



Kōrero mai  
Talk to me

# E raru ana i ēnei āhuatanga?

whai hā                   ngenge  
mamae                   kārangirangi  
tae                        kakapa manawa  
kaumingomingo

## Kāore tētahi e whakarongo ana ki a koe?



**Te Whatu Ora**  
Health New Zealand  
Waitaha Canterbury

**Kōrero mai** – he ratonga tēnei hei whakamahi māu i te hōhipera mēnā koe e āwangawanga ana i te panonitanga o tō āhuatanga, te āhuatanga o tētahi o tō whānau, te āhuatanga rānei o tētahi e tokona ana e koe, ā, kāore koe e rangona nei.

1

**E otia koe te pēhi i te pere karanga kia kōrero ki tētahi nēhi**

2

**E otia koe te pēhi i te pere karanga, me te tono kia kōrero ki te Kaihautū Tīma o tō wāhi**

3

**E RARU TONU ANA?**  
**Waeahia te 027 684 0218**  
**ka tonoa ai tētahi arotake.**  
**Kei konei koe**