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9(2)(a)

RE Official information request CDHB 10441

I refer to your email dated 5 October 2020, and clarified on 7 October 2020, requesting the following information under the Official Information Act from Canterbury DHB regarding mental health prescriptions. Specifically:

1. The number of antidepressant prescriptions handed out at the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.
2. The number of people prescribed antidepressants under the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.

Please refer to **Appendix 1** attached, which shows the total number of Antidepressant prescriptions both generated and administered within Canterbury DHB inpatient services, for the past five calendar years. The data shown has been broken down by each DHB facility and each calendar year.

Please note: The data presented is from Canterbury DHB inpatient services only and does not include prescriptions generated and administered by General Practices or community Pharmacies, as per the request clarification received on 7 October 2020.

3. The number of antipsychotic prescriptions handed out at the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.
4. The number of people prescribed antipsychotic prescriptions under the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.

Please refer to **Appendix 2** attached, which shows the total number of Antipsychotic prescriptions both generated and administered within Canterbury DHB inpatient services, for the past five calendar years. The data shown has been broken down by each DHB facility and each calendar year.

Please note: The data presented is from Canterbury DHB inpatient services only and does not include prescriptions generated and administered by General Practices or community Pharmacies, as per the request clarification received on 7 October 2020.

5. The number of admissions to the adult mental health inpatient unit each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.

Please refer to **Table One** below, which shows the total number of admissions to Canterbury DHB's Adult Acute Mental Health Inpatient units per year between 2016 and 2020.

Table One: Total number of admissions to Canterbury DHB Adult Acute Mental Health Inpatient Units from 2016 to 2020.

Admissions	Calendar Year				
	2016	2017	2018	2019	2020*
Adult Acute Mental Health Inpatient Units	1,320	1,354	1,418	1,374	967

*Note: Data shown above was extracted on 30 September 2020.

6. The total amount of DHB funds allocated to the adult mental health inpatient each year for the last five years (January - December 2016 to January 2020 - YTD), with brief detail of what the money was being spent on each year.

Note: question clarified to include all mental health services broken down by CADS, forensics, Child and Youth and community.

The budget setting process for the Canterbury DHB covers the financial year from 1 July to 30 June, rather than calendar years. Over the last five financial years, the DHB has allocated funding to the provider arm for adult mental health inpatient and community-based services as shown in **Table Two** below:

Table Two: Allocation of funding to Canterbury DHB Mental Health Services for past five financial years.

Provider Arm Mental Health Services	2015/16	2016/17	2017/18	2018/19	2019/20
Adult Mental Health Inpatients	31,071,282	31,528,030	31,969,616	31,969,617	32,417,015
CADS - Community Alcohol & Drug Services	4,384,200	4,416,463	4,478,296	4,567,417	4,714,641
Child & Youth including Inpatients	16,642,285	16,878,355	17,415,788	18,375,886	19,034,297
Community (including Māori Cultural Services, Peer Support and Mental Health with Intellectual Disability services)	27,999,049	29,671,704	38,847,500	39,195,373	41,397,319
Forensic Services	13,669,557	15,817,336	16,038,825	17,078,887	18,085,826
Quality & Audit	120,000	120,000	121,680	124,101	120,000
Regional Services including Inpatients	7,093,754	7,198,032	7,932,435	8,090,280	8,217,648
TOTAL \$	100,980,127	105,629,921	116,804,142	119,401,560	123,986,746

The data shown in **Table Two** above does not include funding allocated to NGO providers or paid to other DHBs to deliver mental health services to the Canterbury population.

Funding allocated to the Canterbury DHB's provider arm is spent on staff salaries, patient related care costs including medications and meals etc., costs associated with running inpatient services such as cleaning, orderlies, laundry, building maintenance and utility expenses.

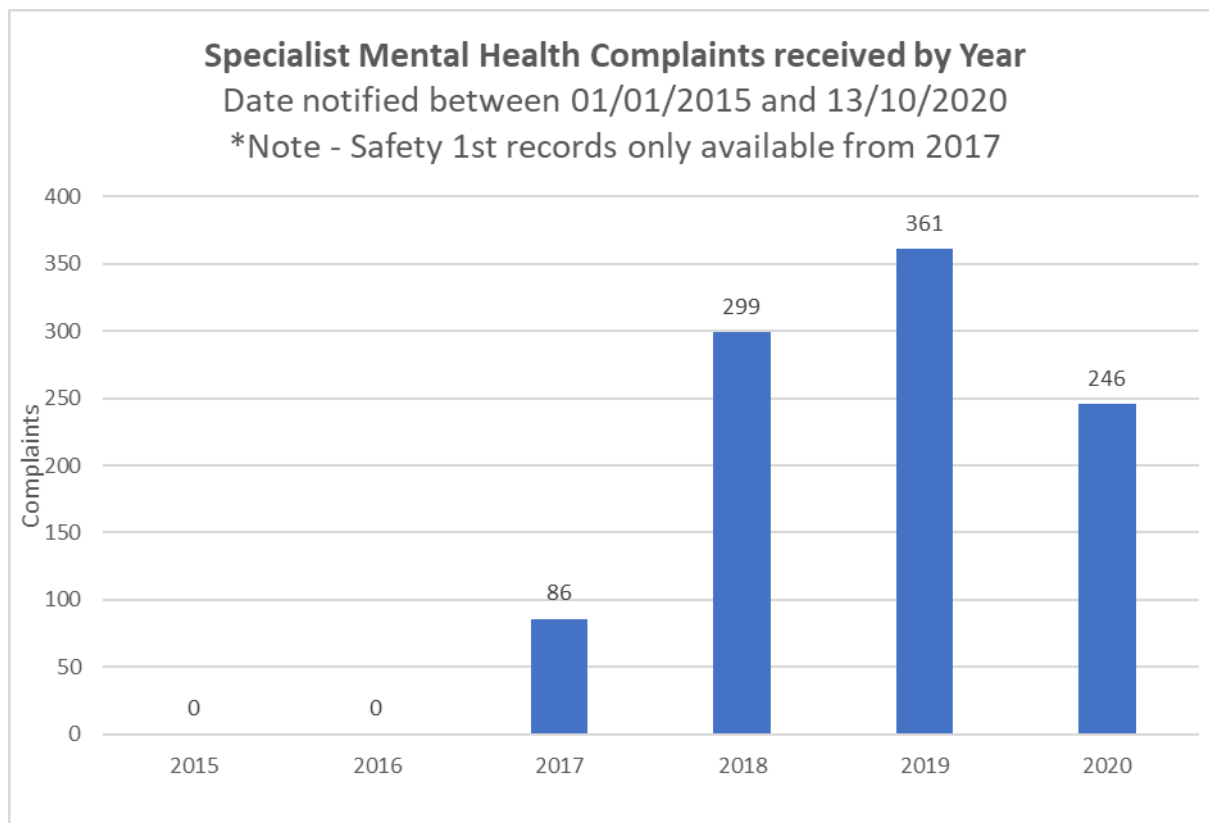
Please note: The table above shows allocation of funding to Canterbury DHB Mental Health Services based on volume of work planned. It does not reflect the actual expenditure by these services.

7. The number of complaints relating to mental health care each year for the last five years (January - December 2016 to January 2020 - YTD), with a brief description of each complaint. Also, a breakdown of the number of these complaints that were investigated.

Please refer to **Figure 1** below, which shows the number of complaints relating to mental health care that were received by Specialist Mental Health Services per year, from 2017 to 2020.

Canterbury DHB's complaints records are sourced from Safety 1st which began part way through 2017 (hence the low volume of complaints for 2017). We are declining to provide information prior to this date under section 18(g) of the Official Information Act, i.e. *"that the information requested is not held..."* The date range for Specialist Mental Health Service data provided is between 01/01/2017 – 13/10/2020. **Note:** One complaint may raise issues in multiple categories. All complaints are investigated.

Figure (1)



Please refer to **Appendix 3** (attached) for details of the complaint (description and category) for the calendar years 1 January 2017 – 13 October 2020.

Categories are used to capture the nature of the complaints in Safety 1st and are selected using clinical judgment. These categories have been used as a proxy for the brief description requested due to the volume of complaints for the specified period.

I trust this satisfies your interest in this matter.

You may, under section 28(3) of the Official Information Act, seek a review of our decision to withhold information by the Ombudsman. Information about how to make a complaint is available at www.ombudsman.parliament.nz; or Freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website after your receipt of this response.

Yours sincerely

Ralph La Salle
Acting Executive Director
Planning, Funding & Decision Support

Appendix 1 – Total number of Antidepressant prescriptions written and administered within Canterbury DHB inpatient services, for the past four calendar years.

Canterbury DHB Facility	Calendar Year	Number of Prescriptions Written	Number of Prescriptions Administered
Ashburton Hospital	2017	418	283
	2018	428	280
	2019	441	280
	2020	351	245
Burwood Hospital	2017	1211	1081
	2018	1112	1005
	2019	1077	976
	2020	1048	948
Christchurch Hospital	2017	9245	6200
	2018	9473	6354
	2019	10000	6685
	2020	9582	6507
Hillmorton Hospital	2017	793	560
	2018	825	553
	2019	771	522
	2020	742	489
Princess Margaret Hospital	2017	214	155
	2018	239	159
	2019	232	179
	2020	195	152
Southern Cross Trust, Christchurch	2017	21	21
	2018	11	11
Prescriptions Unassigned to DHB Facility	2017	799	739
	2018	831	777
	2019	832	766
	2020	803	744

Appendix 2 – Total number of Antipsychotic prescriptions written and administered within Canterbury DHB inpatient services, for the past four calendar years.

Canterbury DHB Facility	Calendar Year	Number of Prescriptions Written	Number of Prescriptions Administered
Ashburton Hospital	2017	216	182
	2018	238	203
	2019	192	161
	2020	216	180
Burwood Hospital	2017	804	706
	2018	712	610
	2019	774	687
	2020	700	630
Christchurch Hospital	2017	5117	3971
	2018	5066	3826
	2019	5351	4113
	2020	5072	3809
Hillmorton Hospital	2017	1578	1113
	2018	1605	1115
	2019	1660	1147
	2020	1575	1098
Lincoln Hospital	2018	20	20
	2020	14	14
Princess Margaret Hospital	2017	339	211
	2018	342	210
	2019	324	211
	2020	274	205
Rangiora Hospital	2018	16	16
	2019	22	22
	2020	13	13
Prescriptions Unassigned to DHB Facility	2017	372	321
	2018	355	310
	2019	383	320
	2020	403	340

Appendix 3 – Description and Category of complaints received by Canterbury DHB in relation to mental health care for calendar years 2017 to 2020.

Complaint description		Date organisation notified by year			
Category 1	Category 2	2017	2018	2019	2020
Access/Funding	Delay accessing services	6	10	12	5
	Disability/ACC issues				1
	Other	1	14	15	5
	Referral declined/refusal to admit/treat	2	7	4	11
	Service availability	2	2	7	17
Access/Funding Total		11	33	38	39
Care/Treatment	Admission decisions	4	16	17	13
	Coordination of appointments	1	6	16	2
	Coordination of treatment	5	8	33	23
	Delay in treatment	5	3	11	8
	Discharge/transfer arrangements	3	9	15	18
	Inadequate/missed/wrong diagnosis	3	16	9	10
	Medication	8	45	66	25
	Other	14	21	18	13
	Rough & painful treatment	1	5	5	4
	Standard of care - given by others		4	21	4
	Standard of care - medical	4	11	22	2
	Standard of care - nursing/midwifery	9	17	36	5
	Standard of treatment	8	17	61	15
	Unexpected treatment outcome		3	3	2
	Waiting times: Clinic/ED/Theatre		4	3	4
Care/Treatment Total		65	185	336	148
Communication/Information	Communication with family/care provider	16	22	64	33
	Communication with patient	4	23	103	45
	Consumer understanding		5	62	11
	Discharge information	4	1	6	6
	Feedback management			2	1
	Health Information	3	6	9	20
	Insufficient information	3	3	6	
	Other	1	4	7	7
	Timeliness of information			1	3
Communication/Information Total		31	64	260	126
Facilities/Support Services	Cleanliness of facilities	4			
	Physical environment of facility	2			
Facilities/Support Services	Cleanliness of facilities		8	15	5
	Food - availability/appropriateness	1	6	10	10
	Food - quality		3	2	2
	Lost/damaged/stolen property	5	18	6	7
	Other	4	20	13	7

	Parking		3	2	
	Physical access to facility		4	3	
	Physical environment of facility		6	12	10
	Signage		1	1	1
	Smoking		5	2	3
	Temperature of facilities		1	1	2
Facilities/Support Services Total		16	75	67	47
Informed Choice/Consent	Coercion		2	3	1
	Consent process	1	5	4	
	EPOA/Guardianship	1			1
	Mental Health Act	2	27	26	10
	Other	1	2	6	5
	Potential risk factors discussed			3	1
	Support person not offered/allowed	1	1	2	1
	Teaching/research		1		
	Treatment options	3	3	12	6
Informed Choice/Consent Total		9	41	56	25
Patient/Staff Relationships	Attitudes/manner	18			
	Other	5			
	Staff competency	1			
Patient/Staff Relationships	Appropriateness of comments	16	28	33	18
	Attitudes/manner		66	43	29
	Cultural values/needs		2	7	3
	Discrimination		3	4	3
	Other		27	12	8
	Patient/patient		27	5	10
	Respect/dignity	7	12	11	11
	Staff competency		15	12	3
	Staff professional conduct	8	15	15	7
Patient/Staff Relationships Total		55	195	142	92
Privacy/Confidentiality	Disclosure of information	4	13	10	11
	Other		6	3	5
	Personal privacy	1			
	Personal privacy		4	6	8
	Release of information			3	3
Privacy/Confidentiality Total		5	23	22	27
Not specified	Not specified				1
Grand Total		192	616	921	505