



Rooming in/Mum time

Whānau/Family Information – Neonatal Services

There are several rooms available for māmā/mothers to live in and care for their pēpi/babies. We encourage mama to come and stay a few days prior to their pēpi discharge, just to ensure they are confident in caring for their pēpi. Priority is given to māmā who are breastfeeding their pēpi and who are no longer in-patients themselves and are about 2 days from discharge. Priority is also given to those whose pēpi have complex needs, for example home on oxygen and/or tube feeding and are ready for discharge.

As these rooms are shared, please do not bring visitors to the room but to the nursery or whānau lounge when appropriate. Please respect other māmā need for rest and privacy. The rooms have an ensuite and meals are provided. When you come to room in, fill out a menu early in the day with the ward receptionist so that your dietary needs will be met.

Rooms are arranged through the Associate Clinical Nurse Manager (ACNM) and reviewed daily at the end of each ward round.

If bed space allows, we will consider 48-hour periods of māmā time for any māmā who would benefit from being with pēpi 24/7 to improve lactation, those with transport issues or who have partners away from home. This is discussed on ward round and a room allocated according to need.

For whānau with complex pēpi or multiple's, consideration is given to papa/dad staying overnight as well.

