



## More than 10,000 people returning to New Zealand have been looked after in our Christchurch-based managed isolation and quarantine facilities

**Canterbury DHB's Managed Isolation Facilities team has provided a warm welcome to more than 10,000 guests who have stayed at one of six hotels now operating as managed isolation facilities in Christchurch.**

The first guests were welcomed back in April and, on average, we're looking after around 450 people a week – with 600 new arrivals expected this week. We have hosted a number of large groups ranging from international mariners to international sports teams.

I'd like to acknowledge the entire team working in this area and, in particular, the health and wellbeing staff, which includes nurses who do daily health checks and regular testing, and the wellbeing team who check in on people who find themselves in the unusual position of being confined to one place for two weeks. This can be challenging for many and I know the teams go to great lengths to look after the needs of individuals from all walks of life who need to stay put for two weeks.

Thanks, too, to our Infection, Prevention and Control team who have worked tirelessly to ensure the highest standards for guests and all staff. To Labs, thanks for your speedy turnaround on test results and to the supply team for ensuring we have everything we need – and we need a lot of stuff: in October we used 60,000 masks and distributed 660 pump packs of hand sanitiser.

Finally, thanks to our medical officers of health who provide clinical oversight and care for those who need it. Like any cross-section of the community, people in managed isolation arrive with a range of health conditions that need monitoring and attention.

I was heartened to see the results from the team's guest survey which show extremely high satisfaction rates. It was particularly pleasing to see that 98 percent of guests felt the staff treated them with kindness and understanding. A summary of the October results is below:

### OVERALL RATINGS FOR OCTOBER 2020



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## Did you know?

- › Managed Isolation workers are provided with regular Personal Protective Equipment (PPE) training by our local Infection Prevention and Control (IPC) service.
- › They wear appropriate PPE when interacting with guests.
- › Regular IPC audits are undertaken to ensure there is strict compliance with the appropriate IPC measures.
- › Staff currently are tested for Covid every 7 days and have daily health checks.
- › If they have any symptoms, they are tested and do not come to work.

There will be no Christmas shutdown for the MIQF teams and, like most of us who work in health, services will continue throughout the 'holiday season'. The team's Christmas wish is that they, too, are treated with the same respect as other health professionals, and not excluded or stigmatised because of where they work. With all of the precautions in place, the risk posed by managed isolation workers to our community is minimal. People working at our borders and in MIQF teams are keeping our communities safe and should be celebrated and thanked for their ongoing professionalism and care which are helping to keep our community COVID-free. They work hard to ensure families can reunite safely after their return to New Zealand.

Thanks to our managed isolation teams we can all spend Christmas and the New Year celebrating with our whānau and friends.



MIQF team member Katya at the Crowne Plaza – getting ready to deliver gingerbread houses to guests

## Code of Compliance for Waipapa signed

It's official! We recently received the Code of Compliance from Christchurch City Council for the new Waipapa building.



From left, Ministry of Health Infrastructure Unit Programme Director Tony Lloyd presents the Code of Compliance to Acting Chief Executive Officer Andrew Brant

## Update on recruitment for Chief Executive and Executive Team roles

The Board expects to be able to make an announcement regarding the appointment of a new Chief Executive before Christmas.

Recruitment for the vacant Executive Management Team roles is also underway. We expect this process to conclude early in 2021.

The advertisements for the Chief Digital Officer, Chief People Officer, Executive Director Finance and Corporate Services and Executive Director, Planning, Funding and Decision Support positions can be found online on [Seek here](#). Applications for these roles close on 17 December 2020.

The ads for the [Chief Medical Officer](#) and [Executive Director of Nursing](#) roles are up on the Canterbury DHB Career Centre website. Applications for both these roles also close on Friday 22 January 2021.

## Acting Chief Executive arrangement extended until the end of January

My time as Acting Chief Executive has been extended until the end of January.

## Save the emergency department for emergencies

Christchurch Hospital's ED has been experiencing extremely high demand over the past few weeks with around 30 more presentations per day than usual (average 310 presentations vs 280) and 380 people were seen in a recent 24-hour period.

Help us keep the emergency department for emergencies by reminding your friends and whānau to call their own general practice team 24/7 for care around the clock. After hours, follow the instructions to be put through to a nurse for free health advice – any time of day or night.

We are fortunate in Canterbury to have three Urgent Care clinics open extended hours – the ideal place to send your out-of-town visitors when they need medical care or have an accident.

Urgent Care practices are open throughout the holiday season:

- > 24 Hour Surgery – 401 Madras Street open every day, 24/7. Ph 03 365 7777
- > Moorhouse Medical – 3 Pilgrim Place. Open 8am – 8pm, 7 days a week. Ph 03 365 7900
- > Riccarton Clinic – 4 Yaldhurst Road. Open 8am – 8pm, 7 days a week. Ph 03 343 3661.

Ngā mihi nui



**Andrew Brant, Acting CEO**  
Canterbury District Health Board

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



## Farewell to Sue Nightingale, Chief Medical Officer

A farewell was held last week to acknowledge the significant achievements of Dr Sue Nightingale during her 32 years at Canterbury DHB. Sue started as a junior doctor working at Sunnyside Hospital, which is described as 'Christchurch's first mental asylum'.

Sue spoke fondly of those early informative years at Sunnyside when it felt like you were part of a family with a strong sense of belonging. Every person who spoke about Sue talked about her unwavering resolve to always put the patient or person and their family at the centre of everything we do.

Sue worked her way up to the position of Chief of Psychiatry for Specialist Mental Health services, a role she held from September 2010 to 2016 when she became Chief Medical Officer. Her tenure as Chief of Psychiatry coincided with the Canterbury quakes and the unprecedented increase in demand for mental health services. This was another opportunity for Sue to flex her leadership muscles and show innovation, compassion and empathy when everyone was under so much pressure and strain – both at work and in their private lives dealing with the aftermath of the quakes.

Developing and supporting a culture of clinical governance, along with wisdom and advocacy, were traits many spoke of. Colleagues described her as articulate, highly talented, and someone who deals with tricky situations with aplomb. She sees the best in people and has a great sense of humour, characteristics which are essential when working under pressure. Leading the DHB's COVID-19 response as Incident Controller for our Emergency Control Centre

certainly put Sue's resilience and stamina and ability to multi-task to the test.

She cares deeply about staff and patients and has strong ethics. She's courageous and has never stepped away from hard issues.

On behalf of the Chiefs and Chairs Group, Chief of Paediatrics Clare Doocey presented Sue with a piece of West Coast pounamu, both a tactile reminder of her time in Canterbury and a symbol of strength and durability – in fact, it was so strong it could be used to cut down trees!

All the best Sue for your next adventures in Queensland – go knowing you have made a difference.

Sue's last day is Friday this week. Richard French will take up the Acting Chief Medical Officer role, and Alan Pithie will take the Lead for the COVID response with the back-up of Ralph La Salle as Executive Lead. Megan Gibbs remains the Lead for Service Continuity and Ralph La Salle will also take over as Executive Lead for this service. Jacqui Lunday-Johnstone will be the Executive Lead for Research.



Outgoing Chief Medical Officer Sue Nightingale

### Sue's pounamu from Paroa

Sue was gifted a taonga at her farewell – a piece of pounamu from Paroa near Greymouth.

Chief of Paediatrics Clare Doocey presented it on behalf of the Chiefs and Chairs senior medical staff group.

Before being gifted to Sue, the pounamu was held and rubbed by colleagues so their collective strength will remain with the stone to provide Sue strength in the future.

This touchstone was collected from the Marsden Valley in the Paroa

valley and is called Marsden Flower Jade because of its unique golden colours.

It's been blessed, rubbed and imbued with the mana of your colleagues – the more mana absorbed by the stone, the more protection it offers, the more strength it gives and the more powerful it becomes.

Best wishes for a happy and healthy future Sue.



The taonga gifted to outgoing Chief Medical Officer Sue Nightingale



## Bouquets

### **Emergency Department (ED), Christchurch Hospital**

My mum had a heart attack; the staff in ED were amazing, especially for a Friday night. We weren't made to feel like we were being annoying, or they were too busy to deal with us. The staff were so rushed off their feet but still gave the utmost care and attention to my mum, meanwhile being friendly and making us laugh at this very stressful time. Also loving the new building for emergencies. It looks great. Thank you, Christchurch Hospital. A special shout out to Kennedy, Therese, Megan and the others in ED who cared for Mum until she was moved to a ward.

### **Otolaryngology (ORL) and Ward 11, Christchurch Hospital**

I would like to compliment the staff in ORL and Ward 11 through which I had surgery recently. Communication was brilliant and transition between services appeared seamless, and staff seemed to be totally on point at all junctures.

### **Eye Outpatients, Christchurch Hospital**

I wish to thank the doctors and staff based in this well-appointed new facility for their excellent, professional, personal care and attention. Hospital attendance can be stressful, but the team worked with us to make the whole process as smooth and efficient as possible.

### **Oncology Radiation, Christchurch Hospital**

Absolutely wonderful team that have looked after me during the last six weeks. Very friendly, helpful, caring and always with a smile. A big thank you.

### **Ward 11, Christchurch Hospital**

I could not fault the fabulous care from all nurses on Ward 11 – Sharon, Lyn, Chloe, George, and Lisa and especially, Ashleigh. They were professional and knowledgeable. They offered plenty of information for informed decision making re analgesia and a care plan. Additionally, the gentle and happy nature that Catering Assistant Kumee brought to the room when bringing food and hot drinks, was so calming.

### **Cardiology, Ward 12, Christchurch Hospital**

I cannot put into words the absolutely fantastic help I received from every person involved during my treatment and stay, the friendliness and kindness was outstanding, from orderlies to coffee ladies, to nurses and doctors. The nurses and doctors in Ward 12 were an absolute pleasure. It is enormously pleasing to be looked after so well while in hospital, and that we can pride ourselves having a public hospital functioning so well in our city. Thanks to every one of you.

### Children's Day Ward, Children's Outpatients, Radiography, Dental, Christchurch Hospital

My son has had four appointments at Christchurch Hospital over the past month and we have been so grateful for the awesome care that he has received. Staff have gone over and above to have his favourite DVD playing while he has a procedure. They have also been very patient and enabled him to understand what is happening and what he needs to do to get the desired results. Staff have been super patient with him, asking questions over and over due to his anxiety. They haven't tried to dismiss his fears which has led to his trust increasing in hospital staff. Staff have also allowed him time to play with their equipment and desensitise for further appointments when this equipment will be used. I am so grateful for the wonderful care that he is receiving. Thank you.

### Bone Shop, Christchurch Hospital

Fantastic, flexible staff who can work around difficult situations with the family of a patient (a two-year-old, mum with mobility issues and a newborn sibling). Very grateful for the stickers as rewards at X-ray and clinic. Many thanks.

## Big Shout Out

**To: Canterbury Health Laboratories COVID-19 Customer Service/Logistics team (who supply COVID-19 swab kits and collect the samples)**

Thank you for all your support and amazing service Rich Latham (Laboratory Services Liaison) through the stressful times of COVID-19. You always replied promptly to my requests, which were only one of many you must have received. During the 'pressure' period of COVID-19 you were able to talk me through requirements to ensure requests from our end were correct the first time. A big thank you also to Patrick O'Brien (a member of CHL's dedicated COVID-19 courier team) who delivered the swab kits promptly and collected at the end of the day, always with a smile, despite the crazy rush of getting around all the medical centres. Enjoy some much-deserved relaxing time.

**From: Debbie Callaghan, Administration, The Doctors Christchurch South**

#carestartshere

KEEPING OUR COMMUNITY HEALTHY

**WELL  
NOW**

SPRING 2020

CANTERBURY

A snapshot of how we're doing

**Your community health magazine is out now!**

Keep an eye on your mailbox, or check it out on our website.

[cdhb.health.nz](https://cdhb.health.nz)



## Let's make summer unstoppable!

A new campaign kicks off this week to remind us all to keep up the good habits that have kept us COVID-free. If you're planning gatherings with whānau and friends, here are some tips:

- › For many, the Christmas and festive season is all about whānau and friends. Your actions can help keep your loved ones safe and well.
- › If you are hosting an event, please don't pressure friends and whānau to attend if they are feeling unwell. Instead, encourage them to stay at home and call Healthline or a health professional for advice.
- › Encouraging everyone on arrival to wash and dry their hands is one of the easiest ways to keep people safe. Soap kills the virus by bursting its protective bubble.
- › Please keep a note of all of your visitors, especially if you are hosting a big crowd. If needed later, this will make contact tracing faster and easier and help prevent the further spread of COVID-19.
- › Did you know you can create your own QR code and your guests can then check in using the NZ COVID Tracer App? It's easy – check out how on the [covid19.govt.nz](https://covid19.govt.nz) website [here](#).
- › Contact tracing in New Zealand has just had a substantial boost with the addition of Bluetooth tracing to the NZ COVID Tracer app. So we're encouraging people to enable their Bluetooth notifications. This will allow people to be quickly alerted if they have been nearby someone who has tested positive for COVID-19.
- › Have you thought about holding your gathering outdoors this year? The more space people have, the harder it is for COVID-19 to spread if it was in the community.



# Cutting-edge breast cancer research among national grants awarded to Canterbury and West Coast DHBs

Canterbury and West Coast DHBs have attracted a broad array of research funding to benefit local and New Zealand health care in new research funding from the Health Research Council.

Five different grants received approval ranging from developing tools for better predicting Emergency Department bed need through to "What growing up well looks like for Coast kids". Two more grants are under negotiation.

The largest grant for the DHBs went to Canterbury Health Laboratories Anatomical Pathologist Dr Gavin Harris for his work on developing computational pathology capability and expertise for breast cancer.

Gavin explains that his day job in anatomical pathology involves looking at cancerous tissue under microscopes and predicting how someone's cancer is likely to behave or respond to different therapies. His specialty is breast cancer. Increasingly in pathology, glass slides are now being digitised so they can be viewed on a high definition monitor rather than using a microscope.

Gavin's research is focused on developing the cutting-edge practice of computational pathology. This involves generating computer algorithms that can be used to analyse digitised glass slides for much quicker, accurate, objective analysis.

"At the moment it takes one to two hours to manually review a single breast tissue sample and produce a report for clinicians to view.

"With computational pathology we would expect that that would reduce the time significantly. This would have big implications for how we meet increasing cancer rates with scarce specialist resources," says Gavin.

This latest grant is the third Gavin has received for this work since 2019 and will provide the funding to partly step back from his day job and devote more time to his research.

While the field is attracting big interest and funding overseas, it's in its early stages in New Zealand. Gavin believes our local capability, including the Canterbury Health Laboratories, Te Papa Hauora/Health Precinct partners and Cancer Society Tissue Bank, puts us in a unique position to lead developing computational pathology technology in New Zealand.



"My goal is to attract funding to develop computational pathology expertise locally, which has maximum benefit for New Zealand cancer patients. The aim would be to use New Zealand data and expert analysis, so ultimately New Zealand cancer patients and their clinicians would have more information about their cancers and how they might respond to various treatments. This would support a more personalised approach to cancer management."

Canterbury DHB Chief Medical Officer Sue Nightingale says "We're delighted to have attracted such a broad range of grants from across different specialties and determined to keep growing our research activities here to help improve the health and wellbeing of our communities."

The full list of Health Research Council Health Sector Research Collaboration Grants for Canterbury and West Coast DHBs are: a Research Activation Grant for Dr Cameron Lacey, Canterbury DHB Clinical Director Research, for a "Review of Māori consultation processes for research" with a second research activation grant in negotiation.

There are four Research Career Development Awards granted to: Jane George, West Coast DHB Director of Allied Health, Scientific and Technical, for "Rural early years 'What growing up well looks like for Coast kids'"; Dr Laura Hamill, Canterbury DHB Emergency Department Fellow, for "Improving Care and Equity in acute medical decision making"; Dr Gavin Harris, Canterbury Health Laboratories Anatomical Pathologist, for "Developing computational pathology capability and expertise for breast cancer"; and Emily Timothy, Canterbury DHB Community Stroke Rehabilitation Service Physiotherapist, for "Conceptualising inpatient rehabilitation early intervention vocational services". A further research career development award is in negotiation.



# Government and unions commit to working together for health workforce

The Minister of Health Hon Andrew Little and senior union and government leaders have renewed their commitment to the Health Sector Relationship Agreement (HSRA), which provides a forum for progressing matters critical to the success of our health and disability workforce.

New Terms of Reference for the three-way partnership were signed by the Minister, unions and government agencies in November, building on previous agreements.

The HSRA is based on shared commitments to a strong public health system that delivers excellent and equitable health outcomes and an exemplary working environment. The Agreement expresses a shared sense of purpose and provides a framework for exploring and addressing common interests and issues. The signatories commit to meeting regularly ensuring practical work is done to further the goals of the agreement.

Health Minister Andrew Little noted the importance of the health sector workforce.



From left, Director General of Health Ashley Bloomfield, President Council of Trade Unions Richard Wagstaff, Executive Director Specialty Trainees of New Zealand Kate Clapperton-Rees (standing), Chief Executive New Zealand Nurses Organisation Memo Musa (standing), Minister of Health Hon Andrew Little, Co-leader, Midwifery Employee Representation and Advisory Service Jill Ovens (standing), former Chair of District Health Board Chairs Jenny Black (sitting); Executive Director Association of Salaried Medical Specialists Sarah Dalton (standing), National Secretary Public Services Association Kerry Davies, Lead DHB Chief Executive Workforce Rosemary Clements (standing), and Assistant National Secretary, E tū, Annie Newman

"It's great to see a commitment from unions, district health boards (DHBs) and the Ministry of Health to working in a certain way consistent with values we want to see underpinning the health sector."

Council of Trade Unions President Richard Wagstaff said the agreement was extremely important and would enable all signatories to extend themselves and work together collaboratively.

Director General of Health Ashley Bloomfield said the HSRA provides clarity about how the health sector will work together.

"This relationship should be the basis on which we achieve progress and create solutions."

Chair of the DHB Chairs, Jenny Black, said the DHBs know they can't do anything without their workforce.

"We need to make sure we are all working together for the best outcomes."

The Agreement signatories will meet monthly and working groups will be formed as needed.

You can find a link to the Health Sector Relationship Agreement [here](#).

# Cleaner and greener energy one step closer for Christchurch campus

The design of the new energy centre for Christchurch Hospital campus is now complete and construction has commenced on site.

The earthquake-damaged coal boilers are to be replaced with two new woody biomass boilers – a renewable, more efficient energy resource. This investment is not only key to ensure the hospital energy supply is reliable, but it also will emit about 60 times fewer emissions than coal boilers.

The new system is a great way to dispose of waste wood and will emit far less carbon dioxide than conventional fossil fuels. Work on the approximately \$45 million new energy centre is expected to be completed by mid-2022.

The replacement of the coal boilers will deliver the reliable energy that our staff and patients deserve while honouring our commitment to drive towards a more environmentally sustainable organisation.



Artist's impression of the completed new energy centre project

Remember that even small steps such as turning off lights and computers when not in use help us all reduce our emissions.

# Sharing specialised knowledge contributes to better care

Maxillofacial (maxfax) surgery is a specialised area and the care of certain conditions requires specific surgical skills for the theatre teams and knowledge for the nursing staff.

Over the past two months, two education seminars have been held in Manawa organised by Ward 11 Nurse Educator Lisa Frame in conjunction with Operating Theatre Clinical Nurse Specialist Jan Newman.

Presentations from the three maxfax registrars; Ryan Smit (absent from photo), Danyon Graham and Brenton (BJ) Wilson covered topics of orthognathic jaw surgery, odontogenic head and neck infections and facial trauma surgery.

They presented to more than 50 nurses from the maxfax operating theatre and Ward 11 who care for these patients.



Attendees at one of the recent maxillofacial surgery education seminars

Nurses from both ends of the patient journey commented on their learnings from the other side of the care spectrum, whilst making friends and developing respect for the processes that each other go through to ensure the best outcomes for the patients of this small but highly specialised surgical field.

# Retiring Neurology team leader a pillar of strength, service and commitment

Judith Sutherland's career with Canterbury DHB spans over 40 years.

"This length of time reflects the level of job satisfaction I've had, along with the pleasure of working with my medical colleagues in Neurology", she says.

Judith retires on Thursday from her role as Line Manager/Office Administration Team Leader, in the Department of Neurology at Christchurch Hospital.

"It has been a considerable privilege to be part of the growth and development of the department, starting with just two neurologists and gradually building the strength and neurological expertise to its current capacity, along with neurophysiology."

Her role has included supporting the clinical directors and planning and working to discover the many talents that exist across the team and utilising these in aspects of neurology work.

"Almost daily I have been impressed at the depth of medical knowledge and expertise of the neurologists which in turn benefits their patients. For example, I recall the development of the oligoclonal banding test for Multiple Sclerosis (MS) in the early 1980s, the development other MS medications, and the significant development of stroke expertise within the department extending regionally," Judith says.

As Judy Bailey was to the nation for a generation of TV news watchers, so has Judith Sutherland been to several generations of staff in the Neurology

department; an absolute pillar of strength, service and commitment, and a vital and constant leader through times of great changes, says Neurology Clinical Director John Fink.

"Judith is someone who if she couldn't do it herself, would know how to get it done. The establishment of the Neurology department can pretty well be considered to be Judith's appointment to it. She has known and assisted every neurologist to have practiced in Christchurch. She is our kuia, our taonga. She will be missed."

Judith says the introduction of the Neurosurgical Unit in 1981 was an exciting time for Christchurch as previously the neurosurgeons travelled from Dunedin to see patients, who were regularly transferred to Dunedin for surgeries.

"I attended neurosurgical outpatient clinics and took shorthand notes for the neurosurgeons as they examined the patients and during their ward rounds."

In earlier years, Judith worked for former Neurology professor Ivan Donaldson covering aspects of his university work, including fifth-year student organisation, and involvement with his research work.

"I worked on Marsden's book of Movement Disorders, co-authored by Ivan with the late David Marsden. During this time, I met and worked with other neurology luminaries from The National Hospital for Neurology and Neurosurgery in Queen Square, London."



Judith was administrator for the Fellow of the Royal Australasian College of Physicians' training programme, which brought her in touch with all medical disciplines across the Christchurch Hospital campus. She has been an advocate for women, in particular, through the National Council of Women and the Kate Sheppard Memorial Trust board.

"I am pleased that there is currently a pay equity claim being negotiated with government on behalf of the Canterbury DHB hospital administrators – after all this has been an issue since the time of Kate Sheppard.

"My sincere wish is that the Neurology department continues to flourish as it has always done through unprecedented times. I wish everyone well in their endeavours as they work to improve, promote and protect the health and well-being of the Canterbury community," Judith says.



# New book honours the work of cleaners

Clinical Nurse Specialist Julianne Munro has had a poem published in a new book.

Named 'Somewhere a cleaner', the anthology of poems and short stories honours the work of cleaners. It was launched at an event in the Grand Hall, Parliament, hosted by MP Ibrahim Omer where Julianne was asked to read her poem 'Awesome'.

Julianne works in Canterbury DHB's Infection Prevention and Control team and has just completed a year at Hagley Writer's Institute. She says her poem developed from a writing exercise during class.

One of her inspirations was a visit to Canterbury DHB by Peter Pronovost, the Chief Clinical Transformation Officer at University Hospitals in northeast Ohio.

"Peter is responsible for drastically reducing central line catheter infections throughout the world by the development of a checklist for insertion. During his presentation he spoke about love and kindness in the workplace. For him, it was essential to thank the cleaning staff he came across during his working day because without a clean hospital healthcare acquired infections would increase."

Julianne says in her role she is acutely aware of the importance of clean and safe healthcare facilities in preventing the spread of infection. Peter's words stayed with her, and every day she speaks to cleaning staff, even if it's just to smile and say hello.

"Having worked as a cleaner I know how hard and thankless the work is. Many hospital cleaners are immigrants who work with English as their second language, which is admirable. My poem was sparked by these thoughts."

The writers who contributed to the anthology include established and first-time writers from across New Zealand, many of whom are cleaners. The book captures the spirit of the role as both indispensable and invisible.



Clinical Nurse Specialist Julianne reading her poem at the launch

## Awesome

Today I want to say something for  
cleaners, going quietly about their work,  
unnoticed in hospitals, wiping away

dirty spots, fingerprints on door knobs,  
dusty shelves, undersides of hand basins,  
bacteria, fungi, or virus left behind.

How do you explain in Thai, Nepali,  
to name a few; Portuguese, Bengali,  
perhaps Filipino, Vietnamese, Hindi?

Confused, cleaners flick through a mental Kardex  
of languages until they hit English. But not quite –  
Kiwi English, which is good as gold, with fluffy ducks

in boxes. Giddy, kia ora, that's choice bro.

Take a squiz at the instructions,  
stop taking the piss and rattle your dags.

That's why I want to say something dazzling  
like: Breezes on different shores perfumed  
with cinnamon, coriander and rose petals,

chrysanthemum necklaces hang with aromas of  
cardamom in hot ghee,

languages in a wok stir fry,  
and abundant Gods to fix world troubles.

Dismount from your high detached horses,  
behold cleaners, tainted underbelly,  
vivid kaleidoscopes behind their eyes,

at the arse end of it all, cleaners toil,  
sweat of their bodies scrub, scour, sanitise,  
shit – seen; microscopic dangers – unseen.

Written by Julianne Munro.

Published in 'Somewhere a cleaner', by Landing Press  
2020. For more information visit the Landing Press  
website [here](#)

# Variety and challenges of the job enjoyed by highly respected social worker

Providing support to patients and their families has never got old for Social Worker Austin Coulthard, who retires on Friday after 36 years in the job.

He began his career with the former North Canterbury Hospital Board at The Princess Margaret Hospital (TPMH) on 7 November 1984.

"I was doing post graduate study in Psychology but was attracted to the wide scope of activity working with people that social work seemed to allow," Austin says.

He has enjoyed helping people navigate the complexities of the health and welfare systems and seeing them regain, or hold onto, the control in their lives that serious illness can threaten to take away.

"The immense variety of activity and challenges that social work has given me has been wonderful, as well as working with amazing colleagues who all want to do the very best for our patients."

Austin has worked at the Christchurch campus since April 1994. For the last 15 years he has provided social work support in the Coronary and Cardiothoracic wards.

"Prior to the opening of cardiac surgery at Christchurch Hospital a major part of my role was supporting and assisting family of patients being

sent out of Christchurch for cardiac surgery, mostly to Dunedin but also to Wellington and Auckland," Austin says.

A highlight of these years was the support he received from the late Neil Columbus and the Cardiac Companions Organisation.

"More recently it has been a privilege and rewarding to be part of the large, vibrant cardiology and cardiothoracic services at Christchurch Hospital. Particularly being able to witness at close hand the vast improvements in treatment capabilities and patient outcomes that have occurred in cardiac medicine over the past 30 years, some of these the direct result of the world-leading research at Christchurch Hospital.

"I will miss all the completely amazing people with whom I have worked with over so many years," he says.

Clinical Manager Social Work Catherine Hughes, and Austin's Team Leader, Rosemarie Eyres, say Austin is a highly respected member of staff who has been a mentor to many new social workers. Austin is calm in a crisis, and has strong values and ethics, with care and respect being fundamental to all his interactions.

He has been a key staff member as part of the Emergency Response Team, through the Christchurch



earthquakes and the mosque shooting. During these events he found solutions to challenging problems by thinking outside the box and using his knowledge of the hospital and its resources.

He is known for being 'Mr-Fix-It', as he always has the right tool for the job, is a guitar player for Karakia and shows his fun side when cooking the Pink Ribbon breakfast to raise funds for breast cancer. He will be sorely missed in his role as Santa.

We wish Austin an amazing and relaxing retirement as he continues with biking, model aeroplanes and DIY.

# Te Papa Hauora's Manawa Christmas – Innovation in Healthcare

Guests at Te Papa Hauora's recent Manawa Christmas event had the opportunity to hear about some of the impressive innovations and developments in technology that are taking place within our partner institutes.

New Zealand Health Innovation Hub Director Stella Ward, and founding Te Papa Hauora Advisory Council Member, spoke on the impact COVID-19 has had on health innovation.

Intensive Care Unit Specialist Geoff Shaw talked about the ventilator system he and Geoff Chase (from the University of Canterbury) have developed to ventilate two patients with one device.

Anaesthetist Christian Brett discussed his Continuing Professional Development application that's simplifying record keeping of education information for health professionals.

Clinical Skills Co-ordinator Christine Beasley talked through the Blue Mirror trial, a donning and doffing personal protective equipment artificial intelligence application.

Anaesthetist Dan Hartwell and Bioengineering Team Leader Michael Sheedy covered off the origins and impact their Hartwell Simulator is having in simulation training.



Anaesthetist Christian Brett presenting at the event

Emergency Medical Specialist Martin Than gave a live demonstration of Wayfind. Developed in collaboration with Research Scientist John Pickering and Marc Gutenstein (University of Otago), Wayfind is used to support health professionals' decision making when treating patients.

The guests also heard from Ara Midwifery Tutor Melanie Welfare who explained how virtual reality is used to train midwifery students in the birthing process.

Thank you to all those who attended, particularly the presenters. The fun and informative evening taught attendees more about the great applications and technology being developed.





# One minute with... Iain Ogilvy, Registered Nurse, Managed Isolation and Quarantine facilities

## What does your job involve?

This job is all about keeping New Zealand and its whānau safe, working with strategies developed by the Ministry of Health that protect me, my colleagues and the guests who are in the hotels we work in. In addition, we try to make the guests stay as easy as possible, utilising humour, compassion and respect on our visits and assessments.

## Why did you choose to work in this field?

COVID-19 chose me. I'm a rural remote nurse, usually working in Australia or sailing around the Pacific. I couldn't go anywhere, and I wanted to help, so here I am.

## What do you like about it?

The diversity of my colleagues; Nursing Entry to Practice nurses, young and old registered nurses, people from all over the world and all part of the team, all with stories to tell and experiences to share. It gives me hope that in times of hardship we come together for the sake of us all, New Zealand Aotearoa.

## What are the challenging bits?

Every now and then a guest doesn't understand it's not all about them, and there's the big picture to consider, but by and large the days go well. Never enough chocolate!

## Who inspires you?

Sir Robin Knox-Johnston, Sir David Attenborough and Ozzy Osbourne

## What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

I've never worked for Canterbury DHB before, but these values are ones I live by, and are personified by all the workers in the managed isolation hotels I've worked at. We are the membrane between the overseas returnees and the New Zealand public; professionalism is what we do.

## Something you won't find on my LinkedIn profile is...

I'm a grandad.



## What do you do on a typical Sunday?

If I'm not working, hopefully I'd have my head stuck in a cray hole winking dinner out.

## What's your favourite food?

Boysenberries with vanilla ice cream.

## If you could be anywhere in the world right now it would be...

Janes Beach House, Upolu, Samoa.

## And your favourite music?

My colleague, NetP Nurse Jake, reintroduced me to heavy rock and Black Sabbath whilst driving all the way to Blenheim!

## Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.



### Gelato and Tea

96 Oxford Terrace, Riverside Market, Christchurch Central

Get 20 percent off your food order – show your Canterbury DHB ID to redeem.



### Simpatico Hair Studio

4/68 New Brighton Mall

15 percent off all hair services on the first visit – show your Canterbury DHB ID to redeem.



### Accuro Health Insurance

Discounted rates on the below insurance options:

- › SmartCare
- › SmartCare+
- › Non-resident plan SmartStay
- › KidsSmart (children can have their own plan)
- › Day to Day (health cover for everyday services e.g. GPs and prescriptions)

See more information and contact details under the Finance and Legal section.

We also have plenty of other great deals from local businesses, check them out [here](#)!



MILLENNIUM  
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### MILLENNIUM HOTELS

20 percent off the fully flexible rate at Grand Millennium, Millennium, Copthorne, Kingsgate and M Social Hotels in New Zealand, see more information in the Lifestyle and Entertainment Section.



# Public Health Summer School: Early bird rate closes soon

There's only one week until the early-bird rate closes for the 2021 Public Health Summer School programme.

Public Health Summer School  
Where: University of Otago, Newtown, Wellington

When: 1-19 February 2021

What: 24 short courses (mostly 1 day)

Whether you are looking for skill-based courses, or symposiums which offer an update on critical issues, there are many to choose from. For example:

- > [COVID-19: What we have learnt and where we are going](#)
- > [Post COVID-19 reset: Transformational opportunities for a healthier, fairer, more sustainable Aotearoa](#)
- > [Introduction to Pacific health \(offered in Auckland and Wellington\)](#)
- > [Public Health Law](#)
- > [Electronic Nicotine Delivery Systems \(ENDS\) and Smokefree2025. Where to from here](#)
- > [Introduction to the New Zealand Health System](#)
- > [Introduction to epidemiology](#)

For more information and to register please visit the [Public Health Summer School website](#).



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