



Kōrero mai
Talk to me

E raru ana i ēnei āhuatanga?

whai hā	ngenge
mamae	kārangirangi
tae	kakapa manawa
kaumingomingo	

Kāore tētahi e whakarongo ana ki a koe?



Health New Zealand
Te Whatu Ora
Canterbury Waitaha

Kōrero mai – he ratonga tēnei hei whakamahi māu i te hōhipera mēnā koe e āwangawanga ana i te panonitanga o tō āhuatanga, te āhuatanga o tētahi o tō whānau, te āhuatanga rānei o tētahi e tokona ana e koe, ā, kāore koe e rangona nei.

1

**Whakaaraaratia
tētahi kaimahi, ka
tonoa ai te kōrero
ki tētahi nēhi**

2

**E RARU TONU ANA?
Whakaaraaratia
tētahi kaimahi, ka
tonoa ai te kōrero ki
Kaihautū Tīma**

3

**E RARU TONU ANA?
Waeahia te
027 684 0128
ka tonoa ai tētahi
arotake.**