## Te Whatu Ora Waitaha Pānui Health New Zealand Canterbury News

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Te Whatu Ora

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Waitaha Canterbury











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Cover photo: Competitors in the paediatric boat race, from left, Resident Medical Officer (RMO) Hannah O'Brien, Senior Medical Officer Lydia Foley, RMO Annabel Merrett and Registered Nurse Leigh McConchie

## Kupu Arataki – Introduction

## New Year, new health system takes shape

#### Kia ora tātou

Welcome to 2023 – I hope you managed some downtime over the holiday period and had a well-deserved restful break. Thanks to everyone who worked through the festive season – a traditionally busy period for health services. If you worked through, I hope you have some leave planned in the near future.

This is our first pānui for the year, and you'll see news of appointments to new roles as our health system is reformed to better meet the needs of all the communities we serve.

I am always so impressed with the calibre of innovation and research carried out by our teams, despite how busy things are with high levels of acute demand. Today you can read about the impressive work carried out in a collaborative way by people working in the community and in our hospitals, to support people with COPD (Chronic Obstructive Pulmonary Disease) to receive more care in their homes and spend less time in hospital. It's simply outstanding what has been achieved by the team over a number of years.

In the middle of summer, we are already starting to plan for winter, and as a system we're looking at all the initiatives we have to provide care for more people closer to home – we know that those who provide care are often the best source of system improvement ideas, so if you have a chance to be involved to make a difference, please make the most of the opportunity.

Have a great week. Kia pai tō koutou rā

Peter Bramley

Interim District Director Hospital and Specialist Services Waitaha | Canterbury

#### The Year of the Rabbit

Yesterday was Lunar New Year, which coincides with Chinese New Year, and marks the beginning of the Year of the Rabbit.

The sign of Rabbit is a symbol of longevity, peace, and prosperity in Chinese culture and 2023 is predicted to be a year of hope. That sounds pretty good!

People born in the Year of the Rabbit are said to be vigilant, witty, quick-minded, and ingenious. Famous Rabbits include Albert Einstein, Michael Jordan, David Beckham and World Cup winner Lionel Messi.

Go to page 15 to learn more about the Lunar New Year.



### **Recent appointments**

#### Regional Director - Hospital and Specialist Services - Te Waipounamu, Dan Pallister-Coward

Dan Pallister-Coward is the new Regional Director – Hospital and Specialist Services for Te Waipounamu. Dan held leadership positions within the former Canterbury District Health Board for nine years, including General Manager for Burwood Hospital and the services covering Older Person's Health, orthopaedics, community rehabilitation services and community dental services. For the past six months he was interim National Chief Operating Officer.

Dan sees the Regional Director role as an exciting challenge in today's environment of innovative change with focus on equity. "I look forward to strengthening our relationships across the community in partnership with iwi, growing the trust to influence change, while growing the teams to meet future demands on our services."



Regional Director - Hospital and Specialist Services - Te Waipounamu, Dan Pallister-Coward

Dan brings strong leadership, partnership and relationship skills that continue to be applied wider than the health sector, with a passion for continuous development, curiosity and self-awareness that enables him to transition across environments.

#### Interim Hospital and Specialist Services Lead for Waitaha Canterbury, Lisa Blackler

Lisa has been seconded for a period of five months from South Canterbury, where she is currently Director Patient, Nursing and Midwifery. With extensive clinical leadership experience, Lisa has an eye for operational success and excellence. She has held operational leadership roles in health for more than twenty years, beginning her journey in Southland before extending and expanding her career with Queensland Health.

Lisa is looking forward to working with the Waitaha Canterbury team as we continue to provide quality health services to our community.

She will start with us on Monday 30 January after a handover from Peter Bramley who is currently covering this interim role.



Interim Hospital and Specialist Services Lead for Waitaha Canterbury, Lisa Blackler

#### Director, System Delivery for Hospital and Specialist Services (HSS), Jo Gibbs

Accountable for setting the parameters and managing the operational performance of care in our hospitals across Aotearoa, Jo will take up this permanent role on 1 February.

With a wealth of executive-level experience, she has a proven track record in transformational change, leading high-performing operations and delivering safe and efficient services within multi-site organisations.

Since July 2022, Jo has led the design of the HSS operating model and previously held the roles of Interim National Director for the National Public Health Service, National Director for the COVID-19 Vaccination and Immunisation Programme and Director of Provider services in Te Toka Tumai, Auckland.

Jo was appointed an Officer of the New Zealand Order of Merit in the 2023 New Year Honours List for services to Public Health.



Director, System Delivery for Hospital and Specialist Services, Jo Gibbs will assume her role on 1 February

#### Te Waipounamu (South Island) Regional Wayfinder - Chiquita Hansen

Currently seconded on a part time basis to Te Whatu Ora as Co-Director Primary, Community and Rural Early Actions, Chiquita will be stepping into the Regional Wayfinder role from the 14 February.

The Regional Wayfinder role is responsible for providing rangatiratanga leadership to multiple locally-based Commissioning teams across the relevant region in order to ensure that locality teams are able to support their local communities and whānau in the pursuit of Pae Ora.

Chiquita has held a variety of nursing leadership roles and has been Chief Executive of the MidCentral district's Primary Health Organisation, THINK Hauora since 2013. Chiquita is passionate about whanau and community led solutions and has strongly advocated a pro-equity approach to health service delivery.



Vince was the first Regional Director to be appointed and took up the role last August.

His role is focused on leading public health services at a regional level and working in partnership with colleagues at Te Whatu Ora, Te Aka Whai Ora and the Public Health Agency.



Te Waipounamu (South Island) Regional Wayfinder Chiquita Hansen will assume her new role next month (photo courtesy of New Zealand Doctor)



Regional Director for the National Public Health Service, Vince Barry

### New Year ins and outs are the new resolutions

Whether it is something you do or not, most of us realise that very few New Year resolutions actually stick. The commitment to eliminate sugar, exercise more frequently or learn a musical instrument may last for a few weeks but often by the time the temperature starts to cool, so has our passion for our New Year resolution(s).

In 2023, the alternative to resolutions is to create in and out lists. These are essentially lists of things you are going to endeavour to eliminate from your life or change, and things you will try to take up, engage with or do more.

It could be something as simple as your fashion choices, or something significant about your health or personal relationships. An in and out list is also not necessarily about eliminating 'bad' or unhealthy habits either. Perhaps you are simply shifting your priorities, adjusting focus or just pushing yourself out of your comfort zone.

It's a fun way to assess what you want out of 2023, so what would be on your in and out list?





### Police bring smiles to kids in hospital

Christchurch Police South Public Safety Team 3 paid a visit to Christchurch Hospital to spread a bit of festive joy over the holidays.

They visited the children's wards, Child Oncology and Children's Emergency Department giving out teddy bears and other gifts kindly supplied by The Kiwi Kids Charity.

The visit was a hit with the children, whānau and staff, with all enjoying the interaction.

"This is the second year we have visited the hospital. I think my team get just as much out of it as the kids," said Sergeant Dougall Struthers.

It's a tough time for them to be in hospital but the smiles that we get when we turn up are awesome!"



Photo provided by Canterbury Police

## Paediatric boat race returns in 2023

COVID-19 put a temporary two-year halt on the annual paediatric boat race but it was back in 2023! Teams of two (in fantastic fancy dress) made up of competitors from the University of Otago and Christchurch Hospital paediatric clinicians, raced on the Avon River. Participants were competing for a trophy and impressive bragging rights.

Go to  $\underline{\text{page }17}$  to read about the event and see more photos.



The winning team cross the finishing line

#### COVID-19 in 2023

In January 2022, our COVID-19 messaging was focused on preparing for the arrival of the Omicron variant by ensuring we had our boosters and essential items for isolating and treating mild COVID-19 symptoms at home. Omicron did spread widely across our community and thousands of Cantabrians experienced first-hand, the importance of those messages.

So, what do we need to know about COVID-19 in January 2023?

- With a relatively highly vaccinated population, we continue to transition from an emergency response to COVID-19, to managing with COVID-19 in our community
- > We expect COVID-19 to be present in our communities for some time and recognise that our health system needs to be resilient as we face outbreaks in the future
- Over the medium to long-term, it will be managed in a similar way to other public health diseases, which means that services will change over time
- > Most of the key messages of 2022 remain in 2023:
  - » Vaccination is still one of the best things we can do to protect ourselves from serious illness, hospitalisation and death. They remain free in 2023 so make sure you're up to date (vaccinatecanterburywestcoast.nz/)

- » Masks are still required to be worn in all health and aged care facilities. They are recommended for any indoor space where people are in close quarters or there is poor ventilation
- » Rapid antigen tests (RATs) are also free and widely available (check: <u>www.requestrats.</u> <u>covid19.health.nz</u> or call 0800 222 478
- » Stay home if you're unwell. Most people who contract COVID-19 will be able to recover at home with over the counter medications
- » Care will continue to be available for those who need it through telehealth services like Healthline, local healthcare and service providers, and our hospitals. If symptoms get worse or people need advice on how to manage, they can call their local healthcare provider, pharmacy, or Healthline on 0800 358 5453
- » Antiviral medicines remain widely available to those who need them. To understand the eligibility criteria, <u>check here</u>.

COVID-19 has been in our lives for almost three years and while we have learned a lot in that time, the virus is constantly changing. New variants that emerged overseas in recent months are beginning to show up in New Zealand. It is important that we continue to apply all that we know to be effective in protecting ourselves and others from COVID-19.

## Update on COVID-19 vaccination for infants and children

Approval has been granted for the use of the paediatric Pfizer COVID-19 vaccine for children aged six months to four years who are at higher risk of severe disease if they were to catch the virus.

Eligibility is limited to children who are severely immunocompromised, or who have complex and/ or multiple health conditions which increase the risk of severe disease from COVID-19 (following the Starship Child Health table of underlying comorbidities).

The vaccine for this age group is an adapted version of the vaccine for five to 11-year olds and will be three doses. It is expected to be available from next month and when this is confirmed, parents and caregivers will be able to book their youngsters by calling Healthline on 0800 282 926 or by visiting www.bookmyvaccine.covid19.health.nz.

You can read the <u>full government announcement</u> <u>here</u>.

#### **New Year Honours 2023**

Canterbury was well represented in the recent New Year Honours and some of those recognised have a close association with Te Whatu Ora Waitaha.

## Grant Cleland awarded Officer of the New Zealand Order of Merit (ONZM) for services to disabled people

The Independent Chair of the Te Whatu Ora Waitaha Disability Steering Group, Grant has spent more than 30 years supporting disable people and their whānau.

He has held a range of management and other roles with services in tertiary education, employment, social work, health, contracting and auditing, at national and local levels.

You can read his full honours announcement here.

## Janine Rania Morrell-Gunn awarded Officer of the New Zealand Order of Merit (ONZM) for services to children's television and the community

Janine is a member of the Māia Health Foundation Board, currently supporting the build of the new outpatient mental health facility for children and youth on the Hillmorton campus.

With more than 35 years in media, she is an advocate for children's education and providing them a voice.

You can read <u>her full honours announcement here</u>.



2023 New Year Honour recipient Grant Cleland (photo courtesy of the 2022 Disability inclusive pathways conference)



2023 New Year Honour recipient Janine Morrell-Gunn (photo courtesy of stuff.co.nz)

#### Nancy McShane awarded Queen's Service Medal (QSM) for services to women and pay equity

Medical Secretary at Hillmorton Hospital, Nancy McShane has been a tireless advocate for pay equality for more than 15 years.

Her hard work helped lead to the Equal Pay Act and she remains focused on equity and changing the perception of roles that are traditionally female-dominated.

You can read Nancy's full honours announcement here and go to page 10 for a detailed profile.

## Quiz - 90s TV shows

There was Ross and Rachel, Jerry, George, Kramer and Elaine. We had Patsy and Eddy, The Fresh Prince and Vicar of Dibley. How much TV did you watch in the 1990s?

- 1. Which of the following is <u>not</u> a memorable quote from the TV series Seinfeld?
  - a. Yada, yada, yada.
  - b. Serenity now!
  - c. A festivus for the rest of us
  - d. No soup for two
- 2. Which unusual 90s TV show followed the investigation into the murder of Laura Palmer?
  - a. The X Files
  - b. Twin Peaks
  - c. Party of Five
  - d. The Sopranos
- 3. Friends character Phoebe had an identical twin sister called Ursula who popped up occasionally. Ursula was also a recurring character in what other 90s sitcom?
  - a. Mad about you
  - b. Murphy Brown
  - c. Frasier
  - d. Everybody loves Raymond
- 4. The world was introduced to Mr Bean in 1990. Mr Bean drove a citron-green mini and had regular encounters with a pale blue minivan. What was distinctive about that vehicle?
  - a. It had a Union Jack painted on the side
  - b. It was a convertible
  - c. It had three wheels
  - d. It didn't have doors
- 5. What job did Charlotte York hold for a time in the TV series Sex and the City?
  - a. Lawyer
  - b. Author
  - c. Art Dealer
  - d. Advertising Executive
- 6. The Fresh Prince of Bel Air made Will Smith famous. The theme song has also remained well known. Fill in the gap in these lyrics: "In ........ born and raised".
  - a. West Philadelphia
  - b. South Philadelphia
  - c. East Philadelphia
  - d. North Philadelphia

- 7. Which government organisation did Mulder and Scully work for in The X-Files?
  - a. The CIA
  - b The FRI
  - c. The IRS
  - d. A secret and un-named organisation
- 8. What critically acclaimed TV show that premiered in the 90s, did Bruce Springsteen's guitarist, Steven Van Zandt appear in?
  - a. ER
  - b. NYPD Blue
  - c. The Sopranos
  - d. Law & Order
- 9. The 90s show Ally McBeal was set in what business?
  - a. An advertising agency
  - b. A law firm
  - c. A technology start up
  - d. A department store
- 10. Kiwi favourite Shortland Street premiered in 1992 and over the years has served up some pretty big dramas. Kidnappings, murders, fires, car chases and crashes, fights, weddings and dozens of scandals. Which of the following has <u>not</u> been a Shortland Street plotline?
  - a. One of the nurses was a serial killer
  - A doctor suffering from Hero Complex exploded a bomb where the staff were holding their Christmas party
  - c. A truck crashed into the hospital
  - d. These have all been Shortland Street plotlines

Check your answers on page 25

## Ā mātou tāngata - Our people

## Recognition for hard fought battle

Medical Secretary Nancy McShane was recognised in the 2023 New Year Honours with a Queen's Service Medal (QSM) for her advocacy that began almost 15 years ago.

In 2007, the Helen Clark-led Labour government had authorised a significant pay increase for (then) district health board (DHB) administrative and clerical staff. It was implemented in the North Island but not the South, before Labour lost to National in the 2008 general election.

The incoming government repealed the pay increase which meant the South Island staff missed out. It was this situation that prompted Nancy to become involved – and a long battle commenced.

In the ensuing years, Nancy became a delegate with New Zealand's largest trade union, the Public Service Association (PSA) and subsequently coconvenor of the Women's Network within the PSA. She has regularly lobbied Parliament and describes meeting with not just her local MPs but presenting to Select Committee in Wellington. Nancy considers being able to get MPs on both sides to pay attention to her as a great personal achievement!

Nancy's proudest personal moment came in 2017, when some months prior to the general election, the then National government introduced a bill in Parliament to disestablish the Equal Pay Act of 1972.

"I took the PSA Women's Network to Parliament and lobbied the opposition parties, urging them not to support that bill. This led to equal pay becoming a key election issue," says Nancy.

"I am very proud our PSA women's committee was able to safeguard the Equal Pay Act – had National been able to dis-establish the Act, any progress made on equal pay would have regressed by 50 years. Instead, we are now seeing claims being raised and settled and women being paid fairly for the work they do."

Once elected, the current Labour government raised the Equal Pay Amendment Bill, designed to make it easier for women to receive equal pay. The bill passed into legislation in 2020.



Medical Secretary Nancy McShane at the afternoon tea to celebrate her Queen's Service Medal

The (then) DHB Administration Equal Pay claim was the first claim to be successfully bargained under this new legislation, and Nancy says in many ways it meant navigating unchartered territory.

"We had to design everything from scratch. All the procedures, documentation and more that we developed throughout the admin claim is now being used to inform the bargaining process for all the other equal pay claims in the health sector."

The equal pay 'win' has not slowed Nancy down. She remains passionately focused on pay and gender inequality in New Zealand. In 2023 she will be supporting her PSA, Allied Health and nursing colleagues with their equal pay negotiations.

She is also lobbying the government to implement pay transparency (the disclosure of remuneration at a systemic, organisation-wide level, with disclosure generally unable to be linked to a particular employee's pay) and working to close the ethnic gender pay gap. Māori and Pacific women currently earn around 25 percent less than the average Pākehā man.

Nancy also strives to change the perception of 'traditionally female' roles in health and other industries. She advocates on social issues relevant to women and their ability to work and live free from dependence or domestic violence.

Congratulations Nancy on this well-deserved recognition for all your hard mahi.



Hillmorton Hospital colleagues celebrated Nancy's QSM with an afternoon tea. From left Clinical Director Colin Dewar, Rosters Officer Penny Hart, Charge Nurse Managers Erin Dellaway, Carolyn Park, and Alex Leigh Gilchrist, Medical Secretary and QSM recipient Nancy McShane, Nursing Director Patrick McAllister, Administrator Lynette Woodgate and Personal Assistant Ali Leckie





## When 'one size fits all' doesn't fit everyone

After 18 months supporting disabled people's access to the COVID-19 vaccination programme, the Canterbury Vaccination Disability team is integrating into the wider immunisation programme for 2023.

We took a look back at their valuable work in the community.

Allison Nichols-Dunsmuir has worked as the team's Disability Advisor and Equity Lead since early 2021, applying a disability lens to the vaccination programme. She says that in addition to improving the accessibility of the mainstream vaccination sites, the team focused on providing specialised vaccination initiatives for the disabled community.

"From the early days of New Zealand's mass vaccination programme, it was clear that we needed to take a tailored approach to make sure that no one was dismissed or left behind.

"Mass vaccination sites offered up all sorts of challenges for disabled people. In those days, we were looking at muddy carparks, long distances to travel, busy clinics, and even doorways which didn't fit a wheelchair.

"Our refrain became 'one size fits all doesn't fit everyone', something that Hector Matthews espoused as Executive Director of Māori and Pacific Health. This set the scene for a fresh look at what was needed right across the board."

#### Doing what was needed

"Although we worked to provide consistency through vaccination services in 'familiar places and by trusted faces', we had our own quite unique challenges here. Many of these related to some long-term impacts of the Canterbury earthquakes," Allison says.

"Some of our NGO disability partners were still operating out of temporary or unsuitable premises, meaning we didn't have obvious known locations to host vaccination events for the disability community. And at the same time, we knew a lot of disabled people were struggling with the very real fear of the pandemic."

Without established facilities, disability and low-sensory vaccination events were hosted at community locations such as Nurse Maude's McDougall House and the Ascot Hub Community Hall in North New Brighton.

In her role as Project Manager Immunisation/ Disability, Pauline Armstrong orchestrated many of these events.



The location of the Nurse Maude low sensory clinic in Christchurch

"The disability community is a diverse group of people, and we couldn't expect to predict all their needs. Instead, we listened to what communities wanted, reaching out to the various disability support organisations and advocacy groups, she says.

"We found venues that enabled a safe space, a calm environment, and longer appointment times. We took a bit of a 'whatever it takes' approach, because every single person we met had different needs."

"I remember with one child the appointment took a full hour. The vaccinator let them know they could take as long as was needed, providing reassurance that there was no hurry. They got there in the end, and that child left vaccinated and very proud of themselves.

"Sometimes, it didn't happen, and that was okay too. Home visits were another option for people, and were provided for social reasons as well as physical disabilities," she says.

#### **Addressing individual needs**

As well as offering the disability vaccination clinics and home visits, the team worked closely with specialist schools to vaccinate children and young adults with individual needs.

Philippa Savage coordinated Canterbury's specialist school vaccination events.

"These schools know their students, and knew that they needed a safe, trusted place to be vaccinated. Given the nature of the neurological and cognitive conditions that many of these children have, a few of them were understandably reluctant to receive a vaccination."

However, they were well prepared and supported by their school communities. It was a privilege to bring a team of vaccinators into their space and to work closely with the staff and whānau to support these children, she says.

"We often heard that if there hadn't been the option of these in-school vaccinations, whānau weren't sure how they would get their family member vaccinated," says Philippa.

Senior Operations Manager Megan Clark leads the Canterbury vaccination programme. She believes that the equity approach taken by the programme, working with community organisations and putting people first, enabled success and ensured many more at-risk people were vaccinated.

"Every day was a state of transition, with sometimes quite rapid changes over a short period of time. The disability team worked closely with community support organisations to communicate the latest information and to deliver vaccinations in a different, more collaborative way," she says.

#### Learnings for the future

As we head into 2023, some of the team will continue to plan disability vaccination events and coordinate home vaccinations, while others will return to their previous roles.

Allison says the team's work during the pandemic has forever changed Canterbury's health response for disabled people in a crisis.

"The emergence of the Omicron variant and widespread community transmission meant that risks to disabled people increased. We have learned a lot about the mitigations needed to support disabled people, and how to break down the barriers to ensure that their voices are heard. I'm looking forward to sharing our learnings more widely throughout Aotearoa's health sector."

## Hard work pays off for orderly

Christchurch Hospital Orderly Wiremu Manahi-Holm is the proud recipient of a NZQF Level 3 certificate.

Passing the New Zealand Qualifications Framework Certificate in Health and Wellbeing Orderly Services paper means he is 90 percent qualified in all aspects of orderly work.

The former Project SEARCH intern began the role in February last year and since then has steadily impressed his colleagues with his attitude and achievements. Project SEARCH is an employer-led programme providing a year-long internship to students with learning disabilities, so they can develop new skills in the workplace, supported by a transitional school environment.

"I am proud to get the certificate, it was a lot of hard work but worth it in the end. I learnt a lot while completing the modules and I believe it will help me to become a better orderly", Wiremu says.

Christchurch Hospital Orderlies Manager Alan Heney says Wiremu has proved to be a star orderly, going from strength to strength.

"He is always willing to learn new duties and is growing into a fine, confident young man."

Te Whatu Ora Waitaha Project SEARCH Tutor Linda Leishman says Wiremu's dedication and hard work during his Project SEARCH year has resulted in a great outcome.



Christchurch Hospital Orderly Wiremu Manahi-Holm

"We are proud to see his career progression in such a short time and thank the Te Whatu Ora staff who support the Project SEARCH programme and believe in what our young people can achieve".





## Lunar New Year 2023 celebrations a time for family, love and hope

Sunday 22 January marked Lunar New Year 2023 – The Year of The Rabbit - a significant event in East Asian cultures.

In Chinese culture, the rabbit is seen as a symbol of longevity, peace and prosperity, with 2023 being a year of hope. Observed around the moon cycle, Lunar New Year is an important event for many communities in Aotearoa New Zealand as well as many of our kaimahi (staff) here at Te Whatu Ora.

Te Whatu Ora Waitaha
Information Services Group (ISG)
Service Desk Kaiārahi Team
Leader. Sam (Hapreet) Virdi
says Lunar New Year is all about
whānau and tamariki coming
together to celebrate and wish
each other the best of luck for the
future.

"It means sharing love by giving out red envelopes ('lucky money') to the younger generations of the family. The colour red is the lucky colour in China, and the envelope contains the elders' blessings and best wishes for the young."

Sam kicked off his celebrations by cleaning the house, doing some New Year's shopping, and putting up spring couplets (pairs of verses written in black or gold ink on red paper). He continued by giving gifts to family and enjoying special treats such as dumplings dipped in garlicsoaked vinegar, as well as offering sacrifices to ancestors and setting off firecrackers.

Sam says the rabbit, the fourth animal in the Chinese zodiac, is known to be the luckiest out of all the 12 animals.

"To me, the rabbit symbolises patience and luck. I believe this year will bring qualities that may have been lacking in the previous year, such as peace and success. Additionally, financial success will be easier to achieve this year. Most Chinese people believe that what you do at the beginning of a new year will affect your luck in the coming year. Doing good things for others will certainly, bring good luck to ourselves," he says.

Those lucky enough to be born in the year of the rabbit (2023, 2011, 1999, 1987, 1975, 1963, 1951, 1939, 1927), are believed to be vigilant, witty, quick-minded, ingenious, gentle, elegant, kind, patient and responsible.

Sam says he is happy to share his Lunar New Year traditions as it important to acknowledge sociocultural differences.

"This boosts the morale of kaimahi helping them feel like they belong to the whakahaere (organisation), broadens our perspectives and contributes to an environment where every culture represented in Te Whatu Ora is respected."

We wish everyone a Happy Lunar New Year. There is a <u>colouring in</u> <u>competition</u> for whānau to enjoy for the chance to win a wee Lunar New Year prize. Entries close Friday 27 January.



ISG Service Desk Kaiārahi Team Leader Sam (Hapreet) Virdi

## Addressing information and services around disability

By Senior Advisor Disability Communications and Engagement – Te Whatu Ora Waitaha, Paul Barclay

Having completed my first six months in this role, I'm taking time to reflect.

The position of Senior Advisor Disability
Communications and Engagement was established to connect with the disability community and to identify and determine actions to address the barriers to disabled people accessing health services.

Barriers can include accessing information, services, facilities and employment. My position focused predominantly on the first two, information and services.

Probably my greatest achievement in this role was getting the Disability Equity Module included as a mandatory part of the induction for all staff. Twenty-four percent of the New Zealand population and about one third of people accessing health services, live with disability. Disabled people have poorer health outcomes than the general population. Having a workforce that has a fundamental introductory knowledge of disability is a great starting point.

I also succeeded in reconvening the Accessible Information Working Group (AIWG) which had been in recess due to COVID-19. Accessible information is key to us having a healthier and more informed population.

Encompassing almost everything that we do and including Medical Illustrations, Communications, Quality, Administration, Information Services Group (ISG), Wayfinding/signage, HealthInfo, the AIWG also now includes representatives from Pegasus Health to reflect the role that primary health has in the provision of health information.

Another achievement has been a visible presence to remind Te Whatu Ora Waitaha staff about disability and accessibility. I have had conversations with colleagues in areas, from health and safety, to paediatric autism to customer services, ISG and midwifery. Disability has an impact on everything that we do.



Paul Barclay Senior Advisor Disability Communications and Engagement

There are still many things to be done. We do not yet have fully accessible facilities; our services are still not always seen as welcoming to disabled people, and we have a way to go to educate all staff about producing accessible information. There are still issues around disabled people navigating their way through the health system and disabled people are still a very small proportion of our workforce.

A lot has been achieved, but it is only the start. Te Pae Tata has a large focus on disabled people. Developing services and implementing processes to meet those disability-related goals in Te Pae Tata is still needed.

### **Paediatric boat race**

After a two-year hiatus due to COVID-19, the annual paediatric boat race took place on 13 January.

Organised within Child Health, the boat race participants are from the multidisciplinary teams within the service. It is run purely for fun (and the love of fancy dress) and to bring our teams together.

The 15 teams of two who competed this year included Resident Medical Officers, Senior Medical Officers, nursing staff, play specialists and dieticians from the multi-disciplinary team and a boat led by the highly competitive Clinical Director James Hector-Taylor.

The teams wore elaborate fancy dress and visited the children's wards to spread a little cheer before heading to the Antigua Boat Sheds (who provided the kayaks free of charge). The paddlers followed a chaotic 200m course down the Avon River with most emerging looking like they actually swam the race.

This year's winners were Paediatric Registrar Sarah Masterton and Senior Medical Officer Lydia Foley. They received a trophy, Iollies and the deepest respect of their peers and fellow competitors.

The University of Otago sponsored pizza for the grateful racers after the event which they hope to hold again in 2024.



The participants visited the children's wards before the race



From left, Registered Nurses Chelsea Corbett, Christine Dugdale, Tracey Bruce and Isabelle Walker. Chelsea, Christine and Tracey are also nurse educators



Registered Nurses Emily Horgan and Leigh McConchie



The boat race competitors in their fancy dress



And they're off!



The boat race attracted a lot of spectators



Clinical Director James Hector-Taylor and Senior Medical Officer Paul Shillito race to second place



Competitors copped a drenching



The winners' podium. From left, in third place, Play Specialists Melinda White and Jemma Thomas, in first place, Paediatric Registrar Sarah Masterton and Senior Medical Officer Lydia Foley and in second place, Clinical Director James Hector-Taylor and Senior Medical Officer Paul Shillito



Boat race winners Paediatric Registrar Sarah Masterton and Senior Medical Officer Lydia Foley

## My slice of Kiwi heaven

#### Lake Tekapo in winter

Lake Tekapo in winter will always have a special place in my heart. How can you not fall in love with the striking blue colour of the lake with the snow-clad mountains as the backdrop? I always make sure I wake up very early in the morning to avoid the crowds and just sit by the water hearing the waves splash against the rocks. Also helps me get the perfect shot.

Ruchita Bharbhari – Senior Communications Advisor



A sunrise shot of the Church of the Good Shepherd at Lake Tekapo

#### **Heaphy Track**

We're spoilt for choice in Aotearoa, but I do particularly love the southern end of the Heaphy Track. It's all about the nīkau palms really - they remind me that we are indeed a South Pacific island - even though the water is freezing! The West Coast rainforest is one of my favourite environments so coupled with golden sand, crashing waves and nīkau palms, this place is both unique and spectacular.

Jacqui Benter-Lynch - Organisational Development Specialist



Jacqui's husband cycling the Heaphy Track with her last year

Share with us your 'happy place' in Aotearoa New Zealand. Somewhere you love where you can relax, have fun, get physical or be with people who mean a lot to you. A place you may think is beautiful or that brings back happy memories. It could be a town, a river, a beach. It might be a fishing spot, a park, a walking track, a restaurant or even a whole city. Where is your slice of Kiwi heaven?

<u>Click here</u> to share your submission (you must do this from your work email address). If you have any issues, please email <u>communications@cdhb.health.nz</u>

### One minute with... Kristian Rubi Registered Nurse/ Clinical Assessor Older Persons Health Community Services Team

#### What does your job involve?

Assessment and planning of care for clients 65 years and older in the community. I identify and coordinate the support they need at home and refer to providers such as: assistance with personal care, medications, meal preparation or housework. I help the clients reach the best outcomes of their goal of care, whether that's to stay longer at home or to facilitate their entry to residential care. I am also an advocate for my client's health and wellbeing through client education, support and advocacy and I liaise with other health professionals in my team to achieve the best possible services for my clients.

## What advice would you give someone keen to enter your field?

Just be prepared for anything. When you work in the community. Most of time you work by yourself, and a lot of unexpected things may happen. It pays to be observant, flexible and cool under pressure. Always ask for guidance and advice from the team, as they can help you improve your plan and the delivery of care for your client.

#### Who inspires you and why?

I am inspired by my parents and grandparents who raised me and helped me to be who I am now. I am lucky to have such great parents. Working with the elderly in the community has increased my appreciation and love for my whānau. In return, the guidance

and upbringing I received from them makes me appreciate my work more and helps me become a steadfast advocate of elderly health and wellbeing.

## What do Waitaha Canterbury's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

In my role, it is essential to respect client's choices, privacy and rights, advocating and assisting them with their health and wellbeing without disrespecting their culture and beliefs. By including them and their whānau in their goals of care and by setting our own beliefs aside to deliver a non-biased and fair service to them.

## If you could be anywhere in the world right now where would you be?

I feel Christchurch is where I am destined to be. It is much more like home. As a migrant turned New Zealand citizen, I have experienced many challenges in order to live in New Zealand. I feel more appreciated and valued for my work as a nurse and at the same time have more opportunities to grow and succeed in my field. I am slowly growing roots. This is my second home and will ultimately be my forever home.



## Who would you want to play you if there was a movie made about your life?

I want James Corden to play me. A triple threat: can sing, dance and act. I feel he is probably as smart and talented as I am!

## What are your hobbies/interests outside of work?

I am very active in music, theatre and the arts. When I am not out doing community visits, I'm rehearsing for a show or concert, organising events, or maybe singing my heart out at a karaoke party! Currently, I am a member of The Vocal Collective Choir, a member of the Halswell Community Theatre and Centrestage Rolleston, and Choir Director/Founder of Musika Filipinas Aotearoa, an-all Filipino community choir in Christchurch. I also love to travel and explore different cultures through their food, art and history.

If you would like to take part in this column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.

## Whakamihi - Bouquets



#### Ward D1, Burwood Hospital

Big thank you for your wonderful care and support of our mother. We have been so impressed by the level of care.

#### Rachael Green, Canterbury Hauora Coordination Hub

I can't believe how good this system is and I really appreciate this for Christchurch. I've never had something like it before. You've been super genuine and kind.

#### Mike, Radiology, Christchurch Hospital

I would like to thank Mike (Radiology Orderly) who went above and beyond to help me get from the Emergency Department to Orthopaedics, back to the ward to pick up my belongings, and then to the bus stop so I could catch my bus. I had bags and crutches and really would have struggled. Thank you Mike, for your kindness, patience and great ideas.

#### Ward D1, Burwood Hospital

Dear Ward D1 staff, thank you very much for your care and compassion during my stay at Burwood. You all go above and beyond every day.

#### Ward B3, Christchurch Hospital

Many thanks for making things extra special for me. Courtney was a wonderful nurse. And thank you to my doctors for giving me extra time and to be pain free. So grateful.

#### **Parkside Ground Medical, Christchurch Hospital**

My health conditions have been varied and must be hard for the medical team here to keep on top of. Well they have, and I am impressed with the team's attitude to my care. They have been, and still are, great! A huge compliment to all for the team effort. Well done.

#### **Dental Outpatients, Christchurch Hospital**

The receptionist was very patient and kind, despite having a few issues thrown at her first thing in the morning. Shaun, the dentist, was very polite and explained carefully what he was doing. Very professional. Very good service by all.

#### Ward A7, Ward B7, Christchurch Hospital

I would like to thank all the amazing staff at Christchurch Hospital, especially the nurses in wards A7 and B7. They were all incredible during our extended stay. Also, the amazing ladies in the activity room and the play specialists. You all played an important role in our stay, from providing much needed distraction for [patient name] during procedures, to providing endless experiences to keep him busy, toys and games for our room, and not to mention, a shoulder to cry on and listening ear for me. Your services are invaluable, and we can't thank you enough.

### Big Shout Out

## To: Interpreter Services, Christchurch Hospital

All of you in Interpreter Services provide a wonderful service and I really appreciate all your help and support throughout the year. Your department is very efficient.

From: Clinic Co-ordinator, General Surgery Trish Hopping

#carestartshere

## Gynaecology Ward, Christchurch Women's Hospital

What an amazing, caring team. They put me at ease with their warm and jovial, yet professional manner. Special mention to Sam and Janie and of course the talented doctor.

#### Acute Medical Assessment Unit (AMAU), Christchurch Hospital

I'm sending a compliment to all the brilliant staff at AMAU over the Christmas season. My grandad was admitted to hospital with his condition deteriorating significantly. He was placed on end-of-life care and the next morning died peacefully with my nan at his side. The staff kept us all in the loop, made accommodations for us to all be at his side any time of the day over those few days without issue. In particular, I would like to thank Michael, who was working night shift and kindly made us hot drinks, got us water and provided us with whatever we wanted, which I might add wasn't totally necessary. It showed my family a great degree of kindness at three in the morning and beyond. Given how under the pump you have all been, there was nothing too small or too large for the staff over this difficult period.

## Gynaecology Ward, Christchurch Women's Hospital

Staff were very pleasant and helpful to me for the procedure I had. Great explanations, pain relief and advice. Awesome staff.

## Gastroenterology Department, Christchurch Hospital

The care I received when I was recently in the Gastroenterology department was excellent. All the staff, including Nurse Sophie who looked after me when I arrived, were very friendly, caring and professional. I have not been in hospital before, so this was my first experience and I was definitely impressed with the care I received. You can be very proud of the work you do despite the pressures you are under. You let none of this affect the care I received that day. Thank you very much.

## Junya Robinson, Ward B5 and Radiation Outpatients, Christchurch Hospital

My care while in Ward B5 was amazing and the Radiation Outpatients staff were all wonderful and very caring. Best I have ever been looked after in any hospital. Meals were lovely and enjoyable. Thank you also to Dr Junya Robinson for all your kindness, it is very much appreciated.

#### Ward 12, Christchurch Hospital

Please pass on my sincere thanks to the staff of Ward 12. When admitted to Ward 12 last night, Nurse Gemma went above and beyond to explain things carefully, reassure me when I was anxious and look after me. Gemma's dedication to her role, her warm manner and the she way she cared for me was outstanding. She is a real treasure. Nurse Grace's sense of humour, her happy disposition and level of care provided made me feel lucky. Ward 12, you are amazing. Be proud of the positive difference you make to people's lives.

#### IV Technician Usha Chandra

Thank you to Usha Chandra the IV Technician who inserted my IV when I was in hospital. I really dislike IVs, as over the past I have had some really sore ones that have left me anxious. Usha was professional, quick, gentle, reassuring and put me at ease as well as it not hurting. Usha should be acknowledged as one of our hospital heroines and cared for as much as she does her staff.

## Jo, Emergency Department (ED), Christchurch Hospital

I was treated in the ED Acute Area recently. My nurse Jo was wonderful and super helpful when treating me. She was lovely and respectful. 11/10, A++ for such an amazing nurse!

### Big Shout Out

## To: Ward B8, Neurosurgery, Theatres and Anaesthetics

Thank you to everyone who worked the Christmas/New Year period when others were away on holiday. Particularly, the team in Emergency, Theatres and Neurosurgery. Without singling anyone out in particular, I would like to make special mention to Simon John, Alexandria from Neurosurgery, Nurses Kayleigh, Laura, Lauren, Amber, Courtnay, Arbe, Bailey and Colin from Ward B8 and Anaesthetists Charlie and Lee, the team in OT34 and Minu in Recovery. A massive thumbs up and thank you for your care and attention!

From: Thomas Hayes, Registered Nurse

#carestartshere

## Ā mātou kōrero – Our stories

## COPD admissions and bed occupancy at a new low

The 2022 calendar year was an extra low year for COPD hospital admissions and hospital bed day occupancy in Canterbury.

COPD (chronic obstructive pulmonary disease or mate ia tuku) is a group of diseases, particularly, emphysema and chronic bronchitis that affect the lungs and airways causing breathing difficulties. It is a common cause of hospital admissions.

Our bed day occupancy has been steadily dropping since we put in place the COPD Admission Avoidance Programme back in 2012, says Community Respiratory Physician Michael Epton.

"The programme involves patients, whānau, ambulance services, general practitioner and acute community services such as after-hours medical centres, carefully assessing who can be safely looked after outside of hospital and who needs admission."

This work has been steadily improving admission numbers, reducing bed day occupancy by about 50 per cent over the last decade.

"COVID-19, lockdown and the post-lockdown situation in Aotearoa New Zealand markedly changed things, interestingly for the better," he says.

COPD admissions dropped, the winter/summer seasonal difference disappeared, and this effect continued even after lockdown finished.

"The respiratory team led by Respiratory Advanced Trainee Xianzhi (Sammy) Zhang and myself have been looking into why this occurred. We have found that communities rallying around and supporting each other, GPs using phone consults (patients with COPD struggle to get to their GP due to breathlessness), and increased awareness of the effect of viruses on people with respiratory disease (if you have a cold don't visit Granny), all impacted admission."

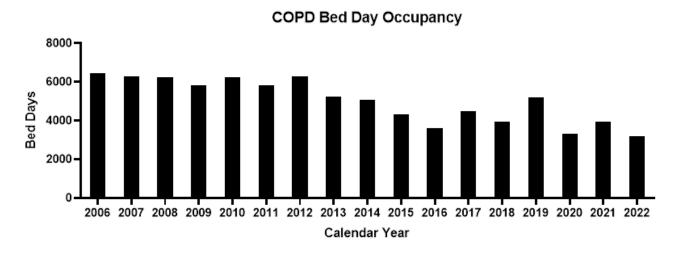
Overall admission and bed occupancy were down by 30 percent due to these factors, Michael says.

"The change was particularly noticeable for its impact on Māori – admission for COPD among Māori dropped more than for Pākehā."

Much of Canterbury's pre-COVID-19 work has already been <u>published in the BMJ</u>.

Sammy is currently preparing a paper for publication on Canterbury's latest COPD figures and his presentation is generating considerable interest among respiratory specialists.

"I think we should all be very proud of what we, as an integrated system, have been able to achieve in terms of COPD over the last 10-plus years. It's an example of what can be achieved with community-based integrated initiatives," Michael says.



The 2022 calendar year saw extra low COPD hospital admissions and hospital bed day occupancy in Canterbury

## ACC ICNet™ national expansion project

Increasingly the costs of healthcare-acquired infections (HAI) are being met by the Accident Compensation Corporation (ACC) under their treatment injury category, of which infection is the most frequent claim.

To assist in surveying and reducing the incidence of HAI, in 2017 ACC initiated a project to roll out a specialised infection software system, ICNet. This programme was called the ACC ICNet™ National Expansion Project.

The aim of the project was to support the national implementation of the ICNet system. As part of the project, ACC provided funds to encourage all New Zealand (formerly) district health boards to implement ICNet™. The project entailed ACC funding the integration of ICNet to other healthcare software systems so that the appropriate data would be available for use by Infection Prevention and Control (IP&C) teams.

ICNet™ is an infection Prevention and Control (IPC) Case Management and Reporting system that takes real time data from Laboratory, Patient Management System (PMS) and Surgery systems and makes the data available for the IPC teams in a way that helps them manage the care of infectious patients or patients with known multi-drug resistant organisms.

Features of the software include:

- infection prevention and control case management,
- > report generation,
- > auditing ability,
- > outbreak management and
- > infection surveillance.

The system allows the IPC team to be informed instantaneously of patients with potential, as well as actual, infections and infection-related conditions. This allows the IPC team to be aware of what is happening within their facility and move quickly to assure protection of other patients and staff from risks of acquiring transmissible micro-organisms.

It automates infection surveillance, saving vast amounts of IPC time and resources, and can also flag HAI for use in clinical record coding and quality improvement programmes. ICNet was implemented by Canterbury and West Coast, in 2012 and 2014 respectively.

During the five years of the project, six districts have implemented the ICNet system: Southern, MidCentral, Hawke's Bay, Lakes, Bay of Plenty, Taranaki and Waikato. The implementation involved integrating six PMS systems, six surgery systems and three new laboratories (and extended data flow from others).

As part of the project Canterbury also stood up a National ICNet Service Hub, called Trace. Through the Service Hub, Canterbury hosts ICNet and provides all technical and clinical support and training to users of the system.

During the project, ICNet was one of the first systems that Canterbury migrated as part of the Cloud Transformation Project. During COVID-19 a rapid deployment allowed some districts to receive their COVID-19 and respiratory data through ICNet. As no further districts are currently planning to implement ICNet the project has now ended.

## New Hato Hone St John Christchurch Health Shuttle

Hato Hone St John has launched a new health shuttle service this week. This shuttle service is available throughout Christchurch to assist people getting to their medical appointments in the Christchurch area; this includes all hospital and doctor appointments as well as midwife, dental and rehabilitation appointments.

This shuttle service works alongside existing Hato Hone St John shuttles, which transport patients to appointments in Christchurch from outlying areas such as Timaru, Ashburton and North Canterbury.

The service is free; however, as

A Hato Hone St
Hato Hone St John is a charity,
any donation is gratefully accepted to assist with
running costs.

The shuttle isn't a 'same-day' service. Bookings are required to be made before 3 pm the day before the appointment. Currently, there is one shuttle servicing Christchurch, with the intention to increase the number of vehicles each year. The shuttle is a short-distance service that will run multiple daily trips around the city.



A Hato Hone St John health shuttle

The shuttle currently only takes clients who can onboard and offboard independently, but wheelchair accessibility will be an option by mid-February.

To make a booking please call 0800 103 046, and please reach out to the same number if you (or someone you know) are interested in joining the service as a volunteer.

#### QUIZ ANSWERS - 90s TV shows

- 1. d. "No soup for two." (the real line is "No soup for you.")
- 2. b. Twin Peaks
- 3. a. Mad about you
- 4. c. It had three wheels
- 5. c. Art Dealer

- 6. a. West Philadelphia
- 7. b. The FBI
- 8. c. The Sopranos
- 9. b. A law firm
- 10. d. These have all been Shortland Street plotlines

## Pānui - Notices

## Something For You

Something *for You* is the Te Whatu Ora - Waitaha Canterbury employee benefits programme. The deals offered are from the New Zealand business community to say thank you for all that you do.

Something For You
Your Employee Benefits

Please see below offers for you.

## **OPSM**

#### **OPSM**

Get 15 percent off all prescription eyewear, please see more information here. Promotional code must be presented at time of appointment and ordering.



#### **SUNGLASS HUT**

Get 15 percent off all full priced sunglasses, please see more information here. Promotional code must be presented at time of appointment and ordering.



#### **OAKLEY**

Get 15 percent off all full priced eyewear, apparel, accessories and footwear, please <u>see more information here</u>. Promotional code must be presented at time of appointment and ordering.

BAILEY NELSON

BAILEY NELSON - Christchurch Central & Riccarton Get 15 percent off all prescription eyewear, an annual comprehensive eye test is also free for all customers. Show your staff ID instore to redeem.



**FOCUS OPTOMETRY** - 65 Tancred Street, Ashburton Half price comprehensive eye exam (usually \$69) for Te Whatu Ora Waitaha staff and their immediate family. Show your staff ID to redeem..



**SPECSAVERS** - Ashburton, Riccarton, Shirley, Papanui, Hornby, Rangiora

Get 25 percent off lens when selecting one pair from the \$169 range or above. <u>Click here</u> to create a voucher and redeem this offer.



Pacific Health Scholarships

2023

If you are of Pacific Islands descent and studying towards a health or disability related qualification you may be eligible to apply for a scholarship. Apply
online now.
Applications
close 3 February
2023.

These scholarships contribute to tuition fees for full-time and part-time students studying

Medicine & Dentistry

**UP TO \$10,000** 

Nursing & Midwifery

**UP TO \$5,000** 

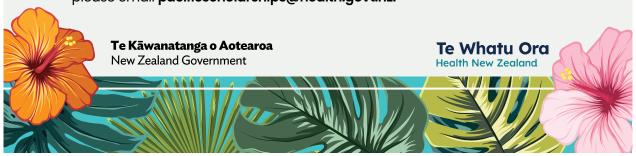
**Allied Health** 

& other eligible qualifications

**UP TO \$5,000** 

To apply and for more info visit www.tewhatuora.govt.nz/PHS2023

For enquiries and if you require further support with your application please email **pacificscholarships@health.govt.nz**.



## The Pae Ora Act and the Women's Health Strategy

Manatū Hauora (Ministry of Health) invites you to join the discussion about women's health and inform Aotearoa's first Women's Health Strategy.

As well as changing the structure of the health system, the Pae Ora Act says we need to develop a range of strategies to help guide our health system to achieve pae ora.

The Women's Health Strategy is one of those strategies. It will set the direction and priorities for improving women's health and wellbeing.

We want to hear from a wide range of people and organisations to ensure our strategy meets the needs of the women it is meant to serve.

#### Join the discussion

Your views will help us develop a Women's Health Strategy that is informed by a diverse range of voices, experiences, knowledge and visions.

There are two ways you can join the discussion about women's health.

#### 1. Share a written submission

Written submissions are an opportunity to share your thoughts about, and visions for, the health and wellbeing of women in Aotearoa. Your submission could consider:

- > your vision for women's health and wellbeing
- > what contributes to women's health and wellbeing
- > women's health and wellbeing needs
- > patterns and trends in the health and wellbeing of women
- > the health system's performance for women
- > priorities for system change
- supporting the health workforce to meet the health and wellbeing needs of women.

You can submit on behalf of an organisation or collective, community group, marae or iwi, or as an individual or whānau.

There is more information about making submissions on our website <u>Share your written submissions on the Women's Health Strategy.</u>

Written submissions are open until the 17 March 2023.

2. Contribute on our online discussion platform:

Tātou is Manatū Hauora's new online discussion space. Tātou is open to everyone, and is one way to have your voice heard across all the Pae Ora Act strategies.

Go to <u>Achieving pae ora</u> to share your thoughts and ideas about health and wellbeing.

You can visit Tātou as often as you like, and as many times as you like, to have your say.

#### Other ways to engage

Manatū Hauora is developing a New Zealand Health strategy, a workforce strategy, a Hauora Māori strategy (with Te Aka Whai Ora – Māori Health Authority), and four other population focused health strategies.

As our engagement programme continues, there will be different ways to connect and share ideas about the various Pae Ora Act strategies. As those become available, information about participating will be on the <u>Manatū Hauora website</u>.

We can also directly contact you to let you know about other ways to engage specifically on women's health as these begin. If you would like these updates, please send us the email address you would like to receive updates on.

We invite you to share this email, or its contents, with your networks. This will help us to hear a diverse range of voices, experiences, knowledge and visions for women's health and wellbeing.

You can read more about the Pae Ora Act and the health strategies on the <u>Manatū Hauora website</u>. If you have any questions about the Pae Ora strategies, the Women's Health Strategy, or getting involved, contact the team at <u>strategies@health.govt.nz</u>.

## THE SHIVERS PROJECT SOUTHERN HEMISPHERE INFLUENZA AND VACCINE EFFECTIVENESS RESEARCH & SURVEILLANCE

## 2023 SHIVERS SHOWCASE

31 JANUARY 2023 | 4PM TO 6PM

Victoria University of Wellington

Pipitea Campus, 33 Bunny Street | Rutherford House, Room RHLT2

+ Remote option, via Zoom link





The unequal burden of respiratory illnesses in Aotearoa NZ

Assoc Prof Matire Harwood General Practice & Primary Health Care, UoA



The 10th anniversary of the SHIVERS programme for influenza and surveillance research in New Zealand

Professor Sue Huang Principal Investigator -SHIVERS (WellKiwis) Senior Science Leader-Virology, (ESR)



Understanding immunity against influenza for informing better vaccine development

**Dr Paul Thomas** Dept of Immunology, St Jude Children's Research Hospital. Memphis, USA



Pandemic Influenza: Renewed Importance of Preparedness

**Dr Richard Webby**Dept of Infectious Diseases, St
Jude Children's Research Hospital.
Memphis, USA



SHIVERS-V – influenza and other respiratory viruses in a post-COVID-19 pandemic world

Professor Nikki Turner
Medical Director, The
Immunisation Advisory Centre.
Department of General Practice
and Primary Health Care, UoA



Short and long term burden of respiratory virus infection in children in Aoteoroa NZ

Assoc Prof Cass Byrnes
Paediatric Respiratory Physician,
Starship Hospital
Department of Paediatrics, UoA



Panel Discussion (all speakers) The road ahead for respiratory infection in the post COVID world

**Professor Peter McIntyre**Women's and Children's Health
Dunedin School of Medicine, UoO

Mix and mingle with canapes and drinks (cash bar) from 6 pm onwards

#### **BOOK YOUR SEAT NOW!**

To attend in-person or via zoom register at:

https://tinyurl.com/5n9bd454













#### ESSENTIAL

# The AMAZING Tracey Carr has announced a visit to New Zealand



Bariatric consumer and industry leading speaker, Tracey has kindly committed to the trip from the UK, to share her inspiring passion around better and safer care for larger patients.

She will cover all her hallmark topics including;

- From Discrimination to Empathy
- Understanding Patterns of Movement to achieve safer care
- More care, less fear.
- Other presentations including Sandy Blake From Queensland Health
- Local content presentations included
- Lunch and refreshments provided
- Free attendance for Healthcare staff

### **SAVE THE DATE - Monday 13th March 2023**

8.30am - 4pm, lunch provided

**Venue: Christchurch Hospital, Manawa Centre - HP314** 

Scan QR code to register to go to https://app.smartsheet.com/b/form/bfed9d06bfb54989ad55e2241e476a4f

