## **CEO UPDATE**

15 June 2020 | 15 Pipiri 2020





# Seamless and contactless handover from St John to South Island Emergency Departments now possible thanks to a fruitful health system collaboration

Until very recently transferring a patient from an ambulance to the Emergency Department (ED) required St John to print their Ambulance Care Summary (patient information) and physically hand it over to ED clinicians. Any information needed for the hospital record then had to be manually re-entered into Health Connect South (HCS), our data repository for patient information.

During the pandemic handing over documents was another potential

way of passing on germs. Sometimes a crisis is just the impetus needed to provide the stimulus and the opportunity for rapid and innovative change.

Thanks to some creative thinking and collaborative work with our health partners, the process is now both seamless and paperless.

St John ambulance officers estimate that for every patient they dropped off under the old system, they spent a precious three to five minutes on the manual print process. In time-critical emergency care scenarios, minutes matter.

We engaged with our principal partner for health software and systems Integration, Orion Health, who worked with Canterbury DHB's Information Services Group (ISG) and St John on a solution, to integrate HCS – the electronic health record system used throughout secondary care in the South Island – with the St John system.



Thanks to the integration of the two systems, ED clinicians are now able to instantly retrieve a list of all Ambulance Care Summaries along with other key patient information held in the HCS electronic record. All of this can be done swiftly and securely - and there are additional benefits from integrating the two systems. For example, notes taken during the assessment of a person who doesn't need to be admitted to hospital can now be accessed via Health Connect South - which becomes vitally important if the person is later admitted.

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In the 48 hours after the solution was made live, over 330 Ambulance Care Summaries were viewed by 188 different healthcare professionals. A two-week trial has recently been completed to allow us to fully evaluate the benefits of making paperless Ambulance Care Summaries available. By the end of the first week of June the number of Ambulance Care Summaries viewed was approaching 7,000.

There are two true tests to a new system: does it work, and are people using it? One indication of success is in what people say about an innovation, and as you can see from these comments, this one's another winner.

"As part of the delivery of care to patients, St John ambulance officers collect and document information that is very valuable, not just for the Emergency Department, but also for subsequent services in the patient's care journey. Thanks to this collaboration between Canterbury DHB, Orion Health and St John, we now have ready access to this information as part of our electronic medical record."

- Dr Jacques Loubser, ED Senior Medical Officer
   "Absolutely essential and great that it has happened."
- Dr Anthony (Swiss) Spencer, Senior Medical Officer, General Medicine

"I love having the ambulance summaries on HCS. They're much easier to find. All the bits of 'paper' are in order and you know that it's for that patient. I also think it's much more likely the information in them will be used."

- Dr Claire Taylor, ED Senior Medical Office.

#### **What are Ambulance Care Summaries?**

An ACS is a compilation of the clinical notes made by an ambulance officer or paramedic about a patient while they are being assessed and transported to hospital. In the case of St John, they enter this information into an electronic Patient Report Form (ePRF).

The list of Ambulance Care Summaries completed within the St John system is now visible within the existing HCS system and is presented within the existing document list so that clinicians don't need to go to a different place to see it.



Haere ora, haere pai Go with wellness, go with care

**David Meates** 

**CEO Canterbury District Health Board** 

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please subscribe here.

# TransAlpine Communications team win PR InHouse Team of the Year in PRINZ Awards

The Canterbury & West Coast DHBs' communications team was announced the winner of the Public Relations Institute of New Zealand (PRINZ) 2020 Awards held last Thursday.

Executive Director of Communications for Canterbury & West Coast DHBs, Karalyn van Deursen says the award is a huge honour and means a lot to the team. "We've had some really big challenges to work on in recent years and it's fantastic to have the quality of our work recognised by the Public Relations Institute of New Zealand."

"We are constantly challenged by new situations. While we love working proactively on projects with long lead times more often than not we're working on the fly and getting things done quickly, without skimping on the professionalism and thought.





Members of Canterbury DHB's comms team (clockwise from bottom left) Jess Stewart, Mick O'Donnell, Renee Parsons, Alex Taylor, Naomi Gilling, Jeanie Watson, Dee McCarthy and Karalyn van Deursen

"It was a thrill to hear our team announced as winners as we were up against some stiff competition from the private sector and government agencies."





# **Bouquets**

#### **Plastic Surgery Outpatients, Christchurch Hospital**

I would like to say a huge thank you to the wonderful nursing staff in the Plastic Surgery Outpatients Department at Christchurch Hospital. I have had regular treatment there for the past three weeks while recovering from a hot water bottle burn. All the staff were brilliant. Absolutely fantastic service, very professional and caring. They all went out of their way to make sure I was as comfortable as possible and that I had all the dressings I needed in between appointments. They gave me excellent advice on how to manage my burn at home and always invited me to call them if I had any queries or concerns with how my wound was healing. I cannot sing their praises enough. It is my first experience of hospital treatment in New Zealand and I have been absolutely blown away with how amazing it has been. My burn has been such a traumatic experience for me and I am exceedingly grateful for the care I have received. The nurses are worth their weight in gold - thank you all!

## Acute Medical Assessment Unit (AMAU) and Respiratory Ward, Christchurch Women's Hospital

I would like to thank the AMAU and Respiratory Ward nurses and doctors who helped me with my asthma, especially Dr Christina, for the amazing job she does and for listening to me. Finally, I'm back on track with a little bit of a cough but no more wheezing. Thank you everyone for all your help, it was a great experience for me. Thank you for the care and making us feel that everything will be okay. May God bless you all.

## **Emergency Department (ED), and Acute Medical Assessment Unit (AMAU), Christchurch Hospital**

I would like to take the opportunity to thank the St John ambulance drivers and ED staff, particularly the special nurse who took care of me on entry. A special mention also to the nurses and doctors of AMAU. You are all saints. Again, thank you all.

#### **Ward 11, Christchurch Hospital**

Thank you for the high standard of care during [patient's name] pre- and post-operation. Canterbury DHB staff are very awesome.

### Wendy Mann, Ear, Nose and Throat (Otorhinolaryngology) Department, Christchurch Hospital

I am a cancer survivor and since July 2019 I have had regular visits to Christchurch Hospital for check-ups. I write this letter to say thank you to Clinical Nurse Wendy Mann for wholeheartedly supporting me throughout my journey. I cannot speak highly enough of the support I received from her after my operation when I was emotionally concerned about my circumstances. She made the early journey so much easier for me with her support.

## Allan Keast, Ear, Nose and Throat/Head and Neck Surgeon, Otorhinolaryngology Department, Christchurch Hospital

I write this letter to say thank you to Mr Allan Keast and support staff for wholeheartedly supporting me throughout my cancer journey. I cannot speak highly enough of the support I received from Allan and the staff who were all wonderful to me and have given me huge support during this journey.

#### **Burwood Memory Assessment Clinic**

A heartfelt thank you to the staff at Burwood Memory Assessment Clinic. The assessment and plan of care for my mum was very thorough and included all current and potential factors, including checking how we were coping and our emotional state. I'm sure they see many people with dementia, but we felt we were treated as an individual case, were listened to, and shown empathy and kindness. The diagnosis and plan of care was explained methodically and clearly, showing we were in experienced and capable hands. The whole team approach, assessment and care could not be faulted. Thank you to Nurses Lara Hitchcock and Jill Hepburn, Dr Jen and Psychiatrist Jonathan Darley.

### Belinda Dunne, North East Community Service Team, Older Person's Health

My father has recently been referred to your service and been assigned to Belinda. I wish to express my deepest gratitude for the service Belinda has provided to date. After her home visit/assessment, which Dad had been quite nervous about, he said it was "excellent," noting he felt Belinda was working for him. He was very happy to receive home care due to her gentle, respectful approach. Belinda exudes a lovely blend of professionalism, thoughtfulness, gentleness, sincerity, respect, and empathy... As a mental health professional myself with significant experience in older person's mental health, nothing could prepare me for the sadness of having my father recently diagnosed with Alzheimer's...I have really appreciated Belinda following up so quickly on referrals and checking in with me, whilst also considering the wider family and their needs. I am delighted that she will remain allocated to my father and that she is so accessible and proactive.

#### **Ward 10, Christchurch Hospital and Ranui House**

Thank you to all the surgeons and staff who took part in helping and supporting me through my time in Ward 10. You are such wonderful people. Thank you also to Ranui House, words don't seem enough. Thank you all for your commitment.

## **Ward 27, Christchurch Hospital**

I'd like to thank Anita and Rebecca for being so caring and willing to go above and beyond to make my stay much more comfortable. They are the definition of a perfect nurse. I can't put into words how truly grateful I am for Anita and Rebecca, and also all the other nurses have been lovely and made me feel comfortable.

#### **Christchurch Hospital**

Just over a week ago I was discharged from Christchurch Hospital having undergone surgery, following a diagnosis of bowel cancer. I would like to take this opportunity to say a huge thank you to everyone involved, from the early investigations, through to my treatment and recovery. I'd like to post a tribute to the skill and commitment of the following: Alison Ross and her team at the Gastrointestinal Endoscopy unit, for providing assurance during their rather tricky procedures; the Burwood X-ray and CT scanning technicians and medical staff; Sarah Abbott, the anaesthetists, nurses and others helping in the operating theatre; all the staff in attendance at Ward 16 (nurses, doctors, support workers, etc.) for their cheerful, friendly optimism and support, faultless; and the Pre-operative Assessment team. From beginning to end, the care I have received has been exemplary; staff are always sympathetic, provide clear explanations, are punctual for appointments and are quick to respond with reports. This has greatly helped ease my anxiety throughout the journey. Thank you for being kind.

#### **Urology, Christchurch Women's Hospital**

I would really like to compliment the team in your Urology department... I have had a previous bad experience in an Auckland hospital a number of years back, and my experience at Christchurch Hospital was the complete opposite. The surgical team was very professional, understanding and took great care of me and eased my anxiety (I was quite nervous about the procedure). The nurses and post-surgery team were absolutely amazing. Both the Registered Nurses and the trainee nurses were polite, caring and considered my dignity at all times. Communication was great and the care second to none. The food was pleasant, and I felt I was never left wanting for anything. Thank you very much.

#### **Te Whare Manaaki, Hillmorton Hospital**

I would like to express my thanks to all the staff for helping me make a speedy recovery. I have found each and every one of them to be very personable and professional and I think Kate is doing a fantastic job as a manager.

# Looking after yourself

# Last chance for flu shots

Haven't had your flu shot yet? Now's the time!

Please see the final clinic times below, or <u>click here</u> to see more information on max.

As we've now reached Alert Level 1, there's no requirement for you to book before you attend a clinic. Just <u>fill out your consent form beforehand</u> and we'll see you there!

As we're coming to the end of our flu vaccination programme for this year, we'd like to take the time to thank everyone who's had their flu shot so far.

The Influenza Vaccination Programme is a Canterbury DHB-wide programme, and although Occupational Health plays a significant role in delivering it, we could not reach the significant numbers of staff and all the rural locations alone. Thank you to everyone who has played a part in the delivery of the programme.

So far this year we've managed to vaccinate 71 percent of our people, which given the circumstances of COVID-19 and limited ability to reach all our people, is a great effort from all.

Date	Time	Room	Location
Wednesday 17 June	11:00 – 14:00	Great Escape Lounge	Christchurch Hospital
Wednesday 17 June	08:30 - 09:30	Outpatient Infusion Suite	Burwood Hospital
Wednesday 24 June	09:00 – 14:00	Back entrance of Ward 28	Christchurch Hospital
Friday 26 June	09:00 – 14:00	Great Escape Lounge	Christchurch Hospital
Wednesday 1 July	13:30 – 15:00	Great Escape Lounge	Christchurch Hospital





# Did you catch a phish?

Worldwide, approximately 14.5 billion scam (phishing) emails are sent every day.

They may come from anonymous senders claiming to hold damaging or embarrassing information about you that they'll release to your contacts if you don't pay up. Or they may appear to come from a reputable organisation, usually claiming your account has been compromised in some way and that to fix it, all you need to do is hand over your details, passwords, or credit card numbers.

While many people think they wouldn't be fooled by such emails, phishing is the most common attack on individuals and organisations and presents the largest information technology risk to the DHB.

Successful phishing attacks against Canterbury DHB staff last year resulted in email accounts being compromised, sending thousands of spam emails to internal and external addresses. Some email accounts were also blacklisted so staff could not send emails externally for brief periods.

To address this, ISG has purchased an email phishing education tool called 'Phriendly Phishing'

Assessing the Risk: Stage 1 (11 May – 12 June) – The first stage was to determine susceptibility levels to clicking on scam (phishing) emails. Harmless scam emails generated by the Phriendly Phishing software were sent to most email addresses. Email subjects included "salary review," "upcoming changes to parking," and "nominations for building wardens."

It was encouraging to see that most of us, 80 percent, didn't click on the phish link in the email but there is still more work to be done to get to our safety target. Having 20 percent of staff click on the phish link emphasises the need for ongoing education and similar drills.

**Staff Education: Stage 2** (17 June – 24 July) – From this Wednesday 17 June, email users are required to undertake training to recognise scam/phishing emails. An email will be sent out asking you to participate in the phriendly phishing training.

The Ministry of Health and Government Communications Security Bureau requires DHBs to receive regular and appropriate security awareness and training, and this phish education work is part of our compliance programme.

Ongoing Awareness: Stage 3 (August 2020 to March 2021) – Email users will periodically (not more than once per month) be sent phishing emails. If you click on them, you will be directed to a page outlining how you could have recognised the email as a scam. As you become more adept, these phriendly phishing emails will gradually grow in their sophistication, so they are harder to spot.

The intent is that over time all of us will become more adept at recognising and deleting malicious emails without clicking on links or replying to them, both at work and in our personal environment.

#### Tell-tale signs of a phish

- > The email claiming to be from a legitimate business/ company contains grammatical or spelling errors, and/or basic formatting errors, such as double spacing or random capitalisation.
- The emails often start with a generic or odd greeting like "hello friend," "hello client," "dear you," "dear valued member."
- The email creates a sense of urgency that, if you don't do this thing right now, something bad will happen.
- > Legitimate email addresses with an 'm' may be replaced with an 'rn', a lower case 'L' switched out with the number '1' or a .com email reading as .co instead. Even the slightest change in an email address means the email is going somewhere else.
- An email from a legitimate organisation ends with a public domain address (for example, @gmail.com). A legitimate email from the actual organisation will only be sent from a private domain address (for example, an email from Canterbury DHB comes from @cdhb. health.nz).
- Links within the email want to take you to a random, unrelated website. Use your cursor to hover over the link to see if this is the case.

# Quality and Safety Matters

# Hand hygiene

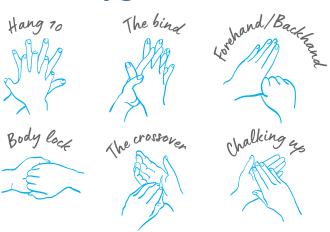
Big shout out to Ashburton Hospital and Christchurch Women's Hospital staff who have exceeded our Canterbury DHB December 2020 handwashing target of 90 percent. We can learn from you.

As health professionals our target is 100 percent. Canterbury DHB is currently at 85 percent in the current audit period finishing on 30 June 2020. We can improve in those really obvious points in hand hygiene, like before and after a procedure. There is also real work to do after touching a patient's surroundings in some areas.

Everyone is interested in your innovative ways of tackling this practice standard. Venues for sharing broadly are clinical governance meetings and on the Quality Hand Hygiene intranet site.

Please see the <u>Hand Hygiene</u> <u>programme site</u> for results and resources.

# Some sporting events may be on hold but hand hygiene never is



# Hand hygiene: The sport with 5 million fans



spread of COVID-19 and other infections



New Zealand Government

www.handhygiene.org.nz



# How Via Innovations is helping keep it local and supporting a more sustainable post-COVID business environment

While the COVID-19 pandemic subjected our health sector to huge and unprecedented pressures, we all had to cope with pressures of our own as we navigated our way up and down the Alert Levels.

It is during such times of extraordinary stress that people are most likely to think outside the square because 'what we usually do' no longer applies. So, when something as disruptive as a pandemic hits the health sector, it is a time for the creatives, the innovators and those best able to adapt quickly.

For them, a major system shock like COVID-19 also creates new opportunities.

Take for example Medsalv, a business that was developed specifically to reduce waste and stretch the health dollar further. Medsalv is also New Zealand-based, and as such, reduces reliance on overseas supply chains.

Since the last piece written about Medsalv, the company has secured a long-term contract with Canterbury DHB, through Via Innovations, a specialist business unit within the DHB that helps people develop viable health-related products or services, and provides the expertise and investment needed to commercialise them.

According to Via Innovation Director Anya Hornsey any new device or service that will be used in a hospital environment requires detailed planning and robust testing to ensure appropriate safety, quality and performance standards will be met. Medsalv has not only delivered the promised cost savings and waste reduction, they have consistently been able to meet those stringent standards.

Medsalv founder and CEO Oliver Hunt says the business initially targeted high volume, high cost, non-invasive single-use devices. One example is deep vein thrombosis (DVT) compression sleeves that are used in conjunction with reusable pumps to prevent DVT.

"Our focus has always been on reducing waste and the cost to the health system by getting more uses from each device – and at the end of their usable lives, ensuring they are separated into recyclable components, so that much less waste eventually ends up in landfill," Oliver says.

Savings to date are fast approaching \$100,000 for Canterbury DHB, and Medsalv has more recently been working with New Zealand's leading private hospitals to deliver more sustainable healthcare. As some items have been reused as many as six to eight times, the quantity of new products ordered has reduced by the same volume.

That also means tonnes of used products that would once have gone to landfill have instead been recycled – a win-win for the health system and the environment.



Hospital Aides Susanne Jennings and Sue Hobbs at Burwood ensure these 'Hospital single-use' devices no longer go to landfill



Businesses are still finding some items are in short supply, or available only at a premium price, and that everything is taking much longer to come from overseas. However, you can't get more local than Medsalv – who offer the same product at a reduced cost, generate less waste, and are helping break New Zealand's dependence on overseas medical equipment suppliers.

"Medsalv also provides jobs here in New Zealand, rather than halfway around the world – and any investment in Medsalv stays right here in New Zealand," Oliver says.

Although based on a winning idea, Medsalv credits its success to support from early backers including Canterbury DHB's Via Innovations Unit, the University of Canterbury, the Sustainable Initiatives Fund/Trust, and MercyAscot hospitals.

"These organisations had the vision to support us getting our concept off the ground. I'm extremely proud that we've been able to deliver on our promises of reduced cost and waste, and to have created significant savings for each hospital we're working with," Oliver says.

# Rangiora Health Hub completes first clinical Business Continuity Plan

Congratulations to the Rangiora Health Hub for being the first Canterbury DHB service to complete a finalised clinical Business Continuity Plan (BCP).

A BCP outlines how services will spring into action following a disruptive event and what support they need, says Business Continuity Planner Cari Ramsay, of Canterbury DHB's Service Continuity Team.

"BCPs identify how a service will respond to anything that threatens its continuity, who will need to be involved, what resources will be required to support the response activities, and in what timeframe services must be resumed.

"It's an important part of our daily business and our experience with COVID-19 has highlighted this even more."

Rangiora's BCP was developed using the information from its business impact analysis and recovery strategies. All of Rangiora Health Hub's services contributed by participating in a business impact workshop to provide information on the services being delivered and what was required to support them.

Rangiora Charge Midwife Suzanne Salton had a lead role throughout the process.

"Suzanne worked on the recovery strategies and development of the BCP. It is thanks to her hard work that we managed to accomplish what we did. A huge thank you to her and all those involved," Cari says.

These were: Director of Midwifery Norma Campbell, Charge Midwife Suzanne Salton, Clinical Manager Jocelyn Williamson, Public Health Nurse Catherine Dowle, Senior Social Worker Margaret Smith, Community Mental Health Nurse Dawn Nolan, Service Manager, Women's Health, Michele Pringle, and Ward Clerk Jenny-Lee Parata.

Having a planned response means services can be up and running more quickly with minimal impact on those who are reliant on those services.



Rangiora Health Hub - looking back towards the old hospital

"It's so important to plan for disruption so we can recover quickly and resume essential services. Not doing so means spending time working through how you can respond and what you will need to support your response."

COVID-19 forced many service areas to change the way they normally deliver services, Cari says.

"The impacts felt were on the workplace where social separation became an issue, the availability of staff, access to essential suppliers and service providers, access to ICT services and so on."

For instance, many staff were directed to work from home remotely however not everyone had been set up with remote access. As a result, ISG was inundated with requests for remote access.

BCPs are generally service-based and reviewed at least annually.

"The plan should also be updated immediately after an exercise that identifies deficiencies in the recovery strategies or following a real life incident where the recovery strategies didn't work as intended and need to be amended," Cari says.

The process starts with a business impact analysis which is used to capture the services and key outputs a clinical or corporate service area is responsible for, the maximum amount of time each of those can tolerate being disrupted, the timeframe that the service will aim to resume, and all the supporting resources needed.

The next step is to use that information to determine the most appropriate recovery strategies – what the service plans to do to enable recovery and resume its services. This information is then used to develop the BCP.

Anyone wanting more information can contact Business Continuity Planner <u>Cari.Ramsay@cdhb.health.nz</u> or Service Continuity Manager <u>Megan.Gibbs@cdhb.health.nz</u>.



Part of the new Rangiora outpatient extension

# Diabetes Service Telehealth: "from niche to normal" during lockdown

Over the past three years there has been a rapid increase in access to monitoring devices for people who have diabetes and the health practitioners caring for them.

"This has helped enhance clinical outcomes and the best glycaemic control," says Diabetes Clinical Nurse Specialist Cate Fleckney.

"More recently, our provision of care during the lockdown period of Alert Levels 4 and 3 has enabled trials of several initiatives to further explore our use of technology.

"Telehealth in the Diabetes Service went from niche to normal. We nudged the boundaries of our existing Telehealth use and coupled this with enhancing diabetes self-management using technologies."

When the country was in Alert Level 4, teaching a patient how to use new equipment when they switched from an older insulin pump to a next generation insulin pump was done using Zoom, instead of the patient coming into the Diabetes department.

"One pump transition had been planned prior to lockdown for a patient who lives on the West Coast. By using Zoom we were able to go ahead with this with no delays due to COVID-19 constraints.

"We then progressed to completing another pump transition for a local patient and we restarted a prior pump patient who hadn't used an insulin pump for two years, all on Zoom," she says.

At Level 3, patients who needed to be taught how to start their insulin pump came into the clinic one at a time for a session with a nurse, rather than in a group, and the pump device representative joined via Zoom to support the product teaching.



An example of a type 1 diabetes advance education class as carried out during lockdown by Clinical Nurse Specialist Cate Fleckney

Also in Level 3, instructions were developed to teach people how to access and download their glucose management results through links to their smart phone. The service's online type 1 diabetes advanced education classes and pre-pump start class were also repackaged into Zoom group sessions, ensuring people didn't have to travel to attend.

"The team has noticed that patients who were reluctant in the past have gained confidence in downloading their technologies having now discovered how surprisingly easy it can be."

Patients have become increasingly aware of the information on their devices and engaged in conversations about their care which is a positive step towards reaching diabetes self-care goals, she says.

# LOTS ON YOUR PLATE?



For ideas on looking after yourself even when life's busy, visit: allright.org.nz/work

# \$600,000 for children with rare cancers

A gift agreement from the Wayne Francis Charitable Trust will see \$120,000 per year for the next five years given to the new Wayne Francis Rare Paediatric Cancers Supplementary Clinical Trial Fund.

The new fund, managed by the Māia Health Foundation, will ensure that treatment offered to children and young people with rare forms of cancer is equivalent to that offered to children and young people in Australia.

The first trial to be funded through the new Clinical Trial Fund is treating children with neurofibromatosis type 1, with a new medicine called Trametinib, which has shown great promise in shrinking tumours caused by the rare genetic condition. It's anticipated between eight and 10 children in New Zealand may be eligible for this trial over the next two years.

Christchurch Hospital Paediatric Cancer Specialist Andrew Dodgshun says a situation was emerging where New Zealand children would not be able to access treatment via clinical trials involving new and promising medications.

"The establishment of the Clinical Trial Fund has honestly been a godsend. The funding from the Wayne Francis Charitable Trust allows us to open these clinical trials, which would otherwise not be possible."

Canterbury's Child Haematology and Oncology Centre (CHOC) is one of only two specialist centres in New Zealand treating childhood cancer patients, the other being Starship Children's Hospital. Starship and CHOC work collaboratively on clinical trials.

Cancer research was an area of interest to Wayne Francis, who built support for this into the WFCT Trust Deed. Wayne died of cancer in 1999. Each year, funding must be allocated to cancer related research.

Wayne Francis Charitable Trust General Manager Jenn Chowaniec says the Trust is pleased to be able to align its funding in cancer research towards children and young people in New Zealand who otherwise would not be able to access the cancer treatment recommended for them.

"The Fund enables New Zealand to benefit from the developments in international research very quickly. We hope that this opportunity gives hope to whānau during what is a very tough time for them."

Māia Health Foundation Chief Executive Michael Flatman says the gift agreement with Wayne Francis Charitable Trust will make a real difference, providing a lifeline for some families.

"Their generosity is going to enable children and young people with rare cancers to access treatment that otherwise would not be possible. There is no doubt that this gift will be life-changing for these children and their whānau.

"This is a partnership which fits perfectly with our mission to take our health system from good to great and helps ensure our communities get the right care, at the right time, in the right place," he says.



From left, Māia Health Foundation Chief Executive Michael Flatman, Christchurch Hospital Paediatric Cancer Specialist Andrew Dodgshun and Wayne Francis Charitable Trust General Manager Jenn Chowaniec

# One minute with... Gilbert Alolor, Registered Nurse, Ophthalmology

## What does your job involve?

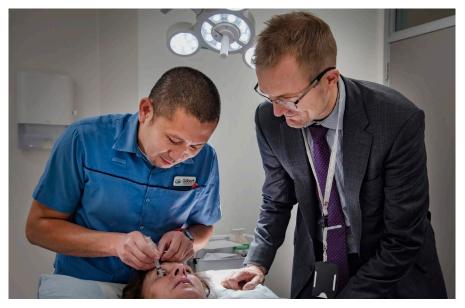
Providing care for patients suffering from various eye disorders. Ophthalmic nurses are responsible for gathering the patient's medical history and doing a pre-operative assessment to develop a better understanding of their health profile prior to surgery, ensuring a smooth surgical procedure. We also provide education regarding eye procedures and what to expect after the procedure. We assist the Ophthalmologist with minor eye surgeries. We can function as an Ophthalmic technician, performing visual acuity testing and some diagnostic procedures. We also administer medication (oral, topical eye drops and intravitreal injections in the eye) and teach patients how to use eye drops. Recently I have had the privilege to train and become only the second Nurse Injector (intravitreal) in Christchurch (the first in Christchurch Hospital).

## Why did you choose to work in this field?

This job was available when I finished nursing. I never realised that there would be so much to learn in this highly specialised field. You learn something new every day. For that reason, I am still excited to go to work every day despite being in this field for almost 16 years.

#### What do you like about it?

It is rewarding to be part of a team who help people see better again. Also, being able to impart my knowledge and skills to new and aspiring Ophthalmic nurses.



From left, Registered Nurse Gilbert Alolor and Consultant Ophthalmologist Logan Robinson

#### What are the challenging bits?

When patients arrive late for their appointment and you still have a lot of patients who need to be tested. Also, when a patient's file is isn't to hand and you can't find the information you need on their electronic files.

#### Who inspires you?

My family here in New Zealand, as well as in the Philippines, has always been the reason why I strive.

# What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

We should treat others with utmost care and respect, treat them like you would want to be treated yourself.

## Something you won't find on my LinkedIn profile is...

I am an active moderator of two online forums for mobile devices specifically on Android OS.

## If I could be anywhere in the world right now it would be...

Back at home in the Philippines with my family, sitting on the beach with a beer, eating seafood. I haven't been home since I moved to New Zealand five years ago.

# What do you do on a typical Sunday?

My typical Sunday (pre-COVID-19) usually starts with attending Mass with my wife and three kids, then lunch in a Chinese Restaurant on Church Corner. Oftentimes we are joined by my brother and sister, together and their family.

#### What's your favourite food?

Seafood. Maybe because I was born and raised on an island.

#### And your favourite music?

Almost all alternative music of the 90s and a bit of Rock and Punk.

# Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from local Canterbury businesses to say thank you for all that you do.

Check out <u>Something For You</u> on the intranet for more information on these deals and many more!





#### **Noel Leeming**

Get special deals from Noel Leeming on a large range of items instore. Print <u>this flyer</u> or take a photo and show instore to redeem. Promotion ends Sunday 21 June.



Burgers and Beers - 32 Oxford Terrace, Eats on Oxford

Get 10 percent off lunch deal combos or receive free halfportion fries with the purchase of a dinner-sized burger. Show your Canterbury DHB ID to redeem. Valid until 20 June 2020.



Focus Optometry - 65 Tancred Street, Ashburton

Half price comprehensive eye exam (usually \$69) for CDHB staff and their immediate family – show your Canterbury DHB ID to redeem.



Orange Theory - 86 Moorhouse Ave, Christchurch Central

Receive 20 percent off your membership fees for your first six months, sign up and you will also get your first week free and free heart rate monitor (valued at \$85) – show your Canterbury DHB ID when signing up.

# More volunteers wanted to collect green waste from staff kitchen areas

So far 17 staff members from across Canterbury DHB are taking home the green waste from their staff kitchen areas.

Join them and you too can give your compost a nutrient boost. Not only will you be growing amazing food, it will help reduce the amount of waste we're sending to landfill and save the organisation a significant amount of money.

If you're interested in volunteering or would like some more information, please phone Steven on extension 80854 or email steven.muir@cdhb.health.nz.

He will set you up with a four-litre container with a 'green waste' sticker on the lid and will also send you some tips on how to make the most out of the waste and keep it hygienic.







# Health Quality & Safety Commission e-digest

The latest issue of the Health Quality & Safety Commission New Zealand's e-digest is out now.

#### Stories include:

- > how a multidisciplinary team is improving patient outcomes
- > a case study looking at the use of clinical phone appointments for oncology patients
- > Bernadette Pereira MNZM honoured in the 2020 Queen's Birthday Honours
- > resources for providers starting quality improvement projects
- > Maternity Early Warning System virtual grand round presentation
- > shared goals of care factsheet for patients and whānau.

Plus much more. Read the full e-digest online here.



The Canterbury District Health Board Youth Advisory Council is hosting a talk series for young people around health and wellbeing called YAC Yarns every Sunday night at 7pm with a range of speakers from different organisations.

Join the livestream on the Canterbury DHB Youth Advisory Council Facebook page every Sunday night at 7pm or to watch the sessions at a later date, as they will be recorded and put on Facebook and YouTube.

Please share this series with young people you know in Canterbury. For more information, check out Canterbury DHB Youth Advisory Council Facebook page or contact them directly via <a href="mailto:cdhbyouth@gmail.com">cdhbyouth@gmail.com</a>.

If you are a health professional from any field that would like to be involved in the talk series, email <a href="mailto:cdhbyouth@gmail.com">cdhbyouth@gmail.com</a>.

