



A shout out to our colleagues on the Coast

The Canterbury district stretches from Kekerengu north of Kaikoura, to Ashburton in the south, and all the way across to Arthur's Pass to the West.

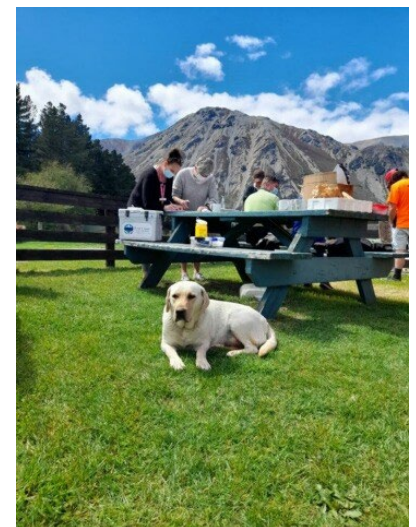
As Arthur's Pass is closer to West Coast DHB, the Coast team loaded up their van with vaccines along with a pie-warmer full of world-famous Sheffield pies and headed for the hills last Wednesday.

The team did a fabulous job reaching out to some of the smallest rural areas in New Zealand. They were rewarded with fresh eggs in return for vaccinating the remote settlement of Cass, population one person. Their vaccination rate shot up from zero to 100% in a day – great effort team.

It really did look like a fun day taking in Flock Hill station, Castle Hill and some road workers en-route. It's officially recorded as the highest altitude vaccination clinic in New Zealand, and certainly looked like the most fun clinic! TVNZ were there to catch the action – check out their story [here](#).



Arthur's Pass vaccination clinic



The Castle Hill vaccination support dog takes a well deserved break

Fabulous visit last week to our Sterile Services Unit

I loved my visit to the Sterile Services Unit, along with our Facilities Lead Rob Ojala, and hosted by the manager Tony Hampton. It was wonderful to meet probably 30 or 40 of the team at handover. They have an amazing setup, phenomenal processes and incredible technology in action. I was reminded once again how critical so many of our services are to enabling the people on the frontline of our health system to deliver care every day.

In this case, the Sterile Services Unit makes surgery and procedures possible every day across our health system. Without them, things would grind to a halt. What I particularly loved was the sense of team; they were laughing together, they were enjoying their work and focused on improving team culture and quality improvement.

In this issue

- › Regulars – Kōrero ai... pg 4-5
- › Canterbury experts' vision shared during visits... pg 6
- › Delays possible for Park and Ride shuttle... pg 7
- › Bowel screening: Lives saved by a proud and dedicated team... pg 8
- › Recycling and repurposing reap rewards... pg 9
- › Passionate nurse says farewell after long career... pg 10
- › Thinking pink for breast cancer awareness... pg 11
- › Doc-tober: New Policy Governance and Management Policy and supporting Framework in final consultation... pg 12
- › CEO Update dates and submissions... pg 13
- › One minute with...Helen Wagstaff, Autism Coordinator... pg 21
- › Notices – Pānui... pg 15-17

Accelerating our Future: no purchase order – no payment

As part of our efforts to better support our financial sustainability, we're tightening up some of our financial processes.

We want to make sure everyone is using the correct procedures for ordering goods or services, so we will no longer be processing invoices from suppliers without a corresponding purchase order number, to make sure that all spending has followed correct sign-off process.

The Accelerating Our Future team are reaching out directly to our suppliers but ask that moving forward, you make



ACCELERATING OUR FUTURE
Hapaitia te ara tika pūmau ai te rangatiratanga mo ngā uri whakatipu

sure you are raising a purchase order before engaging with a supplier. This will ensure there are no hold-ups in processing supplier payments.

Improving processes, policies, systems and controls to ensure we get the best value for each health dollar is just one of the ways we can set ourselves up to operate sustainably for the long-term.

I'd like to thank you all for your continued efforts as we work towards this goal.

Mandatory vaccinations

Getting vaccinated is still the most important thing we can do to keep our communities safe. So please, if you've got friends and whānau who are not yet vaccinated, please encourage and support them to do so.

The Minister for COVID-19 Response, Hon Chris Hipkins released information about [mandatory vaccinations for healthcare workers](#) over the weekend. A direct email to all Canterbury DHB staff will be sent this week.

If they have unanswered questions about the vaccine you can call the CANVAX call centre team where clinicians are available to answer your questions. Call 0800 226 829.

We're hosting two webinars this week to provide another opportunity for people to ask questions:

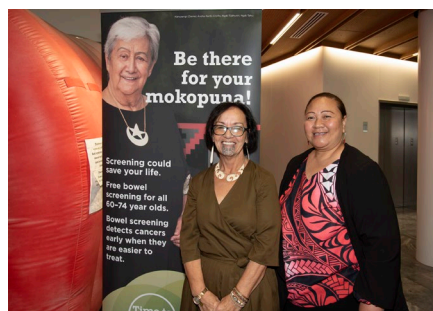
Empowering Rangatahi webinar – this is aimed at addressing vaccine hesitancy in our young Māori population – everyone is welcome to attend. Check our Facebook page for details. It's happening from 6-7pm, this Thursday 28 October.

Perinatal wellbeing webinar – 12.30-1.30 Friday 29 October – this is for women trying for a baby, pregnant or breast feeding.

Happy first birthday to the National Bowel Screening Programme

The National Bowel Screening Programme celebrates its first successful year in Canterbury on October 31 – this Sunday.

This is the date that the first test kits were sent out. Due to a superb team effort from our clinical and support teams, to primary care and to our Equity Advisory Group we have found more than 60 cancers and many hundreds of pre-cancers over that time.



From left, Wendy-Dallas Katoa and Malu Tulia from the Equity Advisory Group



Champion for the National Bowel Screening Programme Dame Aroha Ririti-Crofts of Ngāi Tūāhuriri

Considering this has not been a fantastic year for 'Business As Usual' that's a tremendous achievement.

Each cancer found is a life potentially saved and our early intervention, enabled by the screening programme, will certainly have improved the future quality of life for all of those people.

Thank you and ka pai!

Two new endoscopy rooms up and running

Two new temporary endoscopy procedure rooms have opened at Christchurch Hospital (in Gastroenterology department) taking us from four to six.

This creates capacity for at least an additional 2500 procedures a year

In addition, they are currently recruiting staff and once they're on board it will mean a further 500 procedures will be able to be performed each year.

This project was coordinated by Gastroenterology Nurse Manager Gendy Bradford and a team who used all their Kiwi ingenuity, on a tight budget, to repurpose space and equipment to make this happen – congratulations to everyone involved.

See the story and photo on [page 9](#).

Vaccinations and Resurgence planning

While there is a lot of interest in what facilities there are in our hospitals, when COVID-19 is endemic in Canterbury, most activity will be happening in the community.

Estimates are that for every person in ICU with COVID-19, our health system will be looking after 100 people in the community, who will be self-isolating in their own homes because they won't need hospital-level care.

Our public health unit is planning for this scenario now. Self or home isolation is already happening in Auckland.

In the event of COVID-19 being in our community, we will use all of our resources wisely, and it may mean we ask some staff to work in other areas, depending on where the demand is.

After the Prime Minister's announcements last Friday, tracking our, and other South Island DHBs' progress towards 90 percent of our community having their first dose and second dose has taken on a whole new level of importance if we want to enjoy more freedom this summer.

Information about the new system is published on the Unite Against Covid website: www.covid19.govt.nz/protection-framework which is the most regularly updated source of information.

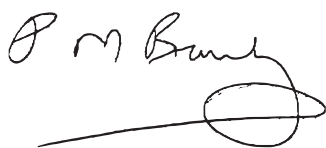
Here's our latest data, as at 11:59pm Monday 25 October 2021:

Canterbury's vaccination rollout, by the numbers:

First doses - 427,948	Second doses - 323,698
First doses - 89%	Second doses - 67%
First doses to 90% - 6,653	Second doses to 90% - 110,903
Eligible Population 482,890	

Finally, I hope those who were able to, enjoyed a long weekend with time to recharge the batteries. Thanks to those who were working to ensure people could still receive care 24/7. If you didn't get a break over Labour Weekend, I hope you are able to get some downtime soon.

Kia pai tō koutou rā



Peter Bramley, CEO
Canterbury District Health Board

**This week
with Peter**

26 Whiringa-ā-nuku 2021

Click [here](#) to watch the This week with Peter video

Please email us at AskPeter@cdhb.health.nz you have any questions for Peter.

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



Bouquets

Social Work Service, Emergency Department (ED) Christchurch Hospital ED

Just writing to express my gratitude for the amazing social work service adjacent to ED. One worker named Anjali, provided amazing support to me during an extremely difficult crisis. My mental and emotional wellbeing are so much better for this service I think I would be in a much worse place without it.

Ruth, Ward A5, Christchurch Hospital

Staying in Ward A5 after surgery and had Ruth as my nurse one morning. She is truly the best and made me feel so comfortable! She helped me finally get out of bed and although she was really busy, she made the effort to go the extra mile for me. Big ups!

Anaesthetic Clinic, Outpatients, Christchurch Hospital

Nurse Jackie was absolutely lovely. She made me feel very relaxed and explained everything. Very professional yet friendly, a real asset to your department. Anaesthetist Julia was just as lovely. Very patient, thorough and kind. I didn't feel rushed, they put me at ease. Thank you, ladies.

Radiotherapy and other areas, Christchurch Hospital

[Patient name] asked me before he died recently, to let you know how much he appreciated all the care, compassion and treatment he was given at Christchurch Hospital. We are both very grateful and applaud your whole team for all their skills and kindness. Thank you.

ED, Surgical Assessment and Review Area (SARA), Ward B3, Theatre, Anaesthetic team, and Recovery, Christchurch Hospital

I would like to thank staff who cared for me over the last week. As a nurse myself, I understand the pressures we are all under, but the recent unexpected trip I had to hospital has shown me how special these teams are. Firstly, the ED nurses and medical staff. I arrived in the early hours of Saturday morning in dreadful pain. You treated me efficiently and kindly, especially since you had no idea what was happening to me. Can I just say you all have the patience of saints, as there were some very challenging people for you to deal with alongside me, and I have newfound respect for you all due to those you deal with. Next the teams who looked after me the longest – SARA and Ward B3. Thank you so much to the nurses and nursing students for your care. I was very aware of how busy the place was in the two days I was there, but you found time to check in on me. The doctors were thorough, and to the surgeon who performed my operation, thank you for your kindness prior to, and after the surgery. I would also like to thank my lovely anaesthetic team who had me relaxed as possible before drifting me off. The Theatre nurses and Recovery staff all cared for me with professionalism and kindness. There were so many people and names, I cannot remember you all, so not fair to start. I was impressed with every single person. Thank you all again.

Haematology, Christchurch Hospital

All your services were of the highest standard. The professionals and the staff were fantastic. I am so grateful to you all. Keep up your great compassionate work.

Vascular department, Christchurch Hospital

I would like to thank Vascular Nurse Specialist Fiona Cochrane and Medical Secretary Vascular Surgery Noelene Mudgway for their help and support with my father who is under the care of the Vascular team. They have supported me through this difficult journey and helped me understand exactly what is going on with my father and have just been amazing. Thanks guys, and thanks to the team.

Ward 25, Christchurch Hospital

I have just been in Ward 25 to have a procedure. This was a totally positive experience. The quality of all staff, for the procedure, and on the ward, was outstanding. It was amazing how competent and compassionate each person was. I challenge those who find fault to adopt some of the spirit of the staff. Thank you to all staff for their wonderful work and attitude!

Christchurch Hospital

I had excellent care. Thank you to all those who helped me.

Mark Klum, Paul Cashman, and Abbey Corbett, Dental Outpatients, Christchurch Hospital

What an amazing service. It was incredibly helpful to have all the relevant specialists in one room to discuss with each other, the patient and family, all the options and likely prognosis. I feel proud of our healthcare in New Zealand. Keep up the great work. What great specialists we have here. Go team!

Urology Outpatients, Christchurch Hospital

Great experience, wow, so friendly and efficient.

ED, Medical Assessment Unit, Medical Assessment Unit (MAU) and Ward 23, Christchurch Hospital

I would like to express my appreciation of your wonderful staff who attended to my husband in the week he was in hospital. He was taken from Rangiora to ED by ambulance. The doctor in ED enjoyed a sense of humour which calmed my husband while awaiting the many tests. My daughter showed the receptionist a photo of my injured leg and your staff immediately sprang into action ensuring that I could sit with my leg raised and gave me painkillers which I had forgotten to grab as I rushed to the ambulance. Dr Cameron Kendall met with our family and explained everything in layman's terms. We appreciated Dr Kendall's helpfulness, care and empathy, plus the friendly care of the nursing staff in, ED, MAU, and Ward 23. My family all join me in thanking them.

Minor Surgery (Plastics), Burwood Hospital

Thank you for showing compassion, talking and keeping me informed. Thanks to the doctors and nurses and the lady who helped me walk around. Thank you to Dr Sinclair for the consultation.

Big Shout Out

To: : Maui Mobile COVID-19 Vaccination Team, Philipstown Community Hub

I just wanted to acknowledge that the Maui Mobile vaccination team are a slick team with massive, vibrant energy. I arrived at Philipstown Community Hub at 10.30am expecting to be the first person there to set up the venue but was very pleasantly surprised to see that the Maui team were well underway with setting up the vaccination booths and pull-up banners. All the team members brought such vibrant energy and positive attitude. Twenty-seven vaccinations were done yesterday. Each consumer was greeted with such a warm welcome. Team members went out of their way to engage with individuals who attended the Hub to collect food from the foodbank. This led to these people discussing COVID-19 vaccinations and in some circumstances getting the vaccine. Massive acknowledgement for the outstanding work you are all doing!

From: Tisha Bradley, Clinical Manager, Child, Adolescent and Family Access Team



Canterbury experts' vision shared during visits

Christchurch Hospital has hosted two visits from the Office of the Prime Minister's Chief Science Advisor (OPMCSA) this month meeting with our people involved in efforts to slow drug resistant infections.

The OPMCSA guests were Research Analyst and Writer Ellen Rykers and Principal Advisor Susie Meade. Prime Minister Jacinda Ardern's Chief Science Advisor, Dame Professor Juliet Gerrard, was also planning to attend until the visit was delayed due to the latest COVID-19 outbreak, resulting in her diary becoming even busier than usual.

The OPMCSA is undertaking a major project this year on Infectious Diseases and Antimicrobial Resistance and met with a number of our people involved in Canterbury DHB's efforts to slow antimicrobial resistance (drug resistant infections). These included our Antimicrobial Stewardship Strategic Group and Infection Prevention and Control Service (IPC).

Antimicrobial resistance occurs when bacteria, viruses, fungi, or parasites resist the effects of medications, making common infections harder to treat and increasing the risk of disease spread, severe illness and death.

Antimicrobials are used to fight infectious diseases in humans, animals and plants and include antibacterial (antibiotic), antiviral, antifungal and antiparasitic medicines.

Canterbury DHB has two groups tasked with working to slow antimicrobial resistance in health – our Antimicrobial Stewardship (AMS) and IPC teams, says AMS Pharmacist Sharon Gardiner.

"Canterbury DHB and the University of Otago, Christchurch, are pleased to support this project with some of our staff working on the expert panel and wider reference group. The visits to Canterbury are an opportunity for some of our great people to showcase their work and to inform this project by providing their vision as to how the global crisis of antimicrobial resistance can be mitigated for Aotearoa New Zealand."



From left, Principal Advisor Susie Meade, Research Analyst and Writer Ellen Rykers, Clinical Director, Clinical Pharmacology Matt Doogue, and Director of Nursing, IPC Sarah Berger

This is on the back of the COVID-19 pandemic, which has put the spotlight on the threat that hard-to-treat infectious diseases pose to Aotearoa New Zealand," she says.

A variety of key services feed into Canterbury DHB's multidisciplinary antimicrobial resistance efforts, including Infectious Diseases, Microbiology, Clinical Pharmacology, Pharmacy and IPC. Drug-resistant infections can be hard to treat, and this will impact all parts of our health system.

"We are already struggling to treat some patients who have common community infections, such as cystitis, with 'standard' antibiotics," Sharon says.

Drug-resistant infections will increasingly compromise outcomes from interventions such as surgery and chemotherapy, as well as prolong hospital stays and cause more death. The OPMCSA project aims to provide a summary of the evidence tailored to the Aotearoa New Zealand context and to give recommendations to Government on how the risk of infectious disease and antimicrobial resistance can be mitigated.

"Every time an antimicrobial is used it carries the risk of selecting resistant microbes in the person being treated. These can then spread to other people directly or via the environment."

Prescribers can do their bit to help slow development of antimicrobial resistance by only using antimicrobials when clearly indicated, never “just in case”, and to use them as well as they can” says Sharon, who is Secretary of the Canterbury AMS Strategic Group and Canterbury DHB AMS Committee and Co-lead of the New Zealand AMS/Infection Pharmacist Expert Group.

Simple hygiene measures like washing hands and maintaining clean environments help reduce the spread of germs (including resistant organisms) that might cause infections needing antimicrobial treatment, says IPC Nursing Director Sarah Berger.

“Even getting the vaccination against COVID-19 (a virus) may help slow antimicrobial resistance because antibiotics are often used inappropriately for patients with viral infections even though they only work for bacteria,” she says.

The time to act is now.



From left, Infectious Diseases Physicians Steve Chambers and Simon Dalton, Clinical Director, Infectious Diseases and Chair of the Canterbury Antimicrobial Stewardship (AMS) Group and Canterbury DHB Hospital AMS Committee Sarah Metcalf, Research Analyst and Writer Ellen Rykers, Infectious Disease Physician Nick Douglas and Principal Advisor Susie Meade. All the Infectious Diseases physicians are members of Canterbury DHB's two Antimicrobial Stewardship groups

Delays possible for Park and Ride shuttle

Water pipes are being replaced along Deans Ave with initial work due to start from tomorrow, Wednesday 27 October.

The work will be carried out in stages and is expected to be completed by the end of March next year. Old water supply mains along Deans Ave, from Lester Lane to Bartlett St, are being replaced to future-proof the water network for the area.

Access to the Deans Ave carpark and shuttle will remain open however, at times of heavy traffic, there may be delays. Please allow extra time for arrivals and departures from the area.

So that the work can take place, traffic restrictions are needed, and these will be controlled by a traffic management company. Two lanes of traffic are planned to be maintained. However, traffic will be slower as the road will be narrowed.

On-street car parking will be reduced on Deans Ave. There will be no on-street parking in the area being working on. Sections of parking will be opened up as work progresses.

On week days about 800 patients and 50 staff use the park and ride shuttle.

Senior Operations Manager George Schwass says there will be weekly updates via internal newsletters and emails.

Bowel screening: Lives saved by a proud and dedicated team

At the end of this month, it will be one year since the first bowel cancer test kits for Canterbury were sent out.

Thanks to a wonderful team who are focused on making the screening programme a success, we have found more than 60 cancers and many hundreds of pre-cancers over the past year. Each one represents a life potentially saved.

We think that's something worth celebrating, and so we are.

Canterbury DHB's clinical lead for the National Bowel Screening Programme Teresa Chalmers-Watson is no less enthusiastic about the benefits for Canterbury people than she was at the start.



Some of the dedicated Bowel Screening team

"It's a privilege to be part of a programme that has been designed to both prevent and detect cancers early and therefore save lives. As clinicians we see too many people who are already very sick and it's challenging and sometimes heart-breaking to know that for some, we are too late," she says.

"Most of the cancers we have found and pretty much all of the pre-cancerous lesions were in people who felt fine and had no idea what was going on inside. With a preventive programme such as bowel screening we have the opportunity to find problems early, which gives us a much better probability of a successful outcome."

Chief Executive Peter Bramley says he would like to take the opportunity to applaud the success of the programme and to thank all of those involved – including the public who have willingly participated in taking responsibility for their own health.

"I know it's risky to appear to play favourites and I do want to thank absolutely everyone who made a contribution to the success of this programme, but I'd also like to highlight the contribution of one group in particular for their mahi.

"Achieving health equity is an ongoing challenge, but our multi-agency Equity Advisory Group, as part of the

bowel screening programme, has made a huge difference in helping us do better for our Pasifika and our Māori communities in particular.

"I offer special thanks to our champions who have helped spread the good word, most especially Dame Aroha Reriti-Crofts of Ngāi Tūāhuriri for her wisdom and leadership. I'd also like to thank Rachael Haldane who has recently moved on to pastures new but was an able and passionate Programme Manager who will be sorely missed. And Kirsten Carey, Primary Health Lead and Equity Chair, who has also left the programme, for her charismatic and powerful advocacy.

"We still have a way to go, but kua hiko tahi maatau (we have walked together) and so are nearer our destination. Ngā mihi nui."

"We mustn't forget too, that when we talk about "better health outcomes" we are really talking about people. People whose whānau will get to enjoy their company, perhaps for many years to come, because we were able to intervene early – and that's certainly something to celebrate.

"Well done all and keep up the excellent work," Peter says.

Recycling and repurposing reap rewards

Thanks in no small part to some Kiwi ingenuity, the generosity of others and a large dose of tenacity, the Christchurch Hospital Gastroenterology department has two new temporary endoscopy procedure rooms.

Gastroenterology Nurse Manager Gendy Bradford coordinated the procurement of the space and equipment required once the new rooms were approved back in May.

With a small budget, Gendy, Gastroenterology Clinical Director Associate Professor Catherine Stedman and the rest of the team knew that setting up two fully equipped procedure rooms would require some creative thinking.

"It was absolutely a team effort to procure and repurpose the space and equipment" Gendy explains from a new endoscopy procedure room that was once an MRI anteroom. Fixtures and equipment were foraged and donated from multiple departments including the old Intensive Care Unit and Emergency Departments and a vacated Paediatrics ward, among others. Rooms were taken over and repurposed including one that now serves as a change room for staff.

Despite the collective effort, Gendy does single out a few departments for particular recognition. The hospital's Maintenance and Engineering team (including subcontractors) worked tirelessly to install the equipment and refurbish the rooms. Craig Eaton was the calm and proficient 'go to' when a maintenance and engineering



Gastroenterology Clinical Director Associate Professor Catherine Stedman (left) and Gastroenterology Nurse Manager Gendy Bradford in one of the new endoscopy procedure rooms

solution was required. Bio-medical engineers provided custom-built trollies that have proven to be invaluable, and cleaners worked with the team to ensure all the rooms and equipment were immaculate. She also noted the efforts of the Clinical Engineering team, ISG and the broader Gastroenterology team for outstanding support and assistance.

Catherine says the two new endoscopy procedure rooms take the department to a total of six and will allow up to 2500 additional procedures to be performed annually. Once extra staff are recruited and onboard, that extra capacity should grow by 500 to an additional 3000 procedures annually.

This means faster diagnoses, better outcomes for patients and improved waitlists.

Passionate nurse says farewell after long career

Post Anaesthetic Care Unit (PACU) teams said a fond farewell to Registered Nurse Faye Greenwood who has retired after a nearly 50-year career in nursing.

Faye began her training at Christchurch Hospital in 1972, registering in 1975. She lived in the Nurses Hostel initially, which Faye describes as an "enlightening and often hilarious place".

After registration she worked in Surgical and an Ear, Nose and Throat (ENT)/Oncology ward. This led to a two-year OE, when she won the Gold Medal in a Post Graduate Certificate in Oncology Nursing at The Royal Marsden Hospital in London.

On her return to Christchurch Hospital Faye joined the team on the Oncology ward and then became a District Cancer Nurse.

"This was a very rewarding time" Faye says.

After time raising a young family, Faye returned part-time to ENT at Christchurch Hospital before taking up a position in Recovery. The following year she progressed to the role of PACU Charge Nurse Manager (CNM), building a strong team of supportive nurses.

Faye facilitated two Recovery National Conferences, along with being a member on the National committee for Post-Anaesthetic Nurses of New Zealand.

Faye led the PACU nursing team as CNM for 18 years, supporting the design of the Day Surgery PACU and the PACU West. In 2005 she again contributed to the design of a PACU, this time for the Charity Hospital where Faye continues as a Clinical Board member and Recovery Nurse.

Faye says she enjoyed a fulfilling and diverse nursing career and is grateful for the assistance of the many nurses, anaesthetists and surgeons who have contributed to her journey over many years.

Her friends and colleagues say Faye has shared impressive role modelling with her generous spirit and natural compassionate care of others.

Retirement for Faye will be shared between her favourite places and spaces, such as spending more time at her



From left, Registered Nurses Ange Whearty, Lyn Michelle and Faye Greenwood toast Faye's retirement with a glass of sparkling grape juice



Faye (centre) with some of her friends and colleagues from the Post Anaesthetic Care Units

cottage in Okains Bay, enjoying the products of a half-acre vegetable/fruit garden, doing a lot more handcrafts and mostly, spending more time with her family and friends.

Thinking pink for breast cancer awareness

The Gastroenterology Day Unit went 'Pink for a day' last week to mark Breast Cancer Awareness month.

Staff donned pink clothing and hair accessories, the area was decorated with pink balloons and flowers and pink coloured food was on the menu.

Registered Nurse Nichola Olds-Read who organises the day each year, says it's an opportunity to acknowledge colleagues, patients, friends and family who have experienced breast cancer.

"We choose a day, and everyone tries to participate. As people who diagnose and manage gastrointestinal cancer on a regular basis, we want to show our support for colleagues who deal with another type of cancer diagnosis. It is imperative as health professionals to be able to show our support for breast cancer screening and recognise the incredible work that our colleagues do for New Zealand."

Patients are also made aware of the day so that they can participate if they wish, she says.

On average, eight New Zealand women will hear the news today that they have breast cancer. Most will live for five years or longer if the cancer is detected early enough, but more than 600 women die of the disease every year.

Men can develop breast cancer, though this is rarer, adding up to about one percent of all breast cancers. Symptoms of breast cancer include a lump in the breast, bloody discharge from the nipple, a rash on the nipple or breast and changes in the shape or texture of the nipple or breast.

For more information go to the Health Navigator New Zealand website [here](#).



From left, Debbie, Rosemary, Tina and Nichola Olds-Read



The Gastrointestinal Endoscopy Unit team

Doc-tober: New Policy Governance and Management Policy and supporting Framework in final consultation

During Doc-tober we've been celebrating the two-year anniversary of the [Policy Library](#), the single source of truth for policy and supporting material, such as procedures, protocols, Standing Orders, templated forms (includes e-forms), guidelines, information sheets for staff or patient/consumers, (e.g. lanyards, posters), and terms of reference.

Any structures and processes that design and direct CDHB activity must be within policy. Policy covers the what, why, when, who, where, and procedures add how and how much.

The Transalpine Policy Governance Management Policy and Framework is going through final consultation bringing the Policy Management Approach and Policy Library Management system together. Not just to ensure alignment with the Organisational Objectives and Strategies, but also, to ensure that we are making it easy to meet Public Record Act 2005 requirements.

Video for clinicians on 'Choosing Wisely'

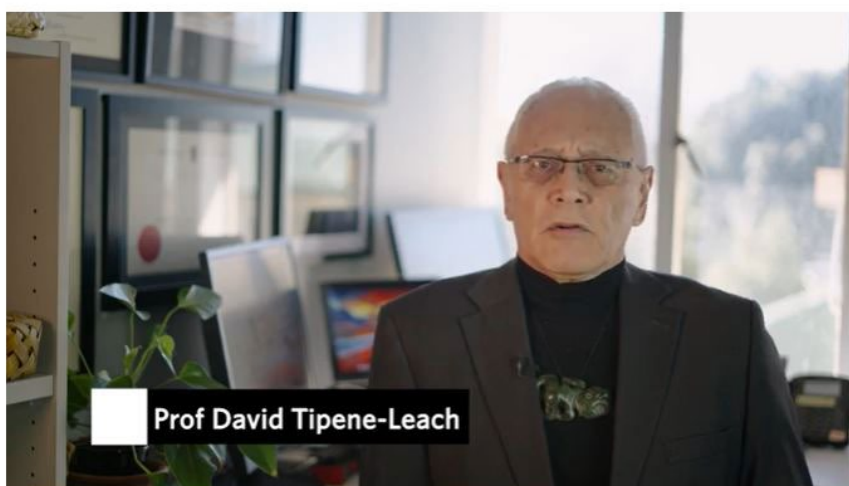
Originating in the United States in 2012 and launching in New Zealand in 2016, the Choosing Wisely initiative aims for patients and whānau to receive the highest quality care by reducing unnecessary tests, treatments and procedures.

It promotes shared decision-making between health professionals, patients and whānau.

The Council of Medical Colleges and the Health Quality & Safety Commission have produced a video for clinicians on the importance of Choosing Wisely.

The video features stories from health care consumers, along with advice from Australasian College for Emergency Medicine President, Chair of the Council of Medical Colleges and Waikato Hospital Emergency Physician John Bonning.

It is presented by Kaihautū/Chairperson of Te ORA, General Practitioner and Public Health Physician David Tipene-Leach.



You can watch the video [here](#).

The consumer stories demonstrate how important good communication and collaboration between patients, whānau and clinicians is to health outcomes.

CEO Update dates and submissions

CEO Update issue dates for Christmas and New Year

- › The last CEO Update for 2021 will be published on Monday 20 December.
- › The first CEO Update for 2022 will be published on Monday 24 January.

Submissions and photos

Do you have a story you would like to share? An initiative or achievement you think people should know about, or an event that is being celebrated? Perhaps there is something happening in your area that will affect others.

We want to hear from you!

- › You can draft the story and send to us, or email us with the details and we can put it together
- › We can attend your event and take photos or arrange for photos to be taken by the Medical Illustration team
- › If you're taking and submitting your own photos, please note these guidelines:
 - › They need to be high resolution (1MB+ is preferable). When emailing the photo, if you're given the option to select different sizes, always choose 'original size'
 - › Email them as attachments (jpeg images). Do not paste them into a Word document or the body of your email
 - › Tell us who the people are in the photos – names and titles – also let us know if someone who should be recognised is absent from the image.

Special events and observances

Give us a heads-up and some notice about relevant occasions so we can help recognise and promote them

- › Retirements and anniversaries
- › Big moves or changes
- › Significant and relevant observances (days, weeks and months), some examples include: World Mental Health Day, Breastfeeding Week, Pride Month.

One minute with...

Would you like to feature in 'One minute with...' to shine some light on the work you and your department do? Perhaps it's not your thing, but you know someone else who would be perfect. Please let us know!

Deadlines

The CEO Update is published every Monday and the deadline for submissions is midday the previous Thursday.

Key contacts

CEO Update stories and 'One minute with...' Naomi Gilling – naomi.gilling@cdhb.health.nz

CEO Update stories and distribution lists Sue Henderson – susan.henderson@cdhb.health.nz

General communications, including CEO Update story ideas – communications@cdhb.health.nz

Where can I get more information about the COVID-19 vaccination?

Here are some handy [conversation pointers](#) to help when you are speaking with colleagues, friends or whānau who may be unsure or have fears or concerns about having their vaccinations.

This [simple brochure](#) 'COVID-19 vaccination 'Get the facts' addresses many of the most common questions and misconceptions about the vaccine, and is available in several different languages. Check out the [resource pages](#) on the Unite Against COVID-19 website for translated versions of the brochure and a stack of other useful information.

There's also great information for people who are [pregnant and breastfeeding](#) pregnant and breastfeeding in this new resource. The COVID-19 vaccination is recommended for those who are trying for a baby, pregnant and breastfeeding.

One minute with... Helen Wagstaff, Autism Coordinator

What does your job involve?

Working with family/whānau and young people who have a recent diagnosis of autism, for two to three years, helping connect them with services and supports in the community.

Why did you choose to work in this field?

I have always worked in the area of disability. I have had various roles within IHC, then following the birth of my children, I worked as a teacher aide with a young boy with autism. My interest in autism just evolved from there. When my job as a behaviour specialist ended and this role was advertised it felt like my perfect job!

What do you like about it?

I love working in the area of autism, helping families/whānau and young people become empowered to get the best out of their lives. People with autism are quirky, amazing, resilient and so inspiring, and I get to learn from them.

What are the challenging bits?

All the paperwork! Keeping up with the demands of the job on my own, which has grown exponentially since I started over seven years ago, can be a labour of love some days.

Who inspires you and why?

My amazing colleagues who do a wonderful job supporting families/whānau and children who need someone battling in their corner to help get through life, and definitely the wonderful young people with autism who I work with.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

I strive to do and be the best I can for those I work with, and for. Showing kindness, aroha, respect and being able to listen to others, who often carry a huge weight on their shoulders, can make a huge difference and makes life a much better place for us all.

Something you won't find on my LinkedIn profile is...

Everything – I don't have one! But what people might not know about me is, I was born in Nigeria and first arrived in New Zealand aged nine.



Helen Wagstaff and her husband Peter in Positano, on the Amalfi Coast, Italy

If you could be anywhere in the world right now it would be...

Tricky – take away COVID-19 and it would be on the Amalfi Coast, Skopelos or Alonnisos (Greek Islands) or Croatia with my husband. I'd be sipping a red wine by the Mediterranean, while watching the sun set. But given COVID-19 and the fact I am a relatively new grannie, I'll take spending time with my grandson!

What do you do on a typical Sunday?

Generally, some gardening, maybe planning my next dinner party. I love to entertain, or once a month I take my autistic friend (I was his teacher aide) to Ferryhead, to ride the trains. We've been going for over 10 years!

What's your favourite food?

My favourite roast is pork, the smell of bacon means I'll never be a vegetarian and one of my favourite meals overseas was a Greek taco salad. For Christmas I love turkey with cranberry sauce and pavlova!

And your favourite music?

I don't really listen to any unless in the car, and if I'm allowed to choose the radio station I listen to The Breeze, and I have seen the Mama Mia movie way too many times to count.

Shared Care Plans - who should have one, how to use one, why it matters

Webinar, 8 November

A webinar providing in-depth information about the suite of shared care plans available is scheduled for Monday 8 November.

The plans are flexible tools which can be very simple or more complex according to patients' needs. They support communication between primary, secondary and community health services and real time information sharing.

Both tools are already widely used across the South Island.

The webinar, presented by Clinical Lead Rose Laing and Senior Project Facilitator Rebecca Muir aims to cover a variety of need-to-know information about the Acute and Personalised Care Plan, including:

- › An outline of the plans and their purpose
- › How primary care teams and others currently use plans
- › Which patient groups would benefit from a care plan
- › Use of plans in a pandemic
- › How to access training materials to use plans

Download a flyer for more information [here](#). To book your spot email events@pegasus.org.nz by Monday 1 November.

Something For You

Something for You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.



Adventure South NZ

Get \$200 off any cycling tour listed on the Adventure South NZ website and free standard bike hire (valued at \$180). Quote CDHB when enquiring.



Ferry Mead Heritage Park - 50 Ferry Mead Park Drive, Heathcote

1 free admission with every full priced admission purchased - show your Canterbury DHB ID to redeem.



Adrenalin Forest

- 105 Heyders Road, Spencerville

10% off admission fees for Canterbury DHB employees and their children - show your Canterbury DHB ID to redeem.



Miles continental & Miles Škoda

Exclusive offers across the new Volkswagen and ŠKODA range. Let the friendly team at Miles Continental and ŠKODA take care of your next vehicle purchase and receive a minimum \$2,000 off any new vehicle.

Oakley and Sunglass Hut are offering Family and Friends offer to Canterbury DHB staff valid till November 3, 2021. Check them out [here](#).

Interested in Simulation in Healthcare?

The Canterbury District Health Board Simulation Group together with Te Papa Hauora would like to invite you to our healthcare simulation showcase evening

We simulate today for a safer tomorrow



Come and learn about innovations and practices in simulation from healthcare professionals who are enhancing safety and quality of care for patients in Canterbury.

Hear about Canterbury's simulation activity, collaboration and facilities from CDHB Executive Director of Nursing, Becky Hickmott.

Followed by presentations:

- Local and South Island simulation collaboration groups, sharing information, facilities and equipment.
- The use of simulation to design and develop an electronic trauma dashboard.
- Practical Obstetric Multi-Professional Training (PROMPT) and the national train the trainer course.
- Development and delivery of a physio specific simulation course to assist ICU and Paediatric patients.

Proudly hosted by



Date: Thursday 28 October

Location: Manawa Foyer

Time: 5pm - 6.30pm

Please RSVP if you'd like to attend to: pip.griffin@healthprecinct.org.nz



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we're talking health...

**FREE
PUBLIC
EVENT**

Starting Well, Living Well and Ageing Well

Come and join us for a fun evening of talks from Canterbury researchers who are improving healthcare for us all. **Registrations essential**

Thursday 4th November, 5.30pm – 7.30pm

Attend in person at Manawa Foyer,
276 Antigua Street or join us online.

For more information on our speakers
and their topics, visit our website

www.healthprecinct.org.nz

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