

# Canterbury

District Health Board

Te Poari Hauora o Waitaha

## CORPORATE OFFICE

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30 August 2019

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### RE Official Information Act request CDHB 10160

I refer to your email dated 30 July 2019 requesting the following information under the Official Information Act from Canterbury DHB.

**1. How much does the CDHB spend on food for its hospitals each year?**

The Canterbury DHB spent \$2,519,297 (GST excl) on patient meals in the 2018/2019 financial year.

**2. How much is spent on meat? How much is spent on red meat?**

The Canterbury DHB spends on average \$1,317,347 (GST excl) per year on meat. We spend on average \$800,000 (GST excl) on red meat.

**3. How much meat does the CDHB use per year for patient meals/how much red meat?**

On average the Canterbury DHB uses 127,900 kg beef, lamb, pork and chicken. (104,351 kg red meat).

**4. Where does it source the meat from?**

Canterbury DHB sources the Beef, lamb, chicken and pork from local or South Island providers.

**5. Does it have vegetarian options/options for other dietary requirements?**

Yes we provide vegetarian and vegan options at all meals.

**6. Does it have any plans to reduce its use of meat and dairy?**

Patient nutrition requirements are specific and general population eating guidelines do not apply to those that are ill. Malnutrition is common in patients, and often meat and dairy in meals is one of the best ways of ensuring nutrition requirements are met. Menu planning is based on nutritional needs of patients.

**7. How much milk does the CDHB buy in per year? I'm keen to know volume and price.**

Based on 2017/2018 volumes, Canterbury DHB buys approximately 459,024 litres of fresh milk per year. The cost was approximately \$588,000 (GST excl). This excludes milk powder which is used in cooking.

I trust that this satisfies your interest in this matter.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website after your receipt of this response.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Carolyn Gullery', with a long, sweeping underline.

Carolyn Gullery  
**Executive Director**  
**Planning, Funding & Decision Support**