



Mementos

Whānau/Family Information – Neonatal Services

With the birth of your pēpi/baby you will be very excited and keen to record this event. Whilst your pēpi is in the Neonatal Unit, we encourage you to record his/her stay with us. This may be by way of photos, a diary, and the collection of souvenirs.

Please feel free to ask the staff for assistance in obtaining souvenirs. If they are unable to help, they will endeavour to find someone who can.

Things to collect

- footprints
- photos
- ECG leads
- gold heart stickers
- nappies
- name label bracelets
- cord clamps
- cot labels
- a variety of certificates

Some parents enjoy writing a diary of events, feelings and emotions that occur and change during their pēpi stay. Many books are available from bookshops for this purpose. They may be especially for pēpi, blank diaries, or covering a simple school exercise book in nice paper is very effective. Some certificates and paper photo frames are available from the staff to help you. Pages may be brightened with stamps, stickers or cut-out pictures. An example of a diary is available in the parent's library.

Photos may be taken anywhere within the Neonatal Unit and a flash may be used. It is recommended that this activity be coordinated with your nurse for when your pēpi is having cares as this will reduce the amount of disturbance to your pēpi. It is a good idea to leave a disposable camera in your pēpi incubator so staff can take photos for you. A day-to-day, week-to-week collection of photos will show your pēpi progress.

