



The building blocks are coming together

In order to move forward as a health system and continue to provide quality care, deliver on our COVID-19 vaccination programme as well as realise the necessary savings, my priority has been to ensure we have a solid foundation and the very best people in our leadership team.

Last week I was thrilled to announce the appointment of Becky Hickmott to the permanent role of Executive Director of Nursing for Canterbury DHB. This is such a pivotal role, which covers our largest workforce – nurses. There are more than 4200 nurses employed directly by Canterbury DHB with a total of 7503 throughout our health system. Becky has been in the acting role since September last year and brings such valuable experience and rich insights to the role.

Building strong relationships is another important aspect of my role and strengthening our working relationships with our governors and the Ministry of Health are priorities.

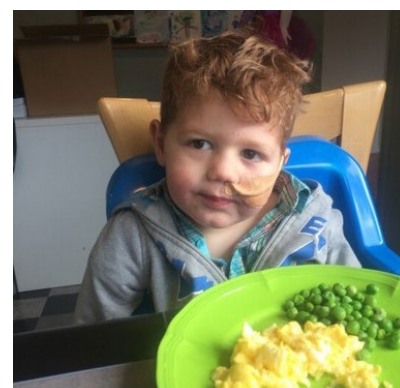
A highlight of last week's Board meeting was a presentation by our Executive Director of Allied Health, Scientific and Technical, Jacqui Lunday Johnston, and one of her team, Dietitian Charlene Tan-Smith. Jacqui produced some compelling evidence about staying well and healthy into old age and what we can all do to maintain independence.

Charlene presented on the dramatic impact eating a ketogenic diet can have on children with epilepsy. The story Charlene shared about Jake, one of her patients, was nothing short of remarkable. The turnaround in his health, wellbeing and the positive difference eating a keto diet has had on his life was astounding. It was an uplifting reminder of the positive impact staff have on the wellbeing of our people in our care every day across the Canterbury community.

Turn the page to see how Jake is doing now.



Becky Hickmott is our new permanent Executive Director of Nursing



Before going on a keto diet Jake was having multiple seizures a day and had poor balance.

In this issue

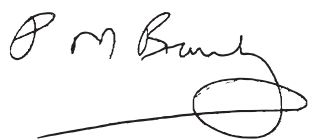
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As we move forward we need the support and partnership of leaders in the sector. Last week we met with a team from the Ministry of Health to strengthen our engagement with progress on our financial position and our facilities.

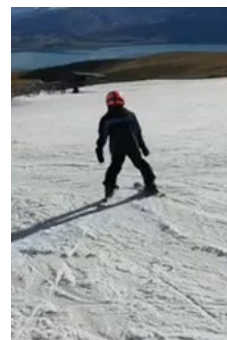
Preparation for vaccinating increasing numbers of people with the COVID-19 vaccine are well underway, and with the prospect of quarantine-free travel around the corner there is lots to do to ensure we keep our community safe. The key again is partnering across the health system to ensure we utilise all of our resources and ensure we get coverage across our community.

Thank you again for the work you are doing to support the people of our community to live healthy lives.

Ngā mihi nui



Peter Bramley, CEO
Canterbury District Health Board



Post-treatment: look at him go!

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).

Accelerating our Future update

Together we are faced with the challenge of moving Canterbury DHB and the wider health system towards financial sustainability.

Thank you for your work to date in helping support this goal.

Every single person in our health system, every day, can identify opportunities and help make sure that where we spend each health dollar wisely and focus our resources in the right place to deliver great outcomes for our community.

We have indicated to the Ministry and Minister of Health that we believe our deficit will exceed the \$145 million figure originally signalled in the 2020/21 Annual Plan by year-end. This is due to a range of factors, including COVID-19 and Holidays Act compliance costs. The DHB is currently undertaking a process to determine the forecasted year-end deficit and we expect this process to conclude in April.

Accelerating Our Future has so far achieved a total of \$13.6 million of savings in seven months. While this is not insignificant, we need to save more, faster, with the ultimate goal of breaking even in three to four years.

To help this the Accelerating our Future work is narrowing its focus in 2021 to those initiatives with more immediate returns and efficiency gains. That doesn't mean we're not interested in smaller projects – we are – and it all adds up. However, we need to concentrate our resources where we can get the biggest and fastest savings.

The focus remains on identifying cost saving opportunities in non-clinical facing services first and making sure any initiatives support quality clinical outcomes and positive consumer experience.

The Executive Management Team and General Managers, supported by the Accelerating our Future team, are also reviewing our current and planned expenditure over the next 18 to 24 months with a view to:

- › Assessing whether investments are still delivering for Canterbury DHB
- › Delaying projects/initiatives until funding can support them
- › Making best use of current resources every day e.g. capping growth and reducing waste
- › Doing things differently to deliver better value for money wherever possible

- › Improving processes, policies, systems and controls to ensure wise spend.

While Accelerating our Future seeks to deliver savings at pace, it's also about setting up ways of working that will support operating sustainably for the long term.

We need everyone to [share your ideas](#) for doing the right thing for our sustainability. We've opened up our criteria for submitting ideas so manager sign-off is no longer required. Please [get involved](#) or tell your story of how you're already made an impact so we can celebrate your efforts and inspire others by [emailing](#) your ideas.

Fraud case in the media

Last week many of you may have seen the story about a former staff member who defrauded \$1 million from Canterbury DHB over a number of years. In the story which appeared on line last Thursday other staff members were either named or their role was mentioned.

I want to be very clear that there was only one person who committed a crime and that person is in jail. No other staff members were involved and outside of a media statement issued by the Office of the CEO, no other staff member contributed to the article. As you can imagine, it's been a difficult time for the team with regard to what appeared in the media. The team has been offered support and I wanted to ensure that everyone is clear that no one else was implicated in this case.

When the fraud was suspected, our Fraud Policy was followed and after internal assessment by our internal auditors (Risk and Assurance), Canterbury DHB engaged Deloitte to investigate the matter, Police were notified, and the individual was suspended and never returned to work.

Deloitte recommended that the DHB improve its internal controls for managing revenue from patients who were not eligible for healthcare services in New Zealand. The DHB immediately actioned a number of changes in line with their recommendations.

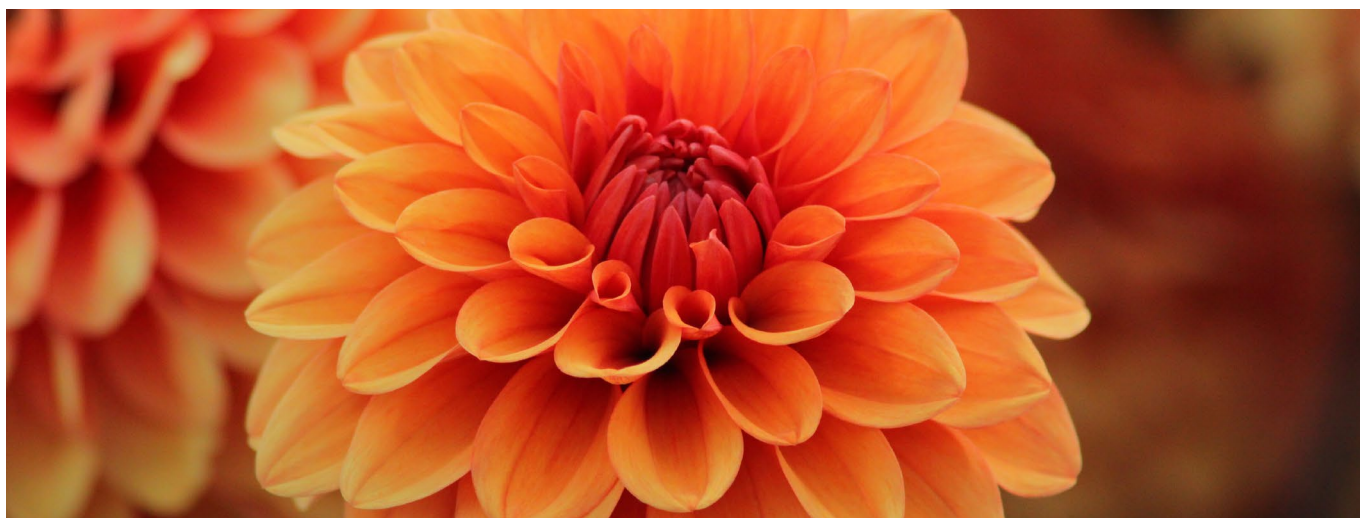
Deloitte subsequently reviewed the effectiveness of the changes and confirmed significant improvement had been made to the DHB's processes.

We can confirm that no patients are out of pocket as a result of this individual's actions.

This case highlights the need for all of us to be vigilant to all types of fraud. Fraud is defined as dishonestly obtaining a benefit by deception or other means.

What to do if you suspect fraud or misuse of public funds

You can raise your concerns or suspicions of any fraudulent activity in accordance with the [Canterbury DHB Fraud Policy](#) by contacting the Manager and Head of Risk and Assurance Sai Choong Loo at saichoong.loo@cdhb.health.nz or via phone on (03) 337 8824 or 027 382 6545 or through the [Risk & Assurance Intranet site](#).



Bouquets

Sofiya Raphael, Ward 18, Christchurch Hospital

I was admitted to Ward 18 to get my appendix removed. After the surgery I had a recurring reaction to anaesthetic, which caused my chest to get very tight. I went into panic mode, which resulted in a panic attack. After an ECG, my lovely night nurse Sofiya held my hand and just breathed with me for over 10 minutes, while I just cried, and tried to breathe slower. I can't express my appreciation enough. I felt embarrassed and scared and she made me feel so calm, safe and loved!

Kay Eddy, Sexual Health Clinic

Dear Kay (Clinical Nurse Specialist), a year ago just before lockdown you informed me about the free ACC therapy for sexual trauma and I just wanted to thank you so much. You really helped me out and my life is a lot better now. I am still seeing her. Have a great day.

Ward 18, Christchurch Hospital

I wish to acknowledge the extremely professional, friendly and kind nursing care I received. Each individual nurse was excellent and as a team the ward is outstanding. I also wish to acknowledge the support staff, WellFood and cleaning staff, and the orderlies. They were all were kind and courteous at all times. Canterbury DHB can be very proud of their greatest asset, their people. Thank you.

Ward A5, Christchurch Hospital

I was in Ward A5 and the staff there were very, very, good and I could not say enough about them. Sometimes they're under a lot of pressure but they still have time to come and check up and make sure you are ok. I would like to pass on my heartfelt thanks for their professionalism and care.

Ward 18, Christchurch Hospital

I was taken care of as soon as I entered the door. After the operation on my hand, the care I was given was fantastic. Please let the nurses and all involved know that I would be more than happy to stay again (hoping not to though).

Ward B8, Christchurch Hospital

I can't speak more highly about the care I got in hospital over the past few weeks. The staff clearly love their job 99 percent of the time and have such caring attitudes to their patients. When you get to stay as long as I did, you even make new friends. The food was pretty good considering I was on both a heart and diabetes diet. My specialists were 'the bomb' and I felt like they took the time to know me as well as trying to get the bottom of my condition. Special shout out to the neuro docs, especially Rose M.

Big Shout Out

To: Booking Clerk Ear Nose and Throat Outpatients, Rachel Muir

I would like to give a Big Shout Out to Rachelle Muir for her lovely manner, friendly demeanour and extremely helpful assistance in re arranging a child's Outpatient appointment. Rachelle went the extra mile to achieve a great outcome for a family. Thank you.

From: Rangiora Hospital Public Health Nurse Catherine

#carestartshere

Angela and Richard, Orthopaedic Outpatients, Christchurch Hospital

I cannot overstate the grateful thanks my mother and I wish to extend to Angela. Very professional, a very caring nature, a great listener, and most of all proficient. I would dearly love to have her on my team should I have one. She went above and beyond for us. I also have no hesitation in recommending Richard Lloyd, an honest, professional, listening and caring surgeon. He extended a great attitude in dealing with us at Ortho OPD today, leaving us feeling very good about where my mother's health is today. Well done you two. My mother sings your praises as being "special".

Emergency Department (ED), Ward 25 and Ward A3, Christchurch Hospital

I came in on a Sunday night to ED and was then taken to Ward 25. After two days I went on to Ward A3 in Waipapa. I got such wonderful care from the doctors and nurses and the whole team. The hospital looks nice. I was pleased with the service.

Ward B7, Christchurch Hospital

I would like to thank you all for the wonderful service my grandson and whānau received when he had his operation. Everyone was so caring and empathetic during this trying time. Well done for all your hard mahi. My grandson is recuperating at home with his puppy!

Ward BG, Burwood Hospital

To all the staff of ward BG, We are so grateful for all your loving care, expertise, and much-needed advice. You have all been amazing with assurance and understanding of what has been a very stressful time. We will never forget your very special care. Thank you, love, and God's blessing.

Burwood Hospital

To all you wonderful people working and caring for older people with mental health concerns. I say a huge thanks!! My sibling was recently discharged after a lengthy stay over time and was able to regain a semblance of what (for them) is a normal life. Thanks.

Ward B2, Burwood Hospital

To all the staff who have cared for me during my stay at Burwood. A very big thank you for all the care and management you have given me to get me to the stage of going home. I have really appreciated all of it. In the future when I think of Burwood it won't be all my bad times but it will be all you folk and your kindness and care. A memory to treasure.

Community Dental Service

A big thank you to the amazing supportive and professional women who applied fillings for both my daughters. You made an otherwise painful process very comfortable for them, much appreciated.

Big Shout Out

To: Registered Nurse Rachel Dejong and the staff on Ward A8

I would like to send a Big Shout Out to Ward A8. I work as a Diabetes Clinical Nurse Specialist and I recently received a referral for a patient in Ward A8. Registered Nurse Rachel Dejong was able to see the complexities of this patient, and effectively refer to the correct multidisciplinary team to ensure her patient received the most appropriate input from the wider team. Rachel cared for the patient with compassion and understanding. I have found all of Ward 8A to be working 'above and beyond' for the patients in their care.

From: Inpatient Diabetes Clinical Nurse Specialist, Christchurch Hospital Belinda Gorge

#carestartshere

Scan. Scan. Scan.

Everywhere you go, everywhere you can.

All staff should scan in daily using the **COVID-19 Tracer App.**

Unite
against
COVID-19



Researchers working to improve lives of mastectomy patients

University of Otago, Christchurch researchers are working with surgeons to develop a better way of injecting fat into the reconstructed breasts of women after a mastectomy.

Lead researcher Khoon Lim says he and his Christchurch Regenerative Medicine and Tissue Engineering (CReATE) group are developing a process where fat is 'firmed up' before being injected into the patient.

"A patient's own fat can be a crucial 'filler' in any reconstructive surgery, particularly for women who have undergone a mastectomy. But fat often gets too easily absorbed into the patient's body, often meaning women need to undergo a number of surgical procedures to replace it."

Lim's year-long University of Otago-funded research project involves treating fat with a special chemistry process that he and his colleagues

invented. It is hoped the process will help the fat hold its shape better and last longer.

Firmer fat also allows the surgeon to have more precision, improving outcomes. The process could one day be relevant to any procedure where fat is injected, including cosmetic surgery.

Khoon is working with Canterbury DHB surgeons, including Plastic Surgeon Jeremy Simcock, who says the project could make a real difference to patients.

Some women having reconstructive surgery need to have as many as six sessions where fat is injected because it reabsorbs into the body.

"We'd love to get it down to one operation. Even if we can get it down to one or two operations instead of three or four, it would make a big difference for patients," Jeremy says.



Khoon Lim



Jeremy Simcock

New qualification opens doors for orderlies

Well done to the Burwood orderlies who graduated in February after achieving their New Zealand Certificate in Health and Wellbeing Level 3.

Since the inception of the qualification in June 2014, 156 orderlies from across Christchurch, Burwood and Ashburton hospital campuses have completed the course.

Many have since moved on in the workplace, becoming mortuary technicians, nurse aides, occupational therapy assistants, social workers, pharmacy, medical courier and



Burwood Hospital Orderly Manager Sid Larson, Orderly Francis Lavelle, Orderly Bill Boddington, Careerforce Workplace Advisor Cath Jennings, Orderly Brian Mitchell and Orderly Assessor Craig Stewart

emergency clerk. The qualification has opened doors for them and instilled confidence in their roles. Three orderlies have also achieved Level 4 apprenticeships in Health and Wellbeing Social and Community Facilitation.

Presently there are 10 students across the three campuses, with more becoming eligible.

Congratulations to Sally Langley

Congratulations to Plastic Surgeon Sally Langley who has been elected as President of the Royal Australasian College of Surgeons (RACS).

Sally was elected by her fellow councillors and will start her new role in May. This is a significant achievement, and she is the first surgeon affiliated with Christchurch to occupy this since Colin McRae 25 years ago.

Sally says she is honoured to be elected to this important role. She has been involved with RACS Council in a number of roles over the last few years and is ready.

"I am well supported by the councillors, surgical fellows and the RACS staff and will be involved with setting the strategy for RACS for the next few years and addressing various professional and educational issues.

"We have all been through a challenging time with COVID-19 and this has been a major disruptive force for the surgical workforce as well as all other medical groups."

Sally says she will still be involved with clinical work, but this will inevitably be affected by the time commitment required to be President.

"I hope that travel will resume between New Zealand and Australia in the near future so I can interact more readily with the Australian surgeons, trainees and staff."



Plastic Surgeon Sally Langley

Sally says she feels very well supported by her own plastic surgery team, the surgeons of Canterbury DHB and many other staff.

Knowing Sally's attributes and dedication we can be sure that she will confidently lead and direct the college over the next two years.

Talk to a
counsellor,
any time.

NEED TO TALK?

1737

free call or text
any time

COVID-19 ‘beat-cop’ hunting for clues

Ten years after helping in the Christchurch earthquake as a medical student, an Otago University graduate is playing a key role in another national health emergency.

Public Health Medicine Specialist Felicity Williamson is only half-joking when describes herself as a public health detective, a pandemic “beat cop”. Technically her job involves ‘COVID-19 source investigation’ but framing it in terms of police work is not too much of a stretch.

Felicity is on the frontline of New Zealand’s pandemic response, reacting to the latest COVID-19 cases, hunting down clues and piecing together evidence.

“Most of my work is like detective work, trying to understand how transmission may have occurred between returnees, between returnees and staff, between staff

and the community and between returnees and the community. Trying to find out what happened and what we can do better.”

When you read about the latest case in the media, there is a good chance Felicity and the Public Health Unit team she works with have had a hand in piecing together the jigsaw into a coherent narrative. Their systems pull together information around testing and movements but there’s also the people element – figuring out how the disease intersects with human behaviour.

“I have to know where people were, how they behave and what are the key risks in those environments. So, I have to know about the disease, but I also have to know a lot about people, which is super important.

“You don’t always find what you’re looking for. We have to exhaust every



Felicity Williamson

option and find out everything we can and in the end be okay with the fact that we may not know exactly what happened. But we can still put in place things to reduce future risk,” she says.

You can read more about Felicity’s work on the [Otago University website](#).

Taking nursing to the people!

The little team with a huge mission is fast expanding.

Canterbury Pasifika health and social provider, Tangata Atumotu Trust, has welcomed two new registered nurses, meaning the organisation now has a team of six dedicated Pasifika nurses working in the community.

Led by Registered Nurse Suli Tuitaupe, the nursing team goes above and beyond with patients, as was evident during the lockdown when they visited people in their homes (from a safe distance!), dropped off essential supplies, and even sang hymns over the phone or from the driveway.



From left to right, Registered Nurses Suli Tuitaupe, Lisa Suapopo, Sarah Morley, Karen Carpenter, Ateca Sher and Philomena Petaia

All six Pasifika nurses are being trained in administering the COVID-19 vaccines, so they can support the roll-out of COVID-19 immunisation programme among the Pasifika community.

Working with whānau to streamline supplies for Paediatric Outreach

Paediatric outreach nurses work with whānau whose tamariki (children) need ongoing supplies to enable them to remain out of hospital and continue vital developmental and social activities for their wellbeing, like attending school or early childhood education, and interacting with their peers.

In the past, we have had a template that has listed the supplies needed for each whānau and packs were routinely made up every two months, says Charge Nurse Manager Paediatric Outpatients Nicola Scott.

"When the whānau's requirements changed, supplies were sometimes wasted."

The outreach team recently reviewed their practice to be more responsive to the needs of whānau and encourage their input into the supplies for their tamariki.

"We inadvertently discovered that by making the packs in advance we were providing items that were not needed. For example, if the tamariki has been in hospital the home supplies were not used, or if the tamariki was having a trial off their tracheostomy, they did not need as many of those items."

Under the new system each whānau rings the Paediatric Outpatient ward aide at least 72 hours before they need their supplies and advises what they need from their templated list. The pack is then made up and left at the orderlies' lodge for collection.

"This means they can park in the drop-off zone and dash in without having to find a carpark."

The small adjustments to the packs have saved about \$1,000 in the past month.

"We don't expect this level of saving to continue as the supplies already held at home will slowly dwindle, but it's still a worthwhile saving. We'll continue to track the savings over the next few months to evaluate further."



Paediatric Outpatient Department Ward Aide Michael Thian and Clinical Nurse Specialist Paediatric Outreach Service Sally-Jane Lewington

More important is the participation of whānau in this process and the ability to discuss supplies before the packs are made up. This saves space in the home for supplies that were not needed and is more inclusive of the expertise of the whānau, Nicola says.

Christchurch Hospital Campus General Manager Pauline Clark says what is occurring is real live person-to-person contact with whānau and a personalising of the service.

"This is fantastic, customer-facing and engaging and all about building a relationship and trust and confidence."

What Nicola is describing is the adoption of 'just in time ordering', an inventory strategy which is recognised world-wide where materials are only ordered and received as they are needed in the production process, she says.

Keeping your bike secure on site

Unfortunately, thieves are still targeting bikes parked at Christchurch Hospital.

Since September last year, 14 bikes have been reported to security as stolen from a variety of locations around the Christchurch Hospital Campus.

Security continue to patrol but with the wide spread of bikes on campus it is impossible to have complete coverage, says Security Services Manager Richard Boyce.

"There are hundreds of bikes parked on site each day and so the actual incidence of bike theft is not disproportionate to other areas of the city, but the consolidation of the amount on campus will always be attractive."

CCTV coverage around the hospital has continued to be improved and recently a further increase of seven new cameras (not including those at Waipapa) have been placed in risk areas.

"We have been working through an upgrade and maintenance programme of our CCTV capabilities. Over the past six months we have installed additional cameras in seven new locations and have also replaced existing in high-risk areas. These are providing clearer vision, especially at night."

All the bikes that have been stolen recently were only secured with small cable locks which don't provide much deterrent, he says.

"Thin cable locks and combination locks are easy for someone to snip through in a matter of seconds. D-locks provide the best security for bikes. They're not much more expensive and can be found on special at cycle shops. It's worth making the investment to keep your bike safe."

The staff bike compounds also add extra security, but bikes should still be secured with D-locks.

"It's also important not to let people through doors who don't have Canterbury DHB ID," Richard says.

Tips for keeping your bike safe

- › Always lock your bike through its frame to something immovable (the bike rack) and use a sturdy chain or D-lock. Check out the special offer on D-locks in Something For You on [page 16](#).
- › Quick release wheels are easy to remove. A cable that's long enough to wind through the frame works well with a D-lock and is an additional deterrent.
- › Use the designated (caged/swipe card access) bike parking where provided. However, remember that these are not completely secure so still lock your bike as well.
- › Do not allow anyone without an access card or Canterbury DHB ID into a bike cage unless you know who they are.



A D-lock provides the best security for your bike. Check out Something For You on [page 16](#) for a deal on D-locks

- › If you forget your access card do not ask anyone else to let you in to secure bike areas. Don't put others under pressure to let you in. Report to security first to help gain access.
- › If you notice any loose chain link fences or holes in the fence, report them immediately to Security in order to get fixed. Don't leave it to someone else to report.
- › Take all items off your bike whilst it is parked (lights, speedo, pump, bags etc).
- › Record your bike serial number (usually stamped into the frame under the pedal cranks).

If your bike is stolen, report it to Police and also on Safety 1st and with the Security Team – find their contact information on [Prism](#).

Budding artists share skills with the community

A group of budding artists shared their skills with the Ashburton community last weekend as they celebrated their first pop-up exhibition at the Ashburton Art Gallery.

The young artists are part of the Takiwātanga Ashburton for Kids with Autism (TAKA) group, which hosts a weekly 'Artism' class where tamariki can come together to kōrero and create.

TAKA Co-Founder and Team Leader Mana Ake – Stronger for Tomorrow Celia Colcord, said the idea for a support group came about when she noticed several of the requests for support she received through Mana Ake were for children who were diagnosed with autism, or who were going through the diagnoses process.

Autism spectrum disorder is a neurodevelopmental condition that affects social and communication skills. The traits associated with autism span a wide spectrum and lead to a different way of seeing the world and interacting with others.

"I set up an optional support group for parents of children with autism spectrum disorder and that developed into TAKA, with the support of co-founder Marie Maeva," Celia says.

"We noticed that a number of the children enjoyed art and from there a weekly art group, Artism, was established."

Doubling as an opportunity for social learning, friendship building and group support, Artism meets every Monday at the He Waka Tapu office in Ashburton. Children in the group range from five to 16 years old.

"The meetings are a huge success because the children just understand and accept each other. While they're focusing on art, we can also talk about friendships and provide some strategies around social interactions."

The exhibition, held from Saturday 13 to Monday 15 March, was a resounding success.

"Everyone loved seeing their work in the gallery and there was a real sense of unity among the group," Celia says.

This isn't the first time the group has shared their creations with the world – last year they created a Christmas window display in Ashburton.

Mana Ake provides support to children in Canterbury, in years 1–8 at school, promoting wellbeing and positive mental health. Mana Ake kaimahi (workers) support schools, families and whānau when children are

experiencing issues that impact their wellbeing such as managing emotions, friendships and bullying, parental separation and grief and loss.

For more information, visit www.manaake.health.nz.



Some of the artwork produced by children in the TAKA group

Mana Ake to continue to the end of the year

The Mana Ake Service Level Alliance was delighted to receive confirmation that the current provision of Mana Ake will continue until 1 December 2021.

The executive sponsors – the Ministry of Education, the Ministry of Health, Canterbury District Health Board and Canterbury Clinical Network – will now work on a longer term plan to support tamariki and whānau in Canterbury.

Project Lead Clare Shepherd says, "This news will allow the Mana Ake kaiārahi (team leaders) and kaimahi (workers) to continue to work alongside schools and their communities to support tamariki and their whānau, while work is done on the longer term plan.

"Mana Ake providers, schools and the services we work closely with are very grateful for this great acknowledgement of the difference Mana Ake teams are making every day."

Measles in the spotlight at community events

Have you 'spotted' the teams promoting measles immunisation? They've been out and about at local community events to spread the word about the importance of being protected against measles.

Lots of people aged between 15 and 30 didn't get fully immunised when they were children, which means they have a higher risk of catching and spreading measles. There is a national catch-up campaign encouraging people in this age range to make sure they're protected against measles.

The team have been spotted at a range of recent events, including the Ashburton Pasifika Festival in January, the University of Canterbury's Orientation Day, Culture Galore and Run to Remember in February, and Polyfest and the City2Surf this month.

Keep an eye out for the team around town as they continue to promote the national measles immunisation programme.

If you're aged between 15 and 30 make sure you're protected against measles. If you haven't had two doses of MMR vaccinations are or you aren't sure, it's safe to get another dose – it's free from general practices or participating pharmacies.

MMR is also available for Canterbury DHB staff through the general staff vaccination clinics. The next clinics will be held on:

- › Tuesday 23 March, 11.30am – 2.30pm at Burwood Hospital, Ward D2, Middle Pod
- › Wednesday 31 March, 11am – 3pm at Christchurch Hospital, Great Escape Lounge.

Book into a staff vaccination clinic online [here](https://www.canterburydhb.org.nz/health-services/immunisation).

For more information about the measles catch-up immunisation programme, visit cdhb.health.nz/measles.



You couldn't miss the Canterbury DHB team in their t-shirts and tutus at yesterday's City2Surf



The team from Tangata Atumotu Trust at Polyfest



Talking all things measles at University of Canterbury's Orientation Day



Performers and students at the Ashburton Pasifika Festival took some time out to learn about measles immunisation

Forty years of entertaining audiences celebrated with new production

'Quiet backstage' and 'get ready to enter stage right.' These are some of the directions the PMH Players are hearing as they prepare for their 40th anniversary show, 'Wanderlost, Round the World for Forty Years.' Over 30 cast and crew involved are involved in the production which starts next month.

The Princess Margaret Hospital (TPMH) Players, as they are officially known, had their first performance at TPMH's recreation hall (originally a games room for the live-in staff) in 1980 with a music hall style production 'Yule Fried Frolics.'

With a variety of skits from interested hospital departments, the hall was set up cabaret style, a setting PMH Players still use today.

"It was a great success and enthusiasm was such, that the troop, then called, 'The Drama Group', held another show in December 1981," says President Pip Toomey.

It was decided to name the group 'The Princess Margaret Hospital Players' and produce an annual show. Money raised would be used to install a kitchen in the hall and later upgrade the power, lighting, heating and staging.

"Several years later we paid for the installation of heat pumps. Sadly, after the 2011 earthquake, we were no longer able to use the Rec Hall. We were fortunate to hire the Opawa School hall for a couple of years and this year for the first time we are at the newly, rebuilt Risingholme Theatre, in Opawa.

"The group has grown over the years and recently became a Charitable Trust. One of its aims is to foster the arts, particularly in relation to theatre. All the productions are homemade, with scripts written and directed by members," says Pip who joined 16 years ago.

"The cast and production crew are all amateurs and most don't have a medical background. Shared camaraderie and enjoyment of what we do and present has always been our priority, as opposed to gaining theatrical perfection.



THE PMH PLAYERS

Wanderlost, Round the World for 40 Years



Show dates:
April 28th, 29th, 30th
May 1st, 5th, 6th, 7th, 8th

Enquiries: pnhplayers.bookings@gmail.com

Bookings: <https://www.trybooking.co.nz/FFY>

Bookings open: 14th March 2021

NOTE: This is an alcohol free event. BYO non-alcoholic drinks & nibbles

Venue:
Risingholme theatre, Chalamondeley Ave, Opawa.
Doors open at 7pm, show starts at 7:30pm

Parking Available:
Chalamondeley Ave, Reeves road, Hawford
road & Ford road. **NO PARKING ON SITE**

Celebrating forty years of PMH Players

"This lack of pressure ensures that we continue to make you our audience smile year after year and that we also continue to recruit new faces who just want to give it a go," she says.

This year's show runs for eight shows over two weeks beginning on Wednesday 28 April. Tickets can be purchased online at www.trybooking.co.nz/FFY.

More information on the PMH Players is available on their website [here](#).

One minute with... Jo Lilley, Quality Manager, Patient Safety and Risk, Older Persons Health and Rehabilitation (OPH&R)

What does your job involve?

My role is privileged to lead a great Quality team. We support OPH&R clinical teams through quality activities, customer services and document management, participate in clinical working groups, and support practice initiatives. As a member of the OPH&R leadership group, I work with other divisional quality managers, Corporate Quality, and participate in other pieces of work across the Canterbury DHB as required.

Why did you choose to work in this field?

Patients are people experiencing a blip in their life when they access our services. I feel it is important that we continually seek new ways to minimise human factors, strengthen our processes, and inspire our culture to address preventable harm. I want the best outcomes possible for patients and their whānau.

What do you like about it?

It is fulfilling to pull together the diverse views of individuals or groups across all levels of the organisation and seek agile practical solutions that may benefit patients, staff and the organisation long-term.

What are the challenging bits?

Sometimes people see Quality as being police-like and I find this challenging. Quality does include surveillance against standards, risk

assessments, investigation and audits. However, these mechanisms are necessary to verify that we know our challenges, and that the actions we take (or don't take) are the appropriate response. I believe that a patient's care plan holds all the same elements and seeks the same outcomes. At OPH&R, Quality and Patient Safety are deemed to be everybody's business. We are all responsible for improving the patient journey by seeking the source of challenges such as falls, pressure injuries and medication errors. Therefore, I do not face these challenges alone.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

Embrace and learn from views different to my own. Working ethically and honestly, be engaged, trust in the ability of others, consult and collaborate, build genuine relationships, prioritise patient safety, staff wellbeing, and the health of the organisation in all that I do.

Who inspires you?

There is not a single person but people who are patient-centric, empathetic, change agents and strategic thinkers, who seek win-win solutions, are strong starters and strong finishers on projects, stand up in difficult times, can be trusted,



Jo Lilley with Cooper (almost 13 and the boss of the family) and Beau, aged eight, beside her

and engage others have my attention. These types of people acknowledge the contribution of others, raise others up, and by doing so, role model the Canterbury DHB values. I learn from these people.

Something you won't find on my LinkedIn profile is...

I really love animals.

If you could be anywhere in the world right now it would be...

In a small New Zealand town near the hills or the sea. Somewhere peaceful... with lots of wildlife and a small population of friendly people.

What do you do on a typical Sunday?

I like to restore furniture and do DIY jobs around the house.

What's your favourite food?

Simple fare such as poached eggs on toast.

And your favourite music?

I like a lot of the latest music but still enjoy Queen, U2, and Talking Heads from back in the day.

If you would like to take part in the column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz

Something For You

Something For You is the Canterbury DHB employee benefits programme. The deals offered are from the Canterbury business community to say thank you for all that you do.

Something For You
Your Employee Benefits

Torpedo7

Secure your bike for less thanks to Torpedo 7

Secure your bike and save 45 percent off this [Torpedo7 u-shackle lock](#)!

Usually \$44.90, you can get one for \$24.70 by using the code on the [Something For You homepage](#) at the checkout. One lock per employee, online only, valid until 4 April 21. First in first served, so get in quick!

We also have plenty of other great deals from local businesses, check them out [here](#)!



News from the Canterbury Clinical Network (CCN)

CCN's latest newsletter includes summaries about:

- › Key themes from the Health and Disability System Review and subsequent discussion about CCN's response to the review
- › Highlights from the CCN quarter two report

Read more [here](#).



PUT THE RIGHT THING IN THE RIGHT BIN

Tissues, paper towels,
takeaway coffee cups and
plastic lids can't be recycled.

They belong in the
general waste bin.



Temporary closure of Christchurch Hospital chapel

Christchurch Hospital's chapel will be closed from tomorrow Tuesday 23 March to allow fire suppression work to be carried out.

The timeline for the works is yet to be confirmed but the chapel's closure will be temporary, with this important spiritual space reopening when remediation work is completed.

In the interim, patients, whānau and staff are welcome to use the quiet space on the first floor of Waipapa. This is a space where people can reflect, pray quietly and take time out in the midst of challenging situations.

The prayer box from the chapel – in which patients and whānau can leave requests for prayer – will be relocated to Christchurch Hospital's main foyer.

Canterbury DHB lead chaplain Stephen Necklen says the chaplaincy team based at Christchurch Hospital will continue to be available to all who need them while the chapel is closed.

The team is based on the ground floor of Christchurch Hospital near the Hospital Shop. It is made up of both experienced ecumenical chaplains and a Catholic team who serve their denomination.

Chaplains visit wards in both Christchurch Hospital and Waipapa regularly on weekdays and patients and whānau can request to see a chaplain through their nurse.

Chaplains also offer an on-call service seven days a week, outside weekday hours, to respond to emergencies and urgent patient and whānau needs.

"We are not here just for patients with faith. We are here for all. It may be a patient needing a listening ear to share the struggles of their healthcare journey, or whānau who would benefit from some compassion after the loss of a loved one," said Stephen.

MAKE THE SWITCH

IN 2019 OVER 350,000 WASTE ITEMS FROM BEVERAGES ALONE WERE SOLD THROUGH CANTERBURY DHB CAFES

131 K
PLASTIC DRINK BOTTLES



213 K
TAKE AWAY CUPS



2/3 of all hot beverages sold

WHAT YOU CAN DO:

Use your own water bottle



Use your own reusable coffee cup



CURRENTLY TAKE AWAY CUPS CANNOT BE RECYCLED OR COMMERCIALY COMPOSTED LOCALLY. ALL WENT TO LANDFILL – OVER 3000 KGS OF WASTE.

SWITCHING TO REUSABLE CUPS WOULD SAVE 88 TREES WORTH OF CARBON

Brought to you by the Transalpine Sustainability Governance Group

Explore your leadership potential within health

Future Leaders Programme

Think. Connect. Transform.

17-21 May 2021
APPLICATIONS NOW OPEN



Future Leaders Programme – think, connect, transform

Te Papa Hauora is excited to offer the Future Leaders Programme in 2021 to health students in their final years of study.

Explore your leadership potential within health.

Health systems in New Zealand are shaped, and will continue to be shaped, by health professionals who look beyond their functional roles to make it better.

Are you a health student in your final years of study?

Join us on this free five-day programme built on the award-winning Xcerlr8 leadership programme.

› To be held at Canterbury District Health Board's Design Lab

› Monday 17 to Friday 21 May

› 8.30am to 5.30pm.

We all have the capacity to lead, but we are often not exposed to exploring opportunities relating to leadership. This course is designed to encourage you to extend your boundaries and to explore your leadership potential within the health industry.

For more information and to apply, visit <https://www.healthprecinct.org.nz/future-leaders-programme/>.

all right?

**IT'S
ALL RIGHT
TO NEED
A HUG.**

