



# Public Health Nursing Service

Community Based Free Health Support for Children/Tamariki

## Public Health Nurses (PHN)

- Registered Nurses who have knowledge, experience and training in child/tamariki and family/whanau health.
- Work alongside children/tamariki young people, parents, caregivers and school staff.
- Liaise with general practice, specialists and other service providers.

## What we do

- Connect with schools on a regular basis.
- Support families/whanau and children/tamariki when health issues impact on home and/or school.
- Refer to appropriate support services when indicated.
- Provide appointment only Student Health Clinics in secondary schools where there is indicated need.
- Support health promotion and education activities in schools and Early Childhood Education Centres.
- Provide 0-5 Well Child Services in Kaikoura and Banks Peninsula areas.
- BCG (Tuberculosis) Vaccination Service
- B4 School Checks
- Year 8 School Based Vaccination Programme

## Referral criteria

**Health-related concerns that impact on the child/tamariki well-being at home or school**

Examples:

- Allergies/Anaphylaxis
- Hearing and/or vision concerns
- Medical conditions  
eg. asthma, skin conditions, weight
- Day/night time wetting, soiling

## Referrals

Referrals can be made for school age children/tamariki with health concerns or from 4½ years when these concerns may impact on starting school.

- Written referrals must be on a Public Health Nursing Service referral form (available on the CDHB website, HealthPathways, Leading Lights).
- All referrals are to have verbal or written consent of the parent/caregiver. Consent must be obtained before the Public Health Nurse can make contact with the parent/caregiver.

## Who can refer

Anyone can contact the service including:

- School staff and students
- Parents/whanau
- Health professionals
- Support agencies and NGO providers

See our website for further information:  
[www.cdhb.health.nz/phns](http://www.cdhb.health.nz/phns)

## Contact details

Public Health Nursing Service  
Burwood Hospital  
320 Mairehau Road  
Private Bag 4708  
Christchurch 8140

Phone (03) 383 6877  
Fax (03) 383 6878  
Email PHNBurwood@cdhb.health.nz

## Contact phone numbers for Public Health Nurses

Ashburton (03) 307 8378  
Christchurch (03) 383 6877  
Kaikoura (03) 319 5125  
Rangiora (03) 311 8665  
Lincoln (03) 325 6218