

Your generosity and kindness are very much appreciated

A couple of weeks ago we put the call out for donations for a range of specific items for our colleagues on the West Coast who were severely impacted by a 1 in 100-year flood in the Buller region.

I have been blown away by the response from you all - this week I want to give a big shout out to everyone who gave so generously to our Care for Coasters collection.

It was heartening to see the bags and boxes of goodies in the office last week. Everything arrived on the Coast last Friday and was very much appreciated.

Carrying out acts of kindness is one of the Five Ways to Wellbeing, so I reckon the wellbeing of so many of you has had a massive boost due to your giving this past week. Please know you have made life a bit brighter for those hit hard by the flooding on the Coast. Thank-you.

The five ways are proven to make a difference to your wellbeing - I encourage you all to give them a go.



The generous Care for Coasters donations



The Free Shop in Westport stocked with the Care for Coasters donations for our staff on the Coast

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Things really are ramping up on the COVID-19 vaccination front

- › This week we'll hit the 200,000-dose milestone and we'll have 53 clinics open across Canterbury.
- › As new age bands open, things are going to get busier in this space so thanks so much to everyone involved.
- › As things are expanding, I've appointed two new SROs – or Senior Responsible Officers. These roles have oversight of all our COVID-19 activities, so they cover everything from Managed Isolation to Resurgence Planning and Vaccination.
- › Our Chief Medical Officer, Helen Skinner, is the new Canterbury SRO and Phil Wheble, West Coast GM is the SRO for the West Coast.
- › Thanks to Ralph La Salle who has been covering as SRO for both DHBs since the beginning of the year. Ralph will continue to have an operational support role for both DHBs.
- › Last Friday vaccinations opened up to everyone aged 55 and over, so if you're now eligible or have friends and whānau who are, give them a nudge to remind them to get on line and book their appointment at www.BookMyVaccine.nz or call 0800 28 29 26.

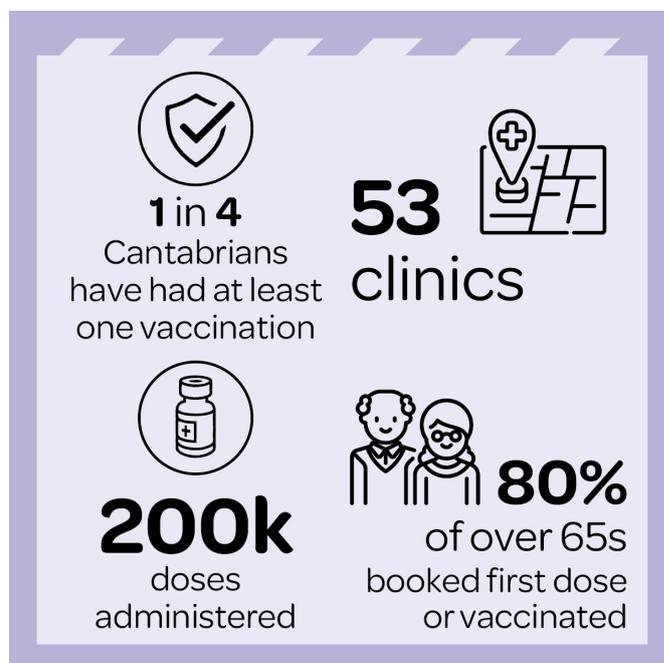
If you're looking for a clinic near you, please visit our clinic page: <https://vaccinatecanterburywestcoast.nz/covid-19-vaccination-clinics-in-christchurch-and-canterbury/>



Reserve your spot at
BookMyVaccine.nz

Te Kāwanatanga o Aotearoa
New Zealand Government

Unite
against
COVID-19



PM visit to the Māui Clinic last Thursday

Last Thursday it was all go out at the Hornby Hub Mall at one of our designated COVID-19 vaccination clinics.

The Māui Clinic is a collaboration Māori and Pacific healthcare providers Te Puawaitanga ki Ōtautahi and Tangata Atumotu Trust with Life Pharmacy Hornby.

Everyone was thrilled to have a visit from our Prime Minister who was full of praise for the teams doing the mahi to ensure kiwis are protected. Nice one team!



From left: Tangata Atumotu Trust General Manager Carmen Collie, Life Pharmacy Pharmacist Ceri Benger, Te Puawaitanga ki Ōtautahi General Manager Alison Bourne, Prime Minister Rt Hon Jacinda Ardern and MP for Wigram Hon Dr Megan Woods

Christmas Holiday

I know we're still in the depths of winter and the alps are covered in snow, but the daffodils are coming out and spring will be here before you know it... closely followed by Summer - and Summer means holidays!

After another challenging year, it will be important that as many of you as possible take a decent break.

Did you know you get 16 days off in a row, by only taking 6 days annual leave? I encourage as many of you as possible to talk to your managers and get your Christmas holiday leave locked in.

The Executive team are keen for as many of you as possible to have at least two weeks off over the festive holiday period while many of our services are closed or operating at reduced capacity.

Finance and budgets

To enable most of you to focus on caring for patients, there are teams beavering away in the background to ensure we have our finances in order, so we can invest in services that will best meet the needs of our community. I do need to stress that there will never be enough health funding for us to do and provide everything we'd like to, which is why we need to ensure every dollar we spend is spent wisely.

One of the key pieces of work underway is ensuring we've confirmed what we need to be delivering this year in terms of planned care. Then we need to plan where it will be provided from - while most is in-house, we have been outsourcing some surgery. Part of the planning underway is to ensure we maximise the use of all our theatres and facilities before outsourcing.

We are confirming our budget expectations for the 2021/22 year with the Ministry of Health, plus the finance team is going flat out to make sure we have the phasing of the budget confirmed to keep things running smoothly.

Ngā mihi nui



**Peter Bramley, CEO
Canterbury District Health Board**

Take 6 days
leave to
get 16 days
off over
Christmas
– book your
leave now



Taking some down time to refresh and recharge is so important for all of us.

We know that taking leave at this time of year is not possible for many of our staff, so I hope you can plan a break before or after the busy Christmas holiday period. As always we thank you for being there to provide care to all of the acute cases we know will present over the holiday season.

This week
with Peter

9 August 2021

Click [here](#) to watch the This week with Peter video

We've signed up to an ambitious savings programme focused on 12 key themes and I'll be talking through these themes under the Accelerating Our Future banner over the coming weeks. It's all part of our commitment to moving towards financial sustainability. Everyone has a part to play and I welcome your ideas - you can drop me a line AskPeter@cdhb.health.nz or share an idea via the [Accelerating Our Future website](#).

Please look for ways that you can contribute as part of your team and support our savings programme - it's up to all of us to play our part.

Please email us at AskPeter@cdhb.health.nz you have any questions for Peter.

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



Bouquets

Ward 24, Christchurch Hospital

We are so grateful to you all and comforted by the loving care shown to Dad in his final days. It made it easier knowing the right people were there for him. Thank you.

COVID-19 Vaccination Centre, 100 Orchard Road

I had my first COVID-19 jab this morning and I was so impressed with the execution of the whole process. Amazing, friendly staff and it was just so well organised right down to the timing of letting people go after their 20 minutes. You have done an outstanding job and I can't speak highly enough of this.

Paediatric Ward, Christchurch Hospital

I just wanted to say a huge thank you to the wonderful staff of Christchurch Hospital but especially the lovely nurses who looked after our baby a couple of weeks ago who had RSV. I was blown away with how kind, caring and professional they were. I felt relieved and grateful to have them looking after our wee baby. I never got to say thank you in person as they were very busy when we left. Thank you to Marlee and Eloise. My memory wasn't great that night so forgive me if the names aren't quite right. Thank you for everything you did.

Gastrointestinal Endoscopy, Christchurch Hospital

Please pass on my thanks to the team in the Gastrointestinal department on Level 2, they are so

efficient and capable. Watching them was like watching a high-performance racing team in the pits and despite being super busy they were all so friendly and seemed to genuinely care about each and every patient.

Radiology, Christchurch Hospital

The Radiology department are to be commended for their efficiency. All the staff I encountered were friendly and helpful.

COVID-19 Vaccination Centre, 100 Orchard Road

I just wanted to say thank you and well done to everyone when we were there for our COVID-19 jab. Every person we spoke to was lovely and helpful. Really well done to all, under pressing circumstances, as it was pretty busy people-wise.

Outpatients, Christchurch Hospital

I found my experience to be a pleasure.

Sam, Orderly, Christchurch Hospital

My father is currently in Christchurch Hospital and I was with him when an orderly, who I think was called Sam, moved him from Ward B3 to Ward A5. Sam couldn't have been nicer and kinder if he tried. He did his absolute best to make my dad feel comfortable, called him by his name and made conversation. He was just so lovely and caring. I just felt I needed to pass it on.

COVID-19 Vaccination Centre, The Princess Margaret Hospital (TPMH)

I want to commend the staff at the centre. I took my 94-year-old dad there last week for his first jab. All the staff we dealt with were patient and understanding, yet quietly efficient. The number of people that the centre was quietly moving through the process was amazing and gave us an idea of just how big the vaccination programme is. Well done Canterbury DHB for getting the processes and staff up and running from scratch.

Michael Reeves, Ward A3, Christchurch Hospital

I am writing this as a compliment to Surgeon Michael Reeves. I was hospitalised in July in a critical state. I met Mr Reeves and his team. What impressed me the most was the genuine concern he showed me. I wish him never to lose that genuine kindness and professionalism, it's an outstanding quality.

Charmaine, Emergency Department, (ED), Christchurch Hospital

Charmaine from ED is a star and beloved by us. She stopped me in the corridor the following day to ask after Dad. Gold.

Medical Radiation Technologist, Ruben Witteman, Christchurch Hospital

Ruben from Radiology went above and beyond. Please thank him.

Jared, Ear, Nose and Throat (ENT) Outpatients, Christchurch Hospital

Amazing help by Jared. Thorough. I am very, very impressed. Efficient and kind. Thank you.

Respiratory Department, Christchurch Hospital

Fabulous service. I was made to feel calm. Nice manner from the nurse. Thank you.

Oncology, Christchurch Hospital

I cannot praise the Oncology department highly enough. From reception through to doctors and nursing staff, this is an extremely well organised and professional group. The courtesy and kindness shown to us by all the staff is inspiring. How lucky we are to have such wonderful, devoted people to help us through the difficult times.

Big Shout Out

To: Ruben Witteman, Radiology, Christchurch Hospital

I am a Residential Services Manager for the Laura Fergusson Brain Injury Trust. This afternoon I supported one of our residents to attend the Radiology department at Waipapa for a CT scan. My resident was very anxious and on arrival we were greeted by Medical Radiation Technologist Ruben, who was extremely supportive and understanding of his needs. Ruben reassured him, took the time to show him the scanning room and machine, allowed me to accompany him through to the scanning room, then proceeded to explain what he could expect. I feel Ruben went above and beyond and it was very much appreciated. I think we can be very quick to give feedback when people don't do things right, so I want to acknowledge Ruben was fantastic. Thanks Ruben for the outstanding service.

From: Melissa. And Laura Fergusson Brain Injury Trust

#carestartshere

Big Shout Out

To: Community Mental Health Nurse Jayne Erskine:

I wanted to send my sincere thanks for the work that Jayne Erskine is doing with a woman in the community who has hoarding issues. Hoarding, as you know is an incredibly complex thing. In order to work with someone in this space you must first pull together the finest threads of trust. Then tiny step by tiny step, you begin the process of encouraging and enabling the person to make some changes. We were made aware of [consumer name], as she had been admitted to hospital and my colleague and I visited her at her property. Of course, there is so much shame and stigma associated with hoarding, that it even makes it difficult for people to engage and connect with community at all. In the time that Jayne has been working alongside [consumer name], she has begun to clear and process some of her things and has even begun to engage with a 'knit and natter' group in her community. To me these steps are incredible. We wanted to pass on our grateful thanks.

From: Health Promoter Housing, Community and Public Health, Leanne Bayler

#carestartshere

Helping with the COVID-19 outbreak in Fiji: “more a marathon than a sprint”

Spending four weeks in Fiji as part of a medical assistance team has reinforced for him how important it is that New Zealand continues to prepare for a possible outbreak of COVID-19, says Christchurch Hospital Anaesthetist Wayne Morriss.

“It certainly focuses your mind when you see right in front of you what can happen.”

Like other countries with low vaccination rates, New Zealand is still in a vulnerable position and it is vital that people take public health messages seriously, including using the COVID-19 app and getting vaccinated as soon as possible.

“For those working in healthcare, it’s important to continue practising donning and doffing PPE in order to have the confidence that what you’re doing will keep yourself and others safe in an outbreak. It was interesting to have to do that for real in Fiji,” he says.

It is unknown where Fiji is in terms of the peak of COVID-19 cases.

“They are still trying to flatten the curve and vaccinate like crazy. People think it will be solved quickly but it’s more a marathon than a sprint.”

Fiji’s COVID-19 community spread is one of the highest in the world with around 1000 documented cases a day.

The Fijian health authority’s response has been sophisticated and complex, but they are trying to manage the tricky Delta variant of the virus with limited resources, says Wayne, who is a member of the New Zealand Medical Assistance Team (NZMAT).

NZMAT is a civilian-based team of clinical and allied staff who have been selected, trained and equipped to respond at short notice to disasters within New Zealand and the south-west Pacific. For the COVID-19 outbreak in Fiji, Wayne was deployed as part of a nine-member combined Australian and New Zealand team.



Right, Anaesthetist Wayne Morriss with Head of the Fiji Emergency Medical Assistance Team Luke Nasedra, who Wayne has known for 20 years



Outside the Colonial War Memorial Hospital in Suva. Front, centre, Fiji’s Permanent Secretary for Health James Fong and rear, fourth from left, Anaesthetist Wayne Morriss, with members of the Australian and New Zealand Medical Assistance Team and local colleagues

"As seen around the world, whether in Sydney or the UK, the Delta variant can be difficult to contain even with lots of resources. I think this sort of outbreak would stretch any health system. There are fewer resources in Fiji and there have been many positives in the health system response, including a very successful vaccination programme," Wayne says.

So far, about 83 per cent of eligible people have received their first dose of the vaccine and 25 per cent have received two doses.

Management of sick COVID-19 and non-COVID-19 cases has been difficult during the outbreak. Suva's main hospital, the Colonial War Memorial Hospital (CWMH), was closed to non-COVID-19 patients at the beginning of June and these patients were treated in a large sporting facility in another part of Suva.

"The main hospital was effectively closed down. Testing showed that there was widespread community transmission, so we worked with local doctors and nurses to re-open the hospital for patients with serious medical and surgical issues. Less seriously unwell COVID-19 patients are now being looked after in the sporting facilities."

Wayne, who has had about 40 COVID-19 tests himself and just returned to work last week after a fortnight in managed isolation, says he would like to thank his Christchurch Hospital colleagues who stepped in while he was away.

Wayne trained in Christchurch and Melbourne and lived and worked in Fiji between 2000 and 2002 as a Specialist Anaesthetist at CWMH and a Senior Lecturer in Anaesthesia and Physiology at the Fiji School of Medicine. He has been working at Christchurch Hospital since 2002 but has maintained close ties with the Pacific.

In 2016, he was part of a NZMAT team that was deployed after areas of Fiji were devastated by Tropical Cyclone Winston.



Anaesthetist Wayne Morriss in Fiji wearing standard personal protective equipment (PPE) – gown, mask, eye shield and gloves

Scan. Scan. Scan.

Everywhere you go, everywhere you can.

Have you scanned in at work today?
Scan in to every DHB building you enter
with the **COVID-19 Tracer App**.

Unite
against
COVID-19



Fond memories of long-serving nurse

Hillmorton Hospital's New Zealand flag flew at half-mast last week in honour of Stewart (Stew) Shepherd, who sadly passed away at the age of 75 on Wednesday 28 July after suffering a medical event.

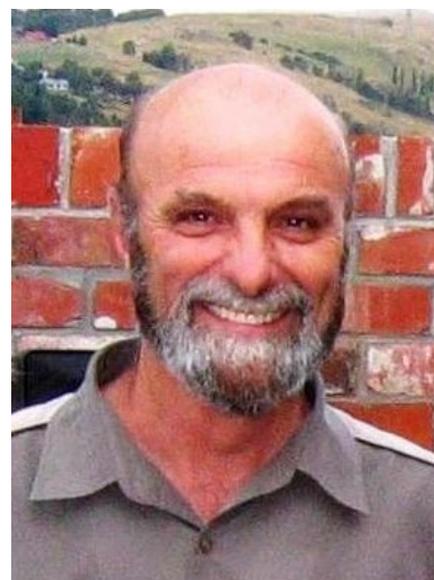
Stew had a long career in nursing and finally retired at the age of 70, after 45 years in nursing.

"Some will remember Stew as a tutor here when it was called Sunnyside, when he was a tutor at Polytechnic or when he was a practicing nurse both in the physical and mental health fields," says General Manager Specialist Mental Health Services Greg Hamilton.

"A remembrance that one staff member shared (a student nurse from 1975) was when Stew was tutoring at the School of Nursing. He would bounce into the classroom on Monday mornings, bright, cheerful and in a positive voice stating that he had had a "great weekend" and then launch into his latest fishing successes. Meanwhile, the students would be groaning because it was Monday again!"

All will remember Stew as a person who was passionate, positive, warm, kind and genuinely caring in nature. Many will have a fond memory of Stew, his unique sense of humour and his willingness to go that extra mile for anyone, Greg says.

"It is with great sadness that we have to say farewell to Stew, a man who still had so much life to live. We would like to express our condolences to his family."



Stewart (Stew) Shepherd

Death of pioneer of addiction treatment

Former Medical Superintendent of the Queen Mary Hospital in Hanmer Springs, Dr Robert Crawford, a legendary champion of thousands of recovered addicts, has passed away peacefully surrounded by family, aged 80.

Queen Mary Hospital was a residential alcohol and drug treatment centre until its closure in 2003. Under Robert's leadership, it became a centre of excellence for expanding the treatments for families affected by addiction, and the training of people working in treatment and rehabilitation.

Robert was a tireless advocate dedicated to helping individuals and families recover from addiction and a pioneer in the development and delivery of addiction treatment.

He established a successful Kaupapa Māori/Taha Māori programme, Te Aroha o to Hau Angiangi and authored a number of publications and served in various national governance and advisory roles.

Robert served as Director of the Christchurch Institute for Training in Psychodrama and was awarded Distinguished Membership of the Australian and New Zealand Psychodrama Association. In 2019 he received the Member of the New Zealand Order of Merit for services to mental health and addiction services.



Former Medical Superintendent of the Queen Mary Hospital in Hanmer Springs, Robert Crawford with the Governor-General, Her Excellency The Rt Hon Dame Patsy Reddy

Selwyn Health Hub on track

Progress on the build of the new Selwyn Health Hub continues at pace with the internal rooms beginning to take shape. The facility, located on Norman Kirk Drive in Rolleston, will provide maternity care, community dental, public health and Child, Adolescent and Family mental health services to the Selwyn District.

The project, which is being run by the Canterbury DHB Site Redevelopment Unit, is constructing:

- › A state-of-the-art primary birthing unit with two birthing rooms, 10 post-natal beds, two assessment rooms and a whānau room.
- › A community dental unit with three treatment rooms and an assessment/interview room.
- › Community services space with six consultation rooms for Older Persons' Health and Rehabilitation, public health nurses and specialist mental health services.
- › A large meeting room and 'hot desks' for up to 10 staff to work from.

Additional tenants include Pacific Radiology, which is already open, a physiotherapist, a general practice and space for other health-related services.

Scheduled to open in early 2022, the birthing unit is half as big again as the Lincoln Hospital it is replacing, with the added benefit of combining all Canterbury DHB services under one roof. It will service a fast-growing population in Selwyn and mothers will travel from as far away as Ashburton to give birth here.



The exterior of the Selwyn Health Hub on Norman Kirk Drive, Rolleston



The entry and reception area which will include a play area for children



One of the spacious birthing suites with 3m high ceilings



The sunny whānau room in the Maternity department which will provide a kitchenette, dining area and space for families to gather

Sign language sessions valuable

The Newborn Hearing Screening team had fun while picking up new skills at a New Zealand Sign Language (NZSL) course recently after a team member won free sessions.

Since NZSL is an official language of Aotearoa, it was a great opportunity to learn some beginners' skills, says Newborn Hearing Screening Programme Coordinator Angela Deken.

"It was a great fun and an informative course. We learned the basics of spelling and counting and some simple sentences that we can use with women or families who have hearing loss. It was a wonderful fun course and a great team building activity. Julie was awesome."



At left, Julie Fraser from Sign Equity. Seated, from left, Newborn Hearing Screeners Janaya Anisy, Geraldine Maffey, Andrea Lawson, Elaine Jamieson, and Michelle Bartle

It was also pertinent to their role as hearing screening aims to identify babies born with a hearing loss so having some understanding of the new language they will learn gives us additional insight into their new world, Angela says.

Nurses and midwives to strike

Canterbury and West Coast DHBs have received notices of strike action from the unions representing the New Zealand Nurses Organisation and MERAS member midwives. There are two planned strikes this week and a combined strike scheduled next week.

- > MERAS members (many of our hospital midwives) plan to strike on the West Coast from 11am-7pm on Tuesday 10 August and in Canterbury from 11am-7pm on Wednesday 11 August.
- > MERAS members and NZNO members plan a national strike next Thursday 19 August. Hospital midwives who are members of MERAS will strike from 8am to 8pm and NZNO nurses, midwives and healthcare workers from 11am to 7pm.

Both DHBs have contingency plans in place to ensure patients and women giving birth will be safe and receive appropriate care during the strikes. Life Preserving Services (LPS) – the staffing levels for essential tasks and clinical safety, have been locally agreed by union delegates.



If you have any further questions, please email - nursestrikevolunteer@cdhb.health.nz

Hospital-based midwives, nurses and healthcare assistants all have valued roles as part of our health system and we respect their right to strike.

Māia Health Foundation's 5th birthday appeal exceeds all expectations

Māia Health Foundation's fundraising appeal in July raised over \$65,000 – enabling the purchase of 30 lie-flat sofa chairs for our newest families.

When the appeal kicked off on 28 June, the team learned that the Christchurch Hospital Volunteers had generously approved a grant for a further 10 chairs.

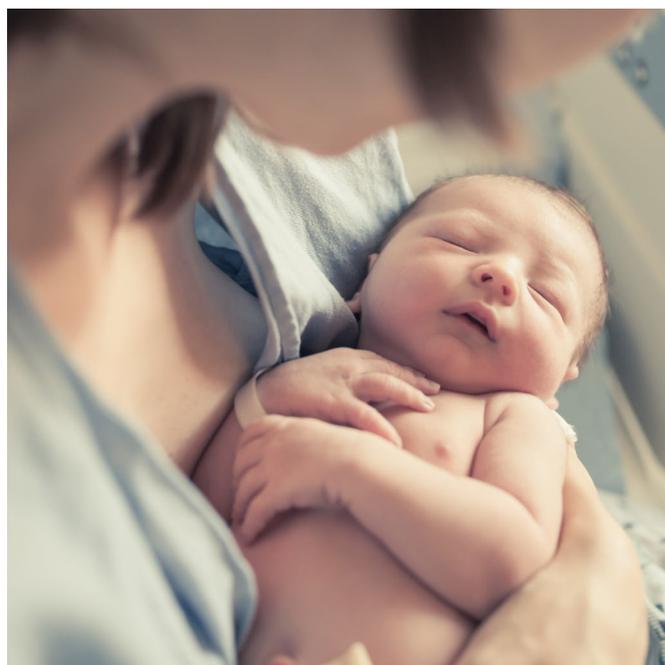
"The staff in the Maternity ward are delighted at the addition of 40 much-needed chairs and the impact they will have," says Māia General Manager Fundraising and Marketing Anna Galvan.

"These chairs will give comfort to the partners and support people of the 5500 women who give birth at Christchurch Women's Hospital."

The fundraising was generously supported by hundreds of people in the community, in addition to grants approved by Mainland Foundation and Perpetual Guardian. MainPower also sponsored a chair for Kaikōura Health Centre.

Anna says that Māia has always focused on projects that help take our health system from good to great and these maternity chairs will do just that.

"It's more than just a chair. It's a way we can bring families together, help mums and babies and support the wonderful work of the Christchurch Women's Hospital midwifery and maternity team.



"We sincerely appreciate the generous support of our communities to make it better for our newest families."

PUT THE RIGHT THING IN THE RIGHT BIN

Tissues, paper towels,
takeaway coffee cups and
plastic lids can't be recycled.

They belong in the
general waste bin.



One minute with... Alisha Newton-Rudhru, Learning Design Specialist (Kaihanga Mahi Ako)

What does your job involve?

I create online content to meet the needs of people who work for Canterbury and West Coast DHBs. My team supports the process of introducing new employees to our DHB. We also run the HELM website and content for leadership development. HELM stands for the Hub for the Essentials of Leadership and Management. The website helps our people find relevant material for their own self-development, including workshops, online learning courses, and leadership programmes. Our content is designed for groups across the entire organisation – as specific as an orientation to the Christchurch Hospital Emergency Department, and as broad as leading organisational change.

Why did you choose to work in this field?

I studied communication of science and technology and cognitive psychology. I wanted to make a career of sharing information that is easy to access and understand. When I was younger I also spent a lot of time on writing, blogging, photography and web design. Rather than choosing this field, it's better to say that I 'discovered' it – and I'm still educating myself on the wider field of L&D (Learning and Development).

What do you like about it?

I see myself as an advocate for the learner, and so I stand for digital accessibility, responsive design and usability. I like feeling that I'm able to make a difference in this space. It's especially meaningful to contribute to the public sector.

What are the challenging bits?

It's hard to wrap my head around the complexity of our health system. We also have some challenges with digital infrastructure.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

Care and respect for the tāngata [people] who work for our DHB is very important in my role. My favourite part of my job is watching someone have a positive experience with learning content. Learning is also measurable, and our wider team takes responsibility for those outcomes.

Who inspires you and why?

I'm inspired by grandmother, who has since passed away. She supported me when I wanted to travel, go to uni far away from home or try a new hobby. She valued education and motivated me to succeed in school. Through unconditional love, she made me feel good about myself.

Something you won't find on my LinkedIn profile is...

Growing up, I lived in the Philippines for five years, where my parents were missionaries.

If you could be anywhere in the world right now it would be...

I wish I could teleport myself to North Carolina for a weekend at my parents' house.



What do you do on a typical Sunday?

Without fail, we take our dog to the dog park or on a hike.

What's your favourite food?

I love spicy Indian food. My husband is from Hyderabad, India, and he has taught me to make some delicious South Indian dishes. But most of all, I love the food that he makes for us.

And your favourite music?

Right now, I am listening to the DJ mixes from Foreign Family Collective on repeat.

If you would like to take part in the column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.



Save the date: Quality improvement scientific symposium 2021

*Whakahohe, whiria te muka tangata
Recharge, inspire and connect*

Rydges Latimer Christchurch, 30 Latimer Square, Christchurch
17 November 2021

The Health Quality & Safety Commission is hosting its 7th annual scientific symposium for health care quality improvement practitioners.

This year's theme, 'Whakahohe, whiria te muka tangata | Recharge, inspire and connect', focuses on taking time to connect with your colleagues to reflect on the inspirational work done over the past 18 months in an environment with a high degree of uncertainty and complexity.

Recharge your enthusiasm and ignite inspiration by sharing knowledge and wisdom of quality improvement across all fields of health care.

Participants will:

- **share** what has been learned from applying scientific methods to health care improvement
- **network** with like-minded colleagues
- **discuss** challenges in applying and disseminating scientific approaches to health care improvement
- **create** a common understanding of how to apply and disseminate scientific methods to improve health and health care underpinned by Te Tiriti o Waitangi.

Dates to note

- 17 May 2021 – call for abstracts open
- 10 August 2021 – abstract submissions close
- 15 September 2021 – notify applicants of results
- 1 October 2021 – deadline for presenter registration

Register

The cost to attend is \$120 + GST per person
Individuals [register here](#) and groups (2+) [register here](#)
For more information, visit the [symposium website](#)
or email events@hqsc.govt.nz



Poipoia te kākano kia puāwai | Nurture the seed and it will blossom



Supporting a smokefree future by 2025

*You are invited to a joint Waka Toa Ora,
and Smokefree Canterbury seminar:*

Whakatakanga Tupeka Kore - Mission Tobacco Free - Hui

Phasing out tobacco sales to achieve Smokefree Aotearoa 2025 is a key proposal in the Governments Smokefree Action Plan. Join us to find out about the next stages of consultation.

Hear research updates, community stories, and join in discussion to find out how you / your organisation can shape and support future smokefree collaboration.

With speakers from:-

- Ōtautahi Māori Women's Welfare League
- The Cancer Society of New Zealand
- Preventative and Social Medicine Otago University
- Te Puawaitanga Ki Ōtautahi Trust
- Community and Public Health

Date: Tuesday, 17 August 2021
Time: 9:30 am to 12:30 pm (kai from 12)
Venue: Te Herenga Waka, large meeting hall
He Waka Tapu, 161 Pages Road

Event concludes with shared kai and networking.

Certificates of attendance can be provided for PD requirements if requested

[Register online here](#) or email tracy.abbot@cdhb.health.nz for more information.

A calendar appointment will be sent following registration.



Waka Toa Ora
Healthy Greater Christchurch





ANZAHPE hosted health professional education forum

Wednesday 25 August

Come and join us at Manawa in the Te Papa Hauora Health Precinct to hear presentations from the ANZAHPE July 2021 conference

We had originally hoped to hold the ANZAPHE conference in Christchurch in 2021 but instead a virtual “festival” on-line out of Melbourne was held in July.

We are delighted that the local Christchurch organising committee has gained permission to share some of the presentations with local health professional educators.

Where: Manawa, 276 Antigua St.

When: Wednesday 25 August, 11.45am - 3pm.

This is an opportunity for those that did not register a chance to view some excellent presentations and to engage in local discussion on the topics selected.

PROGRAMME

- 11.45** Registration and refreshments.
- 12.00** Welcome.
- 12:15** Podcast by Chris Watling on Feedback culture.
In this presentation Chris talks about our feedback culture in health and how it impacts learning.
- 1.00** Lunch and facilitated discussion about the podcast and messages for us locally.
- 1:30** Information about ANZAPHE and opportunities to publish in their Journal FOHPE (Focus on Health Professional Education).
- 1:40** Two short oral presentations (15 mins) from the interprofessional stream of the conference. Followed by facilitated discussion.
- 2:30** Update on the progress of the Manawa Interprofessional research group and the outcomes from their telemedicine group.
- 2:40** Refreshments and informal networking.
- 3:00** End of session.

Please email pip.griffin@healthprecinct.org.nz by Monday 23 August if you would like to register for this event. Hosted by Te Papa Hauora.





Noho ora ana i te Mate Wareware
Living Well with Dementia

Community Education Seminar

Saturday 14th August 2021

Sexuality, Intimacy & Dementia

You are invited to join us for a unique session led by Associate Professor Yoram Barak from the University of Otago focusing on Dementia, Sexuality and Intimacy.

This is a wonderful opportunity for health professionals, care partners and family members to learn more about this important, seldom talked about topic.

Please ensure you register as space is limited.

*Ph 03 379 2590 or 0800 444 776 or email
admin@dementiacanterbury.org.nz*

Date: Saturday 14th August 2021

Time: 10am – 11am

Venue: Dementia Canterbury Seminar Room,
3/49 Sir William Pickering Drive, Burnside. (off Roydvale Ave)

Please note this event will only take place if we are at Level One of Covid-19 Restrictions. At any other Covid-19 Level it will be cancelled.

Address: 3/49 Sir William Pickering Drive, Burnside, Christchurch **Postal Address:** PO Box 20567, Christchurch 8543
Ph: 03 379 2590 or 0800 444 776 **Email:** admin@dementiacanterbury.org.nz **Website:** www.dementiacanterbury.org.nz



The latest e-digest from the Health Quality & Safety Commission New Zealand is out now.

Read about the work of Health Hawke's Bay and Hauora Heretaunga between August 2020 and April 2021 to co-design an effective diabetes management programme with their patients and whānau, a new resource released to support those recovering from a hip fracture, practical tools for reducing seclusion rates in specialist mental health and more [here](#).

Something For You

Something *For You* is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.



Heritage Hotel Queenstown
- 91 Fernhill Road, Queenstown

Book directly through the hotel to access the discounted accommodation rate. Valid for stays until 23rd December 2021. For more information and the discount code see [here](#).



The H.I.R.T Lab
- 404 Tuam Street Christchurch, 8011

THL is a High Intensity Resistance Training facility who would like to offer Canterbury DHB staff a discounted rate of \$45pw with unlimited access to all their classes and no long term locked in contracts. Find more details on how to enrol check under the "Health and Wellbeing" tab.



Dell
Get exclusive discounts and benefits when you buy online with your Canterbury DHB email address. Offer Valid till 31 August 2021. Find more details under the "Home Life and Maintenance" tab.



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