



It's great to be here – thanks for the warm welcome

I've been here a couple of weeks now and started as Acting Chief Executive last Friday. I really appreciate the warm welcome from everyone I've met. A huge thanks to Peter Bramley and all the team for the handover to help ensure I am up to speed on the many initiatives, issues and opportunities before us.

I am here to support and enable teams and individuals to continue to provide high quality health services that Canterbury is so well known for.

With just four weeks until the first patients move into Hagley, the countdown is on as preparations are finalised for a safe and smooth transition to the new building. This is one of our top priorities and I ask that everyone who is asked to support any aspect of the migration prioritises this work.

I've been extremely impressed with the detailed planning to date, and it's great to see the large numbers of staff who have completed their orientation, healthLearn training and been on a wayfinding tour. Any staff member from any service can book themselves on a wayfinding tour. This is your chance to get your bearings and learn more about how the new facility will function, before patients move in.

To book a wayfinding tour, complete the [healthLearn module](#) and follow the links.

We need to continue to build momentum with the Accelerating our Future savings programme to ensure we live within our means. It will require everyone to do their bit – no matter what your role in the organisation.



Preparations continue for the move to Christchurch Hospital Hagley. Teams started perioperative simulation testing last week and will continue this week

Over the coming weeks, I am looking forward to meeting as many of you as possible, and hearing your thoughts and ideas on current challenges and opportunities to continue to provide safe, high quality patient care.

In this issue

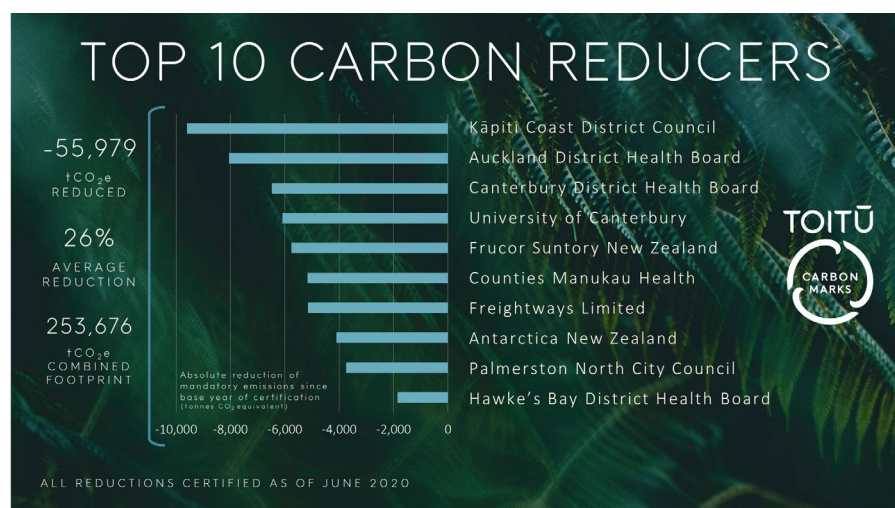
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Work underway to achieve cleaner, greener, sustainable energy for Christchurch Campus

Construction starts this week on Christchurch Campus's new Energy Centre, which will give the Christchurch Campus a safer, sustainable, modern and reliable energy supply.

Two 7.5Mw capacity biomass boilers will replace the current coal-fired boilers. The boilers will be assembled onsite at the same time as construction begins on the new Energy Centre, before being installed in the new facility. This is critical to address the damage to the existing boiler house in the 2011 earthquake and the increased risk of building failure in the event of another significant earthquake.

Biomass boilers run on waste wood and emit about 60 times fewer emissions than coal boilers. Replacing the coal boilers with biomass boilers as part of the Burwood Hospital rebuild was the main contributor to us reducing our carbon emissions by 9727 tonnes in the 2017/18 year. Coal use accounts for nearly 50 percent of our total emissions. In 2020 the DHB was recognised by Toitū Envirocare as one of the top 10 national carbon reducers.



Earlier this year Canterbury DHB was recognised by Toitū Envirocare as one of the top 10 national carbon reducers

This is an exciting step in both our environmental sustainability as a responsible organisation, and our Christchurch Campus rebuild programme. Meanwhile, you can help us reduce our emissions and contribute to our cost saving focus by turning off lights and computers when not in use and not using portable electric heaters.

A vote of thanks from our Board members

They say good things take time, and in the case of Christchurch Hospital Hagley, it's taken time along with a hefty measure of grit, determination, tenacity and sheer hard work to ensure it's all go for our planned move into the new facility next month.

Canterbury DHB's Board members asked me to acknowledge the many years of work and thank Angela Mills, the DHB's project lead, along with the rest of the Facilities Development Projects team – Shirley Butcher, Christine Corin, Andy Savin, Dale Kennedy and Irene Crombie – for everything they've done to ensure Hagley is ready.

The DHB's Project team have put a combined total of nearly 40 years into this project. They know the building inside and out! I'd also like to acknowledge the many years of work put in by former Executive Lead of Facilities Mary Gordon and former Chief Executive David Meates who both helped ensure the voices of the patient and staff were at the forefront as part of the planning and design processes.

A shout-out to the Maintenance & Engineering team too, for everything they've done to date – recognising the work of

former team members Alan Bavis and Dave Watson, along with Terry Walker and Mike Yates who have also worked tirelessly on the project.

We are now confident that everything is on track for staff and patients to start moving in next month. The Hagley Operational Transition (or HOT) team has picked up the baton and is running with it to ensure everyone knows what they need to do and when, and we have a smooth and safe transition.

Thanks to everyone involved in making sure standards have been met and value for money has been achieved in the most complex hospital build ever undertaken in New Zealand.

It really is a stunning facility which will serve our community, and those from throughout the South Island and lower North Island who come to Canterbury for care, for many years to come.

The first patients are due to move in on Monday 16 November – only four weeks away!

Acting Chief Digital Officer

With the departure of Stella Ward at the end of October Savita Devi, who is currently our ICT Services Manager, will step into the role of Acting Chief Digital Officer (Canterbury and West Coast DHBs) from 2 November while a recruitment process takes place.

I would like to thank Savita for agreeing to step into this role to ensure that both Canterbury and the West Coast DHBs remain focused on delivering and supporting the key health services for our community.

Have a great week and remember for many it's a three-day weekend with Labour day next Monday the 26th. If you're heading away take care and enjoy the break. Thank you to those who are working through to ensure health services are available to our community.

Ngā mihi nui



Andrew Brant, Acting CEO
Canterbury District Health Board

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



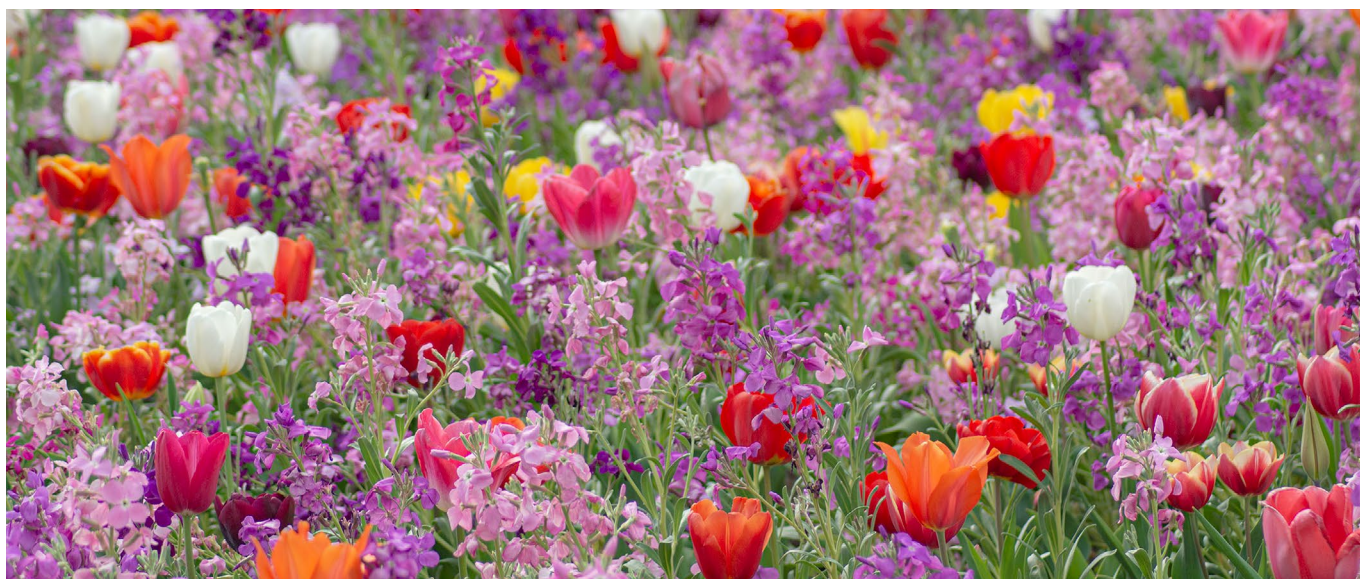
The Terrace

GARDEN PARTY

Fundraiser for the
Christchurch Hospital Hagley Terrace
garden project



24 OCTOBER 2020



Bouquets

Health staff, Managed Isolation and Quarantine Facilities, Sudima Hotel, Christchurch

The medical team here have been fantastic, taking time to have a quick chat with me when taking my temperature every second day, explaining the COVID-19 test procedure prior to my first one, and generally being professional, while exuding warmth, and care. My cousin had to be removed to hospital due to a heart issue on the first night here. They were fantastic to her and their follow-up care was wonderful. I would like to express my thanks and appreciation for their care.

Gynaecology/Oncology, Christchurch Women's Hospital

My care and treatment were first class and much appreciated. The staff and nurses were very friendly and caring. My surgeon, Bryony Simcock, and her team, were very informative and caring and made my stay relaxing and easy. I was very impressed indeed. Thank you to everyone.

Liz, Neonatal Intensive Care Unit (NICU)

Liz, the NICU registrar, was lovely and had an excellent bedside manner, and was always pleasant and thorough with her examinations of my son. She also did some teaching with some students with my son and was empathic and great with them while examining him. She is a great asset to your team and put me at ease whenever explaining things. Thank you!

Wards 11 and 21, Christchurch Hospital

Both Ward 11 and the Children's Ward have done a great job of looking after our child with appendicitis this year. Thank you.

Ward 15, Surgical Progressive Care Unit and Intensive Care Unit (ICU), Christchurch Hospital

My partner was in hospital recently and the care he got from everyone was outstanding. With the odds stacked against them, they did their best to save him. I want to take my hat off to all that were involved in helping him. In ICU they even turned his bed around, so he could look out the window and in his final moments they made him comfortable, so his body wasn't stressed.

Ward 14, Christchurch Hospital

Please accept our thanks for the great service while my husband was in here. Very kind and friendly people.

MRI, Christchurch Hospital

The MRI team who assisted me during my stay were absolutely fantastic. I told them that I was nervous and suffered anxiety and straight away they made sure everything was explained and that I understood clearly. They explained the whole process and talked to me the whole time. They settled my nerves and made me feel respected and understood.

Hospital and area not specified

Thank you so much for the great stay, to the nurses, orderlies, cleaners. Also, the doctors for bringing back my health.

Diabetes Clinic, Outpatients, Christchurch Hospital

Paula always has a smile and is very helpful.

Medical Secretary Annabelle Cummings

Annabelle Cummings is the Medical Secretary for Mr Alan Cockfield. She is wonderful to deal with, really responsive on email and phone, kind, obliging and super professional! I can't speak highly enough of her.

IV Technician Ernan (Ernie) Pacatang, Christchurch Hospital

To a very gifted IV Technician Ernie: you are impressive, gentle and caring, a master of the skill and a pleasure to watch. Amazing skill, well done. Thank you for cannulating my father with difficult access. You rock.

Ward 10, Christchurch Hospital

Thank you nurse Naomi.

Vascular Team, Christchurch Hospital

Excellent service, much appreciated. Compassionate, wise, informative and encouraging. From surgeon, nurses and reception.

WellFood Ward 28, Christchurch Hospital

I just wanted to put forward my appreciation that these ladies are awesome. They are always helpful and very friendly. I especially wanted to point out Shirley who was always helpful when I needed something.

Sexual Health Clinic

A small acknowledgement to all staff at the Christchurch Sexual Health Clinic for everything you do for your clients. Always in a cheerful respectful manner. A special call out to Ed for listening and as a result, I believe, making a good call. Also, Hughena for being the pleasant, friendly voice who willingly took time out of her day to assist me in locating the information I was after, at a very challenging time. This is what makes the world a better place.

Emergency Department (ED), Christchurch Hospital

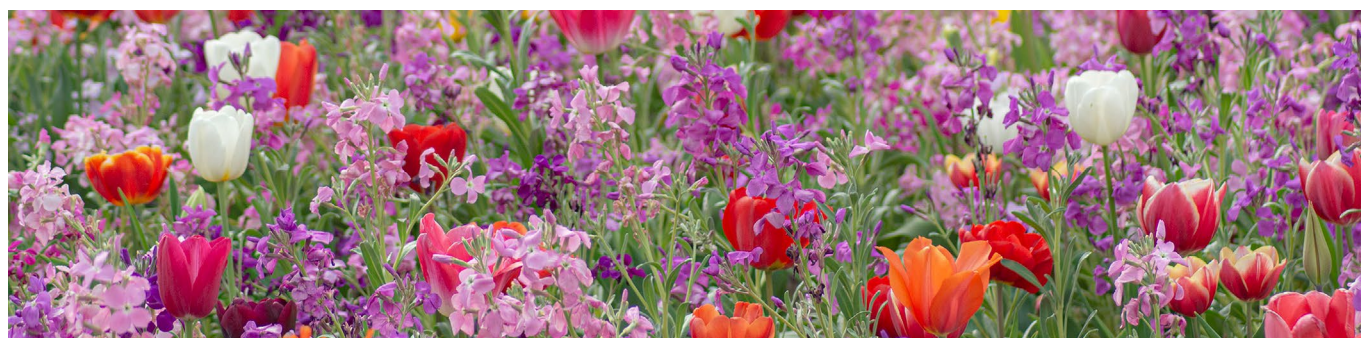
I was having symptoms similar to my first heart attack and after a wonderful response from the St John ambulance I was taken to hospital. I received caring, quiet and prompt attention. Luckily the tests ruled out a heart attack. I felt very safe being a patient for a time. Your doctors, nurses and other staff are excellent. I thank you all.

Day of Surgery Admission and Ward 20, Christchurch Hospital

I recently had surgery for skin cancer at Day of Surgery Admission and recuperated in Ward 20. Everybody I came in contact with was, at worst, extremely competent, and at best, brilliant. Too many people to name but some of my nurses were Katie, Karryl and Amy. My night nurse (whose name I forget because I was mostly half asleep when I saw her) was the absolute embodiment of quiet efficiency. Not to forget the lady who brought around lunch and very quickly learnt what drinks I liked, and the lady who polished the floors and loved the patients. From a patient point of view, they are just as much part of the team as the trained nurses. Thanks also to my surgical team led by Barnaby Nye, who I especially thank for talking to me as a person – not all specialists have this gift! In summary, I just wanted the hospital to know how much I appreciated the care given to me during my stay, the competence, professionalism, efficiency and care was top class. Thank you.

ED and Gynaecological Ward, Christchurch and Christchurch Women's hospitals

I want to say how great my recent experience was in ED and on the gynaecological (gynae) ward. Could you pass on my thanks to Nurse Brooke, Dr Ciaran, and the gynae on-call doc to ED. They were so professional and kind and didn't make me feel like I was a bother. They took me seriously which I appreciated. They listened to me, helped how they could, and got gynae involved who were also great. I want my thanks passed on to the nurses in the gynae ward. I didn't catch their names, but they were so lovely and kind and kept me going through my short stay on the ward.



Hikina to Hagley

MIGRATING TO CHRISTCHURCH HOSPITAL HAGLEY

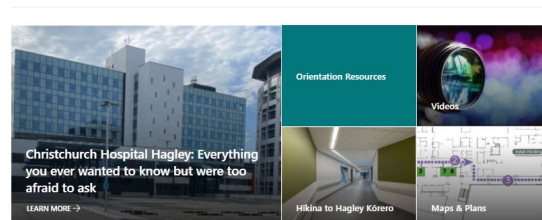
New Sharepoint Online page

As we're getting closer to the big move, we have a new centre for all the things you need to know to make sure you're prepared for migration. The new [Sharepoint Hikina to Hagley](#) site is now live. It has all the resources you're used to from the original Prism site, but you can access the new Sharepoint site off the server – so from your home or your phone.

We'll be putting up more videos on the new site over the next few weeks, so bookmark the page and pop back often. We'll also be sending snippets of news as they come up, so you'll always have the most current information at hand.



[Who moves when: download the move schedule here](#)



Damage

With hundreds of people now accessing the building, it's important to take extra care to ensure there is no accidental damage to the facilities. Please be patient when navigating your spaces. Some doors are automatic opening, and some are not. It will take time to get used to which is which and pulling on automatic doors can damage the closing mechanism. Please take your time and get to know which way and how doors open and take extra care with any trolleys and equipment.

The new Hikina to Hagley site has all the information you need about the move, including a nifty countdown timer

Defects vs change

As you get into your spaces and begin to work through your new processes and equipment, you may come across some things that aren't quite as you expected them or wish them to be. Please make a note of these and discuss them with your team, but note that there may not be a quick remedy.

A defect is something that must be corrected by the builders and is something that is either not where it is supposed to be – a missing shelf or incorrectly placed sign – or something that isn't working as it should. Check out the graphic for the clear process for lodging a defect.

Anything that falls outside of these two things will be a change request. These include anything that isn't quite as you imagined or if the use of something has changed from what was originally agreed.



MRI install

The second MRI has gone into Hagley today, straight from Germany. This adds to our existing two at Burwood Hospital and the older one we have in Parkside.



The new MRI being lifted into the building just this morning

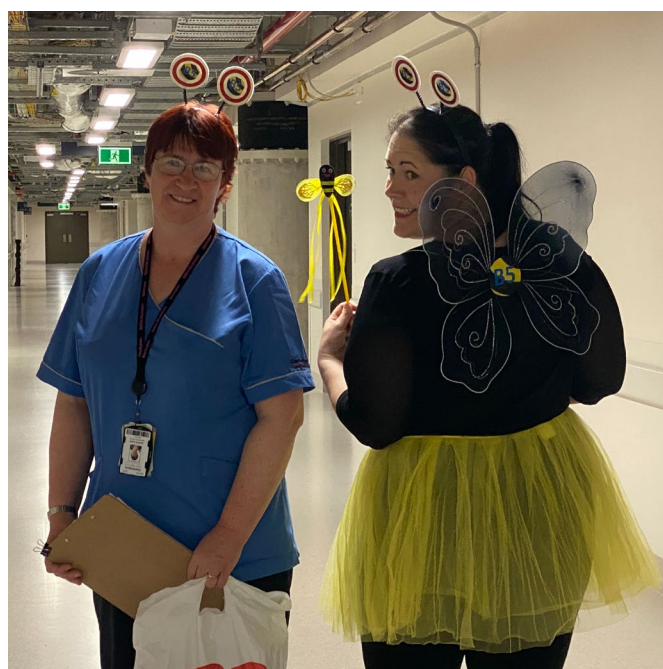


Meeting rooms

Meeting rooms in Hagley will soon be open for booking. We will let you know as soon as this opens, so please do your bit to keep Yvonne Williams' inbox clutter free and wait until it's confirmed.

Don't worry, Bee happy

Registered Nurse Luana Homan and Clinical Nurse Educator Jo Laws have found a great way to orientate their teams to B5 – with a dollop of humour sweeter than honey, and prizes of Buzz Bars for the team. How could you not Bee excited?



The B5 team is abuzz with anticipation of their new work area

Initiative helps manage need for children with complex epilepsy to be admitted to hospital

Christchurch now has the fewest Emergency Department (ED) admissions of children with diagnosed epilepsy in New Zealand.

The achievement is due to enhanced community management using clinical nurse specialist (CNS)/neurology team access.

Neurology referred families have access to an experienced expert CNS for guidance and phone support, where early detection, discussion and outreach management intervention by the medical paediatric neurology team, can de-escalate regular phases of increasing seizure activity.

This can prevent the need for admission to ED, the Child Acute Assessment Unit and reduce the length of observation stays, says Paediatric Neurology CNS Dawn Anderson.

"The requirement for frequent outpatient clinic reviews can also be decreased. There is also a reduction in admission numbers to the Paediatric High Dependency Unit and Intensive Care Unit beds by preventing/reducing the potential for status epilepticus."

This is when a seizure lasts longer than five minutes or when seizures occur close together and the person doesn't recover back to their usual self between seizure episodes.

Dawn's role includes co-ordinating the neurology team's specialist care for children who have been diagnosed with a neurological disorder/epilepsy that involves intractable seizures.

Chronic intractable epilepsy is a seizure disorder in which a patient's seizures fail to come under control with treatment.

She provides education and support to enable parents/caregivers to safely manage seizures which occur in the home or community setting. Dawn's input has significantly reduced the issue of frequent regular ambulance call out and admission to ED, which effectively lessens the strain on acute hospital service departments.

With input from the Paediatric Neurology CNS, an individual Seizure Management Plan is created for each complex patient in collaboration with family, immediate caregivers, and school, with the aim of primarily managing the condition in the community, she says.

This includes:

- › Explanation and identification of the type of individual seizure, which allows for prompt recognition
- › The child's general practitioner and St John Ambulance having access to the plan
- › Educating school public health nurses and having the plan accessible to them and Epilepsy New Zealand, via the Mana Ake Leading Lights Initiative for the less complex care epilepsies. This resource aims to reduce the Neurology CNS workload (which has a database of 150 complex child epilepsy cases)
- › Education and presentation of the plan to those involved, including how to administer rescue medication.

"This work has an influencing impact in Christchurch now having the fewest ED admissions of children with diagnosed epilepsy in New Zealand, despite high numbers of those with the diagnosis in the region," Dawn says.

Supporting a family to gain confidence towards self-management and becoming well informed, with consistent guidelines in place for their child, allows them to focus on enhancing, as much as possible, the normalisation of their child's diagnosis and needs into everyday family life.

Parents report less anxiety and feel more confident in managing an often suddenly stressful situation.

Labs team takes a moment to mark the millionth COVID test milestone

This week Canterbury Health Laboratories received a congratulatory letter from the Director General of Health Ashley Bloomfield thanking the team for its role in helping New Zealand reach the incredible milestone of the one millionth COVID-19 test.

In the letter Ashley describes how impressed he was with how laboratories across the country worked together to establish and grow the testing capability that we have today. To help celebrate, the Ministry of Health shouted cake for morning tea for all the Labs staff.

Canterbury Health Laboratories General Manager Kirsten Beynon says the team appreciated the recognition and she is very proud of the team's ongoing responsiveness, commitment and professionalism in delivering this critical health response for New Zealand.



14 October 2020

Kirsten Beynon
Canterbury Health Laboratories

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Kia ora Kirsten

I am writing to thank you and your team wholeheartedly for your role in the management of COVID-19 in New Zealand. This week we have reached a significant milestone. Over one million COVID-19 tests have now been processed. This is a milestone that we could not have envisaged seven months ago.

From the beginning, testing has been an essential part of our elimination strategy and the key starting point for identifying and containing the spread of the virus.

Thank you for your willingness and commitment to respond to the many challenges and uncertainties that have been part of this response. I have been impressed with how you have worked together to establish and grow the capacity for the high quality testing service for COVID-19 that we have today. It is a service that is the envy of many countries.

I would like to acknowledge that getting there hasn't been easy. In addition to maintaining the delivery of other laboratory services, you scaled up your capacity for testing more than once and have worked collaboratively across the lab network to ensure the demand for testing has been met. This involved optimising current resources, redeploying and training of staff, reorganising teams and rosters, expanding your working hours, and utilising other laboratories to undertake testing. It also involved working with IANZ to ensure the COVID-19 testing met the high accreditation standards and working with ESR to ensure that testing data was available centrally to assist with decision making.

My team at the Ministry that is coordinating lab testing at the national level has, on a number of occasions, expressed appreciation of the way in which you and your people have engaged with them, and willingly worked to deliver our lab testing service.

Please pass on my sincere thanks to your teams. Their individual and combined efforts have contributed to this success.

So, thank you for your on-going responsiveness, commitment and professionalism. We have a lot to be grateful for because of your efforts, and I would like to formally acknowledge that.

Ngā mihi

Dr Ashley Bloomfield
Director-General of Health

Heading to Christchurch Hospital? The Hospital Shuttle has moved

Park at the new Deans Ave Car Park

The free Hospital Shuttle runs seven days a week to Christchurch Hospital and Outpatients

cdhb.health.nz/parking



Protect yourself against Legionnaires' this spring

Spring is the perfect time to be out in the garden. It's also the perfect time for enthusiastic gardeners to risk unwittingly releasing Legionnaires' disease from the depths of their potting mix and compost.

With 23 cases of the disease already confirmed in the region this year, gardeners are being urged to take care with potting mix and compost.

Last year there were 39 hospitalisations from Legionnaires' in Canterbury, and there have been 20 hospitalisations so far this year through to the end of September.

Canterbury Medical Officer of Health Ramon Pink says Legionnaires' disease is a form of pneumonia.

"It's caused by the Legionella bacteria that live in moist organic material and people can catch the disease by inhaling airborne droplets or particles containing the bacteria.

"Gardeners are at particularly high risk of catching Legionnaires' disease as the bacteria thrive in bags of potting mix and compost," says Ramon.

In Canterbury there is typically a spike in cases in early November that can be attributed to the increased gardening activity over Labour weekend, and with a promising forecast this Labour weekend now is the time for people to take the necessary steps to avoid catching the disease.

There are five simple actions gardeners should take to avoid getting Legionnaires':

1. Wear a well-fitting disposable face mask and gloves before you begin gardening.
2. Open potting mix or compost bags carefully by using scissors to cut off the top.
3. Reduce dust by spraying some water into the bag.
4. Work with potting mix or compost in a well-ventilated outdoor area.
5. Wash your hands thoroughly after handling potting mix or compost and before touching your face or removing the mask.



"Legionnaires' is a very serious illness and following these simple steps can be lifesaving," says Ramon.

The illness may be mild but can sometimes be fatal. It is more common in older people, particularly if they smoke, have poor immunity or a chronic illness. However, sometimes even healthy young people have died from legionella pneumonia.

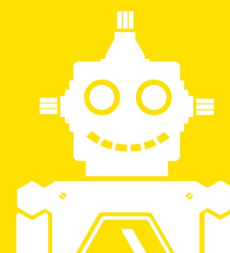
Symptoms can include dry coughing, high fever, chills, shortness of breath, muscle aches, headaches and diarrhoea. If you have these symptoms, you should contact your general practice team right away for advice and let them know you if have been handling potting mix or compost.

For more information on Legionnaires' visit [Healthinfo](https://www.healthinfo.org.nz/),

certnz >

Cyber Smart Week

/// 2020



A reminder to stay safe online

It's Cyber Smart Week 2020 (19–23 October) and it's a timely reminder for all of us to step up our cyber defence to stay safe from cyber attacks.

We all do it – ignore those pesky red dots and update messages, not quite get around to changing our password, forget to check we're not sharing our personal information with every Dom, Jack and Hēmi on social media.

Cyber attacks are becoming more frequent and anyone can be a target. Recently prominent organisations' websites such as Metservice and the NZX have been the targets of such attacks.

There have also been successful phishing attacks against Canterbury DHB staff in the past, resulting in email accounts being compromised, sending thousands of

spam emails to both internal and external addresses, and Canterbury DHB being blacklisted so staff could not send emails externally for brief periods.

From May this year, ISG rolled out an email phishing education tool called 'Phriendly Phishing' to help address this cyber risk. The training aims to help staff become more adept at recognising and deleting malicious emails without clicking on links or replying to them, both at work and in their personal environment. Staff are also expected to complete an annual training course in digital security, which is available on healthLearn. Ensuring DHB staff receive regular and appropriate security awareness and training is required as part of the Ministry of Health and Government Communications Security Bureau's compliance programme.

Complete your online security training

So far just under 50 percent of staff have completed the Phriendly Phishing course, and only 11 percent have completed the Digital Security course on healthLearn. The more staff to complete these courses, the more likely we'll be able to protect the DHB against malicious cyber attacks.

If you haven't yet completed the Phriendly Phishing course, please do the course when an email invitation

is sent to you from phriendlyphishing.com. For those who have already completed the introductory course, a slightly more advanced course for Phriendly Phishing is planned for early December.

If you have not yet completed the Digital Security training, then please [login to healthLearn](#) and search for 'digital security' (you will need to create a login if you don't already have a healthLearn account).

Outside of work, there are also key things you can do to stay cyber safe, including:

Use a password manager – this is like an online safe that stores and manages your passwords. You'll only have to remember the one master password for your password manager, and it'll do the rest. Do NOT use the same passwords for both work and personal accounts.

Turn on two-factor authentication – an easy way to add another layer of security to your logins and accounts. You'll usually find the option to turn it on in the privacy settings.

Update your devices – When you're alerted to a software

update for your device, don't ignore it – install it as soon as possible. You can also set updates to happen automatically whenever a new version is available.

Check your privacy settings – to maintain your privacy online, it's important to know and control who can see your stuff. Attackers could use your information to access your data or steal your identity. Lock down your accounts – starting with social media. Check that requests for personal information are legitimate before you give any details. If you're not sure, don't provide the information.

Find out more about getting cyber smart by checking out the [CertNZ website](#).

Tribute to Dr Helen Beaumont Angus

By Canterbury Health Laboratories Anatomical Pathologist Martin Whitehead

Helen Beaumont Angus MBChB, FRCPA, died peacefully on 30 September 2020 after a short illness.

Helen was born in Hastings and grew up in Gisborne. She graduated in 1958 from the University of Otago and after her junior medical years at Auckland Hospital came to Christchurch Hospital in 1961 to start specialist training in Pathology becoming a Fellow of the Royal College of Pathologists of Australasia (FRCPA) in 1967.

Helen was then employed as a Consultant Anatomical Pathologist at Christchurch Hospital until her retirement in 1997. She was one of the first New Zealand female Fellows of the RCPA and was a talented and very astute pathologist who travelled overseas on several occasions

to develop her skill in expanding areas such as lymphoma and liver pathology.

She trained and worked initially in a time when there were few female colleagues but was highly respected and dare I say slightly feared by her male colleagues and she did not suffer optimistic report timeframe requests from clinicians gladly.

Personally though, she was a kind and considerate colleague who always had time for the juniors and laboratory staff. However, her best decision in my opinion was as Director of Anatomical Pathology to employ and bring home a young and career-less registered medical officer in the late 1980s who was aimlessly wandering around the northern hemisphere (me). She then proceeded to knock off his



Helen Beaumont Angus

numerous rough edges and inspire an enthusiasm for pathology.

I learnt many things from Helen but probably the most important was from her command of the English language and the clarity and simplicity of her pathology reports with maximum relevant information. Helen had a full retirement doing things she loved, especially music, and her Christmas cake was always eagerly anticipated in the department at the end of each year.

PUT THE RIGHT THING IN THE RIGHT BIN

Tissues, paper towels, takeaway coffee cups and plastic lids can't be recycled.

They belong in the general waste bin.



Smokers urged to respect grounds of Nurses' Memorial Chapel

Please remember that the Nurses' Memorial Chapel garden is smokefree.

That is the plea in the wake of a large number of cigarette butts being tossed into the grounds of the chapel, and also the nearby Botanic Gardens.

All Christchurch Hospital's grounds are smokefree, to protect others from the harm of second-hand smoke and promote smokefree as the social norm to our tamariki and rangatahi. Both the Nurses' Memorial Chapel and the Botanic gardens are owned by the Christchurch City Council and are designated smokefree areas under the council's Smokefree Public Places Policy.

In the case of the Nurses' Memorial Chapel, its Trust Chair Robyn Bisset and Canterbury DHB Smokefree Manager Maraea Peawini say they would appreciate everyone remembering that its gardens are a memorial and to treat them with respect.

"We have had feedback from the council that a large number of cigarette butts are being thrown on the grounds of the Nurses' Memorial Chapel and the nearby Botanic Gardens. These make the spaces undesirable to other users and Council staff are having to spend one or two hours a week picking them up," says Maraea.

"We realise that not all of these are coming from staff but would like to request staff to please stop smoking in designated smokefree areas and to be a tidy Kiwi and take your litter away with you."

The Smokefree team are currently working with the Council and some key hospital staff addressing the issue and making better signage more visible, Maraea says.

Robyn says the trust encourages all staff and visitors to take the opportunity to enjoy the gardens around the Nurses' Memorial Chapel.

"Please take the time to read the plaques that accompany many of the plantings and note that a no smoking policy applies to the entire area. We would appreciate this being adhered to at all times."

Ward 20 Charge Nurse Manager Sharon Minchington, a member of Friends of the Chapel, says she sometimes receives "aggressive verbal comebacks" when she reminds people who are smoking by the chapel that it's a smokefree area.

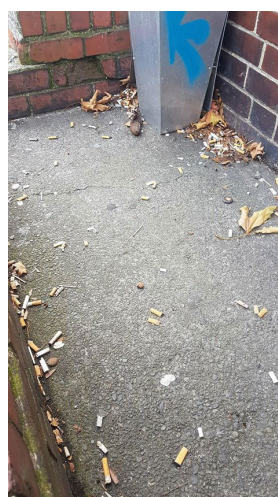
"I find this somewhat distressing. I also do not enjoy having to clean up cigarette butts. It amazes me that staff smoke, drop butts on ground, and are okay with another person picking them up."

Sharon says she is saddened that some people do not appear to recognise the significance of chapel and its gardens as a memorial to nurses who died and don't give it due respect.

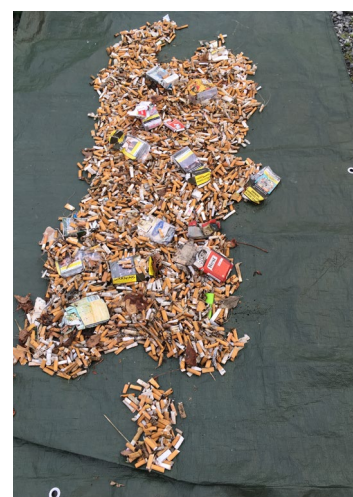
For staff wanting support to give smoking the flick, please visit the [Te Hā - Waitaha Stop Smoking Canterbury website](#).



Some of the cigarette butts collected from around the Nurses' Memorial Chapel and nearby area of the Botanic Gardens



Discarded cigarette butts next to the Nurses' Memorial Chapel



So many cigarette butts have been collected there were enough to make a map of New Zealand's South Island

Less alcohol core message of videos for elderly

How alcohol can contribute to falls is one of the topics tackled in a series of new discussion videos for the elderly.

The 10 short videos, called 'Tippie and topple', are written and narrated by Canterbury DHB Consultant Psychiatrist of Old Age Matthew Croucher. They cover topics such as the effects of alcohol on the brain, on cancer risk, on falls, and on our social health as we age.

Alcohol can have a cumulative impact on people's health and affect their balance, especially as they age, Matthew says.

"I was pleased to support the idea of creating an informative series of videos about the effects of alcohol on our health as we get older to help people involved in falls prevention programmes to reconsider the place alcohol might have in their lives."



Consultant Psychiatrist of Old Age Matthew Croucher

The videos are an initiative of Age Concern and 65 Alive (Odyssey House's alcohol and drug

treatment programme for older people) with funding support by the Ryman Group.

Feedback has been good, partly because the videos were made to a high standard, and partly because of the informative, non-preachy tone that was able to be achieved, Matthew says.

For more information about the videos, visit [Eldernet's website](#).

Retiring ward clerk will miss colleagues

Lynda Driscoll retired last week after 22 years as Ward Clerk in the Children's Acute Assessment Unit (CAAU) and says she is sad to go.

"We are like a family here. My colleagues are my best friends."

Lynda says she always liked hospitals and had thought of being a nurse, however, she ended up working in ward clerk roles instead. She worked in Australia before she was married and began work in CAAU at Christchurch Hospital in 1998.

"I was the first person to have the role of ward clerk in CAAU. They didn't have a ward clerk before me, so I was a bit lucky."

The busy role involves, among other tasks, answering the phone, admitting patients and showing patients to their beds. Lynda says she loves working with children and her team is "absolutely amazing".

"I couldn't work in a better place."

CAAU Charge Nurse Manager Warren Nairn says Lynda will be missed very much for many reasons, not the least her smiling welcome to everyone who walks through the door.



Children's Acute Assessment Unit Charge Nurse Manager Warren Nairn and Ward Clerk Lynda Driscoll

"We have been very fortunate to have her as the face of CAAU. Lynda has always been prepared to help out in any way and has often been seen making beds and emptying bins when needed. We wish her a very happy retirement which, knowing Lynda, will be action packed."

What's happening with Holidays Act compliance?

It's been 10 months since Canterbury and West Coast DHBs kicked off a shared Holidays Act Compliance Programme. A lot of progress has been made, and while there's still a lot to do, it's a great time for an update.

Like most New Zealand employers, and all DHBs, we're not fully meeting the requirements of the Holidays Act. Earlier this year, People and Capability identified 27 areas where this is the case, most of which are either the same or similar to what other DHBs are finding. This means that even though we might be doing things slightly differently, we'll be working together on solutions.

Boiling it down to two steps makes it sound relatively straightforward; in reality it's not, and it'll take at least 12 more months of hard work to achieve.

Broadly, two things need to be done to be compliant:



To achieve the 'future stuff', a few areas need to be addressed, which fit into two categories:



Keeping data up to date and accurate – leave entitlements and what staff are paid when they take leave relies on the payroll system having accurate information on working patterns and contractual entitlements. Knowing quickly when either of these things change is critical. To become compliant, the DHB needs to look at the systems we're using and the processes behind them, so we know who's worked what hours and when. Because we have different technical systems doing this, it's not just a quick fix.



Employing people in the right way – in other words, using the most appropriate employment agreement for every role, be it permanent, fixed term, casual or multi-employment. There are also some clauses in MECAs and SECAs which breach the Holidays Act and People and Capability are working closely with unions and other DHBs to discuss how to tackle these.

Dealing with the 'retrospective stuff' so the DHB can confidently make payments to those owed money is a mammoth task and one we're partnering with EY (Ernst & Young) and working alongside unions to complete. People and Capability will be reviewing around 25,000 employee and former employee records, which involves detailed checks and recalculation of up to 23.8 million payroll transactions. To measure this a different way, if each transaction checked were a second in time, that's 275 days!

Acting Chief People Officer Paul Lamb says he is aware that the question on everyone's mind is: *"Will I be owed anything?"* Although it's too early to answer this with any level of certainty, we can learn from organisations who've already completed their compliance work. They found specific circumstances that increase the likelihood of being owed something:

- › If you've regularly received payments over and above your normal salary, e.g. allowances and/or benefits
- › If you've a variable working pattern
- › If you've changed your working hours, e.g. full to part time or vice versa
- › If you've held a few different roles
- › If you're employed on a casual contract.

It's also likely that some people will have received over payments. When this is the case, the DHB won't be asking for it back.

This article is one step in a wider communication effort to keep people up to date and hopefully demystify this complicated subject. A series of frequently asked questions have been added to the [max. Knowledge Base](#) as well as provided to your manager. Paul encourages you to check them out and if you've any questions, either raise a case through max. or with your Holidays Act compliance union representative. You can find their contact information via the max. Knowledge Base link above.

You will be updated as things progress to help you understand what's going on. In the meantime, if you have any questions, please [send us a question](#) on max.

One minute with... Manda Challenger, Resident Doctors Support Team (RDST) Team Leader

What does your job involve?

Day-to-day management of the RDST office. My day is spent working with a dedicated group of individuals who are all working toward the common goal of supporting our junior doctors at the start of their career through their training.

Why did you choose to work in this field?

I did a finance internship at Southern DHB while studying at Otago and became fascinated by healthcare, mainly that the numbers seemed relevant and relatable. From there, I started working in clinical areas which ignited a passion for healthcare management. I thrive in a busy, constantly changing and sometimes chaotic environment and healthcare seemed to tick the box.

What do you like about it?

I have a fantastic team who have a wealth of knowledge and a passion for the work they do. The team leader role is the perfect combination of operational and project management, which are both areas I thoroughly enjoy.

What are the challenging bits?

It's a busy, diverse role. There is always something going on in the registered medical officer (RMO) world. It's challenging at times to juggle the priorities and projects while dealing with day-to-day operational priorities.

Who inspires you?

I am inspired by courageous leaders. I aspire to make a difference in the work I do. Currently I am inspired by my General Manager Pauline Clark – she always has her finger on the pulse and her positive outlook is an inspiration in what can be difficult times.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

The Canterbury DHB values are at the core of everything we do in the RDST, ensuring we care and respect our RMOs to enable them to provide excellent care to our patients while living within our means and constantly striving to improve our processes.



Something you won't find on my LinkedIn profile is...

My obsession with my puppy, Theo.

If I could be anywhere in the world right now it would be...

Very happy to be in New Zealand right now, however, if travel was an option I would love to be in the UK visiting family and friends.

What do you do on a typical Sunday?

Sundays normally consist of my husband and I walking Theo around the market or the beach then house chores (sadly).

What's your favourite food?

The Verde pasta from Etrusco's restaurant in Dunedin – can't beat it.

And your favourite music?

Anything and everything Robbie Williams related.

Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.



We have 500 tickets to giveaway for Friday 30 October to watch Canterbury vs Otago in the Mitre 10 Cup thanks to Miles Toyota!

To enter, email somethingforyou@cdhb.health.nz and tell us if you need a family (x4) or a double (x2) pass and what location below you can pick up from.

Pick up locations are:

- › Christchurch Hospital
- › 32 Oxford Terrace
- › Burwood Hospital
- › Hillmorton Hospital
- › The Princess Margaret Hospital
- › Ashburton Hospital



Entries close Thursday 22 October at 12 midday and winners will be drawn Friday 23 October. Winners will be contacted via your work email so please keep an eye out!

One entry per person and pick up only.

Terrace Garden Party this weekend – don't miss out!

Nestled between the two towers of Christchurch Hospital Hagley is a terrace that promises to be a beautiful garden space for our staff, patients and whānau – if we can raise \$500,000 to bring it to life. Tickets are now on sale for a fundraising event – a Garden Party at the Christchurch Art Gallery this Saturday 24 October. To make a donation or purchase a Garden Party ticket visit [the project page on the Māia Health Foundation website](#). Please help spread the word.



eCALD celebrating 15th anniversary – new website, milestones and prizes to win!



The eCALD® national cultural and linguistic diversity (CALD) competency programme has been providing essential resources to enhance the delivery of healthcare to the migrant portion of our population.

This [award-winning programme](#) is celebrating [its 15th anniversary](#), with [a brand new website](#) showcasing a comprehensive range of digital cultural and linguistic diversity (CALD) [courses](#) and [resources, achievements](#) and [milestones](#).

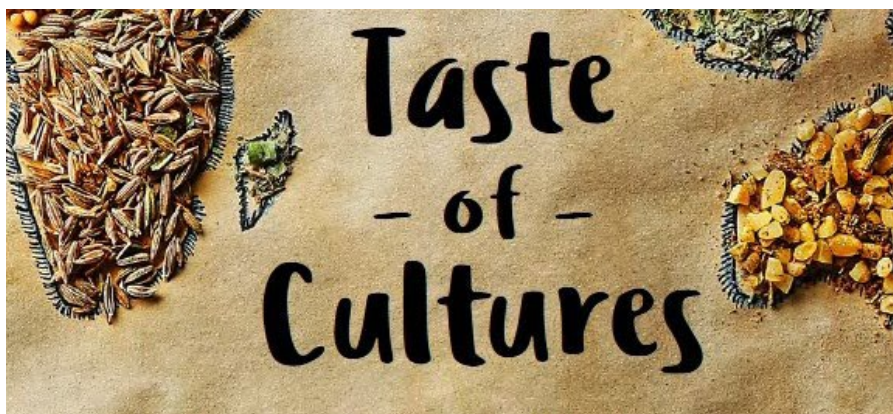
As part of the celebration, eCALD® has produced and [published a new telehealth video, a tutorial for clinicians showing "what is needed and what to expect for a video appointment when involving an interpreter"](#).

As part of the celebration, eCALD® [is offering prizes between October 2020 to June 2021. At the end of each month \(starting from the end of October 2020 to end of June 2021\)](#), everyone who registers and completes any of the eCALD® face-to-face, remote F2F or online courses will go in the draw to win a range of prizes.

Taste of Cultures

Taste of Cultures is a New Zealand Red Cross event that celebrates cultural diversity through food and performance and will be held in Ōtautahi Christchurch for the first time on Saturday 7 November.

Now in its third year, Taste of Cultures was originally inspired by the New Zealand Red Cross recipe book containing a collection of recipes from around the world by people from a refugee background now living in New Zealand.



Refugees are ordinary people facing extraordinary circumstances. They have experienced war, persecution, discrimination, racism and oppression. They've been forced to flee from their homeland because of nothing more than their ethnicity, religion or beliefs. Refugees have been denied basic human rights in their country of origin and are unable to safely return home.

The event features a bespoke menu designed in collaboration with former refugees in Christchurch and chefs presenting a course from each of the four nationalities – Somalia, Eritrea, Afghanistan and Syria – that have been resettled in Christchurch since it became a

resettlement location less than two years ago. This event celebrates diversity in our community and raises money for the work of New Zealand Red Cross.

- > Date: Saturday 7 November
- > Time: 6–10pm
- > Venue: Ilex, Christchurch Botanic Gardens

For more information and to purchase tickets, visit the [New Zealand Red Cross website](#).

This event will proceed at Alert Level 1 only

NZHSOA Conference 2020 The Bevan Lecture Theatre

Friday 23rd October

All Welcome scientific staff, researchers, clinicians



Session 1. COVID-19 NZ Experience		
9:00-09:05	Welcome	
9:05-10:00	Dr Euna Sahng & Dr Meik Dilcher CHL Virology	COVID19 and the Diagnostic laboratory response
10:00-11:00	Dr Alex James, Te Pūnaha Matatini, University of Canterbury	Mathematical modelling to support New Zealand's COVID-19 response
11:00-11:30	Morning tea	
11:30-12:30	Dr Nikki Moreland, University of Auckland	The 3A's of COVID serology: Antigens, Accuracy and Applications
12:30-14:00	Lunch	
Session 2. Open Session		
14:00-14:30	Dr Berit Jensen CHL & Dr Sharon Gardiner CDHB	Beta-lactam monitoring at CDHB – optimising treatment of antimicrobial infections
14:30-15:00	Dr Vivienne Bickley CHL & Dr Emma-Jane McDonald CDHB	Development of Next Generation Sequencing panel for myeloid disorders
15:00-15:30	Dr Kit Doudney University of Otago Christchurch	Environmental triggers in an expanding story of rare cases of sudden cardiac death
15:30-16:00	Chris Sies CHL	The Equilibrium between Science and Change
16:00-16:15	Dr Lynley Lewis University of Otago Christchurch	The relationship between glycosylation of pro-BNP at Threonine 71, BNP, BNP1-32 and obesity in patients with heart failure
16:15-16:45	Ian Phillips CHL	Characterisation of the adrenal steroid metabolome by gas chromatography-tandem mass spectrometry (GC-MSMS) in dolphin urine samples obtained post-mortem
17:00	Close	

Please register using the QR code – free event.

NZHSOA Conference 2020



Waka Toa Ora

You are invited to a Waka Toa Ora seminar:

Tell us what's important for Greater Christchurch in 2050

The Greater Christchurch Partnership is creating a new plan - **Greater Christchurch 2050**. It will describe the kind of place we want for future generations and the actions we need to take over the next 30 years to make it happen. These actions will be real and achievable actions that can be delivered by the partner organisations - Christchurch City Council, Selwyn District Council, Waimakariri District Council, Environment Canterbury, Te Rūnanga o Ngāi Tahu, Canterbury District Health Board, NZTA Waka Kotahi and Greater Christchurch Group, Department of Prime Minister and Cabinet.

Come along to this Waka Toa Ora workshop and tell the Greater Christchurch 2050 team what you think should be in the plan...

Date: Thursday 22 October 2020

Time: 12:30 to 2:00 pm

Location: Spark Place, Tūranga (Central Library)

Register online here

*A calendar appointment will be emailed following registration.
Attendance is limited to the first 50 registrations. If there is more interest, we will hold another workshop.*

If you can't attend but would like to contribute you have some other options:

Survey: Tell the Greater Christchurch 2050 team what you want for 2050 by answering a few quick questions [here](#).

Toolkit: Use this toolkit to run a workshop with your community organisation. The toolkit can be accessed [here](#).

Talk to the team: If you have any questions about Greater Christchurch 2050, email 2050@greaterchristchurch.org.nz

Keep updated: [Sign-up now](#) for updates on Greater Christchurch 2050.



**Greater Christchurch
Partnership**
Te Tira Tū Tahī
One Group, Standing Together