



## Mana Ake team ready for next phase of judging in the Spirit of Service Awards

Mana Ake – Stronger for Tomorrow is a collaborative initiative working across health, education and social service providers to promote wellbeing and positive mental health for children in primary and intermediate schools across Canterbury. Mana Ake is a finalist in the Better Outcomes Award, Te Tohu mō ngā Hua E Pai Ake Ana. Together with our partners the Ministries of Education and Health, we are proud of the achievements of the initiative to date.

Mana Ake offers support for children in years 1–8 who are experiencing ongoing concerns that impact their wellbeing, including anxiety, parental separation, grief and loss or managing emotion. Whether or not we make it through the next phase of judging, I know that Mana Ake has made such a huge difference to children, their whānau, their fellow students, teachers, school principals and the wider community. Importantly, the support available to those working in schools and for young people in Canterbury has improved through the development of

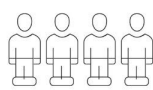
Leading Lights, the online resource which supports the Mana Ake initiative.

The figures below are outstanding and tell a story of a successful co-designed initiative which is meeting a range of important needs for young people in our community. To date Mana Ake can evidence a 76.4 percent positive change in attendance rates, a 79.7 percent positive change in students' engagement and wellbeing and a 64.7 percent positive change in learning and achievement for those students who have received an individualised service.

### WHAT DIFFERENCE DID OUR EFFORTS MAKE FOR NEW ZEALANDERS?



**80 FTE supporting  
219 Schools**  
in 26 clusters



**2,440 children  
supported**



#### Leading Lights

A web based platform for schools, government agencies, and social services to work consistently

Attendance:

**76.4%**  
Positive Change

Engagement & Wellbeing:

**79.7%**  
Positive Change

Learning & Achievement:

**64.7%**  
Positive change

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Feedback has also been so encouraging for the teams.

From a school: "Thank you for the outstanding work you are doing to support our tamariki and their whānau in a timely and helpful way. We appreciated the way you have rolled out this new service to achieve so much in a short time."

From a group of students: "We learnt a lot about emotions and what to do when others are feeling cross. I can tell how other people are feeling now. I put myself in other peoples' shoes."

From an individual: "She has grown tremendously in the past few months. I'm shocked at how confident she has become."

From a teacher: "They are a fantastic resource to have within schools. Been great to have at our rural school in North Canterbury."

From parents: "Mana Ake has been wonderful for my girl. Giving her support at school plus the skills to help her help herself. I'm so pleased we have this service available in our schools as I wouldn't have known who else to reach out to or have been able to afford it."

From parents: "They've been amazing for my 9 year old! I couldn't recommend them enough. It takes a while for my son to open up to people but his support person has managed to get him there and he really enjoys the time they spend together."

## People and Capability team make finals of the Champion Canterbury Awards

Congratulations to the People and Capability team who are finalists in the 2019 Champion Canterbury Awards – Ara Champion Workplace Awards.

Our commitment to making it better for our people is a key driver and we're doing this through disrupting the way we work and transitioning to a proactive and collaborative organisation. We're putting people at the heart of all we do so they can put the people of Canterbury at the centre of our health system.

I extend good wishes to all finalists and look forward to hearing how you get on.

Have a great week!



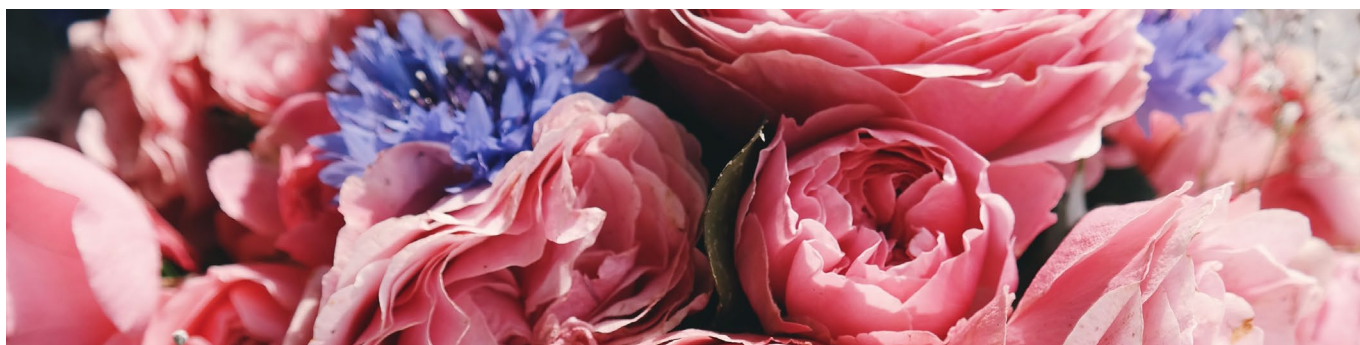
Chief of Older Persons Health Helen Skinner and Acting Chief People Officer Paul Lamb

Haere ora, haere pai  
Go with wellness, go with care

David Meates  
CEO Canterbury District Health Board

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



## Bouquets

### Neonatal Unit, Christchurch Women's Hospital

Tonight you saved my husband and I from losing our daughter in this world. She is breathing! Bless your heart. This is a department we could never return even close to what you have done. Please tell every staff member they are so special and loved always.

### Play Therapist, Christchurch Hospital

Thank you so much for the support of a play therapist. She was there for my daughter going in to surgery, when she woke up and during medical procedures. This made my child feel calm, reassured and made procedures go smoothly and quickly.

### Child Acute Assessment Unit (CAAU), Christchurch Hospital

I would like to thank all the staff we encountered during my daughter's hospital stay in CAAU. The doctors and nurses were very supportive. All the staff took extra steps to make sure their little patient had a positive experience in hospital. Thanks for the hard work and all the caring hearts.

### Birthing Suite, Christchurch Women's Hospital

A huge thank you to all the incredibly professional and supportive staff on the Birthing Unit at Christchurch Women's Hospital. The care we received during our admission was second to none and we felt so safe and supported for the duration of our admission despite the obvious

staffing shortages. Words really cannot describe how grateful we are for the staff during this difficult and trying experience of childbirth, and the complications that arose. You guys are awesome – never stop doing what you're doing.

### Maternity Ward, Christchurch Women's Hospital

I was here for my first delivery. I will never forget the service and helpfulness of all the staff. I want to mention each and every name but I am not sure of all their names. I had good treatment for me and my baby. Thank you for your support in recovering so early.

### Ward 22, Christchurch Hospital

I just want to thank 'the food fairy' as my four-year-old calls her. She has been a great person while my child has been in hospital. She brightens up the day with her bright colours and friendly smile. She is a great asset and I'm sure she makes every child in the wards feel special. Thank you, keep up the wonderful person you are.

### Ward 21, Christchurch Hospital

We have just had a three-night stay in Ward 21 with our son and want to say a huge thank you to nurses Sophie and B – they were absolutely outstanding! And also a huge thank you to the other nurses on the ward. We could not fault them at all and were very impressed with the care we got for our son.

### Emergency Department, Christchurch Hospital

You have all been so helpful and kind every time I have required your services. You are all doing an amazing job. Keep it up. We all love all of you.

### Christchurch Hospital

Thank you for taking good care of my mum and auntie.

### Ward 16, Christchurch Hospital

Second time here, two different reasons. The help and respect from everyone was fantastic, amazing.

### Ward 23, Christchurch Hospital

I have no complaints. The staff are amazing, catered for all my wants and made me comfortable at all times. Buttons pressed were attended to promptly. Kyran, Beth, Grace, and Genevieve all deserve a mention. The food requires special mention, too. The selection and presentation are to be commended, plus it was always hot. I can't understand why people complain about hospital food!

### Ward 27, Christchurch Hospital

Wonderful care from nurses, doctors and nurse aides. Thank you.

### All staff, Christchurch Hospital

Thank you one and all to the staff of Christchurch Hospital.

### The Bone Shop, Christchurch Hospital

My girlfriend broke her arm the other day. It was quite a shock and lots of



stress due to surgery the following week. The team at the Bone Shop were really good and explained everything very well. Thank you very much – you made her and I feel safe.

#### Ward 24, Christchurch Hospital

Thank you so much for the exceptional treatment and care. Every member of your hardworking team has been wonderfully caring and friendly. Your encouragement and attention will always be remembered. We can't thank you enough for your commitment and professionalism.

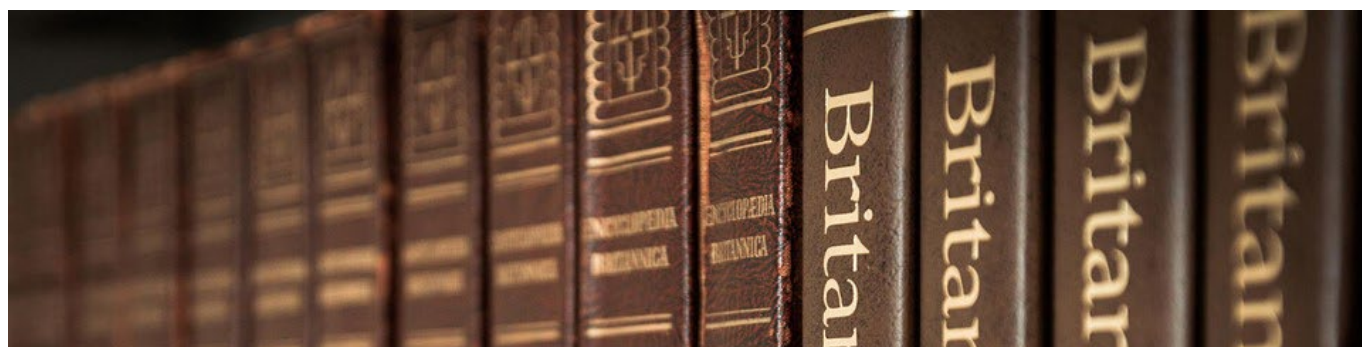
#### Child Health Services, Christchurch Hospital

Admitted my baby with a chest infection and the service provided by the registered nurses and the doctors was excellent. A very, very big thanks.

#### Christchurch Hospital staff

I would like to thank everyone for the respect and help that I received from all staff on my arranged admission to hospital. I would appreciate it if you could pass on my thanks to them all, including the Admitting nurse, Theatre staff, Urology nurses, catering staff,

Brachytherapy doctors and nurses, Oncology and Radiation staff, CT staff and the young female orderly who was in training.



## The Library

*Browse some of the interesting health-related articles doing the rounds.*

"[Positive effect of music and dance on dementia proven by New Zealand study](#)" – a study from the University of Otago has trialled a programme designed to encourage participants to dance and interact, resulting in significant improvements in the participants' quality of life after only six sessions. From *Science Daily*, published online: 8 August 2019.

"[What gut worms could do for cancer](#)" – hookworms are able to suppress the human immune system just enough so they aren't detected by the body. A study is looking at hookworms as key to preventing or managing a range of conditions from Crohn's disease to cancer. From *Newsroom*, published online: 30 July 2019.

"[Machine learning for tissue diagnostics in oncology: brave new world](#)" – this article looks at the benefits and limitations of using artificial intelligence for diagnostic purposes in tissue workup and pathology. From *Nature*, published online: 9 August 2019.

If you want to submit content to **The Library** email [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz).

To learn more about the real-life library for Canterbury DHB:

- › **Visit:** [www.otago.ac.nz/christchurch/library](http://www.otago.ac.nz/christchurch/library)
- › **Phone:** +64 3 364 0500
- › **Email:** [librarycml.uoc@otago.ac.nz](mailto:librarycml.uoc@otago.ac.nz).

# Facilities Fast Facts

## Tuam Street Super Stop

The glazing of the north side of the Tuam Street bus stop is whizzing along thanks to a spate of fine weather and the shelter should be complete by the end of August.

This may allow a section of the footpath on that side of Tuam Street to reopen.

Asphalting of the bus lane on the southern side of Tuam Street is nearly complete and, once the two traffic signals are installed in the island, the northbound lane on Antigua Street onto Tuam Street will reopen – hopefully early September. Glazing of the Super Stop on the south side of Tuam Street will begin once the north side is complete.

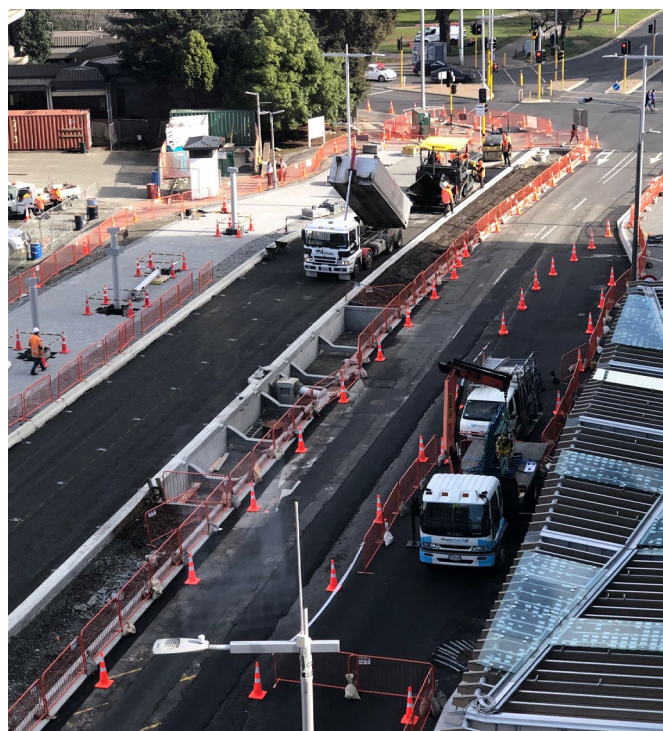


Glass being installed on the Super Stop on the north side of Tuam Street

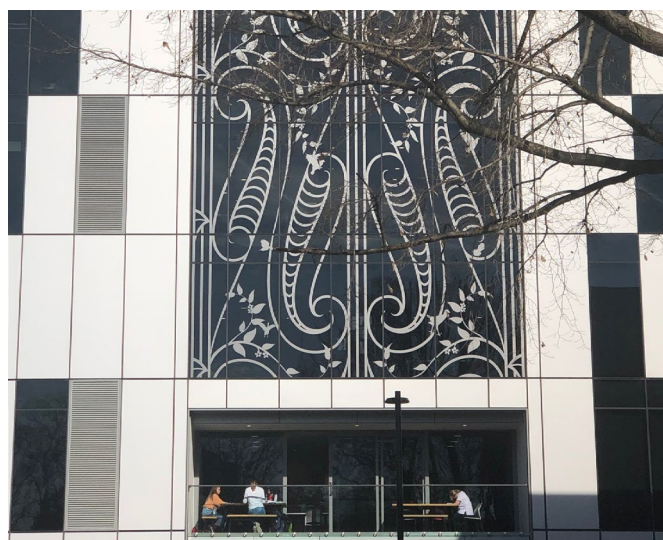
The Oxford Terrace pedestrian crossing is now in place (below). The glorious weather has seen lots of people, including plenty of staff, taking advantage of the facilities at Kānuka café and around the campus. Some students at Manawa even threw open the doors to the balcony last week to enjoy the sunshine.



The newly painted pedestrian crossing makes it safer to cross Oxford Terrace between Christchurch Outpatients and Christchurch Hospital



The Super Stop and bus lane asphalting being completed on Tuam Street



Ara students making the most of the sunshine on the balcony at Manawa





# Let's get ready to move

## Christchurch Hospital Hagley

Update No:16

### Matatiki | Wellspring

Christchurch Hospital Hagley is a great big building, but it's going to be full of little pieces of magic thanks to some clever thinking and hard work.

Not having a dedicated Children's Hospital hasn't stopped the amazing folk at Child Health from going all out for their patients. The Child Health management team is delighted to introduce new branding and theming in the new children's spaces in Christchurch Hospital Hagley, and you'll find it popping up anywhere children may be.

One small example of this are the beautiful decals that will be going on the three-panel glass doors in the paediatric pod in Intensive Care – Children's High Care.

The images are designed to look complete and enchanting when side-by-side, but they really come into their own when the doors are opened and the panels merge into one to create a new and equally impressive scene.

The overall theme for the children's spaces is Matatiki, which means wellspring – a fitting theme, given both the abundance of flowing water and natural springs surrounding the campus, but it also encompasses rejuvenation and the journey back to good health for our precious mokopuna.

Illustrations feature New Zealand's native flora and fauna and tell the stories of our water, land, bush and sky. Keep



The three panels separately and what they'll look like when the doors are all opened and overlap each other

your eyes peeled for some of the beautiful animals that will be helping our taonga find their way around Christchurch Hospital Hagley over the coming weeks.

Clinical Nurse Coordinator Natasha Greer has started a new Facebook Group for anyone wishing to join. Simply search for [Chch Hospital Child Health on Facebook](#) and

send a request to join the group.

Let's get ready  
to move...

# Big Shout Out



Back row left to right; Leona Robertson (Nurse Educator), Barb Allen (Administration Support), Lisa Salt (ED ACNM), Sally Yarwood (ED ACNM), Janet Shaw (Administration Officer), Lisa Geddes (ED RN).  
Front row left to right; Susan Head (Administration Officer), Donna Brown (Specialty Clinical Nurse), Sally Winters (ED RN), Jordan Cox (ED RN) and Dominic Fleischer (ED SMO).

...to the staff in the five different Emergency Department Working Groups (a few of whom are pictured here) for their fantastic work in helping to get ED ready for the move to Hagley. Their collaborative approach is making sure every aspect of the move is being considered.

Stay in touch – you can do this through the [Facebook page](#) or email us at [letsgetreadytomove@cdhb.health.nz](mailto:letsgetreadytomove@cdhb.health.nz)

# Looking after yourself

## Getting through winter

This week's focus is on healthy thinking and how you can change unhelpful thought processes.

The [AllRight? website](#) says healthy thinking is about becoming aware of how you're interpreting situations. If you're falling into the trap of only focusing on the negative aspects, this can make you feel worse, and make you more likely to respond to a situation in ways that are unhelpful in the long term.

Our brains are trained to look for risks, and the potential of what could go wrong in any scenario. This comes from prehistoric times, when risk was at the front of our minds for obvious reasons such as being attacked by wild animals when leaving the cave, and so on.

These days, modern living means we can be a little more carefree, but for many, positivity and optimism aren't the natural response to challenges.

Changing your automatic response takes practise. Some examples of how you can practise 'healthy thinking' are:

- › Go slowly and take in the whole scenario before reacting
- › Don't make a mountain out of a molehill
- › Look for the positive in negative scenarios
- › Try not to let fear get in the way of something you really want to do
- › When having a negative thought, catch it, check it, and see if you can change it
- › Practise gratitude for five minutes a day
- › Ask yourself: "what would I say to a friend if they were being this tough on themselves?"
- › Ask yourself, "how is thinking this way affecting me? Is it helping me or getting me down? What might be a more helpful way of thinking about this?"
- › Think of someone who you cares about you and what they might say to you about your situation?
- › If you mess up, remind yourself of all the things that you are good at
- › Take a break from over-thinking by exercising or going to a movie.

Our brains are trained to look for the negatives, the risks and the what-ifs before thinking of the positive. Practise some healthy thinking strategies this week, and see if it makes a difference in your day.

For more ideas and information about healthy thinking, check out:

- › [AllRight?](#)
- › [Thrive Global](#)
- › [Wellplace.nz](#)



# Pacific Language Weeks 2019, by Finau Heuifanga Leveni, our Pacific Portfolio Manager

Aotearoa is home to an array of Pacific languages from across the region. Sadly though, we are already seeing a steady decline in these languages being spoken on our shores. The 2013 census confirmed that language use across all Pacific languages within Aotearoa has declined and UNESCO have even classified the languages of New Zealand's realm countries Niue, Tokelau and the Cook Islands as vulnerable or endangered.

In recognition of the importance of indigenous language for the development, positive identity, community connectedness and general wellbeing of Pacific peoples, the New Zealand government celebrates a series of seven **Pacific Language Weeks** every year, during which New Zealanders are encouraged to celebrate Pacific Island culture and language and the rich vibrancy it adds to Aotearoa's cultural landscape.

Canterbury DHB is proud to support Pacific Language Weeks 2019 and during the designated language weeks we'll be sharing useful words and phrases from that particular language as well as letting you know of any local community events. You can support a Pacific Language Week by picking up a Pacific greeting or phrase to use in your everyday conversations or getting along to a community event to celebrate.

The dates for the seven Pacific Language Weeks are:

<b>Samoa</b>	Sunday 26 May – Saturday 1 June
<b>Cook Islands</b>	Sunday 4 – Saturday 10 August
<b>Tonga</b>	Sunday 1 – Saturday 7 September
<b>Tuvalu</b>	Sunday 29 September – Saturday 5 October
<b>Fijian</b>	Sunday 6 – Saturday 12 October
<b>Niue</b>	Sunday 13 – Saturday 19 October
<b>Tokelau</b>	Sunday 27 October – Saturday 2 November

Unfortunately we've already missed the "official" language week for Samoa and the Cook Islands – my sincere apologies to all our Samoan aiga and our Cook Islands kopu. But just because we at Canterbury DHB might have been slow to jump on board, that should not stop us from celebrating our own Samoa and Cook

Islands Language Week in our respective areas of work and there's no time like the present!

Samoa Language Week or '*Vaiaso o le Gagana Samoa*' was held from Sunday 26 May – Saturday 1 June 2019. The theme for this year is "*Lalaga le si'osi'omaga mo se lumana 'i manuia*" which translates to: "Weave an environment for a better future".

## Fun Facts! Did you know...

- › Samoan is the third most spoken language in New Zealand after English and Te Reo Māori.
- › Samoans make up the largest Pacific population in New Zealand around 144,000 people as at 2013 census over half of whom were born in New Zealand.
- › In 1962 Samoa became the first Pacific nation to regain independence from New Zealand administration.

**Let's support Samoa Language by using a Samoan word or phrase in your everyday conversation this week!** Below are some useful words and phrases you can use in everyday situations, whether at work or at home. Why not give it a go, challenge yourself and use a new word every day. Let's all do our part to support this beautiful indigenous language.

Upu Fesoasoani | Helpful Words

Samoan	English	Samoan	English
Talofa lava	Greetings/Hello	Fale	House
Tofa	Bye	Lotu	Church
Fa'afetai lava	Thank you very much	Faitau	Read
'O ā mai 'oe?	How are you?	A'oga	School
Manuia fa'afetai	Fine, thank you	Auala	Road
E te alu i fea?	Where are you going?	Fale oloa	Shop
Ou te alu i le lotu	I am going to church	Alofa	Love
E fia ou tausaga?	How old are you?	Fia fia	Happy
O lo'u igoa	My name is	Fa'amamanoa	Sad
Manuia lou aso	Have great day	Galuega	Work/Job
O ai?	Who	Inu	Drink
O le a?	What	Fia Inu	Thirsty
O fea?	Where	Matus	Parents
A fea?	When	Tamā	Father
Aisea?	Why	Tina	Mother

You can find more information and useful resources on Samoa Language Week on the Ministry for Pacific Peoples [website](#).

la soifua ma ia manuia (be well and prosper).



# Kia orana! Let's support Cook Islands Language

Sunday 4 August – Saturday 10 August was **Cook Islands Language Week** or '*Epetoma o te reo Māori Kuku Airani*'. The theme for this year was "Taku rama, taau toi: ora te Reo" which translates as: "My torch, your adze: the language lives".

## Fun Facts! Did you know...

- › The Cook Islands are made up of 15 small islands spread across **1,800,000** square kilometres – that's an area larger than Mongolia!
- › Cook Islands Māori make up the second largest Pacific population in New Zealand. There are roughly **62,000** people of Cook Islands heritage living in New Zealand and their median age is just **20** years.
- › All Cook Island languages or dialects are classed by UNESCO as being either vulnerable, severely endangered or definitely endangered.

Support Cook Islands language by using a Cook Islands Māori word or phrase in your everyday conversation this week. Below are some useful words and phrases you can use in everyday situations, whether at work or at home. Why not give it a go, challenge yourself and use a new word every day! Let's all do our part to support this beautiful, endangered language!

## Useful phrases:

	Formal	Informal
<b>Hello</b>	Kia orana	Kia orana
<b>Welcome</b>	Turou Aere mai	Aere mai
<b>Farewell/Goodbye</b>	Aere ra ( <i>to person going</i> ) E noo ake ra ( <i>to person staying</i> ) Aere atu ra ( <i>when both leaving</i> ) Kia manuia	Aere ra ( <i>to person going</i> ) Noo ake ra ( <i>to person staying</i> )
<b>Please</b>	Ine	Ine
<b>Thank you</b>	Meitaki	Meitaki maata
<b>Good luck</b>	Kia manuia	Kia manuia

You can find more information and useful resources on Cook Island Māori Language Week on the Ministry for Pacific Peoples [website](#).



# Day abscess surgery great for patients

Having treatment for an abscess at Christchurch Hospital will soon be routinely simpler and faster.

A new Day-Case Abscess Pathway has been created and trialled. Those needing surgical treatment for abscesses will typically attend a short clinic-style assessment at hospital followed by a return visit the next morning for the procedure. They will then return home a few hours later.

General Surgeon James Haddow says patients presenting with abscesses are generally well, yet currently are all admitted into hospital for surgery.

"Every week on average we operate on 10 patients with acute abscesses. Only 10 percent are treated and

discharged the same day. Most spend one or two nights in hospital."

Service Manager General Surgery and Outpatients Kathy Davenport says she was shocked to discover that the average length of stay for an abscess patient is 42 hours.

"We had to do better."

James says, "Reducing length of stay and maximising efficient use of our bed base is a key objective for Canterbury DHB so we have been developing a pathway to treat these patients as day cases."

The first patient in the trial was seen in the Emergency Department, then the Surgical Assessment and Review Area (SARA) on a Wednesday (total time

three hours), sent home, then came back to Day of Surgery Admission the next morning. She was in theatre at 8.10am and home before lunch.

A short video with reactions from staff and the patient can be viewed [here](#).

Patients are happy to spend as little time as possible in hospital, James says.

"It's better for them and it frees up beds so it's more effective for the health system."

Further testing and development is in progress and the project team hope to launch the pathway when services move to the new Christchurch Hospital Hagley building, says James, who is the project team leader.



General Surgeon James Haddow at a process mapping event in the Surgical Assessment and Review Area in May. Staff helped map out what the current abscess patient pathway was and designed a future pathway



# Teddies enjoy winter picnic

A group of knitted teddy bears picnicked in the Nurse's Memorial Chapel gardens last week accompanied by some very grateful humans.

The several hundred teddies made quite a visual spectacle for those attending and passing by, with baskets of them cuddling up together against the winter chill, hanging in trees, and sipping from teddy bear themed tea cups.

The collection of bears came about after hospital chaplains put out the call six weeks ago for much needed donations, says Christchurch Women's Hospital Chaplain Mary Minson. The bears are knitted mainly for babies in the Neonatal Intensive Care Unit, usually by people in various church groups.

"However as winter deepened this year, our resources dwindled so we sent out a message for help."

Not only was there a large response from staff, it also spread to other groups and caught the attention of Hilary Muir and Dave Dunlay of The Breeze radio station who championed the cause.

The previously meagre collection of teddies has now been wonderfully enhanced by the many bears people have made, Mary says.

"The countless variations of teddies are wonderful. People's individuality shines through, as well as people's generosity in time and creativity. We are so very grateful, and now have bears to carry us along for some time and have been able to pass some of them on to the children's wards. The children love them."

Mary, along with her colleagues Hospital Chaplains Angela McCormick and Alexa Evenden, decided to give the bears an outing as a way of saying a big thank you to those who donated their time to make them.



From left, Hospital Chaplains Angela McCormick, Alexa Evenden and Mary Minson at the teddy bears picnic





# One minute with... Mel Lienert-Brown, Nurse Educator

## What does your job involve?

I am employed as a Nurse Educator, based at the Specialist Mental Health Service (SMHS) Training Unit. This is a new role which I was appointed to in November 2018. I am responsible for the workforce development of our enrolled nurses (ENs) and hospital aides (HAs).

## Why did you choose to work in this field?

I worked in the SMHS acute inpatient service as a registered nurse for seven years before moving into education. I was at Ara Institute of Canterbury for 11 years teaching primarily the Mental Health and Addiction courses in the Bachelor of Nursing programme. My new position draws on the knowledge and experience I gained from both my clinical and teaching roles.

## What do you like about it?

I feel like I have "come home" and it has been great to reconnect with people that I had previously worked with or taught. I feel fortunate to be able to contribute to developing a workforce which is passionate about working in SMHS and supporting consumers in their recovery.

## What are the challenging bits?

Fortunately, so far my role hasn't presented too many challenges. Probably the biggest challenge thus far is getting the heating right in our office something that was not considered when our "designer" building was built in the 1950s.

## Who inspires you?

I am inspired by our children who have all achieved things beyond my wildest imagination, and my parents who embrace life to the fullest and are fabulous role models for our family.

## What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

Care, respect and integrity are essential values for everyone working in the mental health system to demonstrate in the work they do with consumers. I would hope that the ENs and HAs I work with also feel cared for and respected by their colleagues and managers. I do feel a big responsibility for the outcomes of the work that I am doing and am fortunate to be well supported by my manager, nurse consultant and our nursing directorate in this work.



## Something you won't find on my LinkedIn profile is...

Actually you won't find anything much as I don't think I ever got around to completing it!

## If I could be anywhere in the world right now it would be...

Samoa – beautiful beaches, gorgeous people, tropical fruit, culture.

## What do you do on a typical Sunday?

Sleep in! Spend time with family and friends.

## One food I really like is...

I love, love, love Indian food.

## My favourite music is...

Soft rock from the 80s. Who doesn't love Cyndi Lauper, Bryan Adams, and Chicago?

If you would like to take part in this column or would like to nominate someone please contact [Naomi.Gilling@cdhb.health.nz](mailto:Naomi.Gilling@cdhb.health.nz).

# Canterbury Grand Round

Friday 16 August 2019 – 12.15 to 1.15pm, with lunch from 11.50am. All staff and students welcome.

Venue: Rolleston Lecture Theatre.

**Speaker: Tony Moore, Principal Advisor – Sustainability, Christchurch City Council**

## "Being Climate Smart"

We are at the doorstep of a new green revolution as significant as the discovery of oil. Science tells us we must halve global emissions within 10 years and be carbon neutral within 30 years. Are we ready and able to harness the biggest transformational opportunity of our generation? What would a zero carbon world be like – how is this even possible? Climate change emergencies are being declared throughout the world and in Christchurch, but what will this mean for our community and you? It's clear, we all need to be climate smart.

Tony Moore, trained by Al Gore as a Climate Reality Leader, is helping the city update its Climate Smart, Sustainable Energy Transport and Zero Waste Strategies. This

inspirational talk will explore our addiction to fossil fuels, the local impacts of our rapidly changing climate, our best chances for doing something about it and how you can help.

**Chair: Geoff Shaw**

It is requested out of politeness to the speaker(s) that people do not leave halfway through the Grand Rounds.

This talk will be uploaded to the staff [intranet](#) within approximately two weeks.

Video conference set up in:

- › Burwood Meeting Room 2.6
- › Wakanui Room, Ashburton
- › Administration Building, Hillmorton
- › The Princess Margaret Hospital, Riley Lounge

Next Grand Round is on 23 August 2019 at the Rolleston Lecture Theatre.

Convener: Dr R L Spearing [ruth.spearing@cdhb.health.nz](mailto:ruth.spearing@cdhb.health.nz)

# Something For You

Something For You is Canterbury DHB's employee benefits programme.

The deals offered are from the Canterbury business community to say thank you for all that you do. You can access all your deals right [here](#). Remember, you'll need your Canterbury DHB ID badge to claim these deals, so be sure to take it along with you.

## Original Sin

*Corner Hereford Street and Oxford Terrace, Christchurch Central*

Dine with four or more friends or whānau and receive 10 percent off your bill, or host a function here and receive special bonuses for yourself! See more offers and terms and conditions under the Lifestyle and Entertainment section of Something For You.

## Snap Fitness

*Ashburton, Papanui, Christchurch Central, New Brighton, Hornby, Rolleston, Rangiora and more*

Join Snap Fitness for a discounted rate of \$16.95 per week, \$59 access card, and no joining fee.



## The Bealey

*263 Bealey Ave, Christchurch Central*

Dine with four or more friends or whānau and receive 10 percent off your bill, or host a function here and receive special bonuses for yourself! See more offers and terms and conditions under the Lifestyle and Entertainment section of Something For You.

Check out [Something For You on the intranet](#) for more information on these deals and more.

# Opportunity to join Canterbury DHB as a supporter of innovation

Canterbury DHB is seeking an Innovations Director to support and assist the continuation of the DHB's strong culture of innovation that focuses on improving health outcomes for our community.

Canterbury DHB recognises that innovation is a fundamental process that is at the heart of improving healthcare and wishes to continue to be a vigorous supporter of innovation that has the potential to improve the health of its community and beyond.

The Via Innovations Team was established to accelerate innovation within the Canterbury Health System (and the New Zealand Health Innovation Hub - NZHIH). The Via Innovations Team work with people who have good ideas with commercial potential, from anywhere in the health system, and provide them with a range of support to get their innovations out to the people and communities that need them.

The Innovations Director will ensure Via co-develops products and

services between the Canterbury DHB and Industry; structure aspects of clinical validation and reference site testing for innovations; foster and manage relationships within the innovation system that pertain to health and provide a mechanism for clinicians and industry to obtain NZHIH support and funding.

For more information about this role and to apply online visit [Canterbury DHB's career site](#). Applications close 26 August 2019.

## Latest Community Health Information Centre newsletter out now

The Community Health Information Centre (CHIC) provides free health resources to any person or organisation in Canterbury, South Canterbury, West Coast and Chatham Islands.

The resources are developed by Community and Public Health staff, and other health agencies, including:

- › Ministry of Health
- › the Cancer Society
- › Family Planning
- › Health Promotion Agency (HPA)
- › the Mental Health Foundation.

The [July edition of CHIC's newsletter](#) is out now and highlights new and revised free resources available from your local CHIC office, as well as recently deleted resources.

This month's featured resource is:

### Stay warm and well this winter (ENH0033)

For more information about CHIC and to order resources online visit the [Community and Public Health website](#).





# Changes to max.

Appointing a new staff member and the way you view your Delegate To-Dos have had a refresh in **max.** recently. Based on your feedback, the max. team has worked hard to make these easier for you to use, search and organise. Both services look a bit different now, as outlined below.

## Appoint a new staff member

Changes to this service are being rolled out in a phased approach. The first phase went live last week, so you'll notice the form looks quite different:

- › The form is now split into two sections: one for new employees and one for existing employees moving to a new position.
- › Information for existing employees now automatically populates in the form.

**Appoint a New Staff Member** 1

Use this form to appoint a new staff member

This form is able to be used for employees who are new to the DHB and existing employees who are moving to new positions within the DHB. On submission this form will workflow to the Admin Team who will create a letter of offer. For information on this form please view the [How to guide](#).

Recruitment Approval Case Number 2  
e.g. PC0000000

\*Which District Health Board will the new employee be employed by?  
-- None --

\*Is this an Existing Employee? 3  
--None--

Please attach a copy of the Manager's electronic signature to this form so this can be included on the letter of offer. Attachment is not required if a copy is already held with the admin team.

Submit Save Add attachments

Required information: \*Which District Health Board will the new employee be employed by?

3 \*Is this an Existing Employee?  
Yes  
+ Current Details  
+ New Position Details  
+ Roster Information  
+ Other Information

3 \*Is this an Existing Employee?  
No  
+ Personal Information  
+ New Position Details  
+ Roster Information  
+ Other Information

1 This is the new look form 2 Add your recruitment approval case number to track all actions under this number 3 The form is now split into two sections, one for new employees and one for existing employees. Information for existing employees will automatically populate.

A diagram of the changes to the Appoint a New Staff Member service

- › You can now add your recruitment approval case number, which links all actions under that case number together.
- › Roster and roster pattern information is added back into the form.

## Delegate To-Dos

The way these cases are organised has changed, so they're now easier for you to find and manage:

- › All cases are now automatically sorted into folders of the manager who assigned them to you.
- › They're also sorted by Open Cases (including drafts) and Closed Cases.

**max.** My To-do's Open Cases Completed Cases Org Chart My Delegate To-Dos Richie McCaw

Home > HR Delegate To-Do Dashboard

Service Menu

Richie McCaw 2

- My To Dos
- Open Cases
- Closed Cases

Lydia Ko

- My To Dos
- Open Cases
- Closed Cases

P and C Cases

Short Description	Case Number	Opened
Search 3	Search 3	Search 3

1 Click Delegate To-Dos to see your cases 2 Cases are now sorted into open and closed folders 3 You can search your cases in each column

A diagram of the changes to the Delegate To-Dos feature

- › The contents of each folder are displayed so you can see some details of each case – and these details are searchable.
- The max. team hopes you find these enhancements helpful – but remember, if you need more information or some help, just ask the [max.perts!](#)



# Health Quality & Safety Commission New Zealand's e-digest

It includes information about progressing consumer engagement in primary care; the medicine management process in mental health; personal stories from aged residential care; a report calling for action on inequities in New Zealand's health system; and upcoming events. Read more [here](#).

## Southern Cancer Network seeks new chairperson

The Southern Cancer Network (SCN) is seeking expressions of interest for a new chair for its Steering Group.

SCN is one of four regional cancer networks funded by the Ministry of Health to improve cancer care in New Zealand. It works collaboratively to reduce the incidence of cancer, and inequities of access, care and outcomes for the South Island community. Part of the South Island Alliance, SCN is directed by priorities and plans set by the Ministry of Health and South Island district health boards (DHBs).

The chair position is a key leadership role within SCN. It involves leading the Steering Group in its oversight and governance of the SCN work plan, and ensuring strong connections between the Network and its stakeholders

across the South Island. Responsibilities include chairing quarterly Steering Group meetings and working in partnership with the clinical and management leadership of the Network and the wider South Island Alliance.

Applications are welcome from senior clinicians currently involved in surgical or non-surgical cancer care in the upper South Island.

[To view the expression of interest and application form, click here.](#)



## Te Papa Hauora seeking an Executive Officer

Do you want to be part of something very special?

Te Papa Hauora Health Precinct is seeking an Executive Officer to provide operational leadership support to assist the Chair and Council.

Te Papa Hauora Health Precinct is a world-class hub for health education, research and innovation. It forms one of the key recovery projects for the city of Christchurch, and

will boost New Zealand's health workforce, provide new opportunities for cutting-edge research, and enhance the link between education and health.

To learn more about this position, visit <https://cdhb.carecentre.net.nz/Job/Executive-Officer-Te-Papa-Hauora/Christchurch/15905>





## Being Unbreakable - II

– Al Noor Mosque Imam, Gamal Fouda

Since that time, some great collaborative activities have taken off, and some of the initial participants have talked about wanting to meet again. Come along to this seminar to find out about some of the collaboration under way and where your work might fit.

**Date:** Tuesday 20 August 2019

**Time:** 12 noon to 1:30 pm

**Location:** Hohepa Canterbury, 23 Barrington Street, Christchurch  
*(Best to park on Barrington or Darley Street and walk up path,  
the meeting will be in the hall)*

***Please bring your own lunch ... and note that this is a different location than usual for seminars, so make sure you go to the right place!***