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23 April 2021

9(2)(a)

RE Official information request CDHB 10566

I refer to your email dated 18 March 2021 requesting the following information under the Official Information Act from Canterbury DHB. I note your clarification of this request received 7 April 2021; Specifically:

I am seeking information on the performance and service of DHBs for their provision of mental health services. I would like data for the following:

- 1. For Community Mental Health; Child and adolescent mental health; and (Te Haika) Mental Health Crisis response:**
 - a. Number of distinct new entries/cases per month, by age group (five-year bands if possible*), 2015 – 2020 calendar year**

Please refer to **Appendix 1** (attached) for the number of distinct new entries / cases per month, by age group (five-year bands) 2015-2020 calendar years.

- b. Number of total new entries/cases per month, by age group (five-year bands), 2015 – 2020 calendar year**

Please refer to **Appendix 2** (attached) for number of total new entries/cases per month, by age group (five-year bands), 2015 – 2020 calendar year.

- c. Number of distinct cases open at month end, by age group (five-year bands), 2015 – 2020 calendar year.**

Please refer to **Appendix 3** (attached) for number of distinct cases open at month end, by age group (five-year bands), 2015 – 2020 calendar year.

- d. Number of distinct exits per month, by age group (five-year bands if possible*), 2015 – 2020 calendar year.**

Please refer to **Appendix 4** (attached) for number of distinct exits per month, by age group (five-year bands), 2015 – 2020 calendar year.

- e. **Number of total new exits per month, by age group (five-year bands), 2015 – 2020 calendar year.**

Please refer to **Appendix 5** (attached) for Number of total new exits per month, by age group (five-year bands), 2015 – 2020 calendar year

2. For the DHB:

- a. **Number of hospitalisations for mental health per year, by age group (five-year bands), 2015 – 2020 calendar year.**

Please refer to **Appendix 6** (attached) for number of hospitalisations for mental health per year, by age group (five-year bands), 2015 – 2020 calendar year

- b. **Number of people waitlisted to see a psychologist per year, by age group (five-year bands), 2015 – 2020 calendar year**

The Canterbury DHB does not hold waitlists for psychologists. We are therefore declining a response to this question pursuant to section 18(g) of the Official Information Act.

- c. **Number of people seeing a psychologist, per year, by age group (five-year bands), 2015 – 2020 calendar year.**

Please refer to **Appendix 7** (attached) for Number of people seeing a psychologist, per year, by age group (five-year bands), 2015 – 2020 calendar year.

- d. **Number of psychologists employed by the DHB at year end (split by part time, full time, contracted) by year, 2015 – 2020 calendar year**

Table one: Psychologists employed by the Canterbury DHB by calendar year 2015 – 2020.

Year		Casual	Fixed Term	Permanent	Totals	Headcount
2015	Full Time	0	9	23	32	88
	Part Time	1	10	45	56	
2016	Full Time	0	6	24	30	100
	Part Time	2	13	55	70	
2017	Full Time	0	7	22	29	98
	Part Time	1	10	58	69	
2018	Full Time	0	6	25	31	106
	Part Time	1	9	65	75	
2019	Full Time	0	8	25	33	107
	Part Time	1	7	66	74	
2020	Full Time	0	9	24	33	107
	Part Time	1	5	68	74	

And please refer to **Table two** (overleaf) for the number of Psychologists employed by the Canterbury DHB Specialist Mental Health Service (SMHS) 2015-2020.

Table two: Psychologists employed by the Canterbury DHB Specialist Mental Health Service (SMHS)

Year		Casual	Fixed Term	Permanent	Totals	Headcount
2015	Full Time	0	8	17	25	69
	Part Time	1	7	36	44	
2016	Full Time	0	5	19	24	76
	Part Time	1	9	42	52	
2017	Full Time	0	5	16	21	70
	Part Time	1	6	42	49	
2018	Full Time	0	4	20	24	78
	Part Time	1	7	46	54	
2019	Full Time	0	7	20	27	79
	Part Time	1	5	46	52	
2020	Full Time	0	9	20	29	77
	Part Time	1	2	45	48	

I trust this satisfies your interest in this matter.

You may, under section 28(3) of the Official Information Act, seek a review of our decision to withhold information by the Ombudsman. Information about how to make a complaint is available at www.ombudsman.parliament.nz; or Freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website after your receipt of this response.

Yours sincerely



Ralph La Salle
Acting Executive Director
Planning, Funding & Decision Support

Appendix 1

Number of distinct new entries/cases per month, by age group (five-year bands), 2015 – 2020 calendar year

	2015											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	-	-	-	1	1	-	-	-	-	-	-
5-9	13	22	18	11	19	15	18	14	9	11	14	6
10-14	63	53	74	58	71	65	63	71	64	72	63	74
15-19	155	173	223	153	193	173	201	205	213	186	217	196
20-24	115	135	175	169	140	146	171	198	191	161	181	185
25-29	93	104	130	103	104	116	132	140	137	118	123	138
30-34	66	79	71	96	94	90	108	84	113	90	109	90
35-39	78	76	90	82	75	83	83	81	76	85	82	83
40-44	73	75	98	73	83	73	67	86	91	78	65	83
45-49	54	77	82	76	78	71	73	67	72	64	73	67
50-54	50	58	68	62	63	59	75	66	70	54	53	60
55-59	34	42	60	46	46	53	58	43	42	45	41	45
60-64	31	24	40	26	31	30	34	22	28	28	27	28
65+	21	13	24	25	20	17	10	23	19	21	13	21
Total	847	930	1152	979	1017	992	1091	1100	1122	1013	1061	1076

	2016											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	2	2	5
5-9	19	16	15	22	23	22	18	22	13	102	144	79
10-14	45	61	72	68	105	74	61	79	69	179	188	112
15-19	172	229	221	185	240	228	206	223	204	323	258	179
20-24	151	163	171	164	190	180	156	180	161	185	179	166
25-29	120	129	121	112	127	132	121	123	140	126	123	129
30-34	97	106	116	108	116	104	93	128	96	110	111	97
35-39	75	77	89	85	94	93	84	89	82	92	93	82
40-44	70	84	79	85	81	73	71	85	73	86	88	86
45-49	75	83	78	70	57	62	58	72	64	68	86	79
50-54	60	64	69	58	66	56	55	66	59	63	64	68
55-59	52	53	42	46	49	46	44	41	44	51	55	39
60-64	27	32	30	30	37	30	33	31	34	43	37	33
65+	28	25	26	28	32	24	20	29	25	24	29	22
Total	991	1122	1129	1060	1216	1123	1020	1168	1064	1454	1457	1174

	2017											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	2	1	2	3	-	-	-	-	1	1	1
5-9	56	54	79	50	70	53	63	83	56	56	62	41
10-14	88	111	121	87	112	104	103	130	99	89	108	74
15-19	179	196	223	186	240	203	204	255	238	222	207	165
20-24	152	132	159	164	188	171	191	206	185	175	182	177
25-29	137	135	145	108	155	160	163	155	149	142	135	135
30-34	107	100	114	106	125	104	116	155	101	126	123	115
35-39	76	93	91	80	91	83	100	93	79	103	90	89
40-44	70	66	65	62	83	88	77	101	71	86	83	91
45-49	80	54	71	71	71	93	98	102	81	73	79	101
50-54	51	66	75	49	63	66	55	56	65	65	50	69
55-59	43	52	64	46	60	47	45	53	50	61	52	45
60-64	44	35	36	27	34	41	35	39	24	44	36	32
65+	21	25	19	25	25	23	26	24	21	28	24	27
Total	1105	1120	1263	1062	1318	1235	1276	1452	1219	1271	1231	1162

	2018											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	2	2	6	3	1	2	3	6	1	6	2
5-9	37	31	54	38	54	31	48	45	36	32	50	63
10-14	68	78	68	79	106	86	107	133	118	92	105	110
15-19	182	189	186	146	219	203	210	234	202	196	189	160
20-24	194	154	179	152	190	200	206	221	213	205	201	155
25-29	151	150	151	135	149	147	139	165	150	162	149	130
30-34	111	99	104	113	142	123	128	125	100	145	129	111
35-39	98	103	110	85	97	88	91	89	100	97	90	69
40-44	82	101	92	93	99	88	79	88	71	77	76	87
45-49	82	82	91	64	91	87	86	90	89	86	86	72
50-54	74	57	57	59	63	69	75	70	55	56	70	70
55-59	57	56	55	49	49	51	65	59	49	50	66	62
60-64	35	38	40	39	37	40	39	41	33	37	34	29
65+	25	35	27	32	31	27	23	36	22	30	29	28
Total	1195	1175	1214	1090	1329	1241	1296	1399	1244	1266	1279	1148

	2019											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	2	2	3	3	5	4	4	1	-	5	6	6
5-9	58	82	79	78	74	58	57	78	67	65	65	69
10-14	99	111	165	131	135	131	116	167	154	116	149	111
15-19	179	208	215	226	229	209	216	233	208	183	215	167
20-24	163	181	220	185	212	177	191	202	189	176	163	171
25-29	141	130	160	152	159	137	153	175	167	166	155	143
30-34	124	123	149	108	138	108	133	126	132	147	120	140
35-39	81	95	76	85	93	81	104	99	101	87	99	68
40-44	58	87	103	90	80	81	110	102	98	100	98	86
45-49	90	80	88	77	85	65	81	73	81	82	84	91
50-54	56	60	64	60	67	55	59	58	70	72	61	60
55-59	64	56	61	54	48	57	52	62	56	48	57	57
60-64	26	43	37	39	41	40	35	44	52	42	29	34
65+	27	30	29	20	20	20	22	30	24	30	21	35
Total	1167	1288	1448	1308	1386	1222	1332	1449	1399	1319	1322	1237

	2020												
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand Total
0-4	2	9	3	4	2	1	4	3	3	4	2	6	132
5-9	61	60	67	34	29	70	67	80	73	62	63	58	2608
10-14	78	109	118	58	98	170	170	200	214	138	174	132	5092
15-19	159	217	213	111	163	245	233	237	246	249	206	190	8346
20-24	182	204	157	125	154	184	172	179	187	169	179	162	6613
25-29	133	148	139	101	130	143	131	172	136	144	156	128	5273
30-34	133	123	146	92	120	109	115	148	115	111	125	124	4321
35-39	91	67	87	71	80	95	89	93	104	88	77	71	3365
40-44	68	91	92	61	79	61	69	68	77	76	78	76	3140
45-49	73	74	77	51	64	79	83	79	65	75	78	70	2926
50-54	62	57	58	44	52	58	69	68	69	58	64	63	2478
55-59	46	68	40	42	50	64	63	46	64	59	40	53	1992
60-64	48	32	30	43	30	52	37	32	39	35	37	39	1395
65+	29	29	21	28	30	40	27	31	32	22	24	35	1128
Total	1164	1287	1246	865	1080	1371	1327	1435	1424	1288	1302	1207	41952

Appendix 2

Number of total new entries/cases per month, by age group (five-year bands), 2015 – 2020 calendar year

	2015											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	-	-	-	1	1	-	-	-	-	-	-
5-9	13	22	18	12	20	15	19	14	9	11	15	6
10-14	82	65	87	63	83	85	73	81	80	79	81	85
15-19	197	232	291	196	235	224	258	270	282	268	288	259
20-24	141	167	218	211	182	208	232	258	255	228	248	248
25-29	113	124	156	141	144	159	171	175	177	165	154	198
30-34	82	97	84	120	120	104	134	110	149	123	152	109
35-39	97	98	117	109	98	110	106	100	111	113	116	111
40-44	84	92	120	104	106	95	81	101	128	95	87	111
45-49	72	101	118	103	117	115	96	78	95	83	90	91
50-54	66	73	79	74	78	75	113	95	97	75	67	79
55-59	43	50	67	60	68	73	91	56	55	58	57	69
60-64	35	31	50	38	38	34	44	31	39	41	42	40
65+	23	15	29	26	23	20	10	26	22	24	14	26
Total	1049	1167	1434	1257	1313	1318	1428	1395	1499	1363	1411	1432

	2016											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	2	2	5
5-9	20	16	15	26	24	22	18	22	14	102	146	82
10-14	54	77	77	84	127	83	66	87	81	192	205	121
15-19	232	307	285	241	303	296	271	294	247	377	307	229
20-24	201	215	233	215	255	226	196	230	210	254	236	218
25-29	164	168	155	145	153	164	157	161	189	161	155	163
30-34	138	135	139	143	159	126	113	167	131	136	157	127
35-39	105	90	113	116	123	124	104	128	102	127	132	100
40-44	90	93	107	103	109	84	96	103	90	117	131	109
45-49	110	114	97	103	71	86	81	101	76	91	122	102
50-54	82	97	108	75	90	87	76	93	94	83	79	91
55-59	71	66	51	72	63	61	54	46	63	61	68	61
60-64	39	42	42	47	57	44	42	39	45	59	53	48
65+	31	27	31	36	37	30	23	37	27	32	34	24
Total	1337	1447	1453	1406	1571	1433	1297	1508	1369	1795	1827	1480

	2017											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	2	1	2	3	-	-	-	-	1	1	1
5-9	57	54	81	51	70	53	63	83	56	56	63	41
10-14	102	123	132	98	129	115	114	147	112	100	121	84
15-19	230	259	273	247	314	263	278	370	325	292	263	206
20-24	209	172	206	222	254	219	263	279	242	217	252	257
25-29	185	183	185	139	207	210	223	190	193	193	185	186
30-34	145	138	157	156	169	147	152	209	135	159	172	165
35-39	101	124	129	105	112	127	134	121	119	138	126	137
40-44	88	85	80	77	103	127	106	133	102	111	109	128
45-49	116	70	104	107	107	134	138	131	111	108	108	145
50-54	63	81	95	64	94	84	77	74	77	87	61	91
55-59	66	64	83	66	85	73	74	73	68	78	76	63
60-64	58	56	44	37	51	51	51	48	32	65	61	61
65+	25	31	24	34	32	26	32	29	29	34	29	33
Total	1446	1442	1594	1405	1730	1629	1705	1887	1601	1639	1627	1598

	2018											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	2	2	6	3	1	2	3	6	1	7	2
5-9	38	31	54	38	58	33	52	46	37	32	53	66
10-14	76	97	72	88	119	101	120	149	135	101	114	127
15-19	251	233	232	191	287	280	262	289	255	249	242	202
20-24	280	208	219	214	258	245	271	279	287	262	259	207
25-29	214	201	200	186	206	199	179	222	199	204	193	176
30-34	174	134	145	154	201	179	179	168	126	202	165	164
35-39	135	152	167	113	123	121	126	117	125	130	119	94
40-44	105	154	133	123	136	125	110	115	102	95	99	121
45-49	120	121	125	103	139	114	122	126	125	128	125	111
50-54	98	75	87	89	89	87	96	105	81	74	93	116
55-59	74	70	73	69	69	67	99	76	61	62	94	86
60-64	48	54	59	48	59	65	59	56	51	48	58	50
65+	33	43	36	44	36	39	31	43	32	37	35	32
Total	1646	1575	1604	1466	1783	1656	1708	1794	1622	1625	1656	1554

	2019											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	3	2	3	3	5	4	4	1	-	5	6	6
5-9	61	83	82	78	77	58	62	79	69	66	68	71
10-14	115	124	182	141	143	143	129	182	172	129	160	132
15-19	226	266	281	272	285	276	270	309	256	227	290	212
20-24	227	250	289	245	286	246	245	267	270	240	228	229
25-29	180	177	209	203	219	182	214	227	221	247	206	204
30-34	161	157	204	140	186	158	196	194	177	191	160	197
35-39	118	128	102	118	120	109	146	132	141	120	139	119
40-44	82	131	144	121	111	119	138	134	135	132	127	116
45-49	132	121	127	96	118	88	113	103	108	117	111	116
50-54	72	83	100	87	90	71	80	77	101	107	82	81
55-59	91	74	79	66	65	89	79	92	89	72	83	85
60-64	62	63	51	57	53	66	60	70	69	59	49	57
65+	31	36	37	23	24	24	29	42	30	37	34	49
Total	1561	1695	1890	1650	1782	1633	1765	1909	1838	1749	1743	1674

	2020												
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand total
0-4	2	9	3	4	2	1	6	3	3	4	2	6	146
5-9	63	63	69	35	31	73	71	81	77	64	64	60	3552
10-14	90	113	137	71	111	184	190	226	249	159	202	149	8507
15-19	209	261	286	169	198	310	293	306	299	314	259	236	18992
20-24	238	269	219	179	214	250	217	229	246	232	251	223	16855
25-29	197	209	195	141	181	223	194	244	200	198	204	173	13318
30-34	199	166	205	135	155	149	162	200	151	148	168	156	11065
35-39	130	98	110	101	104	113	130	123	140	132	97	90	8505
40-44	100	117	123	99	122	81	98	95	120	103	102	104	7857
45-49	108	97	115	76	100	98	106	108	106	113	96	107	7731
50-54	84	73	88	65	75	83	89	95	86	80	72	81	6066
55-59	69	92	56	69	80	83	92	77	99	81	56	88	5159
60-64	76	42	39	76	52	82	62	60	53	58	56	58	3720
65+	39	38	33	40	37	46	32	46	41	31	30	46	2281
Total	1604	1647	1678	1260	1462	1776	1742	1893	1870	1717	1659	1577	113755

Appendix 3

Number of distinct cases open at month end, by age group (five-year bands), 2015 – 2020 calendar year

Age band	2015	2016	2017	2018	2019	2020	Grand Total
0-4	-	9	7	15	17	16	64
5-9	74	256	303	243	291	287	1454
10-14	205	328	427	407	503	524	2394
15-19	517	521	563	585	628	629	3443
20-24	413	379	391	432	415	399	2429
25-29	428	406	414	436	405	423	2512
30-34	404	391	422	415	447	427	2506
35-39	407	408	412	403	369	374	2373
40-44	515	496	471	437	424	377	2720
45-49	504	467	467	462	435	416	2751
50-54	427	406	406	405	388	379	2411
55-59	325	316	318	326	337	333	1955
60-64	220	234	242	251	252	263	1462
65+	138	138	128	139	155	166	864
Total	4577	4755	4971	4956	5066	5013	29338

Appendix 4

Number of distinct exits per month, by age group (five-year bands),
2015 – 2020 calendar year

	2015											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	-	-	-	-	1	1	-	-	1	-	-
10-14	68	52	75	71	76	68	58	71	76	65	73	92
15-19	167	171	234	187	191	194	219	208	228	210	241	246
20-24	126	129	178	172	171	159	149	195	206	173	198	212
25-29	96	100	129	120	114	112	133	139	150	121	132	164
30-34	78	86	87	86	103	86	105	99	121	96	104	120
35-39	61	83	115	88	81	93	79	104	101	83	74	92
40-44	83	63	110	90	74	89	65	83	98	79	79	87
45-49	54	63	98	83	88	89	69	69	73	58	80	71
50-54	50	56	78	59	72	71	70	68	72	58	59	69
55-59	42	46	64	43	57	63	60	59	42	44	54	52
5-9	19	15	19	18	14	14	10	10	17	20	16	17
60-64	31	28	44	27	30	38	27	31	31	37	33	31
65+	25	13	23	21	23	17	11	26	18	20	14	21
Total	900	902	1250	1062	1094	1092	1055	1161	1229	1064	1154	1273

	2016											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	-	-	-
10-14	52	65	66	87	69	76	77	72	77	165	130	113
15-19	170	244	203	209	240	229	228	242	221	358	241	196
20-24	174	158	163	179	200	201	178	175	187	189	184	192
25-29	126	134	140	123	141	133	133	130	171	133	136	161
30-34	100	113	119	116	114	120	119	121	101	118	130	115
35-39	87	85	94	82	90	108	89	101	91	93	95	92
40-44	74	80	82	94	84	107	82	81	75	91	93	94
45-49	86	91	85	70	75	74	79	74	63	82	88	93
50-54	61	72	63	64	72	76	63	72	78	65	82	69
55-59	48	55	43	51	55	55	48	43	47	53	59	60
5-9	16	11	11	23	11	30	12	14	10	35	71	65
60-64	29	34	33	25	42	35	29	31	42	42	36	36
65+	27	23	23	26	30	23	21	27	26	26	27	24
Total	1047	1163	1121	1146	1221	1267	1154	1180	1186	1447	1371	1301

	2017											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	1	1	2	2	-	-	2	1	3	-
10-14	57	86	108	101	112	103	105	117	108	82	109	88
15-19	164	229	239	198	215	200	235	282	245	214	229	206
20-24	167	139	197	155	199	186	202	216	188	208	185	204
25-29	152	148	160	117	160	162	159	157	156	156	141	153
30-34	105	98	116	109	126	119	123	163	126	127	123	129
35-39	80	104	98	87	85	98	109	110	84	104	89	107
40-44	73	77	69	71	89	102	92	104	77	86	87	101
45-49	74	66	74	82	71	93	108	109	87	85	91	112
50-54	55	61	88	51	81	65	71	59	63	67	55	74
55-59	44	51	75	41	63	48	61	50	57	67	54	49
5-9	24	30	57	53	48	50	70	75	67	47	80	49
60-64	45	35	44	36	34	35	46	42	33	34	38	33
65+	18	25	23	25	26	23	28	29	19	27	33	26
Total	1057	1145	1347	1125	1310	1284	1407	1511	1311	1303	1315	1329

	2018											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	1	1	1	1	-	2	-	2	5	4	3
10-14	90	88	62	84	113	91	99	111	115	87	108	126
15-19	182	195	195	178	239	202	226	225	219	212	221	206
20-24	196	182	185	152	202	196	220	225	213	202	214	182
25-29	145	167	163	132	156	164	155	187	158	160	152	155
30-34	124	107	120	116	147	127	153	128	114	139	128	133
35-39	107	109	118	78	107	93	102	89	113	99	88	90
40-44	90	105	98	96	104	97	89	96	81	83	83	97
45-49	86	84	102	89	86	94	95	88	85	93	101	81
50-54	67	66	75	59	63	60	77	72	67	66	71	78
55-59	53	53	58	61	50	60	69	61	45	66	60	72
5-9	43	37	47	36	55	68	67	41	56	39	60	51
60-64	41	39	38	42	42	37	39	36	26	47	47	36
65+	26	35	29	34	33	23	23	37	23	31	28	30
Total	1247	1268	1289	1156	1395	1309	1412	1393	1313	1326	1362	1339

	2019											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	2	4	2	10	3	4	3	1	5	2	2
10-14	92	109	140	112	145	137	130	134	152	124	133	147
15-19	188	187	249	217	233	237	190	250	216	203	228	224
20-24	183	195	221	188	201	206	211	214	198	200	178	177
25-29	164	134	176	149	181	148	156	161	195	181	149	169
30-34	131	125	157	115	151	122	137	141	130	149	111	134
35-39	88	87	88	85	124	86	103	108	96	101	102	88
40-44	72	90	108	100	93	78	114	117	102	105	89	97
45-49	92	81	91	92	96	67	91	80	82	88	85	101
50-54	63	70	75	64	66	57	67	61	75	73	60	75
55-59	62	55	64	57	54	56	62	71	57	57	59	52
5-9	49	65	68	73	72	52	53	85	62	62	57	63
60-64	35	40	39	38	38	40	41	43	53	44	31	37
65+	28	32	32	20	21	22	19	29	28	32	22	32
Total	1245	1270	1511	1311	1482	1310	1377	1496	1446	1421	1305	1395

	2020												
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand total
0-4	2	10	1	4	1	3	5	2	5	4	3	3	109
10-14	83	110	126	82	97	148	153	181	231	141	181	163	4993
15-19	166	227	241	148	150	231	251	227	265	246	234	255	8355
20-24	189	192	167	133	159	191	198	185	187	188	207	192	6709
25-29	149	144	160	107	124	150	157	156	151	152	161	141	5376
30-34	142	130	151	101	117	130	124	144	124	105	134	141	4442
35-39	104	76	89	70	80	91	101	107	100	102	77	83	3533
40-44	82	88	96	68	78	83	69	75	86	78	80	89	3282
45-49	82	75	77	47	72	80	86	73	68	77	82	83	3057
50-54	58	54	67	48	57	63	72	78	76	64	61	79	2588
55-59	54	59	42	47	47	72	61	52	63	54	43	60	2086
5-9	57	53	75	41	39	55	65	79	83	53	68	73	2466
60-64	43	33	34	38	41	46	45	38	41	38	44	42	1452
65+	30	27	26	26	32	37	24	33	35	23	20	33	1134
Total	1238	1275	1347	959	1092	1378	1407	1427	1512	1319	1395	1434	42073

Appendix 5

Number of total new exits per month, by age group (five-year bands),
2015 – 2020 calendar year

	2015											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	-	-	-	-	1	1	-	-	1	-	-
5-9	19	15	20	19	15	14	11	10	17	20	16	17
10-14	83	61	84	76	80	81	66	74	87	72	85	103
15-19	192	216	279	219	220	223	248	256	282	266	300	301
20-24	142	145	213	204	202	217	195	242	257	228	247	260
25-29	111	113	150	149	150	152	156	159	183	156	166	209
30-34	88	98	99	101	126	100	121	119	151	122	137	131
35-39	71	95	132	109	97	121	98	119	137	106	101	115
40-44	93	75	126	114	89	104	73	92	128	94	97	107
45-49	69	80	129	104	119	126	85	76	89	75	93	85
50-54	64	65	84	66	87	83	101	93	101	74	69	82
55-59	46	51	70	50	74	82	90	67	48	52	66	75
60-64	35	32	50	37	36	41	34	39	39	50	48	43
65+	28	15	28	22	26	20	11	30	21	23	15	24
Total	1042	1061	1464	1270	1321	1365	1290	1376	1540	1339	1440	1552

	2016											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	-	-	-
5-9	17	11	11	27	12	30	12	14	10	35	74	67
10-14	59	78	71	99	86	81	81	79	85	177	141	120
15-19	221	307	260	249	289	283	276	287	257	402	286	239
20-24	219	198	213	216	252	239	208	208	228	243	227	235
25-29	158	164	162	145	164	153	153	150	208	154	158	187
30-34	129	131	137	142	143	135	137	150	129	135	166	148
35-39	111	90	114	109	112	134	106	131	108	119	126	103
40-44	89	88	96	105	103	118	101	97	82	112	126	114
45-49	120	113	98	98	86	97	98	93	69	102	120	115
50-54	75	102	93	82	86	101	79	88	101	77	95	85
55-59	63	65	51	77	64	68	53	47	60	58	69	77
60-64	41	40	40	38	64	47	37	37	56	54	52	49
65+	30	25	28	33	35	28	23	35	29	33	32	25
Total	1332	1412	1374	1420	1496	1514	1364	1416	1422	1701	1673	1564

	2017											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	1	1	2	2	-	-	2	1	4	-
5-9	24	32	57	53	49	51	70	75	67	47	80	49
10-14	67	98	117	110	126	114	115	129	115	91	118	96
15-19	201	274	270	250	270	244	301	378	310	270	272	241
20-24	215	166	240	200	249	224	255	272	228	242	239	267
25-29	186	189	192	134	204	198	198	193	190	193	188	199
30-34	135	129	152	150	167	153	153	204	159	153	156	175
35-39	98	126	128	109	99	140	134	133	118	136	120	146
40-44	88	91	78	77	106	131	117	125	101	104	106	129
45-49	107	77	98	110	97	129	145	136	110	108	113	139
50-54	64	73	103	63	102	77	92	74	70	86	65	92
55-59	60	58	93	59	86	71	86	68	70	81	73	63
60-64	55	52	51	44	49	43	59	50	41	52	61	58
65+	21	31	28	34	33	25	33	34	27	32	39	31
Total	1321	1396	1608	1394	1639	1602	1758	1871	1608	1596	1634	1685

	2018											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	1	1	1	1	-	2	-	2	5	5	3
5-9	44	37	48	36	58	69	68	42	56	39	63	52
10-14	96	103	66	87	119	105	110	124	126	92	114	139
15-19	234	223	231	208	291	255	273	267	262	250	261	240
20-24	269	222	210	203	253	228	274	282	273	249	268	225
25-29	198	202	208	169	197	202	185	239	191	190	185	199
30-34	174	138	151	154	194	167	199	168	135	181	163	181
35-39	141	150	167	98	126	120	134	109	136	127	111	109
40-44	108	149	134	119	132	127	115	119	105	101	104	123
45-49	117	122	129	124	127	116	128	119	115	128	134	119
50-54	87	80	106	82	84	70	94	105	83	86	89	119
55-59	69	63	75	76	66	75	98	76	53	76	80	94
60-64	53	52	55	48	63	58	59	50	41	55	69	56
65+	34	43	37	46	38	33	31	43	32	40	34	33
Total	1624	1585	1618	1451	1749	1625	1770	1743	1610	1619	1680	1692

	2019											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	1	2	4	2	10	3	4	3	1	5	2	2
5-9	52	66	69	74	75	54	56	86	64	63	59	67
10-14	105	115	153	119	152	145	137	142	162	131	139	164
15-19	224	228	291	248	275	290	228	307	256	237	290	259
20-24	228	245	280	249	260	266	252	274	259	247	234	226
25-29	202	166	219	181	233	183	211	204	235	257	190	217
30-34	161	153	204	141	195	166	185	208	167	185	139	193
35-39	123	110	113	109	151	111	142	131	128	128	126	134
40-44	91	127	145	128	124	110	136	142	134	134	118	126
45-49	131	114	130	111	128	82	120	106	103	120	102	127
50-54	77	85	105	86	84	72	81	77	105	104	78	93
55-59	89	70	79	67	69	80	85	94	86	79	81	70
60-64	67	54	52	54	48	64	68	67	66	60	48	61
65+	31	37	39	23	25	26	24	39	33	39	34	45
Total	1582	1572	1883	1592	1829	1652	1729	1880	1799	1789	1640	1784

	2020												
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand total
0-4	2	10	1	4	1	3	7	2	5	4	3	3	122
5-9	59	53	76	41	39	56	68	80	86	54	69	74	3319
10-14	91	115	141	93	107	156	166	199	255	152	198	177	8200
15-19	204	256	295	193	184	284	298	271	306	295	270	298	18921
20-24	229	243	221	176	213	249	231	223	239	237	267	250	16789
25-29	199	194	215	143	167	221	209	207	209	200	202	181	13284
30-34	196	170	202	139	148	161	164	181	152	135	174	174	11059
35-39	138	103	109	92	103	105	133	132	135	140	97	101	8573
40-44	104	111	118	103	117	108	96	94	114	101	100	114	7907
45-49	112	95	111	69	98	98	106	100	103	106	102	115	7775
50-54	74	65	98	67	78	80	90	96	90	85	68	94	6111
55-59	79	82	57	71	70	85	91	76	95	76	56	91	5170
60-64	70	44	42	67	65	70	70	65	51	58	64	57	3745
65+	41	36	38	37	39	43	29	46	45	32	26	44	2282
Total	1598	1577	1724	1295	1429	1719	1758	1772	1885	1675	1696	1773	113258

Appendix 6

Number of hospitalisations for mental health per year, by age group
(five-year bands), 2015 – 2020 calendar year

	2015											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	-	-	-
5-9	-	1	1	1	1	-	1	-	-	-	-	1
10-14	7	4	5	1	4	5	2	4	4	4	6	5
15-19	27	23	22	32	30	26	30	27	27	32	23	22
20-24	21	16	17	25	13	17	29	26	27	30	18	24
25-29	21	25	29	17	20	21	33	27	22	29	18	26
30-34	17	14	9	16	14	14	20	19	19	18	22	16
35-39	25	19	18	11	12	15	13	18	18	22	17	9
40-44	16	12	9	18	19	13	11	15	20	19	20	19
45-49	8	13	17	8	30	26	19	22	17	19	13	18
50-54	13	11	15	13	21	17	10	10	17	6	12	10
55-59	8	11	15	12	8	11	15	8	8	10	10	9
60-64	4	3	6	9	4	3	7	9	7	4	6	3
65+	2	3	1	2	3	1	3	1	3	1	2	5
Total	169	155	164	165	179	169	193	186	189	194	167	167

	2016											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	-	-	1
5-9	2	3	-	-	-	1	1	1	1	2	-	-
10-14	2	7	4	2	6	1	2		5	3	6	2
15-19	12	24	24	20	25	22	22	27	16	29	23	21
20-24	25	31	17	27	29	23	24	27	32	36	25	32
25-29	21	20	23	21	18	27	21	14	29	24	28	17
30-34	19	21	18	14	18	17	19	21	26	18	24	15
35-39	17	27	14	15	14	21	16	17	19	18	20	16
40-44	17	16	19	20	17	17	8	18	18	26	22	15
45-49	13	13	14	21	17	17	13	21	20	17	32	18
50-54	11	16	19	19	21	11	18	13	11	17	10	21
55-59	14	15	12	9	12	18	7	16	14	10	14	8
60-64	4	3	3	5	8	7	9	7	8	3	1	7
65+	2	5	1	5	4	5	1	5	1	5	2	4
Total	159	201	168	178	189	187	161	187	200	208	207	177

	2017											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	1	-	-	-	-	-	-
5-9	1	-	1	-	1	1	1	-	-	-	1	2
10-14	6	3	5	2	8	5	5	4	6	3	4	3
15-19	13	20	44	25	35	37	26	44	30	36	30	17
20-24	24	18	18	21	23	20	16	31	30	29	27	27
25-29	24	17	17	19	21	34	36	20	21	29	27	30
30-34	21	21	24	19	16	19	19	26	25	28	18	30
35-39	23	14	28	17	18	18	18	11	21	15	22	14
40-44	20	10	21	20	20	18	11	20	21	19	24	23
45-49	22	21	17	19	18	16	15	12	17	20	14	12
50-54	11	15	19	7	9	18	16	10	16	9	16	13
55-59	12	19	9	8	17	14	9	9	4	13	8	10
60-64	7	6	9	1	11	5	6	4	4	13	5	4
65+	4	1	6	2	2	4	2	3	3	3	1	1
Total	188	165	218	160	199	210	180	194	198	217	197	186

	2018											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	-	-	-
5-9	2	1	-	1	1	1	1	-	-	-	1	-
10-14	4	3	3	7	4	2	2	3	4	4	6	1
15-19	28	20	28	29	25	38	30	29	26	29	32	35
20-24	36	36	28	19	24	28	29	38	37	27	22	19
25-29	20	30	26	35	30	17	21	24	34	28	25	30
30-34	26	29	25	19	19	19	19	20	22	25	20	22
35-39	11	18	15	17	16	13	20	16	15	16	17	19
40-44	17	17	19	12	18	15	17	13	14	25	24	14
45-49	20	15	19	15	23	13	9	16	16	12	16	15
50-54	16	11	14	13	16	14	12	23	19	20	10	16
55-59	8	10	6	12	12	10	10	12	13	12	15	7
60-64	5	7	5	2	4	7	6	7	4	11	12	6
65+	4	3	3	2	4	2	2	3	4	5	5	2
Total	197	200	191	183	196	179	178	204	208	214	205	186

	2019											
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0-4	-	-	-	-	-	-	-	-	-	-	-	-
5-9	1	1	-	-	1	-	-	-	-	1	-	1
10-14	4	3	4	2	3	2	4	2	4	3	2	2
15-19	33	36	32	31	26	22	24	23	31	42	18	23
20-24	26	22	23	25	21	29	30	35	33	24	27	28
25-29	18	26	39	18	32	22	29	27	30	26	25	19
30-34	17	16	24	18	20	21	22	22	19	25	25	19
35-39	24	15	15	17	18	10	18	23	17	16	15	18
40-44	14	25	21	16	16	20	23	16	13	19	16	17
45-49	19	21	15	14	14	16	21	18	21	14	21	21
50-54	11	5	18	16	18	16	13	12	10	16	13	9
55-59	11	10	8	11	21	9	15	11	7	14	14	13
60-64	5	8	8	11	4	10	6	8	7	6	14	1
65+	4		2	2	4	4	3	3	3	1	4	6
Total	187	188	209	181	198	181	208	200	195	207	194	177

	2020												
Age band	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand total
0-4	-	-	-	-	-	-	-	-	-	-	-	-	2
5-9	1	1	-	-	-	-	-	-	-	-	-	-	40
10-14	7	4	3	2	7	2	3	10	2	6	8	5	282
15-19	37	17	19	9	19	16	17	25	19	19	13	18	1861
20-24	28	27	25	17	27	33	37	27	42	25	34	32	1895
25-29	31	26	20	11	16	33	23	31	29	25	27	15	1764
30-34	26	18	21	11	19	24	24	19	21	23	21	32	1466
35-39	11	11	17	5	13	9	14	16	15	13	15	9	1177
40-44	16	18	14	8	9	20	5	15	16	20	18	16	1227
45-49	11	15	22	9	15	12	13	13	12	20	14	18	1207
50-54	17	20	11	11	10	17	16	10	11	17	9	16	1007
55-59	13	10	4	6	6	10	12	11	10	16	9	5	789
60-64	6	10	4	5	9	10	11	6	9	5	11	6	461
65+	4	4	3	2		4	3	6	3		4	1	208
Total	208	181	163	96	150	190	178	189	189	189	183	173	13386

Appendix 7

Number of people seeing a psychologist, per year, by age group (five-year bands), 2015 – 2020 calendar year

Age band	2015	2016	2017	2018	2019	2020	Grand Total
0-4	-	2	8	15	17	27	69
10-14	127	197	345	325	382	340	1716
15-19	384	417	453	464	519	522	2759
20-24	211	229	230	238	255	271	1434
25-29	153	168	179	181	193	170	1044
30-34	141	149	141	133	123	163	850
35-39	115	108	105	102	102	97	629
40-44	108	104	81	72	79	77	521
45-49	107	86	77	64	61	56	451
50-54	66	62	71	54	71	55	379
55-59	60	44	50	61	46	44	305
5-9	51	124	265	191	173	160	964
60-64	45	37	45	27	37	33	224
65+	18	12	12	16	13	18	89
Total	1586	1739	2062	1943	2071	2033	11434