

District Health Board Te Poari Hauora ō Waitaha

CORPORATE OFFICE

Level 1 32 Oxford Terrace Christchurch Central **CHRISTCHURCH 8011**

Telephone: 0064 3 364 4134 Kathleen.Smitheram@cdhb.health.nz;

20 September 2021

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RE Official Information Act request CDHB 10696

I refer to your email dated 30 August 2021 requesting the following information under the Official Information Act from Canterbury DHB. Specifically:

As part of my final year in my degree, I have to complete an assignment tailored to a specific DHB, in this case I've been assigned the Canterbury DHB.

I'm targeting my assignment against one of the performance ratings in your 2020 annual report: In the section of 'Pharmacy and Referred Services' - "People on multiple medications receiving medication management support".

• My enquiry is how the stats are calculated and if you could provide further information regarding medication management support.

This performance reflects the level of two medicines management support services delivered by community pharmacies and pharmacists for people in our community, funded by the Canterbury DHB. These services are:

- Medicine Use Reviews (MURs) for people having significant difficulties with managing their regular medicines – a consultation with their pharmacist to confirm what these difficulties are and how to most effectively address these, including helping the person and their family better understand what their medicines are for, how to get the most benefit from them, and when to seek further advice from their pharmacist or doctor.
- Medicine Therapy Assessments (MTAs) for people referred by the family doctor with a complex and potentially risky range of regular medicines a consultation with the person to clarify their health goals and experiences with their medicines, and a report for the person and their doctor on possible opportunities to optimise their medicines, ie. change medicines to avoid harmful side-effects or interactions, and to simplify adherence challenges for the patient.

Delivery of these services is coordinated for the Canterbury DHB by the Canterbury Community Pharmacy Group (CCPG). There is information about these services and CCPG available at https://ccpg.org.nz/. You are welcome to contact CCPG if you have further questions about these medication management support services.

I trust that this satisfies your interest in this matter.

Please note that this response, or an edited version of this response, may be published on the Canterbury DHB website after your receipt of this response.

Yours sincerely

Tracey Maisey Executive Director Planning, Funding & Decision Support