



If Your Baby is in Hospital with Risk for COVID-19 (Coronavirus)

Parent/Caregiver/Whānau Information – Neonatal Services

While your baby is in NICU we want to do everything we can to stop the infection from spreading to other people including visitors, other patients and staff.

Most babies will be in NICU for normal baby conditions.

For babies who have a parent who has suspected or confirmed COVID-19 infection and the baby needs admission, they will be admitted into Room 2, and unfortunately the parents will not be able to visit.

Your baby will be placed in respiratory and contact isolation. This means staff who enter your baby's room will wash their hands thoroughly and wear protective gowns, masks, gloves and goggles.

We want your baby to be given your expressed breastmilk.

As a parent, you will also be in isolation while an inpatient, and on discharge until you are symptom free

These are some of the important things you need to know so that we can stop the spread of COVID-19:

- **Restricted movement**
 - While in isolation, you are not allowed to move freely around the ward.
 - At home you should not have any visitors.
- **Wash your hands**
 - Wash your hands on entering or leaving the room, after sneezing, after touching your face, after going to the toilet or before eating.
 - Washing your hands is very important. You can use the soap and water in your room, or the alcohol hand rub provided in your room.
- **Food and drink**
 - We will bring food and drink to your room. You will be asked to order your own meals from the hospital menu.
 - At home eat your meal separately if you are the only family member affected.
- **Toilet and shower**
 - You will have a room with an ensuite bathroom.
 - Let staff know if you have diarrhea.
 - At home increase your toilet and bathroom cleaning routine.
- **Visitors**
 - Visitors need to stay away. You should keep in touch with friends and family by phone or video-chat.

If you get sick

Please tell us if you are sick. If you start to have some symptoms that could be COVID-19 such as cough, fever and difficulty breathing, let us know straight away and we will advise you on what to do.

For more information about:

hospital and specialist services, go to www.cdhb.health.nz | your health and medication, go to www.healthinfo.org.nz