



From front-of-house to behind-the-scenes, volunteers make a priceless contribution every day

Yesterday marked the beginning of National Volunteer Week, when we celebrate the collective contribution of the 1.2 million volunteers who enrich Aotearoa New Zealand.

This year's theme is "*Whiria te tangata - weaving the people together*", recognising the myriad ways volunteering/mahi aroha bring people and communities together.

Volunteering is a powerful movement. When people volunteer, it sends a message about what is important in our communities.

In Canterbury, I want to acknowledge all the volunteers who create connections in the region, from our central city to our most remote communities. We celebrate everyone who volunteers in times of crisis, in times of healing and who make time and space to walk alongside others.

At Canterbury DHB, I am especially grateful for the hundreds of volunteers who choose to dedicate their time to helping patients, visitors and staff across our health facilities.

More than 200 people volunteer at Christchurch Hospital. They run the gift shop and trolley, help patients and visitors find their way, call taxis for them, keep patients company, read to patients, and undertake many other tasks.

Volunteer wayfinders are often the first people who visitors and patients see as they arrive and their friendly welcome provides warmth and comfort to people who may be feeling stressed and anxious.

Since 1999, the Christchurch Hospital Volunteers have used profit from the goods they sell to make donations worth a total of more than \$2 million to Christchurch Hospital. This

goes to purchasing equipment as well as grants for staff training and conferences, and furnishings to make patients more comfortable.

You can find out more about volunteering activities on the [Christchurch Hospital Volunteers Facebook page](#).



Our volunteers are generous at the best of times, but in the aftermath of the 15 March terror attacks, they really shone. They came in each day and took on extra shifts to help out where they were needed. Their care and support made a very difficult time a little easier.

At Burwood Hospital we have around 120 volunteers. The Burwood Volunteers work in the Volunteer Shop, help maintain the gardens, assist with wayfinding across the hospital and hydrotherapy pool groups, manage the shop and library trolleys, assist with computer tutoring, provide pet therapy with their dogs, and much more.

Most volunteers are retired and give a few hours of their time each week. Burwood Hospital is also lucky to have some volunteers who occasionally play the piano in the foyer.

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The funds raised from the Volunteer Shop at Burwood go towards patient comfort items and staff training.

In our rural facilities, there are “friends” of the hospital organisations, which are made up of volunteers who contribute their time and help run various fundraising activities. The Friends of Waikari, for example, hosts a Wednesday Club once a month at the hospital, including a speaker and entertainment or a game and afternoon tea. Two rest homes from Amberley also attend this function.

The Friends of Waikari fundraise in various ways such as selling calendars with Compass FM and providing knitted

items for babies for the hospital to sell on their behalf. They have also helped with building alterations and the purchase of equipment such as electric beds, electric lazy boys, high chairs and so on. The Friends of Waikari are currently busy preparing for the Waikari Hospital Centennial in 2020.

Volunteers help to create a diverse, inclusive, caring, kind and connected future and there are many ways they make a difference through roles that match their skills, interests and availability.

Please join me this National Volunteer Week in celebrating their contribution.

Appointment of Crown Monitor represents opportunity for Canterbury Health System

Last week the Minister of Health announced a Crown Monitor will be added to the Canterbury DHB Board.

As you know all too well, Canterbury remains a very challenging environment as we still deal with the ongoing impacts and underlying stressors related to a series of events that have affected our community.

Canterbury DHB and the Ministry are committed to working together to agree a sustainable path forward, and the appointment of a Crown Monitor will help facilitate this.

Crown Monitors are appointed by the Minister to assist a DHB to improve its performance. The Crown Monitor can attend DHB Board meetings, and have access to all documentation provided to the Board. They also observe the Board’s decision-making, convey the policies of the Government so they can be reflected in Board decisions,

and advise the Minister on any matters relating to the DHB.

The addition of a Crown Monitor to the Canterbury DHB Board creates a great opportunity to ensure that the Government and Canterbury DHB are well aligned to develop a sustainable operational pathway moving forward.

Canterbury DHB Chair Dr John Wood and I welcome the appointment of Dr Lester Levy as Crown Monitor and look forward to working constructively with him to continue to deliver high quality care to the Canterbury community. Dr Levy offers extensive skills and experience that will support the DHB in navigating the challenges we continue to face.

As always, we remain focused on supporting you, our people, to continue to deliver high quality care to our community.

More of our people get the flu vaccine

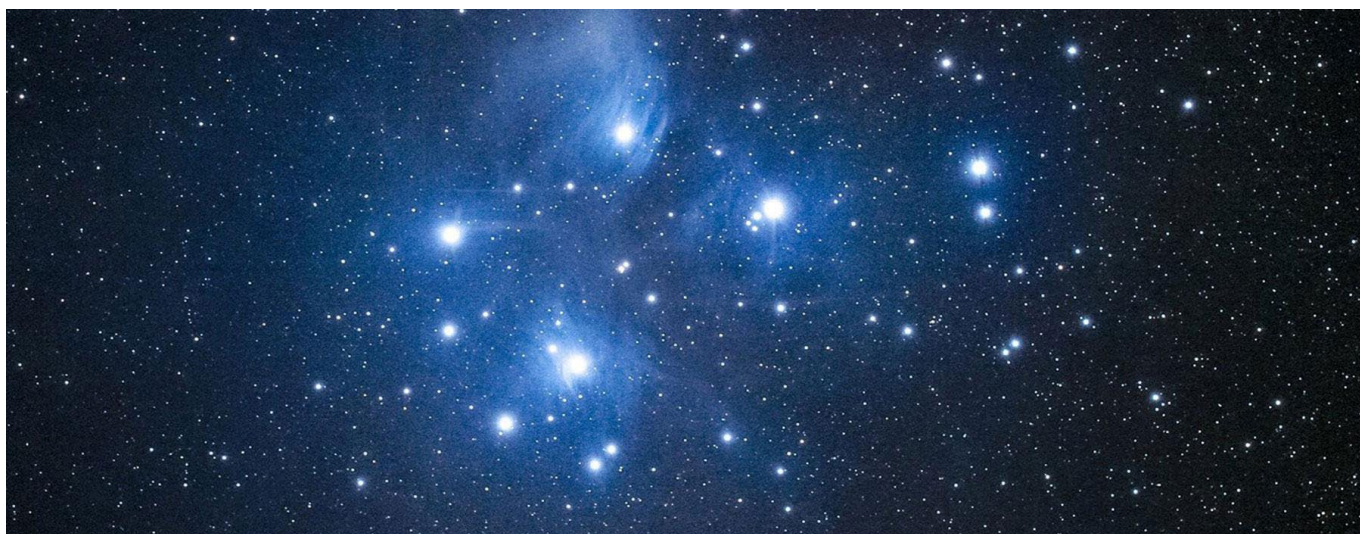
Canterbury DHB’s authorised vaccinators have once again done an incredible job this year, providing the flu vaccine to 7,027 employees (that’s 360 more than 2018 and 817 more than 2017).

Staff flu vaccination clinics are now complete for 2019.

If you are in one of the following priority groups and have not yet had the flu vaccination, it is strongly recommended that you contact your general practice team to discuss getting vaccinated:

- › Pregnant women
- › Aged 65 and over
- › Have a child under four with a serious respiratory illness
- › People with severe asthma, heart disease, diabetes and other serious health conditions that make them more susceptible to influenza (rather than people with serious health conditions).

For more information, visit www.flufree.co.nz.



Celebrating Matariki next week

The twinkling of the Matariki stars in the pre-dawn sky heralds the Māori New Year, a time for renewal and celebration, and for coming together with family and friends to reflect on the past, celebrate the present, and plan for the future.

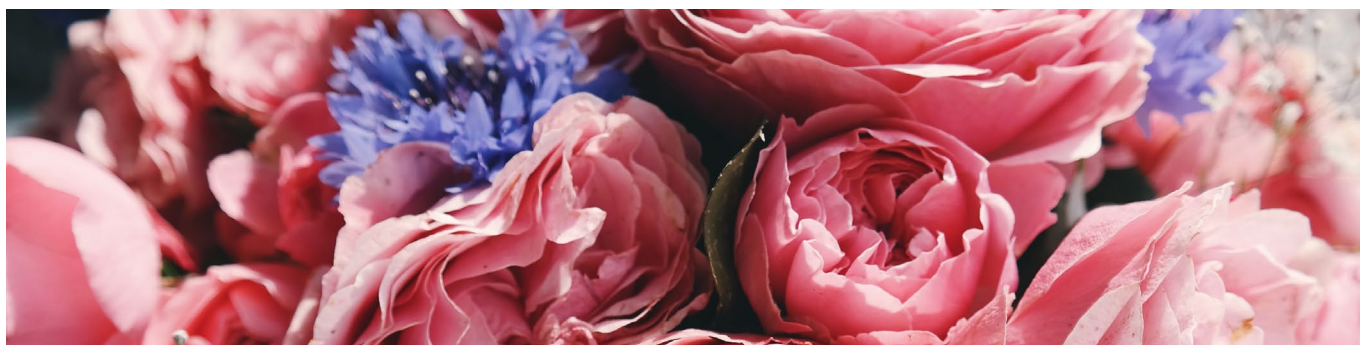
The timing of Matariki varies each year. This year Matariki will rise next week, around 25–28 June, when you'll be able to see the stars just above the horizon before the sun rises. Various activities and events are being held to celebrate Matariki across New Zealand and here in Canterbury, and I encourage you to take the opportunity to learn more about Māori culture, strengthen your connections and plan for the year ahead.

Haere ora, haere pai
Go with wellness, go with care

David Meates
CEO Canterbury District Health Board

If you have a story idea or want to provide feedback on *CEO Update* we would love to hear from you! Please email us at communications@cdhb.health.nz. Please note the deadline for story submissions is midday Thursday.

If you're not a staff member and you want to subscribe to receive this newsletter every week please [subscribe here](#).



Bouquets

Emergency Department (ED), Special Progressive Care Unit (SPCU), and Ward 17, Christchurch Hospital

My mother was ... helped in ED by the most fantastic nurses, especially Susie. Nothing was a problem and she was so kind. She was then moved to SPCU for the night. Her nurse was Sophie who was also absolutely lovely and extremely helpful. Following challenging surgery she was transferred to Ward 17. We would like to give special mention to the nurses in Ward 17, Laura and Mandy. Both were just fabulous, super caring and supportive. Mandy made the discharge process really easy for us and was such a sweetheart. We are extremely grateful to them for making what was a very stressful and scary few days so much more manageable for us all. We have so much respect for the amazing work all the nurses do. Please pass on our thanks and compliments to these wonderful nurses.

Outpatients Department, Christchurch Hospital

Everything is so lovely, seems like a five-star hotel. Everyone is very welcoming and helpful. Thank you.

Surgical Day Centre, Christchurch Women's Hospital

I would like to pass on my sincere thanks to Mr Jerome Mayers and his team for their care of me. They were professional, empathetic and kind during my brief stay.

The Bone Shop, Christchurch Hospital

I would love to give a huge acknowledgement to the receptionist who was working in the Bone Shop on 3 June at 4pm. She was so lovely and great at her job. I was in so much pain and wasn't in a good mood but her awesome sense of humour turned my whole mood around. She deserves a medal.

Ward 19, Christchurch Hospital

Please say thank you to all the staff in Ward 19, including nurses Rachel, Vicki and Na. Also the doctors, Nick (not sure of his surname) and Rowan Schouten and his team. Mitchell, the physiotherapist is amazing at his job too. I am just incredibly grateful and astounded that they can show such dedication, skill and constant kindness.

Hospital and area not specified

Everyone here is so amazing. Thank you so much for your constant care. You all do an incredible job.

Ward 20, Christchurch Hospital

I would like to write a compliment about Emma and Robyn, my nurses in Ward 20. I found them very helpful and friendly. They made me feel really welcome and comfortable. They both deserve a big pat on the back. It's not often you find people who are as bubbly as they were.

Oncology Department, Christchurch Hospital

Thank you for the incredible kindness of the Cancer Society.

Ward 20, Christchurch Hospital

I would like to say a big thank you to the staff on Ward 20. Very professional and welcoming. Big ups guys, you all rock.

Ward 11, Christchurch hospital

Nothing but the best. Awesome people working here, thoroughly enjoyed my stay. The staff are really friendly, happy and professional.

Ward 23, Christchurch Hospital

I would like to compliment all the staff on this ward. Being admitted acutely I was not prepared for hospital, especially as it was my birthday. The doctors, nurses, support staff and cleaning staff have been amazing. So helpful and attentive when I needed to ring my bell. The food has been really good and the bed more comfortable than expected. All the nurses have been outstanding. I have had fantastic care. Thank you, Beth, for your help with my discharge. Thank you all.

Ward 28, Christchurch Hospital

I would like to thank both Lois and Megan for the care they have shown my mother whilst under their care. The explanations of what has been going on and what to expect next have been great.

Big Shout Out

Social workers, Marian Pavletich and Gary Sword, Ward 25, Christchurch Hospital

Extremely valuable members of the Ward 25 team. Friendly and approachable, always going the extra mile and advocating for our patient group. Really appreciate all the hard work they do.

From the Ward 25 team.

Night shift nurses, Ward 11, Christchurch Hospital

The night shift nurses on 1 and 2 June were absolutely lovely and welcoming. Thank you for making our job easier.

From Corrections staff.

#carestartshere

Looking after yourself

Keep Learning – me ako tonu

Learning new things can increase your confidence and is good for the adult brain. But aren't we learning every day? Yes, we are. But let's look into learning something that challenges us a little more, and opens our minds to something completely different for us.

For example:

- › Try a new hobby such as pottery, or discover an old interest, like rock climbing.
- › You might learn to play an instrument with your child, or learn how to cook a different culture's meal.
- › Write a bucket list, and try something you've always wanted to do off of that.
- › Visit the new Tūranga library in the city, and spend time in a different area of it learning something new each week.
- › Learn another language (then book a holiday to that place as a reward!) Parlez-vous francais? Talar pu islensku?
- › Write your mihi and learn it off by heart.
- › Put your hand up for further training in your workplace.
- › There's heaps of online courses, and local Cantabrians running classes in our community – have a search, and learn something new.

It's like doing physical exercise to keep healthy. Mental exercise, such as learning a new skill, helps to keep your brain in shape. It flexes your memory muscles!



On Behalf of the Committee

The Allied eHealth Group

This week we introduce Becky George, Chair of the Allied eHealth Group.

Canterbury DHB is currently undergoing a digital transformation journey, and the Allied eHealth Group (the Group) is one of many helping to make this happen.

The group's purpose is to facilitate different Allied Health professional groups across the Christchurch campus to work together on informatics projects (those relating to health-related data). This includes contributing to and participating in the digitisation of processes; co-designing new clinical systems; data collection and data analytics; and the integration of new systems into the clinical space – as well as encouraging the growth of digital literacy within the Allied Health workforce.

"We provide clinical leadership on the Christchurch campus across a range of digital and informatic projects, namely through advice, recommendations and project leadership," Becky says.

The formation of the group was initiated by the launch of Active Hub – the first digital app for activity data collection. The group's members quickly became expert users, as well as informed about the technical and digital issues concerning health system design and clinical integration.

"We often invite colleagues to present, or for those involved to come along to discuss particular design and functionality issues of the software used on the Christchurch campus."

Members can be required to lead working groups within their professional departments as they address system design issues. They are also the first points of contact for their departments to raise digital and informatic queries, feeding these into the group, or solving them at the point of concern, Becky says.

The group's purpose translates into practical and operational aims, including:

- › Not wasting patients' time by using multiple paper-based processes that duplicate information.
- › Providing the right treatment, by the right person, at the right time and in the right place by making sure we have



The group members, from left: Physiotherapy Team Leaders Marisa Van Den Brink and Gabrielle Donnelly, Pharmacist Jessica Allison, Pharmacy Clinical Supervisor Clare Greasley, Physiotherapist Helen Thorne, Dietitian Vicky Youngman, Chair and Clinical Lead of Allied Health Informatics Becky George, Social Worker Martin Stuart, and Occupational Therapy Clinical Manager Marie Williams. Absent – Māori Health Clinical Manager Eru Waiti and Speech Language Therapy Clinical Manager Adele Siave

systems to collect accurate data consistently to inform this.

- › Ensuring that our patient's outcomes are positively influenced by staff by keeping them involved in the user design of systems.

Some of the group's work-to-date includes an activity data dashboard accessible to clinical staff; supporting staff to access clinical apps that help with therapy provisions and workflow; integrated activity data collection at the point of care in digital documentation; and standardised clinical information panels across professions and specialities to help future-proof digital documentation.

"The collaborative culture of the group is strongly evident. We engage in robust discussion, value all members and seek to make decisions based on evidence and with consensus. I believe it is a group staff are keen to join and spend time with for their own learning and development," Becky says.

If you have any questions, you can approach any of the group's members, or email [Becky George](#).

Facilities Fast Facts

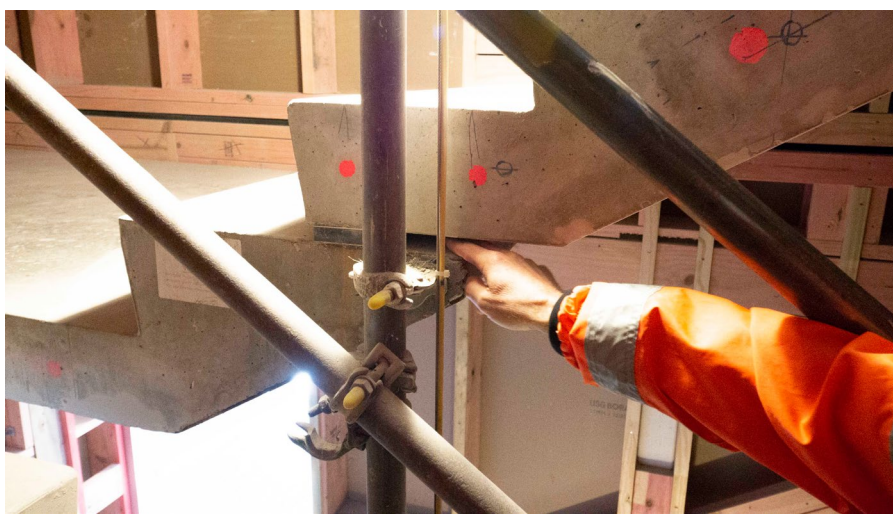
Christchurch Hospital Hagley (Acute Services building)

Living in a seismically active region makes us all aware of the environments that we live and work in.

It's no surprise, then, that the new Christchurch Hospital Hagley (Acute Services) building has some of the most advanced seismic engineering incorporated into its design. This [short video](#) highlights some of the main seismic engineering in the building.

While you can see the base isolators on the Lower Ground Floor, much of it is unseen in the walls and ceiling spaces.

Contractor CPB's Services and Commissioning Manager Mark Ballantyne also takes a behind-the-scenes look at the gaps in the lift shafts, the kinks in the pipes and the bracing around services.



The seismic gap between stairs in the stairwells of the building.

Christchurch Outpatients

We are not the only ones who think our new Christchurch Outpatients building is pretty flash.

So do the judges of the 2019 Canterbury Architecture Awards. The building by CCM Architects, Jacobs (Brisbane) and Destravis was named a winner in the Public Architecture category. The judges commented this project was a "great outcome for the city" and was "a resolutely cheerful landmark" on Riccarton Avenue.

Christchurch Outpatients also received a merit award in the annual New Zealand Property Council Awards last week.



Bike and scooter parking around the Christchurch Hospital campus

A reminder to cyclists who work on the Christchurch Hospital campus that you can find swipe-access secure bike racks in the following places:

- › At the main entrance to Christchurch Hospital.
- › At the rear of Christchurch Hospital near the mortuary entrance (follow the path around the back of the oxygen tank).
- › On the ground floor of 32 Oxford Terrace.
- › On the ground floor and first level under the ramp of the staff car parking building.

Additional bike racks are available:

- › Near the front fence of the Christchurch Hospital campus.
- › Near the main entrance to Christchurch Women's Hospital.
- › Near the Emergency Department's main entrance.

Make sure you lock your bike, preferably with a D-lock, through the bike frame to the rack. Bicycles are a target for opportunist thieves – don't make it easy for them!



Let's get ready to move

Christchurch Hospital Hagley

Update No: 8

Taking a child's point of view

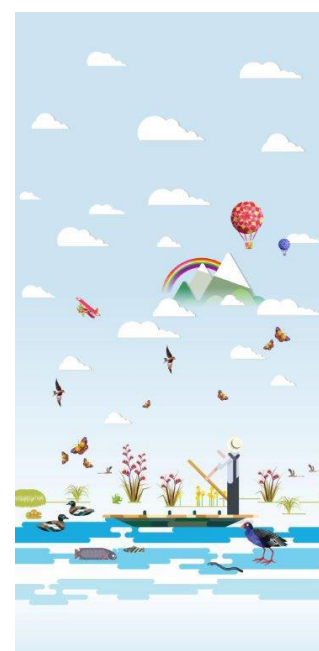
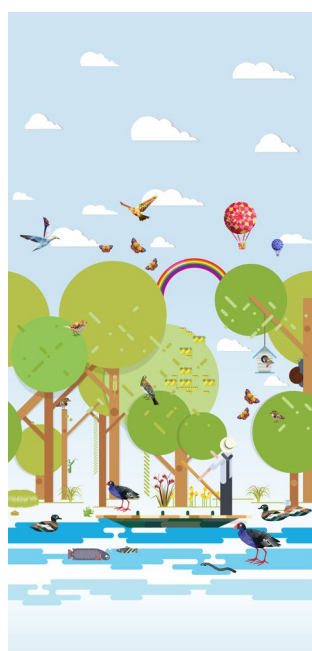
There is considerable evidence that shows the hospital environment can have a huge impact on the patient experience. This is never truer than in children's health. With the aim of optimising the experience for children using the health services, the Child Health team has worked hard to create a useful "toolbox" or resource kit of child-focussed art images that can be used across different mediums to entertain and calm anxious young patients.

To date, these designs have been used as colourful wall decals at Montreal House and in Paediatric Outpatients at Christchurch Hospital, but more will be applied soon to the walls and windows in Christchurch Hospital Hagley. The decals include colourful and familiar renditions of native trees, plants, flowers and wild life from Hagley Park, as well as popular graphic images such as aeroplanes, helicopters, butterflies and hot air balloons. They can be used on windows and walls in children's areas to create continuity across these spaces and reassure children and their parents that there is a seamless continuity of care across the service.

As well as decals, the artwork has been used as the inspiration for the designs for the new curtains going into all Child Health areas at Christchurch Hospital Hagley.

Canterbury DHB interior designer Marcy Craigie was responsible for designing the custom fabrics and has produced two coordinating window curtain fabrics and a privacy curtain fabric which also reference the decal designs.

The privacy curtain is the first example in commercial production for reverse printed fabric to feature two different designs. The "public" side or side you see when approaching the bed, is a happy, busy "snapshot" of the world outside the hospital: the Avon River, the gondoliers, ducks, fish, eels, birds, butterflies, trees, hot air balloons and aeroplanes. The reverse side or "patient" side is a more tranquil and restful version of the same scene, with a calmer, simplified overall pattern and an added fantasy element depicting stunning Mt Aoraki complete with a rainbow rising out of an imaginary sea.



Child Health privacy curtain outside (left) and inside (right)

As well as adding a fun environment for the children, the window curtains also offer warmth and draught protection, and a "home-like" element to the wards. They are 100 per cent block-out, providing the added bonus of making it easier for children to sleep. One of the window fabrics is based solely on images of the local indigenous flora and fauna with the common usage names of all the chosen species in Te Reo Māori featured in handwritten script.

Let's get ready to
move...

Big Shout
Out



Frank Connor
Project Facilitator

...for hours of working helping to pull the reoccurring room schedule together, work on the hoists, capex processes and WinScribe – thank you!

Researchers find triple number of Legionnaires' disease cases

The first New Zealand-wide study of the burden of Legionnaires' disease has found triple the number of cases of this form of pneumonia than previously reported.

The study, led by University of Otago, Christchurch Professor David Murdoch, has just been published in *The Lancet Infectious Diseases*. It gives the first accurate picture of the burden of the disease in New Zealand, and has international implications as few countries routinely test for the potentially deadly and preventable bacteria.

The researchers arranged for people hospitalised with pneumonia from almost all of New Zealand during one calendar year to have a specialised test that detects legionella bacteria.

Three times the number of cases were diagnosed compared with the average number of cases confirmed over each of the previous three years.

The researchers found:

- › About two-thirds of cases were admitted to hospital during winter and spring.
- › Almost 60 per cent of patients were aged over 65.
- › Nearly a third of confirmed cases lived in more socio-economically deprived areas.
- › Almost 80 per cent of patients had been hospitalised at some time over the previous five years, but fewer than half (41 per cent) had been hospitalised for respiratory disease.
- › High rates of the disease in areas which had previously reported low numbers of cases. Notably, the Bay of Plenty DHB area (more than eight cases per 100,000 people) and the Hawkes Bay and the Waitemata (which both had between six and eight cases per 100,000). Canterbury also had rates of between six and eight cases per 100,000 but had previously recorded reasonably high numbers of cases.

David, a clinical microbiologist and researcher, says a test called the polymerase chain reaction (PCR) is the best way to diagnose Legionnaires' disease as chest X-rays or other



tests cannot differentiate between this and other forms of pneumonia.

The disease requires different treatments from other types of pneumonia. The sooner the infection is treated with bacteria-specific medication, the better the prognosis, he says.

"This research shows the incidence of Legionnaires' disease in New Zealand is much higher than previously identified. Indeed, we have the highest reported incidence in the world. The research also supports the routine use of the PCR test to detect and ensure access to appropriate treatments."

The study identified the most common form of bacteria causing the disease in New Zealanders was *Legionella longbeachae* (in 63 per cent of cases). This strain is found in soil and composted plant material, and people at greatest risk are those involved in gardening activities.

The research team tested all respiratory samples from patients with pneumonia admitted to any of the 20 participating hospitals between May 2015 and May 2016. During the year 238 cases were identified, or 5.4 cases per 100,000 New Zealanders.

This was three times the rate expected based on the number of people diagnosed in the preceding three years.

Mike Stackhouse receives Rotary award

Charge Technician Quality and Systems Mike Stackhouse has been recognised for his contribution to Canterbury DHB with a Rotary award.

The Pride of Workmanship award was presented to Mike by the Christchurch South Rotary Club. The award recognises those who make an outstanding contribution in their workplace, producing results in their field or innovations.

Clinical Engineering Manager Tony Hampton says Mike has immense knowledge of the clinical engineering world having been the lead technician on lasers, theatre tables and anaesthetic machines at Canterbury DHB over the past 13 years.

"He is recognised as a leader in his field and has established himself as the 'go-to' man, one who is always ready to assist even if his own workload is piling up, never being annoyed nor tempted to dismiss you no matter how trivial your query."

Clinical engineering is involved with the support of clinical equipment, from that used in surgery, to feeding pumps for premature babies. The team repair, carry out preventative tasks, consult on modern medical technologies and effectively assist in saving lives as an Allied Health profession.



From left, Rotary District Governor for the Upper South Island John Driscoll, former Canterbury DHB Clinical Engineering Charge Technician (now retired) Nigel Cross, Charge Technician Quality and Systems Mike Stackhouse, and President Christchurch South Rotary Mike Bruce

Mike now leads the Quality and System portfolio for Clinical Engineering, achieved certification to ISO9001 Quality Management processes and practices, and provides guidance and leadership of our healthcare engineers.

He is a wonderful person, an excellent engineer and fully deserving of recognition, Tony says.

Pasifika Staff Network

Talofa lava, Malo e lelei, Ni sa bula vinaka, Kia orana, Taloha ni, Ia orana, Fakaalofa lahi atu, 'Alii, Malo ni, Halo Olaketa, Mauri, Aloha mai e and warm Pacific greetings.

My name is Finau Leveni, Pacific Portfolio Manager in Planning and Funding. As part of my role in supporting Pacific health in the region I'll be looking to establish a Pasifika Staff Network as a forum for connecting with other Pasifika staff within our system, strengthening our workforce capacity and capability, and providing ongoing support. And, of course, sharing our collective stories over a meal and a good hearty laugh wouldn't go amiss either!

If you identify as being of a Pacific identity, I'll be getting in touch to introduce myself properly and invite you to a talanoa. If you're unsure of which ethnicity you have identified with or you can't remember filling those details in, it's a great opportunity to click on [this link](#) to max. and check or update your personal details.

If you prefer, you can send me an email on finau.leveni@cdhb.health.nz or give me a call on 021 288 2754 for a talanoa. I look forward to meeting with you all!

Malo e ngaue,
Finau



Pacific Portfolio Manager, Planning and Funding, Finau Leveni

Fundraising concert will showcase abilities of young people with Tourette Syndrome

A fundraising concert is being held in Christchurch next month to help raise money for the Tourette's Association annual 'Camp Twitch'.

Now in its fifth year Camp Twitch brings together young people living with Tourette Syndrome from all over New Zealand to meet others like them, often for the first time.

Well known musicians Tiki Taane and Hollie Smith are the main headlining acts while the support acts are all young people, mostly from Christchurch, who live with a neurological disorder of some kind, including Tourette Syndrome, Autism Spectrum Disorder, and Attention Deficit Hyperactivity Disorder.

The concert, called 'Brainwaves', is being hosted by the Tourette's Association of New Zealand and sponsored by Rotary New Zealand to raise awareness and showcase the abilities and talents of young New Zealanders living with neurological disorders.

Executive Director of the Tourette's Association Robyn Twemlow says all too often people focus on the negative aspects of neurological disorders, such as being easily distracted in class or not being able to interact in social situations.

"We realised at the talent show we had at Camp Twitch last year that we have a lot of extraordinarily talented kids in our association. We wanted to do something to help them feel better about themselves while at the same time showcasing their talents and their ability."

One of the bands that will be playing at the concert, 'The Lunatics', has five members who all live with Tourette Syndrome.

Rotary International

Tourette's Association of New Zealand

Brainwaves

6 JULY 2019

ISAAC THEATRE ROYAL
CHRISTCHURCH

Hollie Smith, Tiki Taane, The Lunatics and more

"But when they play music or sing, they don't tic. They practice a lot and are very accomplished musicians," she says.

Tickets to 'Brainwaves', being held at the Isaac Theatre Royal on Saturday 6 July, are on sale now through Ticketek and start at \$25.

One minute with... Judy Ward, Exercise Tolerance Testing Nurse

What does your job involve?

My role since 2005 has been as a supervising nurse of Exercise Tolerance Testing (ETT) for cardiology services at Christchurch Hospital. I am a member of a small dedicated team of nurses. My role involves assessing referrals, consenting and assessing patients, and supporting both children and adults to complete the test safely. In addition I promote positive health practices for all who come to the department. This test is conducted for a variety of reasons and gives important information to consultants in regards to the need for any further investigation or clinical treatment. Importantly, a negative test will expedite an early discharge for patients. I provide a learning environment for all students who visit the department, and promote a strong understanding by staff about this service. I work collaboratively with cardiac technicians and physiologists. I am also a key author of the credentialed training for nurses who work here.

Why did you choose to work in this field?

I was looking for a role that would extend my practice and saw this service as a unique focus for my postgraduate study.

What do you like about it?

On any day approximately 12 tests are conducted and there is considerable variety in outcome. The role requires me to think critically and communicate with a large number of people.

What are the challenging bits?

Occasionally attempting to admit an outpatient at the end of the day when medical resources are scarce.

Who inspires you?

Many significant senior nurses in Canterbury DHB have inspired me but actually my strongest inspiration comes from clients who have valued the process and have the opportunity to reflect on their health practices.

What do Canterbury DHB's values (Care and respect for others, Integrity in all we do and Responsibility for outcomes) mean to you in your role?

Ethical respect for all and demonstrating safe and compassionate care are core to my practice. Being present in our processes and honouring our professional obligations is vital so that I give safe, contemporary and the appropriate care to my patients.



If I could be anywhere in the world right now it would be...

In six weeks I will be in Switzerland.

What do you do on a typical Sunday?

Most Sundays you can find me in Ward 14 and the ECG Department.

One food I really like is...

Passionfruit!

My favourite music is...

Jazz and classical. (Joni Mitchell is my all-time favourite!)

If you would like to take part in this column or would like to nominate someone please contact Naomi.Gilling@cdhb.health.nz.

Canterbury Grand Round

Friday 21 June, 12.15 – 1.15pm with lunch from 11.50am. All staff and students welcome.

Venue: Rolleston Lecture Theatre

Speaker 1: Dr Tom Betts, Ophthalmology
"Under pressure"

A glaucoma refresher followed by a review of new treatment modalities.

Speaker 2: Carolyn Gullery, Planning, Funding and Decision Support
"Winter is here. How do we make a difference?"

What do we know? What could we change? How do we do it?

Chair: Matt Reid

It is requested out of politeness to the speaker(s) that people do not leave halfway through the Grand Rounds.

This talk will be uploaded to the staff [intranet](#) within approximately two weeks.

Video conference set up in:

- › Burwood Meeting Room 2.6
- › Wakanui Room, Ashburton
- › Administration Building, Hillmorton
- › The Princess Margaret Hospital, Riley Lounge

Next Grand Round is on 28 June 2019, at the Rolleston Lecture Theatre.

Convener: Dr R L Spearing ruth.spearing@cdhb.health.nz

Something For You is the Canterbury DHB Employee Benefits programme

The deals offered are from the Canterbury business community to say thank you for all that you do. You can access all your deals [on the intranet](#). Remember, you'll need your Canterbury DHB ID badge to claim these deals, so be sure to take it along with you.

Here are some extra special promotions for you, running for a limited time only!

Noel Leeming whānau and friends deal

Cost*+5 per cent on all televisions, computers, whiteware and mobile phones. Valid until 23 June. For more details, click [here](#).

Porters season pass

Porters is giving you the chance to win a 2019 season pass! Enter the draw [here](#). Entries close 28 June and the winner will be drawn soon after!

Flex Fitness Riccarton

Free 10-day trial memberships to giveaway. Sign up by emailing riccarton@flexfitnessgym.co.nz and you will also go in the draw to win a three-month membership! Competition closes 30 June.





A fine feast in the heart of our community.

Māia Health Foundation invites you to — gather 'round in the heart of the city to help enrich Canterbury's health services.

**Saturday
31 August 2019**

Christchurch Town Hall
6:30pm 'til midnight

Black Tie
Hosted by Jason Gunn
Featuring Bic Runga and the All Girl Big Band
Tickets \$315 incl. GST

After Party at Louis Champagne & Oyster Bar, midnight 'til late

**Limited tickets
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#maiafeast19





Noho ora pai ana I te korokeke
Living well with Dementia

Community Education Seminar

Tuesday 9th July 2019

“Talk dementia with a doctor”

What is dementia?

Is it hereditary?

What types are there?

How is it diagnosed?

An opportunity to hear Dr Matthew Croucher, Psychiatrist of Old Age, Canterbury DHB, talk about dementia.

He will also respond to questions posed by participants. Email or phone your questions to Dementia Canterbury in advance or bring your questions with you to this seminar.

Please register early!
Ph 379 2590 or 0800 444 776

Date: Tuesday 9th July

Time: 10.30 – 12.00 midday

Venue: Seminar Room at Dementia Canterbury
Unit 3, 49 Sir William Pickering Drive, Burnside

(Some parking available on site or in neighbouring streets)

Address: 3/49 Sir William Pickering Drive, Burnside, Christchurch **Postal Address:** PO Box 20567, Christchurch 8543
Ph: 03 379 2590 or 0800 444 776 **Email:** admin@dementiacanterbury.org.nz **Website:** www.dementiacanterbury.org.nz

Canterbury

District Health Board

Te Poari Hauora o Waitaha

Nurse Maude

DONNY TRUST

PALLIATIVE CARE NURSE SPECIALIST TRAINING POST

The Donny Trust in partnership with Canterbury & West Coast Integrated Palliative Care Services is offering a 2 year training post in Palliative Care Nursing.

The focus of the Donny Trust for this period is developing capacity and capability on the West Coast or rural areas of Canterbury to improve equity of access to palliative care services.

This unique opportunity is for Registered Nurses with at least three years post graduate experience who wish to choose palliative care as their area of specialty practice or who would like to develop specialist skills in palliative care. They may be currently working, or would like to work on the West Coast or in rural Canterbury and be available to work with the specialist palliative care services in Christchurch during their training period.

The successful candidate will receive:

- Full salary for two years as a stipend
- The stipend also includes
 - a. Funding for postgraduate University study in palliative care (a requirement for the training post)
 - b. Funding for attendance at relevant national conferences.
- Regular supervision and mentoring from a Palliative Care Nurse Practitioner.
- High quality clinical placements in a variety of Palliative care settings including Hospice inpatient unit, community & hospital palliative care.

We would hope to commence the programme in July/August 2019 (negotiable). If you require further information please do not hesitate to contact

- Willem Vink, Palliative Care Nurse Practitioner, Canterbury DHB
willem.vink@cdhb.health.nz, phone 03 3641473, or 027 668 9917.

Should you wish to apply for this position, please submit your application by sending your CV and covering letter to:

Willem Vink Palliative Care Nurse Practitioner
 C/O Oncology Dept CDHB
 Private Bag 4710
 Christchurch

Closing Date for applications is 4 July 2019.

University of Otago, Christchurch

POSTGRADUATE

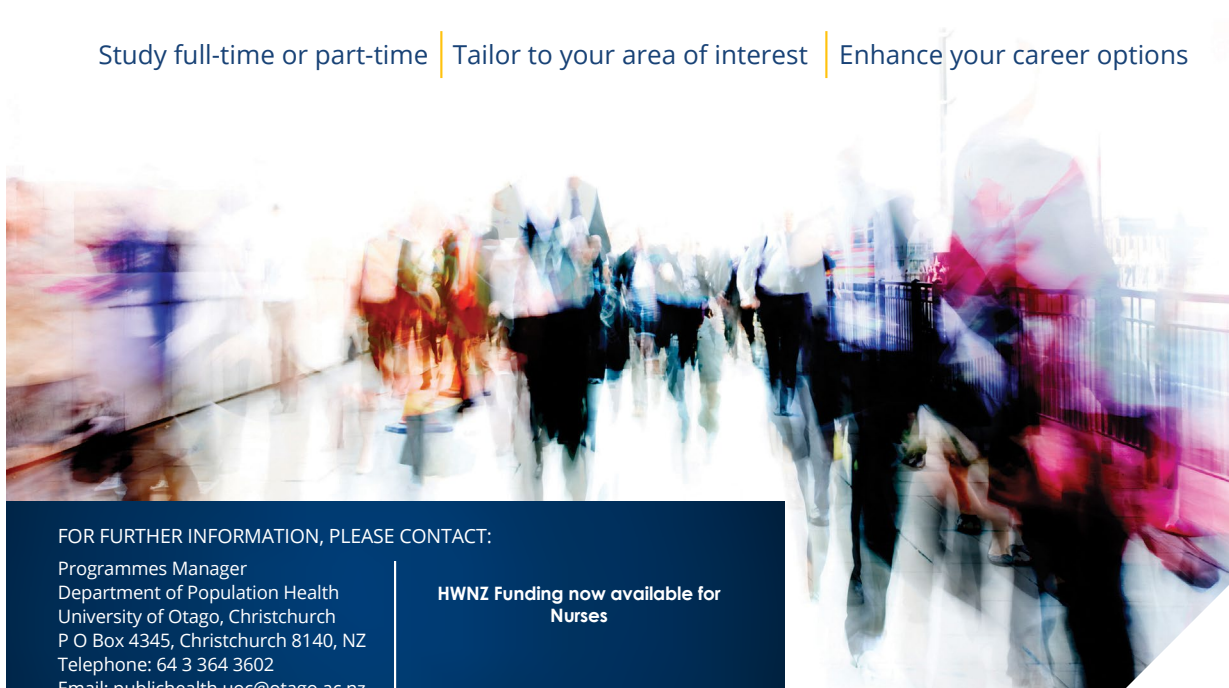


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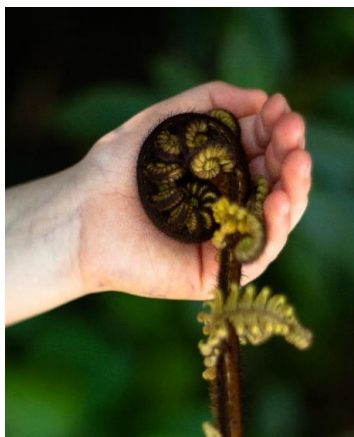


FOR FURTHER INFORMATION, PLEASE CONTACT:

Programmes Manager
Department of Population Health
University of Otago, Christchurch
P O Box 4345, Christchurch 8140, NZ
Telephone: 64 3 364 3602
Email: publichealth.uoc@otago.ac.nz

**HWNZ Funding now available for
Nurses**

otago.ac.nz/publichealth



Te Kāhui Pā Harakeke
Child Well-being Research Institute

Manawa Health Campus Interactive Research Poster Session

The University of Canterbury Child Well-being Research Institute and School of Health Sciences would like to welcome you to an interactive research poster session, to be held at the brand new Manawa educational building in the heart of the Health Campus.

24th June 2019
12.00pm – 1.00pm
Manawa Foyer

Meet and hear from leading interdisciplinary health and education researchers and our doctoral students about their research into health and well-being.

Meet the new Vice Chancellor of the University of Canterbury
Professor Cheryl de le Rey.

276 Antigua St, Christchurch Central, Christchurch 8011

[Manawa map](#)

Enquiries to Susannah Stevens

susannah.stevens@canterbury.ac.nz

www.canterbury.ac.nz/childwellbeing @UCCWRI @Childwellbeing