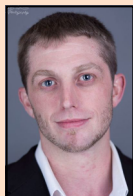


# Canterbury District Health Board

## Electing 7 Board Members

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### **Robert READ**

My principal place of residence is in the Canterbury District Health Board area.

Mental health is the biggest issue facing us in Canterbury, and I have perspectives and experiences in the area which will assist the DHB to make the best decisions to address these issues.

I have been both a sufferer from mental illness, an advocate for interventions, and assisted others in their own struggles.

Suicide is the biggest killer of young New Zealanders and afflicts many others. One more is one too many.

We need to bring the number of people ending their own lives down and help all cantabrians be well in mind as well as body.

The DHB has a role to play not only at the acute and critical stage, but also in ensuring we lead healthy, connected and active lives.

For further information on what I've done check out [killingthestigma.com](http://killingthestigma.com)

Vote Robert Read to bring the voice of lived experience to the board.

#### *Conflict of Interest Statement*

To the best of my knowledge and belief, I have no conflicts of interest with the Canterbury District Health Board (CDHB) at the date of my notice of consent to being nominated as a candidate for membership of the board of the CDHB, and I do not believe that any such conflicts of interest are likely to arise in future.