



## You need a whole system to work for the whole system to work

This past week has seen a large number of people from throughout our health system working together to plan our local processes and protocols for managing cases of novel coronavirus.

Primary care, public health, infectious diseases, infection prevention and control, Canterbury Health Labs, emergency response, clinical teams in Christchurch Hospital, communications and others in each of our facilities are all working to ensure the Canterbury Health System is well prepared to care for someone who may be diagnosed with novel coronavirus.

Canterbury is no stranger to managing the unexpected, but like all health systems throughout New Zealand and the world, our people are preparing in an evolving environment where guidelines and advice are changing by the day, sometimes by the hour.

Thanks to everyone involved in our contingency planning to date, and I'd like to acknowledge the work of our Public Health team who have been managing a number of priorities as well as novel coronavirus, with staff working closely with teams at Christchurch International Airport and Customs and Border Security, meeting passengers off direct flights from mainland China.

For the latest information the [Ministry of Health website](#) has up-to-date advice. Its information sheet for the general public is being updated daily and there are also a number of downloadable resources for health providers and the public.

Government announcements over the weekend mean that New Zealand is placing temporary entry restrictions on any foreign nationals who have come from or transited through mainland China. This measure is in line with Australia's

announcement over the weekend and is designed to help protect NZ and the Pacific Islands from novel coronavirus.

This means any foreign travellers who leave or transit through mainland China after 2 February 2020 (NZ time) will be refused entry to New Zealand.

Canterbury's Public Health team will keep providing advice and screening to passengers arriving on direct flights from mainland China as well as international flights (apart from flights from Australia, Singapore and USA) as anyone who has transited through China now needs to self-isolate. This border screening will continue for the foreseeable future. Any New Zealander who returns from China from today will be asked to self-isolate for 14 days. Full details are available in the [Prime Minister's 2 February media statement](#).

New Zealand citizens and permanent residents returning to New Zealand will still be able to return home, as will their immediate family members, but they will be required to self-isolate for 14 days on arrival back in the country. Information on self-isolation is available on the [Ministry of Health website](#).



This poster is available to download from the [Canterbury DHB website here](#).

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**Now that novel coronavirus is a notifiable disease, anyone from any country who needs health services due to novel coronavirus will be eligible to receive the same publicly funded health care as a New Zealander. This includes surveillance, diagnosis, treatment, follow-up and contact tracing, as well as direct care of anyone who is diagnosed with novel coronavirus.**

It's important to remember that this novel coronavirus is similar to seasonal influenza in terms of its symptoms and it has a similar infectivity rate – one person with novel coronavirus is expected to infect two others. This is much lower than measles which is highly contagious, with one infected person expected to infect 12 to 18 unimmunised people.

Symptoms include a high fever, cough and breathing difficulties.

Now is a very good time to ensure everyone in your family practices good personal hygiene when it comes to washing their hands, covering coughs and sneezes, and staying home if they're sick. The basic principles to reduce the general risk of acute respiratory infection include:

- › avoid close contact with people suffering acute respiratory infections
- › wash hands frequently, especially after contact with ill people or their environment
- › avoid close contact with sick farm animals or wild animals
- › people with symptoms of acute respiratory infection should practice cough etiquette:
  - › maintain distance
  - › cover coughs and sneezes with disposable tissues or clothing
  - › wash hands.

Haere ora, haere pai  
*Go with wellness, go with care*



**David Meates**  
CEO Canterbury District Health Board

## Siva Samoa making a difference to Pasifika health and wellbeing

Tangata Atumotu aims to address loneliness and health issues among the Pasifika community of Christchurch, and it was great to see one of its most successful programmes featured on One News last week.

Community mobile nurse and fitness instructor, Suli Tuitape, talked about the big difference its Siva Samoa programme is making for our local Pasifika community. The programme has an average participant age of 70 and is encouraging matua to get active, get together and celebrate Samoan culture.

Executive Director of Māori and Pacific Health Hector Matthews says this is great coverage for a small provider making a difference in our community.

Check out the story on the [One News website here](#) to see how Tangata Atumotu is supporting the community and helping people thrive.

## Celebrate Waitangi Day this Thursday

This Thursday is Waitangi Day – a public holiday to mark the signing of Te Tiriti o Waitangi in 1840. If you're looking for something to do to recognise the importance of the day there are a number of events on throughout Canterbury. Check them out [here](#). There are plenty of events for families that are fun and educational.

Christchurch City Libraries have published seven simple ideas for honouring Waitangi Day, our national day. If you want to learn more about the Treaty, the library is a great place to start. Here are their [ideas](#).

If you're working on Waitangi Day, I hope this fine weather holds out until you get a day off. And if you're taking Friday off as well and heading away for a long weekend, please take care on the roads, enjoy a change of pace and time away to refresh and recharge.

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



## Bouquets

### **David, WellFood, Christchurch Hospital**

David who brings me my meals on Ward 11 makes my day. He is amazingly lovely. I have noticed other patients are happy to see him as well. He goes out of his way just to make sure your meal and you are all okay. He is amazing.

### **Emergency Department (ED), Ward 20, Christchurch Hospital**

Absolutely incredible service. So, caring and with such a personal touch the way you treated my partner. Thank you so much, you are all amazing.

### **St John, ED, and Ward 22, Christchurch Hospital**

I have had a great experience with staff treatment through St John, to ED and the children's Ward 22. Great people, well done.

### **Ward 28, Christchurch Hospital**

Thank you for taking care of our family and giving us our time to see our family member.

### **Hospital and area not specified**

This is an excellent facility. The staff have been better than first class. Thank you all.

### **Ward 16, Christchurch Hospital**

The staff on this ward were absolutely incredible. They made my stay here

very comfortable and welcoming. Thank you heaps team.

### **Ward 15, Christchurch Hospital**

All good, honestly! Nurse Lee, nursing and medical teams, cleaning and catering, most communicative and helpful. I am an 80-year-old, grumpy chap and they were marvellous.

### **Gastroenterology, Outpatients, Christchurch Hospital**

Thank you to the wonderful team, reception, nurses, nurse aides and the doctor who cared for me. Everyone was cheerful and helpful. They all made my appointment less stressful and I felt able to approach any member with questions. Many thanks.

### **Cardiac Day Unit and Ward 14, Christchurch Hospital**

This was my third ablation inside two years and whenever I have been at Christchurch Hospital I have always received excellent care and this visit was no exception. I was 'done' by Mr Kanta and Mr Crozier. Can you pass on my heartfelt thanks to them for being so helpful and to everyone else in the operating team because they were so efficient and friendly.

### **Orthopaedics, Christchurch Hospital**

I (unfortunately) recently had to be admitted to Christchurch Hospital

with a dislocated ankle from a mountain biking mishap. I've never had to stay a night in hospital before and want to say a huge thanks. Everyone I met, doctors, nurses, physios, orderlies and so on were just fantastic. For a busy place I can't speak highly enough of the people that I came across. Very professional. All you sometimes hear is the negative stuff, but that was certainly not my experience. Realise I have a few more trips there before I come right but it makes a huge difference if you are in the right frame of mind.

### **Ward 22, Christchurch Hospital**

Thank you to Dr Joe and the anaesthetist for helping me to remain calm when I went for surgery. I appreciate the way that you helped me. Thank you very much.

### **Gynaecological Ward, Christchurch Women's Hospital**

I was admitted to the Gynae Ward and had surgery. Every staff member who I came into contact with, from the nurses, to the staff who brought in the meals, to the orderlies, and the doctors, were a credit to the hospital. Every staff member was polite, helpful and personable. Spending time in hospital is stressful but the staff really went out of their way to make sure I was comfortable, informed

and looked after. In particular, my nurses, Sarah B, Caitlin and Jess were superb, so caring and their sense of humour really helped. I'd also like to mention Jacinta who did my ultrasound, she was just lovely and made the experience much more comfortable. These staff were great at their jobs, but their people skills are so outstanding I had to let you know.

#### **Nurses, Ward 25, Christchurch Hospital**

Positive, helpful, respectful bedside manner, always keen to listen and help where possible, especially Paris and Agnes. The past five weeks have been surprisingly enjoyable with the support of the staff. Keep up the awesome work everyone. You are all stars.

#### **Reception, Oncology, Christchurch Hospital**

Reception lady is always so friendly and super nice.

#### **Oncology, Christchurch Hospital**

Wonderful staff, friendly, professional, informative. Welcoming feel with coffee and tea station, and comfortable seating.

#### **Outpatients, Level 4, Christchurch Hospital**

The staff, everyone was very kind and caring.

#### **Nurse Lee, Ward 15, Christchurch Hospital**

I am writing to compliment Nurse Lee who looked after me. Nurse Lee was outstanding. He had an outstanding bedside manner. Very clear and polite about what he was doing and went above and beyond when caring for me. I just wanted the hospital to know he is an asset to your team. All the nursing staff have been good.

#### **Ward 10, Christchurch Hospital**

I would like to take this opportunity to most sincerely thank the doctors and staff who performed my operation. The service was absolutely first class.

#### **Maxillofacial Team, Christchurch Hospital**

Deana Musson, Dr Jamie Olsen and the ward team, thanks so much. Surgery involving three plates. An amazing job. So grateful and thankful for the job you guys do. All the best for 2020.

#### **Doctors, specialists and team of Ward 24, Christchurch Hospital**

Thank you so much for all the care and support given to myself. The professionalism and friendliness have been overwhelming and is so much appreciated. You all do such an amazing job. Know you are so valued in the roles you all play. I'm on the road to recovery and my return to Australia. Many thanks.

#### **Ward 23, Christchurch Hospital**

I would like to thank every member of staff who took care of me since I was admitted on Christmas Day. The care, respect and understanding of me has been excellent and no one could have looked after me better. The meals were great. Once again, many thanks and may God bless you all as you care with your hearts.

#### **Pauline, Receptionist, Level 3, Outpatients, Christchurch Hospital**

R is for the respect you should get.  
E is for the excellent work you do.  
C is for the caring person you are.  
E is for the effective work you do.  
P is for the great personality you have.  
T is for the trust people hold in you.  
I is for the incredible work you do.  
O is for the organised person you are.  
N is for the nice person you are.  
I is for the intelligent person you are.  
S is for the service you provide.  
T is for tolerance because of the job you do.

#### **Day Surgery, Urology Unit, Christchurch Hospital**

The whole team was amazing and very good communicators, especially Andrew the anaesthetist... I have to say my nurse Ayla was a star. Fantastic communication, great prioritisation, handling multiple

patients as well as assisting and even mentoring other nurses on the shift... Eunice was the nurse until discharge and did an excellent job as well. When the doctors did their rounds, the lead surgeon was quite clear about what had happened in my operation. I wish to acknowledge Registrar Emma Corke. From the time she first saw me in the Emergency Department through to my discharge, she was wonderfully clear, with an empathetic manner, and always polite and informative. Another star in the making. Finally, I acknowledge the catering, cleaning and orderly staff who made my stay so great. I absolutely recognise the constraints that Canterbury DHB is facing and your staff deserve the highest praise.

#### **Security, ED, Christchurch Hospital**

From the moment we phoned in, it has been an absolute pleasure to work with the Security team at Christchurch Hospital. We were looking for our late aunt's wedding ring. We received a caring conversation, followed by a very in-depth search. We were then invited in to view possible rings. In person the whole team were friendly, caring and absolutely went out of their way to help us. Even though we didn't find the ring, we are 150 percent satisfied that everything physically possible was done to help us. Well done Alpha and Delta Team. What an absolute credit you are to Canterbury DHB.

#### **Outpatients, Christchurch Hospital**

Great self-check-in service.

### *Big Shout Out*

**To: Aidan Hegarty,  
Registered Nurse, Transfer  
of Care**

He is readily available at all times.  
Very pleasant to work with.

#carestartshere

# Hikina to Hagley

## MIGRATING TO CHRISTCHURCH HOSPITAL HAGLEY

### HOT on the case

Just before the Christmas break, the Hagley Operational Transition (HOT) team assisted Canterbury DHB Fire and Emergency Evacuation Adviser Paula Nicolson and Fire and Emergency New Zealand (FENZ) in conducting a trial evacuation exercise. The trial was needed to ensure the building's approved evacuation scheme could be retained for another six months and was also an excellent opportunity for the HOT team representatives to familiarise themselves with the procedure, sounds and practicalities of an evacuation.

During a fire alarm or evacuation, wards and services on affected floors will evacuate horizontally into neighbouring fire zones. In the towers, these zones are wards on the same level in the opposite tower. In the podium – the large base building from the Lower Ground to Level 2 – zones are areas on the same level bordered by specific fire-retardant doors and walls. Public areas, such as the foyer, cafe and waiting areas on the ground floor, will evacuate to outside the building.

Alarms will sound in both the zone being evacuated and the 'receiving' zone. Those who have been through a trial evacuation will recognise the sound – a whooping siren and the announcement to 'evacuate the zone.' Staff in the receiving zone are notified by a beeping tone and the request to 'prepare to receive.' They should ensure corridors and spaces are clear and ready to accept incoming patients and staff.

The evacuation trial allowed FENZ to test communications into and within Hagley. FENZ personnel, accompanied by orderlies and members of the Facilities Development Projects team, climbed all the way to Level 8 in full kit. HOT Project Manager Yvonne Williams led the evacuation and ensured all staff and volunteer 'patients' efficiently vacated the area, while Paula supervised and worked with FENZ to ensure the exercise ran smoothly.

A short video of the exercise with the alarm sounds can be found on the [Hikina to Hagley intranet page](#). All staff should be aware of the fire and emergency evacuation process available in the [healthLearn](#) orientation modules.



The exercise involved five FENZ appliances, with three, including the command unit, in the car park in front of Hagley



Staff vacated Ward A8 into Ward B8 for the trial



FENZ personnel thoroughly checked the vacated ward as they would in a real emergency

# Looking after yourself

## Menopause

Menopause is something that can affect all of us, whether we are experiencing it ourselves or supporting our mothers, partners, sisters or friends who are.

Most menopausal women will experience some or all of the following common menopausal symptoms, as listed on [Healthinfo](#):

- › hot flushes and night sweats
- › difficulty sleeping
- › changes in mood
- › poor memory and concentration.

These symptoms can have a negative impact on your wellbeing, so it's important to look after yourself at this time in your life and look out for others going through the same thing.

Come along to Manawa at lunchtime on Friday 14 February to learn more about menopause from Clinical Senior Lecturer in Women's Health, University of Otago, Mary Hunter and Endocrinologist Catherine Conway. The seminar will also be made available to view online on the intranet.

### Tō Tātou Ora Wellbeing Seminar Series

## Menopause



**Friday 14 February**  
12–1 pm

Room 102b, Manawa building  
(corner Tuam and Antigua Streets)

**Presented by**

Catherine Conway – Endocrinologist

Mary Hunter – Clinical Senior Lecturer in Women's Health, University of Otago

**Canterbury**

District Health Board

Te Pōari Hauora o Waitaha

## Canterbury developed oral health toolkit “fantastic”

Canterbury DHB’s Menemene Mai oral health toolkit is playing a vital part in teaching children and their families about tooth care, says Kindercare Linwood Centre Director Lynnette Katene.

“We were really concerned about the state of some of our children’s oral health. We had been noticing more and more of our tamariki with tooth decay and needing to have teeth removed. Some children had had all their teeth removed.”

The centre decided that as a team it was something they needed to address and that they would commit to promoting good oral health practices with their tamariki and whānau.

They created a policy that outlined their commitment to promoting good oral health, then began discussing with the children the importance of looking after their teeth and started a routine at the centre of all the children brushing their teeth after lunch. Staff at the centre also created a tooth brushing chart for children to take home so they have an incentive to brush at home.

“All supported by Menemene Mai, including the Teeth Tools toolkit that you can borrow which has been fantastic for supporting our initiative,” Lynnette says.

Menemene Mai (Smile) is Canterbury’s first online oral health education toolkit. It was developed by Canterbury DHB Health Promoters Jenni Marceau and Belinda Smith, with and for early childhood educators (kaiako).

The toolkit’s resources were very helpful, Lynnette says.

“The children liked playing with the big mouth and toothbrush, and the posters showing cavities were engaging.”

Menemene Mai has supported the changes we were determined to make, she says.

“If we didn’t have that information, we would have had to try and search for it and any resources ourselves.

“It has been great to see the children get excited about looking after their teeth. They are now brushing their teeth every day they attend the centre and know why it’s important.

The children have also been asking when it’s time to brush their teeth and some are commenting that having sweets at birthday parties is bad for teeth.



Children at Kindercare Linwood are learning about the importance of brushing their teeth twice a day



Menemene Mai was launched in early childhood settings in the region in June last year. The major focus is on twice daily toothbrushing with fluoride toothpaste.

There are two main parts to the toolkit, an online guide which includes activities for tamariki, whānau and kaiako, key oral health messages, and a physical ‘Teeth Tools’ kit.

The ‘Teeth Tools’ kit can be borrowed for free from the Community Health Information Centre: contact [chic@cdhb.health.nz](mailto:chic@cdhb.health.nz) or phone 03 378 6721. The online toolkit can be found on the [Canterbury DHB website here](#).

## Celebrating primary care nurses

Pegasus Health is celebrating the International Year of the Nurse and Midwife and the Florence Nightingale Challenge by sharing stories of nurses across the Pegasus network.

Pegasus Health CEO Director of Nursing Michael McIlhone says the two events are a unique opportunity for the nursing profession to reflect and celebrate the achievements of nurses and nursing in Aotearoa. Events linked to this special project will also be highlighted.

“Over the next 12 months Pegasus will be highlighting and sharing the stories of nurses from across the Pegasus network, both past and present. Nurses have always been great orators but reticent to put themselves forward to share their stories but now is their time to shine!” says Michael.

The first two nurses, for January, are Ramai Lord and Hayley Lotter.

Ramai Lord (Ngāti Kahungunu ki Wairarapa, Ngāi Tahu, Te Whānau-a-Apanui, Ngāti Porou) is currently Clinical Senior Advisor, in the Office of the Chief Nursing Officer, Ministry of Health. She registered as a nurse in 1981 and has had a nursing career spanning 39 years.

Ramai started working with Pegasus Health in 2010 as Clinical Co-ordinator for a Māori diabetes programme. Following the February 2011 earthquake and staff changes, she accepted the role of Māori Health Manager. Last year she joined the Ministry of Health.

Hayley Lotter (Muaūpoko) is a recent new graduate, working as a practice nurse at Eastcare Health in Aranui. She graduated as a registered nurse in 2017 and has worked in both mental health nursing and primary health care. Hayley started working with Pegasus Health in 2019 as part of a Nursing Entry to Practice Programme (NetP) pilot programme, the Korimako Initiative.



*Celebrating Primary Care Nurses*



*Celebrating Primary Care Nurses*



This role saw her working in both general practice and for a kaupapa Māori non-governmental organisation as a mobile community nurse. During her NETP year Hayley was selected to attend the World Health Assembly as a ‘Nursing Now’ young nurse ambassador, which has opened many doors to new and exciting opportunities.

Check the [Pegasus website page](#) for Ramai and Hayley’s video stories and full details.

**NEED TO TALK?**



**free call or text  
any time**

# Dedicated mental health nurse for homeless community

Housing First Christchurch has hired a community mental health nurse to ensure kaewa (clients) are connected to the support services they require.

Since its beginning in mid-2018, Housing First Christchurch has housed almost 80 previously chronically homeless Canterbury people.

The appointment of Tony Lane as the non-government organisation's specialised Community Mental Health Nurse will enable Housing First to build on the foundation of support they've been providing.

"The homeless community are often left at the bottom of the pile. I'm here to help Housing First connect kaewa with solutions that fit their specific needs," Tony says.

Tony's role will see him assessing and supporting the needs of kaewa, along with advising Housing First key workers on how to navigate the health system and assist in providing the right supports.

"Homeless people have multiple and complex needs. These often include physical and mental health issues, as

well as addiction issues. Having Tony on board is great as it helps us to better assess the needs of our people," says Housing First Manager Nicola Fleming.

Housing First's mission is to provide Christchurch's homeless community with housing first and then wrap-around, community-based support to enable people to increase their wellbeing and return to independent living, including returning to work.

There are also a lot of stigmas and judgment often attached to the homeless community, something Tony wants to mythbust.

"Homeless people are still people; it's important as a community we work together to break down barriers and get help to those who need it," Tony says.

Tony would like to connect with other health professionals to educate others about the Housing First mission and the complex needs of the homeless community. To get in touch or learn more check out Housing First's Facebook page @housingfirstchch or visit [www.housingfirstchch.co.nz](http://www.housingfirstchch.co.nz). Canterbury DHB is a member



Housing First Christchurch's new Community Mental Health Nurse Tony Lane

of the Housing First Christchurch Champions Group, working alongside other organisations in Canterbury to help tackle homelessness.

## About the Housing First model

Successful in Canada, the USA, Europe, the United Kingdom and now in multiple parts of New Zealand, Housing First recognises that it is easier for people to address issues such as mental health and substance use, once they are housed. Housing First Christchurch is a collaboration of six local organisations, Comcare Trust, Emerge Aotearoa, Christchurch City Mission, Ōtautahi Community Housing Trust, Christchurch Methodist Mission and Te Whare Roimata.

# UNDER THE WEATHER?

Make your GP team your first call 24/7

Canterbury  
District Health Board  
Te Pōti Raukiri o Wairangi



# Co-design in primary care opportunity

Last year the Canterbury Clinical Network (CCN) supported the Canterbury Health System engagement with the Health Quality & Safety Commission (HQSC), resulting in some positive change initiatives.

This year the format has changed from a region-specific opportunity to anyone from across New Zealand now able to submit an expression of interest. CCN's role is to alert partners involved in primary health care to this opportunity.

In 2020/21 the Commission's primary care, Māori Health Outcomes and Partners in Care teams are collaborating to bring a co-design programme specifically to primary care, with a focus on achieving equity in health outcomes.

This interactive programme led by Lynne Maher of Counties-Manukau Health is based on the National Health Service Institute's experience-based design programme and is designed to work in partnership with your community and improve services together.

The initial engagement session will be in March/April (a session of about two hours), then the formal programme will commence in August/September 2020 and run for seven months, ending in producing a case study for publication.

There is no financial cost to take part in this programme, however, you do require securing of protected staff time and organisational commitment to this programme to succeed.

For more information, visit the [HQSC website](#).

The link above covers:

- > What is HQSC doing?
- > What will you gain from participating in the programme?
- > What does the programme consist of?
- > What is the time commitment and cost?

If you think this sounds like a good opportunity for you and your service, download the expression of interest (EOI) included in the link above.

Expressions of interest close on Friday 14 February 2020. Successful applicants will be notified on Friday 28 February 2020.

If you would like to connect with the Canterbury Health System participants from last year's intake, the four published case studies can be found [here](#), which also includes the team contact details.



# Holidays Act Compliance Programme underway

Canterbury and West Coast DHBs, alongside unions, are actively working together on a Holidays Act Compliance Programme, to ensure our payroll systems and processes are compliant with the Holidays Act. The programme is expected to run for at least 18 months. The key outcomes of the work are to make sure we're fully compliant, understand how our people have been affected by any non-compliance to date and work through what this means. We're taking this seriously and engaging appropriately to make sure we do it once and do it right.

The Ministry of Business Industry and Enterprise (MBIE) is leading this work at a national level to make sure the Holidays Act is interpreted and applied consistently across all New Zealand DHBs. A baseline interpretation of the Act has been agreed by DHBs, the Council of Trade Unions, affiliate unions and the Labour Inspectorate and it's this interpretation we're using to investigate and secure our compliance.

To kick-off our programme, we've partnered with EY to complete a review phase. This is a crucial first step and involves working with people across our diverse teams and unions to understand our current leave-related processes in detail; once complete, we'll be able to identify where we don't comply.

Once the review is complete, we'll move to fixing any issues we find. We anticipate this will require changes to payroll and rostering systems, the manual processes we use when rostering staff and, in some cases, may even require changes to MECAs. It's not yet possible to know the scale of change, but once the programme team digest the findings of the review phase, we'll have a solid plan. Based on the experience of other DHBs and organisations, we're anticipating that this rectification phase will take a minimum of 12 months.

Once our systems and processes are compliant, we'll be able to identify how issues have affected our people – we

anticipate some will have been overpaid, some under and for some there will be no impact. Based on the experience of other organisations, as well as our work so far, we anticipate that in most cases, the individual sums involved are not large.

As well as current Canterbury and West Coast DHB staff, people who were employed at any point from May 2010, and have since left, will also be included in our review. MBIE are working through a national approach to reach out to these people; we'll let you know more once this is in place.

Although it's currently too early to describe how we'll engage with those affected, we do know that it will be timely, open and honest. For those who've been underpaid, a reimbursement payment will be made and for those overpaid, over payments won't be requested back.

## Where can I get more information?

Over the coming months you'll start to see a lot more information around our progress, however, in the meantime, more general programme information and FAQs can be found in the [max. Knowledge Base](#) or search 'Holidays Act'.

If you'd like to ask a question about the Holidays Act Compliance Programme, you can also 'Send us a Question' on max. or speak to your union representative.

Anyone who raises individual payroll queries related to Holidays Act compliance will have their query deferred to the programme where it will be dealt with on a collective basis, i.e. as part of the final remediation step.

All other leave related queries should continue to be directed to your manager in the usual way.

# One minute with...

## Daryn Elley, Surgical Instrument Technician, Medical Physics and Bioengineering department



### What does your job involve?

The design/manufacture and repair of surgical instruments. Along with the multi-talented team in the Bioengineering department, I also design and make various pieces of other equipment that is used throughout Canterbury DHB.

These include:

- › A footed spinal punch, made to a surgeon's specific requirements, to enable a delicate procedure to be performed.
- › A paediatric rib spreader, custom made to a surgeon's specs. It was not available in such a small size and is less intrusive during surgery.
- › A urodynamics bed for Burwood Hospital, which enables better access for scanning during procedures displays the range of skills in our department.
- › A self-contained headlight, which Ear Nose and Throat Outpatients had requested as they needed a more durable self-contained headlight.



Urodynamics bed

### Why did you choose to work in this field?

I was looking for a career in which I could help people while also utilising my skills in engineering, which is very rewarding.

### What do you like about it?

All of us here in the Bioengineering department have varied backgrounds in engineering, electronics, software development and welding fabrication. I enjoy working within the team on large and small projects where my input and experience are valued. The projects we become involved in require all of us to work together to complete them. Everyone in the team gains a lot of satisfaction from delivering good patient outcomes with the products we provide.

### What are the challenging bits?

Turning people's ideas and rough sketches on pieces of paper into working articles can sometimes be a challenge, but good communication, and the experience I've gained by doing this many times, works well.

### Who inspires you?

Probably my father because he was an excellent engineer/inventor who had a can-do attitude. He gave me a start in my career and I try to follow his example and attitude.

### What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

Canterbury DHB's values are a core part of how I conduct myself in the day-to-day general nature of my role. Knowing that my workmates also work to these common values is a great start when we are faced with all the varied work we do in the hospital.

### If I could be anywhere in the world right now it would be...

Canada – my family and I had a three-week holiday there. Friendly people and beautiful scenery, absolutely amazing place.

### What do you do on a typical Sunday?

Probably up on the Port Hills on my mountain bike or out on a family picnic.

### What's your favourite food?

My wife's homemade rocket, salmon and pesto pizza!

### And your favourite music?

My music tastes are varied and eclectic, but if I made a shortlist it would probably have The Beatles, 10cc, Jeff Lynne and Elton John for a start.

If you would like to take part in this column or would like to nominate someone please contact [Naomi.Gilling@cdhb.health.nz](mailto:Naomi.Gilling@cdhb.health.nz).

## Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.

Check out [Something For You](#) on the intranet for more information on these deals and many more! Remember, you'll need your Canterbury DHB ID badge to claim these deals, so be sure to take it along with you.



**THE PAMPER BAR** – 2 Humphreys Drive, Woolston

Get pampered and enjoy 20 percent off full priced treatments.



**WEGO CARS** – 296 Breezes Road, Aranui

If you are in the market for a new car, get \$300 off any car purchased, plus full service, free delivery and free one-year mechanical insurance at WeGo Cars.



**KNOCKOUT FITNESS** – 102 Bamford Street, Woolston

Join kickboxing now and get 25 percent off all flexi memberships and no joining fees, email: [info@kotraining.co.nz](mailto:info@kotraining.co.nz) for more information



**RUSSELY GOLF CLUB** – 428 Memorial Ave, Russley

Play a round of golf and receive discounted casual green fees (\$45).

## Reminder: faxes for birth notices closing soon

Due to increasing unreliability and the cost of maintaining a fax service, the Department of Internal Affairs Te Tari Taiwhenua (DIA) has advised that Births, Deaths and Marriages will no longer accept birth notices by fax.

All hospitals and midwives must use the **online channel from 21 February 2020** to notify births.

DIA is working with hospitals, midwives and maternity service providers to make the transition to Birth Notices Online as easy as possible. To get started online or for more information, email [onlinesupport@dia.govt.nz](mailto:onlinesupport@dia.govt.nz).

# Expressions of interest: General Manager Mental Health, Canterbury DHB

**Canterbury**  
District Health Board  
Te Poari Hauora ō Waitaha

With the departure of Toni Gutschlag, we are inviting expressions of interest for the role of General Manager Mental Health. Over the past seven years Toni has made a significant contribution to the leadership of our integrated approach to mental health services within Canterbury, in partnership with clinicians and our community.

Work has already begun to find a suitable replacement. If you, or anyone you know, is interested in finding out more

about the role, please send in an expression of interest by Tuesday 11 February. You can indicate your interest or apply by either visiting the [Canterbury DHB Career Centre online](#), or contacting Sophie Dennan, Strategic Talent Management Specialist directly on [sophie.dennan@cdhb.health.nz](mailto:sophie.dennan@cdhb.health.nz) or 021 527 428.

## HealthOne news

### Digital Health Week 2019

Late last year the HealthOne team attended the annual HiNZ conference held in Hamilton. The conference is the largest digital health event in New Zealand. In 2019 there were 1450 delegates, 350 speakers, 17 events, 120+ exhibitors and 10 topic streams across 5 days.

HiNZ delegates and members occupy a diversity of roles in health, technology and government. HealthOne was well represented this year with a stand in the exhibition hall. The team spoke to lots of people and HealthOne attracted a high level of interest from North Island clinicians who are yet to experience a truly cross-regional shared electronic health record. The HiNZ conference was a great opportunity to connect with existing South Island participants as well as those not so familiar with the product. The team will be building on the networking opportunities gained to further enhance the product in 2020 and beyond.

### Consult notes sharing

Pegasus Health 24 Hour Surgery has been contributing consult notes since 29 July 2019. The primary goal is to enable increased visibility of the treatment a patient has received at Pegasus Health 24 Hour Surgery to other treating clinicians across the health system. Since go-live HealthOne

has had interest from a small number of additional South Island practices wanting to contribute notes to ensure clinicians in nearby healthcare facilities are better informed when treating patients. The HealthOne team is working to determine how the existing pilot group can be expanded further.

For more HealthOne news, read the full [Summer newsletter here](#).

### USAGE SNAPSHOT

25,000 active users

Over 200,000 accesses per month

Access to 3000 advanced care plans

94% General Practices

96% Pharmacies

FHIR enabled

Over 200 million data items

MedTech and Valentia integrated

Single longitudinal health record

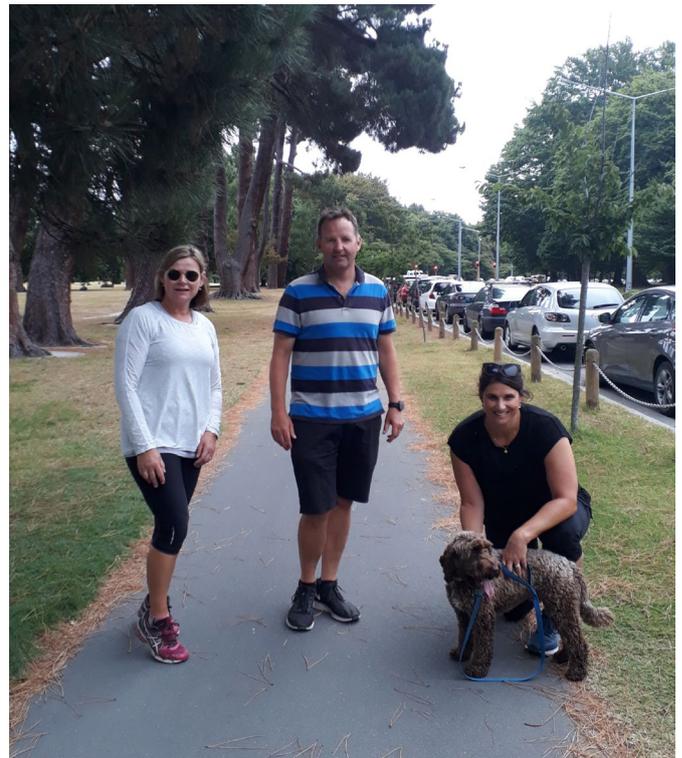
# Run to Remember with Māia on Sunday 8 March

Set yourself a health challenge and enter The Press Run to Remember on Sunday 8 March. The Māia team is participating in the event and would love you to join them. With five weeks to go, now's the time to amp up your regular exercise and get training to walk/run and remember with thousands of other caring Cantabrians. Each year, The Press Run to Remember 2020 has honoured the lives lost and affected by the Christchurch earthquakes of 2010 and 2011. For the first time in 2020 there will be a 2.5-kilometre loop to encourage all ages and abilities to take part. Kia Māia – be brave, be courageous and take up a wellness challenge.

It costs \$25 for an adult, \$15 for a child and \$220 for a team of 10 to enter, so grab your colleagues and friends and get training!

If you'd like to join the Māia team, please contact [anna.galvan@maiahealth.org.nz](mailto:anna.galvan@maiahealth.org.nz) and she will arrange a team registration and hook you up with a pair of Māia merino socks. The Māia team is also training together once a week at 8.20am on a Thursday morning. Keep an eye on [Māia's Facebook page](#) for more details.

Find out more about the event here [www.runtoremember.co.nz](http://www.runtoremember.co.nz)



The Māia team out training for the Run to Remember

A promotional poster for 'The Press Run to Remember' event. The left side is a red vertical banner with white text: 'THE PRESS Run to Remember', 'RUN WALK AND REMEMBER', '8 MARCH 2020', and a 'REGISTER TODAY' button. The right side is a photograph of a large group of runners and walkers on a paved path that winds through a hilly, grassy landscape under a cloudy sky.

## Latest Community Health Information Centre newsletter out now

The Community Health Information Centre (CHIC) provides free health resources to any person or organisation in Canterbury, South Canterbury, West Coast and Chatham Islands.

The resources are developed by Community and Public Health staff, and other health agencies.

The [January edition of CHIC's newsletter](#) is out now and highlights new and revised free resources available from your local CHIC office, as well as recently deleted resources.

For more information about CHIC and to order resources online visit the [Community and Public Health website](#).

## NEAC – new ethics guidelines

New National Ethics Advisory Committee (NEAC) standards on Health and Disability Research and Quality Improvement are now available on the [NEAC website here](#).

The revised standards merge and replace the Ethical Guidelines for Intervention Studies and the Ethical Guidelines for Observational Studies and apply whether or not research or

quality improvement activities require review by an ethics committee.

If you have any questions about the ethical aspects of projects, please contact the Canterbury DHB Research Office: [cdhb.researchoffice@otago.ac.nz](mailto:cdhb.researchoffice@otago.ac.nz).

Additional resources relating to ethics and locality authorisation application



National Ethics Advisory Committee  
Kāhui Matatika o te Motu

processes within Canterbury DHB can be found on the [Canterbury DHB Research Office website](#).



# Broadly Speaking

## ABOUT HEALTH AND ITS DETERMINANTS



All planning, policies and actions can potentially affect the health of people. As we work and plan together we can create opportunities to improve the wellbeing of the community.

Broadly Speaking is a free interactive workshop run over two morning sessions focusing on the determinants of health. Work with others from across the wider health sector, local government and communities to unpack the complexities of wellbeing in our population.

### 2020 COURSE DATES:

1	2	3	4
<b>WORKSHOP 1</b>	<b>WORKSHOP 1</b>	<b>WORKSHOP 1</b>	<b>WORKSHOP 1</b>
Wed 26 February	Wed 13 May	Wed 12 August	Wed 11 November
<b>WORKSHOP 2</b>	<b>WORKSHOP 2</b>	<b>WORKSHOP 2</b>	<b>WORKSHOP 2</b>
Wed 11 March	Wed 27 May	Wed 26 August	Wed 25 November

**LOCATION** Aoraki Room, Community and Public Health, a division of CDHB  
310 Manchester St, Christchurch

**COST** Free

**TO REGISTER** Contact [hiap@cdhb.health.nz](mailto:hiap@cdhb.health.nz)

*The training was thought provoking and well facilitated, broadening my understanding of the factors that shape the health of our community. The materials and format sparked important conversations about how we can bring others to the table, and work together to create a healthier and more liveable city.*

City of Greater Bendigo Mayor  
Councillor Margaret O'Rourke

# AOTEAROA BIKE CHALLENGE

1–29 February, 2020

**RIDE A BIKE AND WIN**



- Join – Ride – Win • A fun, free workplace competition
- Everyone can take part – it doesn't matter if you haven't ridden in years
- Ride anywhere, anytime • Track your team's position in live leaderboards
- Great prizes • Ride for just 10 minutes or more to participate

**Sign up at [www.aotearoa.bike](http://www.aotearoa.bike)**