



2021 – Year of the Vaccine

This week Medsafe, New Zealand's Medicines and Medical Devices Safety Authority, is due to decide whether Pfizer's COVID-19 vaccine will be approved for use in New Zealand.

Meanwhile we are making plans for our annual seasonal influenza immunisation vaccination campaigns (for staff and the Canterbury community) and this week promotion for the MMR (measles, mumps, rubella) catch-up campaign steps up a notch. In 2019 we had a significant measles outbreak and this catch-up campaign is targeting 15-30 year olds who may have missed having their MMR immunisations.

Vaccination is the proven and safest way to protect populations from communicable diseases. I encourage you all to roll up your sleeves and get protected when you have the opportunity. You'll be doing it to protect yourself, your friends and whānau – and, for clinical staff, your patients.

We'll keep you updated on what's happening when as soon as we have more information.

Measles catch-up campaign to start catching on

From today, if you haven't already, you're likely to 'spot' a lot more promotion of Canterbury's measles catch-up programme, especially if you're in the target group.

Part of a national immunisation programme, the campaign aims to reach 15 to 30 year-olds because they are more likely to have missed their childhood MMR (measles, mumps, rubella) immunisation. This means they're more at risk of catching and spreading measles. This group is urged to get immunised now to ensure our community is protected against future measles outbreaks.

Only recently, in 2019, there was a measles outbreak in New Zealand. More than 2,000 people got sick and more than 700 of them were hospitalised. Māori and Pasifika peoples were particularly affected. Here in Canterbury we had 38 people catch measles. It was an anxious time for the community and a busy time for the health system as we tried to immunise those most at risk.

Even with this number of cases we didn't need to go to Alert Level 3 or 4 to stop the spread of measles the way

we have done for COVID-19. That's because most people have been immunised against measles. But the 2019 outbreak showed that a lot of New Zealanders between the ages of 15 and 30 hadn't been fully immunised. Now is the time to fix that.

There are about 35,000 Cantabrians in this age group whose MMR immunisation status is not known so it's a significant



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number of people to try and reach. Canterbury DHB is a community of more than 10,000, so help promote the measles immunisation programme by talking about it with your whānau, at your school or sports clubs, church group or iwi, or on social media. Help spread the word!

Where to go for your MMR

Getting the measles jab is completely free and can be done by general practice teams, participating pharmacies, authorised workplace vaccinators and at dedicated community clinics. Here at Canterbury DHB, you can get your MMR as part of our general staff vaccination clinics. Check out [page 11](#) for upcoming clinic times.

Your conversations at home, work and play will be supported by a multi-channel national advertising campaign, including television ads, as well as local and regional promotion featuring print ads, street posters,

radio ads and social media messages to ensure our target groups know where to go for their MMR immunisation.

While COVID-19 immunisation is also high on the agenda, we have a good window of opportunity throughout February and March, before our flu and COVID-19 vaccination programmes begin, to work together to protect Canterbury against measles.

Keep reading the rest of the *CEO Update* to 'spot' more facts about measles and to learn more about the catch-up campaign, check out the [Canterbury DHB website here](#).

Measles is a serious disease that can make you very sick. It's about eight times more contagious than COVID-19 so it spreads fast!

Measles can cause complications like pneumonia, seizures and swelling of the brain. It can also be fatal.

The measles immunisation is called MMR. It helps protect you against three serious diseases: measles, mumps and rubella.

Unlike seasonal vaccinations like the flu, which change each year, once you've had two MMRs you have lifetime immunity.

If you're not sure if you've had your MMR, it's safer to get the MMR vaccine again to protect yourself.

Help promote the measles catch-up campaign

Share the below material to help promote the campaign:

- » [Protect Canterbury against measles poster](#)
- » [Be a Guardian of the Future poster](#)
- » [Protect Canterbury against measles social media tile](#)
- » [Protect Canterbury against measles Facebook cover pic](#)
- » [Protect against measles fact sheet – in English](#) (also available in several other [languages](#))
- » [Be a Guardian of the Future email signature](#).

If you'd like to find out what other resources are available, please email Measles Programme Coordinator [Brittany Campos](#).

Ngā mihi nui



**Andrew Brant, Acting CEO
Canterbury District Health Board**

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



Bouquets

Paediatric Outpatients Department, Christchurch Hospital

My son has had four appointments at Christchurch hospital over the past month and we have been so grateful for the awesome care that he has received. Staff have gone over and above to have his favourite DVD playing while he has a procedure. They have also been very patient and enabled him to understand what is happening and what he needs to do to get the desired results. Staff have been super patient with him asking questions over and over due to his anxiety. They haven't tried to dismiss his fears which has led to his trust increasing in hospital staff. Staff have also allowed him time to play with their equipment and desensitise for further appointments when this equipment will be used. I am so grateful for the wonderful care that he is receiving. Thank you.

Ward BG, Burwood Hospital

I want to say a huge thank you to all the staff and team in Burwood Hospital's dementia care unit. My father passed away in the hospital and the care that the teams have shown my father and my family has been amazing. The team were so supportive and caring. They are all saints in my family's eyes. Unfortunately, I am the only family member in New Zealand, however, my brother and sister and my father's brothers and sisters thank the team endlessly. We have so much appreciation and aroha for them.

Human Milk Bank, Christchurch Women's Hospital

I'm thankful for the Human Milk Bank and for the opportunity to donate my milk to the babies. It was a very easy process. I recommend it for any woman considering donating.

Dental Service

I went to your dental department and it was wonderful service and care. I would like to pass on to all the staff my thank you. You do a great job.

Keri Sulz, Eye Outpatients

Just a quick note to draw Booking Co-ordinator Keri Sulz to your attention. She has effectively and efficiently managed scheduling and rescheduling appointments on multiple occasions for our daughter across the last year, taking ownership of each situation we put in front of her, and followed through when she has said she will be in touch with us. On one occasion, Keri went over and above to help coordinate several surgeries on one day for our daughter, and has again this week, worked to find solutions when we have had conflicting clinic appointments. Thank you, Keri, for being so easy to work with. It's wonderful to strike someone so reliable and willing to help, and we think you are an asset to your team.

Gastroscopy, Christchurch Hospital

I want to express our thanks to everyone. Our son had an appointment for a gastroscopy with Mr Michael Burt. Our son has refractory epilepsy and intellectual delay and was understandably very anxious. Everyone concerned helped to alleviate his (and our) nerves and Mr Burt was wonderful as was everyone else.

Sara and Physiotherapy team, Ward B8, Waipapa

Highly recommend the work Sara and the Physiotherapy Team are doing. I think my father is in great hands.

Ward DG, Burwood Hospital

I want to say a very big thank you to everyone who has been caring for Mum. Everyone has been so helpful and caring and made her stay as nice as it could be given the circumstances. We all know that hospitals are not the place we want to be in and around, but the Burwood facility is extremely impressive and very warm and welcoming.

Ward 11, Christchurch Hospital

I would like to say thank you and good wishes to the hospital staff for excellent service and hospitality.

Minor Surgery Unit, Burwood Hospital

Thank you so much for today. Couldn't have asked for more caring, friendly staff as I'm really not the best person when it comes to things like this. Thank you.

Minor Surgery Unit, Burwood Hospital

Very comfortable and I appreciated being kept well informed throughout.

Maternity Ward, Christchurch Women's Hospital

We can't say enough good things about the care we received after the birth of our baby. The midwives, nurses and support staff were exceptional. We received 24-hour care, attention and support. When there was a concern about feeding with our newborn, a lactation consultant was called out. We weren't discharged until everyone was satisfied with his feeding. We couldn't have started better with our baby. Many, many thanks to the skilled and caring team.

Ward FG, Burwood Hospital

I had surgery with Mr Khalid Mohammed. Your staff are truly a caring, professional group of nurses and they could not have been kinder to me. Please look after them as they are a very special group of people.

Maternity Unit, Rangiora Hospital

I have had many procedures in the past, but I am so overwhelmed at the opportunity of having somewhere to go after leaving Christchurch Hospital in order to rest and recuperate. I appreciate all the staff for what you have done for me.

Ward B7, Christchurch Hospital

My son was recently looked after by the team at the Children's Surgical Admissions Unit and the staff were amazing! They were so kind, compassionate and warm and made the whole process of surgery very relaxed and non-threatening for my son. Thank you so much for all you do.

Christchurch Women's Hospital

I was admitted to Christchurch Women's Hospital recently (two weeks earlier than expected) and I must say I had the best experience there. All the staff were approachable, down to earth, caring and professional... Such a credit to Canterbury DHB to have amazing staff caring for us all.

Acute Assessment Unit (AAU), Ashburton Hospital

I went to Ashburton Hospital's AAU and want to praise all the staff who I had contact with as I waited to be seen by the doctor on call. The staff who were rostered on were very professional, caring and thoughtful in their actions. I was checked on often as I waited and was asked if I was comfortable and offered coffee, tea and water by a range of different staff. I was also asked if I was warm enough and required a blanket and kept up to date on when I would be seen by the doctor. The staff were apologetic about the long

wait and were all very courteous, understanding and very reassuring. I was very encouraged by the positive manner in which I was treated and want to pass on my thanks and gratitude to a group of staff who made my long wait a lot easier under the circumstances. I would like them to know that their kindness, professionalism and respect was extremely valued and appreciated. Thank you very much.

Nurses, Wards B3 and A5, Christchurch Hospital

I would like to take the time to highlight some of the amazing nurses you have. Firstly, during my assessment I was tended to by a nurse in training named Alice and her supervisor, a nurse named Annette. Alice was lovely, and I could see she was incredibly committed to doing a thorough job and adhering to all the correct steps and procedures. Her care and concern felt very genuine. Both Annette and Alice regularly checked on me to make sure I was comfortable and were friendly and attentive. Alice will make a fantastic nurse in the future and would be a great addition to your hospital. But the nurse who really blew me away with her level of care was the nurse who tended me in A5. I believe her name was Anna Marie. I had experienced a very rough and miserable night, Anna's level of care made me feel like I'd had an angel sent my way. From the moment she saw me she could tell I was in pain and miserable and quickly got me the pain meds I needed. She regularly checked up on me, and always did everything she could to make me comfortable or try and make things easier for me. I felt that she was giving me 100 percent of her effort 100 percent of the time. She did all these things with a bright smile and friendly and caring attitude. I was never once made to feel like an inconvenience, she was always happy to answer any questions or requests I had even when was clearly quite busy. She was always quick to see me if I pressed the call button despite it being busy and kept me up to date with everything. She is the best nurse I have ever had and made the whole being in hospital experience far less miserable. It was easy to see to the amount of dedication and genuine effort she puts into her work. She truly is an irreplaceable asset to your team.

Big Shout Out

To: The Smokefree team

Thank you for the new no smoking/vaping signs at the Nurses' Memorial Chapel garden. From a staff member (RN) who appreciates the peace and fresh air during lunch breaks. Many lunches spoilt by inconsiderate staff members... but not anymore. Keep up the good work Smokefree team!

#carestartshere

On Behalf of the Committee

Working-group Against Violence in ED

This week we introduce Barb Nelson, Chair of the Working-group Against Violence in ED (WAVE) Committee.

The Emergency Department (ED) is a busy place, with up to 300 patients being seen each day.

Most of the time, patients pass through the doors and willingly accept and appreciate treatment. Sometimes, though, those being seen don't want to be there – particularly if they are under the influence of alcohol or other drugs.

WAVE is an advisory and monitoring group for ED that supports the zero-tolerance approach to violence. There are national and Canterbury DHB-wide programmes of work being developed. WAVE has been instrumental in bringing these issues and concerns to the forefront as well as providing insight into how violence and aggression affects a work place such as ED.

The group meets every two months, aiming to promote safety for all employees and patients in the workplace by reducing risks and to manage and monitor exposure to workplace verbal and physical abuse.

WAVE works with others outside of ED to promote a system-wide response to violence and aggression and pursue initiatives that reduce the risks of exposure to and impact from violence and aggression towards ED staff and patients.

The group also reviews Safety 1st incidents related to violence and

aggression to identify trends and to take actions according to the incidents.

"Each year we re-run the 'May, it's not ok' campaign to encourage reporting of violence and aggression towards staff and other patients in ED," Barb says.

The data gathered is reported back to service and operations managers.

"Any recommendations for improvement in processes are discussed at senior management level with our ED staff before implementation.

"As a result of previous 'May, it's not ok' campaigns, we now write letters to the patient or visitor who was violent or aggressive and describe the incident that occurred, providing an explanation why this is unacceptable behaviour."

These letters are sent via Canterbury DHB's corporate lawyer's office. In some cases, the letters have resulted in apologies from the aggressor.

"Our findings have contributed to national print and TV media. They have also been published in academic



From left, Former Safety Advisor People and Capability Nikki Hunter (former member), Chair and Associate Clinical Nurse Manager Barb Nelson, Nurse Manager Anne Esson, Injury Management Coordinator Russell Morrison, Nurse Coordinator Clinical Projects Polly Grainger, Nurse Researcher Sandy Richardson, Professor of Emergency Medicine Mike Ardagh, Nurse Consultant North/West Community Mental Health Teams Crisis Resolution Jo Barry, and Security Operations Advisor Phil Shaw

Absent: Administration Manager Maryanne Sievers, Emergency Medical Specialist Suzanne Hamilton, Health and Safety Registered Nurse Representatives Felicity Turner and Sarah Gallagher, Project Specialist Wellbeing, Health and Safety Marinda Matthew, Health and Safety Advisor Charles Morrison, Health and Safety Manager Zoe Brangwin, Nurse Manager Neonatal Debbie O'Donoghue, and Charge Nurse Manager Plastic Surgery Sharon Minchington

journals and been entered into national submissions."

The work of WAVE better equips staff to de-escalate and manage exposure to violence and aggression.

"In turn, this creates a safer environment for our staff experiencing it and our patients who are witnessing it," Barb says.

"I like being able to advocate for staff and to put things in place that minimise our risk and encourage staff to report incidents and support them in doing so."

If you have any questions about WAVE, email Chair and Associate Clinical Nurse Manager [Barb Nelson](#).

If you wish to have a committee featured in this segment, please email naomi.gilling@cdhb.health.nz

Equitable Access to HealthOne

HealthOne has recently applied for, and received, Ministry of Health sustainability funding via Canterbury DHB for a project to advance the provision of equitable access to health information for Canterbury Māori and Pasifika community-based health organisations.

Currently, the majority of these organisations in the South Island do not have access to centralised information for the patients they see, says Product Manager, Regional HealthOne Programme, Troy Gilmore.

"This creates difficulties for health professionals in ensuring equitable treatment for the communities they serve, as they are unable to access up to date information about their patients."

This additional project funding will advance the provision of access to centralised electronic health records and services to health professionals in Māori and Pasifika community-based health organisations. This will help achieve parity with organisations providing similar clinical services to other sectors of the population.

The patient information in HealthOne has historically only been accessible over the Ministry of Health-administered, Connected Health Network connection, he says.

"While offering a secure connection, this does limit access to information for community-based and mobile health providers."

The obvious next step forward, to enable increased access, is to move to a secure web solution. Providing access to HealthOne over the web will broaden community services access to the information they need to provide the best care for their patients.

HealthOne

Shared knowledge - better, safer care

Healthcare professionals need to be able to see their patients' information, but equally that information must be held securely, and patient privacy must be maintained.

"These are central aspects to providing patient information to healthcare professionals and cannot be compromised."

A current project will deliver the tools for web access to HealthOne and ensure that security aspects are addressed, Troy says.

As part of this new project we will work with the community-based health organisations to establish suitable systems to ensure that only authorised and authenticated registered healthcare professionals will have access to information, and their access will be monitored and recorded."

Any inappropriate access to patient information will be captured and investigated.

Upon completion of this project, HealthOne aims to provide secure, audited Electronic Health Record access to Māori and Pasifika community-based health providers in Canterbury. The solution is being designed so that it is scalable and will eventually include Māori and Pasifika healthcare providers across the other four South Island DHBs.

"Looking ahead to the future, we believe that the web access solution, and associated privacy/security implementation, can also be scaled up to include other sectors in the South Island health system, including community nursing, midwives and areas of Allied Health," Troy says.

**SCAN
QR CODES**
MAKE SUMMER
UNSTOPPABLE



Unite
against
COVID-19

New Zealand Government

Tribute to Reverend Maurice Gray

From Executive Director Māori and Pacific Health Hector Matthews

Kua hinga atu te tawhairaunui tawhito i roto i te ngahere urutapu o Te Waipounamu. E papa te whatitiri, hikohiko te uira, kei hea rā te raukura kua riro nei e. E iri ana te kapua pōuri kei runga i ngā maunga whakahī o Ngāi Tahu. E moe e te uri o Tikao, o Paipeta, o Tainui, o Manawatutera. Takoto mai i te āio, okioki mai rā.

Reverend Maurice Manawaroa Gray MNZM JP, Kaumātua to Canterbury DHB for many years, passed away in Christchurch on 12 January 2021. Maurice was of Ngāi Tahu, Ngāti Māmoe, Waitaha, Ngāti Porou, Ngāti Kahungunu and Rangitane descent and had further connections to Ngāi Tāmanuhiri, Rongowhakaata, Ngāti Kauwhata and Ngāti Raukawa.

A recognised and highly regarded orator of te reo Māori and authority in traditional Māori knowledge and practices, he was the Ūpoko of Te Rūnaka ki Ōtautahi o Kāi Tahu.

Canterbury DHB recognises the significant contribution that Maurice has made to the Māori community and to our Canterbury Health System over many years and offers its aroha to Maurice's whānau at this time of loss.



**IT'S THE SIMPLE
THINGS WE REMEMBER**
**AHAKOA HE ITI
HE POUNAMU**



Human Milk Bank celebrates seven years

This week marks the seven-year milestone of the Canterbury DHB's Neonatal Intensive Care Unit (NICU) Human Milk Bank, which was a New Zealand first.

The Human Milk Bank opened on 4 February 2014 and has been providing neonatal mothers and babies with breastmilk from generous donor mothers ever since.

The aim of the milk bank is to support mothers who wish to breastfeed by providing pasteurised donor milk in the first week after birth until their own supply of breast milk establishes. It also provides donor milk to babies who are sick and or very premature. In 2019, 919 babies were admitted to NICU and 40 percent of these were supported by the milk bank with pasteurised donor milk.

Neonatal Nurse Schol Obery says the seventh anniversary is a wonderful opportunity to celebrate and acknowledge the hard work and dedication of Canterbury DHB's milk bank staff, NICU staff, maternity staff, and especially the commitment and altruism of the donor mothers.

"Seven years ago, we launched the first human milk bank in New Zealand with the goal of supporting Canterbury mothers with babies in the NICU to be able to access breast milk in times when their milk was not available due to illness or their baby being born too early.

"It has been a career highlight for me to watch it grow into a service that can now offer pasteurised donor milk to NICU babies in other units in the country in emergency situations, being able to extend the service to maternity and other wards in Canterbury DHB (when stock levels permit), having pasteurised donor milk available for research and offering a community door-to-door pick-up service."

In addition, the milk bank has supported the Rotary Community Milk Bank with pasteurising its stock until their full service came online.

"The generous support we have received from the International milk banking community, our local community, the Canterbury Neonatal Unit Trust and the absolutely brilliant donor mums has never waned. I want to acknowledge and thank everyone for all the hard work that has led us here to our seven-year anniversary," says Schol.

The human milk bank is now at the point where it would like to have active conversations about the value and safety of pasteurised donor milk in New Zealand.



Donor Mother Kiri Back-Hansen

"We have been instrumental in facilitating a National Milk Banking Network where like-minded health professionals can have a korero about the role and scope of milk banking and related matters in our beautiful Aotearoa. The first meeting was held in October 2020.

"We have provided tours of the milk bank, provided resources on how to set up a milk bank and shared screening resources and milk bank operational guidelines to centres such as Rotary Community Milk Bank, Wellington, Auckland, Palmerston North and Blenheim."

If anyone is interested in becoming a donor, they should visit www.cdhb.health.nz/humanmilkbank to find out how to get involved and help our Human Milk Bank continue to support babies in need.

Long serving nurse bids farewell after 51 years of nursing

The Post Anaesthetic Care Unit (PACU) team and other Canterbury DHB staff have bid a fond farewell to popular Registered Nurse Kathy Condon whose nursing career connected her with many over an impressive 51 years.

Kathy retired on Friday 22 January.

Kathy trained with the Christchurch Hospital School of Nursing and started her nursing career in 1970. Many areas of nursing practice featured in her nursing years, with two of special significance.

One was the Intensive Care Unit where she worked for 20 years, the other PACU/Recovery, where she began work in 2005. From these specialist areas of nursing, many warm friendships grew.

Alongside Kathy's regular work day, she committed many years towards her community in impressive volunteer roles. As an elected community board member for the Papanui Ward she supported the community at significant periods of time affecting Canterbury.

International Paralympics events and athletes were supported by Kathy on three occasions as nurse support from as early as 1970 and she continues to remain connected to Paralympics New Zealand today.



Kathy Condon and Charge Nurse Manager Post Anaesthesia Care Unit/Recovery Leigh Parson

To the profession of nursing, Kathy provided longstanding support to her nursing colleagues as a New Zealand Nurses Organisation (NZNO) workplace delegate since 1990, and a NZNO regional council member from 2005.

To her friends and colleagues, Kathy has shared impressive role modelling with her clinical expertise, a generous spirit and natural compassionate care of others.

We wish her a warm farewell.

**Remember to
be SunSmart**



**Cancer
Society**
Te Kāhui Matepukupuku
o Aotearoa



Slip, slop, slap and wrap!

One minute with... Charlotte Ward, Public Health Analyst

What does your job involve?

My day-to-day analyst role involves producing research and crunching data to support public health action. Whether that be carrying out infectious disease surveillance, updating the Canterbury Wellbeing Index, or evaluating public health programmes. But, like so many within our health system, my role has changed significantly since COVID-19. The majority of my work now supports Community and Public Health's contact tracing work. This means liaising with the National Investigation and Tracing Centre at the Ministry, training staff how to use contact tracing information systems and updating procedures.

Why did you choose to work in this field?

I truly believe the saying, "an ounce of prevention is worth a pound of cure". New Zealand's COVID-19 response is a perfect example of effective and cost-saving public health measures in action.

What do you like about it?

The past 10 months have been a rollercoaster, but I've enjoyed the variety and responsive nature of the COVID-19 work. Analyst work often involves working with very few others, so it's been a delight to work with a large team of amazing people throughout the Canterbury Health System.

What are the challenging bits?

We're constantly learning more about COVID-19 and therefore our policies and response changes frequently. You'll finish updating a procedure and then a change in policy will occur nationally, and you'll find yourself working on a new draft procedure!

Who inspires you?

People who dedicate chunks of their life to helping others through voluntary work – truly inspiring and selfless.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

COVID-19 has been a stressful time for many of us working within the health system, and public health outcomes have certainly been in the spotlight. Showing colleagues patience and kindness in times of stress has been so important throughout the past months, while striving as a team to maintain an effective and efficient contact tracing response.



Something you won't find on my LinkedIn profile is...

The number of times I've re-watched the TV show Friends.

If I could be anywhere in the world right now it would be...

A beach in Bali with fresh food and cocktails.

What do you do on a typical Sunday?

Brunch in the morning with friends and a walk up the Port Hills with my pup, Ardie.

What's your favourite food?

A good platter filled with delicious cheese and fresh dips.

And your favourite music?

I like a mix, but for a road trip I love some Kiwi classics like Six60, Fat Freddy's, Broods and throw in some Dave Dobbyn for good measure!

Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.



Embrayce

Beauty & Medispa

Embrayce Beauty & Medi Spa

363 Colombo Street, Sydenham

Treat yourself and get 20 percent off full price treatments (excludes nail services).



Christchurch City Council Gyms

Jellie Park, Pioneer, Graham Condon, Taiora QEII

Sign up for a pool or gym memberships and get 20 percent off.



Edwards & Hardy Roofing

9 Halwyn Drive, Hei Hei

Edwards and Hardy are offering 10 percent off all roof moss treatments.



HAPA

111 Cashel Street, BNZ Centre, Christchurch Central

Receive 10 percent off all non-discounted items in store.

We also have plenty of other great deals from local businesses, check them out [here](#)!



"I'm helping protect our community against measles."
GRACE GATENBY

RMO
AND A GUARDIAN
OF THE FUTURE

Aged 15-30? Get your MMR shot now!

Catch-up on your MMR at work

Book in [here](#) to a clinic that suits you:

Friday 5 February,
11am – 3.45pm,
Great Escape Lounge,
Christchurch Hospital

Wednesday 10 February,
8.30–9.15am,
Ward 2,
Burwood Hospital

Quality improvement scientific symposium virtual sessions – February 2021



The Health Quality & Safety Commission (HQSC) is hosting a series of free one-hour webinars at 12pm every Thursday throughout February.

All staff are welcome to attend at the following booked Canterbury DHB venues or individuals can register directly [here](#).

CDHB venue	4 Feb 2021	11 Feb 2021	18 Feb 2021	25 Feb 2021
Burwood	Room 2.3a	Room 2.6	Room 2.6	Room 2.6
Manawa	Room HP 311	Room HP 310	Room HP 314	Room HP G10
SMHS (Hillmorton)	Fountain Room, Administration Building	Fountain Room, Administration Building	Fountain Room, Administration Building	Fountain Room, Administration Building
32 Oxford Terrace	Level 1, Room 125	Level 1, Room 125	Level 1, Room 125	Level 1, Room 125

An overview of each session is outlined below and includes a keynote speaker, a rapid fire presentation and an opportunity for interactive Q&As. Please note Canterbury DHB keynote speakers are Executive Director Māori and Pacific Health Hector Matthews on 4 February, and Consumer Advisor Linda Smith and Family Advisor Nicki Thorpe on 11 February. If you have any questions, please contact Quality@cdhb.health.nz.

The Health Quality & Safety Commission is hosting a series of virtual one-hour webinars at 12pm every Thursday in February 2021.

Each session features a keynote speaker, a rapid-fire presentation and an opportunity for Q&As.

Date	Keynote speaker	Rapid-fire presentation topic and speaker
4 February	Hector Matthews, executive director, Māori and Pacific health, Canterbury District Health Board (DHB)	Estimated dates of discharge and elective surgery Andrew Jones, improvement programme manager, Auckland DHB
11 February	Linda Smith, consumer advisor, and Nicki Thorpe, family advisor, Canterbury DHB	Improving access to care and the journey for Māori and whānau with diabetes Pauline Ansley, clinical manager, West Coast Primary Health Organisation
18 February	Pat Snedden, board chair, Auckland DHB	Opioid-induced ventilatory impairment – post-op: snooze or lose Karen O'Keefe, improvement advisor, Northland DHB
25 February	Dr Martin Chadwick, chief allied health professions officer, Ministry of Health	Considering ethics in quality improvement Emma Forbes, quality improvement advisor, Health Quality & Safety Commission

For any enquiries, please contact: jane.lester@hqsc.govt.nz

Summer evening talks

All are welcome to a great line-up of free summer evening talks as part of the Otago University summer sessions.

The four talks are just over an hour long and are livestreamed during the summer school. An invitation is extended to anyone who would like to hear from leaders on important public health issues. All the talks take place at the University of Otago, Wellington.

Details on the talks as follows:

Monday 1 February, 5.15pm*

The global response to the COVID-19 pandemic

The Right Honourable Helen Clark, Former UNDP Administrator and Prime Minister of New Zealand

**Note this event includes the official opening of the Summer School.*

Wednesday 10 February, 5.15pm

Risk perception during a COVID-19 'info-demic' and public health challenges for us in the future

Dr Jonathan Jarman, Medical Officer of Health, Taranaki DHB

Tuesday 16 February, 5.15pm

Book launch: Improving our buildings, cutting carbon

Author presentations. Official launch by Dr Geoff Bertram, Institute for Governance and Policy Studies, Victoria University of Wellington

Thursday 18 February, 5.15pm

Source water - the crucial fourth water missing from the new Taumata Arowai Three Waters Review

Dr Mike Joy, Institute for Governance and Policy Studies, Victoria University of Wellington



We hope to see you there as we celebrate the 25th anniversary of the Public Health Summer School. We expect talks will finish around 6pm and refreshments will follow.

The University of Otago Public Health summer school has some vacancies for its day courses, including those on COVID-19 topics. More information and enrolment information is [here](#)

Latest Community Health Information Centre newsletter out now

The Community Health Information Centre (CHIC) provides free health resources to any person or organisation in Canterbury, South Canterbury, West Coast and Chatham Islands.

The resources are developed by Community and Public Health staff, and other health agencies.

The [January 2021 edition of CHIC's newsletter](#) is out now and highlights new and revised free resources available from your local CHIC office, as well as recently deleted resources.

For more information about CHIC and to order resources online visit the [Community and Public Health website](#).



Noho ora pai ana I te korokeke
Living well with Dementia

Community Education Seminar

Wednesday 3 February 2021

“Talk dementia with a doctor”

What is dementia?

Is it hereditary?

What types are there?

How is it diagnosed?

An opportunity to hear Dr Brian Deavoll, Psychiatrist of Old Age, Canterbury DHB, talk about dementia.

He will also respond to questions posed by participants. Email or phone your questions to Dementia Canterbury in advance or bring your questions with you to this seminar.

Please register early!
Ph 379 2590 or 0800 444 776

Date: Wednesday 3rd February 2021

Time: 1.30 – 3.00 pm

Venue: Seminar Room at Dementia Canterbury
Unit 3, 49 Sir William Pickering Drive, Burnside

(Some parking available on site or in neighbouring streets)

Address: 3/49 Sir William Pickering Drive, Burnside, Christchurch **Postal Address:** PO Box 20567, Christchurch 8543
Ph: 03 379 2590 or 0800 444 776 **Email:** admin@dementiacanterbury.org.nz **Website:** www.dementiacanterbury.org.nz

Patricia
Ara Pacific Advisory
Group chair

GET READY to mentor

Equip yourself to enhance professional practice and accountability with the Postgraduate Certificate in Professional Supervision, starting at Ara in March.

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