

## **CORPORATE OFFICE**

Level 1 32 Oxford Terrace Christchurch Central CHRISTCHURCH 8011

Telephone: 0064 3 364 4160 Fax: 0064 3 364 4165

carolyn.gullery@cdhb.health.nz

23 August 2018



#### **RE Official information request CDHB 9906**

We refer to your email dated 31 July 2018 requesting the following information under the Official Information Act from Canterbury DHB.

1. All food and nutrition standards, policies & guidelines related to food served to inpatients

Please find attached as **Appendix 1** Canterbury DHB Standards, policies and guidelines related to food served to inpatients. These include:

- Food Allergy Management
- Food and Water Safety
- Malnutrition Guidelines
- 2. All inpatient menus
- 3. Food options and menus for allergy specific dietary requirements
- 4. Food options and menus available for vegetarians and vegans

Please find Christchurch Hospital menus requested attached as follows:

Appendix 2 Patient menus Weeks 1-3
Appendix 3 Adult – additional food and drink list
Appendix 4 Paediatric – additional food and drink list
Appendix 5 Dairy free Week 1-3
Appendix 6 Egg free Week 1-3
Appendix 7 Vegan Menu

#### Notes:

1. We also personalise what we offer to patients on special diets depending on their age, condition and ethnicity but it is not always written on the menu.

2. We are only providing the menus for Christchurch Hospital. To provide a complete list of menus for all 11 Canterbury DHB Hospitals would require substantial collation or research, we are therefore declining to do this under section 18(f) of the Official Information Act.

If you disagree with our decision to withhold information you may, under section 28(3) of the Official Information Act, seek an investigation and review of our decision from the Ombudsman.

I trust that this satisfies your interest in this matter.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website ten working days after your receipt of this response.

Yours sincerely

Carolyn Gullery

**Executive Director** 

**Planning, Funding & Decision Support** 



## **Food Allergy Management**

#### Contents

Policy	1
Purpose	1
Scope/Audience	1
Definitions	2
Definition to determine allergy status	2
Definitions to be managed by patient's menu selections (i.e. not as part of this policy)	2
Roles and Responsibilities	2
Identification - nursing/midwives responsibilities	2
Communication of food allergy on admission – nursing/midwives responsibility	3
Associated documents	3
Dietitian referral requirement	4
Documentation and notification requirements for inpatient reactions – nursing/midwives/medical practitioners' responsibilities	
Prior to discharge	4
Measurement/Evaluation	4
References	5

## **Policy**

All patients/consumers with Food Allergies in an inpatient service setting will be identified and the information regarding allergies communicated appropriately.

## **Purpose**

To ensure appropriate and timely management of food allergies.

## Scope/Audience

- Patients with a Food allergy (excludes Food Intolerance/Food Aversion/Food Preference).
- Nursing/Midwifery/Dieticians/Food Services/Pharmacists/Medical Practitioners.



## **Definitions**

## **Definition to determine allergy status**

Food Allergy - An immune reaction usually from an IgE antibody to a particular food, food component or ingredient, which can occur after eating only a small amount of the food. The most common triggers in children are egg, milk, peanuts, tree-nuts and soy. In adults shellfish, fish, peanuts, tree nuts and sesame.. Reactions are usually immediate and frequently life threatening and can include hives, swelling, wheeze and anaphylaxis

## Definitions to be managed by patient's menu selections (i.e. not as part of this policy)

The following definitions will be managed by the patient's menu selection and do not meet the scope of this policy.

Food intolerance - An adverse reaction to food, which does not involve an immunological mechanism. Reactions are dose related and often delayed, making clear identification of the trigger difficult. Small amounts of the trigger food may be tolerated. Reactions include gut symptoms, headaches and migraines

Food aversion - A psychologically based food intolerance, where a conditioned response is elicited by the recognition, appearance, smell or taste of a particular food. Panic attacks are an example of food aversion presenting as anaphylaxis.

Food preference - Patients preferred 'likes' and 'dislikes'.

## **Roles and Responsibilities**

## Identification - nursing/midwives responsibilities

- All patients will be 'screened' for food allergies (past or present) on admission (or preadmission where possible)
- Refer to the definitions above to confirm the food source is an actual allergy
- Use family/whānau/parent sources when required
- Review the patient management alert/memo system
- Provide patient/consumer education if the food can be confirmed as an intolerance or aversion where possible to avoid the patient using the terminology 'allergy'

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.



## Communication of food allergy on admission – nursing/midwives responsibility

- Download or document previous memo/alert information to add to patient's current clinical record.
- Complete orange adverse reaction stickers and place on the patient's admission form and medication chart and identify allergies on the person's assessment and or care planning documents. In the Specialist Mental Health Service this information will be documented in the Core Documents Section of the electronic patient record and in the admission note.
- Document/communicate the patient's diet codes for catering as soon as possible as per procedure – before the patient receives their first meal/beverage.
- Ensure patient is provided with an orange menu list in divisions which use these. Document diet restriction/allergy in the patient's care plan.
- Identify the patients allergy on the Bedside Modified Diet Charts (flip chart) where used and or on the Patient Communication Board Using the ISBAR format communicate the food allergy status of the patient on transfer to another ward/unit/facility.

## **Associated documents**

- Food Allergy Identification and Documentation Procedures
- CDHB Adverse Reactions Identification and Documentation Policy Volume 12 Fluid and Medication Management Manual
- CDHB Incident Management Policy Volume 2 Legal and Quality Manual
- Clinical Record Management Policy Volume 11 Clinical Manual
- CDHB Incident Form ref. 1077
- Adverse Drug Reaction Report QMR0128
- Patient education pamphlets
- Facility specific Modified Diet Charts (flip chart)
- Medic Alert Application for Membership (New Zealand Medic Alert Foundation Inc.) – available from Pharmacy.
- Specific patient management system manual (e.g. PMS Homer manual, SAP system manual)
- Management Guidelines for Common Medical Conditions (The Blue Book) Anaphylaxis Management

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.



## Dietitian referral requirement

Patients with 3 or more food allergies must be referred to the Dietitian. Exception: In the Specialist Mental Health Service any patient with one or more food allergies must be referred to the Dietitian.

## Documentation and notification requirements for inpatient reactions - nursing/midwives/medical practitioners' responsibilities

- Nurse/Midwife to notify medical staff of inpatient's reactions
- CDHB Incident Form ref. 1077 will be used to identify an incident (or near miss).
- Medical staff must assess the allergic reaction and for any life threatening or severe reactions and complete an Adverse Drug Reaction Report QMR0128 (Refer to Adverse Reactions Identification and Documentation CDHB Policy, Volume 12, for further instructions).
- If a paper file is being used the top copy of the Adverse Reaction form will be filed in the front of the patient's clinical record, the other two copies are sent to pharmacy.
- The Nurse/Midwife is to communicate the new reaction as per 1.2 and ensure any electronic system such as SAP, Homer/Concerto has the alert added.
- For severe reactions Medical staff must discuss the benefits of a Medic Alert (Forms are available from Pharmacy) and/or adrenaline auto injector with the patient.
- Severe reactions that may be anaphylactic in nature will be referred to Immunology/Rheumatology by the medical team.

## Prior to discharge

The medical team must communicate the new reaction to the patient's General Practitioner/facility (e.g. discharge/transfer letter).

## Measurement/Evaluation

Adherence to the policy will be measured from incident reviews, Dietitian referrals and from clinical note review on a time frame specified by the dietetic and nursing services.

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.



## References

- Australian Family Physician "Food Allergy and Intolerance"
   Vol.38, No. 9, pp. 705 707 September 2009
- <a href="http://www.allergyclinic.co.nz/guides/14.html">http://www.allergyclinic.co.nz/guides/14.html</a>
- Health and Disability Sector Standards NZS 8134:2008

Policy Owner	Nutrition And Nursing Services
Policy Authoriser	CMO & EDON
Date of Authorisation	August 2013

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.



## Food and Water Safety in clinical areas

## **Contents**

Policy		2
Purpose		2
Scope/A	udience	2
Associat	ed Documents	2
1. Foc	od handling procedures in clinical areas	2
1.1	Display of information	2
1.2	Hand Hygiene	2
1.3	Food fridge maintenance	2
1.4	Food fridge temperature	3
1.5	Food from external sources	3
1.6	Storage in the ward fridge	4
1.7	General food storage in clinical areas	4
1.8	Meal delivery and collection	4
2. Dis	hwashers	4
3. List	eria Prevention for pregnant women and at risk patients	5
4. Infa	ant Feeding for Boarder Babies	6
4.1	Babies in general wards	6
4.2	Disinfection of breast pump and patient's own bottles and teats	7
5. Ice	Machines	7
5.1	Ice for consumption	7
5.2	Ice machine cleaning and maintenance	7
6. Wa	ter Coolers	8
6.1	Water cooler cleaning and maintenance	8
Measure	ement/Evaluation	9
Referen	ces	9
∆nnendi	ix 1. Ice Machine Cleaning Procedure & Maintenance	10



## **Policy**

To ensure all staff that have a responsibility for food handling, work within the legal parameters and practice appropriate infection prevention and control measures to ensure patients consume safe food

## **Purpose**

The scope of this policy is to provide guidance to all healthcare professionals who care for patients at department and ward level. All staff has a responsibility to ensure food hygiene standards are maintained within their work areas.

## Scope/Audience

This policy relates to all people who are responsible for food safety in clinical areas including, orderlies, food service, nursing staff, volunteers, site maintenance, patients and visitors. NB The food service contractors have a MPI approved custom food safety plan

## **Associated Documents**

- CDHB Hand Hygiene Policy
- Food Fridge Monitoring Chart
- 3353 Safe Food Handling Tips poster

## 1. Food handling procedures in clinical areas

#### 1.1 Display of information

Information about safe food handling should be displayed in prominent areas, e.g. ward kitchen wall, fridge doors. It should also be made available to patients and their visitors, and to staff.

## 1.2 Hand Hygiene

Always perform hand hygiene prior to handling food

## 1.3 Food fridge maintenance



- It is the responsibility of each clinical area to ensure that these guidelines are followed.
- All wards should have domestic fridges reserved specifically for the storage of foodstuffs.
- Fridges should be cleaned once a week and defrosted monthly or according to the cleaning contract's schedule.
- Record weekly cleaning schedules and monthly defrost.

## 1.4 Food fridge temperature

- The required temperature is between 2°C to 4°C
- Record temperature weekly on a graph/log, noting any action taken to maintain correct temperature.
- Written recordings are not required if the fridge has an internal alarm that is activated if the temperature rises above a safe level
- Choose a time to record temperatures when fridge is not being opened frequently e.g. evening or night, to ensure accuracy of results
- If fridge is consistently running at a high temperature (>5°C) check the following are not occurring:
  - Ventilation grill is obstructed or no ventilation space around fridge
  - Fridge is overfilled
  - Over-frosted ice-box prevents door closing properly
- If fridge temperature is consistently out of range or unable to maintain optimal temperature - contact Site Maintenance or send a requisition to Maintenance and Engineering
- Arrange for safe storage of contents until fridge is repaired or replaced

#### 1.5 Food from external sources

- There are no restrictions on processed food being brought in to patients by hospital visitors, with the exception of patients who are on low immunity diets (e.g. Bone Marrow Transplant Unit or CHOC).
- Visitors should be discouraged from bringing in perishable food items that require refrigeration.
- Food bought into the ward by the patient or visitors becomes the ward's responsibility.



Nursing staff are responsible for labelling their own patients' food. All
hot food (including take-away food) should be eaten immediately. This
food should not be cooled, refrigerated or reheated.

## 1.6 Storage in the ward fridge

- No lab specimens or patient medications are to be kept in the food fridge.
- No raw meat, raw seafood, raw poultry or unpasteurised dairy products may be stored in fridges.
- No hot food that is brought into the ward areas may be stored in the refrigerator.
- Perishable food and food with the seal broken other than fresh raw fruit and vegetables must not be stored for longer than 24 hours.
  - Label with the date, the name of the patient and the time the food was stored in the fridge and discard after 24 hours.
  - A designated staff member is responsible for discarding any food that is unmarked, or beyond the 24 hour period. Where possible the patient must be consulted.
  - Patients are to be encouraged to eat stored food as soon as possible.
- Any partially eaten food (hot or cold, e.g. yoghurt) should be discarded.
- In certain exceptional circumstances (e.g. palliative care) if food is reheated, it should be temperature checked with a food probe before consumption to ensure its core temperature reaches a minimum of 75°C.

## 1.7 General food storage in clinical areas

Dried food goods must be stored in covered containers

#### 1.8 Meal delivery and collection

- Meal trays are NOT to be stripped down on wards
- Staff handling meal trays must comply with The 5 Moments for Hand Hygiene

#### 2. Dishwashers



- Dishwashers purchased for wards to clean patient's crockery must meet healthcare food safety standards for cycle temperature. Contact Service Manager Food and Beverages for guidance.
- The responsibility for cleaning and maintaining ward-based dishwashers must be clearly defined and documented using manufacturers recommendations.

## 3. Listeria Prevention for pregnant women and at risk patients

 Those who are at greater risk from severe/invasive listeriosis are people with lower immunity (either because of an illness or medication), the very young, frail older people and pregnant women.

## 3.1 Guidelines for food purchase, storage & preparation

#### Purchase

- Avoid high risk foods listed in the following link:
  - http://www.foodsafety.govt.nz/elibrary/industry/managinglisteria-in-the-care-sector.pdf
- All commercially processed foods including cottage cheese, processed cheese, yoghurt, pasteurised milk and cream must have a "use-bydate" and be used within its use-by-date. Food services staff are to ensure out of date foods are removed from ward fridges.
- Suppliers into smaller facilities:
  - All pre-cooked meat is bought from a supplier with a Listeria Management Plan. Only purchase small quantities so these are used up promptly when opened
  - Ensure the packaging is clean and undamaged
  - All foods stored & used according to the instructions in their original labelling or within 48 hours of opening

#### Storage

- All cold meat for patient menu items, such as sandwiches, is from a sealed bag and used within 24 hours of opening. It is covered and stored no longer than 24 hours on a separate, higher fridge shelf from raw meat to avoid cross contamination.
- Meat that has been cooked on-site must be cooled, stored as above and used within 24 hours.
- Cook chill cold dessert custards should be used within 24 hours of opening.
- All prepared sandwiches are wrapped and refrigerated following preparation. N.B. This includes those stored in ward kitchens.



- Avoid topping up of containers from bulk food containers such as jams, pickles, sauces
- All cool rooms or refrigerators containing high risk foods are kept at 2-4°C or below. These are monitored and recorded once a day.
- Cooked & ready to eat food must be separated from raw food in the fridge. Raw food should be stored at the bottom of fridge or ideally in a separate fridge
- Kitchen hygiene in small facilities:
  - Equipment such as slicers & can openers are cleaned and sanitised before & after use and between different food types
  - See the following link for cleaning & sanitising information http://www.foodsafety.govt.nz/elibrary/industry/managinglisteria-in-the-care-sector.pdf

## Preparation

- Egg for sandwiches must be well cooked. Scrambled egg and poached eggs must be cooked till yolk is firm.
- In areas where these are used, all salad vegetables and herbs are washed in clean water before serving to patients.
  - Fresh herbs are not used in maternity or low immunity diets
- Fresh produce that is difficult to wash such as seed sprouts should be avoided
- All freshly prepared hot foods must be thoroughly cooked and temperature tested and must be above 75°C prior to the tray line meal service. Serve promptly and discard after hot holding for a maximum of 2 hours.
- Frozen food must be thoroughly defrosted before cooking.

#### For more information please refer to:

http://www.mpi.govt.nz/food-safety/pregnant-and-at-risk-people/food-and-pregnancy/

http://www.foodsafety.govt.nz/elibrary/industry/managing-listeria-in-the-care-sector.pdf

## 4. Infant Feeding for Boarder Babies

#### 4.1 Babies in general wards

• Sterile breast pump equipment is allocated to the mother for her sole use. This equipment is then disinfected on the ward between use and processed at Sterile Services, at the end of stay.



- Use the patient's own breast pump, disinfecting tank, bottles and teats whenever possible.
- Bottle fed babies: Sterile single use bottles and teats are to be used and are available via Supply Department.

## 4.2 Disinfection of breast pump and patient's own bottles and teats

All equipment must be kept for an individual patient's use.

- A disinfecting tank of sodium hypochlorite (Presept) solution should be provided for decontamination of equipment and must be used solely for that patient and labelled with the patient's name.
- The Presept solution must be made fresh each day.
- After each use thoroughly clean all equipment with warm, soapy water. All milk residue must be removed before the equipment is immersed in the Presept solution (140 ppm available chlorine)
  - o Refer <u>CDHB IPC Policy: Decontamination of Equipment Policy for dilution instructions</u>).
- All surfaces of the equipment must be in contact with the disinfecting solution (all air bubbles must be removed), and left to soak for one hour.
- On discharge rinse breast pump and send to Sterile Services to be packaged and re-sterilised before use with another mother.

#### 5. Ice Machines

## 5.1 Ice for consumption

- Ice generated for consumption in communal ice machines must not be used for other clinical applications e.g. cooling
- Ice must be transported to ward freezers/fridge in plastic bags or containers that can be sanitised in a food service approved dishwasher/sanitiser
- Ice must be removed from the plastic bag by using a dedicated scoop with a handle.
- Ice scoops should be stored in a covered container and not left in the ice between uses. Ice scoops should be sanitised daily in a food services approved dishwasher.

## 5.2 Ice machine cleaning and maintenance

 It is recommended that hospital ice machines are to be located in nonpublic areas and not in areas where there is a risk of environment cross contamination.

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: EDON Page **7** of **11** 



- There shall be designated person/department that takes responsibility for cleaning the ice machine.
- The ice scoop and storage container is sanitised daily in a food services approved dishwasher/sanitiser.
- The cleaning of the ice machine should be carried out weekly and documented.
- Cleaning of the ice machine should follow the steps (refer Appendix 1: ice Machine Cleaning Procedure):
  - o detergent clean
  - rinse
  - disinfect/sanitise
  - rinse and dry

## 6. Water Coolers

- Water coolers with a water storage bottle may be a potential contamination risk due to stasis of the water. Infection Prevention and Control recommends only plumbed-in water coolers are used
- Areas that still have water storage bottle type, should not be placed near windows (sunlight enhances algae growth). Only fill the tank to meet daily requirements so that water is changed each day to reduce bacterial colonisation.
- Commercially provided and contractually maintained water coolers are available from several major suppliers.
- A Service record should be supplied to the Ward / Department by the water cooler company on purchase of item.
- Ensure the disposable cups are contained within covered cup dispensers.
- To prevent cross contamination drink bottles and cups should not contact the water cooler nozzle when filling
- Attention to hand hygiene is essential to prevent contamination of water cooler tap and nozzles.

## 6.1 Water cooler cleaning and maintenance

 The collection tray, tap and connections are cleaned daily by a designated staff member in each area with detergent and warm water, using a disposable cleaning cloth and allowed to dry.



- Where filters are used, ensure the filter is checked and the cooler serviced six monthly by the supplier and labelled with a sticker noting date of service.
- Filters are not necessary where water comes from an artesian water supply such as Christchurch Hospital. The 10 micron filters usually used by the suppliers of the coolers do not filter out bacteria.

#### Measurement/Evaluation

- Cleaning & maintenance monitoring records
- Food fridge temperature monitoring records
- CDHB IP&C environmental audits

## References

- 1. Cleaning standards for Victorian health facilities 2011
- 2. New Zealand legislation: Food Act 2014 replaces Food Act 1981
- 3. Ministry for Primary Industries food safety guidelines
  - a. http://www.mpi.govt.nz/food-safety/pregnant-and-at-risk-people/food-and-pregnancy/
  - b. http://www.foodsafety.govt.nz/elibrary/industry/managing-listeria-in-the-care-sector.pdf
- 4. Guidelines for Environmental Infection Control in Health-Care Facilities; Recommendations of CDC and the Healthcare Infection Control Practices Advisory Committee (HICPAC). June 6, 2003
- 5. Schousboe M and Brieseman M: Water-cooler Legionella. New Zealand Medical Journal, 2007:120: 23 March

Date of Authorisation	<b>o</b>		
Policy Authoriser	Executive Director of Nursing		
Policy Owner	Infection Prevention & Control Service		

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.



## **Appendix 1: Ice Machine Cleaning Procedure & Maintenance**

#### **Purpose**

Cleaning procedures are carried out to reduce the likelihood of ice cubes becoming contaminated and serving as a reservoir for pathogens.

## Scope

All staff who are responsible for the cleaning of ice making machines.

## **Equipment**

Collect the cleaning trolley with the following equipment that is used only for this procedure.

- Bottle of alcohol-based hand rub (if none conveniently located by Ice machine
- Food grade sanitising chemical (i.e. Microchlor™) follow manufactures instruction for dilution rates.
- Hospital grade detergent & hot water
- Four buckets
  - 1. A clean bucket for removing ice
  - 2. A clean small bucket for detergent and hot water
  - 3. Small bucket of fresh water( for rinsing)
  - 4. Small bucket for containing correct concentration of Microchlor™
- Disposable apron, vinyl gloves
- Disposable cleaning cloth.
- Adequate supply of disposable floor cloths/rags/approved cleaning mop.

#### **Action**

- Turn off ice machine.
- Perform hand hygiene and don clean disposable gloves.
- Remove and dispose the ice from the machine.
- With disposable dry wipes, wipe machine surfaces in the following sequence:
  - 1 All internal surfaces
  - 2 Trays
  - 3 Flap door of the ice machine

#### **Procedure**

Step 1 Detergent and Water Clean

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: EDON Page **10** of **11** 



• With a fresh disposable clean cloth, hot water and detergent, wipe the surfaces in the above sequence.

#### Step 2 Rinse

 With a fresh disposable clean cloth and clean water, rinse the surfaces in the above sequence.

#### Step 3 Disinfect/sanitise

- With a fresh disposable clean cloth and the prepared food grade sanitising liquid, wash the surfaces in the above sequence.
- Allow the surfaces to air dry.
- Note: Do not dry with a cloth as the chemical requires a contact time to be effective

#### Step 4 Rinse and dry

- With a clean cloth and water and change of gloves, rinse all surfaces in the correct sequence, to remove any chemical residue.
- Allow the inside of the ice machine to dry while wiping the top, sides and lid of the machine with hot water and detergent.
- Ensure the floor area around the machine is left clean and dry.
- Remove and dispose of apron and gloves and perform hand hygiene.
- Turn Ice machine back on.

#### Cleaning of evaporator and filters

Check with Maintenance and Engineering that the manufacturer's cleaning requirements have been met

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: EDON Page **11** of **11** 



# Identification and Management of Malnutrition in the Canterbury District Health Board Hospitalised Patients

## Contents

Opening Statement on Purpose of Document	2
Related Documents	2
Policy	2
Scope	3
Risks and precautions	3
Equipment	4
Definitions	5
Malnutrition	5
Malnutrition, at risk of	7
Nutrition Screening	7
Patient Care plan	7
Malnutrition Action Flow Chart	7
Subjective Global Assessment (SGA)	7
Responsibilities and process	7
DHB responsibilities	8
Nursing responsibilities	8
Medical staff responsibilities	8
Dietitians responsibilities	9
Multidisciplinary team responsibilities	10
Education and Resources	10
Outcomes and Monitoring	10
Measurement/Evaluation	12
References	12
Appendix 1:	13
Appendix 2:	14
Malnutrition Action Flow chart CDHB version.	14
Appendix 3:	16

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Issue Date: April 2015

Be reviewed by: April 2018

Clinical

## **Opening Statement on Purpose of Document**

Patients with malnutrition are known to have longer length of hospital stays, increased costs for their care and poorer outcomes. Malnutrition is associated with increased morbidity and mortality, falls and readmission to hospitals. Malnutrition can complicate recovery from disease, trauma and surgery. The incidence of malnutrition in hospitals in Australasia has been found to be between 20-50% in adults depending on the patient group (1) and 6-14% in children (2). The Australasian Nutrition Care Day Survey from 2010 showed the prevalence of malnutrition in hospitals was 32% and 41% patients were at risk of malnutrition (3). Early identification of patients at risk or with malnutrition (both adults and children) is therefore essential to ensure that an effective care plan is put in place and monitored to improve outcomes (2, 4).

Patients who initially screen as well-nourished or not at risk of malnutrition can experience a decline in nutritional status during their hospital stay, so rescreening for patients hospitalised for more than 1 week is important (1,2). Results of the Nutrition Care Day Survey from 2010 conducted across Australasia showed that on average 32% of patients were malnourished, had a 5 day longer stay than well-nourished patients and a higher readmission rate (5, 6).

## **Related Documents**

- Nutrition screening tool/s
- ICD 10 Codes
- Related Nutritional Standards of Care or Evidenced-based guidelines
- Referral criteria to Dietitians
- International Dietetics and Nutrition Terminology
- Other associated guidelines: ERAS guidelines, Food and Hydration Policy guidelines

## **Policy**

A malnutrition screen must be completed and documented for all patients admitted to the inpatient setting within 24 hours of admission (7). Exceptions are neonates, children, women pre and post-delivery and those patients having day procedures. In some situations the screening tool may be completed in the preassessment area prior to admission to identify those patients most at risk.

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015 Page 2 of 16 Be reviewed by: April 2018



A validated nutrition screening tool/s should be used for appropriate patient groups i.e. based on age and care setting (1, 8).

Malnutrition Screening Tool (MST) is the screening tool used in Christchurch, PMH, Ashburton, Burwood and West Coast hospitals. Mental health use MUST (Malnutrition Universal Screening Tool) for screening. All Staff have clearly delineated responsibilities to ensure the patient receives the appropriate Nutrition Support to meet their identified needs.

If the patient screens as being 'at risk of malnutrition', referrals to a dietitian must occur according to the DHB referral quidelines/malnutrition action chart.

All clinical staff should be oriented to the policy, and as relevant trained on procedures in the Policy document, on a regular basis. This may include education of other allied health staff involved in MST screening, health care assistants as well as nursing and medical staff.

Nutrition screens are best if simple and can be completed by either the patient/caregiver or staff.

## Scope

All clinical and food service staff working in inpatient areas and the pre-assessment setting.

This standard relates to patients in both physical and mental health settings.

## Risks and precautions

Studies, including NZ data, show that the prevalence of malnutrition is widespread in all health care settings and is largely unrecognised and under-diagnosed, resulting in a decline in nutritional status. Malnutrition is associated with adverse clinical outcomes, increased length of stay and increased cost.

Malnutrition can be found in patients who are overweight or obese, not just those who are underweight. Being overweight or obese may mask the presence of nutritional deficiencies and should be identified, as the same malnutrition risks can occur in any BMI (4).

Risks may be minimised by:

 Routine screening in the acute setting. This can improve the identification of both malnutrition and malnutrition risk and allow for appropriate nutritional care planning. The tool in use at Canterbury and West Coast DHB is MST (OR MUST for

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Issue Date: April 2015 Be reviewed by: April 2018



Mental Health Services), a screening tool validated for use in adults (2).

- A multidisciplinary approach to the identification and treatment of malnutrition can improve patient outcome.
- Exceptions for screening are neonates, women post-delivery, and those having day procedures. There are currently no validated tools for use in screening for infants or women who have short hospital stays on average post-delivery.
   Malnutrition can however be diagnosed in the paediatric population by an appropriately trained professional and for that reason it is recommended that all infants, children and teenagers are weighed on admission and for those under the age of 2 years, have their length and head circumference measured.
- CDHB Paediatric wards will use a paediatric specific screening tool to be implemented in 2014. "Strong Kids" is the tool that is being implemented into the Paediatric wards.
- All screening should be completed within 24 hours of admission or at pre-admission. If the pre-admission screening has been undertaken prior to admission, it should be repeated on admission to capture change of nutritional status (4). Screening should also be completed on transfer to another hospital for example from CHCH to PMH, Burwood, Ashburton or Greymouth Hospital.
- Rescreening of all inpatients should occur weekly as nutritional status has been shown to deteriorate during hospital stays.
- Care needs to be taken to ensure that other concurrent medical and/or nutritional needs are identified and considered when planning the nutritional intervention e.g. renal disease.
- Care should be taken with patients who are unsafe for transfer when weighing.

## **Equipment**

- Patient Assessment, Medical Application Portal (access to electronic patient records). Malnutrition Action Flow Chart
- Scales, seat and standing types. In wards where patients are unable to stand on scales, seat scales are recommended.
- Hoists and training of use of hoists for non-ambulatory patients
- Food charts
- Weight charts
- Stadiometers

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH I Page 4 of 16

Issue Date: April 2015 Be reviewed by: April 2018

Clinical



- Hand Dynamometer
- Dietitian (Allied Health) Referral Form

#### **Definitions**

#### Malnutrition

A state of nutrition in which a deficiency or excess of energy, protein and/or other nutrients cause measurable adverse effects on tissue/body form, composition, function or clinical outcome. In the acute care setting, malnutrition will be considered as under-nutrition (9).

Examples of validated definitions are:

1. The NICE Guideline definitions of malnutrition are as follows:

BMI < 18.5

Unintentional weight loss of > 10% in the last 3-6 months (NB patient may still be obese)

BMI< 20 and unintentional weight loss > 5% in last 3-6 months

- 2. ICD-10 definitions of malnutrition are:
  - Unspecified severe protein-energy malnutrition (E43) severe loss of weight or lack of weight gain in children that is at least 3 standard deviations below the mean value for the reference population or in adults a BMI <18.5 kg/m2 or unintentional weight of >10% with suboptimal intake resulting in severe loss of subcutaneous fat and /or severe muscle wasting
  - Moderate protein-energy malnutrition (E44.0)- in children weight loss or lack of weight gain leading to an observed weight that is two or more but less than 3 standard deviations below the mean value for the reference population, or in adults a BMI <18.5kg/m2 or unintentional loss of weight (5-9%) with evidence of suboptimal intake resulting in moderate loss of subcutaneous fat and/or moderate muscle wasting.
  - Mild protein-energy malnutrition (E44.1)- in children weight loss or lack of weight gain leading to an observed weight that is one or more but less than two standard deviations below the mean value for the reference population, and in adult a BMI of < 18.5kg/m2 or unintentional loss of weight (5-9%) with evidence of suboptimal intake resulting in mild loss of subcutaneous fat and/or mild muscle wasting.

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015 Page 5 of 16 Be reviewed by: April 2018



**NB** BMI should consider the ethnicity of the patient and appropriate cut-offs used for patients of Asian or Maori/Pacific origin. i.e. a normal BMI for those of Asian ethnicity is 18.5-23 and Maori/Pacific is 20.5-27.5 (10)

- 3. The Academy of Nutrition and Dietetics and ASPEN 2012 definition of adult malnutrition:
  - Starvation- related malnutrition (pure chronic starvation, anorexia)
  - Chronic disease-related malnutrition where a medical condition imposes a sustained mild/moderate degree of inflammation(organ failure, pancreatic cancer, rheumatoid arthritis, sarcopenic obesity)
  - Acute Disease or injury-related malnutrition with marked inflammatory response (major infection, burns, trauma, closed head injury)

Need to determine if inflammation is present, and then determine if 2 or more of the following characteristics are present to diagnose malnutrition (11, 3):

- 1. Insufficient energy intake
- 2. Weight loss
- 3. Loss of muscle mass
- 4. Loss of subcutaneous fat
- 5. Localised or generalised fluid accumulation that may sometimes mask weight loss
- 6. Diminished functional status as measured by handgrip strength

The severity of malnutrition can then be established by further dietetic assessment using the above factors.

- 4. Definition of malnutrition in children (13, 14):
  - Weight for height should be used to compare the child's weight with the average weight for children of the same height i.e. actual weight/weight for height at the 50th centile. Weight for height can be expressed as a percentage of expected weight or as a 'z' score.
  - Normal weight for height % = 90-110%, mild malnutrition as 80-90%, moderate malnutrition as 70-80% and severe malnutrition as <70%.</p>

The Canterbury and West Coast DHB will use the NICE guidelines for the definition of Malnutrition for adult patients.

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015
Page 6 of 16 Be reviewed by: April 2018



The clinical coders will code malnutrition using the ICD - 10 definitions and Dietitians can specify if the Malnutrition is severe if appropriate.

Paediatric patients will use the term faltering growth to define malnutrition in children and the severity will be determined by the deviation from their growth centiles.

## Malnutrition, at risk of

A patient who has eaten little or nothing for more than 5 days and/or is likely to eat little or nothing for the next 5 days or longer, or has poor absorption capacity, high nutrient losses or increased needs due to catabolism (12).

## **Nutrition Screening**

A simple procedure used by nursing, medical or other staff such as assistants on admission to detect those who have a significant nutritional problem or significant risk of such problems, in order to initiate and implement nutrition therapy.

## Patient Care plan

The screening tool MST (or MUST in Mental Health) should be completed for all patients at pre-assessment, or on admission to the ward and then weekly. The nutrition risk score and patient weight should be documented in the patient care plan.

#### **Malnutrition Action Flow Chart**

A flow chart that provides a nutritional treatment plan based on the score of the malnutrition screening tool to be utilised when a patient is identified as having malnutrition or at risk of malnutrition. See appendix 2.

## Subjective Global Assessment (SGA)

A validated nutrition assessment tool that looks at a patient's physical and functional status as well as fat and muscle stores and makes a judgement as to whether a patient is well nourished, at risk of malnutrition or is severely malnourished. Assessment follows on from identification of risk of malnutrition and is undertaken by a dietitian trained in SGA.

## Responsibilities and process

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Page 7 of 16

Issue Date: April 2015 Be reviewed by: April 2018

Clinical



## DHB responsibilities

To ensure an effective process is used to identify and monitor malnutrition and its outcomes, DHBs should ensure that there is framework in place to support malnutrition as a patient safety indicator.

## Nursing responsibilities

- Screen all adult patients on admission (see exceptions) using the MST (or MUST in Mental Health) screening tool in the nursing assessment documents and record results in the patient care plan and when to rescreen. (Weigh patients weekly (or more frequently if clinically indicated) and rescreen weekly.
- Implement the appropriate nutrition treatment using the Malnutrition Action Flow Chart or refer to the dietitian if the patient meets the referral criteria (taking into consideration other medical/nutrition needs). For low and moderate risk patients, implement the appropriate nutrition treatment using the Malnutrition Action Flow Chart. If the patient meets the referral criteria for medium and high risk, (taking into consideration other medical/nutrition needs), arrange HPE diet and refer to a dietitian in the first instance.
- Communicate malnutrition risk to the multidisciplinary team and record the score in the patient care plan
- Ensure that the appropriate diet code is ordered following the malnutrition flow chart for your hospital.
- Ensure that nutrition intervention, if required, is received by the patient and recorded on the food chart
- Document accurate food and fluid intake in the medical records or food chart as appropriate.
- Document any nutrition concerns in the medical records. Communicate concerns to medical team and/or dietitian according the Malnutrition Action Flow Chart.
- Some of these tasks may be delegated to a health care assistant but remain the responsibility of the nurse to document and action
- Attends training/education provided on nutrition screening and monitoring and be familiar with DHB processes regarding meal delivery, special diet provision, how to obtain nutritional supplements, and dietitian referral criteria

### Medical staff responsibilities

Identify the presence of malnutrition or malnutrition risk in patients using current evidence-based guidelines and document in the patient's record.

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015 Page 8 of 16 Be reviewed by: April 2018



- Identify patients at risk of refeeding syndrome and follow guidelines in the CDHB Blue book.
- Ensure that patients identified as being at nutritional risk are started on the appropriate intervention as per the Malnutrition Action Flow Chart or referred to the dietitian if they meet the ward referral criteria.
- Document the presence of malnutrition, according to agreed definitions, in the medical notes/electronic record so that this is clear for the clinical coders (11).
- Document the risk of malnutrition clearly within the discharge summary to ensure all professionals who are supporting the patient in the community including the GP are aware.
- Application for special authorities for Special Purpose Foods where patient meets PHARMAC criteria if dietitian involved is unable to do this.

## Dietitians responsibilities

- Assess referred patients (who met the referral criteria for high risk) in line with the appropriate standard of care. If the MST score indicates the patient is likely to have malnutrition, undertake Subjective Global Assessment (SGA) or/and full assessment using the 2012 ASPEN guidelines and record this.
- Implement and document a nutrition care plan following discussion with patient and/or carer, family or nursing staff (if patient too unwell).
- Monitor goals and reassess as required.
- Provide education to patients and carers as required to reverse malnutrition wherever possible.
- Document the presence and extent of malnutrition, according to agreed definitions, in the medical notes so this is clear for the clinical coders using the green malnutrition stickers for adult patients and faltering growth for paediatric patients.
- Ongoing and regular education to all staff including nursing education programs, new house surgeons/registrars on the identification and management of malnutrition.
- Regular education to key stakeholders, primarily the users of the tool to keep up with staffing turnover.
- Application for special authorities for Special Purpose Foods where the patient meets Pharmac's criteria. (This is limited to dieticians with prescribing endorsement).
- Ensuring an appropriate nutrition care plan is in place on discharge including referral to other services as appropriate.

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015
Page 9 of 16 Be reviewed by: April 2018



Referral on discharge for appropriate follow-up including ensuring that there is clear documentation communicated regarding presence of or risk of malnutrition.

## Multidisciplinary team responsibilities

- All members of the wider multidisciplinary team are aware of the risk of malnutrition and the need to take responsibility regarding the risk of malnutrition and ensure appropriate plans are in place.
- Regular audit to check compliance of completing the MST and whether appropriate action plan is undertaken.
- Monitoring of complications as a result of malnutrition is undertaken.
- Appropriate and timely referrals to dietitians are made.

## **Education and Resources**

Generic packages for education should be developed and put into place for all clinicians involved in screening and identifying malnutrition risk. This includes generic orientation for nursing. Nurse mangers and nurse educators should ensure that all new graduates and new to area nurses receive information and education to enable and empower them to be confident in nutrition screening, dietitian referral criteria, and how they can initiate care according to a Malnutrition Action Flow Chart (this will vary according to the screening tool used) (9).

All medical staff should receive education around identifying, supporting and monitoring people either at risk of or with malnutrition.

Education should be given to other allied health professionals, health care assistants, and pre-assessment staff and food service personnel involved with patient meal service at the ward level.

Education for relevant clinical staff should include where to find scales, how to use, how to use Stadiometers, how to access food and fluids through hospital food service systems, how to complete a food and fluid record chart accurately.

Clinical coders may need education on the definitions of malnutrition used by the DHB to enable appropriate coding around malnutrition given potential revenue generation.

## **Outcomes and Monitoring**

The following are potential quality indicators that can be used to monitor the quality of nutritional care.

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015 Be reviewed by: April 2018



- Presence of published policies relating to nutrition care within the DHB i.e. Screening, assessment and care pathways.
- Presence of a nutrition steering committee, nutrition support team and clinical dietetic involvement in the acute care setting, a nutrition MDT for mental health facilities, and demonstration of discussion of nutritional issues within MDTs for long-term conditions, paediatrics, the elderly, those with cancer should be considered depending on the services provided by individual DHBs.
- Adherence to policies on nutritional screening/assessment by:
  - Undertaking audits and linked assessments as a result of this
  - Reporting of incidence of malnutrition and risk of this
  - Documentation of the care plan to address malnutrition and clear communication on discharge to relevant parties involved in the patients' care in the community
  - · Evidence of repeated screening for inpatients.
- Adherence to policies on individual nutritional care pathways for those at risk by reports demonstration monitoring of food/nutrient intake, ongoing assessment of body weight and BMI, use and cost of nutritionals and enteral and parenteral nutrition.
- Communication of the nutritional information across care boundaries i.e. discharge summaries and referrals to others by including the nutrition screening score and BMI.
- Documented links with the food service provider and clarity of Food Services role in the management of malnutrition risk.
- Patient satisfaction forms regarding food quality that feed into the nutrition steering committee.
- Complaints that relate to food.
- Appropriate use of tools involved in malnutrition by ensuring that staffs receive regular education i.e. how to complete screening, role in management of malnutrition, use of nutrition assessment tools by dietitians, height/weight charts for paediatrics.
- Presence of nutrition information sheets that are appropriate to patient groups.
- Menu capacity the food and beverages provided will be sufficient to meet the nutritional requirements of different age groups and special diets. Specifications are set to specify these requirements.

A minimum standard suggested for monitoring is:

- Was a nutrition screen undertaken for each patient?
- Was the patient weighed at and/or during admission?
- Was the process of the Malnutrition Action Flow Chart followed?

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015
Page 11 of 16 Be reviewed by: April 2018



- Was an appropriate referral made to a dietitian?
- If the screen was not undertaken, is there evidence this affected the patients outcome?

#### Measurement/Evaluation

Malnutrition screening audit and clinical coding audit to measure the number of patients diagnosed with malnutrition.

## References

- Evidence based practice guidelines for the nutritional management of malnutrition in adult patients across the continuum of care. Nutrition & Dietetics 2009; 66 (Suppl 3) SI
- Malnutrition Matters: Meeting Quality Standards in Nutritional Care. BAPEN 2010
- Consensus Statement: Academy of Nutrition and Dietetic and American Society for Parenteral and Enteral Nutrition: Characteristics Recommend for the Identification and Documentation of Adult Malnutrition (Under nutrition), Jane White et al JPEN 2012 36:275
- 4. A Framework for Screening for Malnutrition, British Dietetic Association, Sept 2009.
- Nutritional status and dietary intake of acute care patients: Results from the Nutrition Care Day Survey 2010. Ekta Agarwal et al, Clinical Nutrition 31 (2012) 41-47
- Malnutrition and poor food intake are associated with prolonged hospital stay, frequent readmissions, and greater in –hospital mortality: Results from the Nutrition Care Day Survey 2010. Ekta Agarwal et al. Clinical Nutrition, Nov 2012.
- 7. Best care for older people everywhere- the toolkit. Victorian Health
- 8. Nutrition Screening Tools: An Analysis of the Evidence. Annalynn Skipper et al. JPEN 2012 36:292
- 9. A Framework for Screening for Malnutrition. Sept 2009. British Dietetic Association
- 10, 2013 Dietitians Clinical Handbook, 10th Edition, DNZ Inc. p18-19
- 11. Agreement on defining malnutrition. Annalynn Skipper, JPEN 2012, 36:261
- 12. Nice Guidelines 2006, Nutrition Support in Adults, Guideline 32.
- 13. Paediatric Nutrition in Practice. Basel. Karger 2008, pp11-12.
- 14. Anthropometric indices of failure to Thrive. Raynor, P, Rudolf, M. Archives of Disease in Childhood; May 2000; 82, 5.

The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015
Page 12 of 16 Be reviewed by: April 2018



## **Appendix 1:**

MST screening tool to be used in CHCH, PMH, Burwood, Ashburton and West Coast Hospitals.

Mental health to use MUST screening tool.

Malnutrition Screening Tool (MST
----------------------------------

Please weigh the patient.	Weight:
January Panerra	Weight:

Please circle the appropriate score.

- 1. Has the patient lost weight in the last 6 months without trying?
  - No Score 0 (go to Q. 2)
     Unsure (ask if clothes are looser) Score 2 (go to Q. 2)
  - Yes –how much (kg)?
    - 1-5 Score 1}
    - 6-10 Score 2} go to Q.2)
    - 11-15kg>15kgScore 3}Score 4}
- 2. Has the patient been eating poorly because of decreased appetite?
  - No Score 0Yes Score 1

Add Ossus frame acception 4 and Otsusthern Tatal assus	
Add Score from question 1 and 2 together: Total score:	

Issue Date: April 2015

Be reviewed by: April 2018

Record patients risk score on care plan.

Clinical



## Appendix 2:

Malnutrition Action Flow chart CDHB version.

## **MALNUTRITION ACTION FLOW CHART**

What is your patients Nutrition Risk score?

The latest version of this document is available on the CDHB intranet/website only.

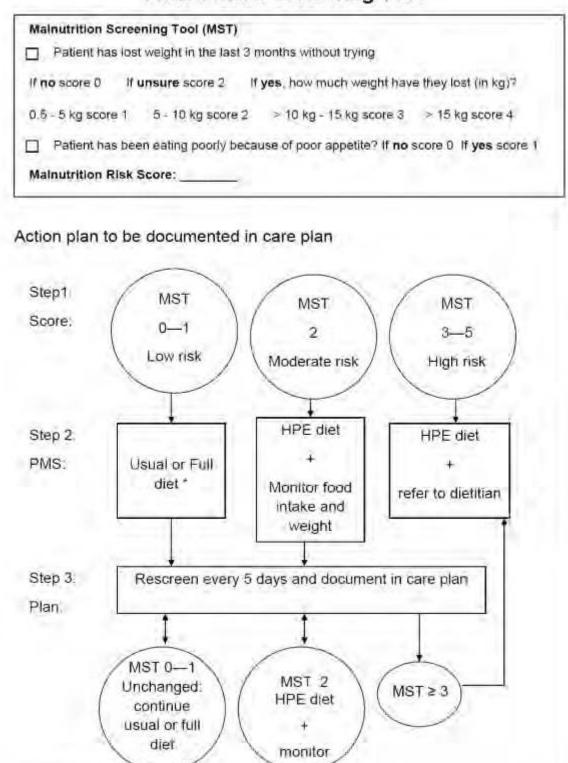
Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015
Page 14 of 16 Be reviewed by: April 2018

Clinical

Identification and Management of Malnutrition

## Malnutrition Screening Tool



The latest version of this document is available on the CDHB intranet/website only.

Printed copies may not reflect the most recent updates.

Includes special or modified texture diets

District Health Board Hospitalised Patients

Clinical

## District Health Board Te Poari Hauora o Waitaha

## **Appendix 3:**

Monitoring and compliance tools that could be completed by nursing and nutrition service staff.

- To audit compliance with the malnutrition screening of all patients on admission and if appropriate dietitian referral was completed.
- Audit of patients weight on admission and if weighed during stay and at discharge.
- To audit if appropriate menu was requested for the patient if identified as per flow chart.
- To monitor the number of patients defined with malnutrition and compare if staff identified and recorded this in patient record.
- To set up a dashboard for patients with malnutrition and other outcomes such as length of stay.

The latest version of this document is available on the CDHB intranet/website only. Printed copies may not reflect the most recent updates.

Authorised by: CMO, EDON and EDAH Issue Date: April 2015 Page 16 of 16 Be reviewed by: April 2018

## CDHB PATIENT MENU WEEK ONE

LUNCH	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Full Soup	P/kin &	Carrot &	Minestrone	Vegetable	Chicken &	Scotch Broth	Chunky
Option Fortified Soup	Nutmeg P/kin &	Coriander Carrot &	Blended	Vegetable	Mushroom Blended	Blended	Tomato Blended
Option (Puree w added SMP)	Nutmeg	Cariot & Coriander	Minestrone	vegetable	Chicken & Mushroom	Scotch Broth	Chunky Tomato
Full Fluid/Light Soup Option (with SMP)	Cream of Pumpkin	Cream of Mushroom	Cream of Pumpkin	Cream of Vegetable	Cream of Chicken	Cream of Vegetable	Cream of Tomato
Clear Soup Option	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken
Gluten Free Soup	Cream of Pumpkin	Cream of Mushroom	Cream of Pumpkin	DK Vegetable	Cream of Chicken	DK Vegetable	Cream of Tomato
Full & Savoury Option	Lemon Tuna Pasta Bake	Potato Bake (Tortilla)	Macaroni Cheese	Spanish Rice ( bacon)	Golden Vege Quiche on pastry croute	Chilli Con Carne on Rice	Sweet &Sour Sausages Mashed Pots
Vegetarian Savoury Option	Vegetarian Pizza	Potato Bake (Tortilla)	Macaroni Cheese	Spanish Rice (with egg)	Golden Vege Quiche on pastry croute	Savoury Chilli Beans & Rice	Scrambled Eggs on Toast
Minced &Moist Savoury served with extra sauce/gravy	Scrambled eggs	Potato Bake (Tortilla)	Macaroni Cheese	Baked beans	Golden Vege Bake (no pastry)	Chilli Con Carne on Mash Pots	S/S Sausages Mash Pots
Pureed Savoury Option	Pureed Scrambled Eggs	Pureed Potato Bake (Tortilla)	Pureed Macaroni Cheese	Puree Baked Beans	Pureed Golden Vege Bake	Pureed Chilli Con Carne & Mashed Pot	Pureed SS Sausages & Mashed Pot
Light Savoury Option	Lemon Tuna Pasta Bake	Potato Bake (Tortilla)	Macaroni Cheese	Scrambled Egg / Toast <b>Soft's</b> Mashed Pot	Golden Vege Bake (no pastry)	Savoury Mince & Rice	Scrambled Egg / Toast <b>Soft's</b> Mashed Pot
Gluten Free Savoury Option	GF Pizza	Potato Bake (Tortilla)	Baked Potato, Cream Corn & Cheese	B/ Bean on GF Toast or Mashed Pot	Golden Vege Bake (no pastry)	Savoury Mince & Rice	GF Sausages Mashed Pots
No Added Salt	Lemon Tuna Pasta Bake	Potato Bake (Tortilla)	Baked Potato & Cream Corn	Spanish Rice (No bacon)	Golden Vege Quiche on pastry croute	Savoury Mince & Rice	Scrambled Eggs on Toast
Children's & LI Savoury	Pizza	American Hotdogs	Macaroni Cheese	Hamburger	Mousetraps	Nachos Chilli con carne, sour cream & cheese	Cheerio's, Bread & Tomato Sauce
Full Sandwich/ Salad Option	Hawaiian Pizza	Pork & Mixed Salad	Corned Beef Open Rye SW	Chicken & Mixed Salad	Roast Beef & Salad SW	Ham & Mixed Salad	Chicken Roll
Soft Sandwich Option	Chicken & Cranberry Egg & Parsley	Beef & Relish Cheese	Ham Cheese	Pork & Mango Chutney & Cheese	Chicken & Cranberry Egg & Chive	Ham Cheese & Pineapple	C/Beef & Mustard Egg
Light Sandwich	Chicken	Roast Beef	Ham Cheese	Pork	Chicken	Ham	Corned Beef
Option	Egg	Cheese	Low Res = ham & egg	Cheese	Egg	Cheese	Egg
Milk Pudding Suitable Diabetic option	Lime Blancmange	Chocolate Blancmange	Raspberry Blancmange	Vanilla Blancmange	Berry Blancmange	Cold Custard	Banana Blancmange
Baked Product	Spicy Apple Muffin Diab –Apple Muffin	Sultana Scone Light & Soft diet - Pikelet	Chocolate Cake Diabetic – Pikelet	Cheese & Onion Scone Light - Pikelet	Lemon Muffin Diabetic – Lemon Muffin	Coffee Cake  Diabetic –  Fruit Loaf	Fruit Loaf Light - Pikelet

## CDHB PATIENT MENU WEEK ONE

DINNER	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Cream Soup	Cream of Vegetable	Cream of Tomato	Cream of Chicken	Cream of Mushroom	Cream of Vegetable	Cream of Pumpkin	Cream of Chicken
Clear Soup	Beef	Beef	Beef	Beef	Beef	Beef	Beef
Full & Low Fat Hot Option	Hungarian Goulash	Baked Stuffed Fish Lemon Sce	Roast Pork, Apple Sauce & Gravy	Spaghetti Bolognaise	Capsicum Pork	Braised Steak	Roast Beef & Gravy
Alternative Hot Option	Meatloaf & Gravy	Beef & Mushroom Pie	Veal Fricassee	Herb Chicken Bake	Crumb Fish Tartare Sce	Apricot Chicken	BBQ Pork
Vegetarian Hot Option	Bean Burritos	Vegetable Lasagne	Pumpkin Balls & Satay Sauce (Cheese sce for children)	Broccoli Strudel	Tomato Pasta Bake	Vegetable & Chickpea Curry	Corn Fritter & Salsa
Minced & Moist Hot Option (Bowl Chopped) & Extra Sauce	Hungarian Goulash	Baked Stuffed Fish Lemon Sce	Roast Pork, Apple Sauce & Gravy	Herb Chicken Bake (no crumb)	Capsicum Pork	Braised Beef	Roast Beef & Gravy
Smooth Pureed Hot Option & Extra Sauce			please puree t	he minced opti	on above for th	ne relevant day	
Gluten Free Hot Option	Beef & GF Gravy	Stmed Fish and G/F Lemon Sce	Roast Pork, Apple Sauce & GF Gravy	Chicken & GF Gravy	Pork & GF Gravy	Beef & GF Gravy	Roast Beef & GF Gravy
Gluten Free Alternative Hot Option	Plain Chicken Nibbles	Beef & GF Gravy	Beef & GF Satay Sauce	Savoury Mince make in DK	Stmed Fish & Lemon Wedge	Chicken & GF Apricot Sauce	GF Corn Fritter and Salsa
No Added Salt Hot Option	As per main menu but GF Gravy	As per main menu	As per main menu but GF Gravy	As per main menu	Cap.Pork or Stmed Fish	As per main menu	As per main menu but GF Gravy
	Cook Chill Beef & Gravy	Stmed Fish & Lemon Sauce	Roast Pork, Apple Sauce & Gravy	Chicken & GF Gravy	Stmed Fish & Lemon Wedge	Cook Chill Beef & Gravy	Roast Beef & Gravy
Light	Meat Loaf & Gravy	Beef & Gravy	Veal Fricassee	Savoury Mince	Pork & Gravy	Diced Chicken & GF Apricot Sce	Pork & Gravy
Low Residue Hot Option	Both light options	Stmed Fish & Lemon Wedge	Roast Pork & Gravy	Both light options	Both light options	Both light options	Both light options
Low Potassium Hot Option	Hungarian Goulash & Rice	As per main menu	As per main menu	As per main menu	As per main menu	Plain Chicken	As per main menu
Children's Meal (minced available)	Chicken Nibbles	Potato Top Party Pies	As per main menu	As per main menu	Crumbed Fish & Chips Tom Sauce	Plain Chicken	As per main menu
Childrens Mince	Pork	Beef	Chicken	Beef	Pork	Chicken	Beef
Potato / Starch	Rice	Parsley Pots	Roast Pots	Spaghetti	Chips	Parsley /Whole Pot	Roast Pots
Options	Mashed	Mashed	Mashed	Mashed	Mashed	Mashed	Mashed
Full Vegetable	Kumara	Carrot Rings	Roast P/kin	Dice Carrots	Side Salad	Baby Carrots	Roast P/kin
Option	Peas/Carrot	Broccoli	Green Bean	Cabbage	Mixed Vegetables	Broccoli	Green Bean
Light Vegetable Option	Kumara	Carrots	Stmed P/kin	Carrots	Stmed P/kin	Carrots	Stmed P/kin
Soft (Minced)	Bean/Carrot Kumara	Broccoli Tips Carrots	Beans Stmed P/kin	Broccoli Tips	Beans Stmed P/kin	Broccoli Tips	Beans Stmed P/kin
Vegetable Option	Rumara Pea Puree	Broccoli Tips	Chop'd Bean	Carrots Chop'd Cab	Pea Puree	Carrots Broccoli Tips	Chop'd Bean
Puree Vegetable Option	Seasonal Vegetables						

# CDHB PATIENT MENU WEEK ONE

DINNER DESSERT	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Full Diet Dessert Option	Brown Betty Vanilla Sce	Fruit Crisp Custard	Cheesecake Cream	Dutch Apple Pudding Custard	Creamy Lemon Rice	Yoghurt Fruit Flan	Fruit Trifle & Cream
Diabetic Diet Dessert Option	Diab Brown Betty Pudding & Vanilla Sauce	Diabetic Fruit Crisp & Custard	Diabetic Cheesecake	Diabetic Dutch Apple Pudding & Custard	Creamy Lemon Rice	Yoghurt Fruit Flan ( No base/cream)	Fruit Trifle (No cream)
Light Diet	Brown Betty Vanilla Sce	Fruit and Custard	Cheesecake no base	Dutch Apple Pudding Custard	Creamy Lemon Rice	Yoghurt Fruit Flan (No base/cream)	Peach Trifle (No cream)
Heart Wards ♥	As for main	As for main	Cheesecake No cream garnish	As for main	As for main	As for main No cream	Fruit Trifle (No cream)
Minced Dessert Option	Puree Brown Betty Pudding & Vanilla Sauce	Puree Fruit & Custard	Cheesecake Cream Garnish (no base)	Pureed Dutch Apple Pudding & Custard	Creamy Lemon Rice	Yoghurt Fruit Cream (no base)	Puree Creamed <b>Peach</b> Trifle
Pureed Dessert Option	Puree Brown Betty Pudding & Vanilla Sauce	Puree Fruit & Custard	Cheesecake (no base) & Puree Fruit Garnish	Pureed Dutch Apple Pudding and Custard	Pureed Creamy Lemon Rice	Pureed Fruit Flan	Puree Creamed <b>Peach</b> Trifle
Thickened Fluid Dessert Option	Brown Betty Pudding & Th Vanilla Sauce	Fruit Crisp & Th Custard	Cheesecake	Dutch Apple Pudding & Th Custard	Creamy Lemon Rice	Yoghurt Fruit Flan	Fruit Trifle
Gluten Free Dessert Option	Fruit and GF Vanilla Sauce	Fruit and GF Custard	Cheesecake (no base) Cream Garnish	Jelly and Ice Cream	Dairy Food	Yoghurt Fruit Cream (no base)	Fruit Salad and Cream
Low Immunity Dessert Option	Brown Betty Pudding & Vanilla Sauce	Fruit Crisp & Custard	Upside Down Pineapple Pudding & Custard	Dutch Apple Cake & Custard	Creamy Lemon Rice	Fruit Sponge and Custard	Hot Fudge Pudding

# CDHB PATIENT MENU WEEK TWO

LUNCH	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Full Soup Option	Chunky Corn Chowder	Chicken & Mushroom Soup	Carrot & Coriander	Minestrone Soup	Farm- style Vegetable	Pumpkin Nutmeg	Scotch Broth
Fortified Option (Puree with added SMP)	Cream of Vegetable	Blended Chicken & Mushroom Soup	Carrot & Coriander	Cream of Tomato	Farm- style Vegetable	Pumpkin Nutmeg	Cream of Mushroom
Full Fluid/Light Soup Option (with SMP)	Cream of Vege Order GF from DK	Cream of Chicken	Cream of Pumpkin	Cream of Tomato	Cream of Vege Order GF from DK	Cream of Pumpkin	Cream of Mushroom
Clear Soup Option	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken
Gluten Free Soup	Order GF from DK	Cream of Chicken	Cream of Pumpkin	Cream of Tomato	Order GF from DK	Cream of Pumpkin	Cream of Mushroom
Full Savoury Option	Chicken Fried Rice	Savoury Mince on Toast	Oakhill Potato	Bacon & Egg Pie & Mashed Potato	Lasagne	Spanish Frittata	Cheesy Fish Bake & Mashed Pots
Vegetarian Savoury Option	Egg Fried Rice	Baked Beans on Toast	Vegetarian Oakhill Potato	Scrambled Eggs on Toast	Macaroni Cheese	Spanish Frittata	Vegetable Mornay and Mashed Pots
Minced &Moist	Baked Beans	Savoury Mince & Mashed Potato	Oakhill Potato	Scrambled Eggs	Lasagne	Spanish Frittata	Cheesy Fish Bake & Mashed Pots
Pureed Savoury Option	Puree Baked Beans	Puree Savoury Mince & Mashed Potato	Puree Oakhill Potato	Puree Scrambled Eggs	Pureed Lasagne	Pureed Spanish Frittata	Puree Cheesy Fish Bake & Mashed Pots
Light Savoury Option	Scrambled Eggs on Tst	Savoury Mince on Toast	Oakhill Potato	B & E Bake & Mashed Pots	Macaroni Cheese	Broccoli & Pasta Bake	Cheesy Fish Bake & Mashed Pots
Gluten Free Savoury Option	Chicken Fried Rice	GF Savoury Mince on GF Toast	GF Oakhill Potato	B & E Bake & Mashed Pots	Baked Potato, creamed corn & Cheese	Spanish Frittata	Steamed Fish and Lemon Wedge
No Added Salt	Chicken Fried Rice	Savoury Mince on Toast	Vegetarian Oakhill Potato	Scrambled Eggs on Toast	Lasagne	Spanish Frittata	Steamed Fish and Lemon Wedge
Children's & LI Savoury	Mousetraps	Mince Savouries	Macaroni Cheese	Bacon & Egg Pie	Lasagne	Mini Hot Dog & Tomato Sce	Fish & Chips
Full Sandwich/Sala d Option	Bacon Tomato & Lettuce SW	Chicken & Mixed Salad	Ham Dagwood Sandwich	Roast Beef & Mixed Salad	Gourmet Chicken SW	Pork & Mixed Salad	Roast Beef SW
Soft Sandwich Option	Roast Beef & Relish Cheese	Tuna Egg & Parsley	Chicken & Cranberry/ Egg	Ham, Cheese & Pineapple	Roast Beef & Relish Egg & Chives	Corned Beef & Mustard Cheese	Ham, Cheese
Light Sandwich Option	Roast Beef Cheese	Tuna	Chicken	Ham Cheese	Roast Beef	Corned Beef Cheese	Ham
Milk Pudding Suitable Diabetic option)	Chocolate Blancmange	Egg Vanilla Blancmange	Egg Raspberry Blancmange	Orange Blancmange	Egg Berry Blancmange	Cold Custard	Egg Banana Blancmange
Baked Product	Gingerbread Diab-fruit loaf	Plain Scone, Jam & Cream	Raspberry Muffin <i>Light-Pikelets</i>	Canadian Date Cake <i>Diab-Pikelet</i> s	Sultana Scone Soft -pikelet	Banana Cake Diab-Fruit loaf	Baked Product of the Day

## **CDHB PATIENT MENU WEEK TWO**

DINNER	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7			
Cream Soup	Cream of Chicken	Cream of Mushroom	Cream of Vegetable	Cream of Pumpkin	Cream of Chicken	Cream of Vegetable	Cream of Pumpkin			
Clear Soup	Beef	Beef	Beef	Beef	Beef	Beef	Beef			
Full & Low Fat Hot Option	Spring Casserole	Sweet & Sour Pork	Roast Beef & Gravy	Cottage Pie	Steamed Fish & Lemon Sauce	Thai Style Beef	Roast Pork, Apple Sauce & Gravy			
Alternative Hot Option	Creamy Chicken	Moroccan Casserole	Golden Sausages	Satay Chicken (Gravy, Children)	Mild Beef Curry	Apricot Chicken	Meat Loaf			
Vegetarian Hot Option	Spinach & Mushroom Pasta	Sweet n Sour Chickpea	Bean Burritos	Stuffed Vegetable Wraps	Hunza Pie	Pumpkin Balls & Satay Sce (Cheese Sce, children)	Potato & Chickpea Curry			
Minced & Moist Hot Option (Bowl Chopped) & Extra Sauce	Creamy Chicken	Moroccan Casserole	Roast Beef & Gravy	Cottage Pie	Fish & Lemon Sauce	Apricot Chicken	Roast Pork, Apple Sauce, Gravy			
Smooth Pureed Hot Option & Extra Sauce		For puree diet please puree the minced option above for the relevant day								
Gluten Free Hot Option	Beef & GF Tomato Gravy	Pork in GF Sweet & Sour Sauce	Roast Beef & GF Gravy	GF/Light Cottage Pie	Steamed Fish & Lemon Wedge	GF/Light Beef & GF Gravy	Roast Pork, Apple Sauce & GF Gravy			
Gluten Free Alternative Hot Option	Chicken & GF Gravy	Beef & GF Gravy	GF Sausage & GF Gravy	Chicken & GF Satay Sauce	Beef & GF Gravy	GF Apricot Chicken	Light Plain Mince			
No Added Salt Hot Option	As per main menu	As per main menu	Roast Beef & Gravy	As per main menu	As per main menu	As per main menu	As per main menu			
Light	Beef & GF Tomato Gravy	Pork in GF Sweet & Sour Sauce	Roast Beef & Gravy	GF/Light Cottage Pie	Steamed Fish & Lemon Sauce	GF/Light Beef & Gravy	Roast Pork, Apple Sce & Gravy			
g	Chicken & Gravy	Beef & Gravy	Steamed Fish & Lemon Wedge	Diced Chicken & Gravy	Beef & Gravy	GF Apricot Diced Chicken	GF/Light Mince			
Low Residue Hot Option	Both Light Options	Both Light Options	Both Light Options	Both Light Options	Steamed Fish or Beef & GF Gravy	Both Light Options	Both Light Options			
Low Potassium Hot Option	As per main menu	As per main menu	Beef & Gravy	As per main menu	Curry served with rice	Beef & Gravy or Chicken Nibbles	As per main menu			
Children's Meal (minced available)	Chicken Nibbles	Hamburger	As per main menu	Cottage pie	Fish & Chips	Chicken Nibbles	As per main menu			
Children's Mince	Pork	Beef	Chicken	Beef	Pork	Chicken	Beef			
	Whole	Rice	Roast Potato	Rice	Whole	Rice	Roast Potato			
Potato / Starch Options	Parsley Potato	Mashed	Mashed	Mashed	Parsley Potato	Mashed	Mashed			
	Mashed				Mashed					
Full Vegetable	Kumara	Carrot Rings	Roast P/kin	Diced Carrot	Stmed P/kin	Baby Carrot	Roast P/kin			
Option	Peas/Carrot	Broccoli	Green Bean	Cabbage	Peas	Broccoli	Green Bean			
Light Vegetable Option	Kumara	Carrots	Stmed P/kin	Carrots	Stmed P/kin	Baby Carrots	Stmed P/kin			
	Bean/Carrot	Broccoli Tips	Beans	Broccoli Tips	Beans	Broccoli Tips	Beans			
Soft (Minced) Vegetable	Kumara	Carrots	Stmed P/kin	Carrots	Stmed P/kin	Baby Carrots	Stmed P/kin			
Option Puree Vegetable	Pea Puree	Broccoli Tips	Chop'd Bean	Broccoli Tips	Pea Puree	Broccoli Tips	Chop'd Bean			
Option			Se	asonal Vegetab	les					

## **CDHB PATIENT MENU WEEK TWO**

DINNER DESSERT	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Full Diet Dessert Option	Pineapple Parfait	Peach Fruit Sponge & Vanilla Sauce	Apple Crumble & Custard	Fruit Salad & Cold Custard & Cream	Steamed Golden Pudding and Custard	Cheesecake & Cream garnish	Sago Pudding
Diabetic Diet Dessert Option	Pineapple Parfait	Diabetic Fruit Sponge and Vanilla Sauce	Diabetic Apple Crumble & Custard	Fruit Salad & Cold Custard	Diab Choc Steamed Pudding & Custard	Diabetic Cheesecake (No cream)	Sago Pudding
Light Diet	Vanilla Instant Pudding	Peach Fruit Sponge & Vanilla Sauce	Apple Crumble & Custard	Peaches & Cold Custard	Steamed Golden Pudding and Custard	Cheesecake (No base/cream)	Sago Pudding
Heart Wards ♥	Pineapple Parfait	Peach Fruit Sponge & Vanilla Sauce	Apple Crumble & Custard	Fruit Salad & Cold Custard	Steamed Golden Pudding and Custard	Cheesecake (No cream) Or fruit and jelly	Sago Pudding
Minced Dessert Option	Vanilla Instant Pudding & Cream	Pureed Peach Fruit Sponge & Vanilla Sauce	Apple Puree & Custard	Pureed Fruit & Cold Custard & Cream	Pureed Steamed Golden Pudding and Custard	Cheese cake & Cream (no base)	Sago Pudding
Pureed Dessert Option	Vanilla Instant Pudding	Pureed Peach Fruit Sponge & Vanilla Sauce	Apple Puree & Custard	Pureed Fruit Cold Custard & Cream	Pureed Steamed Golden Pudding and Custard	Pureed Cheese cake & Cream (no base)	Pureed Sago Pudding
Thickened Fluid Dessert Option	Vanilla Instant Pudding	Pureed Peach Fruit Sponge & Th Vanilla Sauce	Apple Puree & Custard	Pureed Fruit Cold Custard	Pureed Steamed Golden Pudding and Custard	Pureed Cheese cake (no base)	Pureed Sago Pudding
Gluten Free Dessert Option	Vanilla Instant Pudding	Ice-cream & GF Caramel Topping	Fruit and GF Custard	Fruit Salad & GF Custard & Cream	Canned Fruit & GF Custard	Cheese cake & Cream (no base)	Sago Pudding
Low Immunity Dessert Option	Lemon Delicious	Peach Fruit Sponge & Vanilla Sauce	Apple Crumble & Custard	Hot Fudge Pudding	Steam Golden Pudding & Custard	Butterscotch Self Saucing Pudding	Sago Pudding

### CDHB PATIENT MENU WEEK THREE

LUNCH	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Full Soup Option	Chunky Tomato	Chicken & Mushroom	Pumpkin Nutmeg	Scotch Broth	Carrot & Coriander	Minestrone	Home-style Vegetable
Fortified Soup Option (Puree with added SMP)	Cream of Tomato	Chicken & Mushroom Soup	Pumpkin Nutmeg	Cream of Tomato	Carrot & Coriander	Cream of Mushroom	Home-style Vegetable
Full Fluid/Light Soup Option (with SMP)	Cream of Tomato	Cream of Chicken	Cream of Pumpkin	Cream of Tomato	Cream of Pumpkin	Cream of Mushroom	Cream of Vegetable
Clear Soup Option	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken
Gluten Free Soup	Cream of Tomato	Cream of Chicken	Cream of Pumpkin	Cream of Tomato	Cream of Pumpkin	Cream of Mushroom	DK Soup – order on ticket
Full & Savoury Option	Mushroom Risotto	Self-crusting Vegetable Quiche	Mexican Beef Nachos	Fisherman's Pie	Pasta Carbonara	Mixed Vegetable Bake	Devilled Sausages & Mashed Potato
Vegetarian Savoury Option	Mushroom Risotto	Self-crusting Vegetable Quiche	Vegetarian Nachos	Bean & Vegetable Pie	Macaroni Cheese	Mixed Vegetable Bake	Scrambled Eggs on Toast
Minced &Moist Savoury served with extra sauce/gravy	Mushroom Risotto	Self-crusting Vegetable Quiche	Mexican Beef + Mash Potatoes	Fisherman's Pie	Baked Beans	Mixed Vegetable Bake	Bowl Minced Devilled Sausages
Pureed Savoury Option	Puree Mushroom Risotto	Puree Self-crusting Vegetable Quiche	Mexican Beef + Mash Potatoes	Fisherman's Pie	Puree Baked Beans	Mixed Vegetable Bake	Pureed Devilled Sausages
Light Savoury Option	DK light Mushroom Risotto	Light Vegetable Quiche	Mince Sauce on Mashed Potato	Fisherman's Pie	Macaroni Cheese	Spaghetti on Toast	Scrambled Eggs on Toast
Gluten Free Savoury Option	Baked Potato, creamed corn & cheese	Light Vegetable Bake	GF Mexican sauce & Nachos	GF/LR Fisherman's Pie	GF Baked Beans on GF Toast	GF Vegetable Bake	Scrambled Eggs
No Added Salt	Mushroom Risotto	Self-crusting Vegetable Quiche	Mince Sauce on Mashed Potato	Fisherman's Pie	Broccoli Pasta Bake (ticket to DK)	Mixed Vegetable Bake	Scrambled Eggs on Toast
Children's & LI Savoury	Cheerios, Bread & Tomato Sauce	Bacon & Egg Pie	Nachos	Pizza	Macaroni Cheese	Savoury Bread cases	Sausages & Tomato Sauce
Full Sandwich/Salad Option	Satay Chicken & Salad Roll	Corned Beef & Mixed Salad	Chicken & Cranberry Club	Roast Beef & Mixed Salad	Lamb Salad Sandwich pack	Chicken & Mixed Salad	Ham & Salad Roll
Soft Sandwich Option	Beef/Relish Cheese	Tomato Egg & Chives	Ham Cheese	Corned Beef & Mustard Egg & Parsley	Chicken & Cranberry Cheese	Ham Cheese & Pineapple	Beef/Chutney  Egg & Parsley
Light Sandwich Option	Roast Beef Cheese	Corned Beef Egg	Ham Egg	Corned Beef Egg	Chicken Cheese	Ham Cheese	Roast Beef Egg
Milk Pudding Suitable Diabetic	Raspberry Blancmange	Vanilla Blancmange	Banana Blancmange	Chocolate Blancmange	Berry Blancmange	Vanilla Blancmange	Orange Blancmange
Baked Product	Carrot Cake Diab- Sultana Scone)	Blueberry & Bran Muffins Pikelet for light	Cheese Scone	Madeira Cake Diab - fruit loaf	Date Scone Soft & Light-pikelet	Banana/ Choc Chip Muffin Diab- Banana	Baked Product of the day

Wellfood, Foodservices

18/05/2018

#### CDHB PATIENT MENU WEEK THREE

DINNER	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Cream Soup	Cream of Vegetable	Cream of Mushroom	Cream of Chicken	Cream of Vegetable	Cream of Chicken	Cream of Pumpkin	Cream of Tomato
Clear Soup	Beef	Beef	Beef	Beef	Beef	Beef	Beef
Full & Low Fat Hot Option	Minted Casserole	Chicken Cacciatore	Roast Beef & Gravy	Lasagne (Beef)	Corn beef & Mustard Sce	Pork & Apple Casserole	Rst Chicken & Gravy
Alternative Hot Option	Pork Chow Mein	Thai Beef Curry	Sweet & Sour Pork	BBQ Chicken	Fish and Parsley Sce	Meatballs & Tomato Sce	Beef Stroganoff
Vegetarian Hot Option	Stuffed Vegetable Wraps	P/kin Balls & Satay Sce (Cheese Sce, Children)	Sweet /Sour Chickpeas	Vegetable Lasagne	Spanakopita	Lentil Loaf & Tomato Sauce	Bean Stroganoff
Minced & Moist Hot Option (Bowl Chopped) & Extra Sauce	Minted Casserole	Chicken Cacciatore	Roast Beef & Gravy	Lasagne (bowl chopped)	Corned Beef	Pork & Apple Sauce	Rst Chicken & Gravy
Smooth Pureed Hot Option & Extra Sauce	For pure	e diet pleas	e puree the	minced op	tion above	for the rele	vant day
Gluten Free/ Hot Option	Beef & GF Gravy	Chicken in GF Tomato Sauce	Roast Beef & GF Gravy	Baked Chicken	Corned Beef	Pork & GF Gravy	Rst Chicken & GF Gravy
Gluten Free Alternative Hot Option	Pork & GF Gravy	Beef in GF Gravy	GF Sweet & Sour Chickpeas	DK Savoury mince	Steamed Fish & Lemon Wedge	Poached Eggs	Beef & GF Gravy
No Added Salt Hot Option	Minted Casserole or Pork & GF Gravy	As per main menu	As per main menu but Modified Gravy	Plain Chicken	Steamed Fish & Parsley	As per main menu	As per main menu but Modified Gravy
Light	Beef & GF Gravy	Chicken in GF Tomato Sauce	Roast Beef & Gravy	Diced Baked Chicken	Corn Beef & Mustard Sce	Pork & Gravy k	Rst Chicken & Gravy
Light	Pork in Gravy	Beef in GF Gravy	Pork in Gravy	Poached Egg	Fish & Lemon Wedge	Meatballs & Tomato Sce	Beef & Gravy
Low Residue Hot Option	Both Light options	Both Light options	Both Light options	Both Light options	Steamed Fish	Pork & Gravy	Rst Chicken & Gravy
Low Potassium Hot Option	As per main menu	Beef in GF Gravy	As per main menu	Chicken	As per main menu	Poached Eggs	Rst Chicken & Gravy
Children's Meal (minced available)	Hamburger	Chicken Fried Rice GF & DF	Shepherd's Pie	Chicken	Fish & Chips	As per main menu	As per main menu
Childrens Mince	Pork	Beef	Chicken	Pork	Beef	Chicken	Beef
Potato / Starch Options	Noodles	Rice	Roast Pots	Rice	Parsley Pots	Noodles	Roast Pots
	Mashed	Mashed	Mashed	Mashed	Mashed	Mashed	Mashed
Full Vegetable Option	Kumara	Carrot Rings	Roast P/kin	Diced carrot	Stmed P/kin	Baby Carrot	Roast P/kin
•	Peas/Carrot Kumara	Broccoli Carrots	Green Bean Stmed P/kin	Cabbage Carrots	Peas Stmed P/kin	Broccoli Carrots	Green Bean Stmed P/kin
Light Vegetable Option	Bean/Carrot	Broccoli Tips	Beans	Broccoli Tips	Beans	Broccoli Tips	Beans
Soft (Minced) Vegetable Option	Kumara Pea Puree	Carrots Broccoli Tips	Stmed P/kin Chop'd Bean	Carrots Chop'd Cab	Stmed P/kin Pea Puree	Carrots Broccoli Tips	Stmed P/kin Chop'd Bean
Puree Vegetable			Se	asonal Vegetab	ies		

Wellfood, Foodservices

18/05/2018

#### CDHB PATIENT MENU WEEK THREE

Option

DINNER	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
DESSERT							
Full Diet	Meringue, Fruit	Date Pudding	Pear Upside	Bread Pudd	Tiramisu	Fruit	Creamy Rice
Dessert Option	Salad and Custard	Butterscotch Sce	Down Cake Vanilla Sce	Sweet Lemon Sce		Shortcake and Cream	Pudding
Diabetic	Fruit Salad &	Stmd Orange	Pear Upside	Bread Pudd	French	Diab Fruit	Creamy Rice
Diet	Custard	Pudding &	Down Cake	Swt Lemon	Vanilla	Shortcake	Pudding
Dessert Option		Custard	Vanilla Sce	Sauce	Mousse	(No Cream)	
Light Dessert	Peaches Custard & Meringue	Ice-cream & Caramel topping	Pear Upside Down Cake Vanilla Sce	Bread Pudd Sweet Lemon Sce	Tiramisu	Fruit Shortcake (No Cream)	Creamy Rice Pudding
Heart Wards ♥	Meringue, Fruit Salad & Custard	Date Pudding Butterscotch Sce	Pear Upside Down Cake Vanilla Sce	Bread Pudd Sweet Lemon Sce	Tiramisu No cream	Fruit Shortcake (No Cream)	Creamy Rice Pudding
Minced	Custard, Cream	Ice-cream &	Fruit Puree	Bread Pudd	French	Jelly & Ice	Creamy Rice
Dessert Option	with Fruit Puree	Butterscotch Sauce	and Vanilla Sauce	Swt Lemon Sauce	Vanilla Mousse	cream	Pudding
Pureed	Custard with	Ice-cream &	Fruit Puree	Pureed	French	Jelly & Ice	Pureed
Dessert Option	Fruit Puree	Butterscotch Sauce	and Vanilla Sauce	Bread Pudd Lemon Sce	Vanilla Mousse	cream	Creamy Rice Pudding
Thickened	Custard with	Dairy Dessert	Fruit Puree	Pureed	French	Custard	Pureed
Fluids Dessert	Fruit Puree		and Thick Vanilla	Bread Pudd Th Lemon	Vanilla Mousse		Creamy Rice
Option			Sauce	Sce	Mousse		Pudding
Gluten Free	Meringue, Fruit	Ice-cream &	Fruit and GF	Dairy	French	Jelly & Ice	Stewed Fruit
Dessert	Salad and	GF Caramel	Custard	Dessert	Vanilla	cream	& GF
Option	Cream	Topping Data Budding	Door Unoids	Bread Pudd	Mousse	Hot Fruit	Custard
Low	Steamed	Date Pudding Butterscotch	Pear Upside Down Cake	Swt Lemon	Fruit Crumble &	Shortcake	Hot Creamy Rice
Dessert	Pudding & Custard	Sce	Vanilla Sce	Switternon	Clumble & Custard	& Hot	Pudding
Option	Gustaru	305	variilla SCE	Sauce	Custatu	Custard	Fudulity

#### ADDITIONAL FOOD AND DRINK LIST

Approval by Dietitian only.

You can order additional items to help meet your nutrition requirements whilst in hospital. Please order through your catering assistant.



#### Snacks

(Available main meals, morning tea, afternoon tea and supper)

Cheese

Crackers

Peanut Butter (Pic's)

Fresh Fruit (apple, kiwifruit, banana)

Fresh Fruit Salad

Canned Fruit

Puree Fruit

Jelly

Yoghurt (standard, diet, plain & unsweetened)

Dairy Food (banana, strawberry, chocolate)

**Potato Chips** 

**Plain Biscuits** 

Cake slice

**Bread & Spread** 

#### **Drinks**

Plain Milk

Flavoured Milk (Chocolate)

Orange Juice

Lemonade

**Apple Juice** 

Ginger Ale

### **Breakfast extras**

Brown Sugar Poached Eggs Ice Cream Scrambled Eggs

Cream Baked Beans / Spaghetti

Toasted Muesli Grilled Bacon

## **Lunch / Dinner extras**

Poached Eggs +/- toast

Scrambled Eggs +/- toast

**Baked Beans** 

Spaghetti

**Grilled Bacon** 

Instant Noodles (cooked)

Clear Soup Broth

Soup of the day

Sandwiches

Plain Steamed Fish

Toasted Sandwich - see page 2 (lunch only)

Additional Hot option - see page 2



# Please ask your catering assistant what week it is.

# Please choose an available option for the correct week and day.

			<b>Toasted Sandw</b>	ich – Lunch only			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Cheese &	Cheese &	Cheese & Bacon	Cheese &	Cheese &	Cheese &	Cheese &
	Tomato	Pineapple		Creamed Corn	Spaghetti	Pineapple	Creamed Corn
					(*tomato if GF)		
	_		Hot Item	- WEEK 1			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Pizza	American Hot	Macaroni Cheese	Hamburger	Mousetraps	Mince Nachos	Cheerios &
Additional Hot		Dog					Bread with
Option							Tomato Sauce
DINNER ONLY	Chicken Nibbles	Potato Top Party	Roast Pork,	Baked Chicken	Fish & Chips with	Chicken	Roast Beef
Additional Hot		Pies	Apple Sauce &		Tomato Sauce	Drumsticks	served with
Option			Gravy				Gravy
-	-	-	Hot Item	- WEEK 2	-		-
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Mousetraps	Mince Pies	Macaroni Cheese	Bacon & Egg Pie	Lasagne	Mini Hot Dogs	Fish & Chips with
Additional Hot						with Tomato	tomato sauce
Option						Sauce	
DINNER ONLY	Chicken Nibbles	Hamburger	Roast Beef	Cottage Pie	Fish & Chips with	Chicken Nibbles	Roast Pork,
Additional Hot			served with		Tomato Sauce		Apple Sauce &
Option			Gravy				Gravy
			Hot Item	- WEEK 3			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Cheerios &	Bacon & Egg Pie	Mince Nachos	Pizza	Macaroni Cheese	Bread Cases	Sausages &
Additional Hot	Bread with						Tomato Sauce
Option	Tomato Sauce						
DINNER ONLY	Hamburger	Chicken Fried	Cottage Pie	Baked Chicken	Fish & Chips with	Meatballs in a	Roast Chicken
Additional Hot		Rice			Tomato Sauce	tomato sauce	served with
Option						with Noodles	Gravy



#### ADDITIONAL FOOD AND DRINK OPTIONS

Available for children over 2 years on high protein, high energy diet. Approved by ward pathway or dietitian.



Te Poari Hauora Ō Waitaha

To help meet your nutrition requirements whilst in hospital there are additional items you can order. These can be ordered by writing on to the daily paper menu. You can choose 2 extra options per meal.

#### **Breakfast**

Grilled Bacon Ice Cream

Scrambled Eggs Dairy food (chocolate, banana, strawberry)

Brown Sugar Yoghurt Fresh fruit Cream



#### Lunch

Cheese slice Poached Egg with or

Yoghurt Scrambled Eggs without toast

Dairy food Instant Noodles
Custard Baked Beans
Fresh fruit Spaghetti
Fresh Fruit Salad Sandwiches

Ice Cream Toasted Sandwich (see page 2 for daily option)

Jelly Additional hot option (see page 2 for daily option)

Cream



#### **Dinner**

Cheese slice Poached Egg with or

Yoghurt Scrambled Eggs without toast

Dairy food Spaghetti
Custard Fresh Baked Beans
Instant Noodles Steamed fish

Fresh Fruit Salad Baked chicken & gravy

Ice Cream Additional hot option (see page 2 for daily option)

Jelly Sandwiches Cream Cold Meats



The menu changes daily - please choose an available item for the correct day and week. Your daily paper menu will tell you what week it is. Alternatively ask your Catering Assistant.

			Toasted Sandw	ich – Lunch only			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Cheese &	Cheese &	Cheese & Bacon	Cheese &	Cheese &	Cheese &	Cheese &
	Tomato	Pineapple		Creamed Corn	Spaghetti (*tomato if GF)	Pineapple	Creamed Corn
	1	<u> </u>	WEEK 1 – Addi	tional Hot Item	<u> </u>	-	<u> </u>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Pizza	American Hot Dog	Macaroni Cheese	Hamburger	Mousetraps	Mince Nachos	Cheerios & Bread with Tomato Sauce
DINNER ONLY	Chicken Nibbles	Potato Top Party Pies	Roast Pork, Apple Sauce & Gravy	Baked Chicken	Fish & Chips with Tomato Sauce	Chicken Drumsticks	Roast Beef served with Gravy
			WEEK 2 – Addi	tional Hot Item		l	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Mousetraps	Mince Pies	Macaroni Cheese	Bacon & Egg Pie	Lasagne	Mini Hot Dogs with Tomato Sauce	Fish & Chips with tomato sauce
DINNER ONLY	Chicken Nibbles	Hamburger	Roast Beef served with Gravy	Cottage Pie	Fish & Chips with Tomato Sauce	Chicken Nibbles	Roast Pork, Apple Sauce & Gravy
			WEEK 3 – Addi	tional Hot Item			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH ONLY	Cheerios & Bread with Tomato Sauce	Bacon & Egg Pie	Mince Nachos	Pizza	Macaroni Cheese	Bread Cases	Sausages & Tomato Sauce
DINNER ONLY	Hamburger	Chicken Fried Rice	Cottage Pie	Baked Chicken	Fish & Chips with Tomato Sauce	Meatballs in a tomato sauce with Noodles	Roast Chicken served with Gravy

Dairy Free	Dairy Free	Dairy Free
Monday 1	Monday 1	Tuesday 1
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DF Soup (Order DK)	Beef & GF Gravy	Farex
Wholemeal Bread Slices		Canned Fruit or Pureed fruit
White Bread Slices  DF Margarine	or Meatloaf & GF Gravy	Fruit Drink
		Porridge Soy Milk
DF Spaghetti on Toast	Or Plain Chicken Nibbles	or Weetbix
or		or Ricies Sugar
DF Chicken & Tomato Sandwich	DF Mashed Potato  or Rice	or or Cornflakes Equal
DF Mashed Potato	Gluten Free Pottle of Gravy	Wholemeal Toast Slices
DF Pottle of Gravy	Seasonal Vegetables	or Slices
Vegetable Puree	Salt Pepper	or Wholemeal Bread Slices
Canned Fruit & Jelly	Canned Fruit & Jelly	or White Bread Slices
or Pureed Fruit	Canned Fruit & Soy Vanilla Sauce	DF Margarine
	Pureed Fruit	Vegemite Marmalade
or Fresh Fruit		Honey Diabetic
		Marmalade Jam Diabetic Jam
Name	Name	Name
Ward Room	Ward Room	Room Ward

Dairy Free Tuesday 1		r <b>y Free</b> esday 1			Dairy Free Wednesday	
Midday	E	vening			Breakfas	t
Baby Bowl Teaspoon	Baby Bowl	Teaspoo	n	Baby Bow	·I I	Teaspoon
Small Medium Large	Small	Medium	Large	Small	Medium	Large
DF Soup (Order DK)  Wholemeal Bread	Steamed Fish 8  or  Beef & GF Grave  DF Mashed Port  or  Gluten Free Port  Seasonal Veget  Salt  Canned Fruit & or  Canned Fruit & or  Pureed Fruit	tato   Whole Po ttle of Gravy etables   Pepper Jelly	itato	Farex  Canned Fru  Fruit Drink  Porridge  or  Weetbix  or  Ricies  or  Cornflakes  Wholemeal  or  White Toast  or  Wholemeal  Or  White Bread  DF Margarin	Toast Bread	Pureed fruit Soy Milk Sugar or EqualSlicesSlicesSlices
Fresh Fruit				Honey		Diabetic Marmalade Diabetic Jam
Vard Room	Name Room	Ward		Name Room	v	ard

Dairy Free		Dairy Free		Dairy Fr	ree
Wednesday 1		Wednesday 1		Thursday	1
Midday		Evening		Breakfo	ast
Baby Bowl Teaspo	oon Baby B	owl Teaspoor	n	Baby Bowl	Teaspoon
	rge Small	Medium	Large	Small Medium	n Large
DF Soup (Order DK)	Poort Pr	ork, Apple Sauce & GF	Gram	Farex	
Wholemeal Bread Slices		nk, Apple Sauce & Si	l	Canned Fruit <b>or</b>	Pureed fruit
or					
White Bread Slices	——————————————————————————————————————	or SEC		Fruit Drink	
DF Margarine	Beef & G	or Gravy		Porridge	Soy Milk
DF Baked Potato with Creamed Corn	,   -			or	
or		`		Weetbix	
DF Corned Beef Open Rye Sandwich	h			or	
or (special				Ricies	Sugar
DF Ham Sandwiches	DF Mash	ned Potato		or or	or
	Gluten F	or Roast Pot- ree Pottle of Gravy	ato	Cornflakes	Equal
DF Mashed Potato	Sidtern	ree Fottle of Oravy		Wholemeal Toast	Slices
	Seasona	al Vegetables		or	
DF Pottle of Gravy	<del> </del>			White Toast	Slices
Vegetable Puree	Salt	Pepper		or Wholemeal Bread	Slices
vegetable Fullee				Ot wholellear plead	Jiides
	Canned	Fruit & Jelly		White Bread	Slices
Canned Fruit & Jelly		or			
or	Canned	Fruit & Soy Vanilla Sa	ice	DF Margarine	´
Pureed Fruit		ог			
	Pureed f	ruit		Vegemite	Marmalade
10					
Fresh Fruit				Honey	Diabetic Diabetic
				<b>L</b> ,	Marmalade
Name	Name			Jam Name	Diabetic Jam
ivame	Ivame Ivame			Ivame	
Ward		Ward		Room	Ward
Room	Room				

#### Dairy Free Dairy Free Dairy Free Thursday 1 Thursday 1 Friday 1 Midday Breakfast Evening Baby Bowl Baby Bowl Teaspoon Baby Bowl Teaspoon Teaspoon Small Medium Large Small Medium Large Small Medium Large DF Soup (Order DK) Farex GF Minced Beef Wholemeal Bread .... Slices Canned Fruit Pureed fruit White Bread Fruit Drink ..... ....Slices DF Margarine Chicken & GF Gravy Soy Milk Porridge Baked Beans on Toast ог Weetbix DF Chicken & Mixed Salad (special ticket) Of Sugar Ricies DF Pork & Mango Chutney Sandwiches DF Mashed Potato ог or Noodles Equal Cornflakes Gluten Free Pottle of Gravy DF Mashed Potato Wholemeal Toast ..... ....Slices Seasonal Vegetables DF Pottle of Gravy White Toast ...... ....Slices Pepper Salt Vegetable Puree Wholemeal Bread ..... ....Slices Canned Fruit & Jelly White Bread ..... ....Slices Canned Fruit & Jelly Canned Fruit & Soy Vanilla Sauce DF Margarine Pureed Fruit Pureed Fruit Marmalade Vegemite Fresh Fruit Honey Diabetic Marmalade Diabetic J<u>am</u> Jam Name Name Name Ward Ward Room Ward Room Room

Dairy Free	Dairy Free	Dairy Free
Friday 1	Friday 1	Saturday 1
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DF Soup (Order DK)		Farex
	DF Pork & GF Gravy	
Wholemeal Bread Slices		Canned Fruit or Pureed fruit
or or		
White Bread Slices	or Character of Early 2 Language Value	Fruit Drink
DF Margarine	Steamed Fish & Lemon Wedge	Porridge Soy Milk
DF Spaghetti on Toast		or
or		Weetbix
DF Roast Beef Salad Sandwich (special ticket)		or
or		Ricies Sugar
DF Chicken & Egg Sandwiches	DF Mashed Potato	
	or Oven Baked Chips	Cornflakes Equal
DF Mashed Potato	Gluten Free Pottle of Gravy	Wholemeal Toast Slices
Dr Masned Potato	Seasonal Vegetables	or wholemeal roastolices
DF Pottle of Gravy		White Toast Slices
	Salt Pepper	or
Vegetable Puree		Wholemeal Bread Slices
	Canned Fruit & Jelly	or White Bread Slices
Canned Fruit & Jelly	Canned Fruit & Jelly	white bread Silces
or	Canned Fruit & Soy Vanilla Sauce	DF Margarine
Pureed Fruit	or or	Di Malganie
	Pureed Fruit	Vegemite Marmalade
or		
Fresh Fruit		Honey Diabetic
		Marmalade
		Jam Diabetic Jam
Name	Name	Name
Ward	Ward	Room Ward
Room	Room	

Dairy Free	Dairy Free	Dairy Free
Saturday 1	Saturday 1	Sunday 1
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DF Soup (Order DK)	Beef & GF Gravy	Farex
Wholemeal Bread Slices		Canned Fruit <b>or</b> Pureed fruit
White Bread Slices  DF Margarine	or Chicken & GF Apricot Sauce	Fruit Drink
Savoury Mince & Rice	Chicken Drumsticks	Porridge Soy Milk
or  DF Ham & Mixed Salad (special ticket)	O HORE I DIGITALISTON	Weetbix
	DE Marka d Davasa	Ricies Sugar
DF Ham Sandwiches	DF Mashed Potato  or Whole Potato  Gluten Free Pottle of Gravy	Cornflakes Equal
DF Mashed Potato	Seasonal Vegetables	Wholemeal Toast Slices
DF Pottle of Gravy	Salt Pepper	White Toast Slices
Vegetable Puree		Wholemeal Bread Slices
Canned Fruit & Jelly	Canned Fruit & Jelly  or	White Bread Slices
Or Pureed Fruit	Canned Fruit & Soy Vanilla Sauce	DF Margarine
or	Pureed Fruit	Vegemite Marmalade
Fresh Fruit		Honey Diabetic Marmalade
Name	Name	Jam Diabetic Jam Name
Ward	Ward	Room Ward

Dairy Free	Dairy Free	Dairy Free
Sunday 1	Sunday 1	Monday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DF Soup (Order DK)	Roast Beef & GF Gravy	Fare×
Wholemeal Bread Slices		Canned Fruit or Pureed fruit
White Bread Slices  DF Margarine	or Pork & GF Gravy	Fruit Drink
Frankfurters	- Folk & Gr Glavy	Porridge Soy Milk
or  DF Chicken Roll (special ticket)		Weetbix
or DF Corned Beef & Salad Sandwiches	DF Mashed Potato	Ricies Sugar
	or Roast Potato Gluten Free Pottle of Gravy	Cornflakes   Equal
DF Mashed Potato  DF Pottle of Gravy	Seasonal Vegetables	Wholemeal Toast Slices  or White Toast Slices
Vegetable Puree	Salt Pepper	or Wholemeal Bread Slices
yegerable raise		or
Canned Fruit & Jelly	Canned Fruit & Jelly or	White Bread Slices
or Pureed Fruit	Canned Fruit & Soy Vanilla Sauce	DF Margarine
	Pureed Fruit Pureed Fruit	Vegemite Marmalade
or Fresh Fruit		Honey Diabetic Marmalade
		Jam Diabetic Jam
Name	Name	Name
Ward Room	Ward Room	Room Ward

Dairy Free/VEGETARIAN	Dairy Free/ VEGETARIAN	Dairy Free
Tuesday 2	Tuesday 2	₩ednesday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DK Soup (ticket) Wholemeal Bread Slices	Sweet & Sour Chickpeas	Farex or Puree Porridge  Canned Fruit or Pureed fruit
White Bread Slices  DF Margarine	or Egg & Salad (DF ticket)	Fruit Drink
DF Scrambled Egg Mince on Toast  or		Porridge Soy Milk  or Weetbix
DF Beans & Mixed Salad (special ticket)  or  DF Egg & Tomato Sandwich (ticket)	DF Mashed Potato or Rice	or Ricies Sugar or or Cornflakes Equal
DF Mashed Potato  DF Pottle of Gravy	Gluten Free Pottle of Gravy  Seasonal Vegetables	Wholemeal Toast Slices  or White Toast Slices
Vegetable Puree	Salt Pepper	or Wholemeal Bread Slices or
Canned Fruit & Jelly	Canned Fruit & Jelly	White Bread Slices
Or Pureed Fruit	Canned Fruit & Soy Vanilla Sauce  or  Pureed Fruit	DF Margarine  Marmite  Marmalade
or Fresh Fruit		Honey Diabetic Marmalade
Name	Name	Jam Diabetic Jam Name
Ward Room	Ward Room	Room Ward

Dairy Free	Dairy Free	Dairy Free
Monday 2	Monday 2	Tuesday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium	Large Small Medium Large
DK Soup (Ticket DF)		Farex
Wholemeal Bread Slices	Beef & GF Gravy	Canned Fruit or Pureed fruit
White Bread Slices DF Margarine	or Chicken & GF Gravy	Fruit Drink
DF Baked Beans	10	Porridge Soy Milk
_	Plain Chicken Nibbles	Weetbix
or DF Bacon Tomato & Lettuce Sandwich	DF Mashed Potato	Ricies Sugar or
(dairy free margarine and NO mayo)  DF Mashed Potato	or Whole Potati	o Cornflakes Equal Wholemeal ToastSlices
DF Pottle of Gravy	Seasonal Vegetables	or White Toast Slices
Vegetable Puree	Salt Pepper	wholemeal Bread Slices
Canned Fruit & Jelly	Canned Fruit & Jelly	White Bread Slices
or Pureed Fruit	Canned Fruit & Soy Vanilla Sauc	e DF Margarine
Or .	Pureed Fruit	Vegemite Marmalade
Fresh Fruit		Honey Diabetic Marmalade Jam Diabetic Jam
Vame	Name	Name
Ward Room	Ward Room	Room Ward

Dairy Free	Dairy Free	Dairy Free
Tuesday 2	Tuesday 2	Wednesday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DK Soup (ticket)	Do and Burger	Farex
Wholemeal Bread Slices	Sweet & Sour Pork(GF)	Canned Fruit or Pureed fruit
or		
White Bread Slices	or	Fruit Drink
DF Margarine	Beef & GF Gravy	
GF Savoury Mince on Toast		Porridge Soy Milk
or		or
DF Chicken & Mixed Salad (special ticket)		Weetbix
or		or
DF Tuna Sandwich (ticket)		Ricies Sugar
DE Chialage Conduitab (Gallage)	DF Mashed Potato	or or Cornflakes Equal
DF Chicken Sandwich (ticket)	Gluten Free Pottle of Gravy	Cornflakes Equal
DF Mashed Potato	Gluteri ree Fottle or Gravy	Wholemeal Toast Slices
Di Masiledi otato	Seasonal Vegetables	or
DF Pottle of Gravy		White Toast Slices
	Salt Pepper	or
Vegetable Puree		Wholemeal Bread Slices
		or
	Canned Fruit & Jelly	White Bread Slices
Canned Fruit & Jelly	or	
or	Canned Fruit & Soy Vanilla Sauce	DF Margarine
Pureed Fruit	or	
	Pureed Fruit	Vegemite   Marmalade
or		
Fresh Fruit		Honey Diabetic
		Marmalade
		Jam Diabetic Jam
Name	Name	Name
	U	D
Ward Room	Ward Room	Room Ward

Dairy Fr Wednesda			ry Free nesday 2		Dairy F Thursda	
Midda	ıy	E	Evening		Break	fast
Baby Bowl	Teaspoon	Baby Bowl	Teaspoon	Ba	aby Bowl	Teaspoor
Small Mediur	m Large	Small	Medium Large		Small Mediu	ım Larg
DK Soup(Ticket DF) Wholemeal Bread or	Slices	Roast Beef & G	6F Gravy		rex anned Fruit <b>or</b>	Pureed fruit
White Bread DF Margarine	Slices	OI Steamed Fish 8	r & Lemon Wedge		uit Drink	
DF Spaghetti on Toast  or  DF Ham Dagwood San					orridge or eetbix or	Soy Milk
Or DF Chicken & Cranberr	(special ticket)	DF Mashed Po	r Roast Potato ottle of Gravy		oies or ornflakes nolemeal Toast	Sugar or Equal
DF Pottle of Gravy		Seasonal Vege	etables Pepper		or nite Toast or nolemeal Bread	Slices
Canned Fruit & Jelly  or Pureed Fruit		Canned Fruit &	Soy Vanilla Sauce		or nite Bread Margarine	Slices
or Fresh Fruit		Pureed Fruit		Но	gemite	Marmalade Diabetic Marmalade
Vame		Name		Jai Name		Diabetic Ja
Room	Ward	Room	Ward	Room		Ward

Dairy Free		Dai	ry Free	Dai	iry Free
Thursday 2		The	ursday 2	F	riday 2
Midday		E	vening	Br	eakfast
Baby Bowl	Teaspoon	Baby Bowl	Teaspoon	Baby Bowl	Teaspoon
Small Medium	Large	Small	Medium Large	Small I	dedium Large
DK Soup - ticket				Farex	
		GF Minced Be	ef	<u> </u>	
Wholemeal Bread	Slices			Canned Fruit	or Pureed fruit
or		Childrens Mino	e	<u>L</u>	
White Bread	Slices	o	r	Fruit Drink	
DF Margarine		Chicken & GF	Gravy		
				Porridge	Soy Milk
Poached Egg on Toast				or	_
or				Weetbix	
Roast Beef & DF Mixed Salad	d (special ticket)			or	
or				Ricies	Sugar
DF Ham Sandwiches ticks	et	DF Mashed Po	itato	⊢ or	or
		o		Cornflakes	Equal
		Gluten Free Po	ottle of Gravy		
DF Mashed Potato				Wholemeal Toa	stSlices
DED (C		Seasonal Veg	etables	<b>or</b> White Toast	Slices
DF Pottle of Gravy		Salt	Pepper	white roast or	Slices
Vegetable Puree		——— Jaik	□ Lebbei	Wholemeal Brea	adSlices
vegetable i diee				Ot Mulioletilear pier	ad Silices
		Canned Fruit 8	بالمل	White Bread	Slices
Canned Fruit & Jelly		Carmeditako	¬ ·	H writte bread	Slices
or			Soy Vanilla Sauce	DF Margarine	
Pureed Fruit				Dr Marganne	
raicearraic		Pureed Fruit		V	Marmalade
		Pureearruit		Vegemite	
Or For the Foreign				—— <u> </u>	
Fresh Fruit				Honey	Diabetic
				⊢.	Marmalade
		N		Jam	Diabetic Jam
me		Name		Name	
Wan	a		Ward	Room	Ward
om	- 	Room	2.2	1.22	
					1 1

Dairy Free	Dairy Free	Dairy Free
Friday 2	Friday 2	Saturday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DK Soup (Ticket DF)		Farex
Wholemeal Bread Slices	Beef & GF Gravy	Canned Fruit or Pureed fruit
or White Bread Slices	or	Fruit Drink
DF Margarine	Steamed Fish & Lemon Wedge	I I I I I I I I I I I I I I I I I I I
		Porridge Soy Milk
DF Baked Potato & Creamed Corn		or
Or		Weetbix
DF Gourmet Chicken Sandwich (special ticket)		or Ricies Sugar
DF Beef & Egg Sandwiche (ticket)	DF Mashed Potato	or or
	or Whole Potato	Cornflakes Equal
DF Mashed Potato	Gluten Free Pottle of Gravy	Wholemeal Toast Slices
Dr Mashed Potato	Seasonal Vegetables	or
DF Pottle of Gravy		White Toast Slices
Vegetable Puree	Salt Pepper	wholemeal Bread Slices
vegetable Puree		or wholemeal bread Slices
Canned Fruit & Jelly	Canned Fruit & Jelly	White Bread Slices
or	Canned Fruit & Soy Vanilla Sauce	DF Margarine
Pureed Fruit	or	
	Pureed Fruit	Vegemite Marmalade
Or Stands For the		
Fresh Fruit		Honey Diabetic Marmalade
		Jam Diabetic Jam
Name	Name	Name
Ward Room	Ward Room	Room Ward

#### Dairy Free Dairy Free Dairy Free Saturday 2 Saturday 2 Sunday 2 Midday Breakfast Evening Baby Bowl Teaspoon Baby Bowl Teaspoon Baby Bowl Teaspoon Small Medium Large Small Medium Large Small Medium Large DK Soup - ticket Farex Beef & GF Gravy .... Slices Wholemeal Bread Canned Fruit Pureed fruit Of White Bread ..... ....Slices Fruit Drink Chicken & GF Apricot Sauce DF Margarine Porridge Soy Milk Frankfurters and Tomato Sauce Plain Chicken Nibbles Weetbix DF Pork & Mixed Salad (special ticket) Sugar Ricies DF Mashed Potato Of OΓ DF Corned Beef Sandwiches or Rice Egual Cornflakes Gluten Free Pottle of Gravy ..... ....Slices DF Mashed Potato Wholemeal Toast Seasonal Vegetables White Toast ..... ....Slices DF Pottle of Gravy Pepper Salt Vegetable Puree Wholemeal Bread ..... ....Slices Canned Fruit & Jelly White Bread ..... ....Slices Canned Fruit & Jelly Canned Fruit & Soy Vanilla Sauce DF Margarine Pureed Fruit Marmalade Pureed Fruit Vegemite Οſ Fresh Fruit Honey Diabetic Marmalade Diabetic Jam Jam Name Name Name Ward Ward Room Ward Room Room

Dairy Free	Dairy	Free	Dairy F	ree
Sunday 2	Sund	ay 2	Monday	3
Midday	Eve	ning	Breakf	ast
Baby Bowl Teaspoon	Baby Bowl	Teaspoon	Baby Bowl	Teaspoon
Small Medium Large	Small M	edium Large	Small Mediur	n Large
DK Soup -ticket	Roast Pork, Apple	Sauce & GF Gravy	Farex	
Wholemeal Bread Slices			Canned Fruit <b>or</b>	Pureed fruit
White Bread Slices  DF Margarine	or Childrens Mince		Fruit Drink	
Steamed Fish & Lemon			Porridge or	Soy Milk
or  DF Roast Beef & Salad Sandwich (special ticket)			Weetbix	
or DF Ham Sandwich	DF Mashed Potato	Roast Potato	Ricies or Cornflakes	Sugar or Equal
DF Mashed Potato Oven Baked Chips	Gluten Free Pottle	of Gravy	Wholemeal Toast	Slices
DF Pottle of Gravy Tomato Sauce	Seasonal Vegetab	Pepper	white Toast or	Slices
Vegetable Puree			Wholemeal Bread or	Slices
Canned Fruit & Jelly	Canned Fruit & Jell		White Bread	Slices
Or Pureed Fruit	Canned Fruit & So	y Vanilla Sauce	DF Margarine	<b>Д.</b>
or	Pureed Fruit		Vegemite	Marmalade
Fresh Fruit			Honey	Diabetic Marmalade Diabetic Jam
Name	Name		Name	Diabetic Jam
Ward Room	Room	Ward	Room	Ward

# Dairy free week three

Dairy Free	Dairy Free	Dairy Free
Monday 3	Monday 3	Tuesday 3
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DK Soup (Ticket DF) Wholemeal Bread Slices	Beef & GF Gravy	Farex  Canned Fruit or Pureed fruit
White Bread Slices  DF Margarine	or Pork & GF Gravy	Fruit Drink
Baked Potato & Creamed Corn - ticket  or  DF Baked Beans	Or	Porridge Soy Milk or Weetbix
or  DF Chicken & Salad Sandwich (dairy free margarine and NO mayo)	DF Mashed Potato  or Noodles	Ricies Sugar  or  Cornflakes Equal
DF Mashed Potato  DF Pottle of Gravy	Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper	Wholemeal ToastSlices  or White ToastSlices
Vegetable Puree  Canned Fruit & Jelly	Canned Fruit & Jelly	Wholemeal Bread Slices  or White Bread Slices
or Pureed Fruit	Canned Fruit & Soy Vanilla Sauce or Pureed Fruit	DF Margarine Vegemite Marmalade
Fresh Fruit		Honey Diabetic Marmalade Jam Diabetic Jam
Name	Name	Name
Ward Room	Ward Room	Room Ward

Dairy Free	Dairy Free	Dairy Free
Tuesday 3	Tuesday 3	Wednesday 3
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DK Soup (Ticket DF)		Farex
or Pinto Drink Wholemeal Bread Slices	Chicken & GF Tomato Sauce	Canned Fruit <b>or</b> Pureed fruit
or Internet Dieds		Carried Fulk Gi Traineed Hak
White Bread Slices	or	Fruit Drink
DF Margarine	Beef & GF Gravy	Porridge Soy Milk
DF Scrambled Egg on Toast	- G	or
or	Chicken Fried Rice	Weetbix
DF Corned Beef & Mixed Salad (special ticket)		or Ricies Sugar
DF Tomato & Egg Sandwich (ticket)	DF Mashed Potato	or or
	or Rice Gluten Free Pottle of Gravy	Cornflakes   Equal
DF Mashed Potato		Wholemeal Toast Slices
DF Pottle of Gravy	Seasonal Vegetables	or White Toast Slices
	Salt Pepper	or c:
Vegetable Puree		Wholemeal Bread Slices
TO 15 10 10	Canned Fruit & Jelly	White Bread Slices
Canned Fruit & Jelly  or	Or Canned Fruit & Soy Vanilla Sauce	DF Margarine
Pureed Fruit	or or	Di Piaigaille
	Pureed Fruit	Vegemite Marmalade
or Fresh Fruit		Honey Diabetic
The strike		Marmalade
Nine	Name	Jam Diabetic Jam Name
Name		
Ward	Ward	Room Ward
Dairy Free	Room Ward  Dairy Free	Room Ward  Dairy Free
Dairy Free Wednesday 3	Nard  Room  Dairy Free  Wednesday 3	Room Ward  Dairy Free Thursday 3
Dairy Free Wednesday 3 Midday	Dairy Free Wednesday 3 Evening	Dairy Free Thursday 3 Breakfast
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon	Dairy Free Wednesday 3  Evening  Baby Bowl I	Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon
Dairy Free Wednesday 3 Midday Baby Bowl Teaspoon Small Medium Large	Dairy Free Wednesday 3 Evening	Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)	Dairy Free Wednesday 3  Evening  Baby Bowl I	Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon J. Small Medium Large	Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon J. Small Medium Large	Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy	Dairy Free Thursday 3 Breakfast Baby Bowl Teaspoon Small Medium Large Farex Canned Fruit or Pureed fruit Fruit Drink
Dairy Free Wednesday 3  Midday  Baby Bow! Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine NO CHEESE	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon J. Small Medium Large  Roast Beef & GF Gravy	Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices  DF Margarine  NO CHEESE  GF/ DF Mince Sauce & Plain Nacho Chips or	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon J. Small Medium Large  Roast Beef & GF Gravy	Dairy Free Thursday 3 Breakfast Baby Bowl Teaspoon Small Medium Large Farex Canned Fruit or Pureed fruit Fruit Drink
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White BreadSlices  DF Margarine  NO CHEESE  GF/ DF Mince Sauce & Plain Nacho Chips or DF Chicken & Cranberry/Egg Sandwich	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon J. Small Medium Large  Roast Beef & GF Gravy	Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Porridge Soy Milk  Weetbix  Or
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices  DF Margarine  NO CHEESE  GF/ DF Mince Sauce & Plain Nacho Chips or	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon J. Small Medium Large  Roast Beef & GF Gravy	Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Porridge Soy Milk  Weetbix
Dairy Free   Wednesday 3   Midday     Teaspoon     Teaspoon     Small   Medium   Large   DK Soup(Ticket DF)     Wholemeal Bread   Slices   or   White Bread   Slices   DF Margarine   NO CHESE   GF/DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Pork & GF Gravy  DF Mashed Potato or Roast Potato	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   Or   Pureed fruit   Porridge   Soy Milk   Or   Weetbix   Or   Ricies   Sugar
Dairy Free Wednesday 3  Midday  Baby Bow I Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  NO CHEESE GF/ DF Mince Sauce & Plain Nacho Chips or DF Chicken & Cranberry/Egg Sandwich or (special ticket) UF Ham & Egg Sandwich	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Ricies   Sugar   or or or or or or
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  NO CHEESE GF/ DF Mince Sauce & Plain Nacho Chips or DF Chicken & Cranberry/Egg Sandwich or (special ticket) UF Ham & Egg Sandwich (special ticket)  DF Mashed Potato	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Pork & GF Gravy  DF Mashed Potato or Roast Potato	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Ploies   Sugar   or Cornflakes   Equal   Wholemeal Toast
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  NO CHEESE GF/ DF Mince Sauce & Plain Nacho Chips or DF Chicken & Cranberry/Egg Sandwich or (special ticket)  DF Mashed Potato  DF Pottle of Gravy	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Picies   Sugar   or Cornflakes   Equal   Wholemeal Toast   Slices   or White Toast   Or Whit
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  NO CHEESE GF/ DF Mince Sauce & Plain Nacho Chips or DF Chicken & Cranberry/Egg Sandwich or (special ticket) UF Ham & Egg Sandwich (special ticket)  DF Mashed Potato	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables	Boom Ward  Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Ricies Sugar  or Cornflakes Equal  Wholemeal Toast
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   Or   White Bread   Slices   DF Margarine   NO CHEESE   GF/ DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Ham & Egg Sandwich   (special ticket)   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables	Boom Ward  Dairy Free Thursday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Great Great  Wholemeal Toast Faual  Wholemeal Toast Slices  or Wholemeal Bread Sinces
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   Or   White Bread   Slices   DF Margarine   NO CHEESE   GF/ DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Ham & Egg Sandwich   (special ticket)   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree   Canned Fruit & Jelly	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly or	Dairy Free Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small Medium Large   Farex   Canned Fruit or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Ricies   Sugar   or Cornflakes   Equal   Wholemeal Toast   Slices   or Wholemeal Bread   Slices   Slices   Slices   Slices   Or Wholemeal Bread   Slices   Sl
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   Or   White Bread   Slices   DF Margarine   NO CHEESE   GF/ DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Ham & Egg Sandwich   (special ticket)   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Pork & GF Gravy  Or Pork & GF Gravy  DF Mashed Potato Or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Ricies   Sugar   or Cornflakes   Equal   Wholemeal Toast   Slices   or White Toast   Slices   or Wholemeal Bread   Or W
Dairy Free Wednesday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  NO CHEESE GF/DF Mince Sauce & Plain Nacho Chips or DF Chicken & Cranberry/Egg Sandwich or (special ticket)  DF Mashed Potato DF Pottle of Gravy  Vegetable Puree  Canned Fruit & Jelly or	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly or Canned Fruit & Soy Vanilla Sauce	Dairy Free Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small Medium Large   Farex   Canned Fruit or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Ricies   Sugar   or Cornflakes   Equal   Wholemeal Toast   Slices   or Wholemeal Bread   Slices   Slices   Slices   Slices   Or Wholemeal Bread   Slices   Sl
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   Or   White Bread   Slices   DF Margarine   NO CHEESE   GF/ DF Mince Sauce & Plain Nacho Chips   or   (special ticket)   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree   Canned Fruit & Jelly   or   Pureed Fruit	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon Small Medium Large  Poor Roast Beef & GF Gravy  Or Pork & GF Gravy  DF Mashed Potato Or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly Or Canned Fruit & Soy Vanilla Sauce Or	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Ricies   Or Cornflakes   Equal   Wholemeal Toast   Slices   or White Toast   Slices   or Wholemeal Bread   Marmalade   Wegemite   Marmalade   Marmalade
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   or White Bread   Slices   DF Margarine   NO CHEESE   GF/DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Ham & Egg Sandwich   (special ticket)   DF Pottle of Gravy   Vegetable Puree   Canned Fruit & Jelly   or   Pureed Fruit	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon Small Medium Large  Poor Roast Beef & GF Gravy  Or Pork & GF Gravy  DF Mashed Potato Or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly Or Canned Fruit & Soy Vanilla Sauce Or	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or   Sices   or   Gornflakes   Equal   Wholemeal Toast   or   White Toast   or   Wholemeal Bread   Slices   or   Wholemeal Bread   Slices   or   White Bread   Slices   OF   Margarine   OF
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   or White Bread   Slices   DF Margarine   NO CHEESE   GF/DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree   Canned Fruit & Jelly   or   Pureed Fruit   Or   Fresh Fruit   Or   Fresh Fruit   Or   Fresh Fruit   Or   Fresh Fruit   Or   Or   Pureed Fruit   Or   Fresh Fruit   Or   Or   Or   Pureed Fruit   Or   Or   Pureed Fruit   Or   Or   Pureed Fruit   Or   Or   Pureed Fruit   Or   Or   Or   Or   Or   Or   Or   O	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon Small Medium Large  Pork & GF Gravy  Or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly or Canned Fruit & Soy Vanilla Sauce or Pureed Fruit	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or   Sugar   or   Cornflakes   Equal   Wholemeal Toast   or   White Toast   or   White Bread   Slices   or   White Bread   Slices   Or   White Bread   Slices   Or   White Bread   Marmalade   Honey   Diabetic   Marmalade   Jam   Diabetic   Diabetic Jam   Diabetic
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   Or   White Bread   Slices   DF Margarine   NO CHEESE   GF/DF Mince Sauce & Plain Nacho Chips   or   Or   Special ticket   Or   Special ticket   OF   DF Mashed Potato   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree   Canned Fruit & Jelly   or   Pureed Fruit   Or   Fresh Fruit   Name   Name	Dairy Free Wednesday 3  Evening Baby Bowl Teaspoon Small Medium Large  Roast Beef & GF Gravy  or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly or Canned Fruit & Soy Vanilla Sauce or Pureed Fruit	Dairy Free Thursday 3   Breakfast   Teaspoon   Teaspo
Dairy Free   Wednesday 3   Midday   Baby Bowl   Teaspoon   Small   Medium   Large   DK Soup(Ticket DF)   Wholemeal Bread   Slices   or White Bread   Slices   DF Margarine   NO CHEESE   GF/DF Mince Sauce & Plain Nacho Chips   or   DF Chicken & Cranberry/Egg Sandwich   or   (special ticket)   DF Mashed Potato   DF Pottle of Gravy   Vegetable Puree   Canned Fruit & Jelly   or   Pureed Fruit   Or   Fresh Fruit   Or   Fresh Fruit   Or   Fresh Fruit   Or   Fresh Fruit   Or   Or   Pureed Fruit   Or   Fresh Fruit   Or   Or   Or   Pureed Fruit   Or   Or   Pureed Fruit   Or   Or   Pureed Fruit   Or   Or   Pureed Fruit   Or   Or   Or   Or   Or   Or   Or   O	Dairy Free Wednesday 3  Evening  Baby Bowl Teaspoon Small Medium Large  Pork & GF Gravy  Or Pork & GF Gravy  DF Mashed Potato or Roast Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly or Canned Fruit & Soy Vanilla Sauce or Pureed Fruit	Dairy Free   Thursday 3   Breakfast   Baby Bowl   Teaspoon   Small   Medium   Large   Farex   Canned Fruit   or Pureed fruit   Fruit Drink   Porridge   Soy Milk   or Weetbix   or Slices   Great   Sugar   or Or Cornflakes   Equal   Wholemeal Toast   Slices   or White Toast   Slices   or White Bread   Marmalade   Honey   Diabetic   Marmalade   Jam   Diabetic Jam

Dairy Free Thursday 3	Dairy Free Thursday 3	Dairy Free Friday 3			
Midday	Evening	Breakfast			
aby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon			
mall Medium Large (Soup(Tlcket DF)	Small Medium Large	Small Medium Large			
	Plain Chicken Drumsticks				
holemeal Bread Slices	Children Minne	Canned Fruit or Pureed fruit			
or hite Bread Slices	Childrens Mince	Fruit Drink			
Margarine	Poached Eggs on Toast	TTAKEDITIK			
Spaghetti on Toast		Porridge Soy Milk			
		or			
or past Beef & DF Mixed Salad (special ticket)		Weetbix			
or		Ricies Sugar			
Corned Beef Sandwiches	DF Mashed Potato	or or			
ticket	or Rice Gluten Free Pottle of Gravy	Cornflakes   Equal			
Mashed Potato		Wholemeal Toast Slices			
Pottle of Gravy	Seasonal Vegetables	or White Toast Slices			
	Salt Pepper	or			
getable Puree		Wholemeal Bread Slices			
	Canned Fruit & Jelly	or White BreadSlices			
nned Fruit & Jelly	or				
or	Canned Fruit & Soy Vanilla Sauce	DF Margarine			
areed Fruit	Or Pureed Fruit	Vegemite Marmalade			
or	I dieed faik				
esh Fruit		Honey Diabetic			
		Marmalade			
	Name	Jam Diabetic Jam Name			
Dairy Free	Room  Dairy Free	Dairy Free			
Dairy Free Friday 3	Dairy Free Friday 3	Dairy Free Saturday 3			
Dairy Free Friday 3 Midday	Dairy Free Friday 3 Evening	Dairy Free Saturday 3 Breakfast			
Dairy Free Friday 3 Midday Baby Bowl Teaspoon	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon	Dairy Free Saturday 3  Breakfast  Baby Bowl  Teaspoon			
Dairy Free Friday 3 Midday  Baby Bowl Teaspoon  Small Medium Large	Dairy Free Friday 3 Evening	Dairy Free Saturday 3  Breakfast Baby Bowl Teaspoon Small Medium Large			
Dairy Free Friday 3 Midday Baby Bowl Teaspoon	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon	Dairy Free Saturday 3  Breakfast  Baby Bowl  Teaspoon			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Il Medium Large	Dairy Free Saturday 3  Breakfast Baby Bowl Teaspoon Small Medium Large			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices  or	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices  or  White Bread	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Il Medium Large  Corned Beef	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Il Medium Large  Corned Beef	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge  Soy Milk  or			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Il Medium Large  Corned Beef	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Small Medium Large  Corned Beef  or Steamed Fish & Lemon Wedge	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge or Weetbix			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket)	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon II Medium Large  Corned Beef  or Steamed Fish & Lemon Wedge	Dairy Free Saturday 3  Breakfast  Baby Bow! Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or  Ricies Sugar  or			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Small Medium Large  Corned Beef  or Steamed Fish & Lemon Wedge	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge or Weetbix or Ricies Sugar or Cornflakes Equal			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Small Medium Large  Corned Beef  or Steamed Fish & Lemon Wedge  DF Mashed Potato or Parsley Whole Potato Gluten Free Pottle of Gravy	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Sugar  or Conflakes Equal  Wholemeal Toast			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  or  Steamed Fish & Lemon Wedge  DF Mashed Potato or Gluten Free Pottle of Gravy  Seasonal Vegetables	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Sugar  or Or Equal  Wholemeal Toast Slices  or White Toast Slices			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy	Dairy Free Friday 3  Evening Baby Bowl Teaspoon Small Medium Large  Corned Beef  or Steamed Fish & Lemon Wedge  DF Mashed Potato or Parsley Whole Potato Gluten Free Pottle of Gravy	Dairy Free Saturday 3  Breakfast  Baby Bov! Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Great Sugar  or			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  or  Steamed Fish & Lemon Wedge  DF Mashed Potato or Gluten Free Pottle of Gravy  Seasonal Vegetables	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Sugar  or Or Equal  Wholemeal Toast Slices  or White Toast Sices			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree	Dairy Free Friday 3  Evening Baby BovI Teaspoon II Medium Large  Corned Beef  Or Steamed Fish & Lemon Wedge  DF Mashed Potato or Parsley Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or  Ricies Sugar  or  Conflakes Equal  Wholemeal Toast Slices  or  White Toast Slices  or  Wholemeal Bread Sinces			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree  Canned Fruit & Jelly	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  Or  Steamed Fish & Lemon Wedge  DF Mashed Potato  or  Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper  Canned Fruit & Jelly  or	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge or Weetbix or Ricies Sugar or Confilakes Equal  Wholemeal Toast Sices or White Toast Sices or White Bread Sices			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree	Dairy Free Friday 3  Evening Baby BovI Teaspoon II Medium Large  Corned Beef  Or Steamed Fish & Lemon Wedge  DF Mashed Potato or Parsley Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Ricies Sugar  or Cornflakes Equal  Wholemeal Toast Sices  or White Toast Sices  or Wholemeal Bread Sices			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree  Canned Fruit & Jelly or	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon II Small Medium Large  Corned Beef  Or Steamed Fish & Lemon Wedge  DF Mashed Potato Or Parsley Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Canned Fruit & Jelly Or Canned Fruit & Soy Vanilla Sauce	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge or Weetbix or Ricies Sugar or Confilakes Equal  Wholemeal Toast Sices or White Toast Sices or White Bread Sices			
Dairy Free Friday 3  Midday  Baby Bow I Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices  DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree  Canned Fruit & Jelly or  Pureed Fruit	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  Or  Steamed Fish & Lemon Wedge  DF Mashed Potato  or  Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper  Canned Fruit & Jelly  or  Canned Fruit & Soy Vanilla Sauce  or	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Ricies Sugar  or Conflakes Equal  Wholemeal Toast Sices  or White Toast Sices  or Wholemeal Bread Sices  Or Margarine Marmalade			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or  White Bread Slices DF Margarine  DF Baked Beans & Toast or  DF Lamb Salad (special ticket) or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree  Canned Fruit & Jelly or  Pureed Fruit	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  Or  Steamed Fish & Lemon Wedge  DF Mashed Potato  or  Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper  Canned Fruit & Jelly  or  Canned Fruit & Soy Vanilla Sauce  or	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge or Weetbix or Plicies Sugar or Conflakes Equal  Wholemeal Toast Slices or White Toast Slices or White Bread Slices Or White Bread Slices Or Wholemeal Bread Marmalade			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices or White Bread Slices DF Margarine  DF Baked Beans & Toast or DF Lamb Salad (special ticket) or DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree    Canned Fruit & Jelly or   Pureed Fruit	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  Or  Steamed Fish & Lemon Wedge  DF Mashed Potato  or  Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper  Canned Fruit & Jelly  or  Canned Fruit & Soy Vanilla Sauce  or  Pureed Fruit	Dairy Free Saturday 3  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Grades Equal  Wholemeal Toast Sices  or White Toast Sices  or Wholemeal Bread Sices  or Wholemeal Bread Sices  or Wholemeal Bread Sices  or Wholemeal Bread Sices  or Wholemeal Gast Sices  or Wholemeal Bread Sices  or Wholemeal Bread Sices  or Wholemeal Bread Sices  Or Wholemeal Bread Marmalade  Diabetic Jam Diabetic Jam			
Dairy Free Friday 3  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup(Ticket DF)  Wholemeal Bread Slices  or  White Bread Slices  DF Margarine  DF Baked Beans & Toast  or  DF Lamb Salad (special ticket)  or  DF Chicken Sandwiches (ticket)  DF Mashed Potato  DF Pottle of Gravy  Vegetable Puree  Canned Fruit & Jelly  or  Pureed Fruit	Dairy Free Friday 3  Evening  Baby Bowl Teaspoon  Small Medium Large  Corned Beef  Or  Steamed Fish & Lemon Wedge  DF Mashed Potato  or  Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper  Canned Fruit & Jelly  or  Canned Fruit & Soy Vanilla Sauce  or	Dairy Free Saturday 3  Breakfast  Baby Bov1 Teaspoon  Small Medium Large Farex  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Soy Milk  or Weetbix  or Or Or Cornflakes Equal  Wholemeal Toast Sices  or White Toast Sices  or White Bread Sices  DF Margarine  Vegemite Marmalade  Honey Diabetic Marmalade			

Dairy Free	· _ ·				
Saturday 3	Saturday 3 Saturday 3				
Midday	Evening	Breakfast			
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon			
Small Medium Large	Small Medium Large	Small Medium Large			
DK Soup (Ticket DF)		Farex			
7	Pork & GF Apple Gravy	Ho 15 > Co 16 >			
Wholemeal Bread Slices		Canned Fruit or Pureed fruit			
or	_	He seed			
White Bread Slices	or or	Fruit Drink			
DF Margarine	Meatballs & GF Gravy	Porridge Soy Milk			
DF Scrambled Eggs & Toast	Poached Eggs	or			
or	Poached Eggs	Weetbix			
DF Chicken & Mixed Salad (special ticket)		or			
Di ciliokeri di ilinea calad (special tioket)		Ricies Sugar			
or	DF Mashed Potato	or or			
DF Ham Sandwiches	or Noodles	Cornflakes Equal			
	Gluten Free Pottle of Gravy				
DF Mashed Potato	— — — — — — — — — — — — — — — — — — —	Wholemeal Toast Slices			
DF Pottle of Gravy	Seasonal Vegetables	or White Toast Slices			
	Salt Pepper	or			
Vegetable Puree		Wholemeal Bread Slices			
		or			
	Canned Fruit & Jelly	White Bread Slices			
Canned Fruit & Jelly	or				
or Pureed Fruit	Canned Fruit & Soy Vanilla Sauce	DF Margarine			
rureeariuit	or				
	Pureed Fruit	Vegemite Marmalade			
or Fresh Fruit					
I lestificati		Honey Diabetic			
	4 ' '	Jam Diabetic Jam			
lame	Name	Name			
Ward Room	Ward Room	Room Ward			
	1.2.2.11				

Dairy Free Sunday 3 Midday		airy Free Sunday 3 Evening	nday 3 Monday 1			
Baby Bowl Teaspoo	on Baby Bowl	Teaspoo	on	Baby Bowl		Teaspoor
Small Medium Larg	ge Small	Medium	Large	Small	Medium	Large
DK Soup (Ticket DF)  Wholemeal Bread Slices	Roast Chick	en & GF Gravy		Farex Canned Fruit	or [	Pureed fruit
White Bread	Beef & GF G	or Gravy		Fruit Drink Porridge or Weetbix		Soy Milk
or DF Beef & Salad Sandwich  DF Mashed Potato Oven Bak  DF Pottle of Gravy Tomato S  Vegetable Puree	ed Chips Seasonal V	or Roast Po Pottle of Gravy	otato	Ricies or Cornflakes  Wholemeal T or White Toast or Wholemeal E		Sugar or EqualSlicesSlices
Canned Fruit & Jelly  or  Pureed Fruit		or it & Soy Vanilla S or	auce	or White Bread		Slices
or Fresh Fruit	Pureed Fruit			Vegemite Honey Jam		Marmalade Diabetic Marmalade Diabetic Jai
ame Ward	Name	Ward		Name Room		ard

Egg Fre Monday		-	Egg Free Monday 1			Egg Free Tuesday 1				
Midday	у		E	vening		Breakfast				
Baby Bowl	Teaspoon		Baby Bowl	Teaspoor	1		Baby Bowl	I		Teaspoon
Small Medium	n Large		Small	Medium	Large		Small	Mediur	m	Large
DK Soup (ticket)			D (0.050				Farex	10	F	Ouree Porridge
Wholemeal Bread	Slices		Beef & GF Gra	109		Н	Canned Fruit	10	П	Pureed fruit
or									_	
White Bread	Slices		0		,		Fruit Drink			
Margarine	Butter		Plain Chicken	Nibbles			Porridge			ow Fat Milk
Spaghetti on Toast			o	Г			or			or
			Bean Burritos	(Vegetarian O	ption)		Weetbix			√hole Milk
Hawaiian Pizza							or Ricies			Sugar
			Mashed Potat		'		or		$\equiv$	or _
or			<b>o</b> Gluten Free Po	r Rice ottle of Gravy		$\vdash$	Cornflakes		<u>   E</u>	iqual
EF Chicken & Cranberry	Sandwiches			•			Wholemeal T	oast		Slices
(ticket)			Seasonal Veg			Н	<b>or</b> White Toast			Slices
			Salt	Pepper		□ □	<b>or</b> Wholemeal B	lraad		Slices
Lime Blancmange						L	or	neaU		
			Brown Betty &		, 1	Ш	White Bread			Slices
Yoghurt			o Canned Fruit	r		-	Margarine	or	HE	Butter
			o							
			Jelly & Ice Crea	am			Vegemite		Ш	Marmalade
Fresh Fruit							Honey			Diabetic
							·		=	Marmalade
me		Nai	me			Na	Jam me		<u> </u>	Diabetic Jam
	Ward					Ro			Ward	I
Egg Fre				yard gg Free			E	Egg Fre	26	
oom	1	- - -	E <sub>i</sub>				E	Egg Fredering	2 <b>e</b> ay 1	
Egg Fre Tuesday	1	- - -	E <sub>i</sub>	gg Free uesday 1	n e		E	ednesda Breakf	ee ay 1 ast	easpoon
Egg Fre Tuesday Midda	y Teaspoon	-	E:	gg Free uesday 1 Evening	n Large		E E	ednesda Breakf	2e ay 1 ast	
Egg Fre Tuesday Midda Baby Bowl	y Teaspoon	-	E T Baby Bowl	gg Free uesday 1 Evening Teaspoo	Large		E Baby Bowl	ednesda Breakf	ee ay 1 ast	easpoon Large
Egg Free Tuesday Middor Baby Bowl Small Medium DK Soup (ticket)	y Teaspoon n Large		E T Baby Bowl	gg Free uesday 1 Evening Teaspoo	Large		E Baby Bowl	ednesd: Breakfo Medium or	ee ay 1 ast	easpoon Large Ouree Porridg
Egg Free Tuesday Midda  Baby Bowl  Small Medium  DK Soup (tioket)  Wholemeal Bread or	Y Teaspoon Large Slices		E T Baby Bowl	gg Free uesday 1 Evening Teaspoo	Large		EBaby Bowl Small Farex Canned Fruit	ednesd Preakfo Medium	ee ay 1 ast	easpoon Large
Egg Free Tuesday Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread  or  White Bread	Y Teaspoon  Large  Slices		E T Baby Bowl Small	gg Free uesday 1 Evening Teaspoo	Large		E Baby Bowl Small	ednesd: Breakfo Medium or	ee ay 1 ast	easpoon Large Ouree Porrid
Egg Free Tuesday Midda: Baby Bowl Small Medium DK Soup (tioket) Wholemeal Bread or	Y Teaspoon Large Slices		E T Baby Bowl Small	gg Free uesday 1 Evening Teaspoo	Large		EBaby Bowl Small Farex Canned Fruit	ednesd: Breakfo Medium or	ast T	easpoon Large Ouree Porridg
Egg Free Tuesday Midday  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread or  White Bread  Margarine  American Hotdog	Y Teaspoon  Large  Slices		E T Baby Bowl Small	gg Free uesday 1 Evening Teaspoo	Large		Baby Bowl Small Farex Canned Fruit Fruit Drink Porridge or	ednesd: Breakfo Medium or	ast T	easpoon Large 'uree Porride 'ureed fruit ow Fat Milk or
Egg Free Tuesday Midday Baby Bowl Small Medium DK Soup (ticket) Wholemeal Bread or White Bread Margarine	Y Teaspoon  Large  Slices		E T Baby Bowl Small	gg Free uesday 1 Evening Teaspoo	Large		Baby Bowl Small Farex Canned Fruit Fruit Drink Porridge or Weetbix	ednesd: Breakfo Medium or	ast T	<b>Large</b> *Vureed fruit  Ow Fat Milk
Egg Free Tuesday Midday  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread or  White Bread  Margarine  American Hotdog	y Teaspoon Large Slices Butter		E T Baby Bowl Small	gg Free uesday 1 Evening Teaspoo	Large		Baby Bowl Small Farex Canned Fruit Fruit Drink Porridge or	ednesd: Breakfo Medium or	eee ay 1 ast	easpoon Large 'uree Porridg 'ureed fruit ow Fat Milk or
Egg Free Tuesday Midda: Baby Bowl Small Medium DK Soup (ticket) Wholemeal Bread or White Bread Margarine American Hotdog or EF Roast Pork & Mixed S	y Teaspoon Large Slices Butter		Baby Bowl Small Baked Stuffe Beef & GF Gr	gg Free uesday 1 Evening Teaspoo Medium dFish & Lemon	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Ricies or	ednesd: Breakfo Medium or	22e ay 1  ast  The property of	Large Puree Porridy Pureed fruit Ow Fat Milk Or Phole Milk
Egg Free Tuesday Midda  Baby Bowl  Small Medium  DK Soup (ticket) Wholemeal Bread or White Bread Margarine  American Hotdog or  EF Roast Pork & Mixed S	Teaspoon  Large		Baby Bowl Small Baked Stuffe Beef & GF Gr	gg Free uesday 1 Evening Teaspoo II Medium dFish & Lemon'	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Fruit Drink Porridge or Weetbix or Ricies or Cornflakes	ednesde Breakforment Medium or or	22e ay 1 ast The property of t	easpoon Large Large  Cureed fruit  ow Fat Milk  or  /hole Milk  sugar  r  qual
Egg Fre Tuesday Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread or  White Bread Margarine  American Hotdog or  EF Roast Pork & Mixed S	Teaspoon  Large		Baby Bowl Small Baked Stuffe Beef & GF Gr	gg Free uesday 1 Evening Teaspoo II Medium  d Fish & Lemon  or avy  to Or Whole Pc Pottle of Gravy	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Ricies or Cornflakes	ednesde Breakforment Medium or or	22e ay 1 ast The property of t	Large Puree Porridy Pureed fruit Ow Fat Milk Or Phole Milk
Egg Free Tuesday Midda  Baby Bowl  Small Medium  DK Soup (ticket) Wholemeal Bread or White Bread Margarine  American Hotdog or  EF Roast Pork & Mixed S	Teaspoon  Large		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free F	gg Free uesday 1 Evening Teaspoo  Medium  d Fish & Lemon'  or avy  Whole Pot Pottle of Gravy getables	<b>Large</b> Wedge		Baby Bowl  Small  Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes wholemeal Too	ednesde Breakforment Medium or or	22e ay 1 ast The F	easpoon Large Large  Cureed fruit  ow Fat Milk  or  /hole Milk  sugar  r  qual
Egg Free Tuesday Midda  Baby Bowl  Small Medium  DK Soup (ticket) Wholemeal Bread or White Bread Margarine  American Hotdog or  EF Roast Pork & Mixed S	Teaspoon  Large		Baby Bowl Small Baked Stuffe Beef & GF Gr	gg Free uesday 1 Evening Teaspoo II Medium  d Fish & Lemon  or avy  to Or Whole Pc Pottle of Gravy	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Ricies or Cornflakes Wholemeal To or white Toast or	Medium or or	222 ay 1 ast T D D D D D D D D D D D D D D D D D D	Easpoon Large Vuree Porridg Vureed fruit Our Fat Milk Or Vhole Milk Singar Or Qual Slices
Egg Free Tuesday Midda  Baby Bowl  Small Medium  DK Soup (ticket) Wholemeal Bread or White Bread Margarine  American Hotdog or  EF Roast Pork & Mixed S	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free F	gg Free uesday 1 Evening Teaspoo  Medium  d Fish & Lemon'  or avy  Whole Pot Pottle of Gravy getables	<b>Large</b> Wedge		Baby Bowl  Small  Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes wholemeal Too	Medium or or	222 ay 1 ast T D D D D D D D D D D D D D D D D D D	Easpoon Large Yuree Porridg Oureed fruit Our Fat Milk Or Hole Milk Sugar Or qual
Egg Free Tuesday Midda: Baby Bowl Small Medium DK Soup (ticket) Wholemeal Bread or White Bread Margarine American Hotdog or EF Roast Pork & Mixed 3 or EF Roast Beef & Chees	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe  Beef & GF Gr  Mashed Pota Gluten Free f  Seasonal Ve Salt	gg Free uesday 1  Evening Teaspoo II  Medium  d Fish & Lemon  or avy  Whole Po Pottle of Gravy getables Pepper	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Riccies or Cornflakes Wholemeal To or wholemeal Br	Medium or or	222 ay 1 ast T D D D D D D D D D D D D D D D D D D	Easpoon Large Vuree Porridg Vureed fruit Our Fat Milk Or Vhole Milk Singar Or Qual Slices
Egg Free Tuesday  Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread  or  White Bread  Margarine  American Hotdog  or  EF Roast Pork & Mixed S  or  EF Roast Beef & Chees  Chocolate Blancmange	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free F Seasonal Ve	gg Free uesday 1 Evening Teaspoo II Medium  d Fish & Lemon'  or avy  whole Pottle of Gravy getables Pepper  Custard or	<b>Large</b> Wedge		EBaby Bowl  Small  Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Cornflakes wholemeal Toor white Toast or wholemeal Broor white Bread	Medium or or	22 ay 1 ast	easpoon Large Vuree Porridg Vureed fruit or Vhole Milk Sugar or qual .Slices .Slices
Egg Free Tuesday Midda: Baby Bowl Small Medium DK Soup (ticket) Wholemeal Bread or White Bread Margarine American Hotdog or EF Roast Pork & Mixed 3 or EF Roast Beef & Chees	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free F Seasonal Ver Salt  Fruit Crisp & C Canned Fruit	gg Free uesday 1 Evening Teaspoo II Medium  d Fish & Lemon'  or avy  whole Pottle of Gravy getables Pepper  Custard or	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Cornflakes Wholemeal To or White Toast or Wholemeal Br	Medium or or	22 ay 1 ast	Large Puree Porridy Oureed fruit Our Fat Milk Or I/hole Milk Gugar I/hole Milk Siugar I/hole Silices Silices
Egg Free Tuesday  Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread  or  White Bread  Margarine  American Hotdog  or  EF Roast Pork & Mixed S  or  EF Roast Beef & Chees  Chocolate Blancmange	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free F Seasonal Ver Salt  Fruit Crisp & C Canned Fruit	gg Free uesday 1  Evening Teaspoo Medium  d Fish & Lemon'  or avy  Getables Pepper  Custard or	<b>Large</b> Wedge		EBaby Bowl  Small  Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Cornflakes wholemeal Toor white Toast or wholemeal Broor white Bread	Medium or or	222 ay 1 ast	easpoon Large Vuree Porridg Vureed fruit ov Fat Milk or /hole Milk sugar or qual .Slices .Slices
Egg Free Tuesday  Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread  or  White Bread  Margarine  American Hotdog  or  EF Roast Pork & Mixed S  or  Chocolate Blancmange  or  Jelly  Canned Fruit  or	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free R  Seasonal Ver Salt  Fruit Crisp & C	gg Free uesday 1  Evening Teaspoo Medium  d Fish & Lemon'  or avy  Getables Pepper  Custard or	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Cornflakes Wholemeal To or White Bread Margarine Vegemite	Medium or or	222 ay 1 ast T T S S S S S S S S S S S S S S S S S	Large Vuree Porridg Vureed fruit  ow Fat Milk  or Vhole Milk  diugar or qual  .Slices  .Slices  .Slices
Egg Free Tuesday  Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread or  White Bread Margarine  American Hotdog or  EF Roast Pork & Mixed S or  EF Roast Beef & Cheese  Chocolate Blancmange or  Jelly  Canned Fruit	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free R  Seasonal Ver Salt  Fruit Crisp & C	gg Free uesday 1  Evening Teaspoo Medium  d Fish & Lemon'  or avy  Getables Pepper  Custard or	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Ricies or Cornflakes Wholemeal To or wholemeal Br or wholemeal Br or white Bread	Medium or or	22 ay 1 ast   T   T   T   T   T   T   T   T   T	Large Large Porrids Pureed fruit Ow Fat Milk Or /hole Milk Sugar Or qual .Slices .Slices
Egg Free Tuesday  Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread  or  White Bread  Margarine  American Hotdog  or  EF Roast Pork & Mixed S  or  EF Roast Beef & Cheese  Chocolate Blanomange  Or  Jelly  Canned Fruit  or  Fresh Fruit	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Freel Seasonal Ver Salt Fruit Crisp & C Canned Fruit	gg Free uesday 1  Evening Teaspoo Medium  d Fish & Lemon'  or avy  Getables Pepper  Custard or	<b>Large</b> Wedge		Baby Bowl Small Farex Canned Fruit Porridge or Weetbix or Ricies or Cornflakes Wholemeal To or White Toast or White Bread Margarine Vegemite	Medium or or	22 ay 1 ast	easpoon Large Vuree Porridg Vureed fruit ow Fat Milk or /hole Milk singar or qual .Slices .Slices .Slices dutter larmalade liabetic larmalade
Egg Free Tuesday  Midda  Baby Bowl  Small Medium  DK Soup (ticket)  Wholemeal Bread  or  White Bread  Margarine  American Hotdog  or  EF Roast Pork & Mixed S  or  Chocolate Blancmange  or  Jelly  Canned Fruit  or	Teaspoon  Large  Slices  Slices  Butter  Balad (special ticket)		Baby Bowl Small Baked Stuffe Beef & GF Gr  Mashed Pota Gluten Free R  Seasonal Ver Salt  Fruit Crisp & C	gg Free uesday 1  Evening Teaspoo Medium  d Fish & Lemon'  or avy  Getables Pepper  Custard or	<b>Large</b> Wedge		Baby Bowl  Small Farex Canned Fruit Fruit Drink Porridge or Weetbix or Ricies or Wholemeal To or Wholemeal Broor White Toast or White Bread Margarine Vegemite Honey Jam	Medium or or	22 ay 1 ast	easpoon Large Puree Porridg Pureed fruit ow Fat Milk or Phole Milk Sugar or qual Slices Slices Slices dutter Parmalade Clabetic Clarmalade

Small   Medium   Large   Small   Medium   Large   Dick Soup (ticket)   Farex   Or   Puree   Portinge   Canned Fruit   Or   Puree   Or   Puree   Or   Puree   Canned Fruit   Or   Puree   Or   Puree   Or   Or   Puree   Or   Or   Or   Puree   Or   Or   Or   Or   Puree   Or   Or   Or   Puree   Or   Or   Or   Or   Or   Puree   Or   Or   Or   Or   Or   Or   Or	Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread Slices  Margarine Butter  Baked Potato, Cream Corn & Cheese  or  EF Corned Beef Open Rye Sandwich  (special ticket)  M  EF Ham and Cheese  Sandwiches  S	aby Bowl mall  past Pork, App  or eef & GF Grav  or ashed Potato or liuten Free Po	Teaspoon II Medium  ple Sauce & GF	Large Gravy	Brea Baby Bowl Small Med Farex o Canned Fruit o Fruit Drink Porridge or Weetbix or Ricies or Cornflakes	kfast Teaspoon lium Large or Puree Porrid or Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal
Baby Bov!   Teaspoon   Small   Medium   Large   Small   Medium   Larg	Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread Slices  Margarine Butter  Baked Potato, Cream Corn & Cheese  or  EF Corned Beef Open Rye Sandwich  (special ticket)  M  EF Ham and Cheese  Sandwiches  S	or eef & GF Grave or eashed Potato or liuten Free Potessonal Vege	Teaspoon  Medium  ple Sauce & GF  yy  Roast Pota	Large Gravy	Baby Bowl   Small Med   Farex   O     Canned Fruit   O     Fruit Drink   Porridge   Or     Weetbix   Or     Ricies   Or     Cornflakes   Cornflakes   Or	Teaspoon  Itum Large  Puree Porrid  Low Fat Milk  or  Whole Milk  Sugar  or  Equal
DK Soup (ticket)	DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread Slices  Margarine Butter  Baked Potato, Cream Corn & Cheese  or  EF Corned Beef Open Rye Sandwich  (special ticket)  or  EF Ham and Cheese  Sandwiches  S	oast Pork, App or eef & GF Grav or ashed Potato or ashed Potato	ple Sauce & GF	Gravy	Farex o  Canned Fruit o  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes	Puree Porrid  Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal
DK Soup (ticket)	DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread Slices  Margarine Butter  Baked Potato, Cream Corn & Cheese  or  EF Corned Beef Open Rye Sandwich  (special ticket)  or  EF Ham and Cheese  Sandwiches  S	or eef & GF Grav or ashed Potato or luten Free Po	Poast Pota		Canned Fruit o	Puree Porrid  Low Fat Milk  or  Whole Milk  Sugar  or  Equal
Wholemeal Bread Slices or White Bread Slices or Beef & GF Gravy  Baked Potato, Cream Corn & Cheese or Weetbix Whole or Corned Beef Open Rye Sandwich (special ticket)	Wholemeal Bread	or eef & GF Grav or ashed Potato or luten Free Po	Poast Pota		Fruit Drink Porridge or Weetbix or Ricies or Cornflakes	Low Fat Milk or Whole Milk Sugar or Equal
or White BreadSlices Margarine Butter  Baked Potato, Cream Corn & Cheese or  EF Corned Beef Open Rye Sandwich [special ticket]	or White BreadSlices Margarine Butter B Baked Potato, Cream Corn & Cheese or  EF Corned Beef Open Rye Sandwich (special ticket) or  EF Ham and Cheese Sandwiches S	or  ashed Potato or  diluten Free Po	Roast Pota	ato	Fruit Drink Porridge or Weetbix or Ricies or Cornflakes	Low Fat Milk or Whole Milk Sugar or Equal
Baked Potato, Cream Corn & Cheese   Or	Margarine	or  ashed Potato or  diluten Free Po	Roast Pota	ato	Porridge or Weetbix or Ricies or Cornflakes	or Whole Milk Sugar or Equal
Baked Potato, Cream Corn & Cheese or    Porridge	Baked Potato, Cream Corn & Cheese or  EF Corned Beef Open Rye Sandwich (special ticket)  Or  EF Ham and Cheese Sandwiches S	or ashed Potato or iluten Free Po easonal Vege	Roast Pota	ato	or Weetbix or Ricies or Cornflakes	or Whole Milk Sugar or Equal
Baked Potato, Cream Corn & Cheese or  EF Corned Beef Open Rye Sandwich  (special ticket)  Or  Or  Roast Potato  Or  Gluten Free Pottle of Gravy  Wholemeal Toast  Or  Wholemeal Toast  Or  Wholemeal Bread  Or  Wholemeal Free Pottle of Gravy  Wholemeal Free Pottle of Gravy  Wholemeal Free Pottle of Gravy  Wholemeal Toast  Or  Wholemeal Toast  Or  Wholemeal Bread  Or  Wholemeal Free Pottle of Gravy  Wholemeal Free Pottle of Gravy  Wholemeal Free Pottle of Gravy  Wholemeal Toast  Or  Wholemeal Toast  Or  Wholemeal Free Pottle of Gravy  Wholemeal Toast  Or  Wholemeal Toast	Or           EF Corned Beef Open Rye Sandwich           (special ticket)           Or           EF Ham and Cheese           Sandwiches           S	ashed Potato <b>or</b> iluten Free Po easonal Vege	) Roast Pota ottle of Gravy	ato	or Weetbix or Ricies or Cornflakes	or Whole Milk Sugar or Equal
or	or           EF Corned Beef Open Rye Sandwich           (special ticket)           or           EF Ham and Cheese           Sandwiches           S	ashed Potato <b>or</b> iluten Free Po easonal Vege	) Roast Pota ottle of Gravy	ato	Weetbix or Ricies or Cornflakes	Whole Milk Sugar or Equal
EF Corned Beef Open Rye Sandwich    Salt	EF Corned Beef Open Rye Sandwich	<b>or</b> iluten Free Pc easonal Vege	r Roast Pota ottle of Gravy	ato	or Ricies or Cornflakes	Sugar or Equal
Special ticket   Mashed Potato   Or   Cornflakes   Equal	(special ticket)	<b>or</b> iluten Free Pc easonal Vege	r Roast Pota ottle of Gravy	ato	or Cornflakes	or Equal
Cornflakes   Equal	or GEF Ham and Cheese Sandwiches S	<b>or</b> iluten Free Pc easonal Vege	r Roast Pota ottle of Gravy	ato	Cornflakes	Equal
Gluten Free Pottle of Gravy   Wholemeal Toast   Sloce   Sandwiches   Sandwiches   Sandwiches   Seasonal Vegetables   White Toast   Sloce   Some or   Wholemeal Bread   Sloce   Some or   Sloce	EF Ham and Cheese Sandwiches S	iluten Free Po easonal Vege	ottle of Gravy			
Sandwiches  Seasonal Vegetables  Salt Pepper  White Toast Slice or White BreadSlice or White BreadSlice or White BreadSlice or  Jelly Canned Fruit Jelly & Ice Cream  Wegemite Marma or Fresh Fruit Name  Name	Sandwiches S	_	xables		Wholemeal Toast	
Salt   Pepper   White Toast	s	_	etables		H	Slices
Raspberry Blancmange  Or  Jelly  Canned Fruit  Jelly & loe Cream  Or  Fresh Fruit  Name  Wholemeal BreadSlice Or  White BreadSlice Or  White BreadSlice Or  White BreadSlice Or  White BreadSlice Or  What BreadSlice Or  Jelly & loe CreamSlice Or  Jelly & loe Cre		alt	_			Slices
Raspberry Blancmange  or White BreadSlice White BreadSlice  or Jelly  Canned Fruit Jelly & loe Cream Vegemite Marma  or Fresh Fruit Jam Diabet Name	Raspberry Blancmange		Pepper		$\vdash$	Ch
White Bread					$\vdash$	Slices
Canned Fruit					<b>⊢</b> -	Slices
Canned Fruit  Jelly & Ice Cream  Vegemite  Marma  or  Fresh Fruit  Marma  Jam  Diabet  Name					H	——————————————————————————————————————
Canned Fruit Jelly & loe Cream Vegemite Marma  or Fresh Fruit Honey Diabet  Marma  Marma  Marma  Jam Diabet  Name	Jeily				I <sup>y</sup> largarine <b>or</b>	Butter
Fresh Fruit	Canned Fruit Je				Vegemite	Marmalade
Marma  Jam Diabet  Name  Name						
me Name Diabet	Fresh Fruit				Honey	Diabetic
Name Name					HJam	Marmalade Diabetic Jam
om Ward Room Ward Room Ward	me Name	,			Name	
	oom Ward Room	1	Ward		Room	Ward
Thursday 1 Thursday 1 Friday 1						
Midday Evening Breakfast			vening			akfast
Baby Bowl Teaspoon Baby Bowl Teaspoon Baby Bowl Teaspoon	Baby Bowl Teaspoon	3aby Bowl	Teaspoon		Baby Bowl	Teaspoon
		Small	Medium	Large		
		GF Minced Be	ef		Farex	or Puree Porrio
	Wholemeal Bread Slices				Canned Fruit	or Pureed fruit
	or		_		h	
Wholemeal Bread Slices Canned Fruit or Pures					H Fruit Drink	
Wholemeal Bread					Porridge	Low Fat Milk
Wholemeal Bread						
Wholemeal Bread	· · ·					or Whole Milk
Wholemeal Bread	or				Weetbix	Whole Milk
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)	Vached D			Weetbix or Ricies	Whole Milk Sugar
Wholemeal Bread	EF Chicken & Mixed Salad (special ticket)	0	r Noodles		Weetbix or Ricies or	Whole Milk Sugar
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or	0	r Noodles		Weetbix or Ricies or Cornflakes	Whole Milk Sugar or Equal
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)	oı Gluten Free Po	r Noodles ottle of Gravy		Weetbix  or  Picies  or  Cornflakes  Wholemeal Toast	Whole Milk Sugar or Equal
Wholemeal Bread	Or  EF Chicken & Mixed Salad (special ticket)  Or  EF Roast Pork Sandwiches (ticket)	oi Gluten Free Po Seasonal Veg	r Noodles ottle of Gravy etables		Weetbix or Ricies or Cornflakes Wholemeal Toast or White Toast	Whole Milk Sugar or Equal
White BreadSlices or White BreadSlices Margarine Butter  Chicken & GF Gravy  Porridge Low F or Weetbix Whole or  EF Chicken & Mixed Salad (special ticket)  EF Roast Pork Sandwiches (ticket)  Seasonal Vegetables  Salt Pepper  Canned Fruit or Pures Privite Drink  Fruit Drink  Porridge  Low F or  Ricies Suga or or Cornflakes Equal  Wholemeal ToastSlic or White ToastSlic or Wholemeal BreadSlic	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)	oi Gluten Free Po Seasonal Veg	r Noodles ottle of Gravy etables		Weetbix  or  Ricies  or  Cornflakes  Wholemeal Toast  or  White Toast  or  Wholemeal Breac	Whole Milk Sugar or Equal :Slices
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding	oi Gluten Free Po Seasonal Vego Salt	r Noodles ottle of Gravy etables		Weetbix  Or  Picies  Or  Cornflakes  Wholemeal Toast  Or  White Toast  Or  Wholemeal Breac	Whole Milk Sugar or Equal :Slices
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding	oi Gluten Free Po Seasonal Vegi Salt Dairy Dessert	r Noodles ottle of Gravy etables		Weetbix or Ricies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Breac or Wholemeal Breac	Whole Milk Sugar or Equal :SlicesSlicesSlices
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding	Gluten Free Po Seasonal Vego Salt Dairy Dessert Canned Fruit	r Noodles ottle of Gravy etables Pepper		Weetbix or Ricies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Breac or Wholemeal Breac	Whole Milk Sugar or Equal SlicesSlicesSlicesSlices
Wholemeal Bread	Or  EF Chicken & Mixed Salad (special ticket)  Or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding  Jelly	Gluten Free Po Seasonal Vego Salt Dairy Dessert Canned Fruit	r Noodles ottle of Gravy etables Pepper		Weetbix or Bicies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Bread or White Bread	Whole Milk Sugar or Equal :SlicesSlicesSlices
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding  or  Jelly  Canned Fruit  or	Gluten Free Po Seasonal Vego Salt Dairy Dessert Canned Fruit	r Noodles ottle of Gravy etables Pepper		Weetbix or Ricies Or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Breac or White Bread  Margarine  Vegemite	Whole Milk Sugar or Equal SlicesSlicesSlicesSlicesMarmalade
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding  or  Jelly  Canned Fruit  or	Gluten Free Po Seasonal Vego Salt Dairy Dessert Canned Fruit	r Noodles ottle of Gravy etables Pepper		Weetbix or Ricies Or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Breac or White Bread  Margarine  Vegemite	Whole Milk Sugar or Equal SlicesSlices dSlicesSlices Butter
Wholemeal Bread	or  EF Chicken & Mixed Salad (special ticket)  or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding  or  Jelly  Canned Fruit  or  Fresh Fruit	Gluten Free Po Seasonal Veg Salt Dairy Dessert Canned Fruit o Jelly & loe Cres	r Noodles ottle of Gravy etables Pepper		Weetbix or Bicies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Bread or White Bread  Margarine  Vegemite  Honey  Jam	Whole Milk Sugar or Equal :SlicesSlicesSlicesMarmalade Diabetic
Wholemeal Bread	Or  EF Chicken & Mixed Salad (special ticket)  Or  EF Roast Pork Sandwiches (ticket)  Vanilla Pudding  Or  Jelly  Canned Fruit  Or  Fresh Fruit	Gluten Free Po Seasonal Veg Salt Dairy Dessert Canned Fruit o Jelly & loe Cres	r Noodles ottle of Gravy etables Pepper		Weetbix or Bicies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Bread or White Bread  Margarine  Vegemite  Honey  Jam	Whole Milk Sugar or Equal Slices Slices Slices Marmalade Diabetic Marmalade

Egg Free	Egg Free	Egg Free		
Friday 1	Friday 1	Saturday 1		
Midday	Evening	Breakfast		
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon		
Small Medium Large	Small Medium Large	Small Medium Large		
DK Soup (ticket)	Pork & GF Gravy	Farex or Puree Porridge		
Wholemeal Bread Slices		Canned Fruit <b>or</b> Pureed fruit		
or		<u></u>		
White Bread Slices		Fruit Drink		
Inarganie   Dutter		Porridge Low Fat Milk		
Mousetraps	or	or or		
or	Steamed Fish & Lemon Wedge	Whole Milk		
EF Roast Beef Salad Sandwich (special ticket)		Ricies Sugar		
	Mashed Potato	or or		
or	or Oven Baked Chips Gluten Free Pottle of Gravy	Cornflakes   Equal		
EF Chicken Sandwiches		Wholemeal Toast Slices		
_	Seasonal Vegetables	or White Toast Slices		
	Salt Pepper	or		
Berry Blancmange		Wholemeal Bread Slices		
	Creamy Lemon Rice	White Bread Slices		
or	or	— <u> </u>		
Jelly	Canned Fruit or	Margarine or Butter		
Canned Fruit	Jelly & Ice Cream	Vegemite Marmalade		
or				
Fresh Fruit		Honey Diabetic Marmalade		
		Jam Diabetic Jam		
lame	N	Name		
vame	Name	Ivame		
Room Egg Free	Room Ward  Egg Free	Room Ward  Egg Free		
Ward Room Egg Free Saturday 1	Room  Egg Free Saturday 1	Room Ward		
Nard Room Egg Free	Room Ward  Egg Free	Room Ward  Egg Free Sunday 1		
Ward  Egg Free  Saturday 1  Midday	Room  Egg Free Saturday 1  Evening	Room Ward  Egg Free Sunday 1  Breakfast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon	Egg Free Saturday 1  Evening Baby Bowl Teaspoon	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon Small Medium Large		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)	Egg Free Saturday 1  Evening Baby Bowl Teaspoon	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge		
Egg Free Saturday 1  Midday  Baby Bovl Teaspoon  Small Medium Large	Egg Free Saturday 1  Evening Baby Bowl Teaspoon	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon Small Medium Large		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread	Egg Free Saturday 1  Evening Baby Bowl Teaspoon J. Small Medium Large  Beef & GF Gravy	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Il Medium Large  Beef & GF Gravy	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Pureed fruit  Fruit Drink		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread	Egg Free Saturday 1  Evening Baby Bowl Teaspoon J. Small Medium Large  Beef & GF Gravy	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or weetbix Whole Milk		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Savoury Mince & Rice or	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Il Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or weetbix Whole Milk		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread	Egg Free Saturday 1  Evening Baby Bowl Teaspoon It Medium Large  Beef & GF Gravy  or Chicken & GF Apricot sauce or Plain Chicken Drumsticks  Mashed Potato	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Weetbix Whole Milk or Blicies Sugar or		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Savoury Mince & Rice or	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Il Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  Or Plain Chicken Drumsticks  Mashed Potato Or Whole Potato	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or or  Weetbix Whole Milk  or  Ricies Sugar		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)	Egg Free Saturday 1  Evening Baby Bowl Teaspoon It Medium Large  Beef & GF Gravy  or Chicken & GF Apricot sauce or Plain Chicken Drumsticks  Mashed Potato	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Weetbix Whole Milk or Blicies Sugar or		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Il Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  Or Plain Chicken Drumsticks  Mashed Potato Or Whole Potato	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or or  Weetbix Whole Milk  or  Plicies Sugar  or  Cornflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread Slices Margarine Butter  EF Ham & Mixed Salad (special ticket)  or	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  or Plain Chicken Drumsticks  Mashed Potato or Gluten Free Pottle of Gravy	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Weetbix Whole Milk or Ficies Sugar or Comflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread Butter  Savoury Mince & Rice  or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Il Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  or Plain Chicken Drumsticks  Mashed Potato or Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Pruit Drink  Porridge Low Fat Milk or or Weetbix Whole Milk or or  Ricies Sugar or or Cornflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)	Egg Free Saturday 1  Evening Baby Bowl Teaspoon Il Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  or Plain Chicken Drumsticks  Mashed Potato or Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Weetbix Whole Milk or Ficies Sugar or Comflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon  Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  Or Plain Chicken Drumsticks  Mashed Potato Or Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) Or	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Pureed fruit  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or or Weetbix Whole Milk  or Cornflakes Sugar  or Cornflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or  White Bread Butter  Savoury Mince & Rice  or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon  Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  or Plain Chicken Drumsticks  Mashed Potato or Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) or Canned Fruit	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or Or  Weetbix Whole Milk  or  Plicies Sugar  or  Cornflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon  Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  Or Plain Chicken Drumsticks  Mashed Potato Or Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) Or	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or Weetbix Whole Milk  or Or  Picies Sugar  or Cornflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or White Bread Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard  or  Jelly  Canned Fruit or	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce or Plain Chicken Drumsticks  Mashed Potato or Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) or Canned Fruit or	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Weetbix Whole Milk or or  Ricies Sugar or Cornflakes Equal  Wholemeal Toast		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard  or  Jelly  Canned Fruit	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce or Plain Chicken Drumsticks  Mashed Potato or Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) or Canned Fruit or	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Whole Milk or or Plicies Sugar or or Cornflakes Equal  Wholemeal ToastSlices or White ToastSlices or Wholemeal BreadSlices Or Wholemeal Bread		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or White Bread Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard  or  Jelly  Canned Fruit or	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce or Plain Chicken Drumsticks  Mashed Potato or Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) or Canned Fruit or	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or or  Weetbix Whole Milk  or  Cornflakes Equal  Wholemeal ToastSlices  or  White Toast or  Wholemeal BreadSlices  or  Wholemeal BreadSlices  or  White BreadSlices  Margarine or Butter  Vegemite Marmalade  Honey Diabetic  Marmalade		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard  or  Jelly  Canned Fruit or  Fresh Fruit	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce or Plain Chicken Drumsticks  Mashed Potato or Whole Potato Gluten Free Pottle of Gravy  Seasonal Vegetables Salt Pepper  Yoghurt Fruit Flan (no base) or Canned Fruit or	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk or or Whole Milk or or Conflakes Sugar or Conflakes Equal  Wholemeal ToastSlices or White ToastSlices or White BreadSlices		
Egg Free Saturday 1  Midday  Baby Bowl Teaspoon  Small Medium Large  DK Soup (ticket)  Wholemeal Bread Slices  or White Bread Butter  Savoury Mince & Rice or  EF Ham & Mixed Salad (special ticket)  or  EF Ham & Cheese & Pineapple Sandwiches  Cold Custard  or  Jelly  Canned Fruit or	Egg Free Saturday 1  Evening  Baby Bowl Teaspoon  Small Medium Large  Beef & GF Gravy  Or Chicken & GF Apricot sauce  or Plain Chicken Drumsticks  Mashed Potato or Gluten Free Pottle of Gravy  Seasonal Vegetables  Salt Pepper  Yoghurt Fruit Flan (no base) or Canned Fruit or Jelly & Ice Cream	Egg Free Sunday 1  Breakfast  Baby Bowl Teaspoon  Small Medium Large  Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk  or or  Weetbix Whole Milk  or  Cornflakes Equal  Wholemeal ToastSlices  or  White Toast or  Wholemeal BreadSlices  Or  Wholemeal BreadSlices		

<b>Egg F</b> r Sunda		Egg Free Sunday 1 Evening				Egg Free Monday 2	
Midd	ay					Breakfas	st
Baby Bowl	Teaspoon	Baby Bowl Teaspoon		Baby Bow		Teaspoon	
Small Medic	um Large	Small	Medium	Large	Small	Medium	Large
DK Soup (ticket)					Farex	or	Puree Porridge
_		Roast Beef & C	GF Gravy			_	_
Wholemeal Bread	Slices				Canned Fruit	or _	Pureed fruit
or					L		
White Bread	Slices	O	г		Fruit Drink		
Margarine	Butter	Pork & GF Grav	/9			_	
					Porridge		Low Fat Milk
Plain sausages & GF (	Gravy served with				or		or
mashed poptato					Weetbix		Whole Milk
					or	_	_
or					Ricies	Γ	Sugar
EF Chicken Roll (spec	cial ticket)	Mashed Potato	,	'	or		or
		O	r Roast Po	otato	Cornflakes		Equal
or		Gluten Free Po	ttle of Gravy				
					Wholemeal T	oast	Slices
EF Corned Beef & Mu:	stard Sandwiches	Seasonal Veg	etables		or_		Ot.
		Salt	Pepper		White Toast		Slices
		——— Salk	Lebbei		Wholemeal B	es sal	Slices
Banana Blancmange	. ' '				D wholellear	ileau	Olices
] Dariana Dianomange		Yoghurt			White Bread		Slices
or		rogran	n 1		Writte Diead		Olices
Jellu		Canned Fruit			Margarine	or	Butter
veny		Canned Fruit			Inalgaline	OI .	Butter
Canned Fruit		Jelly & Ice Crea			Vegemite	' F	Marmalade
		Jelly & Ide Crea	1111		vegenite	L	
<b>or</b>   Fresh Fruit					<del></del>	_	Tec.
					Honey	L	Diabetic
					⊢	_	Marmalade Diabetic Jam
ame		Name			Jam Name		Injapedo jam
ame		Ivame			Ivame		
	Ward		Ward		Room	V	/ard
oom		Room					

# Egg Free Week 2

Egg Free	Egg Free	Egg Free
Monday 2	Monday 2	Tuesday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
UK Soup - Ticket  Wholemeal Bread Slices  or  White Bread Slices  Margarine Butter	Beef & GF Gravy  Chicken & GF Gravy  or  Plain Chicken Nibbles	Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk
Baked Beans & Mashed Potato	or	or or
or	(Vegetarian Option)	Weetbix Whole Milk
Mousetraps  or  EF Roast Beef & Cheese Sandwiches	Mashed Potato or Whole Potato Gluten Free Pottle of Gravy Seasonal Vegetables Salt Pepper	Ricies   Sugar   Or   Or   Cornflakes   Equal   Slices   Or   Slices   Or   White Toast   Slices   Or   Wholemeal Bread   Slices   Slices   Or   Wholemeal Bread   Slices   Slices
Chocolate Blanomange or Yoghurt	Pineapple Parfait  or  Canned Fruit	white Bread Slices  Margarine or Butter
	Jelly & Ice Cream	Vegemite Marmalade
Fresh Fruit		Honey Diabetic Marmalade Jam Diabetic Jam
Name	Name	Name
Ward Room	Ward Room	Room Ward

<b>Egg Free</b> Tuesday 2			g <b>Free</b> Jesday 2		Egg Free Wednesday 2			
Midday			vening		Breakfast			
,	spoon	Baby Bowl	Teaspoon		Baby Bow		Teaspoon	
	Large	Small	Medium	Large	Small	Medium	Large	
	Large			Large				
DK Soup - ticket		Sweet & Sour	Pork(GF)		Farex	or [	Puree Porridge	
Wholemeal Bread Slid	ces	Beef & GF Gra	avy		Canned Fruit	or [	Pureed fruit	
White Bread Slice	es —				Fruit Drink			
Margarine Butte	er				Porridge	Г	Low Fat Milk	
GF Savoury Mince on Toast					or		or	
<b>or</b> Baked Beans on Toast		Mashed Potat	to		Weetbix	L	Whole Milk	
or		or			Ricies		Sugar	
EF Chicken & Mixed Salad (speci.	al ticket)	Rice			Or Cornflakes	Г	or Equal	
EF Marmite & Cheese Sandwiche		Gluten Free F	Pottle of Gravy		Wholemeal T	·	Slices	
		Seasonal Veg	getables		White Toast		Slices	
		Salt	Pepper		Wholemeal E White Bread	Bread .	Slices Slices	
Vanilla Blancmange								
<b>or</b> Jelly		Yoghurt			Margarine	or	Butter	
Canned Fruit		Canned Fruit			Vegemite		Marmalade	
or		Jelly & Ice Cre	am		Honey	Γ	Diabetic	
Fresh Fruit						_	Marmalade	
					Jam	L	Diabetic Jam	
Ward		Name Room	Ward		Name Room	Egg Fr	Ward	
Ward oom Egg Free Wednesday 2		Room E We	gg Free ednesday 2			Egg Fr Thursda	<b>ee</b> y 2	
Ward  Egg Free  Wednesday 2  Midday		Room E We	gg Free ednesday 2 Evening		Room	Egg Fr Thursda Breakf	ee y 2 ast	
Egg Free Wednesday 2 Midday  Baby Bowl  Teaspo	oon	Room E We	gg Free ednesday 2 Evening		Room	Egg Fr Thursda Breakf	<b>ee</b> y 2	
Ward  Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La	oon	Room E We	gg Free ednesday 2 Evening	Large	Baby Bo	Egg Fr Thursda Breakf	ree yy 2 Fast Teaspoon m Large	
Egg Free Wednesday 2 Midday  Baby Bowl Teaspo Small Medium La JDK Soup - Ticket	arge	Room E We	gg Free ednesday 2 Evening Teaspoon	'	Baby Bo Small Farex	Egg Fr Thursda Breakf	ree  y 2  Gast  Teaspoon  Large  Puree Porridg	
Ward  Egg Free Wednesday 2  Midday  Baby Bowl Teaspo	arge	Baby Bowl	gg Free ednesday 2 Evening Teaspoon	'	Baby Bo	Egg Fr Thursda Breakf	ree yy 2 Fast Teaspoon m Large	
Egg Free Wednesday 2 Midday  Baby Bowl Teaspo  Small Medium La  JDK Soup - Ticket  Wholemeal Bread Slices  or	arge	Baby Bowl    Small	gg Free ednesday 2 Evening Teaspoon Medium	Large	Baby Bo Small Farex	Egg Fr Thursda Breakf owl Medium or	ree  y 2  Gast  Teaspoon  Large  Puree Porridg	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  JDK Soup-Ticket  Ward  Wa	arge	Baby Bowl    Small	gg Free ednesday 2 Evening Teaspoon Medium	Large	Baby Bo Small Farex Canned Fo	Egg Fr Thursda Breakf owl Medium or	ree  y 2  Gast  Teaspoon  Large  Puree Porridg	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup-Ticket  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Macaroni Cheese	arge	Baby Bowl  Small  Roast Beef 8	gg Free ednesday 2 Evening Teaspoon Medium	Large	Baby Bo Small Farex Canned Fr Fruit Drink Porridge or	Egg Fr Thursda Breakf owl Medium or	Teaspoon  Teaspoon  Large Puree Porridg  Pureed fruit  Low Fat Milk or	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  JDK Soup-Ticket  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Macaroni Cheese or	arge	Baby Bowl  Small  Roast Beef 8	gg Free ednesday 2 Evening Teaspoon Medium  & GF Gravy or h & Lemon Wedge	Large	Baby Bo Small Farex Canned Fruit Drink Porridge or Weetbix or	Egg Fr Thursda Breakf owl Medium or	Teaspoon Teaspoon Teaspoon Pureed fruit Low Fat Milk Or Whole Milk	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup-Ticket  Wholemeal Bread Slices or White Bread Slices Margarine Butter  Macaroni Cheese	arge	Baby Bowl Small Roast Beef 8	gg Free ednesday 2 Evening Teaspoon Medium  k GF Gravy  or h & Lemon Wedge	Large	Baby Bo Small Farex Canned Fr Fruit Drink Porridge or Weetbix or Ricies	Egg Fr Thursda Breakf owl Medium or ruit or	Teaspoon  Teaspoon  Large  Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich	arge	Baby Bowl    Small    Roast Beef 8	gg Free ednesday 2 Evening Teaspoon Medium  & GF Gravy  or h & Lemon Wedge	Large	Baby Bo Small Farex Canned Fr Porridge or Weetbix or Ricies	Egg Fr Thursda Breakf owl Medium or ruit or	Teaspoon  Teaspoon  Large  Pureed fruit  Low Fat Milk  Whole Milk  Sugar	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket)	arge	Baby Bowl   Small     Sheamed Fist     Mashed Pote     Gluten Free	gg Free ednesday 2 Evening Teaspoon Medium  k GF Gravy  or h & Lemon Wedge  or Or Roast Pota Pottle of Gravy	Large	Baby Bo  Small Farex  Canned Fi Fruit Drink  Porridge or Weetbix or Ricies or Cornflake:	Egg Fr Thursda Breakf  Del   Medium  or  ruit or	Teaspoon  Teaspoon  Large Pureed fruit  Low Fat Milk  or Whole Milk  Sugar  or	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup-Ticket  Wholemeal Bread Slices or White Bread Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or	arge	Baby Bowl    Small    Small    Steamed Fish    Mashed Pota	gg Free ednesday 2 Evening Teaspoon Medium  k GF Gravy  or h & Lemon Wedge  or Or Roast Pota Pottle of Gravy	Large	Baby Bo Small Farex Canned For Fruit Drink Porridge or Weetbix or Ricies or Cornflake:	Egg Fr Thursda Breakf  Dwl Medium  or ruit or	Teaspoon  Teaspoon  Large  Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread	arge	Baby Bowl   Small     Sheamed Fist     Mashed Pote     Gluten Free	gg Free ednesday 2 Evening Teaspoon Medium  k GF Gravy  or h & Lemon Wedge  or Or Roast Pota Pottle of Gravy	Large	Baby Bo Small Farex Canned Fi Fruit Drink Porridge or Weetbix or Ricies or Cornflake: Wholemea	Egg Fr Thursda Breakf  Del I  Medium  or  ruit or	Teaspoon  Teaspoon  Large  Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup-Ticket  Wholemeal Bread Slices or White Bread Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or	arge	Baby Bowl    Small    Small    Steamed Fish    Mashed Pota	gg Free ednesday 2  Evening Teaspoon IL Medium  & GF Gravy  or h & Lemon Wedge  or Gravy  ato Or Roast Pota Pottle of Gravy  getables Pepper	Large	Baby Bo  Small Farex Canned Fi Fruit Drink Porridge or Weetbix or Ricies or Cornflake: Wholemes or White Toa	Egg Fr Thursda Breakf  Dwl Mediun  or ruit or  st al Toast st al Bread	Teaspoon Tea	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or White Bread Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or  EF Chicken & Cranberry Sandwich  Raspberry Blancmange	arge	Baby Bowl    Small    Small    Roast Beef 8    Steamed Fisi    Mashed Pota   Gluten Free   Seasonal Ve	gg Free ednesday 2  Evening Teaspoon Medium  k GF Gravy  or h & Lemon Wedge  or Pottle of Gravy  getables Pepper	Large	Baby Bo Small Farex Canned For Vertices Or Corollake: Wholemed Or White Toal Or White Breed	Egg Fr Thursda Breakf Dwl   Medium or ruit or sal Toast al Bread ad	Teaspoon Tea	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or  EF Chicken & Cranberry Sandwich  Raspberry Blancmange  or  Jelly	arge	Baby Bowl   Small     Small     Steamed Fisi     Mashed Pota     Gluten Free     Seasonal Ve     Salt     Apple Crumb     Canned Fruit	gg Free ednesday 2  Evening Teaspoon Medium  & GF Gravy  or h & Lemon Wedge  or — Roast Pota Pottle of Gravy  getables — Pepper	Large	Room    Baby Book   Small   Farex     Canned File   Fruit Drink     Porridge   or   Weetbix     Or   Ricies   or     Cornflake:   Wholemes   or     White Toa   or     White Bres   Margarine	Egg Fr Thursda Breakf Dwl   Medium or ruit or sal Toast al Bread ad	Teaspoon Tea	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or  EF Chicken & Cranberry Sandwich  Raspberry Blancmange or  Jelly  Canned Fruit	arge	Baby Bowl      Small     Small     Steamed Fist     Steamed Fist     Gluten Free     Seasonal Ve     Salt     Apple Crumb     Canned Fruit	gg Free ednesday 2  Evening Teaspoon Medium  & GF Gravy  or h & Lemon Wedge  or — Roast Pota Pottle of Gravy  getables — Pepper	Large	Baby Bo Small Farex Canned For Vertices Or Corollake: Wholemed Or White Toal Or White Breed	Egg Fr Thursda Breakf Dwl   Medium or ruit or sal Toast al Bread ad	Teaspoon Tea	
Egg Free Wednesday 2  Midday  Baby Bowl Teaspo  Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or  White Bread Slices Margarine Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or  EF Chicken & Cranberry Sandwich  Raspberry Blancmange  or  Jelly	arge	Baby Bowl   Small     Small     Steamed Fisi     Mashed Pota     Gluten Free     Seasonal Ve     Salt     Apple Crumb     Canned Fruit	gg Free ednesday 2  Evening Teaspoon Medium  & GF Gravy  or h & Lemon Wedge  or — Roast Pota Pottle of Gravy  getables — Pepper	Large	Room    Baby Book   Small   Farex     Canned File   Fruit Drink     Porridge   or   Weetbix     Or   Ricies   or     Cornflake:   Wholemes   or     White Toa   or     White Bres   Margarine	Egg Fr Thursda Breakf Dwl   Medium or ruit or sal Toast al Bread ad	Teaspoon Tea	
Egg Free Wednesday 2  Midday  Baby Bow! Teaspe Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or White Bread Bread Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or  EF Chicken & Cranberry Sandwich  Raspberry Blancmange or  Jelly  Canned Fruit or	arge	Baby Bowl   Small     Small     Steamed Fisi     Mashed Pota     Gluten Free     Seasonal Ve     Salt     Apple Crumb     Canned Fruit	gg Free ednesday 2  Evening Teaspoon Medium  & GF Gravy  or h & Lemon Wedge  or — Roast Pota Pottle of Gravy  getables — Pepper	Large	Room    Baby Bo     Small     Farex     Canned Fi     Fruit Drink     Porridge     or     Weetbix     or     Ricies     or     Cornflake:     Wholemed     or     White Toa     or     White Bred     Margarine     Vegemite	Egg Fr Thursda Breakf Dwl   Medium or ruit or sal Toast al Bread ad	Teaspoon  Teaspoon  Large  Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal  Slices  Slices  Butter  Marmalade	
Egg Free Wednesday 2  Midday  Baby Bow! Teaspe Small Medium La  DK Soup - Ticket  Wholemeal Bread Slices or White Bread Bread Butter  Macaroni Cheese or  EF Ham Dagwood Sandwich (special ticket) or  EF Chicken & Cranberry Sandwich  Raspberry Blancmange or  Jelly  Canned Fruit or	arge	Baby Bowl   Small     Small     Steamed Fisi     Mashed Pota     Gluten Free     Seasonal Ve     Salt     Apple Crumb     Canned Fruit	gg Free ednesday 2  Evening Teaspoon Medium  & GF Gravy  or h & Lemon Wedge  or — Roast Pota Pottle of Gravy  getables — Pepper	Large	Room    Baby Book   Small   Farex     Canned File   Fruit Drink     Porridge   or     Weetbix   or     Ricies   or     Cornflake:   Wholemed   or     White Bred   White Bred     Wegemite   Honey	Egg Fr Thursda Breakf Dwl   Medium or ruit or sal Toast al Bread ad	Teaspoon  Teaspoon  Large  Pureed fruit  Low Fat Milk  Or  Whole Milk  Sugar  Or  Equal  Slices  Slices  Marmalade  Diabetic  Marmalade	

Egg Free	Egg Free	Egg Free
Thursday 2	Thursday 2	Friday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small   Medium   Large       DK Soup - Ticket         Wholemeal Bread	Small Medium Large  GF Minced Beef	Small Medium Large   Farex or Puree Porridge   Canned Fruit or Pureed fruit
or White BreadSlices Margarine Butter	or Chicken & GF Gravy	Fruit Drink Porridge Low Fat Milk
Baked Beans on Toast or		or or Weetbix Whole Milk
Beef & Mixed Salad (special ticket)  or  EF Ham & Cheese/pineapple Sandwiches	Mashed Potato or Rice Gluten Free Pottle of Gravy Seasonal Vegetables	Ricies Sugar or Or Cornflakes Equal Wholemeal ToastSlices or White ToastSlices
Orange Pudding	Salt Pepper Dairy Dessert	or Wholemeal BreadSlices or White BreadSlices
Jelly or	Canned Fruit or	Margarine or Butter
Canned Fruit  or  Fresh Fruit	Jelly & Ice Cream	Vegemite Marmalade Honey Diabetic
Name	Name	Marmalade   Jam   Diabetic Jam   Name
Ward Room	Room Ward	Room Ward
Egg Free Friday 2	Egg Free Friday 2	<b>Egg Free</b> Saturday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
Wholemeal Bread Slices or White Bread Slices Margarine Butter	Beef & GF Gravy	Fruit Drink  Porridge  Description  Descript
or	Steamed Fish & Lemon Wedge	Weetbix Whole Milk or Ricies Sugar
EF Gourmet Chicken Sandwich (special ticket)	Mashed Potato	or or
or  EF Roast Beef Sandwiches	Mashed Potato   Oren Baked Chips   Officer   Oren Baked Chips   Gluten Free Pottle of Gravy   Seasonal Vegetables   Salt   Pepper   Pepper   Officer   Pepper   Pepper   Pepper   Officer   Pepper   Pepper   Pepper   Pepper   Pepper   Pepper   Pepper   Officer   Pepper   P	Cornflakes Equal  Wholemeal Toast Slices  or White Toast Slices  or
or	or Oven Baked Chips Gluten Free Pottle of Gravy Seasonal Vegetables	Cornflakes Equal  Wholemeal Toast Slices  or  White Toast Slices
EF Roast Beef Sandwiches  Berry Blancmange  or	or Oven Baked Chips Gluten Free Pottle of Gravy Seasonal Vegetables Salt Pepper Steamed Golden Pudding & Custard or Canned Fruit or	Cornflakes Equal  Wholemeal Toast

Egg Free	Egg Free	Egg Free
Saturday 2	Saturday 2	Sunday 2
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
Inv Saura Tialian	Beef & GF Gravy	Farex or Puree Porridge
DK Soup-Ticket	Deer & Gr Gravy	Canned Fruit or Pureed fruit
Wholemeal Bread Slices		
or	or	Fruit Drink
White Bread Slices	Chicken & GF Apricot Sauce	Porridge Low Fat Milk
Margarine <b>or</b> Butter	or	or or
· -	Plain Chicken Nibbles	Weetbix Whole Milk
		or District
Frankfurters and tomato sauce  or	Mashed Potato	Ricies Sugar
EF Pork & Mixed Salad (special ticket)	or Rice	Cornflakes   Equal
or	Gluten Free Pottle of Gravy	
EF Corned Beef & Cheese Sandwiches or	Seasonal Vegetables	Wholemeal Toast Slices
EF Jam & Cheese Sandwiches(toddler)		White Toast Slices
	Salt Pepper	or
Cold Custard	-	Wholemeal Bread Slices
Jelly	Dairy Dessert	White Bread Slices
	or	<del></del>
Canned Fruit	Canned Fruit or	Margarine or Butter
Fresh Fruit	Jelly & Ice Cream	Vegemite Marmalade
		Honey Diabetic
		Marmalade Jam Diabetic Jam
ime	Name	Name Page 1
Ward	Ward	Room Ward
oom	Room	
Sunday 2	Sunday 2	Monday 3
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
DK Soup-ticket	Roast Pork, Apple Sauce & GF Gravy	Farex or Puree Porridg
Wholemeal Bread Slices		Canned Fruit or Pureed fruit
or		H
White BreadSlices Margarine Butter	or Childrens mince -DK	Fruit Drink
		Porridge Low Fat Milk
Steamed Fish & Mashed Potato		or or
or		Weetbix Whole Milk
EF Roast Beef & Salad Sandwich (special ticket)		Ricies Sugar
or	Mashed Potato  or Roast Potato	or or Equal
	Gluten Free Pottle of Gravy	
EF Ham Sandwiches	Seasonal Vegetables	Wholemeal Toast Slices
		White Toast Slices
	Salt Pepper	or Wholemeal Bread Slices
Banana Blancmange		C or
	Yoghurt	White Bread Slices
Jelly	Or Canned Fruit	Margarine <b>or</b> Butter
	or	
Canned Fruit	Jelly & Ice Cream	Vegemite Marmalade
or  Fresh Fruit		Honey Diabetic
]		
		l lalliance
		Jam Diabetic Jam
me	Name	
ame Ward	Name Ward	Jam Diabetic Jam

# Egg Free week 3

Egg Free	Egg Free	Egg Free
Monday 3	Monday 3	Tuesday 3
Midday	Evening	Breakfast
Baby Bowl Teaspoon	Baby Bowl Teaspoon	Baby Bowl Teaspoon
Small Medium Large	Small Medium Large	Small Medium Large
Wholemeal Bread	Beef & GF Gravy or Pork & GF Gravy	Farex or Puree Porridge  Canned Fruit or Pureed fruit  Fruit Drink  Porridge Low Fat Milk
Baked Potato & Creamed Corn & Cheese or		or or Whole Milk
Or  EF Roast Beef & Cheese Sandwiches	Mashed Potato or Noodles Gluten Free Pottle of Gravy	Picies   Sugar   or
Raspberry Blancmange	Seasonal Vegetables Salt Pepper	or
or Yoghurt	Fruit Salad & Custard or Canned Fruit	White Bread Slices  Margarine or Butter
Fresh Fruit	Jelly & loe Cream	Vegemite Marmalade  Honey Diabetic Marmalade Jam Diabetic Jam
Name Ward Room	Name Ward Room	Name Room Ward

Egg Fre Tuesday			g <b>Free</b> esday 3		Egg Free	
Midda	y	E	vening		Breakfa	st
Baby Bowl	Teaspoon	Baby Bowl	Teaspoon	Baby B	owl	Teaspoon
Small Medium	n Large	Small	Medium Large	Small	Medium	Large
DK Soup - ticket	Slices	Chicken & GF 1		Farex Canned R	or	Puree Porridge
or White Bread Margarine	Slices Butter	or Beef & GF Grav		Fruit Drinl	, ог [	Low Fat Milk
DF Baked Beans on Toa or	est			Weetbix Or Ricies		Whole Milk  Sugar
Corned Beef & EF Mixed or	Salad (special ticket)	Mashed Potato or Gluten Free Po	Rice	or Cornflake		or Equal
EF Vegemite & Cheese	Sandwiches	Seasonal Vege	etables Pepper	Wholeme or White To:	ast .	Slices
Vanilla Blancmange		loe Cream & Ca		Wholeme		Slices Slices
Jelly Canned Fruit		Canned Fruit or Jelly & Ice Crea		Margarine Vegemite		Butter Marmalade
or Fresh Fruit		Yoghurt		Honey		Diabetic Marmalade
ame		Name		Jam Name		Diabetic Jam
	Ward	Room	Ward	Room		Ward
			_			
Egg Fre Wednesda			Free nesday 3		Egg Free	
	y 3	₩edi	•			3
Wednesda	y 3	₩edi	nesday 3	Baby B	Thursday: Breakfa	3
Wednesda Midday Baby Bowl Small Medium	y 3 / Teaspoon	Wedi E	nesday 3 vening	Baby B	Thursday: Breakfa	3 st Teaspoon Large
Wednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread  or  White Bread	y 3  / Teaspoon Large Slices	Baby Bowl II Small Roast Beef & C	resday 3 vening Teaspoon Medium Large		Thursday Breakfa owl Medium or Fruit or	3 st Teaspoon Large
Wednesda  Midda  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread  or	Teaspoon Large Slices Butter	Baby Bowl  JI  Small  Roast Beef & G	resday 3  vening  Teaspoon  Medium Large  GF Gravy	Small Farex Canned F Fruit Drinl Porridge or Weetbix	Thursday Breakfa owl Medium or Fruit or	Teaspoon Large Puree Porridge
Mednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread  or  White Bread Margarine  GF Mince Sauce & Nac	Teaspoon Large  Large  Slices Butter  hos	Baby Bowl  JI  Small  Roast Beef & G  Or  Pork & GF Grav  Childrens Shep  Mashed Potato  or	resday 3  vening  Teaspoon  Medium Large  F Gravy  Aherds Pie  Roast Potato	Small Farex Canned F Fruit Drinl Porridge or	Thursday  Breakfa  owl  Medium  or  Fruit or	St Teaspoon Large Puree Porridg Pureed fruit Low Fat Milk or
Wednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread  or  White Bread  Margarine  GF Mince Sauce & Nacor  EF Chicken/Cranberry S  (special)	Teaspoon Large  Large  Slices Butter  hos  andwich icket)	Baby Bowl  II  Small  Roast Beef & G  Pork & GF Grav  Childrens Shep  Mashed Potato  Gluten Free Po	reasday 3  vening  Teaspoon  L  Medium Large  F Gravy  Pherds Pie  Roast Potato  ottle of Gravy  stables	Small Farex Canned F Fruit Drinl Porridge or Weetbix or Ricies or Conflake Wholeme	Thursday  Breakfa  owl  Medium  or  Fruit or  all Toast	St Teaspoon Large Puree Porridg Pureed fruit  Low Fat Milk or Whole Milk Sugar or
Wednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread or  White Bread Margarine  GF Minoe Sauce & Nacor  EF Chicken/Cranberry S (special toor	Teaspoon Large  Large  Slices Butter  hos  andwich icket)	Baby Bowl       Small     Roast Beef & C     Pork & GF Grav   Childrens Shep   Mashed Potato or     Gluten Free Po	resday 3  vening  Teaspoon  Large  GF Gravy  And the results of Gravy  Read to Gravy  Read to Gravy  Retables  Pepper	Small Farex Canned F Fruit Drinl Porridge or Weetbix or Ricces Conflake	Thursday  Breakfa  owl  Medium  or  Fruit or  all Toast  all Bread	3  Teaspoon Large Puree Porridg Pureed fruit  Low Fat Milk or Whole Milk Sugar or EqualSlices
Wednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread  or  White Bread  Margarine  GF Mince Sauce & Naco  or  EF Chicken/Cranberry S  (special to or)  EF Ham & Cheese Sand  Banana Blancmange  or  Jelly	Teaspoon Large  Large  Slices Butter  hos  andwich icket)	Baby Bowl II Small  Roast Beef & C  Pork & GF Grav  Childrens Shep  Mashed Potato or Gluten Free Po  Seasonal Vege Salt  Canned Fruit &  Canned Fruit or	reasday 3  vening  Teaspoon  Hedium Large  F Gravy  SF Gravy  Sherds Pie  In Roast Potato  ottle of Gravy  etables  Pepper  Vanilla Sauce	Small Farex Canned F Fruit Drinl Porridge or Weetbix or Ricies or Cornflake Wholeme or White To: or White Bre	Thursday  Breakfa  owl  Medium  or  Fruit or  all Toast  all Bread  and  and  and  and  and  and  and	3  St Teaspoon Large Puree Porridg Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal
Wednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread  or  White Bread  Margarine  GF Minoe Sauce & Naco  or  EF Chicken/Cranberry S  (specialt  or  DF Ham & Cheese Sand  Banana Blancmange  or	Teaspoon Large  Large  Slices Butter  hos  andwich icket)	Baby Bowl III Small  Roast Beef & C  Pork & GF Grav  Childrens Shep  Mashed Potato  or  Gluten Free Po  Seasonal Vege Salt  Canned Fruit &  Canned Fruit	reasday 3  vening  Teaspoon  Hedium Large  F Gravy  SF Gravy  Sherds Pie  In Roast Potato  ottle of Gravy  etables  Pepper  Vanilla Sauce	Small Farex Canned F Fruit Drinl Porridge or Weetbix or Ricies or Cornflake Wholeme or White To- or White To-	Thursday  Breakfa  owl  Medium  or  Fruit or  all Toast  all Bread  and  and  and  and  and  and  and	3  st Teaspoon  Large Puree Porridg Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal Slices Slices Slices Butter Marmalade Diabetic
Wednesda  Midday  Baby Bowl  Small Medium  DK Soup - Ticket  Wholemeal Bread or  White Bread Margarine  GF Mince Sauce & Nacor  EF Chicken/Cranberry S or  EF Ham & Cheese Sand  Banana Blancmange or  Jelly  Canned Fruit or	Teaspoon Large  Large  Slices Butter  hos  andwich icket)	Baby Bowl II Small  Roast Beef & C  Pork & GF Grav  Childrens Shep  Mashed Potato or Gluten Free Po  Seasonal Vege Salt  Canned Fruit &  Canned Fruit or	reasday 3  vening  Teaspoon  Hedium Large  F Gravy  SF Gravy  Sherds Pie  In Roast Potato  ottle of Gravy  etables  Pepper  Vanilla Sauce	Small Farex Canned F Fruit Drinl Porridge or Weetbix or Ricies Or Conflake Wholeme or White To: or Wholeme Or	Thursday  Breakfa  owl  Medium  or  Fruit or  all Toast  all Bread  and  and  and  and  and  and  and	3  St Teaspoon Large Puree Porridg Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal

Thursday 3			g Free ursday 3		Free ay 3
Midday			vening		ıkfast
Baby Bowl Tea	aspoon	Baby Bowl	Teaspoon	Baby Bowl	Teaspoon
Small Medium	Large	Small	Medium Large	Small Med	dium Large
DK Soup - Ticket  Wholemeal Bread Si	lices	Baked Chicke	n Drumsticks	<u> </u>	Puree Porridge  Pureed fruit
White BreadSI Margarine Butt		Childrens Mino		Fruit Drink Porridge	Low Fat Milk
GF Fish Pie or				or Weetbix	or Whole Milk
Beef & Mixed Salad (special tick	(et)		r 🔲 Rice	Ricies or Cornflakes	Sugar or Equal
EF Corned Beef Sandwich		Gluten Free Po		Wholemeal Toast  or  White Toast	Slices
Chocolate Blancmange		Salt	Pepper	or Wholemeal Bread or	Slices
Jelly		Dairy Dessert  Canned Fruit		White Bread  Margarine or	Slices
Canned Fruit or		Jelly & Ice Cre	am .	Vegemite	Marmalade
Fresh Fruit		Yoghurt		Honey Jam	Diabetic Marmalade Diabetic Jam
Name Ward Room		Name Room	Ward	Name Room	Ward
<b>Egg Free</b> Friday 3			g Free riday 3	<b>Egg</b> l Satur	
Midday			vening		kfast
	aspoon	Baby Bowl	Teaspoon	Baby Bowl	Teaspoon
Small Medium	Large		<u></u>		Teaspoon
IDMC		Small	Medium Large	Small Med	lium Large
DK Soup-Ticket  Wholemeal Bread S  or  White Bread SI  Margarine Butt	lices		Mustard Sauce	Farex o	ilium Large or Puree Porridge or Pureed fruit
Wholemeal Bread	lices	Corned Beef 8	Mustard Sauce r Sauce	Farex o	lium Large Puree Porridge
Wholemeal Bread Si or White Bread SI Margarine Butt  Macaroni Cheese	lices ter	Corned Beef 8  Fish & Parsley  Fish & Lemon  Mashed Potat	Mustard Sauce  Sauce  Wedge  Or Oven Baked Chips (ticket)	Farex o  Canned Fruit o  Fruit Drink  Porridge or  Weetbix or  Ricies or  Cornflakes  Wholemeal Toast or  White Toast or	Large Pureed fruit  Low Fat Milk or Whole Milk Sugar or EqualSlices
Wholemeal Bread	lices ter	Corned Beef 8  Fish & Parsley  Fish & Lemon  Mashed Potat  Gluten Free Po	Mustard Sauce r Sauce r Wedge or I Oven Baked Chips (ticket) ttle of Gravy etables Pepper	Farex o  Canned Fruit o  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes  Wholemeal Toast or White Toast	Large Puree Porridge Pureed fruit  Low Fat Milk or Whole Milk  Sugar or EqualSlices
Wholemeal Bread Si or Si White Bread Si Margarine Butt Si Macaroni Cheese or EF Lamb Sandwich (special tick or EF Chicken & Cheese Sandwich Si	lices ter	Corned Beef 8  Fish & Parsley  Fish & Lemon  Mashed Potat  Gluten Free Potat  Seasonal Veg	Mustard Sauce  Sauce  Outlie of Gravy  etables Pepper  Mousse	Farex o  Canned Fruit o  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Bread or	Large Puree Porridge Pureed fruit  Low Fat Milk or Whole Milk  Sugar or EqualSlicesSlices
Wholemeal Bread	lices ter	Corned Beef 8  o Fish & Parsley  o Fish & Lemon  Mashed Potat o Gluten Free Pr  Seasonal Veg  Salt  French Vanilla  Canned Fruit	Mustard Sauce  Sauce  Outlie of Gravy  etables Pepper  Mousse	Farex o  Canned Fruit o  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes  Wholemeal Toast or White Toast or Wholemeal Bread or White Bread  Margarine or	Large Puree Porridge Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal

<b>Egg Free</b> Saturday 3			Free urday 3		E <b>gg Free</b> Sunday 3
Midday	,	E	vening .	E	Breakfast
Baby Bowl	Teaspoon	Baby Bowl	Teaspoon	Baby Bowl	Teaspoor
Small Medium	Large	Small	Medium Large	Small	Medium Large
DK Soup-Ticket Wholemeal Bread	Slices	Pork & GF Appl		Farex Canned Fruit	or Pureed fruit
	Slices Butter			Fruit Drink	Low Fat Mill
Spaghetti on Toast or		Plain Children's	Mince	or Weetbix or	whole Milk
EF Chicken & Mixed Salar or	d (special ticket)	Mashed Potato		Ricies or Cornflakes	Sugar or Equal
EF Ham & Cheese/ Pinea	pple Sandwiches	Gluten Free Pol	tables	Wholemeal To or White Toast	oastSlices
Vanilla Custard		Salt	Pepper	or Wholemeal Br or White Bread	readSlicesSlices
Jelly		Canned Fruit		Margarine	or Butter
Canned Fruit  or  Fresh Fruit		Jelly & Ice Crea	п	Vegemite	Marmalade  Diabetic
ame		Name		Jam Name	Marmalade Diabetic Ja
	√ard		Ward	Room	Ward
Egg Fre	ee.		Free	Eg	g Free onday 1
Egg Fre Sunday Midda	2 <b>e</b> 3	Egg Sur	Free nday 3 vening	Eg M	g Free onday 1 eakfast
Egg Fre	3	Egg Su	Free nday 3	Eg M	g Free onday 1
Egg Fre Sunday Midda Baby Bovl Small Mediun	3 Y Teaspoon	Egg Sur	Free nday 3 vening	Eg Mr Br Baby Bowl	g Free onday 1 eakfast Teaspoon dedium Large
Egg Free Sunday Midda  Baby Bowl  Small Medium  DK Soup-ticket  Wholemeal Bread or	Y Teaspoon n Large	Egg Sun Ev Baby Bowl II Small Roast Chicken	Free nday 3 /ening Teaspoon   Medium Large	Eg Ma Bn Bn Baby Bowl Small M Farex Canned Fruit	g Free onday 1 eakfast Teaspoon
Egg Free Sunday  Midday  Midday  Small Medium  DK Soup-ticket  Wholemeal Bread or  White Bread  Margarine	Y Teaspoon n Large Slices Butter	Egg Sur  Ex  Baby Bowl  II  Small  Roast Chicken  or  Childrens minos	Free nday 3 /ening Teaspoon It Medium Large	Eg Me Bn Baby Bowl Small M Farex Canned Fruit Fruit Drink Porridge	g Free onday 1 reakfast Teaspoon fedium Large or Puree Porrid
Egg Free Sunday  Middox  Baby Bowl  Small Medium  DK Soup- ticket  Wholemeal Bread or  White Bread Margarine  Plain Sausgaes & GF gr Mashed Potato or	Teaspoon  Large  Slices  Butter  ravy served with	Egg Sur  Ex  Baby Bowl     Small    Roast Chicken	Free Inday 3 Vening Teaspoon II Medium Large & GF Gravy	Eg M Bn Bn Baby Bowl Small M Farex Canned Fruit Fruit Drink Porridge or Weetbix or	g Free onday 1 reakfast Teaspoon fledium Large or Puree Porrid or Pureed fruit Low Fat Milk or Whole Milk
Egg Free Sunday  Middot  Baby Bowl  Small Medium  DK Soup- ticket  Wholemeal Bread or  White Bread  Margarine  Plain Sausgaes & GF gr	Teaspoon  Large  Slices  Butter  ravy served with	Egg Sur  Ex  Baby Bowl  II  Small  Roast Chicken  or  Childrens minoe  or  Beef Stroganof	Free Inday 3  /ening  Teaspoon II  Medium Large  & GF Gravy DK	Eg M Bn Baby Bowl Small M Farex Canned Fruit Fruit Drink Porridge or Weetbix	g Free onday 1 reakfast Teaspoon fedium Large or Puree Porrid or Pureed fruit Low Fat Milk or
Egg Free Sunday  Midda  Baby Bowl  Small Medium  DK Soup-ticket  Wholemeal Bread  or  White Bread  Margarine  Plain Sausgaes & GF gr  Mashed Potato  or  EF Ham & Salad Roll (sp	Teaspoon  Teaspo	Egg Sur  Ex  Baby Bowl  II  Small  Roast Chicken  or  Childrens minos  or  Beef Stroganof	Free Inday 3  Vening  Teaspoon II  Medium Large  & GF Gravy DK  II  Roast Potato tle of Gravy	Eg Me Baby Bowl Small M Farex Canned Fruit Pruit Drink Porridge or Weetbix or Ricies or	g Free onday 1 reakfast Teaspoon fledium Large or Puree Porrid or Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal
Egg Free Sunday  Midda  Baby Bowl  Small Medium  JOK Soup-ticket  Wholemeal Bread  or  White Bread  Margarine  Plain Sausgaes & GF gr  Mashed Potato  or  EF Ham & Salad Roll (sp  or  EF Beef & Chutney San  or	Teaspoon  Teaspo	Egg Sun Ex Baby Bowl II Small Roast Chicken  or Childrens mince or Beef Stroganof  Mashed Potato or Gluten Free Pot	Free Inday 3  Vening  Teaspoon II  Medium Large  & GF Gravy DK  II  Roast Potato tle of Gravy	Eg Me Baby Bowl  Small Me Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes  Wholemeal Toas	g Free onday 1  eakfast  Teaspoon fledium Large or Puree Porrid  or Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal  st
Egg Free Sunday:  Middor  Baby Bowl  Small Medium  DK Soup-ticket  Wholemeal Bread  or  White Bread  Margarine  Plain Sausgaes & GF gr  Mashed Potato  or  EF Ham & Salad Roll (sp  or  EF Beef & Chutney San  or  Marmite & Cheese Sand	Teaspoon  Teaspo	Egg Sur  Ex  Baby Bowl  II  Small  Roast Chicken  or  Childrens minoe  or  Beef Stroganof  Mashed Potato  or  Gluten Free Pot  Seasonal Vege	Free Inday 3  /ening  Teaspoon II  Medium Large  & GF Gravy DK  II  Roast Potato tle of Gravy  tables	Eg Me Baby Bowl  Small Me Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes  Wholemeal Toas or White Toast or Wholemeal Brea or White Bread	g Free onday 1  eakfast  Teaspoon fledium Large or Puree Porrid  or Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal  st
Egg Free Sunday:  Midday  Midday  Small Medium  DK Soup-ticket  Wholemeal Bread or  White Bread Margarine  Plain Sausgaes & GF gr Mashed Potato or  EF Ham & Salad Roll (sp or  EF Beef & Chutney San or  Marmite & Cheese Sance  Orange Blancmange  Or Jelly  Canned Fruit	Teaspoon  Teaspo	Egg Sun  Ex  Baby Bowl  II  Small  Roast Chicken  or  Childrens minos  or  Beef Stroganof  Mashed Potato or  Gluten Free Pot  Seasonal Vege  Salt	Free Inday 3  /ening  Teaspoon II  Medium Large  & GF Gravy DK  II  Roast Potato tle of Gravy  tables  Pepper	Eg Me Baby Bowl  Small Me Farex  Canned Fruit  Fruit Drink  Porridge or Weetbix or Ricies or Cornflakes  Wholemeal Toas or White Toast or Wholemeal Brea or White Bread	g Free onday 1 eakfast Teaspoon fledium Large or Puree Porrid or Pureed fruit  Low Fat Milk or Whole Milk Sugar or Equal st
Egg Free Sunday  Middot  Baby Bowl  Small Medium  DK Soup- ticket  Wholemeal Bread or  White Bread Margarine  Plain Sausgaes & GF gr Mashed Potato or  EF Ham & Salad Roll (sp or  EF Beef & Chutney San or  Marmite & Cheese Sanot  Orange Blanomange  or  Jelly	Teaspoon  Teaspo	Egg Sun En Baby Bowl  II Small  Roast Chicken  Or Childrens minoe  or Beef Stroganof  Mashed Potato  or Gluten Free Pot Seasonal Vege Salt  Yoghurt or Canned Fruit or	Free Inday 3  /ening  Teaspoon II  Medium Large  & GF Gravy DK  II  Roast Potato tle of Gravy  tables  Pepper	Eg Me  Baby Bowl  Small Me  Farex  Canned Fruit  Fruit Drink  Porridge  or  Weetbix  or  Ricies  or  Conflakes  Wholemeal Toas  or  White Toast  or  Wholemeal Bread  Margarine	g Free onday 1  eakfast  Teaspoon  fedium Large or Puree Porrid  or Pureed fruit  Low Fat Milk  or  Whole Milk  Sugar  or  Equal  st

## Vegan menu

Vegan Monday		Vegan Monday			Vegan Tuesday
Midday		Evening			Breakfast
Small Medium Large	Small	Medium	Large	Small	Medium Large
Smashed Falafel Sandwich (Ticket/ Café)  Lentil Sheppards Pie (Ticket / Café)	Lentil She	eppards Pie (Tick	et / Café) aked Beans	WeetBix Ricies	Porridge Comflakes
DF Spaghetti Baked Beans  DF Mashed Potato Rice	Dahl  DF Mashe Boiled Po	ed Potato   tato	i Bean mix	Sugar Fruit Drink	Equal
Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)	Pumpkin	Vegetables	per	White Toast	Toast Slices
Margarine   Peanut Butter (Pic's)   (Ticket)	Canned F			White Bread	
Jam Fresh Fruit		ream (Ticket) y milk (Ticket)		Margarine Marmalade	Peanut Butter (Pic's) (ticket) Diabetic Marmalade
Glass Soy milk (ticket)	Glass Rid	e milk (ticket) k Pack		Honey	∐Jam
Name Ward Room	Name Room	Ward	1	Name Room	Ward

Vegan Tuesday	Vegan Tuesday	Vegan Wednesday		
Midday	Evening	Breakfast		
Small Medium Large	Small Medium Large	Small Medium Large		
PLT Sandwich (Peanut butter - Pic's, lettuce, tomato)	Coconut Red Lentil Curry (Café/ Ticket)	WeetBix Porridge		
Coconut Red Lentil Curry (Café/ Ticket)	DF Spaghetti DF Baked Beans	RiciesCornflakes		
Potato (Dairy Free) Rice	Mashed Potato (Dairy Free) Boiled Potato	Sugar Equal		
Salt Pepper	Rice Pumpkin / Kumara	Fruit Drink Soy milk		
	Seasonal Vegetables	Canned Fruit Pureed Fruit		
Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)	Salt Pepper	Wholemeal Toast Slices		
	Canned Fruit	White Toast Slices		
Margarine Peanut Butter (Pic's) (Ticket)	Fresh Fruit	Wholemeal Bread Slices		
Marmalade Diabetic Marmalade		White Bread Slices		
Jam	Soy Ice Cream (Ticket) Glass Soy milk (Ticket)	Margarine Peanut Butter (Pic		
	Glass Rice milk (ticket)	Marmalade Diabetic Marmala		
Glass Soy milk (ticket)	Nut Snack Pack	Jam 🔲		
Glass Rice milk (ticket)	INULUITACK PACK			
lame	Name	Name		
Ward				
Room	Room Ward	Room Ward		
Vegan	Vegan	Vegan		
Wednesday	Wednesday	Thursday		
Midday	Evening	Breakfast		
Small Medium Large	Small Medium Large	Small Medium Large		
Dahl (DK)	Quesadillas (Café/ Ticket)	WeetBix Porridge		
PLT Sandwich (Peanut butter, lettuce, tomato	Chilli Beans	Ricies Cornflakes		
Quesadillas (Café/Ticket)	Mashed Potato (Dairy Free)	Sugar Equal		
Potato (Dairy Free) Rice	Boiled Potato Rice	Fruit Drink Soy milk		
Salt Pepper	Pumpkin / Kumara Seasonal Vegetables	Canned Fruit Pureed Fruit		
Wholemeal Bread Slices		Wholemeal Toast Slices		
White Bread Slices Rice Cakes (Wafers) (Ticket)	Salt Pepper	White Toast Slices		
Margarina Descrit Butter (Dist	Canned Fruit	Wholemeal Bread Slices		
Margarine Peanut Butter (Pic's (Ticket) Marmalade Diabetic Marmalade	Fresh Fruit	White Bread Slices		
]Jam	Soy Ice Cream (Ticket)	Margarine Peanut Butter (Pic's		
Canned Fruit Fresh Fruit	Glass Soy milk (Ticket)	(ticket)  Marmalade Diabetic Marmalade		
Glass Soy milk (ticket)	Glass Rice milk (ticket)	□Jam □		
Glass Rice milk (ticket)	Nut Snack Pack	Þ		
ame	Name	Name		
	Poom Ward	Room Ward		

Vegan	Vegan	Vegan
Thursday Midday	Thursday  Evening	Friday Breakfast
Small Medium Large	Small Medium Large	Small Medium Large
Baked Potato & Creamed Corn	Chana Aloo Masala (Café / ticket)	WeetBix   Porridge
PLT Sandwich (Peanut butter, lettuce, tomato)	DF Spaghetti	Ricies Cornflakes
Chana Aloo Masala	Baked Beans	Sugar Equal
(Cafe/ Ticket)	Chilli bean Mix	Fruit Drink Soy milk
Potato (Dairy Free) Rice Salt Pepper	Mashed Potato (Dairy Free) Boiled Potato Rice	Canned Fruit Pureed Fruit
Wholemeal Bread Slices	Pumpkin / Kumara Seasonal Vegetables	Wholemeal Toast Slices
White Bread Slices Rice Cakes (Wafers) (Ticket)		White Toast Slices
	Salt Pepper	Wholemeal Bread Slices
Margarine Peanut Butter (Pic's) (Ticket)	Canned Fruit	White Bread Slices
Marmalade Diabetic Marmalade	Fresh Fruit	Margarine Peanut Butter (Pic's)
Canned Fruit Fresh Fruit	Soy Ice Cream (Ticket)	Marmalade Diabetic Marmalade
	Glass Soy milk (Ticket)	□Jam □
Glass Soy milk (ticket)	Glass Rice milk (ticket)	
Glass Rice milk (ticket)	Nut Snack Pack	
Name	Name	Name
Room Ward	Room Ward	Room Ward
Vegan Friday	Vegan Friday	Vegan Saturday
Midday	Evening	Breakfast
Small Medium Large	Small Medium Large	Small Mediun Large
PLT Sandwich (Peanut butter lettuce tomato)	Falafel Burger (Café/ Ticket)	WeetBix Porridge
(Peanut butter, lettuce, tomato)		WeetBix Porridge Ricies Cornflakes
	Falafel Burger (Café/ Ticket)	
(Peanut butter, lettuce, tomato)  Dahl  DF Spaghetti  DF Baked Beans	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans	Ricies Comflakes
(Peanut butter, lettuce, tomato)	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice	Ricies Comflakes
(Peanut butter, lettuce, tomato)  Dahl  DF Spaghetti  DF Baked Beans  Potato (Dairy Free)  Rice  Salt  Pepper	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara	Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk
(Peanut butter, lettuce, tomato)  Dahl  DF Spaghetti DF Baked Beans  Potato (Dairy Free) Rice	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice	Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit
Cheanut butter, lettuce, tomato)   Dahl	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices
Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's)	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices
(Peanut butter, lettuce, tomato)  Dahl  DF Spaghetti DF Baked Beans  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara Seasonal Vegetables  Salt Pepper	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's)
Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's)	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's) (ticket)
Canned Fruit   DF Baked Beans	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara Seasonal Vegetables  Salt Pepper  Canned Fruit Fresh Fruit	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's) (ticket)
Canned Fruit   Class Soy milk (ticket)   Class Soy milk (ticket)   Class Comato   Class Comato	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara Seasonal Vegetables  Salt Pepper  Canned Fruit Fresh Fruit  Soy Ice Cream (Ticket)	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's) Marmalade Diabetic Marmalade
Canned Fruit   DF Baked Beans	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara Seasonal Vegetables  Salt Pepper  Canned Fruit Fresh Fruit  Soy Ice Cream (Ticket)  Glass Soy milk (Ticket)	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's) Marmalade Diabetic Marmalade
(Peanut butter, lettuce, tomato)  Dahl  DF Spaghetti DF Baked Beans  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade  Jam  Canned Fruit Fresh Fruit	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara Seasonal Vegetables  Salt Pepper  Canned Fruit Fresh Fruit  Soy Ice Cream (Ticket) Glass Soy milk (Ticket) Glass Rice milk (ticket)	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's) Marmalade Diabetic Marmalade
Canned Fruit   Glass Rice milk (ticket)   Command   Canned Fruit   Glass Rice milk (ticket)   Canned Fruit	Falafel Burger (Café/ Ticket)  Falafel Salad (falafel pattie from café)  DF Spaghetti DF Baked Beans  Mashed Potato (Dairy Free)  Boiled Potato Rice Pumpkin / Kumara Seasonal Vegetables  Salt Pepper  Canned Fruit Fresh Fruit  Soy Ice Cream (Ticket) Glass Soy milk (Ticket)  Glass Rice milk (ticket)  Nut Snack Pack	Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices White Toast Slices Wholemeal Bread Slices White Bread Slices  Margarine Peanut Butter (Pic's) Marmalade Diabetic Marmalade  Jam

<b>Vegan</b> Saturday	<b>Vegan</b> Saturday	Vegan Sunday		
Midday	Evening	Breakfast		
Small Medium Large	Small Medium Large	Small Medium Large		
PLT Sandwich	Thai Curry (Café/ Ticket)	WeetBix Porridge		
(Peanut butter, lettuce, tomato)	DE Spaghetti Dedad bases	Pigios Comfales		
Falafel	DF Spaghetti Baked beans	Ricies Cornflakes		
Thai Curry (Café/ Ticket)	Mashed Potato (Dairy Free)	Sugar Equal		
Potato (Dairy Free) Rice	Boiled Potato Rice	Fruit Drink Soy milk		
	Pumpkin / Kumara			
SaltPepper	0	Canned Fruit Pureed Fruit		
¬	Seasonal Vegetables			
Wholemeal Bread Slices White Bread Slices	Salt Pepper	Wholemeal Toast Slices		
Rice Cakes (Wafers) (Ticket)		White Toast Slices		
	015			
Margarine Peanut Butter (Pic's)	Canned Fruit	Wholemeal Bread Slices		
(Ticket)	Fresh Fruit	White Bread Slices		
Marmalade Diabetic Marmalade				
Jam 🗆	Soy Ice Cream (Ticket)	Margarine Peanut Butter (Pic'		
		(Ticket)		
Canned Fruit Fresh Fruit	Glass Soy milk (Ticket)	Marmalade Diabetic Marmalad		
	Glass Rice milk (ticket)	Jam		
Glass Soy milk (ticket)				
Glass Rice milk (ticket)	Nut Snack Pack			
Name	Name	Name		
Word	Word			
Room	Room			
	rtoom	Room Ward		
Vegan				
Vegan Sunday	Vegan Sunday	Vegan Monday		
Sunday Midday	Vegan Sunday Evening	Vegan Monday Breakfast		
Sunday	Vegan Sunday	Vegan Monday		
Sunday Midday	Vegan Sunday  Evening Small Medium Large  Pumpkin Balls w Satay Sauce	Vegan Monday Breakfast		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans	Vegan Sunday  Evening Small Medium Large	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge		
Sunday Midday Small Medium Large	Vegan Sunday  Evening Small Medium Large  Pumpkin Balls w Satay Sauce	Vegan Monday Breakfast Small Medium Large		
Sunday           Midday           Small         Medium         Large           DF Spaghetti         DF Baked Beans           Pumpkin Balls w Satay Sauce	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge		
Nidday   Small   Medium   Large	Vegan Sunday  EVening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice	Vegan Sunday  EVening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket) PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper	Vegan Sunday  EVening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Café/ Ticket) PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket) PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket) PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket) PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's)  (Ticket)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit  Fresh Fruit	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Peanut Butter (Pic's)		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket) PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Peanut Butter (Picts)  Margarine Peanut Butter (Picts)		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade  Jam	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit  Fresh Fruit	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Peanut Butter (Pic's (ticket)  Marmalade Diabetic Marmalad		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade  Jam	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Cafél Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit  Fresh Fruit  Soy Ice Cream (Ticket)	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Peanut Butter (Pic's (ticket)		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Café/ Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade  Jam Glass Soy milk (ticket)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit  Fresh Fruit  Soy Ice Cream (Ticket)  Glass Soy milk (Ticket)  Glass Rice milk (ticket)	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Slices  Margarine Peanut Butter (Picticket)  Marmalade Diabetic Marmalade		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Cafél Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade  Jam  Canned Fruit Fresh Fruit	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit  Fresh Fruit  Soy Ice Cream (Ticket)  Glass Soy milk (Ticket)	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Peanut Butter (Pic's (ticket)  Marmalade Diabetic Marmalad		
Sunday  Midday  Small Medium Large  DF Spaghetti DF Baked Beans  Pumpkin Balls w Satay Sauce (Café/ Ticket)  PLT Sandwich (Peanut butter, lettuce, tomato)  Potato (Dairy Free) Rice  Salt Pepper  Wholemeal Bread Slices White Bread Slices Rice Cakes (Wafers) (Ticket)  Margarine Peanut Butter (Pic's) (Ticket)  Marmalade Diabetic Marmalade  Jam Glass Soy milk (ticket)	Vegan Sunday  Evening  Small Medium Large  Pumpkin Balls w Satay Sauce (Café/ Ticket)  Dahl (DK)  Mashed Potato (Dairy Free) Boiled Potato Rice Pumpkin / Kumara  Seasonal Vegetables  Salt Pepper  Canned Fruit  Fresh Fruit  Soy Ice Cream (Ticket)  Glass Soy milk (Ticket)  Glass Rice milk (ticket)	Vegan Monday  Breakfast  Small Medium Large  WeetBix Porridge  Ricies Cornflakes  Sugar Equal  Fruit Drink Soy milk  Canned Fruit Pureed Fruit  Wholemeal Toast Slices  White Toast Slices  Wholemeal Bread Slices  White Bread Peanut Butter (Pic's (ticket)  Marmalade Diabetic Marmalad		