



## We all know what to do, so let's play our part to keep Canterbury COVID-19 free

Thank you to everyone who enabled a smooth transition to COVID-19 Alert Level 2 over the weekend. We will continue to provide health services including surgery and outpatient appointments throughout Alert Level 2 with appropriate physical distancing measures. It's hard to believe that today marks one year since the first COVID-19 case was confirmed in NZ. Thanks again to everyone who has done so much to support our health system over the past year.

An important step to keep COVID-19 out of New Zealand is the rollout of the COVID-19 vaccination which started in Canterbury last week, first with our vaccinators being vaccinated, then our border and managed isolation and quarantine facility workers. The logistics to get this off the ground so quickly have been extremely challenging, and I have nothing but admiration and gratitude for the team involved. The team's next challenge will be to scale up as we roll out vaccinations to the community later in the year.

You will likely be aware of an issue with valves on the heating pipes in Waipapa on the Christchurch Hospital Campus. I want to reassure everyone working in Waipapa of our commitment to provide a safe workplace, and one which is also safe for patients. Frustratingly, replacement of the valves will cause some disruption, however the teams are working hard to minimise the impact of this work.

The recruitment of key senior positions is underway, beginning with interviews for the Chief Medical Officer and Executive Director of Nursing roles. I'll keep you posted on progress but rebuilding a team who have the right values

and leadership skills is crucial for the organisation. We need a strong team to support us all.

Finally, I loved my visit last week to the neonatal intensive care unit (NICU). That team is doing an amazing job delivering outstanding care to some of our tiniest and most vulnerable citizens. The little ones do melt your heart! The team showed how challenging delivering care is at times given the large number of babies at present in a constrained environment. They are, however, being creative in how they use the space and working brilliantly as a team.

Ngā mihi nui

**Peter Bramley, CEO**  
**Canterbury District Health Board**

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).

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## COVID-19 – A re-cap on the actions that will help keep us all safe

- › Importantly if you visited any of the [locations of interest](#) in Auckland last week during the specific days/times listed on the Ministry of Health website, you should follow the detailed guidance provided on their website and self-isolate at home and get tested as per the dates advised.
- › If you visited Auckland last week and didn't attend any of the locations of interest, it's fine for you to come to work as per usual.
- › Maintain a safe physical distance from people you don't know. That means at work, if you can't stay at least two metres apart from patients or people you don't know it's recommended that you wear a mask/face covering. You should stay one metre away from colleagues. Refer to the Infection Prevention & Control ([IPC](#)) [advice](#) on Prism if you're not sure what to do.
- › If you travel on public transport, you must wear a mask/face covering.
- › Mass gatherings need to be limited to under 100 people – so no Grand Round or other large meetings, but team meetings are ok, as long as you can maintain physical distancing.
- › Cafes and hospitality businesses must keep customers separated and have a single server.
- › Travel – you can travel to other regions that are at Alert Level 2, but no staff should travel to the Auckland area, which is at Alert Level 3.
- › There are [new restrictions](#) on visiting at all Canterbury DHB hospitals, health centres and age-related residential care facilities.
- › Scan scan scan – and encourage others to do the same. It's important that everyone checks in everywhere – even at work, use the COVID-19 App QR code scanner, and turn Bluetooth on, or manually sign in. Having Bluetooth turned on within the app is important as it means you'll receive alerts if you've been potentially exposed to a case.
- › Stay home if you're sick, and if you have [COVID-19 symptoms](#), get tested. If you're feeling unwell call your own general practice team or Healthline on 0800 358 5453 for free health advice 24/7. The most common symptoms of the new UK variant are the same as the original variant, and are predominantly fever, cough and loss of smell. Some people, especially those who are younger, might experience no symptoms, milder symptoms or a different pattern of symptoms, such as headache, sore throat, muscle pains and fatigue. The key is, if you think you have been at risk and have one or more of these symptoms – new onset respiratory symptoms [including sore throat], otherwise unexplained headache, muscle aches and fatigue seek health advice.
- › Keep up the good hygiene habits: wash and dry your hands frequently and thoroughly.
- › Regularly disinfect any shared surfaces.

And here's the Director General of Health, Dr Ashley Bloomfield [giving a recap](#) of the important things you can do to keep yourself and others safe.

## Vaccinators the first in Canterbury to receive the COVID-19 vaccine

It felt like the long-awaited arrival of a celebrity, except when they arrived they were encased in an upmarket chilly bin instead of designer threads.

Nevertheless, the arrival of the COVID-19 vaccine is genuine cause for excitement in Canterbury.

First to receive it on Tuesday 23 February were 36 members of our DHB vaccination team, who took turns vaccinating each other. They were elated to be there at the start of this all-important journey. Being the first to handle those tiny vials of vaccine must have been a nerve-wracking affair for them, but with steady, practised hands each vaccinator rose to the occasion.

Six doses per vial, and each vial no bigger than an acorn.



Fiona Kennedy receives her vaccine from Chrissie McNeill – both are public health nurses

Jayne Thomas of Canterbury Immunisation claimed the status of first person to receive the vaccine in the South Island. From the following day, vaccinations for border and MIQ workers began at a number of venues in Christchurch.

Next come the household contacts of these workers and current modelling suggests this will include approximately 7500 people. Then the health workforce will be vaccinated, beginning with those on the frontline of patient care and therefore potentially most at risk should we have an outbreak.

Each staff member needs to have two vaccinations to ensure the best protection.

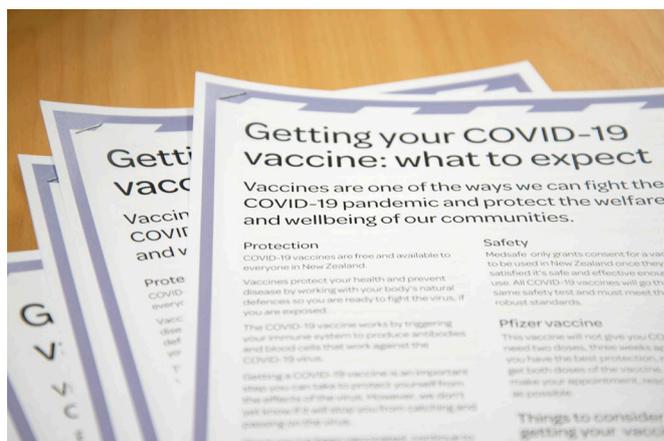
The local rollout of the vaccine has been coordinated by a committed team working quickly to make sure this precious resource could be delivered to the correct people.

Some members of the DHB Executive Management Team attended this first vaccination session and were effusive in their praise of the rollout team's work:

"Thanks for the tremendous efforts in the lead up to today (last Tuesday)." – Acting Executive Director Planning & Funding and Decision Support Ralph La Salle.

"I, too, just want to say a huge thanks to all of you. This is such an important first step and we are so impressed with how you swung into action." – Acting Executive Director of Nursing Becky Hickmott.

Consultant Physician in Infectious Diseases and General Medicine Alan Pithie, who has been pivotal in his leadership of our COVID-19 response to date added his thanks: "Congratulations everybody – huge effort to get to this point."



## Valve replacement at Waipapa, Christchurch Hospital

Further to the various updates on valves which have been sent out over recent months, you may be aware of some media coverage last week about the fact that 680 valves in Waipapa are being replaced as a precaution. The team carrying out this work will look to minimise disruption and, where possible, work will occur after hours and on weekends. We are working with urgency alongside the Ministry of Health to rectify the identified issues and progress the replacement of the valves and will share further information as it becomes available. If you have any concerns or questions, please email [waipapa@cdhb.health.nz](mailto:waipapa@cdhb.health.nz).



## Bouquets

### Ward B1, Christchurch Hospital

Thank you from our whole whānau for how you and your team looked after Mum. She felt cared for, and the way she was farewelled today when going home, brought tears to my eyes and warmed my heart.

### Wards A7, B3 and Endoscopy, Christchurch Hospital

The staff are amazing and professional. The Dermatology staff who look after me are great. Dr Julia Hzu was amazing and Dr Caroline Mahon is great. Thank you. As for the two ladies who take blood samples I like the way they treat me. Thanks.

### Occupational Therapist Britta Carroll, Home Visit Service, Occupational Therapy, Christchurch Hospital

Britta, thank you for visiting us last November and arranging hospital equipment to be delivered to our home which enabled us to have [patient's name] with us for his final days. The support we received from so many kind people was much appreciated.

### Registered Nurse Anna Parfitt, Emergency Department (ED), Christchurch Hospital

Anna is very kind and caring about her patients and very understanding of them. She sat with me for 15 minutes and just told me it was going to be okay (I was there for mental health reasons). I just had to let you know how amazing she is. On multiple occasions Anna has stood out to me... I hope she keeps doing what she's doing and please thank her on my behalf for helping me.

### Ward 25, Christchurch Hospital

We would like to highly commend Registered Nurse Tim and his team at Ward 25 for their attention and understanding and highly professional attendance. It is greatly appreciated.

### Christchurch Women's Hospital

The doctors and nurses are warm, kind and patient. They are good.

### Lani, Ward 3B, Christchurch Hospital

I spent the night in ED on Monday night and was transferred through to Ward 3B. Whilst in this ward Nurse Lani was caring for me. I just want her to know that she made my stay so comfortable, she was genuine, empathic and so very caring. She will go so far in her field with her excellent attitude and grace. Keep being amazing Lani!

### Eye Department and Ward 11, Christchurch Hospital

My optometrist discovered that I had a detached retina and immediately contacted Dr Adam Gartner of the Eye Department at Christchurch Hospital. He was able to see me straight away and referred me to Dr Elizabeth Conner who gave me immediate laser treatment. She willingly stayed behind even though she was literally heading home when Adam called her back. The following day I had an appointment with Dr Genevieve Oliver who within 90 minutes was operating on my detached retina. I received extraordinary care from the team including Anaesthetist Dr Wayne Morriss and great overnight care from the nurses on Ward 11. Sincerely grateful for world-class immediate attention from the Eye Department.

## Big Shout Out

### To: Staff of Seagar Clinic, Specialist Mental Health Services

A big shout out to the staff in Seagar for an amazing disco for the consumers on the evening of 22 December. Staff came in in their own time, there were mocktails, a bubble machine, lights and plenty of consumer selected music. The consumers were having a great time and nearly everyone joined in. Thanks for making a difference in their lives!

From: Consumer Advisor Linda Smith

#carestartshere

### ED, Orderly, WellFood and Ward 25, Christchurch Hospital

I was very happy with the level of care I received during my time of need. From the staff in ED, to the orderly who transferred me to the ward, I couldn't have asked for better, right down to the sandwich and cup of coffee. Well done team. The team on Ward 25 took great care of me. I was fed and watered well. The food was of a high standard and I enjoyed every meal. The level of empathy shown by the nursing team was awesome. The level of professionalism was high calibre and great to see. So, a big thank you to the teams at Canterbury DHB.

### ED, Ward 18 and WellFood, Christchurch Hospital

I am writing to express my gratitude and compliments on a thoroughly professional and caring stay in Christchurch Hospital. I had an acute referral to your ED. There, I was admitted for treatment for an infection and transferred to Ward 18. This was my first stay in any hospital and I was impressed by the standard of professional care throughout. All the staff in Ward 18 who I had dealings with were of the same mould, caring, helpful, friendly and professional. Nothing was a bother and they are a credit to their profession/employer. I found the meals to be substantial, varied and of a high standard. Despite earthquakes, a terrorist attack and Covid-19, we certainly do live in the 'land of milk and honey'. This is reinforced by our excellent health system.

## Big Shout Out

**To: Registered Nurse Anna Chen, Emergency Department**

Anna is lovely – really appreciate her communication and attitude etc. A real asset to the team. Please send her our way anytime.

**From: Charge Nurse Manager Cindy Gibb and the team on Ward A8**

#carestartshere

### Kerry, Ward B4, Christchurch Hospital

I was visiting a family member in Ward B4. I just want to pass on my compliments and thanks to Nurse Kerry who was kind to my daughter and helped her fix her 'broken' doll. Kerry is great, thanks so much.



“I’m helping protect our community against measles.”

GRACE GATENBY

RMO  
AND A GUARDIAN  
OF THE FUTURE

Aged 15–30? Get your MMR shot now!

# Pressure Injury Prevention Advisory Group

Pressure injuries, also known as ulcers/bed sores, develop when the skin breaks down due to sustained pressure friction or shear. A recent report by KPMG says that 55,000 people a year will suffer from pressure injuries.

Pressure injuries are largely avoidable. They come with a significant physical, social and psychological burden for the person and their whānau, with an added fiscal burden to the health system. Pressure Injury Prevention Advisory Group (PIPAG) is one of the groups that provides guidance and advice around the prevention of pressure injuries.

“Our promotion messages are related to patients or consumers taking care of their skin, keeping themselves moving, healthy eating, managing incontinence and getting advice from their health provider if they need assistance or are deteriorating in health,” Chair of PIPAG and Nurse Coordinator Robyn Cumings says.

PIPAG has up to 30 regular members attending its monthly meetings, consisting of community providers, wound care specialists, occupational therapists, physiotherapists, dietitians and consultants, each of whom are at the forefront of pressure injury prevention in their work across Canterbury and the West Coast.

“By using our membership connections, we aim to guide and assist hospitals, aged residential care and community providers to place pressure injury prevention at the forefront of their care from infants to the elderly.

“For years we have provided education to staff, promoted pressure injury prevention across the region, and used Worldwide STOP Pressure Injury Day in November to promote the part all healthcare workers play in pressure injury prevention. We are now supporting the ongoing



Some of the Pressure Injury Prevention Advisory Group members and Pressure Injury Link nurses; On Zoom: Charge Nurse Manager Middlepark Caren Bonghanoy; Registered Nurse Acute Admissions Unit Laura Ciora and Nurse Educator Edwina MacKenzie, Ashburton Hospital; and Clinical Nurse Specialist/Wound Specialist, Ashburton Community Services, Jess Goodman; Back rows, left to right: Registered Nurses, Intensive Care Unit, Angela Watts and Ali Maber; Nurse Coordinator, Corporate Quality and Patient Safety Margaret Conaglen; Nurse Educator Gynaecology Rebecca Bell; Wound Clinical Nurse Specialist Nurse Maude Cathy Hammond; Clinical Nurse Specialist, aged residential care, Sue Holland; Assessor Community Older Persons Health (OPH) Natalie Mcguffie; Occupational Therapist, Community OPH Rachael Watts; Educator, Theatre, Christchurch Hospital Traci Mendiola; and Registered Nurse Health Care New Zealand Leah Rankin; Front row seated left to right: Clinical Nurse Consultant Pam Mitchell; Nurse Educator, Ward 20, Maria Te Hove; Chair, Nurse Coordinator, Department of Nursing Robyn Cumings, all Christchurch Hospital; and Clinical Nurse Specialist Health Care New Zealand Sinead Blee

quality improvement work of the Pressure Injury Link Nurse (PIPLN) champions across the sectors and assisting in imbedding pressure injury prevention best practices in the care we all provide to our patients/consumers.”

At the meetings, the group discuss trends and issues in practice and establish any requirements for local, regional or sector guidance according to current evidence-based practices.

The group works from an action plan which is updated each year. The PILPNs are invited to join PIPAG’s meetings or attend an online forum session after the meetings to communicate their initiatives and work through any implementation or work sustainability issues they have.

“I enjoy chairing this group simply because we have a very passionate group of healthcare professionals who want to make a difference in the work they do. They are all committed to improving the lives of the patients they work with.

“The work we do is a great example of how effective we can be when working together as one health system for the betterment of our people and their whānau,” Robyn says.

If you have any questions on the committee, email [robyn.cumings@cdhb.health.nz](mailto:robyn.cumings@cdhb.health.nz).

# Supply teams making a difference

New Supply Department initiatives are giving staff more time to care for patients, reducing the amount of surplus stock held in our hospitals and potentially saving money.

Holding stock is necessary, however there is a big movement to reduce the volume of stock held within the current storage areas for Waipapa. Since the move, both supply and nursing teams are working together to realign their storage areas and the products they are holding.

All Waipapa wards are currently being scanned (bar code scanning of their consumable items) with the potential to also include administration areas. Supply has an onsite replenishment team that covers the Christchurch Campus, who maintain these areas with a larger Supply team that ensures the goods are packed and delivered on the same day. They also have a presence at Burwood Hospital, Ashburton Hospital, and the West Coast DHB, with deliveries occurring the next day, and twice weekly ordering and deliveries to the Christchurch Outpatient Building.

As part of the replenishment team service, stock is rotated and stored correctly in all areas, reducing the frequency that areas are having to dispose of expired or damaged stock and freeing up clinical time for hospital aides that monitor stock. This process also ensures the goods held in each department are always fit-for-purpose at the time they are required for use.

Supply introduced the full replenishment service in January last year to support the upcoming Waipapa migration into the new facility and storage areas. This is a six-day-a-week operation from 6am to 6pm.

Supply Coordinator Supervisor Chanel Matthews, and Nursing Project Officer Heather Murray regularly work with each area to determine the required products and volumes to ensure the smooth delivery of our health services.

Chanel and Heather have been a part of this effort to review, and streamline stock across multiple campuses including the new Te Nikau (West Coast DHB) and Waipapa buildings.

Every day we are networking with multiple areas to provide our service, Chanel says.



From left, Supply Replenishers, Ryan Jones and Amos Lochhead and Supply Coordinator Heidi Buckwell, part of a team of 15

“We have a great relationship where we can be honest, improve, discuss and only get better working with each other. What we feel may work may not work for the ward so it’s a collaborative approach.”

We both have supportive management teams, Heather says.

“All improvements and works are in collaboration with Supply and Nursing supported by our Oracle Finance team.”

Charge Nurse Manager Ward B3 Jess Carey says the initiatives are very helpful.

“I love how reliable it is. I know that on a Monday, Wednesday and Friday bar code scanning is done to determine what’s needed and the stock arrives by 2pm the same day.

Previously hospital aides would order the ward’s clinical supplies.

“The system frees up our hospital aides for clinical work with patients,” says Jess.

The ward has an assigned clinical supplies coordinator from Supply who can be contacted if anything extra is needed. The stockroom is tidy and stock is rotated. Minimum and maximum numbers are set to ensure there is enough stock for 48-72 hours, she says.

# ISG staff unite to donate blood

Congratulations to Arul Reddy whose decade of donating blood has inspired a group of colleagues to do the same and in doing so saved an estimated 236 people's lives last month.

Arul, who is Team Leader – Core Systems Team in ISG, began donating blood in 2011.

"As an appreciation for reaching this milestone, I received a certificate from NZ Blood Service (NZBS) which I put on my desk. My ISG team members saw it, appreciated the effort, got inspired and expressed an interest in donating blood too," he says.

"However, the only limitation was time. My team members were interested but didn't have enough time to donate blood before or after work.

During my last donation in November 2020, I got in touch with Jules Askin, NZBS Donor Relations Coordinator, who gave me a handout about [Team Red](#), a programme which helps workmates get together and donate blood as a team."

The 'Team Red' programme includes a donor shuttle service to take donors from their office to NZ Blood in Riccarton or an on-site collection service, where NZBS staff come to the workplace to collect blood.

"I shared this with the ISG team, they supported the idea and management backed me for this noble cause. I scheduled an appointment with Jules to come and talk about 'Team Red,'" Arul says.



Some of the members of the 'Canterbury DHB ISG Team Red'

From left: Team Leader - Capability Integration & Development Alexandra Cauble-Chantrenne, Project Manager Danella Gabsa, Team Leader - Core Systems Team Arul Reddy, Senior Business Systems Analyst Graeme McQueen, Database Administrator Sumit Kumar, Systems Administrator Damien Franklin, Application Specialist Christian Hinton, Automation Tester Galina Romantsova, Systems Engineer Murali Krishnasamy, Team Leader - Capability Diagnostics Rachele Allan and System Engineer Ronil Prasad  
Blood donors absent from photo:

Systems Engineer Glen McNiven, Security & Systems Engineer Manik Pathak, IS - Service Desk Technician Sakhna Lap, Senior Business Systems Analyst Tuck Chin Lee, Registered Nurse/Clinical Apps Analyst Helen Munro, Clinical Apps Analyst Chris Luoni, Business Systems Analyst Peter Campbell, Senior Business Systems Analyst Travis Pittman, Transalpine Security & Risk Manager Michael De Ruitter and Automation Tester Sambasivarao Guntupalli

The workshop included a finger prick test to determine blood type for team members who were not aware of their blood group.

"In the end we had 17 team members enrol for their first donation and another four team members who were previous donors who joined the 'CDHB-ISG Team Red'."

The team chose the shuttle service as there wasn't enough space in ISG and it didn't meet all criteria for onsite collection.

"A big thank you to my ISG team members who actively participated in blood/plasma donation. Also, thanks to the team leaders and managers for allowing us to contribute. Thank you all for your generosity and support," Arul says.

Acting Chief Digital Officer Savita Devi says it's an example of wonderful team work.

"I am so proud of my team."

Senior Business Systems Analyst Graeme McQueen says it is fantastic that Arul championed such a valuable scheme and he hopes that other Canterbury DHB teams will make use of the NZBS scheme to donate as well.

# Many years' service and experience acknowledged in recent retirees

The Older Person's Health and Rehabilitation (OPH&R) Community teams recently farewelled four long-serving staff members who are retiring.

Clinical Assessors Jude Baker and Phillipa Baines had a joint farewell from the North East Community Team. A farewell was held by the Older Persons Mental Health team for Medical Secretaries Monica Cooper and Shirley Scott, who were acknowledged kaumatua for their teams. Shirley was also part-time with the South West team, so was well known across the community services.

This month OPH&R also farewell very experienced Social Worker Suzanne Edmond, a mentor to many over the years.

All five women are greatly respected and have given many years of service, we wish them well for the next stage in their lives, says Service Manager Janice Lavelle.

"While some tears were shed for our departing colleagues they go with our aroha and a sincere thank you for their many years of service."



Medical Secretary Shirley Scott



Medical Secretary Monica Cooper



Social Worker Suzanne Edmond



From left: Clinical Assessors Phillipa Baines and Jude Baker

# New generator for Rangiora Health Hub

Rangiora Health Hub is now well protected from power outages by a new generator.

The a 110 KVA diesel-powered unit was installed by Maintenance and Engineering on its concrete pad late last month.

The generator has a run time of 24 hours on a full tank of diesel under full load, says Site Maintenance Manager (Buildings) Arran Graham.

"It has a seamless switching function so when power is restored no-one in the building would be aware, as there is no drop as it returns to mains."

The generator has been installed to deal with power outages which sometimes occur in the area.

Charge Midwife Manager Suzanne Salton says a power outage caused by a road crash last November highlighted the need.

"The power was out for five and a half hours, which is a problem because everything runs on electricity."

The previous generator in the old Rangiora Hospital buildings, was small, petrol powered and not compatible for use in the new Rangiora Health Hub.



The new diesel-powered generator at Rangiora Health Hub

While Suzanne is moving on to a new role as a core midwife on the Birthing Suite at Christchurch Women's Hospital, she is pleased she leaves Rangiora with a new generator in place.

"It is reassuring to know if we do have a power cut it will switch on."

# One minute with... Joseph Phillip, Hospital Aide

## What does your job involve?

I assist nurses with patient care, including helping to look after confused/agitated patients.

## Why did you choose to work in this field?

I like working in a hospital, looking after patients gives me job satisfaction.

## What do you like about it?

The opportunity to work with different people. As I am working in the nursing pool, every day is different for me.

## What are the challenging bits?

Sometimes it's a bit hard to look after agitated patients, also dealing with families who are stressed, emotional and worried about their loved one's condition.

## Who inspires you?

My parents, they have made me understand what life is about and how to find that little ray of happiness in difficult situations. Also, some of my colleagues, their hard work and kindness to patients inspires me a lot.

## What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

I always make sure that the patients are satisfied with my care and I also ensure that I give priority to patients and their family's needs.

## Something you won't find on my LinkedIn profile is...

I don't have LinkedIn.

## If you could be anywhere in the world right now it would be...

My home, in India, I miss my parents and loved ones.



## What do you do on a typical Sunday?

I go to church every Sunday and spend the remaining time with my family.

## What's your favourite food?

Chicken Biryani.

## And your favourite music?

I mainly like melodious Indian music, I also like to listen to devotional Christian songs.

## Something For You



Something *For You* is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.

Te Whare Waiutuutu Kate Sheppard House is Christchurch's newest experience and is now proudly cared for by Heritage New Zealand Pouhere Taonga. The llam home tells the story of Kate Sheppard's family life and history, the women's suffrage movement in New Zealand, and celebrates the achievements of our wāhine from the late 1800s till today.

Canterbury DHB employees can get 10 percent off their entry, just enter the promo code displayed on the Something For You homepage. Booking in advance via their [website](#) is recommended.

This offer is available until the end of March 2021. Open from 10am – 4pm on Saturdays and Sundays at 83 Clyde Road, llam (please note there is no parking onsite).

Visit [www.katesheppard.co.nz](http://www.katesheppard.co.nz) for more info.

We also have plenty of other [great deals from local businesses](#), check them out!

## Whetu-Stars



Whetū-Stars launched on Friday 20 February.

Whetū-Stars is a platform to recognise the excellent work of others within the maternity team and with other staff/services the maternity interfaces with.

In capturing examples of excellence by staff and teams, the goal is to maintain a high team morale through sharing and appreciating excellent practice. Also, through collecting data about these examples, the aim is to learn and help improve processes in the workplace.

Nominations are welcome from all staff/LMCs working in and linked to maternity and can be made online through the [Maternity intranet page](#) by clicking on the logo on the front page or externally through the [CDHB Maternity Education](#) page.

## Latest Community Health Information Centre newsletter out now

The Community Health Information Centre (CHIC) provides free health resources to any person or organisation in Canterbury, South Canterbury, West Coast and Chatham Islands.

The resources are developed by Community and Public Health staff, and other health agencies.

The [February 2021 edition of CHIC's newsletter](#) is out now and highlights new and revised free resources available from your local CHIC office, as well as recently deleted resources.

For more information about CHIC and to order resources online visit the [Community and Public Health website](#).

You are invited to a joint Waka Toa Ora and Child Poverty Action Group seminar:



**Waka Toa Ora**  
Healthy Greater Christchurch

CHiLD  
POVERTY  
ACTION  
GROUP  
(ŌTAUTAHI)

## **Equity in early childhood education:** *How can we improve children's wellbeing?*

*Exploration of a local case study with Dr Mike Bedford, Senior Tutor in Health Sciences, Massey University*

A CDHB case study of a Christchurch early childhood education setting was released in February this year. The study seeks to illustrate the urgency and complexity of issues faced by children and families in early childhood education and highlights the stories of three children. [Read the full study here.](#)

Jenni Marceau, Early Childhood Health Promoter at Community and Public Health will briefly introduce the study considering in particular:

- How are our children doing in Christchurch?
- What are we hearing from teachers?

The wider national issues will then be explored by Mike. Mike has a Master of Public Health (ECE health needs assessment), and is a specialist in wellbeing and design for early education and care. He has nearly thirty years' experience in the sector, including developing the Wellington Regional Public Health Unit's ECE programme. Mike is the executive officer of ECE Reform a systems-based advocacy group for quality ECE and care.

**Date:** Tuesday 9 March 2021

**Time:** 12:45 to 2:15 pm

**Location:** Aldersgate Centre, 309 Durham Street (corner Chester Street West)  
*Eight minutes' walk from Ministry of Education. Some parking in Chester Street West or Durham Street or Wilsons car park. Limited parking onsite.*

[Register online here](#) or email [tracy.abbot@cdhb.health.nz](mailto:tracy.abbot@cdhb.health.nz)

*A calendar appointment will be sent following registration.*

***You are welcome to bring your own lunch. Tea and coffee will be available.***