably Delphic and demonstrated knowledge is required.

To find out more contact Stacey Flintoff, Recruitment Specialist on (03) 378 6676 or email: [stacey.flintoff@cdhb.health.nz](mailto:stacey.flintoff@cdhb.health.nz)

## Consultation open for two Central City Transport projects

Christchurch City Council is inviting feedback on two key transport projects, Hospital Corner early works and Hagley / Moorhouse Corner.

Consultation is open until 5pm on Monday 8 September 2014.

Both projects are aimed at supporting the new Central City anchor projects, such as the bus interchange, which is due to open in 2015. They also incorporate new ways of sharing the road space available to cars, buses, bicycles, and pedestrians in the face of changing and competing demands over the next 30 years.

[Read the full media release.](#)

[Read the consultation invite.](#)

For general information on the Recovery Plan and *An Accessible City*, visit [www.ccd.govt.nz/the-plan](http://www.ccd.govt.nz/the-plan)



## Nurses considering postgraduate study

An information session will be held at Hillmorton on Wednesday 3 September 11.00am – 1.00pm in the café. Representatives from University of Otago, CPIT and Postgrad Nursing Education (HWNZ funded) will be available to discuss your postgraduate study options.

### Registered Nurses undertaking Postgraduate nursing study in 2015

Applications are now open for HWNZ funded places in Semester 1 and 2, 2015. The link to the online application form is: [CDHB Online Application Form - HWNZ funding](#)

The link, and further information, is also available on the Postgraduate Nursing Education website: [Postgraduate Nursing Education](#)

Any queries should be directed to Margaret Bidois, Administrator, PG Nursing Education on 68680 or [margaret.bidois@cdhb.health.nz](mailto:margaret.bidois@cdhb.health.nz) or to Jenny Gardner, Nurse Consultant, PG Nursing Education on 68679 or [jenny.gardner@cdhb.health.nz](mailto:jenny.gardner@cdhb.health.nz)

Closing date for applications is Friday 10 October 2014



# ceo update In brief...

## Announcement regarding funded grants

The Canterbury Medical Research Foundation has completed its 2014 review of the grants they offer to the Canterbury Research Community.

Visit their [grants application portal](#) to find out about their grant offerings for 2015 and to take note of opening and closing dates.

Changes have been made to the amount awarded in the major projects round and new research fellowships in the clinical and nursing areas have been added.

For more information contact Raewyn Chatfield, Administration Manager, Canterbury Medical Research Foundation on [health@cmrf.org.nz](mailto:health@cmrf.org.nz) or phone 3531 240.



## Bake Sale

Friday 5 September, 10am to 12pm  
Christchurch Hospital Foyer, Ground Floor

All proceeds go to Countdown Kids Hospital Appeal.

Come early to avoid missing out...there will be a range of homemade delights both savoury and sweet!



## Education Fairs August 2014 - Website Now Live

The Education Fair- It's here! ([Website](#)).

Check it out to see what is available to you now, and hear what others are saying who have already been enjoying the benefits of their next developmental steps. Have fun exploring and connecting. We look forward to hearing all about your next moves.

## Countdown kids hospital appeal raffle

From 1 August to 30 October funds are being raised for the children's wards across the country.

<http://www.countdown.co.nz/in-the-community/in-the-communitycountdown-kids-hospital-appeal-2014>

Please support the children's wards at Christchurch Hospital. Raffle tickets are available from:

- Warren Nairn, Charge Nurse Manager CAA Ext. 89926
- Chrissy Bond, Charge Nurse Manager CHOC Ext. 81824
- Neroli Bull, Charge Nurse Manager Ward 21 Ext. 86656
- Robyn Richens, Charge Nurse Manager Ward 22 Ext. 86657
- Karen Larkins, Receptionist Paed. Outpatients Ext. 88491
- Allie White, Team Leader Activity Room Ext. 88231
- Trish Graham, Research Nurse Neonatal Unit Ext. 85741
- Alison Clarke, Charge Nurse Manager Burwood Hospital Ext. 99613
- Kay Boone, Clinical Manager Beacon House Ext. 99918



## Artist Doctors presents...Last night of the PROMS

[For more information click on the image to the left.](#)



[Read the latest SCIRT news here.](#)