

Public Health Nursing Service

COMMUNITY-BASED FREE HEALTH SUPPORT FOR TAMARIKI/CHILDREN

Whānau/Family Information – Public Health Nursing Service

Public Health Nurses (PHN)

- Registered Nurses who have experience and training in tamariki/child, young person/rangatahi and whānau/family health
- Work alongside tamariki, rangatahi, parents, whānau, and school staff
- Liaise with general practice, specialists, and other service providers

What we do

- Connect with schools/kura on a regular basis
- Partner with whānau, tamariki and rangatahi when health issues impact home and/or school life
- Refer to appropriate support services in partnership with whānau
- Provide appointment-only student health services in some secondary schools/kura
- Support health promotion and education in schools/kura, early childhood education centres and Te Kōhanga Reo
- Provide Well Child Tamariki Ora Services in Kaikoura, Chatham Islands and Banks Peninsula for 0-5-year olds
- BCG (TB) immunisation and Mantoux testing (0-5-year olds)
- B4 School (4 year old) checks
- School-Based Immunisation Programme
- Opportunistic immunisations
- Home-based bed alarm programme for bed wetting

Referral criteria

Health-related concerns impacting a child's wellbeing at home or school.

Examples:

- Allergies/anaphylaxis
- Health concerns such as asthma, skin conditions, nutrition
- Day time wetting and/or soiling
- Night wetting (bed alarm programme) for children 7 years and older, wetting 3 or more nights per week

Referrals

Referrals for school age tamariki and rangatahi with health concerns that are impacting at school and/or home.

Referrals can be made via the Public Health Nursing referral form, Community/Hospital ERMS, or phone referrals to (03) 383 6877 ext.99777.

Verbal or written consent must be obtained by the referrer, from the parent/caregiver, to enable a Public Health Nurse to make contact.

Who can refer

Anyone can contact the service including:

- School staff and students
- Parents/whānau
- Health professionals
- Community agencies and NGO providers

www.cdhb.health.nz/health-services/public-health-nursing-service-phns

