



Come along to Premie Play Group – for Babies Born 30-34 Weeks

Parent/Caregiver/Whānau Information – Neonatal Services

Premie Playgroup is run in a relaxed environment and provides an opportunity for babies once they are 2 months past their due date to:

- Spend time with other families/whānau who understand the NICU journey and life with a preterm baby.
- To talk to a physiotherapist about your baby's strengths and challenges.
- Be referred to appropriate services if needed for follow-up, eg. Speech and Language Therapist for feeding concerns.
- Learn how your baby's development may look due to their prematurity.

Premie Play Group is held on the second and fourth Monday of the month (school term-time only) from 9.30am-10.30am at The Child Development Service, 440 Montreal Street (Corner of Montreal Street and Bealey Avenue). Parking on site or on Peacock Street.

BOOKINGS ARE NOW ESSENTIAL FOR EACH SESSION. Please phone the Physiotherapy Dept at Christchurch Hospital on 03 364 0680 to book in. Bookings close at 4pm on the Friday before each session.

An interpreter service is available with notice

*Please let us know of any specific cultural needs we can support you with
Feel free to bring a helper, but unfortunately, we don't cater for older siblings*

*Please note: Premie Play group **does not** run in COVID level 2-4*



For more information contact the Physiotherapist Neonatal Service
Christchurch Women's Hospital, Private Bag 4711, Christchurch
phone: 364 4743, fax: 364 4883