Health New Zealand Te Whatu Ora Waitaha Canterbury Pānui

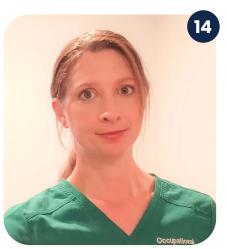
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Health New Zealand
Te Whatu Ora











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Cover photo: Representatives of the Hillmorton building project team, from left Clinical Manager and User Group Lead David Egan, Project Manager Design Delivery Dale Kennedy, Allied Health Consultant and User Group Lead Casey Harvey, Clinical Lead Mental Health Facilities Rebecca Webster, and Project Manager Proj-X Solutions Limited Gordon Morrison

Kupu Arataki – Introduction

Winter wellness – health advice is available 24/7

This winter, healthcare advice is available whenever and wherever you need it.

Healthline is a free over-the-phone health service that all New Zealanders can access for free health advice, information and treatment from professional healthcare providers – and it's available 24 hours a day, seven days a week.

You can call Healthline:

- > for advice about your situation and next steps
- > if you do not have a GP or cannot get to one
- > if you need advice about medicine
- if you are worried or unsure about your health or someone else's health.

The service is staffed by an experienced, trained team including nurses, paramedics, health advisors and doctors.

When you call Healthline they will ask you about the condition, illness or question you are calling about. They may ask you to send them a picture or a video of what you have called about to help them understand.

They can assess your symptoms and recommend the best thing to do.

- If you become unwell or are concerned about your health, contact your GP or usual healthcare provider first.
- If you can't access a GP or don't have one, you can call Healthline free on 0800 611 116 for health advice and information about what to do next.
- Healthline nurses, paramedics and advisors are available anytime, day or night.
- You can choose to speak with a Māori clinician if you're calling between 8am and 8pm. Interpreters are available and the Healthline team can arrange to talk to you in your language. When your call is answered, say you'd like an interpreter and the language you'd like to speak in.
- If you are deaf, hard of hearing, speechimpaired and need assistance, you can access Healthline using the NZ Relay Service www.nzrelay.co.nz



> Healthline can also call you back – if you don't need help or advice straight away, or you're busy, you can ask Healthline to call you by going to www.healthify.org.nz, and clicking "request a call back", entering your details and a nurse or paramedic will call you.

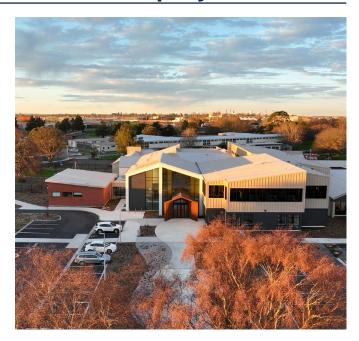
Global design accolade for Hillmorton project

Congratulations to the team at Klein Architects, whose work on two new mental health facilities at Hillmorton has been recognised at an international awards event in the UK.

Klein, on behalf of Health New Zealand | Te Whatu Ora Waitaha Canterbury, won the title of Project of the Year - New Build International at the Design in Mental Health Awards ceremony, for two new Specialist Mental Health Services buildings, which opened at the Hillmorton Campus in 2023.

The awards' judges described the buildings as "a fantastic overall design. Proper incorporation of nature and consideration for the benefits of biophilia but importantly for the staff as well as the patients."

Read more and hear from those involved in the project on <u>page 12</u>.



Grants open to support Māori students into health careers

Applications are currently open for Te Pitomata grants, which provide opportunities to support Māori students pursuing careers in health services.

Health New Zealand | Te Whatu Ora has this year expanded the grant to include students studying to become rongoā practitioners, broadening the scope of its support.

Te Pitomata grant, also known as 'The Power of Potential' fund, was developed to provide access to financial assistance for students of Māori descent across various health and disability-related programmes.

Eligible students must be of Māori descent and currently enrolled in a relevant programme of study. Applications are accepted across categories including Clinical (Undergraduate), Midwifery, Nursing, Medical (including Dentistry), Allied Health, Scientific & Technical, Rongoā and Postgraduate (Clinical and Non-Clinical).

Visit <u>Māori Health Scholarships</u> for more information and to apply for the grant. Applications will close on Sunday 16 June.

Elder Abuse Awareness Day – Spot the signs

This Saturday 15 June is Elder Abuse Awareness Day – a chance to shine a spotlight on elder abuse, and older people's rights to live free from exploitation and abuse.

In New Zealand, it's estimated one in 10 older people will experience some kind of elder abuse. Age Concern says elder abuse is prevalent but often not reported.

The organisation says the impact of elder abuse is profound for older people, but also avoidable if they get help and intervention services early.

It is urging people to be alert to the signs of elder abuse, which might include injuries such as bruises, cuts, or broken bones, malnourishment or weight loss, poor hygiene, anxiety, depression, or confusion, unexplained transactions or loss of money, or withdrawal from family members or friends.

Everyone can play a part in speaking up, so older Kiwis can be free from the fear, mental anguish, emotional pain, and distress the elder abuse causes.

On Saturday, staff at Burwood and Christchurch hospitals will have stands and information displays to help raise awareness of the issue and of support service available.

If you have concerns about how you or someone you know are being treated, or feel frightened or at risk, contact the Elder Abuse Response Service – it's free, and available 24 hours a day.

> Freephone: 0800 32 668 65

> Text: 5032

> Email: support@elderabuse.nz

Find out more at the <u>Office for Seniors</u>, <u>Age Concern</u>, or the <u>United Nations</u>.



Ā mātou kōrero – Our people

Pharmacist's outstanding contribution over three-plus decades

A confidant, mentor, and inspiration to many, who always had patients and her colleagues at the front of her mind.

That is how Christchurch Hospital Pharmacist Janelle Kennedy is being remembered following her retirement last week after a 34-year career in the Pharmacy department.

Her legacy includes setting up the Pharmacy Service in the Outpatient Nephrology Clinic.

Janelle registered as a pharmacist in Queensland in 1983. After spending time in Australia, Papua New Guinea, and St Mary's Hospital in Paddington, she started work as a General Pharmacist at Christchurch Hospital in 1990.

Janelle quickly moved into the Dispensary Manager role, remaining there for 28 years.

She gained a reputation for coordinating the team with grace and a calm demeanour, continually upping the game with respect to clinical standards, and always improving the scope and quality of the department.

Clinical Pharmacy was in its infancy at the time, and Janelle managed to build up the Pharmacy Nephrology Service from nothing, says Nephrology Pharmacist Linda Escott.

"Janelle constantly sought to improve the clinical service to Nephrology – a fact that is readily acknowledged by her consultants. She became a powerhouse of knowledge for doctors, nurses, and pharmacists alike and was responsible for introducing the Pharmacy service into the Outpatient Nephrology clinic."

Along with sabbaticals in the UK and gaining experience from dialysis units, Janelle began joining in medical ward rounds, advising on patient cases, and developed protocols. She nurtured and developed many interns and pharmacists over the years.



Christchurch Hospital Pharmacist Janelle Kennedy who retired recently

"Her compassion and professionalism were notable during the Christchurch earthquakes and also on the day of the Christchurch mosque shooting, when she led the Pharmacy response. She met Prince William as a result."

A talented painter, the beautiful cards Janelle shared with the department, along with stories of travel and great walks, will be cherished, Linda says.

Pharmacy Service Manager Clare Greasley says if she had one word to sum up Janelle it would be 'professional'.

"Her contribution to the department has been enormous and she will be sorely missed. It's with mixed emotions we say goodbye, grateful for memories shared and excited for the adventures that lie ahead in her well-deserved retirement."

One minute with... Kirsty Lacey, Graphic Designer, Medical Illustration

What does your job involve?

A very simple way I describe my role to people who don't know much about graphic design is "we make things look pretty". I am one of four graphic designers based at Christchurch Hospital. We do work for Canterbury and the West Coast, producing a wide range of collateral. This includes, but is not limited to, posters, pull-up banners, clinical forms, social media tiles, logos, booklets, brochures, flyers, stickers, lanyard cards, lanyard straps, name badges, footpath signs, teardrop flags, screensavers, floor stickers and conference posters. The role is so varied, which is what I love about it!

What pathway got you to this job?

After finishing my studies at Massey University in Wellington I moved back home to Christchurch where I was lucky to get a job quite quickly in the graphic design department at Smiths City. I then designed newspaper ads at Star Media for a few years before obtaining my role at the then Canterbury District Health Board where I have been for almost five years now.

What advice would you give someone keen to enter your field?

Having some form of qualification behind you definitely helps get your foot in the door. I would also say to take each opportunity that comes your way, even if it's not initially what you had in mind for yourself – you never know where it might lead!

Who inspires you and why?

After becoming a mum myself, it would be my own mum. As adults my two siblings and I all have a really strong bond with her – we are friends as well as her kids. I think if I were to become half the mother she is then I'm doing a pretty good job!

What do Waitaha Canterbury's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

We need to make sure anything we are producing is going to be accessible and isn't going to offend anyone, so thinking ahead to who is going to be viewing or using what we are creating is really important.

If you could be anywhere in the world right now where would you be and why?

Definitely somewhere tropical and warm! I love a cocktail so sitting double parked on a beach somewhere sounds fantastic.

Who would you want to play you if there was a movie made about your life, and why?

Probably Sandra Bullock – she is funny, witty and I find her quite down to earth.

What are some of the ways you and your whānau show their aroha/love for our planet?

My husband loves growing fruit and veggies which we then get to be creative with in the kitchen!



Kirsty and her family enjoying the fresh air at Lake Tekapo over King's Birthday

What are your hobbies/interests outside of work?

While I would love to say something super interesting and out the gate, I really do just love spending time with my wee family! My son is almost 11 months old and is growing up so fast, so I love being with him and seeing him grow and learn. We enjoy going for walks, hanging out with our dog, reading books, playing with blocks and he has also developed my love for food – so we enjoy catching up with friends and family over a yummy meal!

If you would like to take part in this column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.

Akoranga WHĀ – Lesson 6

Mānawatia a Matariki – Celebrate Matariki

Mānawa maiea te putanga o Matariki Mānawa maiea te ariki o te rangi Mānawa maiea to Mātahi o te Tau Whano, whano Haramai te toki ata huakirangi Haumi e Hui e Tāiki e!

Celebrate the rising of Matariki
Celebrate the lord of the skies
Celebrate the new year
Unite, unite
And bring forth the day
Together
In union
We are one!

As the days get colder and we wait for Matariki to rise gain in the east, this session is going to focus on this special time of the maramataka Māori (Māori calendar).



What is Matariki?

Matariki is an open star cluster more commonly known throughout the world as Pleiades or Messier 45 (M-45). The cluster itself is made up of several hundred stars, but very few of these are visible to the naked eye. It is important to note that different iwi across Aotearoa have different stories and understanding relating to Matariki. For instance, some iwi refer to Puanga instead of Matariki, as the signal for the new year, but all maintain knowledge of both Puanga and Matariki.

Matariki is often translated as "small eyes", a literal translation of "mata" and "riki".

This translation seems to have originated from and been socialised by early ethnographers in Aotearoa, without any deeper explanation relating to Māori understanding of cosmology. Matariki is in fact, an abbreviated version of the name "Ngā Mata o te Ariki Tāwhirimātea", and this name originates from the creation narratives of Māori.

Following the separation of Ranginui (Sky Father) and Papatūānuku (Earth Mother), Tāwhirimātea (deity of wind and weather) was the only child of Ranginui and Papatūānuku who had not agreed that his parents be separated, and he sought retribution on his

siblings. Ultimately, an epic battle ensued and Tāwhirimātea was defeated. Before he fled towards the skies to spend his days with his father, Ranginui, Tāwhirimātea was so distraught that he plucked out his own mata (eyes) and threw them into the sky, such was his outrage. His eyes remain stuck to the chest of Ranginui to this day and Tāwhirimātea continues to attack his siblings by sending the wind and storms to earth.

Here in Aotearoa, Matariki is visible for much of the year except for a period of approximately a month during May, June and July. During this time Matariki sets in the west in the early evenings of May until the time that it rises again in the pre-dawn sky during June or July – and remember that the maramataka Māori is based on lunar phases and is not related to the Gregorian calendar that most of the western world works within.

This rising again of Matariki is what signifies the new year in the maramataka Māori.

Matariki would be carefully analysed by the tohunga kōkōrangi (astronomers) in the early morning. Each visible star within the cluster would be carefully assessed to obtain clues about the environment and determine whether

the following year would be one full of bounty, or one of lean times.

Furthermore, Matariki is a time for togetherness, reflection, remembrance of those who have died during the previous year, and a time to give thanks to the taiao (environment) for providing the sustenance for life. It is also a time for setting goals and aspirations for the year to come.

An important ceremony associated with Matariki involves the cooking of a selection of the best kai (food) associated with various stars in the constellation in the umu kohukohu whetū (steaming earth ovens of the stars).

Once the karakia (incantations) to Matariki were complete and the names of those who had died during the past year had been called out, the hot kai would be uncovered and the hautapu (steam) that rose into the sky would 'feed' and replenish Matariki.

He Whakapātaritari - A Challenge

Can you spot Matariki? Kia moata te maranga – you will need to get up early and a good pair of binoculars can be useful. Go somewhere where there is little light pollution and hope for a clear sky.

How to find Matariki

Start with the three stars of Tautoru (Orion's Belt). To the left of Tautoru you will see a triangle shaped set of stars called Te Kokotā. Just left of Te Kokotā you will come across a cluster of stars and this is Matariki.

If you would like to learn more, please visit <u>Living by</u> <u>the Stars</u>

Mā te whetūrangi o Matariki e tiaki mai, e manaaki mai i a koutou mō te tau e taka mai ana.

May the gentle light of Matariki guide and inspire you all this year.



Whakamihi – Bouquets



Community Dental, North Canterbury

Thank you for loaning a model mouth with teeth that I can use for teaching and showing my autistic son how to clean his teeth.

Respite Care, Oxford Hospital

I can't tell you how much I enjoyed my respite care break with you all this week. You are all so very good to me and I appreciated sincerely, everything everyone did for me. You and your team are just amazing! Thank you all so, so much.

Bronwen Rhodes, Respiratory Consultant, Christchurch Hospital

I am so grateful for Dr Rhodes' attention and care of me. She is very diligent and thorough in her assessments and plans of care and really goes the extra mile. Please thank her for her kindness. I am so grateful.

Minor surgery, Burwood Hospital

Amazing, friendly, caring staff. Keep up the great work.

Emergency Department (ED), Intensive Care Unit (ICU) and Medical Progressive Care Unit (MPC), Christchurch Hospital

I was recently hospitalised with pneumonia, entering your ED via an ambulance. The care and attention of your ED staff was exemplary. Subsequent transfer to ICU was rapid when my condition deteriorated. The ICU staff care was wonderful and within 60 hours I was well enough to transfer to the MPC ward for three nights to complete my recovery. In these times when the health system is under so much pressure, the dedication of all the staff is reassuring when one is so ill. As an aside, the food provided by your WellFood catering staff was great, good food served by lovely staff – kept me well nourished! Grateful thanks from me and my family to the team at Christchurch Hospital.

Minor surgery, Burwood Hospital

The care was outstanding. The specialist fully explained the medical issue and explained the procedure. Nothing was overlooked. Opportunity for questions was given. The nursing/support staff were amazing. My wife and I were really impressed with the service we received. Thank you so much.

ED, Christchurch Hospital

Our experience has been superb. Nothing but the highest praise. Thank you.

Gastroenterology, Christchurch Hospital

The whole team were amazing. Lots of laughs, smiles, and sound advice. Always professional but just so friendly and happy.

Ward B5, Christchurch Hospital

All the staff were friendly and professional.

Ward A8, Christchurch Hospital

Transferring to Burwood today, and while looking forward to the next stage of [patient's name] recovery we are very sad to be saying goodbye to what has become like a surrogate family. Cindy, Sara, Rose, Heidi and Sandra, the gorgeous nurses and hospital aides (I would love to name each and every one of them) were simply magnificent in their caring, respect and attitude to their work. What a team! I'd also like to thank Mahdu, Diana, Jacqui and Tania who always checked in on [patient name] and me and provided familiar faces in a very scary time. What a team, A8 rocks! Thank you so much also to the therapy team.

ICU and Ward 16, Christchurch Hospital

To Mackenzie and all the ICU staff and to Milly, Claudia, and staff on Ward 16. Thank you for all the care, and generally listening to me, my partner, and family, while being under the care of these two units. Every concern and need were tended to, with nothing but a smile and some laughs along the way, making some of the worst times, so much better. You all are the optimum level of nursing and are the essence of what nursing is about. All my wishes were abided by and taken into consideration. We will never be able to thank you enough.

Security, Christchurch Hospital

You guys were amazing! Your care with [patient name] through tough incidents filled me with admiration. Thank you so much.

Kim, Healthcare Assistant (HCA), Christchurch Hospital

I would like to give a shout out to Kim, an HCA working on Ward 16. She expertly cared for my mother-in-law with compassion and respect. She enhanced her mana, at a time in her life where she's very vulnerable. Thank you, Kim, you are a real asset to the hospital.

Lyn Pugh, ED, Christchurch Hospital

I have never done this before, but the care you gave me was just so amazing that I had this strong urge to say thank you for the care you showed me. You made me feel like I was the only patient in the hospital that day even though you were incredibly busy. Your patient and calm nature kept my anxiety away and you answered all my questions in a way that gave me clarity and a much better understanding of my symptoms. We need more doctors in New Zealand just like you! I want you to know just how much I appreciate all you did for me. Thank you again Lyn. Please keep being amazing.

ED, Christchurch Hospital

The team were fantastic in their care and working with me to get a diagnosis and treatment plan in place. Nurses, doctors, and orderlies were all pleasant and wonderful to talk with while they performed what needed to be done. The new ED is also a fantastic facility. I was impressed with the little touches, such as the privacy curtains that overlap instead of meeting on a single rail and allow people to walk between them without needing to fully open them. It's little touches like that that make it feel like a modern, well-designed hospital. For someone who didn't want to be there in the first place, my visit was a very good one. Thanks to the team for a good job well done.

10 June 2024

Ā mātou tāngata – Our stories

A new mental health design approach wins international award

Two new mental health facilities in Ōtautahi
Christchurch have won the title of Project of the Year
- New Build International at the Design in Mental
Health Awards ceremony in the UK.

The buildings, which opened in Hillmorton in 2023, were designed by Klein Architects, on behalf of Health New Zealand | Te Whatu Ora.

One houses a unit for adults with high and complex mental health needs, and the other provides inpatient and specialist outpatient mental health services for mothers and babies, children and adolescents, and people with eating disorders.

The awards' judges described the buildings as "a fantastic overall design. Proper incorporation of nature and consideration for the benefits of biophilia but importantly for the staff as well as the patients."

Biophilic design supports the connection to the natural environment.

The design, colours and finishes were inspired by the natural environment, and with guidance provided by Mana Whenua Ki Waitaha, a representative collective of the seven Ngāi Tahu rūnanga.

The buildings help create an environment that supports oranga hinegaro – mental wellbeing – by creating homely spaces that welcome whānau, and support other aspects of contemporary models of care, says Health NZ Clinical Lead Mental Health Facilities Rebecca Webster

"At the same time, the buildings' design lets in plenty of natural

light, allowing strong connections with the outdoors. For instance, the generous courtyards, activity spaces, outdoor basketball court and playground help give a feeling of calm and familiarity."





Welcoming, homely spaces feature in the interior design of Hillmorton's new facilities

Senior Associate at Klein Architects and the Co-Project Lead Sam Paterson describes what it was like seeing the facilities working as intended.



An exterior view of one of the award-winning buildings at Hillmorton

"It was truly rewarding to visit the facility after it opened and to see tangata whaiora enjoying cooking and sharing a meal with whānau. This was a special moment to witness and is an example of the social and therapeutic benefits achieved by the design."

Regional Head of Infrastructure for Te Waipounamu at Health NZ Rob Ojala says the work done on the project will benefit more than just the two buildings at Hillmorton.

"This is the result of a great collaboration between the clinical teams, tangata whaiora, mana whenua, designers and the project team to deliver an incredible facility, which will inform the design of other mental health builds around the country."

For more information on the awards go to the <u>Design in Mental Health website here</u>.

10 June 2024

New addition aims to streamline care for brain injury

A new checklist aims to ensure patients with traumatic brain injury are quickly identified and consistently treated.

The Cortex Traumatic Brain Injury Pathway Checklist was piloted successfully in Ward B8 at Christchurch Hospital. The next phase is to introduce it into Orthopaedics, General Surgery Trauma, and the Intensive Care Unit today. Nursing and Allied Health teams have been briefed and the trauma nurse coordinators and the Trauma Committee are supportive of the rollout.

The idea of the Checklist is to support staff who don't necessarily frequently see patients with a head injury, says Occupational Therapist Mary Gorton who is championing the project.

"It's divided by head injury severity and each level of severity has best practice clinical prompts and reminders of essential tasks to streamline care. This will benefit patients by ensuring they all receive the same best and timely care, whichever ward or specialty they are under.

"It will also mean they have the right ACC claim completed, enabling the right access to head injury rehabilitation following their hospital discharge", she says.

In the past there has been less focus on head injury assessment/management in cases where other major injuries take the focus.

"Recent highlighting of the impact a head injury has on recovery has demonstrated the importance of correct identification and treatment. Now there is more awareness, we are completing more staff education and this checklist in Cortex aims to keep that focus visible and maintain an equitable service," Mary says.

Occupational therapists are the lead profession in supporting the roll out of the checklist, but it was developed in collaboration with Nursing and Allied Health staff.

The Te Tāhū Hauora Health Quality & Safety Commission launched the Serious Traumatic Brain Injury (sTBI) project.

It is one of three areas of focus within the Quality Improvement Workstream of the major trauma collaboration between the National Trauma Network and Te Tāhū



Occupational Therapist Mary Gorton

Hauora Health Quality & Safety Commission.

The goal of the project was to develop national consistency in the acute management of patients with isolated or complex sTBI, to reduce mortality and secondary injury morbidity regardless of geographic location of injury. It also aimed to ensure that all major trauma patients at risk of traumatic brain injury are screened early and that those who need it receive the rehabilitation required for optimal recovery.

In 2023, occupational therapists, clinical nurse specialists, trauma nurse coordinators and Christchurch Hospital's wards A3 and A4, took part in the sTBI project pilot.

"The pilot was very successful, with Christchurch Hospital having one of the most successful TBI teams, in implementing standardised head injury screening for trauma patients, across the motu," Mary says.

The Occupational Therapy team now use the sTBI criteria for all trauma patients across Christchurch Hospital. They developed the Checklist to further enable the sTBI pathway, streamlining best practice and timely care for patients with all levels of traumatic brain injury and enabling consistent and excellent care.

Human Milk Bank has a new location

The Human Milk Bank (HMB) is expanding and relocating to the first floor of Christchurch Women's Hospital (CWH) as part of the Neonatal Intensive Care Unit (NICU) expansion and compliance works.

This move marks a significant milestone in the mission to provide optimal care and support to infants. The relocation has allowed for the transfer of freezers from the corridor into the new secure milk bank area, further enhancing the safety and security of our precious milk donations.

The HMB's aim is to support parents who plan to breastfeed, by providing pasteurised donor milk until their milk production establishes. It also provides support with pasteurised donor milk for those babies who are critically unwell or those very premature babies at risk of developing necrotising enterocolitis (NEC), which is a life-threatening condition.

The decision to relocate the HMB was to enable the planned expansion of NICU but also to support any future plans for the HMB to provide a wider service outside of Christchurch Women's Hospital as resourcing allows. The new location provides a purpose-built space for the HMB's operations.

Project Manager Mike Frude led the construction work, ensuring that the relocation process was carefully managed. From the initial design phase led by Project Manager Martin Duggan to the final construction, every aspect of the relocation was carefully managed to ensure minimal disruption to our services.

Milk Bank Manager, Schol O'Bery says the team is excited about the opportunities presented by the new space. "This includes enhanced occupational safety measures, improved workflow, and optimised equipment safety."



The fridges in the new Human Milk Bank

The new space has been an excellent quality improvement initiative and the relocation will have a positive impact on operational efficiency and service delivery.

Plans are also under way to repurpose the old space on the fourth floor to support clinical services within the NICU.

Progress on University of Otago campus redevelopment

Work is progressing on a major building project currently under way near Christchurch Hospital – the University of Otago Christchurch Campus Redevelopment Project on Oxford Terrace.

Staff and visitors to the area will have noticed a steady stream of concrete trucks over recent weeks, as the building takes shape.

The steel structure is making significant progress, with the southeast quadrant steel now reaching the full height of the building.

Contractors are also busy installing steel structures and floor decks across various levels, alongside ongoing concrete pouring of the floor slabs one quadrant at a time.

These activities are steadily raising the entire structure toward its full height.

Over the next few weeks contractors will be focusing on concrete pours for the north-east floor slab quadrants, and installation of the flooring deck to the north-west quadrant.



Concrete pouring for a steel column taking place along Tuam Street. Concrete pours are continuing this month as the University of Otago campus redevelopment takes shape.

They will also continue the installation of structural steel from levels three to six on the south-east, along with concrete pours for the basement walls.

Initial fitout to the southern levels 1 and 2 is also planned to start during June.

The Building

The University of Otago Christchurch campus is a training base for medical students during the final three years of their undergraduate degree. It is also a research-intensive campus, hosting postgraduate health science students and world-class research groups whose work benefits patients nationally and internationally.

More than 1000 students study at the Christchurch campus, which has more than 500 staff.

The new building will support the growth of the Christchurch campus' world-leading health science research and education programmes, with improved facilities that are fit for purpose.

It will also provide opportunities for collaboration with health partners across the Te Papa Hauora Health Precinct, and allow for co-location of departments currently dispersed around the University's Christchurch campus.

The new six-storey building will house:

- > Laboratories for the campus medical research and teaching
- > A specialist radiology suite
- > A Clinical Research department for psychological medicine and health related studies
- > A hub for postgraduate nursing studies

Pānui - Notices



Simulation Instructor Workshop

Date/Time: Tuesday, 25 June to Thursday, 27 June 2024

Start time: 8:30am-4:30pm

Participants must be able to attend all days in full and ensure travel arrangements

don't require late arrival or early departure.

Venue: University of Otago, Christchurch Simulation Centre

Level 1, 72 Oxford Tce, Christchurch

Facilitators: An interprofessional team including UOC Simulation Centre staff and invited guests.

Open to: Health Professionals with an interest in simulation-based education, all disciplines.

While those with no prior experience in simulation will be able to manage the course it

is designed for individuals already working in simulation.

Cost: \$1,900 + GST per person (catering included) 50% discount for University of Otago staff

Focus and format of the workshop: includes **active participation and practise** of all components of simulation-based education as well as presentations and discussions of both theory and practice.

- educational underpinnings of simulation-based education
- · principles and practice of scenario writing
- best practice in SBE including focus on safety
- approaches to debriefing
- orientation to the human simulators SimMan3G Plus / SimJunior and the simulation environment
- developing and delivering/running a scenario
- participating in scenarios
- reviewing scenario development and delivery practice
- debriefing a scenario
- reviewing debriefing practice (debriefing the debrief)

Numbers are limited to 20 participants. Places will be allocated on a 'first-in' basis and only confirmed once payment is received.

ONLINE REGISTRATION:

https://www.otago.ac.nz/christchurch/services/simulationcentre/instructor-training-workshop

For more information - email $\underline{simcentre.uoc@otago.ac.nz}$

This is an approved College of Intensive Care Medicine (CICM) CPD course.

Telehealth 2-day workshop

Friday 12 July and Saturday 13 July 2024

Whakarongorau Aotearoa, 25 College Hill, Freemans Bay, Auckland

In collaboration with Collaborative Aotearoa and Whakarongorau Aotearoa, the NZ Telehealth Forum is bringing a two-day in-person workshop to Tāmaki Makaurau/Auckland.

Designed for telehealth providers who work in allied health, nursing, paramedic or medical fields, the workshop includes guest speakers from Medical Protection Society, Whakarongarau Aotearoa, Health Navigator, Health Literacy NZ and more.

The workshop will include didactic sessions on day one with plenty of opportunity for discussion and small group breakout sessions on day two, with an opportunity to participate in simulated telehealth scenario-based sessions. The curriculum will cover medicolegal responsibilities, assessing and managing risk, patient selection, tips to enhance physical and psychiatric assessment via telehealth, and key learning points to making a video consultation successful in order to keep both you and your patients safe.

We look forward to hosting you for this event.

Attendance to this event constitutes GP CME points.

Earlybird tickets \$200+gst (\$250+gst after March 31 2024)

REGISTER NOW: telehealth.org.nz/workshop2024







