



## The descent continues, but be ready for a long tail

It's great to see our COVID-19 case numbers slowly coming down now that we're over the peak.

It's probably going to be quite a long drawn out descent, and predictions are our Omicron outbreak will have a long tail i.e. we won't get down to having no cases, it will be a matter of learning to live with COVID-19 in our community, as it's not likely to go away in a hurry. Unlike influenza which tends to be seasonal, COVID-19 will be with us year-round, and likely worse in winter when we spend more time indoors. Importantly though, we're on the downward slope and the number of people in our hospitals with COVID-19 is also trending downwards.

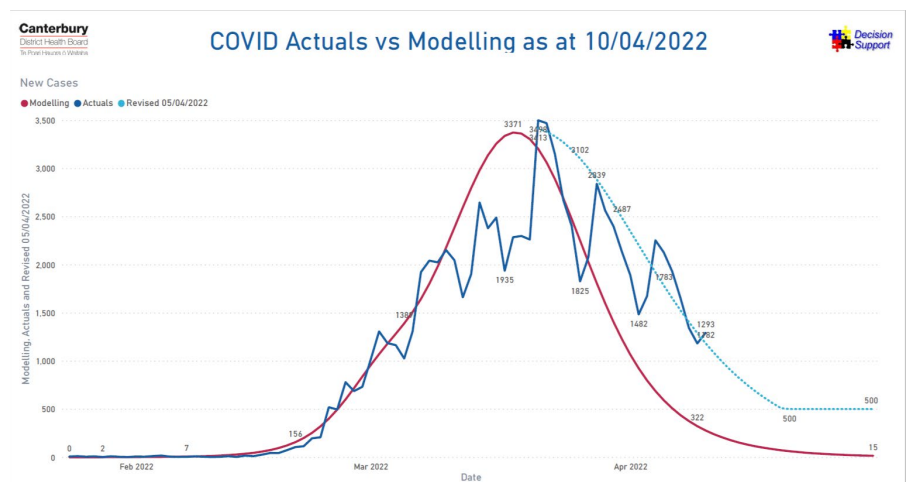
I expect we'll eventually get down to having 400 – 600 cases per day and it's likely to stay at that rate for some time. Here's our latest data mapped against our revised modelling. We expect to see numbers continue to drop, despite our Tuesday 'peaks.' In a couple of weeks, we can expect to be well under a thousand new cases a day.

Thank you to you all for all of the work that you have done to date, and continue to do, going the extra mile to keep our community safe through COVID-19. Many of you are working in different settings to support various parts of our health system. For a lot of you, the days are still very long and pressured. And I just thank you for everything you are doing. In the midst of all this busyness, please keep looking after

yourself and keep supporting those around you – things will get better.

### Take a break when you can – this is a marathon, not a sprint

With Easter and school holidays coming up and ANZAC weekend around the corner I hope that many of you will be able to take a few days out to refresh and recharge and hopefully make the most of some of that autumn sunshine. I know some of you are not going to get much of a break, so thanks to you for working through.



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## Winter planning is underway

I think winter will pose some challenges for health services if predictions of the return of influenza, coupled with COVID-19, RSV, MMR and whatever other viruses arrive from overseas and start circulating in our community. If we follow the modelling out of Australia and the rest of the world, we will no doubt see a resurgence of COVID-19 sometime in winter, so this is going to be a long-haul for us – all the more reason to take a breather whenever you can – and please, get protected by having your influenza vaccination.

Our winter planning is looking at the modelling and developing ways to work differently. To learn the lessons from our COVID-19 response to date, and inform our plans to manage an increase in acute demand over winter. I'll have more on some of the specific initiatives that we're taking across the system to support the best care we can, be that in primary care or hospital settings, or most importantly, supporting people to stay well in their own home.

## The countdown is on to the transition to Health NZ and the Māori Health Authority

There are now fewer than 90 days until DHBs will be disestablished and you will all be working for HealthNZ. The transition to Health New Zealand is full of promise. It's full of promise for the health system breaking down some of those boundaries and barriers that inhibit access to health care, and there will be far more emphasis on equity and a real focus on health outcomes.

As you can imagine, it's a massive job, and very little is going to change overnight on day one – but behind the scenes there's a lot of work going on. For most of you, there won't be much to see on the first day, week or month – but over a period of time the transformation will take place.

While there's not much available yet in terms of specific information, in terms of what being part of Health NZ will mean for us, I do want to reassure you that pretty much for everyone, perhaps except me, you will have a job as you transition into Health New Zealand.

My role as the chief executive of the DHB does end on 30 June, but I've been asked to stay on for at least three months to help in the initial transition.

I'm passionate about doing all I can to support you and your teams to make a really successful transition into Health New Zealand. So please rest assured, we'll keep you up to date as soon as more information is available. You can subscribe to their newsletter and receive updates direct to your inbox. You can do that [here](#) on their website. If you missed it last week, here's their [latest pānui](#).

## Tāngata Ora 2022 Pulse Check

February seems like an eternity ago – but you may recall we ran our first Tāngata Ora| Our People Survey Pulse Check. We heard from more than 4700 of you at a time when we were all busy so thanks again to everyone who participated, your effort was appreciated.

To make sure that Tāngata ora is as transparent a process as possible we will begin publishing the survey results on PRISM. You can follow [this link](#) to see the results of February's pulse check, you will also find a summary of last year's survey.

Overall, we've seen mixed results. There are some areas where you've seen improvement but some areas where we know we need to keep working and improving. I'm very happy to see that compared to the 2021 survey you've told us that the Executive Team are more assessible and listening more to staff.

You also told us that we still have a lot of work to do when it comes to dealing with bullying, inappropriate behaviour and poor performance. We've heard your feedback and once we come out of the current Omicron wave many of you will be seeing activity related to this across your departments.

Finally, I want to specifically thank all who provided comments and feedback on what support you needed during this latest phase of our COVID-19 response. Your feedback has led us to focus more on what is really needed such as ensuring our daily communications are simple and relevant, making sure our leaders have the latest tools and information to support you best during the pandemic. You reminded us to keep the focus to the simple, responsive and practical things that will support you to do your job and ensure that together we deliver great care.



Click [here](#) to watch the This week with Peter video

Take care of yourselves. Hopefully some of you get a nice break at Easter. Take care.

Kia pai tō koutou rā

**Peter Bramley, CEO**  
Canterbury District Health Board

Please email us at [AskPeter@cdhb.health.nz](mailto:AskPeter@cdhb.health.nz) you have any questions for Peter.

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).

**Stop the flu  
before it stops you**

**Free staff flu vaccinations  
available now**

**Check PRISM for details**



## Bouquets

### **Emergency Department (ED) and Ward 12, Christchurch Hospital**

I have just stayed in one of the so-called 'squalid wards'. While some refurbishment would be great, it did not overshadow the tremendous treatment provided in ED, and then Ward 12. The thoroughness of staff to find the cause of my problem is a credit to them. While the current COVID-19 situation has stretched the organisation, the staff were very friendly and thoroughly professional, meals were great too and the facilities were clean and tidy. While there could be fewer beds and more bathroom facilities, you have nothing without the staff who are providing superior care. They add more value than any refurbishment.

### **Christchurch and Burwood hospitals**

My father arrived at Christchurch Hospital with a double brain bleed. There were many times over the following six weeks where we were quietly advised that things were very dire. Through this period, he had the most amazing care in Christchurch Hospital and then later in Burwood. Though he remembers little of his early journey, we remember every moment. Dad's event seemed un-survivable and yet, thanks to the care he received in the many wards he resided in, he is home and working on recovery. Thank you to all the doctors and nurses who looked after him and kept his, and our, spirits up. In particular, Tamara and team, the nurses in the Medical Assessment Unit, Wards B5 and

B8, Burwood Hospital, Dr Hangar and all the hundreds of people (doctors, surgeons, nurses, ward staff, night watchers, WellFood staff and cleaning team) I've missed who were part of his recovery, helped keep his spirits up, and put up with his good and bad humour. You have an incredible team!

### **Radiology, Christchurch Hospital**

My baby and I want to thank Nurse Steve, Dr Ben, Nurse Bec and Nurse Joanne for making my baby's CT scan easy – and even a little fun! Thank you all for your attentiveness and answering our questions.

### **Ward B3 and A3, Christchurch Hospital**

Absolute praise and thanks to the wonderful teams who looked after me, I couldn't have asked for better. I'm sure I wasn't the best patient at times due to stress and apprehension. My apologies if that was the case. I appreciate the care and compassion I received. It's hard to single out one particular person as they were all wonderful.

### **Day Surgery, Burwood Hospital**

Everyone was lovely, explained everything and made me comfortable. Thank you.

### **Plastics, Burwood Hospital**

Very caring and efficient service.

**Surgery, Christchurch Hospital**

My mother-in-law had a very successful hip replacement operation completed by your extremely competent staff and I wish to send you a letter of thanks but do not have the name of the excellent surgeon who was in charge. My mother-in-law is 99 years old, blind, deaf and has cancer, and despite these afflictions is now back in her nursing home and very happy.

**North Crisis Resolution (CR) clinicians, Specialist Mental Health Service**

A mother of a person seen by North CR was complimentary of the service given to her son and herself. She said they received "seamless exemplary service" and that "everyone has been brilliant, just amazing and so kind."

**Anaesthetist, surgeon, Christchurch Hospital**

My mother presented with a broken right hip. The anaesthetist is to be commended for his/her expertise. Against all odds and largely because of your excellent staff, headed by the surgeon, Mum's hip was replaced successfully, and she has now recovered. I cannot thank you enough for your excellent care and expertise. My heartfelt thanks to the staff, and in particular, your surgeon. You are all simply amazing.

**Interventional Radiology, Christchurch Hospital**

The Interventional Radiology team were wonderful, friendly and comforting while I was receiving treatment. Very focused and professional. Great reassurance around my anxiety to receive this treatment and very pleased overall. Namely Dr Mark and the lovely nursing team. Thank you so much.



Dad's asthmatic – so I'm going all out to protect him.



Doing it for each other  
Te mahi mo tētahi ki tētahi

Te Kāwanatanga o Aotearoa  
New Zealand Government

Unite  
against  
COVID-19

TIPS FOR SLEEPING WELL

GET REGULAR EXERCISE EACH DAY.



## Chief Digital Officer adds skill to his resume

Adding another string to his bow, Chief Digital Officer, James Allison is pictured receiving a lesson from one of our WellFood pro-baristas at the Burwood café recently.

We're told the resulting coffee "wasn't too shabby" with one person describing theirs as "drinkable".

While James was visiting the Burwood team he also helped out serving meals to patients.

His impression of Burwood? "Wonderful people doing wonderful mahi!"



## Living our Values: A caring voice on the end of the line

*We continue to celebrate some of the many staff who have been redeployed during the pandemic*

Julie Winchester has become a reassuring voice on the phone for many elderly people who are alone and feeling uncertain during the COVID-19 pandemic.

The Healthcare Assistant at aged residential care facility, Tuarangi Home, in Ashburton, is currently redeployed to carry out welfare checks, which involves going through a series of questions on the phone.

"It's something different for me. I have chatted to some really lovely elderly folk. It's been nice," Julie says.

"I feel like doing this has given me some assessment skills. I have loved it and loved meeting Associate Director of Allied Health Kyla Jasperse, who drops off the contact details for me."

Some people are just lonely and want to chat.

"One of the questions is 'do you have family or friends checking up on you?'. Some don't have anyone and that's really sad."

Some of the elderly feel quite desperate, especially with domestic care on hold at present due to COVID-19.

"They are very grateful for my call. They remember my name and say, 'Thank you Julie'. But it's not about me, it's about looking after elderly folk, making sure they are ok."

So far Julie has made about 80 phone calls, which can last just a few minutes to up to more than 20 minutes. She does look forward to getting back to her usual job one day and in the meantime is continuing her studies on dementia care.

"I have missed my regular routine but decided I must turn this into a positive experience. Every one of these lovely folk who I chat with, all have a story to tell," Julie says.

Kyla says Julie's welfare calls to vulnerable people in the Ashburton community who have had to have their homebased support service reduced or stopped because of COVID-19 ensures they are still in contact with services, allows any concerns to be identified, and intervention made if needed.



Julie Winchester

"Importantly it also gives them a caring person they can talk with and express any worries that they may have."

Having the right person to undertake these calls is vital, someone skilled in working with a mostly elderly population, kind and empathic but equally able to manage difficult conversation when people are upset that support services have been reduced or stopped.

"Julie has taken on this redeployment with overwhelming enthusiasm and been adaptable and flexible as the needs of the role change," Kyla says.

# Getting RATs to the countryside

By car and by bicycle, rapid antigen test (RAT) kits are being delivered to people in rural areas who need them.

Canterbury DHB has been working alongside community stakeholders who have been going over and above to ensure rural communities have access to RATs.

"I've had a few rides on my bike doing deliveries, telling people they have RATs in their letterboxes!" says Gaelynn, one of the Community Response team (CRT) making deliveries.

There are 19 RAT distribution points at CRT members' homes, in the rural and remote areas of Selwyn District, says Selwyn District Council Community Resilience Co-ordinator (CRC) Sue Jenkins.

These include: Arthur's Pass, Castle Hill, Lake Coleridge, Springfield, Sheffield, Waddington, Whitecliffs, Glentunnel, Coalgate, Dunsandel township, Kaianga/Dunsandel, Bankside,

Southbridge, Rakaia Huts, Lakeside, Brookside/Irwell, Selwyn Huts, Greenpark, and Motukarara.

"A local CRT person in each of these areas is the point of contact and when contacted via cell or email, they arrange contactless delivery or pick up for people in their area. Some are also contacting their vulnerable residents and ensuring they have access to the support they need."

In total about 650 RAT kits have been supplied to the community via the CRT distribution points. Each area started with between 24 and 36 kits. Six areas have had quite a demand and already asked for more.

"There has been an overwhelmingly positive and appreciative response from the community. The CRT contacts have loved being involved and appreciate being able to support their communities in this way," Sue says.

The CRT members are Civil Defence volunteers. There are 32 CRTs throughout the Selwyn District, with a total of about 180 people in these teams.

"They are our eyes and ears around the district who coordinate the local response during a Civil Defence emergency. They are all Police vetted, are offered free first-aid training and psychological first aid and are a known and trusted source of information into the Emergency Operations Centre during an event," Sue says.

Feedback she has received from CRT members includes:

*"Have had several requests including a family of six and a family of seven. Also, I have delivered to local vulnerable people. The gratitude is amazing - I love this part of the job."*

*"So far I have handed out 15 boxes and have two boxes being collected in the morning. I have phoned some elderly residents and advised we have them and I will deliver them."*

*"Gave one to someone who is due for cancer surgery today and was expected to drive into town and get one. So grateful!"*

*"We contacted local vulnerable people and had a waiting list. We have had a pretty good response, with residents voicing their appreciation. I have so far given out kits to five households, totalling 14 kits and have 10 kits currently on hand."*

*"People are very thankful that they can have a box (of RATs)- which is lovely - so thanks for making it happen, it is hugely appreciated by the community."*

Project Lead Community Rapid Antigen Testing Rachel Thomas says Canterbury DHB would like to say a special thank you to the team at Selwyn District Council and Pegasus Health for helping set up this initiative.

Waitaha PHO have also helped establish networks in the Waimakariri and Hurunui districts which has been very helpful.



Selwyn District Council Community Resilience Co-ordinator (CRC) Sue Jenkins delivering a RAT kit to Matt in Whitecliffs



Community Response Team member Gaelynn doing RAT deliveries in Selwyn

# Midwifery leader steps down

For Sonya Matthews 2022 will be her last year working as a midwife but not before she passes on some of the huge wisdom and experience she has gained over almost two decades.

Sonya is stepping down this month as Charge Midwife of the Birthing Suite at Christchurch Women's Hospital (CWH) and returning to the role of Core Midwife before retiring at the end of the year.

"This will give me a chance to do some teaching and share the knowledge of all of these years of being a midwife with my younger colleagues. It will also give me more time off to concentrate on my whānau, my gorgeous mokopuna and building our new family home," she says.

Sonya began her midwifery career at the old Christchurch Women's Hospital in Colombo St in 2003. She has held the roles of Core Midwife and Associate Clinical Midwife Manager, and since 2014, CWH Charge Midwife.

"I have also been supported by the profession and by Canterbury DHB to be an expert advisor for the College of Midwives and have been a member of the Perinatal and Maternal Mortality Review Committee since 2008. These roles have really complimented the work that I do as Charge Midwife and enabled me to action improvements to our system from this work."

Sonya says she loves working in health, especially maternity, as each day is different from the last and there are always new people to meet and talk to.

"My absolute highlights are when everyone is recognised and works together as a team. One discipline cannot run an acute busy unit on their own and I am always supremely grateful for the support and work that our frontline admin team and our tireless hospital aides perform. It is about everyone pitching in together," Sonya says.

"Sonya is the sort of midwife we all aspire to be with a skillset that not only reflects the science of midwifery but also the art," says Executive Director of Midwifery and Maternity Services Norma Campbell.



Midwife Sonya Matthews is leaving after almost 20 years in the role

"Many women have been fortunate to have had Sonya present at their birth and we are fortunate that we still have her as a midwife until the end of the year. Her sense of humour keeps us all on our toes. She will leave big shoes to fill and a space in all of our hearts when she leaves this role."

Midwife Manager Christchurch Women's Hospital Katherine Gee says Sonya is a midwifery leader who never loses site of the māmā and pēpi, keeping them and their individual needs at the centre of all she does.

"She weaves the art and science of midwifery together, blending them seamlessly as she provides care, whether that be in situations involving significant complexity, pure joy, or at times deep sadness, Sonya does all she can to ensure these māmā gain the best experience they can."

Sonya generously shares her knowledge and experience to support other's learning and many can attest to her giving them a gem of information or a 'top tip' that helped them grow. It has been a pleasure working alongside Sonya over the years in her various roles, Katherine says.



# Have your say on the New Zealand Income Insurance Scheme

There are two weeks left to have your say on proposals for a New Zealand Income Insurance scheme.

The scheme – proposed by the Government, Business New Zealand and the New Zealand Council of Trade Unions – will support workers with 80 percent of their income for up to seven months if they lose their job through no fault of their own.

Under the proposed scheme, people will have the time and financial security to find a good job that matches their skills, needs and aspirations, or retrain for a new career.

People with a health condition or disability which meant they needed to stop working or reduce their hours, will be supported to take time off work to recover fully, work reduced hours, or retrain if they could not continue to work in their existing job.

The Government, Business New Zealand and the New Zealand Council of Trade Unions are keen to hear from medical professionals and users of the health system on their views on the proposals.

Many people continue to work while sick, often causing medical issues to become more serious when not addressed and requiring complex or long-term care. Allowing people to take a break from work to aid recovery could support better health outcomes for people and our healthcare system.

The medical community will play an integral part in the implementation of the scheme. The certification process to determine someone's inability or reduced capacity to work will be similar to that used for ACC claims, MSD work capacity medical certificates, and sick leave notes.

Like ACC for accidents, the scheme would be funded by levies on wages and salaries, with both workers and employers contributing.

The key features of the proposed New Zealand Income Insurance Scheme are:

- > Broad coverage for different working arrangements
- > Coverage for job losses due to redundancy, layoffs and health conditions and disabilities
- > A four-week notice period and four-week payment, at 80 percent of salary, from employers
- > A further six months of financial support from the scheme, at 80 percent of wages or a salary
- > Option to extend support for up to 12 months for training and rehabilitation
- > A case management service to support people's return to work
- > Administered by ACC
- > Funded by levies on wages and salaries, with both workers and employers paying an estimated 1.39 percent each
- > Workers eligible after six months of levy contributions in the previous 18 months.

[Read more about the proposals, complete a short survey or make a submission.](#) The consultation closes on 26 April.



Have your say: **An income insurance scheme to support people who stop work because of health conditions or a disability**

## Long-serving rural dental therapist retires

Dental Therapist Lorraine Auld who has tirelessly served rural communities has retired from the Community Dental Service.

Lorraine trained in Wellington between 1972 and 1974. She was posted to Nelson before being transferred to Rangiora in January 1978 and then to Cheviot in January 1980.

Lorraine continued her work in the Cheviot, Amuri, Hurunui and North Canterbury clinics.

"It just seems like yesterday that Mum and Dad drove me down from Napier with everything I owned in a suitcase along with my sewing machine and a travel rug. It was compulsory to live in one of the government hostels with your year group in those days," she says.

"Thank you, Lorraine, for your contribution over the years, you will be greatly missed," says Clinical Team Leader Helen Dobbs.



## Now is the time to get your flu vaccination

What's worse than vaccination fatigue? Getting laid up for weeks with a debilitating flu for one.

Winter is creeping ever closer and we are welcoming Kiwis and visitors at our open borders, so influenza is not far behind. We all need to be vaccinated as soon as possible to reduce the spread and severity of flu this year. We don't want to see our COVID-19 hospital beds gradually empty as cases reduce, only to be filled with flu patients.

Canterbury DHB staff are entitled to free flu vaccinations. These are currently on offer across all campuses (check out the schedule [here](#)). You will need to complete a [consent form](#) and bring it with you to your vaccination.

You don't need an appointment and if it applies to you, the flu vaccine can be given any time after you have recovered from COVID-19.

## Protect yourself *and* your whānau this winter

If you're 65+, or 55 and over and Māori or Pacific, it's time to get your FREE flu jab

# FLU 2022

# One minute with... **Abhijit Kolla,** Cardiology Registrar

## What does your job involve?

As a training registrar I have a wide range of responsibilities, mainly on and off the ward. On the ward, it would be to work with a team and care for patients under the team to effectively manage and communicate with patients, their family and staff so that the appropriate standard of care is received by the patient. Off the ward, it's mainly covering the Catheter Lab, ECHO (echocardiography) studies, transoesophageal echocardiograms, bubble studies (a non-invasive test that allows physicians to assess the flow of blood through the heart), and cardioversion (which aims to get abnormal heart rhythm back to a normal pattern by sending electric signals to the heart through electrodes placed on the chest). I also help facilitate the daily rosters to help the various teams operate smoothly.

## Why did you choose to work in this field?

I chose to be a doctor because of the opportunity to provide service.

## What do you like about it?

There are many aspects to Cardiology that are enjoyable and satisfying. There are many instances where you could potentially cure a person from his or her ailment which brings immense pleasure in being a part of caring for them. The simple answer is that it makes me want to come to work every day.

## What are the challenging bits?

The constant work flow and long hours, but mostly it would have to be if procedural related complications affect my patients in the short or long term.

## Who inspires you and why?

Values inspire me (mostly because of my upbringing). In medicine there is a constant effort to improve yourself whether it is with procedural techniques or research, so you try and be the best version of yourself.

## What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

It fits perfectly with the way I practice Medicine as a whole. My role involves not only dealing with patients, but also multidisciplinary staff, doctors from different departments and other junior staff working in Cardiology, but more importantly I work with people from different cultural backgrounds. It is important to recognise and respect boundaries. I personally feel these values are important as they translate into a more positive experience.

## Something you won't find on my LinkedIn profile is...

I have a hobby as an amateur photographer.



## If you could be anywhere in the world right now it would be...

With family.

## What do you do on a typical Sunday?

I like to get outdoors, doing some tramps and runs, and also enjoy going to cafes!

## What's your favourite food?

Chicken Biryani.

## And your favourite music?

Any kind.

If you would like to take part in the column or would like to nominate someone please contact [Naomi.Gilling@cdhb.health.nz](mailto:Naomi.Gilling@cdhb.health.nz)

## Something For You



Something for You is the Canterbury DHB employee benefits programme. The deals offered are from the New Zealand business community to say thank you for all that you do.



### The FrontRunner Colombo

- Shop 4a, The Colombo. 363 Colombo St. Sydenham, Christchurch

10 percent off full priced and sale priced items instore and online - show your Canterbury DHB ID instore to redeem. Visit [Something For you page](#) to get the discount code for the [online store](#).



### MACPAC

- Christchurch Central, Riccarton, Tower Junction, Northlands, Hornby

30 percent off MACPAC branded items (sale items with less than 30 percent discount will be bumped up to 30 percent). Show your Canterbury DHB ID instore to redeem.



### Issue Clothing

Get 15 percent off full priced items. Visit [Something For you page](#) to get the discount code for the [online store](#). Please contact them at [info@issueclothing.com](mailto:info@issueclothing.com) if you have any questions.



### Kjole Style

- 6/7 Conical Hill Road, Hanmer Springs 7334

Get 15 percent off full priced and sale priced items instore and online - show your Canterbury DHB ID instore to redeem. Visit Something For you page to get the discount code for the online store .



### Quick Fit Alterations

- 220 Westfield Riccarton Mall Christchurch

Quick fit alterations shop would like to offer 15 percent off for all alterations and exclusive price of just \$18 for trousers and skirts shortening. NOTE this is not just for Canterbury DHB uniforms, claim for all alterations you need, show your Canterbury DHB ID instore to redeem. Contact information 03 348 4924/ 021 02279418.



### Mia & Co

Get 15 percent off all items. Visit [Something For you page](#) to get the discount code for the [online store here](#). If you have any questions you can contact the owners at [miaanndco@gmail.com](mailto:miaanndco@gmail.com).

We have several hotel chains like CPG, Millennium, Swiss-Belhotel, Heritage and Mi-Pad (in Queenstown) offering discounted accommodation for Canterbury and West Coast staff. Visit the [Something For you page](#) to get the discount codes.



The latest issue of Pegasus 2025 newsletter which showcases the work being done in primary health care supported by Pegasus Health and its partners is out now.

Read about how Pegasus has been working for Canterbury for 30 years; faster access to services for concussion patients and more [here](#).



The latest issue of the People Pānui, the regular newsletter providing news on the transition to Health NZ and the Māori Health Authority is out now. It includes an update from new Chief Executives, Margie Apa and Riana Manuel, as well as key information about the arrangements for 1 July, and what people can expect to see communicated in coming weeks.

You can read it on the [Future of Health website here](#).

You can subscribe to receive these newsletters [direct to your inbox here](#).



## News from the Health Quality & Safety Commission

The latest Health Quality & Safety Commission newsletter is out now. Read about a Rolleston farmer who is the April face of Kia whakarite: Be prepared advance care planning campaign, the latest national hand hygiene compliance report presents results, an update on the stocktake of the current management of sepsis and [more here](#).



University of Otago, Christchurch



# Simulation Instructor Workshop

- Date/Time:** Tuesday, 21 June to Thursday, 23 June 2022  
 Start time: 8:30am-4:30pm  
 Participants must be able to attend all days in full and ensure travel arrangements don't require late arrival or early departure.
- Venue:** University of Otago, Christchurch Simulation Centre, Level 1, 72 Oxford Tce, Christchurch
- Facilitators:** An interprofessional team including UOC Simulation Centre staff and invited guests.
- Open to:** Health Professionals with an interest in simulation-based education, all disciplines. While those with no prior experience in simulation will be able to manage the course it is designed for individuals already working in simulation.
- Cost:** \$1,800 + GST per person (catering included). 50% discount for University of Otago staff

**Focus and format of the workshop:** includes **active participation and practise** of all components of simulation-based education as well as presentations and discussions of both theory and practice.

- educational underpinnings of simulation-based education
- principles and practice of scenario writing
- best practice in SBE including focus on safety
- approaches to debriefing
- orientation to the human simulators SimMan3G Plus / SimJunior and the simulation environment
- developing and delivering/running a scenario
- participating in scenarios
- reviewing scenario development and delivery practice
- debriefing a scenario
- reviewing debriefing practice (debriefing the debrief)



**MORE INFORMATION:**

email: [simcentre.uoc@otago.ac.nz](mailto:simcentre.uoc@otago.ac.nz)

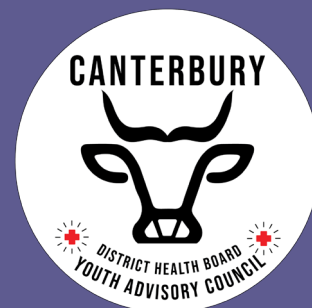
**ONLINE REGISTRATION:**

<https://www.otago.ac.nz/christchurch/services/simulationcentre/otago090914.html>

Numbers are limited to 20 participants. Places will be allocated on a 'first-in' basis and only confirmed once payment is received.

# Professional Development ✦ Opportunities! ✦

**Want to learn how to be more inclusive & accessible for young people in our health system?**



The CDHB Youth Advisory Council offer professional development for health professionals across the health sector who would like to learn more about how to work with young people and how to make their service more accessible, inclusive, and youth-friendly for young people!

We can tailor our session(s) to suit your needs as a service or health professional. We have been lucky so far to present to various groups, nurses in particular CDHB services, and different organisations across the health sector. But we would love to come & have a chat with your health professionals!



Get in touch with us at [cdhbyouth@gmail.com](mailto:cdhbyouth@gmail.com) if you are interested in us running some professional development or would like to know more!