



## Our vision takes flight as new helipad put through its paces

There was a special informal ceremony this morning for a couple of the key people who have worked tirelessly behind the scenes to make the helipad on top of the new Christchurch Hospital, Hagley Building a reality. This morning was extra special for Clinical Leader of the Canterbury Air Retrieval Service David Bowie, and Clinical Nurse Coordinator Air Retrieval Shane McKerrow. Both David and Shane have been involved behind the scenes and talking about a rooftop helipad for Canterbury for more than 20 years. Thankfully that dream has been landed.

It was a moment to behold seeing their faces as the chopper gently touched down. This week will see the air retrieval teams doing stretcher transfers as part of the training regime. Over the past week it's been all about landing, taking off and parking with two choppers on the rooftop pad at times. Testing will continue over the coming weeks to ensure all the new technology and systems around it, such as the advanced lighting system, perform as they should.

There are around 800 landings each year on the Hagley Park helipad, and with a 40 percent increase in emergency care landings and transfers over the past three years we knew our community needed and deserved better – a facility that would support teams to provide world class, life-saving treatment as quickly and as smoothly as possible.



Shane McKerrow (left) and David Bowie (right)



Trials involving using stretchers start this week

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Thanks to the Māia Health Foundation who with the generous support of our community raised more than \$2 million to make this super-sized helipad a reality. The new helipad will save 13 minutes (on average) on patient transfer time – that's the time it currently takes to transfer a patient from the helipad in Hagley Park. Once operational, life-saving stabilisation treatment will be able to be provided immediately on touchdown in the rooftop clinical support unit – also paid for by Māia's fundraising.

Christchurch Hospital is home to New Zealand's busiest trauma unit, and when it comes to medical care, shortening the length of time between a medical event or accident happening and receiving medical care is very good news for Cantabrians as well as those who are choppered in from throughout the South Island.

The ability of the helipad on Hagley to hold two helicopters was tested last week, with the arrival of not one but two choppers on the pad. The helipad was designed to hold a helicopter parked up while a second lands. The pilots from Garden City Aviation made the positioning of two choppers on the roof look easy.

Watch videos of [day one](#) and [day two](#) of the chopper training sessions on the new helipad.



A peek inside the rescue chopper



Cake to mark the occasion of the helipad becoming a reality – and David Bowie's upcoming retirement



Seton Henderson (left) and David Bowie (right) in the rooftop Clinical Care Bay



The crew from Garden City Aviation stand proud after a gentle touch down on the new rooftop helipad

## New Maternity Assessment Unit – Better for wāhine, whānau and their pēpi

A new Maternity Assessment Unit (MAU) was set up within Christchurch Hospital at the end of August to help create an alternative care pathway for pregnant women who were concerned about their pregnancy, but not in labour. Previously these women were referred into the busy tertiary-care level birthing suite at Christchurch Women's Hospital and spent a lot of time waiting to be seen and assessed.

That's all changed thanks to a new unit set up to meet their needs and run by a team of experienced midwives we employ who now have the professional opportunity to work to the top of their scope. Within the first four weeks of opening more than 200 women were seen by these midwives with just over a quarter being referred on for further assessment following a full review and triage. The remainder were able to return home back into the care of their lead maternity carer (LMC) midwife confident in the knowledge that they and their baby had been checked out and a plan was in place if they had further concerns.

The average length of stay in the new Maternity Assessment Unit was 1 hour and 40 minutes compared to the average 4-6 hours in the Birthing Suite. The new unit has enabled the staff in the Birthing Suite to focus on women and babies who need expert care. As women are rapidly assessed and

triaged in the new assessment unit, those who then need to be seen by a specialist are being seen sooner.

LMC midwives are reporting they are finding it is making a difference and they really value being able to call an experienced midwife who can spend time going over a woman's clinical situation and making a call in collaboration with one of the employed midwives on whether to refer her in to the new unit.

The seven-day service means that women and midwives can come and go as needed – including the weekends. It also means the women who are attending the Day Assessment Unit over the week can now be seen in MAU at the weekend if monitoring is still needed rather than sometimes being admitted for this over the weekend previously.

It's great to hear about the early success of this unit, and the positive feedback from all involved. Importantly from women and their whānau, but also from the midwives working there, community-based LMCs and specialists. It's providing an oasis of calm away from the fast-paced clinical areas in the Birthing Suite – thanks to everyone involved as it's a testament to your skills and experience that this service improvement is such a success.

## Holidays Act

Along with all other DHBs, and in partnership with unions and the Ministry of Business Innovation & Employment, Canterbury DHB will be commencing a review of its payroll system in January 2020 to ensure compliance with the Holidays Act 2003. For more information, please refer to this [link](#) in the first instance. If you have any further questions please raise a case in max or speak to your People and Capability Advisor.

## DHB Election results

The results are in and I congratulate those who were successful in the recent elections. I look forward to working with you. The preliminary results are available [here](#).

I would also like to acknowledge Board members who are departing at the end of November after being on the Board for a considerable length of time. My thanks and good wishes for your future endeavours go to: Dr Anna Crichton after serving 12 years on the Board, Chris Mene who has served for nine years and David Morrell who has been on the Board for 18 years. Over the coming weeks we expect the Minister of Health to appoint up to four additional Board members and all newly appointed and elected Board members will take office on 9 December 2019.

Haere ora, haere pai  
Go with wellness, go with care



**David Meates**  
**CEO Canterbury District Health Board**



## Bouquets

### **Dan, Neonatal Intensive Care Unit (NICU), Christchurch Women's Hospital**

Registrar Dan is a relatable and down-to-earth doctor. Despite Dan being very busy he always made the time for a quick chat if needed. He smiled at us in the corridors and spoke to us on the same level.

### **Ash, NICU, Christchurch Women's Hospital**

Thanks for being a really fun-loving and down-to-earth nurse to both parents and babies. Being a mum in NICU can feel lonely but you were always a happy, bubbly nurse up for a wee chat. You show genuine compassion towards both baby and their whānau. You are hard-working and professional making sure all of your jobs are completed with great care.

### **Ward BG, Burwood Hospital**

Thank you so much for taking such good care of our darling Mum. You all do an amazing job and your kindness is very much appreciated.

### **Ward GG, Burwood Hospital**

Couldn't fault the care – doctors, nurses, care staff, etc.

### **Lucy, NICU, Christchurch Women's Hospital**

We never got your surname, so Lucy with brown hair always in a ponytail. Thanks for being an excellent nurse. I never felt anxious going home when

you were our son's nurse. You always did a wonderful job and touched him with caring and patient hands.

### **Patria, NICU, Christchurch Women's Hospital**

Patria is a fabulous nurse to both whānau and pēpi. Patria spoke to me in a patient and gentle tone while I was experiencing the trauma of a fragile baby. Patria touched pēpi with gentle hands and took her time with him. Throughout our really long stay Patria stood out to me.

### **Ward D1, Burwood Hospital**

Thank you for your kindness and care. There are angels out there. My family wishes to say a big thank you as well. Great food. Ward always clean.

### **Lyndal, NICU, Christchurch Women's Hospital**

Hospital Aide Lyndal thanks for always being kind and super helpful. You're awesome at your job.

### **Outpatients, Burwood Hospital**

Lovely atmosphere. I am a guest waiting on a patient's appointment; clean, professional, warm receptionist, warm room.

### **Karl, Crisis Resolution (CR), Emergency Department, Christchurch Hospital**

I want to thank Karl from CR for his incredible kindness and understanding. At a point where I felt no hope, he had hope and support for

me. He is absolutely the nurse anyone in my position wants and needs. He is an incredible nurse and I can't thank him enough.

### **Ward GG, Burwood Hospital**

Amazing helpful staff. They go that extra mile for patients. No complaints from me.

### **Jen, NICU, Christchurch Women's Hospital**

Hey Jen, thanks for being a really kind nurse. You made discharge feel seamless. You are proficient which meant no stone was left unturned so when we went home everything was organised for us. You have a great bedside manner and a lovely smile that you share with others.

### **Wards 10 and 14, Christchurch Hospital**

I wish to thank the Cardiology Team in Ward 10 for the care, attention and follow up I received during my somewhat extended stay. Response to my questions after discharge and ward appointment were very satisfactorily dealt with. My stay prior to Ward 10 was in Ward 14 awaiting surgery. I was equally impressed with my treatment there during this time.

### **Security, Christchurch Hospital**

Thanks so much all at security for helping with moving my car and really being so sympathetic, especially Brad. Thanks.

### Medical Day Unit, Christchurch Hospital

Dr May and Nurse Russell were wonderful, informative, friendly and very reassuring. I did appreciate their care, warmth and patience. Thanks.

### Emergency Department, Christchurch Hospital

Very impressed with the professionalism.

### Orthopaedic Outpatients department, Christchurch Hospital

Staff were patient, kind and took the extra time to explain options to us during the radiographers' strike. Many thanks for going the extra mile on a hard day.

### Christchurch Hospital

Keep up the good fight. You all do a great job.

### Hospital not specified

Fantastic care received from the nursing staff. Thank you.

### The Bone Shop, Christchurch Hospital

We have visited the Bone Shop three times this year with our family and have found the staff professional, caring and helpful. Time waits have been less than expected. The whole experience each time I would describe as low stress and easy. Well done.

### Dental Services, Christchurch Hospital

Could not have had better treatment anywhere else. Many thanks to Zoe and Helen – brilliant.

### WellFood, Ward 17, Christchurch Hospital

The person delivering food from the kitchen to the ward on 1 October went above and beyond to find food and drink, voicing concerns to nursing staff, then worked to find food so that the patient was able to eat. Thank you.

### Ward 10, Christchurch Hospital

All the staff, support staff included, provided a level of care that I will be talking about for a long time. The support was amazing, clinically, practically and emotionally. Everybody was professional and caring, a hard mix to get right, from doctors all the way through to cleaners. If there was a competition for best ward, Ward 10 should win hands down.

### Breast care nurses, Christchurch Hospital

I would like to commend the women in this department. Catherine, Aleisha, Kat, Di and Ruth. Their professionalism, fun attitude and general abilities are excellent. When you go through breast cancer for a second time it is often the staff that you deal with who help you through the trauma of it all, and these women have been exceptional.



If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at [communications@cdhb.health.nz](mailto:communications@cdhb.health.nz). Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).

# Facilities Fast Facts

## Double duty on the helipad

The helipad on Christchurch Hospital Hagley is designed to hold a helicopter parked up while a second lands, in cases where there are multiple arrivals or transfers.

Last week, pilots from Garden City Aviation landed two choppers on the helipad to test and prove that the helipad can indeed hold two helicopters. They managed to make the positioning of the two choppers look easy.

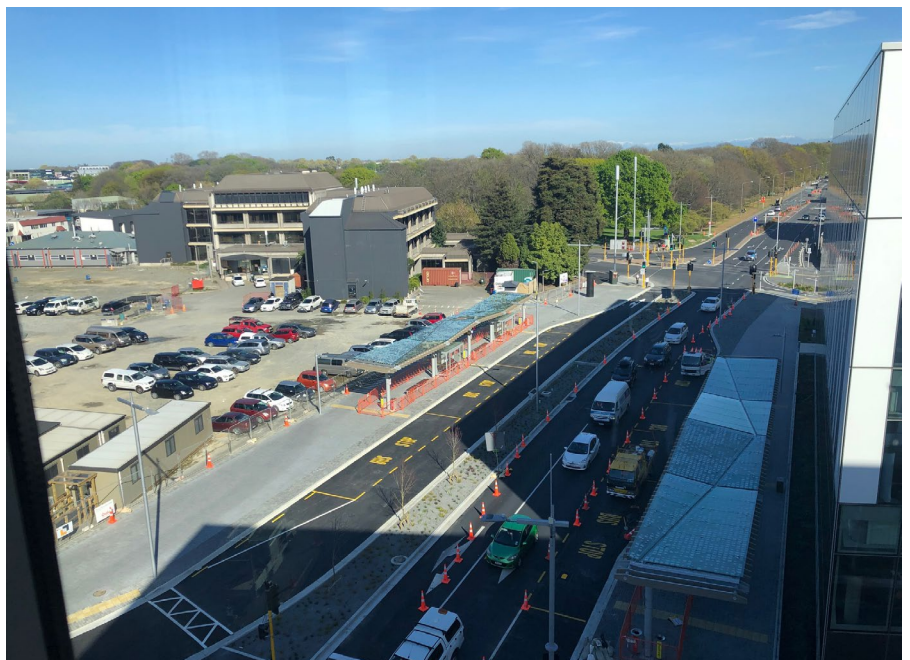
Training continues this week with stretcher off-loading trials.



## Tuam Street Super Stop

The Tuam Street Super Stop will be operational from Monday 21 October. The last pieces of work are being done around the stops and footpaths on both sides of Tuam Street, which are now open. A new and updated map of the services to and from these stops is now on the [Canterbury DHB website](#).

Did you know around 600 accessible buses go directly past the hospital every day, and around 1000 go from the Super Stops to the central city Bus Interchange? Metro cards can be purchased from the Bus Interchange, Christchurch International Airport, Ara Institute, Northland Shopping Centre, University of Canterbury and Lincoln University bookshops, Selwyn District Council offices and community libraries.



View of the Super Stop from Manawa



# Let's get ready to move

## Christchurch Hospital Hagley

Update No: 25

### Training the trainers

Familiarisation tours of Christchurch Hospital Hagley are almost complete, and sessions to train our training staff get underway this week.

Around 100 staff, including Hagley Operational Team representatives and educators, will be going through intensive training on 15, 17, 23 and 29 October. Each session is expected to take around four hours and will cover orientation of spaces and specific training for new clinical equipment and systems.

Some services will be splitting off and working through their own areas, such as Perioperative Services, the Intensive Care Unit and the Emergency Department, which will each have specialist training in their particular areas.

Once the 'train the trainer' sessions are complete, wider staff orientation sessions will begin mid-November.

To book a place for an orientation session, keep an eye on [healthLearn](#) and check with your educators or manager. **Please note that completion of the healthLearn module is a requirement for the site-wide tour.**

Resident medical officers and senior medical officers will be orientated within their clinical areas. Separate sessions are being arranged for those who aren't able to do so.

15  
weeks  
to go



The Intensive Care Unit team on their familiarisation tour, in the family waiting room in the Christchurch Hospital Hagley Intensive Care Unit. The team is enthusiastic about the move to the new facilities and looking forward to a new way of working

#### Familiarisation tours

These allow staff to experience the environment they'll be working in, and include the larger areas and wards so staff can get to know the new, larger areas they'll be working in and between.

#### Orientation tours

These tours are to help staff get to know where things are, how they work, and new models of care. The healthLearn module must have been completed before you can go on one of these tours. These will be in smaller groups to allow for a focused understanding and experience of the spaces.

Stay in touch – you can do this through the [Facebook page](#) or email us at [letsgetreadytomove@cdhb.health.nz](mailto:letsgetreadytomove@cdhb.health.nz).



# Let's get ready to move

## Christchurch Hospital Hagley

continued

### Reducing plastic waste and costs

The move into Christchurch Hospital Hagley is a great opportunity to not only review processes and procedures, but also the consumables we use.

Leading the charge to make Canterbury DHB as sustainable as possible are Project Officer Heather Murray and Supply Coordinator Supervisor Chanel Matthews, who have already made some changes, thanks to an initiative by the Supply Department.

One of the immediate changes is the move from plastic medication pottles to biodegradable paper medication pottles. Originally part of a Collabor8 project by Registered Nurse Brian Salisbury, the nearly 1.2 million plastic bottles that Canterbury DHB uses have been swapped for paper ones. The new 30ml pottles are suitable for liquid or dry medicines.

Supplies Clinical Product Coordinator Deb Bamber says the move "will not only see us doing our bit to save the environment but will also likely realise a 33 percent saving, which is about \$10,000 a year."

In addition to the medication cups, paper cups are replacing Styrofoam beverage cups and ward cutlery is changing from plastic to bamboo. These changes are being rolled out now and will be standardised for Christchurch Hospital Hagley building and rural and West Coast campuses.

This is the beginning of many eco-friendly products to be introduced to Canterbury DHB, Heather says.



The new paper medication cups, which are compostable, take 20 years to decompose in the landfill. Traditional plastic ones are recyclable but take more than 1000 years to decompose in the landfill.



Paper beverage cups will replace the plastic ones currently used on wards



The new bamboo cutlery that replaces the old plastic cutlery used on wards

"As the biggest employer in the South Island, we have a responsibility to take appropriate steps to ensure we contribute to reducing our waste."

The paper medication pottles have been added to Oracle ordering system as a standard item by Canterbury DHB's Purchasing Department and no plastic replacements will be ordered.



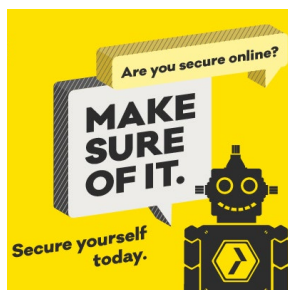
## Keeping data security top of mind this Cyber Smart Week (14–18 October)

The Internet has brought many benefits but like most good things, there is a flipside. It isn't surprising that there are people out there with malicious intentions who view the Internet as a place to take advantage of people.

We hear stories of people who have been 'phished' (scammed) and had their savings stolen; webcams recording people without them being aware of it; people whose email accounts have been hacked and out-of-character or offensive messages sent to their friends, family and/or employer by the imposter; and important, private information stolen and shared inappropriately for the purpose of humiliation, harm and extortion.

But these things would only ever happen to someone else, right?

Not necessarily – scammers are becoming more sophisticated in how they target people and are increasingly finding ways to access your accounts without you even knowing it until some damage has been done. Given most people don't think something like a cyber-attack will ever happen to them, for Cyber Smart Week (CSW) 2019, Computer Emergency Response Team (CERT NZ) is telling people to 'make sure of it' – both at work and at home.



Luckily, there are things we can all do to better protect ourselves online.

Here are our top three tips:

1. Use a strong password that is easy to remember but not easy to guess – particularly as many of us hold sensitive data on our work computers. Avoid using details that people can find on your Facebook page, such as your middle name, maiden name, or your date of birth.
2. Don't click on suspicious links. While some spam emails can appear to be harmless or even humorous, clicking on links can expose your computer to viruses and allow hackers in. Report any suspicious emails to [ISG](#). If you have clicked on a link you maybe shouldn't have, please ring the Service Desk on 80999 (or 364 0999).
3. Use a password manager on your smartphone: using a password manager means you only need to remember your master password, as the password manager stores, protects and encrypts your passwords so no-one else can access them.

Learn more about how you can [protect your data and privacy](#), and keep an eye out in the daily Staff Communications Update email for other tips throughout the week, too.



### The Cloud Transformation Project: How secure is the cloud?

Moving to cloud-based storage is becoming increasingly common. Canterbury DHB is in the process of moving data, applications and other business elements to Microsoft's cloud platform, Azure. We chose Azure because Microsoft spends over a billion dollars every year on data security so that data and business assets can be protected – the same reason a number of other organisations, including the Office of the Privacy Commissioner, Plunket, and BNZ, also choose to store data on Azure.

Data stored in the Azure cloud, and transmitted between the cloud and Canterbury DHB, is encrypted in accordance with New Zealand Government/DHB standards and IT industry security best practices.

If you want to find out more, check out the FAQs on the [Cloud Transformation Project site](#) or email [cloud.questions@cdhnb.health.nz](mailto:cloud.questions@cdhnb.health.nz).

# Looking after yourself

## How to avoid neck strain

With our increasing reliance on mobile phones, laptops, computers and tablets, we are all at risk of a common health issue called 'tech neck'.

This is musculoskeletal discomfort usually associated with looking down at a device.

### What can you do to avoid neck strain?

**Move more** – If you've been in a stationary position for a while, remember to get up, walk around and try some neck and shoulder stretches frequently throughout the day.

**Your neck is an extension of your spine** – Keep it lengthened. The further forward the head hangs, the greater the pressure on the spine.

**Avoid overreaching** – Whether it's reaching for something in the back of the car, at the back of your desk or across a patient, think about whether you can realistically reach it, or reposition yourself.

**Hold it** – Avoid cradling your phone with your shoulder. Hold it in your hand, or better still, consider using your headphones.

**Disconnect when you can** – Laptops, cell phones and tablets should only be used for a small amount of time. Adjust the settings on your devices to reduce blue light after a certain time, e.g. 8pm onwards.

**Workstation setup** – If sitting at a desk or using a computer in any part of your day, make sure your chair is set at the correct height so that your shoulders are relaxed when typing, and the top of the screen is at eye level.

**Stretch it out** – Try these three stretches to get some relief from neck strain:

- › Sit or stand upright. Without lifting your chin, move your head backwards until you feel a stretch.
- › Drop your head slowly to one side, taking your ear towards your shoulder until you feel a stretch.
- › Raise shoulders towards ears until slight tension is felt across tops of shoulders
- › Sitting with your back supported, slowly roll your shoulders up and backwards in a circular motion.

Hold each of these stretches for a slow count of 10 and repeat them three to five times.

Try a few of these suggestions throughout your day and see if it helps with neck strain.

Check out the [Wellbeing Health and Safety](#) section on the intranet for more information to help you to be and stay well at work.



# Major patient care capacity management programme ready to launch

A programme designed to better match staff resources to patient demand to improve patient care, support a healthy and sustainable work environment and make best use of health resources will be launched next month at Christchurch and Ashburton hospitals.

The Care Capacity Demand Management (CCDM): Safe Staffing, Healthy Workplace programme will gradually be implemented across Canterbury DHB's inpatient areas.

The DHB is working in partnership with New Zealand Nurses Organisation, Midwives Employee Representation and Advisory Service and Public Service Association to introduce the programme for nursing and midwifery staff.

Safe staffing and healthy workplaces is a national priority, as agreed to in the Government's accord signed with the nursing and midwifery unions and all DHBs in 2018. It is mandated that all DHBs have fully implemented the CCDM programme by June 2021.

The CCDM programme has four main components with an over-arching governance structure:

- › Patient Acuity – staff use a validated acuity software tool, TrendCare, for inputting data on the intensity of nursing or midwifery care required by a patient, for each shift, so that there is a clear view of patient acuity demands for every ward and area
- › Core Data Set – reviewing how well we're doing against specific measures around quality patient care, a quality work environment and making best use of health resources
- › FTE Calculation – looking at full-time equivalent (FTE) and skill mix requirements
- › Variance Response Management – or forecasting and responding to daily demand.

Having accurate data through TrendCare means there is clear, real-time information on whether areas need added support and how that may be provided. It also means that in the long-term there is robust and transparent information on patient needs and staff capacity to work out where resources are needed.



**CCDM**

Care Capacity  
Demand Management

*Safe staffing, healthy workplaces*



Leading the CCDM work for Canterbury DHB is Nursing Director Care Capacity Demand Janette Dallas. She says it's exciting to finally be in a position to push play, drawing on the experience of past implementations of CCDM by other DHBs and applying lessons learned.

"Gathering this data on how we're working and the patient demand we're responding to gives us the ability to accurately assess whether we have the best staffing mix to do the best job we can and see where we can make improvements – from rosters and skill mixes to models of care."

The success of the CCDM programme is underpinned by people using the patient acuity tool correctly – which is why there will be a big focus on training and support for staff.

"Research has also found that having better systems to help areas experiencing high demand has added bonuses like improving skills of staff being redeployed and increasing networking."

CCDM is governed by a council made up of senior DHB leaders and union representatives, with working groups contributing to the workstreams. Local data councils also work on the core data set and quality improvement initiatives

"There's clear evidence that working in partnership with the unions is a key part of the programme's success and CCDM also provides multiple ways for staff to get involved," says Janette.

You can read more about the CCDM programme and when it's coming to your area on the new [CCDM web page](#) (accessible from work or home).

# ‘Drop, Cover and Hold’ this Thursday for the New Zealand ShakeOut – and plan ahead

The New Zealand ShakeOut – our national earthquake drill and tsunami hīkoi (walk) – is happening at 1.30pm this Thursday 17 October.

Jumping under your desk or dropping to the floor covering your neck and head to participate in the [Drop, Cover and Hold](#) drill at 1.30pm is optional, as is participating in the tsunami hīkoi if you're near the beach. However, it's a great opportunity to think about what you would actually do if a disaster struck and to make a plan if you haven't already.

Some things to consider: Do you know what you'd do if a major disaster happened while you were at work? How would you get in contact with your family? If applicable, who would pick up the kids from school, and does your school have a list of approved people to pick up your young one if you couldn't?

How would you get home if the roads were closed? Do you have a power bank to charge your phone if the power was out, and is the power bank charged and ready? Do you have some food to keep you going if you had to stay at work overnight?

If you're not sure, then this is the time to make a plan using the [Civil Defence Emergency form](#). You can also do one for your [household online](#).



As the author Franz Kafka is believed to have said, “It’s better to have it and not need it than to need it and not have it” – words that still ring true in all sorts of situations, including disaster planning!

# Tribute to Antony Todd Young

## (15 August 1951 – 7 September 2019)

It is with great sadness that we acknowledge the recent death of Dr Tony Young.

Tony gained his medical degree from Otago University in 1975 and was a house surgeon and radiology registrar in Christchurch, winning the HR Sear prize for the best candidate in the final examination. This was followed by fellowships at the University of Minnesota Hospital in the United States and Hammersmith Hospital in the United Kingdom, from 1982 until 1985.

Tony and his family returned to Christchurch where he was a consultant radiologist from 1986 until his retirement in 2016. He was the first true interventional radiologist in the South Island and during his career oversaw the growth of this subspecialty to the point where it now plays a pivotal role in the management of many surgical and medical patients.

In addition to pioneering many procedures that are now commonplace, Tony fostered and enhanced the roles of radiographers and radiology nurses with the aim of improving patient care, outcomes and efficiency.

Tony's wonderful sense of humour and enthusiasm for life made him very popular wherever he worked. His surgical and anaesthesia colleagues enjoyed his theatre banter, while at the same time admiring his wonderful interventional abilities. His relaxed approach with no great fanfare meant patients felt very comfortable under his expert care.

Tony was an active member of the Royal Australian and New Zealand College of Radiologists, holding various positions over the years. He was also the managing radiologist of Christchurch Radiology Group, and subsequently Pacific Radiology for 17 years. Tony was hugely talented – he was both highly intellectual and extremely practical, and was at his best dealing with high-risk, complex cases.

He was extremely approachable with a "can do" attitude, cheerfully accepting further cases, no matter how great the work load.

Tony's radiology legacy is a strong interventional radiology department, the younger radiologists whom he inspired with his skill and enthusiasm and the many medical radiation technologists and nurses who became integral members of the team.

Outside of work, Tony's happy place was in the Marlborough Sounds, surrounded by friends and family. He

loved being on the water whether it was water-skiing, fishing, diving or just relaxing with a glass of wine. Tony, along with his wife Judith, was generous in sharing his special place and his large group of friends were the beneficiaries of this. He enjoyed travelling and he and Judith spent six months travelling around Europe after he retired from Christchurch Hospital.



Tony Young was a very special man. The combination of his huge intellect, huge generosity, huge enthusiasm for life, a wonderful sense of humour, great practical skills, and a desire to always help out if asked, made him unique. He set a great example for all of us to try and follow. In all aspects of his life Tony was of course very much supported by his wife Judith. This also extended at times to her using her nursing skills to assist him in the interventional suite!

He is survived by Judith, children George, Alex and Harriet and grandchildren Oliver and Harry.



# Making a difference “the best thing”

“I probably knew some of the people I supported better than my own children,” says Sandy Savin of her work with intellectually disabled people, first at the Templeton Centre and then Brackenridge.

Brackenridge Practice Leader Sandy, a Registered Psychopaedic Nurse, retired recently after a nearly 50-year career.

Making a difference in people’s lives was the best thing about the job, particularly around behavioural support and encouraging positive change, she says.

“I always preferred to support individuals whose behaviour challenged everyone, those who staff found difficult to make a positive connection with. I found this group the most rewarding to work with, seeing some positive outcomes, with changes in their lives due to positive behaviour support strategies.”

Sandy began work as a student nurse at the former Templeton Centre for people with intellectual disabilities. She was registered as a Psychopaedic Nurse in 1973. Psychopaedic relates to the care of intellectually disabled people.

Sandy was the first domiciliary nurse at Templeton, visiting the centre’s short-stay clients in their homes – from Cheviot to Timaru. She was promoted to Charge Nurse before leaving work to have children. She returned full-time in 1984 and stayed until Templeton closed in 1999, going to work for Brackenridge the following day.

Sandy became a trainer in best practice for restraint minimisation and set up the Behaviour Service for Brackenridge, focusing on intervening before clients reached a crisis point. She and Brackenridge Practice Leadership Manager Julie Hampton presented their findings at a conference in Manchester.

Sandy assessed and developed many Behaviour Plans and completed Risk Assessments. She engaged with staff in training and supported staff to implement plans for the best outcomes.

Julie says Sandy is known to many staff across Canterbury DHB.

“She has so much knowledge and wisdom, and a great ability to connect with people and build relationships, both with the people we support, their families and with staff. It’s a real loss and she will be very much missed.”

[Brackenridge](#), an independent subsidiary company of Canterbury District Health Board, is a charitable organisation that provides support to children, young people and adults with disabilities and autism in Canterbury.

It was established in 1999 following the closure of the Templeton Centre.



Sandy Savin

## Always on the go? Take Healthinfo with you

HealthInfo is Canterbury’s go-to site for information about your health.



# Vagahau Niue – it's Niue Language Week!

Fakaalofa lahi atu!

Sunday 13 – Saturday 19 October is Niue Language Week!

## Fun Facts! Did you know...

- › Niue is one of the smallest countries on earth and the largest raised coral atoll with a population of 1624!
- › Niue peoples are the fourth largest Pacific community living in Aotearoa New Zealand with 23,883 people, 495 of whom live in Christchurch.
- › 74 percent of Niue peoples are born in New Zealand and Niue's currency is the New Zealand Dollar given that Niue is in free association with New Zealand.

Simple ways you can support Niue Language Week:

1. Use a Niuean phrase every day this week! Below are a collection of useful words and phrases you can use in everyday situations whether you're at work or at home. It doesn't have to be complex or complicated, why not give it a go?
2. Get out and about! Pop along to these community events celebrating Niue Language Week, everyone is welcome!
  - › Family Makerspace – Make a Niuean leaf envelope for someone you would like to celebrate or thank.  
3.30–4.30pm, Monday 14 October  
Aranui Library, 109 Aldershot Street
  - › Niuean Storytime – enjoy stories, songs and rhythms in Vagahau Niue  
10.30–11.00am, Thursday 17 October  
Aranui Library
  - › Family Makerspace – weave a Niuean Lili (table mate)  
2.30–4.00pm, Saturday 19 October  
Tūranga, 60 Cathedral Square

You can find more information and useful resources on [Niue Language Week here](#).



## Useful phrases

Hello	Fakaalofa lahi atu
Goodbye	Kia monuina
We will meet again	To feleveia
Please	Fakamolemole
Thank you	Oue tulou/Fakaaue lahi
May you be blessed	Kia monuina
What's your name?	Ko hai e higoa haau?
My name is...	Ko _____ e higoa haaku
Good morning	Monuina e pogipogi
Good evening	Monuina e afiafi
Good night	Monuina e po
Have a nice day	Monuina e aho
Yes	E
No	Nakai

# One minute with... Andrew McCombie, Research Officer and Data Analyst, Department of General Surgery

## What does your job involve?

As the job title suggests, I help with research projects in the Department of General Surgery and also help manage the data collection and analysis from the operations that happen around the hospital. Helping with research projects includes study design, ethics applications, data collection, data analysis, manuscript preparation, and publication. Data collection and analysis for operations around the hospital is primarily done on "scOPe".

## Why did you choose to work in this field?

My undergraduate and early postgraduate studies were in psychology and my PhD was in psychology as it relates to physical illness. I have always enjoyed data collection and data analysis enough to be willing to work in this field, and the skills I learnt in my studies have been highly adaptable to working in the Department of General Surgery. In fact, having a good background in quality of life and patient-reported outcomes has made me able to contribute new skills to the Department of General Surgery.

## What do you like about it?

I enjoy seeing what is happening in the hospital from a data point of view and I also enjoy helping surgeons design and perform new studies.

## What are the challenging bits?

Ensuring the correct data is being collected accurately and learning "scOPe" have been challenging thus far.

## Who inspires you?

Everyday people who do the best with what they have got. Most people on the planet don't get to play professional sport or become a prime minister but I love hearing stories of "normal" people who overcome adversity, such as chronic illness, injury, or other adverse events (including earthquakes).

## What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

A lot. "Responsibility for outcomes" is most central to my job as I want to keep an eye on patient outcomes for all patients who come through the Department of General Surgery. The other two should be implicit in any role at Canterbury DHB.

## Something you won't find on my LinkedIn profile is...

I love cricket (I was a little traumatised by that World Cup final a few months ago however!)

## If I could be anywhere in the world right now it would be...

Apart from at home in Christchurch, probably Chiang Mai, Thailand.



## What do you do on a typical Sunday?

Relax, do the washing, catch up with chores, watch TV.

## What's your favourite food?

Roast lamb (New Zealand) or pad thai chicken (international).

## And your favourite music?

Too embarrassed to say any more than '90s music.'

# Canterbury Grand Round

Friday 18 October 2019 – 12.15-1.15pm, with lunch from 11.50am. All staff and students welcome.

Venue: Rolleston Lecture Theatre.

**Speaker 1: Lynda Te Momo, CNS, Fracture Liaison Service**

**"Osteoporosis and the Fracture Liaison Service"**

The Fracture Liaison Service screens patients aged >50 years who present with a fragility fracture for osteoporosis. Our aim is to reduce the number of future fractures from osteoporosis.

**Speaker 2: Mel Evans, Trauma Nurse**

A review of trauma data over last four years and changes that have been made.

**Chair: Melissa Kerdelidis**

It is requested out of politeness to the speakers that people do not leave halfway through the Grand Rounds. This talk will be uploaded to the staff [intranet](#) in approximately two weeks.

Video conference set up in:

- › Burwood Meeting Room 2.6
- › Wakanui Room, Ashburton
- › Administration Building, Hillmorton
- › Riley Lounge, The Princess Margaret Hospital.

Next Grand Round is on Friday 25 October 2019 at the Rolleston Lecture Theatre.

Convener: Dr R L Spearing [ruth.spearing@cdhb.health.nz](mailto:ruth.spearing@cdhb.health.nz)

## Something For You

Something For You is Canterbury DHB's employee benefits programme.

The deals offered are from the Canterbury business community to say thank you for all that you do. You can access all your deals right [here](#). Remember, you'll need your Canterbury DHB ID badge to claim these deals, so be sure to take it along with you.

**Earth Organic Hair**

181 High Street, Christchurch Central

New to Something For You, Earth Organic Hair is offering 10 percent off all hair services each visit.

**Gloucester Cottage**

746 Gloucester Street, Christchurch Central

Treat yourself to 10 percent off all beauty services at Gloucester Cottage.

**Culture Fitness**

Halswell and Wigram

Save 20 percent off any membership option at either Culture Fitness gym.

**Happy Hire**

278 Ferry Road, Waltham

If you have a special occasion coming up, get in touch with Happy Hire and receive discounts on their entire range of hire products.

Check out [Something For You on the intranet](#) for more information on these deals and more.



# Get ready to showcase your quality improvement initiatives

Submissions are now open to all Canterbury Health System staff and providers for both completed improvement projects and improvement projects in progress.

Canterbury DHB Chief Executive David Meates says, "The Quality Improvement Showcase is one thing I look forward to every year. I am constantly amazed and proud of the innovative work I see from across the DHB."



## Key Dates:

- 1 November** Entries for both poster submissions (in PDF format) and displays for improvement projects due
- 5 December** Quality Improvement Showcase

**We are inviting all staff to submit improvement initiatives into the Canterbury DHB Quality Improvement Showcase 2019.**

Improvement projects whether small or complex can be submitted however this year we will not have the competition aspect as in previous years.

Submissions are open to all Canterbury Health System staff and providers for both completed improvement projects and improvement projects in progress.

For more information, including the Entrant's Guide, visit the Showcase page on [cdhbintranet/corporate/Quality/SitePages/Quality-Awards.aspx](http://cdhbintranet/corporate/Quality/SitePages/Quality-Awards.aspx)

The Quality and Patient Safety team is looking forward to receiving your submission – either in a poster format or a presentation of your choice such as a video or display so you can share something innovative you're doing.

To assist with planning, please complete either the [Improvement in Process display submission form](#) or [Poster completed submission form](#) and email to [quality@cdhb.health.nz](mailto:quality@cdhb.health.nz) by 1 November. For more information click [here](#).

If you need help or have any questions, contact Quality and Patient Safety Project Manager Roxanne McKerras on [Roxanne McKerras@cdhb.health.nz](#).

September	October	1 November	5 December
Think about your project	Start preparing your poster or display Contact Medical Illustration by 15 October if you require design support	Poster (PDF) submission and application form deadline	Showcase time!

# Save the date: Secondary use of Digital Data in Healthcare workshop

**Rolleston Lecture Theatre, 2–6pm, Wednesday 30 October**

Our keynote speakers for this free workshop are Rochelle Style and Simon Ross.

Rochelle is an independent researcher who consults in the bioethics space throughout New Zealand. She has given numerous presentations on data ethics, and Artificial Intelligence and ethics. She was previously a lawyer and was a partner in one of New Zealand's leading law firms, Bell Gully.

Currently, she has several roles related to Health and Disabilities Ethics Committees and the National Ethical Health Research guidelines. Rochelle has developed an interactive session, with local clinical input, specifically for this workshop: *'Ethical considerations of a patient-based case study involving AI and new technologies with interactive audience input'*.

Simon Ross has been managing the privacy aspects of sharing identifiable health information in various roles at the Ministry of Health since 2009. Simon moved into the role of Lead Data Steward for the Ministry of Health in 2017.



Rochelle Style



Simon Ross

This role takes a whole-of-organisation view of what the Ministry needs to do to manage its data as an asset to help improve health outcomes, while protecting the privacy and confidentiality interests of New Zealanders.

Simon has been invited to Christchurch to give us his perspectives on aspects of national and international health data governance and stewardship.

## Scholarships to eHealth Nursing Day – 20 November – Hamilton

Each year, HiNZ provides conference scholarships to nurses, midwives and allied health professionals. Some scholarships are for a free pass and others are for a discounted pass. Some nurses were unable to travel on 20 November, so HiNZ has 12 discounted scholarships still available.

If you wish to claim one of these passes please email Kim at [conference@hinz.org.nz](mailto:conference@hinz.org.nz)

A full day pass to this event is usually \$198. The discounted scholarship pass is only \$69.

### Your discounted \$69 scholarship pass includes:

- › eHealthNursing morning sessions from 9am to 12.30pm
- › HiNZ International/Ministry Keynote Sessions from 1.30pm to 5.30pm
- › HiNZ Welcome Function in exhibition hall from 5.30pm to 7.30pm (with drinks & canapes)

- › Full day catering – arrival tea/coffee; AM tea; lunch; PM tea
- › Access to 120+ booth exhibition hall with the latest technology solutions
- › Delegate bag with conference handbook
- › Free access to eHealthTV library of presentation slides/video until 30 November

The eHealth Nursing programme can be viewed here: [www.hinz.org.nz/page/eHealthNursing19](http://www.hinz.org.nz/page/eHealthNursing19)

More information about Digital Health Week NZ programme is here: [www.hinz.org.nz/page/ProgDHWNZ19](http://www.hinz.org.nz/page/ProgDHWNZ19)

**To claim one of these scholarships** – or to ask a question – please email Kim at [conference@hinz.org.nz](mailto:conference@hinz.org.nz)

# The latest edition of eCALD news is out

CALD refers to culturally and linguistically diverse groups who are migrants and refugees from Asian, Middle Eastern, Latin American and African (MELAA) backgrounds.

This news edition includes:

- › New course – eCALD® is launching the new “Working with Communicable Diseases with CALD Clients” face-to-face course.
- › New publication – ‘Understanding death by suicide in the Asian population of Aotearoa New Zealand’ [Suicide Mortality Review Committee Report 2019]
- › New video resource – Suicide Prevention Resource for Korean People [Asian Family Services]
- › News – Diversity of the New Zealand population [Census 2018].

You can read the newsletter [online](#).





## Save the Date

### National Disasters through a Cultural Safety Lens Empowering, Resilience, and Communities of Care Forum

**Friday, 1 November 2019  
0830 – 1600 hours  
Manawa, Level 3, Room 302**

**Hosted by CDHB Nursing Workforce Development Team**

#### **Morning Session: 0830 -1230 hours**

- Hear from local and international nursing researchers presenting research with a focus on nursing in natural disaster research linking to aspects around cultural safety.
- Open to all staff

#### **Afternoon Session: 1300 – 1600 hours**

- Workshop - to look at specific components by examining the proposed topics/streams to inform a specific remit/position statement:
  - Resilience, emergence, innovation and adaptive solutions within natural disasters
  - Cultural safety lens in disaster response
  - Mental Health innovations, supports in disaster
  - Curriculum development / toolkit ideas
  - Community initiatives in natural disasters
- Open to all clinical staff, emergency responders/planners and Public Health Teams

**Places limited to this free forum - contact Cathy King – [cathy.king@cdhb.health.nz](mailto:cathy.king@cdhb.health.nz)  
To gain further information and registration form**

NB: Attendees can attend either AM/PM sessions and/or either.